
CYCLE TOURING ASSOCIATION OF WESTERN AUSTRALIA (INCORPORATED)

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REGISTERED FOR POSTING AS A PERIODICAL, CAT. B

NEWSLETTER NO. 32

NOV - DEC 1979

Dear friends,

This month, with its 5th Annual General Meeting, the CTA will be five years old. A milestone of sorts, surely. Five years of steady growth for the group; five years of friendship and fitness for its members; five years of many smaller milestones, all helping to make the CTA what it is today.

If you've been happy with the club, come and tell us. If you think it could be improved, come and tell us. Come and choose your 1980 management committee. Come if you are interested in joining the club. Pick any reason, but come! Please note the change of venue - see coming events for details.

Come also to help us say thanks and wish good luck to retiring President Wayne Lally. Wayne was one of the CTA's founding members; in 1978, he became its second President. He has always been an inspiration to us all, with his never-flagging good humour and his enthusiasm for cycling. We wish Wayne all the best in his Tasmanian endeavours.

In conclusion, and as this is our last newsletter for '79, may I take this opportunity to wish all our members and friends a happy holiday season and happy cycling in 1980.

NICOLE HARRISON

BICYCLE PLANNING NEWS

by Bruce Robinson

The WA Government has announced its first step towards bicycle planning, with the allocation of \$100,000 in the recent state budget. Cycle paths will be built across the Causeways and Narrows; money will also be spent on a study of the central city environs, and changes will be made to legislation to enable cyclists to use certain footpaths and to enable local councils to build cycleways. All these steps are long overdue.

The CTA greatly appreciates the time and effort Dale Neill and Gordon Florence are putting in to representing cyclists on the State Advisory Committee on Bicycle Policy. It is hoped that now that the long-awaited initial progress has been made, we will see something like what is being provided for cyclists in the Eastern States.

Help from cyclists in the field of bicycle planning would be greatly appreciated. Individual cyclists can make valuable contributions by writing to their local councils or to members of parliament. If nothing else, you get envelopes back with elaborate crests on them. But seriously, no one will improve conditions for cyclists unless you all help to make our needs known.

Another way of helping is to think about cheap ways of improving the road system. The Fremantle Council is already calling for ideas from the public on how to help cyclists. It is important that cyclists put their ideas forward, and that they be good ideas, otherwise there may be expensive cycleways around, and few cyclists to use them.

The CTA is organising a ride around Fremantle (Nov 25) with the express purpose of looking at Fremantle from a bike planner's point of view. This is important: politicians are starting to want to listen, so we must have something to tell them. Come along on the 25th; bring a pencil, a map, and hopefully some good ideas. We need your help.

ODDS AND ENDS

AGM CHANGE OF VENUE

Please note that the venue for the November 20 Annual General Meeting has been changed from Perry Lakes to the Floreat Park Primary School, Chandler Avenue (Floreat Forum end); starting time is still 7:30, so don't be late.

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CYCLE TOURISTS OF THE YEAR

Many members have already sent in nominations for this year's award. If you have not yet sent yours, drop the secretary a line, with the name of your nominee, and the reasons for your choice. Do it by return mail, as the winner will be announced at the November 20 AGM.

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FOR SALE

BIKE : Colnago Super, 58 cm, Campag. derailleur, Dura-Ace hubs, Ergal rims, Clement singles, Cinelli bars.
First offer over \$700. 27a Myers Street, Nedlands.
(Daily after 5:30)

ITALIAN CYCLING SHOES :

"Atala Sport", uncleated, size 5. Almost new. \$10.
Declan McQuillan, 458-3668.

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WANTED

Set of paniers. Up to \$20. Declan McQuillan, 458-3668.

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THE SOUTH-WEST TOUR 1979

(Or A Bakery Tour Of The South West)

by Annelieske Noteboom

On reading my summary notes of the tour, I have concluded that the South-West Tour was a gastronomic success. We made numerous stops at the small town bakeries where we bought fresh whole meal bread, cream buns and other calorific delights. During the section of the trip between Augusta and Nannup we had a delicious lunch of a wholemeal roll and cheese followed by a wholemeal roll and honey. In Nannup our hostess delighted us with pumpkin soup, thick slices of wholemeal bread and butter, and jacket potatoes which had been cooked in the ashes of the fire.

During our rest day in Nannup, Nicole, Mike and I rode to Balingup to meet Allan and Bob. On our return, Dennis greeted us with the news that those who stayed behind had eaten an amazing quantity of assorted items - Mars bars, tinned creamed rice, etc.

Nick introduced us to vegetarian food by offering to cook the final evening meal at Noggerup. He made some concoction from rice and vegetables. Most of us were too hungry to notice just what went into it. The warden brought us some "real", fresh milk. Drinking it brought back dim memories of my childhood in a small country town.

On a less gluttonous note

In Bridgetown, Mike was able to practise his hairdressing skills. He transformed a scruffy, albeit clean, creature (a fellow hosteller) into a tidy, respectable young man.

The "Possies" on the tour (Allan and Bob) kept us all entertained with their jokes. However, Allan developed the habit of telling a joke when we were cycling up a steep hill, or just as Nick was filling his mouth with food - with disastrous results.

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During the whole of the trip, we had very little rain and the countryside was beautiful. A particularly pretty part of the trip was between Lowden, Wellington Mill and Dardanup. It rained very briefly and the hills and valleys were green and glistening.

We arrive back in Perth ten days later, tired but happy. My personal thanks to Nicole and Allan who did most of the organising, and to Dennis, Julie and Debbie in Nannup, who were such excellent hosts.

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THE SOUTH-WEST TOUR 1979
(A More Factual Account!)

The '79 tour was not only a gastronomic success, but a delight in all its aspects. It covered some 700 kilometres in a span of ten days, and again visited many of the major south-west urban centres, with leisurely cycling through truly magnificent, ever changing countryside.

DAY 1 : Bunbury to Dunsborough. Time for the group to get acquainted, and to learn to ride as a unit.

DAY 2 : Dunsborough to Augusta. A baptism of fire - we limped into August after hours battling strong headwinds and our own weariness and lack of fitness.

DAY 4 : Augusta to Nannup. Most of us have recovered after a day in Augusta and we cover the 100km distance with ease.

DAY 6 : Nannup to Pemberton. This is "real" south-west country now, with vast expanses of karri forests dwarfing our group, now ten strong. The moon is full tonight, and many of us enjoy a moonlight ride back to the hostel - 10km of gravel - after a "posh" dinner in town (gastronomy again!)

DAY 7 : Pemberton to Bridgetown. Our normally sedate touring pace develops into something more akin to a sprint as we fly down the 15km drop from Yornup to Bridgetown.

DAY 9 : Bridgetown to Noggerup. David has returned to Perth, supposedly to work - actually to fall down stairs and injure his ankle after one day's work. Noggerup is as good as ever, and we have a "pine-cone-and-firewood-collecting-bee" before settling in for our last night.

DAY 10: Noggerup to Bunbury. The end, not before a most scenic ride through some lovely, hilly stretches. A spirited sprint into Bunbury.

The following cyclists participated in the '79 South West Tour:

Mike Brant	('77,'79)	David Mills	('78,'79)
Allan Booth	('79)	David Millward	('77,'79)
Jaimie King	('79)	Bob Mortimer	('79)
Matt King	('77,'79)	Annelieske Noteboom	('79)
Nicole Harrison	('76,'77,'79)	Nick Payne	('79)

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THE 1979 "200 KM ACHIEVEMENT"

A glance at our newsletter number 26 (Nov-Dec '78) or at "Freewheeling" issue number 4 will remind our readers of the 1978 inaugural "200 Km Achievement Ride". It was held, you will recall, in somewhat less than ideal conditions, with riders plagued by rain, head-winds, heavy traffic, hail (!) and soul-freezing, heart-numbing cold.

Still, in spite of these extreme conditions, twelve out of the original fourteen riders managed to complete the September 10th event. Many of these were there again in '79, eager to earn their second "200" badge: Allan Booth, Tom Brown, Wilf Brewster, Geoff Dwyer, Nicole Harrison, Matt King, Wayne Lally, Dave Millward and Neil Porteous. These veterans were joined by another nineteen cyclists, bringing the number of starters up to an amazing twenty eight!

The 1979 route was the same as the one followed by the '78 riders; from City Beach roundabout to Mullaloo, Wanneroo, Bullsbrook, Midland, Armadale, Medina, Fremantle, City Beach. The weather situation, however, was not even remotely similar: a mild, sunny day, with little wind until the northbound leg of the trip, which was facilitated by a pleasant southerly breeze.

The large bunch of riders cycled seemingly almost effortlessly throughout the morning, reaching Bullsbrook for morning tea and Midland for lunch. Four riders retired at Midland (the half-way mark), and a fifth in Gosnells, but the remaining group of twenty three was still moving at a spirited pace as it reached the southern most turn onto Thomas Road. From Medina onwards, a strong group of seven or eight riders forged ahead, pedals spinning madly and gears at their top marks, through Fremantle and on to City Beach. The remaining cyclists came in at a more stately and relaxed pace, all riders completing the event well within the specified time limit.

Congratulations to all the riders who completed the course, and in particular to visiting American cyclist Joan Joesting. The list of successful riders in the 1979 "200 Km Achievement Ride" is as follows:

Allan Booth
Wilf Brewster
Tom Brown
Alan Clarke
Trevor Gamble
Pat Harris
Nicole Harrison
Nick Hawkins
Peter Hobson
Alan Isitt
Joan Joesting

Matthew King
Wayne Lally
Paul Lamond
Bob Mortimer
Nick Payne
Tony Pettit
Neil Porteous
Graeme Reilly
Alan Sanderson
Garry Thirwell
Richard Withers

Norm Kalmanovitch

BY BIKE IN BRITAIN
by Geoff Camm

I decided to borrow a bike on my recent trip to Britain, as I had always preferred to get around by bicycle, and I hoped to shed some of the middle-age spread which had crept up on me (some hope: I had more spread coming home than when I started!). Besides, it would be easier to reach out of the way places with a bicycle, and of course much more economical than by public transport.

My brother found a friend with a cycle to lend. "Of course it has not been used for some time," he said, "and may need a little attention."

So, it was with a sense of gloom and despair that I viewed the cycle which was so kindly made available to me, parked in a garage which also contained the disembowelled remains of a Triumph car. A closer inspection by daylight revealed a sad sight indeed: the cycle was dirty, most of its chrome parts rusty, and its leather saddle deformed by a sharp ridge along its spine after many months resting against the garage wall. The gear-cables had been left tensed and were well stretched; the pedals were odd ones, with one rusted in solid; the brakes had lost all but minimal effectiveness.

"I used to deliver papers on it and I haven't used it since it poured with rain one week," explained the owner, immediately giving me a clue to the saddle's odd shape.

After many thanks for the generous loan of the bike, and assurances that I would put it in good running order, I walked the sorry-looking mount to my folk's home, half a mile away. Nothing would have persuaded me to sit on that saddle, never mind the other faults!!

The first week of my holiday was spent stripping the machine down to its last nut, bolt or ballbearing, and polishing each piece before replacing it. Seeing everything laid out in the back yard, my brother looked worried and muttered, "I suppose you know how to put it back together!"

I found that some accident had caused the right seat stay to be pushed forward, and with some friendly persuasion and the help of my father's vice, I managed to make the frame appear even. Nothing, however, could alter the twisted shape of what had at one time been a new rear gear changer.

Finally, with a new tyre, tube, rear changer, new brake and gear cables, a new saddle-of course - I produced a rideable machine. Its owner was amazed, my brother relieved, and I at last had something I could use and trust. And now, to work!

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MORE ON GEOFF'S CYCLE HOLIDAY IN THE NEXT NEWSLETTER.

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COMING EVENTS

Sunday, 18 November
BICKLEY OBSERVATORY 40Km. Hard ride.
Meet at Hartfield Park (Forrestfield) at 1:30 pm. Visit Bickley Observatory (free). Lights may be necessary to get home.
Leader: *Nick Payne*

Tuesday, 20 November, 7:30 pm
Fifth ANNUAL GENERAL MEETING
FLOREAT PARK SCHOOL
CHANDLER AVE
Tea or Coffee will be served.

Sunday, 25 November
FREMANTLE EXPLORATORY RIDE 20Km. Easy ride.
Meet at Fremantle Railway Station at 9:30 am. See article on "Bicycle Planning" for details.
Leader: *Walter King*

Monday, 26 November

PUB NIGHT

Counter tea at the Herdsman, from 6:30 pm. No bookings needed,
no organiser.

Saturday, 1 - Sunday, 2 December

GLENEAGLE OVERNIGHT 175Km. Hard ride.

Meet at Kelmscott Railway Station at 11:30 am. Requirements -
tent, sleeping bag, food.

Leader: Geoff Dwyer

Sunday, 9 December

SWAN RIVER CIRCUIT 50Km. Mod. ride.

Meet at Matilda Bay carpark (Crawley) at 9 am.

Leader: Dale Neil

Sunday, 16 December

CITY LIGHTS TWILIGHT RIDE 15Km. Easy ride.

Meet at Kings Park karri log at 6:30 pm. Bring lights.

Leader: Wayne Lally

Sunday, 6 January

BEACH RIDE 20Km. Easy ride.

Meet at Perry Lakes (between the lakes) at 7:30 am. Bring bathers.

Leader: Geoff Dwyer

Sunday, 13 January

"PEPPY GROVE - CANOE RIDE". 15Km. Easy ride.

Meet at Grove Shopping Centre at 3pm. Finish at Mosman Park Canoe
Club and try your hand at canoeing (tentative).

Leader: Bruce Robinson