

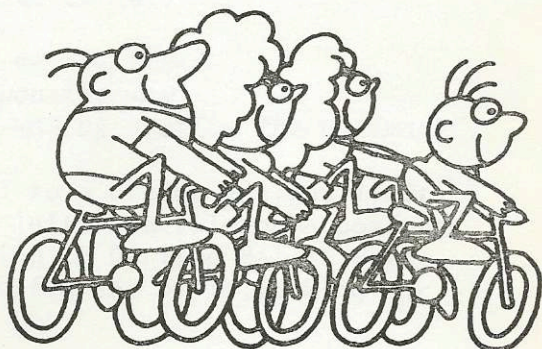
CYCLE TOURING ASSOCIATION
OF WESTERN AUSTRALIA (INC)

PRESIDENT

Wayne Lally
274 4632

SECRETARY

Nicole Harrison
349 3589



CORRESPONDENCE

31 Bruton Street
Balcatta 6021

"THE CYCLISTS' ASSOCIATION FOSTERING
CYCLE TOURING AND PROTECTING THE
INTERESTS OF CYCLISTS"

NEWSLETTER NO. 24

JULY/AUGUST 1978

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OF WESTERN AUSTRALIA (INC)

PRESIDENT

Walter Smith
124 4431

SECRETARY

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CORRESPONDENCE

31 BARNES STREET
PERTH 6001



NEWSLETTER No. 24

JULY/AUGUST 1978

In April, the C.T.A. held the first of what is hoped will be many "treasure hunts". It was the brainchild of Ian Stanilan, and cleverly organised by him, with the help of Richie Paddick and Iain Smith, and it was led by Richie.

The rally consisted of 49 clues, which took cyclists on a route from Midland to Darlington, Mundaring and Mundaring Weir. Among things to look out for: a maritime object down Scott Street (a Shell station); baby chairs in Darlington (tennis umpire chairs); a penguin at a T-junction (a "penguin" ice dispensing machine), and at Mundaring Weir, the danger that lies behind the Blue Doors (.....). The best clue by far:

*"Head down and tell me the limit
Telecom will tell you the way
Approximately half-way up, follow the Hallmark".*

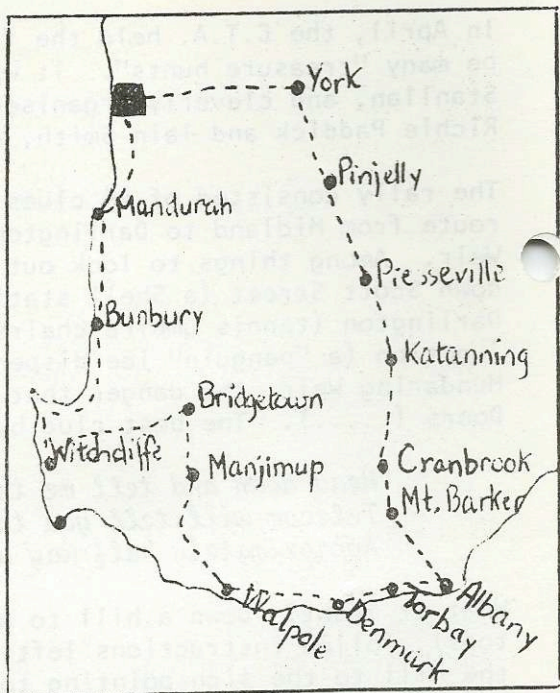
What it meant? Down a hill to a bridge (weight limit 19 tons), follow instructions left in a telephone box, up the hill to the sign pointing to Darling Hall. Well, some riders went up three different hills looking for that "hallmark"!

In addition to following clues, riders had to find certain items to earn bonus points: a lollipop stock, a gum nut, etc. Special congratulations to Patricia and Marian Baddeley for finding a stone with a hole in it! And shame on secretary Nicole Harrison for not carrying C.T.A. newsletters!

A special thank you to organizers Ian, Richie and Iain for a job well done. And by the way, does anyone know the whereabouts of Geoff, Sheryl, Vince and Victoria....?

IRONMAN TOUR TAKES TOLL

The fourth C.T.A. tour of the South-West, led by association president Wayne Lally, was in marked contrast to the leisurely approach of previous South-West tours. This tour, which covered 1400km in 9 days, and took in some of the hilliest terrain in the south-west of the state, was a severe test of both man and machine. Undoubtedly, the ironman of the tour was John Finlay, who rode every kilometre of the trip with 70 lbs of luggage.



17 MAY (180km) At Perth, sunny weather greeted the seven starters who rode at a brisk pace to Mandurah for lunch and on to Bunbury for the overnight stop.

18 MAY (135km) The rain that greeted us this morning was to be our constant companion for another six days. Graham Hilton left the tour at Dunsborough to visit friends. We spent the night in a cow shed on a small farm near Witchcliffe. In spite of our "waterproof" saddle-bags, clothing ranged from a state of light dampness to saturation.

19 MAY (195km) A new experience: putting on wet chamois and muddy socks to start the day! I discovered that it isn't wise to lean your bike against an electrified fence.

3.

After a lunch break at Nannup, we pedalled on to Bridgetown, but we didn't reach the Buckingham far until after dark, when negotiating our way along a winding gravel road proved to be quite a challenge.

20 MAY (180km) After picking fruit in the Buckingham orchard, we commenced our journey by carrying our bikes across the Blackwood River. Rain and wind made the trip to Manjimup a strenuous one. When we reached Walpole at 5.30, we thought we were "home" - little did we know that we had to ride another 4 km up Mt. Franklin along a moonlit road.

21 MAY (120km) Rain followed up to Denmark and on to Torbay, near Albany, where we camped in the London's machinery shed. Wayne Lally was asleep by 5.30, his son Philip made his bed on a hay stack while David Mills found refuge under a tractor.

22 MAY (120km) On the road to Mt Barker, Wayne's rear wheel gave up the battle and collapsed in a crumpled heap. However, a new wheel was fitted, and we headed into clearing skies, arriving at the Cranbrook Caravan Park at Sundown.

23 MAY (183km) After an overnight minimum of 40°, fine weather accompanied us as we pedalled with renewed spirit through typical Australian wheatlands. After lunching at Katanning, we headed for our overnight destination - Piesseville. Here, our refuge was a shearing shed, and Steve Dutton found his bed of a half bale of wool quite appropriate.

24 MAY (178km) We were continually amazed as to how our legs could carry us on each day. The trip to Pingelly for lunch was into cold head winds. After afternoon tea at Beverley, a cracking pace was set on the road to York, averaging over 30 km/hr in spite of our full packs.

25 MAY (110km) The scent of home lightened our load somewhat. Many remarked that the view from the top of Greenmount had never looked so glorious.

Participants in the "Ironman Tour" were: Wayne Lally (1401km), John Finlay (1401km), Dale Neill (1401km), Steve Dutton (1221km), David Beckett (1401km), David Mills (1341km), Graham Hilton (230km), Kathryn Lally (185km) and Philip

Lally (138km). All those who started and finished can feel satisfied, indeed proud of their achievement, for it is a feat that could not be accomplished by the feint hearted.

Grateful thanks are due to Thelma Lally, whose assistance as driver and "housemother" made the going a little less tough. And of course, the tour would never have been achieved without the determination and encouragement of leader Wayne Lally.

DALE NEILL

NULLARBOR CROSSING

The following article was written by a young Canadian cyclist presently touring Australia on a bicycle. He spent a fortnight in Perth before starting on the northbound leg of his journey, and met a number of C.T.A. members. Here are his impressions of the Nullarbor.

While I was picking grapes in Robinvale (near Mildura), I had visions of what the Nullarbor crossing would be like. I knew very well that it would be desolate and flat. Just thinking that I would look ahead and behind and see no one made me boil with excitement: it is a very special sort of freedom to me.

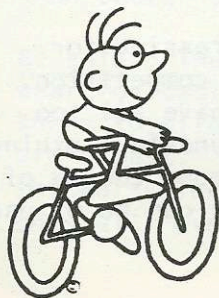
The time came when I had to say goodbye to friends that I made. Many told me about the aborigines who supposedly throw rocks at cars along the way, others just thought I was game, or nuts, or both. A arrived in Adelaide, my last city until Perth. Here, I met a school teacher from Ceduna who eased my mind about the stories I had heard about Palata Mission Aborigines, moreover, he knew another school teacher at the mission and would try to arrange for me to stay at the mission for a day.

Port Augusta was my first experience of desert-like conditions, as this was drier than the Nullarbor Plain itself. At Port Lincoln, I took my first day off since Adelaide. It is a small fishing town, a rather pretty place and very

green. I arrived in Ceduna eight days after leaving Adelaide. My school teacher friend, confirmed that I would be welcome at Yalata for a while. I ended up spending five days there, after 200km of heat and headwinds to reach it. Here I saw the children collect and carve wood into boomeranges, emus, kangaroos and wombats. An old tribesman tried to teach me the skill of throwing a returning boomerang. Marie (the school teacher and her friends made me feel very welcome and showed me around the mission area. My stay at Yalata was certainly one of the highlights of my journey.

Shortly after leaving the mission, I met another cyclist headed for Perth. We rode together until Norseman and averaged about 200km each day. Although the road passes through only about 40km of the true, treeless Nullarbor, the distances between the road houses are long. The terrain was flat and the country side was very dry, dotted with scrub and inhabited by plenty of rabbits. My 7 litre water bag made it easy for me to pedal the distance between water tanks. The road houses had a limited selection of food, and their staffs were generally unfriendly: I remember at Balladonia the manager finally gave in and sold me a loaf of bread for 75¢! The travellers we met were friendly and admired us pedalling to Perth.

From Norseman I was alone again, and I headed down to Esperance and on to Albany. I found Albany beautiful, and enjoyed cycling through green countryside again. From here on I began to feel eager to reach Perth, and pushed on through the lovely karri forests of Manjimup, then Bridgetown, Nannup and Augusta. I took the time to visit Cape Leeuwin and the fantastic Jewel Caves before the final two days ride to Perth, and the completion of one more leg of my journey around Australia.



DENIS MONTALBETTI

TALL TIMBER TOUR MARK IV

Time has come to start planning the 1978 Tall Timber Tour. As "old" members know, every August since 1975, the C.T.A. has conducted a 10-day tour of the south-west, covering approximately 800km and visiting towns such as Bunbury, Augusta, Nannup, Pemberton, etc.

The 1978 Tall Timber Tour could be similar to previous ones. A suggestion has been put forward, however, to head north rather than south, going through areas such as the Pinnacles, Jurien Bay, New Norcia, etc. This is certainly a possibility, and the secretary (Nicole, on 349 3589) would love some feedback on this right away. In an attempt to "get the ball rolling", the C.T.A. is calling a meeting of all interested persons at the home of Nicole Harrison (31 Bruton Street, Balcatta) on Monday July 17th at 7.30 p.m. All details of the tour will be discussed then.

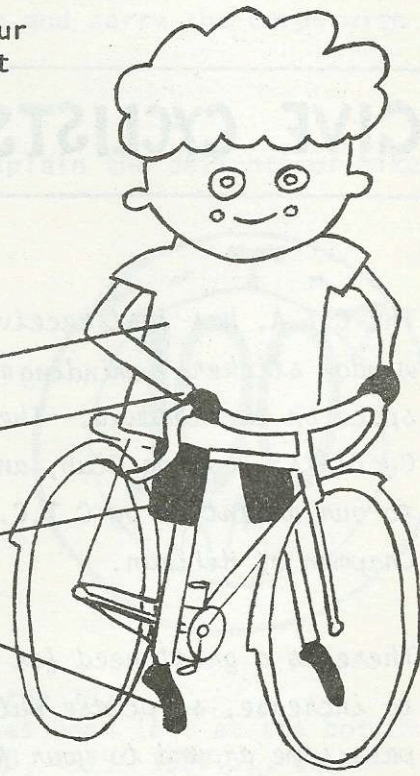
The 1978 tour will be restricted to people who are at least in year 11 at school. Moreover, the tour will not run without a minimum of four adult participants. A special invitation is extended to all participants to join us again.

And finally, as in past years, we are in dire need of a vehicle (with or without driver!) to accompany the group. In previous years, vehicles have ranged from a Fiat 850 to a VW van, so anything will do. Please help if you can.

THE WELL DRESSED CYCLIST

Two major aspects must be considered in dressing for cycling, whether you cycle for pleasure, competition, transport, etc : safety and comfort. We have all too often seen falls caused or aggravated by unsafe clothing, or novice riders suffer because of their poor choice of clothes. Here are a few guidelines which can be of use to cyclists of all types.

THE WELL DRESSED CYCLIST CONT..

1. Be seen - Wear bright clothing. Orange is best for daytime, white at night. The C.T.A. has been recommending orange T-shirts: they have a fantastic effect on car drivers, especially in a group.
2. Be careful - If you fall, your first instinct will be to put your hands out to protect yourself. Protect them! Wear gloves. Cycling gloves are comfortable, leaving your fingers free but protecting the palms of your hands from pressure from handlebars and in the event of a fall.
 
3. Be comfortable
In summer, avoid shorts that are too short. Many people think that black, chamois-lined cycling shorts are wretched looking things, but they do protect the thighs from chafing against the saddle, especially on long, hot rides. Of course, they are quite costly; any "longer than short" shorts will do.
4. Be safe - Thongs or sandals do NOT constitute safe footwear for cycling. They slip and slide and have been known to slide right into the rear spokes. Ouch! Shoes are a must. Sand shoes are quite suitable, but use the thicker-soled variety if your bike has metal pedals, thin ones will eventually get chewed up.

Of course safety and comfort in riding depend on many other factors. However, these basic ideas regarding clothing should be taken into consideration by all cyclists regardless of the type of riding they do. BE SAFE. BE COMFIE. HAVE A GOOD RIDE! !

GIVE CYCLISTS ROOM

The C.T.A. has just received a large amount of car rear-window stickers reminding motorists that cyclists need space on the roadway. These stickers come from the UK's Cyclists' Touring Club, and their existence was brought to our attention by C.T.C. and C.T.A. member Mr Leslie Chapman of Hillman.

There is a great need for motorists' awareness of cyclists to increase, so please put a sticker on your car! And pass some around to your friends. It may seem a small thing, but everything helps, and we are talking about life - YOUR LIFE ! !

ODDS AND ENDSMEMBERSHIP CARDS

As of this month, all C.T.A. identification cards are being re-issued. All are stamped and numbered, and as such will also serve as proof of membership. Please fill in all the relevant information and carry the cards with you when you cycle.

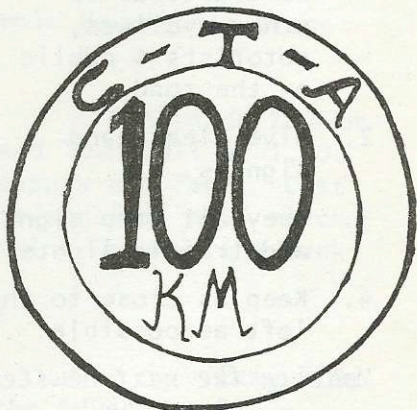
BICYCLE PROMOTION

Take a motorist to lunch and explain the delights of bike riding.....

C.T.A. BADGES

Congratulations to all members who completed the C.T.A. "100". And good news to all C.T.A. achievers - 50-ers, 100-ers and future 200-ers! The C.T.A. now has official C.T.A. achievement badges, in bright yellow and black lettering. In addition to being offered to future achievers, they are now available to riders who completed the 1977 achievement rides, (50 and 100) as well as the 1978

"50". Collect them : a space has been left at the bottom of the outer ring for 1977, 1978, 1979, 1980.... to be embroidered.



Badges are available to "past achievers" for the sum of \$2.00. Send your cheque (crossed and payable to the C.T.A.) to records officer Neil Porteous, 11 Termes Street, Riverton 6155.

WINTER OUTINGS

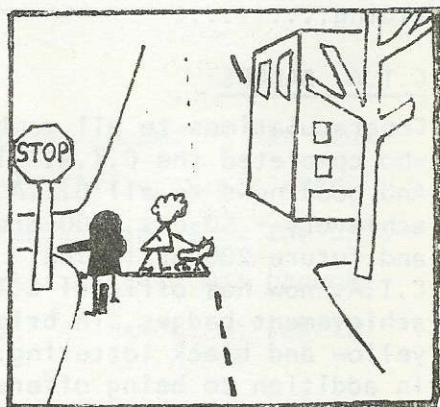
For winter rides finishing in the afternoon, take your lights along : you may need them to get home....

CYCLISTS' DEFENSE FUND

Few cyclists are aware that the C.T.A. offers legal assistance to its members in the event of accidental injury or damage. The C.D.F. is a small fund set up through donations from a few concerned individuals. If you should suffer personal injury or cycle damage due to motorist negligence or poor road conditions, please contact C.T.A. treasurer Dale Neil (447 8168) to see if the C.D.F. assistance could be made available to you.

NOTES FOR RIDING W. Lally

1. Be courteous to other cyclists, motorists & public on the road.
2. Give clear hand signals.
3. Obey all stop signs and traffic lights.
4. Keep as close to the left as possible.



More in the next newsletter.

AN ABORIGINAL VIEW OF BICYCLES

White man sit down walkabout.....

NEW MEMBERS

S. Davidson
R. Stockman
D. Beckett
L. Parker
R & S Dalliston

G. Hilton
C. Pierce
E. Kow
D. Mills

COMING EVENTSSUNDAY, 9 JULY*Easy Ride*

PERRY LAKES SHORT RIDE. Meet in Perry Drive at 10.30 am. Bring lunch if you wish.

Leader: Nicole Harrison.

SUNDAY, 16 JULY*Mod. ride/40 km*

GNANGARA HALF-DAY RIDE. Meet at Upper Swan Bridge (Great Northern Hwy) at 9.00 a.m.

Leader: Wayne Lally

MONDAY 17 JULY

TALL TIMBER TOUR MEETING. At Nicole Harrison's place at 7.30 p.m.

SATURDAY 22 - SUNDAY 23 JULY*Hard ride/200 km*

TOODYAY OVERNIGHT. Meet at Midland Town Hall at 1.00 p.m. Bring sleeping sheets and supply own food. Cost \$2.50 (U/18, \$1.50). All bookings and fees MUST reach the organizer by July 13 (use booking form at the back of this newsletter).

Organiser: Dale Neill (447 8168)

SUNDAY, 30 JULY*Easy Ride*

KINGS PARK SHORT RIDE. Meet at the Adventure Play-ground at 3.30 p.m. Bring a barbecue tea if you wish, and lights if you intend to cycle home.

Leader: Ian Ingle.

SUNDAY, 6 AUGUST*Mod. ride/30 km*

LESMURDIE FALLS HALF-DAY RIDE. Meet at Hartfield Park (Forrestfield) at 2.00 pm. Bring lights if you intend to cycle home.

Leader: Iain Smith.

SUNDAY, 13 AUGUST*Mod-Hard ride/40 km*

JOHN FORREST DAY RIDE. Meet at the Greenmount Swimming Pool car park at 10.30 a.m. Bring a barbecue lunch.

Leader: Matthew King.

FRIDAY, 18 AUGUST

DINNER AT BENTLEY TECHNICAL COLLEGE (Jarrah Road, East Victoria Park). 7.00 pm exactly. We have a limit of 12 people for this outing, so book early (by August 8th). Cost \$4 per person. Use the booking form at the back of this newsletter.

Organiser: Dale Neill (447 8168)

SUNDAY, 20 AUGUST

Easy ride/15 km

FREMANTLE HISTORICAL TOUR. Meet at the Fremantle Rail-
way Station at 9.45 a.m.

Leader: Walter King.

SUNDAY, 27 AUGUST

Hard ride/60 km

ARALUEN-CHURCHMAN'S BROOK DAY RIDE. Meet at the Kelm-
scott Railway Station at 10.30 a.m. Lunch at Araluen
(bring or buy).

Leader: Ian Ingle.

MONDAY, 28 AUGUST - WEDNESDAY, 6 SEPTEMBER

Tentative dates for the 1978 Tall Timber Tour.

SUNDAY, 3 SEPTEMBER

Easy-Mod. ride/40 km

NORTH BEACHES HALF-DAY RIDE. Meet at the Myer's
entrance of Karrinyup Shooting Centre at 9.00 a.m.

Leader: Dale Neill.

SUNDAY, 10 SEPTEMBER

Very hard ride/200 km

200 KM ACHIEVEMENT RIDE. Venue - City Beach Round-
about. Time - 7.00 a.m. Entrance fee - \$2.00. Free
drinks will be supplied along the way. Certificates
and badges will be awarded to those who complete the
ride.

Organizer: Wayne Lally.

BOOKING FORM

TOODYAY OVERNIGHT - 22-23 JULY

NAME _____

ADDRESS _____

_____ PHONE _____

OTHER CYCLISTS INCLUDED IN THIS FORM: _____

AMOUNT REMITTED _____

Cut out and send, with the appropriate payment, to Dale Neill, 29 Garland Way, Trigg 6020. Cheques should be crossed and payable to the C.T.A.

BOOKING FORM

BENTLEY TEA DINNER

NAME _____

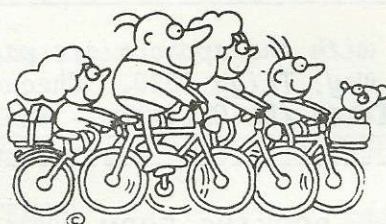
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Life.Beinit.