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CYCLE TOURING ASSOCIATION OF W.A. (INC.)



EDITOR: Noel Eddington

1990 FEBRUARY / MARCH Issue Number 92

FEES FEES FEES FEES

That horrible word again!!

Fees for 1990 became due on January 1st, so hurry now and settle your account with our Treasurer, otherwise this will be your last Newsletter.

Members having any queries about their membership or fees, please contact the Treasurer.

T-SHIRT & RIDING SHIRT SALE

We still have a few T-shirts and riding shirts for sale at reduced prices. Unfortunately the range of sizes is limited.

T-shirts	Riding Shirts
Size 10 80cm chest	Size 12 85cm chest
Size 12 85cm chest	Size 14 90cm chest
Size 14 90cm chest	Size 16 95cm chest
	Size 22 ? cm chest
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Please contact the Treasurer if you are interested.

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FOUND:

ENAMEL BADGE OCTAGONAL SHAPE PREDOMINANTLY RED IN COLOUR SHOWING TWO CYCLISTS AT THE WA/SA BORDER WITH INSCRIPTION "THE MEETING - EUCLA 1988". FOUND LATE NOVEMBER 1988; BROOKTON HIGHWAY 4 KMS FROM ALBANY HIGHWAY. TELEPHONE 397 6363. DALE NEILL.

DETERMINING FRAME SIZE

To determine your optimum frame size, multiply the length of your inseam (in inches) by 0.885, then subtract 6.7 from the result. For instance, if your inseam is 32 inches, your correct frame size would be 21.62 inches (32 x 0.885 - 6.7).

This means you can use a 21- or 22-inch frame. The smaller size would be stiffer, lighter, and more aerodynamic. But the larger one might fit better if your upper body is long compared to your legs. To determine this ratio, divide your height (in inches) by your inseam length (measured firmly from crotch to floor without shoes). If the ratio is less than 2, you have long legs and should opt for the smaller frame. If it's greater than 2.2, you have short legs (or a long trunk) and you should probably choose the larger frame.
B.P.

The CTA will hold a 2 week tour starting in Adelaide (S.A.) on Saturday 22nd September and finishing in Albury (N.S.W.) on Friday 5th October. It will be a camping tour with a support vehicle to carry baggage and distances of approximately 100 km will be cycled each day. For further details contact leader John Martin on 293 8170.

PRESIDENT'S CORNER

On behalf of all the new CTA Committee, I would like to wish all members and supporters of our Club a good and healthy 1990 in which we hope to see many old and new faces among our riders.

The new Committee thanks the outgoing members Aileen Martin and Kleber Claux for the enormous effort they put in last year and welcomes new Committee members Lyn Hambleton and Sam Burton and the always willing Ron Bowyer as Vice-President on the 1990 CTA Committee.

Most importantly we wish you a safe year which in our Club means wearing a helmet; also sunglasses and sunscreen should have a place in your cycle kit - remember the famous hole in the ozone layer.

During the AGM, discussion was again directed at how to enforce better behaviour from cyclists and car drivers since the road behaviour of both leaves a lot to be desired. We will hold an instruction day for new riders and ride leaders during which we will address this rather urgent problem.

Remember that the Police plan to crack down on cyclists who do not ride according to the traffic laws and also that Perth's population is growing very rapidly which will increase the accident rate.

Congratulations to Kleber Claux on his 1989 Cyclist of the Year Award - I cannot help saying that I am pleased with that because he is a great asset to the sport and the Club.

Please note that our Club fees are due now so remember to get yours in early!

The 1990 Rides Calendar is looking good and we now offer:

1. on almost every weekend a long and a short ride,
2. a mid-year Wheatbelt Tour,
3. our Super Achiever Award,
4. a full Audax agenda,
5. time trials with the A.T.T.A.,
6. mountain bike events,
7. social events which are in the planning stage.

There is still room for more ideas and suggestions for a ride of your choice! Remember that with no ideas from our members nothing will change - we can use all the help we can get.

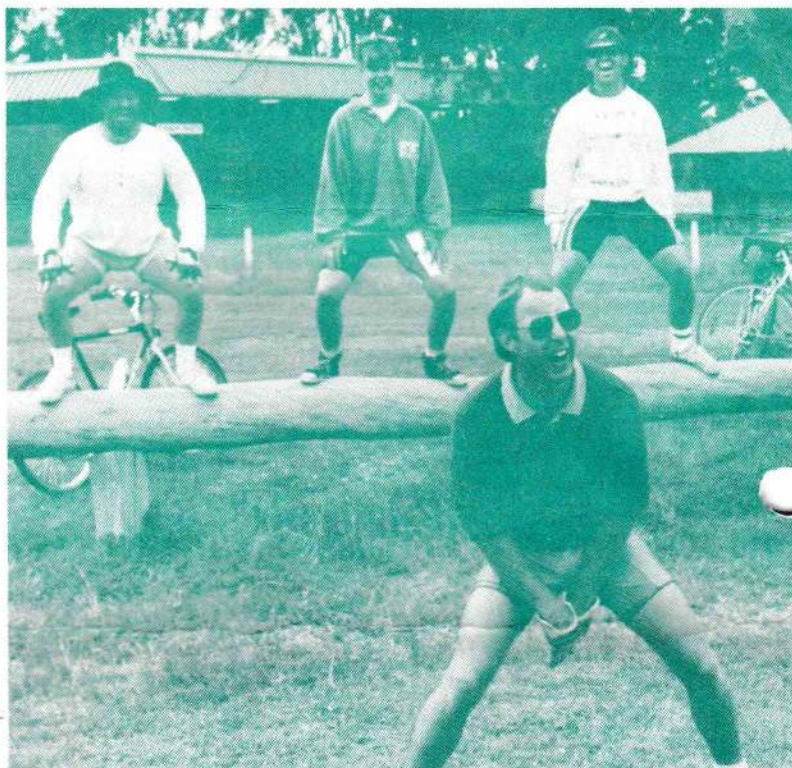
The big CTA trailer has been thoroughly stripped and painted by a handful of willing members. Thank you for a job well done!

CONGRATULATIONS TO THE FOUR SUPER ACHIEVERS FOR 1989

They were Sam Burton, Colin Farmer, Robin Layton and Eddie Rzemek. These riders completed all the achievement rides set by the Club in the one year, a very fine effort.

Congratulations to Kleber Claux for winning the Cycle Tourist of The Year Award for 1989. Kleber's willing and helpful attitude is always a pleasure to encounter.

Also congratulations to Barbara Farmer for her effort in winning the best newsletter article for 1989.



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AUDAX-WA REPORT

(Taken from the President's notes)

A very successful year.

The following are details of brevet rides completed.

4 x 200 km rides giving 52 brevets
 2 x 300 km rides giving 24 brevets
 2 x 400 km rides giving 13 brevets
 2 x 600 km rides giving 13 brevets
 1 x 1000 km ride giving 6 brevets

—
 108 brevets
 —

Opperman all day trial - 5 teams - 22 starters, 20 finishers. (Distances covered by 5 teams: 636 km, 438, 430, 372, 372).

11 Super Randonneur Awards.

This year, we will reduce ride costs to:

\$5 200 km)
 \$8 300 km)
 \$10 400 km) All rides will be brevet
 \$15 600 km)
 \$20 1000 km)

The programme for 1990 will be similar to last year, but with an additional 400 km and 600 km ride.

THE TWELVE DAYS OF CYCLING

(sung to the tune of "The twelve days of Christmas")

On the first day of the cycle tour my true love gave to me -

a puncture in my front tube
 two broken spokes
 three muesli bars
 four greasy chains
 five cups of tea
 six billies boiling
 seven scones a-jamming
 eight steep hills rising
 nine Dugites hissing
 ten gears a-clanging
 eleven march flies biting
 twelve casks a-wining

Written by members of the CTA Albany-Perth Tour
 1988 adapted for the South West Tour 1989.

** A NEW FEATURE **

One of the popular offerings at a very successful concert staged during the South West Tour 89 was a question/answer skit around the topic of cycling medicine. Here is the first instalment:

JUST ASK THE CYCLING DOCTOR

By

Barbara Leach, John Quintner and Greg Smith

Dear Doctor,

My husband has a problem. We cannot go anywhere, I am so embarrassed by his behaviour. Whenever and wherever he sees a bicycle he rushes up to it and sniffs the saddle. He does not know why he does this. It all started when I bought him a bike with a Brooks saddle for Christmas. Is there any way I can rid him of this perverse habit? Signed: Worried from Wanneroo.

Dear Worried from Wanneroo,

Be reassured, you are not alone. Many Australian men have this habit. They are taken over by a powerful urge. We refer to this disorder as CYCLONEUROSIS. In the distant past, before the typical Australian male was an urban commuter, he was a stockman who spent most of his life in the saddle. An instinct lingers on in the descendants of these men. They can, inexplicably, find themselves searching for a link with their past. Occasionally they are able to find solace in the smell of a leather bike saddle. I suggest that you buy him a stock-whip and Akubra immediately. (With apologies to The Bulletin).

It is intended to make this a regular feature in the Newsletter. The letters will be answered by our cycling Dr. John Quintner. So send in your letters with real problems or fictional ones.

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1990 LONG RIDES CALENDAR C.T.A. AND AUDAX

6 HOUR TIME TRIAL

DATE

AUDAX CTA ACHIEVEMENT

SUNDAY 5TH NOVEMBER 1989

Sunday 11th February

200km

MUNDIJONG

Sunday 11th March

200km

Sunday 18th March

50km

Sunday 8th April

300km

Thursday 26th April

200km

Sunday 6th May

100km

Saturday/Sunday 12/13th May

400km

Sunday 8th July

200km

Saturday/Sunday 4/5th August

600km

Sunday 12th August

200km

Sunday 26th August

10,000 in 8

Friday 7th September

200/400/1000km)

Saturday 8th September

300/600/1000km) local rides

Sunday 9th September

200/600/1000km) at York

Monday 10th September

1000km)

Saturday/Sunday 20/21st October

600km

Saturday 27th October

300km

Saturday/Sunday 10/11th November 400km

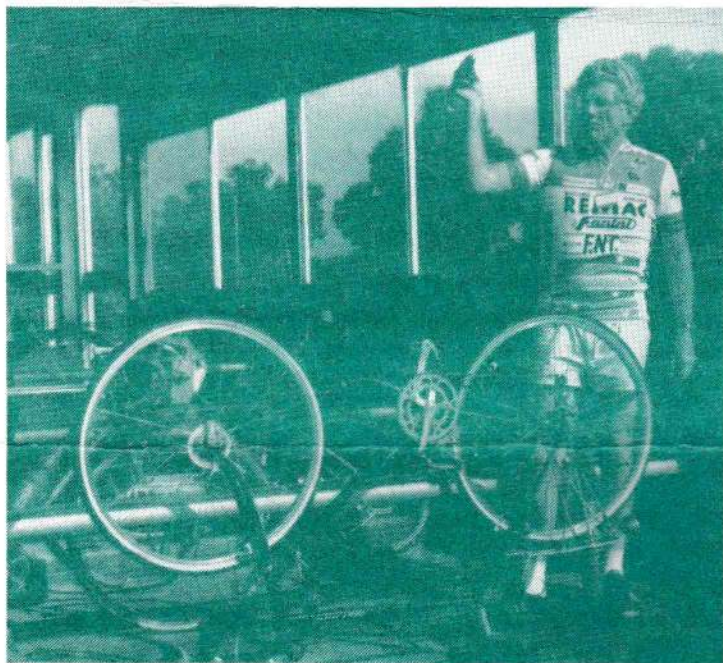
NO. NAME DISTANCE km

1	Ron Wake	123
2	Don Frearson	143
3	Max Talbot	144
4	Graham & Tess Fleetwood	133
5	Rene Smeets	155
6	Rob Hillary	149
8	Merv Girdlestone	167
10	Arie Lemson	D.N.F.
11	Bunny Lakin	160
13	Bret Rutherford	D.N.F.
14	Paul Smeets	181
15	Jack Iveson	181
16	Brian Hawes	189

NEW MEMBERS

We welcome the following new members who have joined the CTA since our last Newsletter. It is good to see the names of so many of our friends from the South West Tour 89 included.

Geoffrey Kelly	Charles Egerton
Lisa Blakie	Rosalie Jones
Laura Adair	Bob Thursfield
Langridge Family	David Hall
Trevor Holm	Claire Mitchell
Robinson Family	Paul Knox
Craig Abernethie	The Davis Family
Mike Armson	Roy Sonnemann
Douglas O'Brien	John Raymond
The Ord Family	The Carter Family
Dave Millward	Leon Harris
Harry Hyde	The Camarda Family



← Ron Bowyer demonstrating the finer points of bicycle maintenance.

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MEMORIES OF THE SOUTH WEST TOUR '89

MANJIMUP TO PEMBERTON

WEDNESDAY

The camp was woken by the usual early morning enthusiasts leaping about and calling cheerily to others of their kind, while the Akido group gracefully and elegantly went through their practice in concentrated silence.

Organisers of the rear pack had to pull the stragglers out from French Impressions and several cyclists with poor quality direction sense took wrong turns early on, but eventually we were all headed for Pemberton.

The country is spectacular; the valleys green, the dams full and orchards nearly ready to flower.

Oblivious to passers by Sally and Ken frolicked and posed in the last of the wildflowers while Pauline and Ivan, speed freaks both, spun out on the down hills. The rest of us just moseyed on into town.

After the usual frenzy of pitching and pumping, groups sped off in many directions; sightseers on the train to Cascade Falls, walkers to the bush, a cycling group to Big Brook Dam, swimmers to the beautiful local pool and the slackers to the pub and devonshire teas.

Toni from Albany, interviewed at the pool, had a fast ride along the Northcliffe Road after a few laps of the pool, then another session on her return, an example to us all.

John Martin very kindly lead your uninitiated correspondent through the mysteries of tyre changing and others intent on developing the masculine skill vowed to give it a whirl, puncture or not, before the trip was over.

After dinner most crossed the road to the country club as guests for the evening. Here it was staggering to see a huge glass of port for a mere 80 cents.

An on-the-spot random survey revealed the following -

80% enjoyed living and cycling in the great outdoors

2% did not

18% did not know

Cheers.

BARBARA LEACH

PEMBERTON - MANJIMUP

THURSDAY

The morning started around 5-ish to the familiar cries across the camp grounds of "Morning Ted", "Morning Fred" arousing all those who dared to sleep in.

Those quick off the mark at breakfast were lucky enough to fill their bowls with muesli.

An eager group of 8 early risers cycled to the Cascades for a sumptuous barbecue breakfast. Those daft enough went skinny dipping in the icy waters. Much to the delight of the girls, Peter Ward exposed himself involuntarily and therefore became the subject of various pornographic shots.

Other tour participants embarked on either -

a) a mountain bike ride along the "Rambo" Trail to conquer the disaster area where Noel Eddington came off the previous day.

b) a "hot", "hard" ride to Beedelup Falls in the Karri Valley with Kleber.

c) "to" or "up" the Gloucester tree depending on the nerve of the individual, or

d) an idyllic tram ride through the tranquil forests surrounding Pemberton

before the short hilly slug back to Manjimup.

After pitching tents, a few people went swimming at the local pool to sooth their aching muscles whilst others preferred a long hot shower (or both).

LISA BLAKIE

HAWAII IRONMAN TRIATHLON WORLD CHAMPIONSHIP

14 October 1989. 3.8km Swim, 180km Cycle, 42km Run

In the Java desert which is the coastline of Kona on the big island of Hawaii there is a race held once a year which defies logic. It brings together seemingly sane adults for an insane day of physical and mental hysteria. The race is the Hawaii Ironman Triathlon. An event which requires an ordinary

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person to swim 3.8km, cycle 180km and run 42 km in a single day. The professionals race for prizemoney while more than 1000 other masochists race for a finishers T-shirt and medallion, and the satisfaction of competing in one of the world's toughest endurance events.

The number of entries grows each year. In the inaugural event only 11 hardy souls decided to meet the challenge. Now more than 15,000 applications for entry are received each year from throughout the world. Only 1,300 get the chance to experience firsthand the magic of the Ironman. This year I was lucky(?) enough to be one of those 1,300 selected to compete at Hawaii. I qualified for the event by being placed 2nd in my age group at the Australian Ironman Triathlon Championships held in Forster, NSW, in March, this being Australia's only qualifying race. Other Ironman qualifying races are held in New Zealand, Japan, Europe, Canada and the US.

This being my second attempt at the race (I also competed in 1987), I knew what to expect and so tailored my training accordingly. For six months I followed a training schedule which left little time or energy for anything else. My weekly training totalled 10km swimming, 300-400km cycling, and 70-80km running, all fitted in around a 37.1/2hour working week. Hawaii is renowned for its heat and humidity, the Kona coast especially so. Thus I spent some of my training time on an indoor exercise bike with no air conditioning, also regular visits to the sauna, to help acclimatise for Hawaii's heat. I arrived in Hawaii two weeks before the race to enable me to train on the course and acclimatise effectively.

Race day dawned fine and hot. I completed my pre-race rituals and found myself assembled at the waters edge at Kailua Pier with 1,299 other hopefuls nervously awaiting the start. The atmosphere was electric. Here was I, mere mortal, Sue Campbell, lined up next to some of the best athletes in the world, about to put myself through one of the toughest endurance events in the world. What was I doing here? What have I gotten myself into now? Have I done enough training? The doubts were plentiful, but it was too late to worry about anything now. The moment of reckoning had arrived. I was about to lay it all on the line. I'm not a religious person, but I said a few prayers before the start, after all it can't hurt to have a little bit of extra help on your side.

The mass swim start, among 1,300 thrashing pairs of arms and legs, was quite an experience. I was surrounded by other swimmers the whole time, and had to constantly fight for clear water. There is no etiquette in triathlon swimming - you must kick and fight for your water space. I completed the swim without much drama, exiting the ocean after 68 mins. A quick rinse-off under the makeshift showers, change into biking gear, then I set off on the cycle leg.

The cycling course is out and back along a long, lonely stretch of black highway, surrounded by heat baked old lava fields. The heat out there is crushing, and the area is pre-disposed to very strong winds. This day the weather gods were kind to us, as the wind was not bad at all, although the heat and humidity were fierce.

The competitors' lifeline is the aid stations, placed approximately every 8 km of the cycle course, providing precious water, coke, electrolyte drinks, bananas, chocolate chip cookies, oranges and other items which may be required such as sunscreen and vaseline. The volunteers at the aid stations were wonderful, never short of an encouraging word, and without them the race would not be possible.

I used the aerodynamic Scott D.H. handlebars which were a real advantage on such a long ride as they enable the upper body to rest while the legs keep on pedalling, always maintaining an aerodynamic position. I'd estimate that 90% of the competitors used aero bars of some description, whilst many also used the new aerospoke or trispoke wheels. It was interesting to see so many high-tech bicycles being ridden by not only the elite athletes, but by Mr. & Mrs. Average as well.

The ride went by fairly quickly for me, I had no mechanical problems and finished the cycle in 5 hours 52 mins., averaging just over 30 km/h. I was starting to feel a bit tired towards the end of the cycle, and was glad to get off my bike and stretch out a bit on the run. One technical error I made on the cycle course was not to eat and drink enough, as would become evident to me during the run.

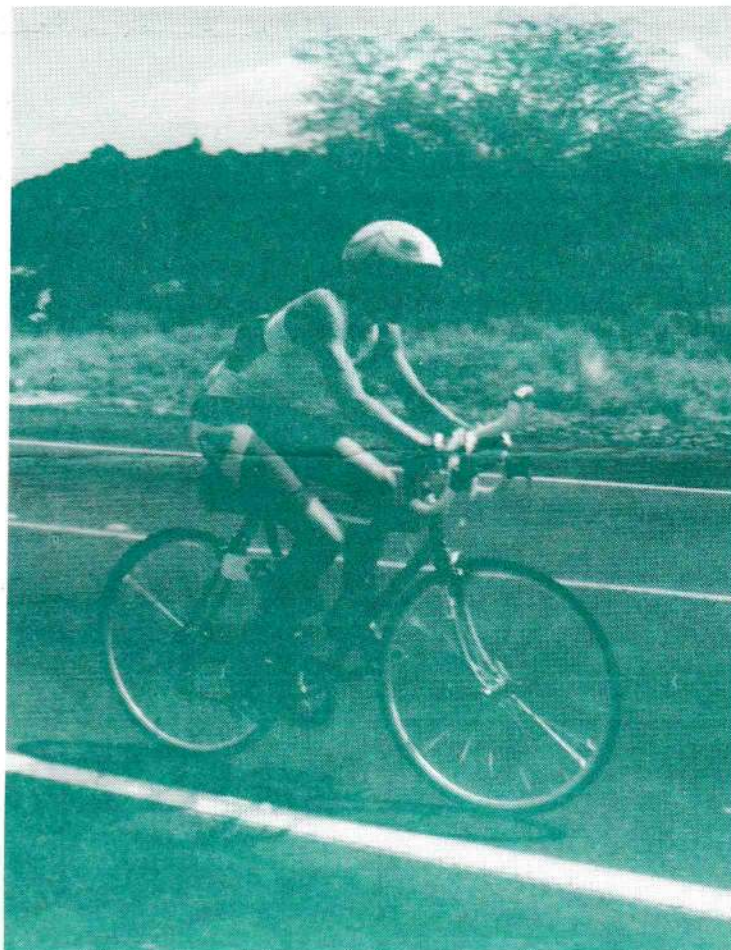
The run course passes through town before heading out onto the same highway as used for the cycling course. There were only three hills in the run, but they were good ones. Aid stations were placed every mile, offering the same menu as the cycle aid stations. I felt reasonably good as I began the run, running up the first big hill while most of those around me walked it. I walked a disciplined 20 metres through each aid station to ensure that I drank enough. Unfortunately for me the damage had already been done and at about the 15 km mark dehydration and fatigue began to set in. No amount of food or drink could restore what had already been lost to the elements.

I was determined to keep running as long as possible and only walk at the aid stations. Gradually the walks became longer, extending beyond the aid stations, and eventually I succumbed to the urge to walk between aid stations. Always I was driven on by the goal to finish. If thoughts of giving up entered my mind I would push them away by thinking of all the hard training that I had done, and of all the encouragement that people had given me. I could not let them or myself down.

Those last 10km were the longest of my life, but it was all worthwhile when the finish line came into view. The cheers of the crowd carried me though to the finish and the greatest feeling of accomplishment that I have ever felt. When you cross the finish line, no matter how many places or hours behind the winner, you feel like a champion. My run had taken 4 hours 8 mins., giving me a finishing time of 11 hours 18 mins., a personal best. For the record, I placed 6th in my age group (18-24 years), was the 3rd Australian woman, 66th woman overall and 649th finisher overall.

I spent some time afterwards in the medical tent, receiving a litre of I.V. fluid via drip. I was quite coherent, but suffering from cramps internally externally, and my core temperature was a bit high. After that I felt fine and was able to return to the finish area to watch others realise their dreams by reaching the magical finish line before the midnight cut-off time. The feeling of elation, achievement and camaraderie was overwhelming and is what constitutes the magic of the Ironman and keeps people coming back for more.

SUE CAMPBELL



Sue Campbell The cycling leg of the gruelling Hawaii marathon

RIDES YOU WILL WISH YOU HAD GONE ON

On November 5th, Ron Masterman organised his annual six hour Time Trial at Mundijong. This year 12 riders took part. His ride report is perhaps slightly understated when Ron says "The ride was enjoyed by all, but they were weary afterwards and some a little saddlesore". The day was dry and warm but accompanied by our flat road enemy the wind,

The alternative ride on November 5th saw Ben and Bob Stockman leading ten mountaineers on the Bicentennial Year prize-winning Kattamorda trail. Two new club members joined this one, Blair Fruin and Trevor Holm. There was also a guest from U.S.A. named Otto who is touring the world on his mountain bike. It was good to see Peter Cooksey able to ride the rough after his accident earlier in the year. A great ride was enjoyed by all and even Bob got to keep the dollar he offered to anyone able to climb one hill.

A warm spring day made ideal conditions on November 19th for Phil Giddins' bunch of hard riders who left from Fremantle Town Hall for Mundijong. The outward leg led inland. On the return they went across to Warnbro and returned up the coast, where Phil tells us the warm weather attracted the beachgoers in bikinis!

November 26th was the 15th Anniversary Ride. Max Talbot led 7 cyclists from Karrinyup Shopping Centre by way of Selby St, Rokeby Rd then to

Kings Park. Aileen Martin led 6 riders in from Midland Town Hall via Guildford Road. John Meakin led 7 cyclists up Coomoorra Rd to Reynolds Road, the Esplanade then on dual use paths to Kings Park. After a welcome speech from Dale Neill and the opportunity to admire some of the formal attire on show, Dale led us on a repeat of the first C.T.A. ride. The route took us through the Park then round the University, parts of which I had not seen previously. A pretty ride which should not wait 15 years to be repeated.

December 10th was a perfect mountain bike morning, fine and 25 degrees. Twelve riders left Carmel on the Kattamorda Trail, heading west this time. Several stops were made to admire the maps and pictures of the Mason Bird timber railway and the re-constructed timber bridge over a creek with a short stretch of wooden rail track showing how timber was taken from the hills to the Canning River. A very pleasant morning.

Also on December 10th, Neil Porteous led 14 riders from the Causeway Car Park on a moderate ride to Bibra Lake. The route took advantage of quiet streets and dual use paths and included Curtin University campus and the Shelley Bridge. Refreshments were enjoyed at Bibra Lake and were shared with the ducks and swans. The return route took in North Lake Road, Mount Henry Bridge then dual use paths. Neil comments on the excellent standard of ride discipline after the Annual General Meeting comments.

RIDES CALENDAR FEBRUARY - MARCH

February 4 HARVEY ESTUARY RIDE
180km HARD RIDE, FLAT TERRAIN
8am

Meet at the Esplanade, Fremantle (opp. the Carriage Coffee Shop) for a ride around the Harvey Estuary, returning via Pinjarra.

Leader: Phil Giddins Work: 382 2811

*** ALTERNATE ***

February 4 ARALUEN RIDE
60km EASY RIDE 9am
Meet at the Causeway Car Park for a ride to Bickley Reservoir and return.
Leader: Mike Waters Work: 444 2892

February 11 PEDDLER OR PADDLE
40km EASY RIDE 8.30am
Meet at the Causeway Car Park for a ride to Riverton Bridge where you can paddle a canoe or peddle a water bike.
Leader: Noel Eddington Home: 293 1305

ALTERNATE

February 11 200KM AUDAX
200km HARD RIDE, FLAT TERRAIN
6.30am

Meet at 6.30am for a 7.00am sharp start. The course: Kelmscott-Pinjarra-Coolup-Mandurah-Kelmscott. Entries must be in by 4th February. No late entries will be received. Cost \$5.00.

Leader: Neil Porteous Home: 457 7146

February 18 40KM TIME TRIAL
40km HILLY TERRAIN 8am
Hard or easy - it's up to you! Try a time trial on that pretty road from Chidlow to Wundowie and back. Start at Chidlow at 8am. Allow time to register and pay your entry fee prior to the start.
Enquiries: Peter Meyer Home: 384 2568

ALTERNATE

February 18 AROUND THE SWAN
50km FLAT TERRAIN 9am

Meet at the Kings Park log for a ride around the river with a pleasant detour through the University of WA campus.

Leader: Lyn Hambleton Home: 398 3326

February 25 TWIN DAMS RIDE
120km VERY HILLY TERRAIN 8am
Meet at Kelmscott Railway Station for a ride in the hills visiting Canning Dam and Mundaring Weir. A tough course for the very fit.
Leader: Sam Burton Home: 450 3885

ALTERNATE

February 25 BOYA QUARRY RIDE
40km MOUNTAIN BIKES 9am
Meet at Stockman and Son, 15 Loton Ave, for a ride up the old Northam Railroad to explore the Boya Quarry and perhaps morning tea at Darlington. Mountain Bikes essential.
Leader: Ben Stockman Home: 293 5278

March 4 GIDGEGANNUP RIDE
120km HILLY TERRAIN 8am
Meet at the Midland Town Hall for a ride in the hills. Enjoy morning tea at Gidgegannup with Peter.
Leader: Peter Steer Work: 420 8289

ALTERNATE

March 4 MINI GOLF
70km MODERATE RIDE 8am
Meet at the Causeway Car Park at 8am for a ride to the Mini Golf course at Wanneroo. Then have tea and bikkies at the President's place before returning to the Causeway in the early afternoon.
Leader: Arie Lemson Home: 307 5820

March 11 200KM AUDAX
200km HARD RIDE 7am
Meet at Midland Town Hall at 6.30am for a start at 7am sharp. Entries close on March 4.
Organiser: John Meakin Home: 332 5550

ALTERNATE

March 11 MINI TRIATHLON
Swim: 300m Ride: 16km Run: 3km 8am
Meet at Sorrento Surf Life Saving Club at 7.30am for a start at 8am sharp. See how fit you are!
Members or new members only.
Leader: John Sherwood Home: 447 8939

March 18 50KM ACHIEVEMENT RIDE
50km HILLY TERRAIN 9am
Dual Start: Try for an Achievement Badge if you wish (2.5 hours time limit) or alternatively take a leisurely tour around one of our most scenic courses with a leader. Meet on Chittering Road, Bullsbrook at 8.30am for a 9am start.
Enquiries: Bob Stockman Home: 293 5278

March 25 JARRAHDAL RIDE
100km LOTS OF HILLS 8.30am
Meet at Armadale Railway Station for a ride to Jarrahdale and morning tea (or lunch?) at the very pleasant Cooralong Park Tea Rooms.
Leader: John Meakin Home: 332 5550

ALTERNATE

March 25 TWILIGHT BARBECUE
50km FLAT AND EASY 3pm
Meet at the Causeway Car Park for a ride along the river to Freo via Cottesloe and thence to Wireless Hill (Applecross) for a barbeque in the gloaming. Romantic! Lights essential (on the bike!). Bring your own food.
Leader: Colin Farmer Home: 330 4441

RIDE REPORT FORMS

Do you ever wonder how the ride organisers keep tabs on rides which have the best support or could be improved in some way?

It is through the ride leader's report forms which should be enclosed with your Newsletter of you have been kind enough to agree to lead a ride.

It is only through these forms that your Rides Committee can objectively give you the types of rides you want. So please help us by mailing the ride report forms promptly to the CTA post box while the ride details are fresh in your mind.

C.T.A. COMMITTEE 1989

PRESIDENT:	Arie Lemson	307 5820 (H)
VICE PRESIDENT:	Bob Stockman	293 5278 (H)
SECRETARY:	Aileen Martin	293 8170 (H)
TREASURER:	Betty Stockman	293 5278 (H)
COMMITTEE:	Kleber Claux	458 7519 (H)
	Noel Eddington	293 1305 (H)
	Colin Farmer	330 4441 (H)
	Michael Waters	444 2892 (W)

Correspondence to P.O. Box 174 Wembley W.A. 6014
For details of club membership please contact the Treasurer.