



Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (Inc.)

Volume 115

December/January, 1993/4

EDITOR: Jenny Knight

Inmates escape mental asylum



You don't have to be certifiable to organise a 110 people to cycle around the State, but it certainly helps! The Wanderling Star Tour '93 is now over but I think the On Your Bike Organising Committee – led by Ross Cussons and ably assisted by Marion Affleck, Aileen Martin and Steve Blackburn – deserve a pat on the back from the CTA membership for their skill in ensuring yet another successful cycling extravaganza and for bringing the excitement of cycle touring to a large number of new members.

However, all their work would have been in vain if the day-to-day running of the event had not been so capably carried out by the Tour Marshals. Pictured above in their distinctive green prison issue (before they escaped in the bus) are, from left, Warwick Lang,

Kleber Claux, Marion Affleck, Steve Blackburn, Aileen Martin, Alan Williamson, Colin Farmer, Ross Cussons and David Stobie. As well as the officials there were a number of individuals responsible for ensuring the success of the concert, smooth loading and unloading of the luggage, and the myriad other small, but important, tasks that have to be done. On behalf of the CTA, I thank you all for your help... Well Done!!

As this is the last issue of the year I would also like to take this opportunity to thank the outgoing CTA Committee for their help in making this an enjoyable and successful year for our club. I wanted this year to recognize the motor rather than the machine – no matter how well maintained a bike is, if the rider is not well maintained, the combination of bike and person is not a successful one. To this end we have had very popular evenings dealing with sports nutrition, sports medicine, cycling physiotherapy and massage, and a stress relief evening. The touring component was not forgotten with a Paddy Pallin night and a general touring information night. The newer members were treated to Sally Stobie's novice night and all of us were spoilt by John Sherwood and Mark Elliott's wine and cheese

night. The attendance at the evenings and also on the Sunday rides was a good indication that the mixture of social and harder touring style rides was very acceptable to the general membership.

Thanks must go to Simon, Mark, Jenny, Sue, Paul, Ross, Warwick and Janet – thanks guys! It is going to be a very hard act for the incoming committee to follow! Give them every assistance and help them try.

Don't forget the AGM on December 12 as it will affect you and your club... please let us know what you want from the club. I hope to see you there and on all future rides,

Cheers and best wishes for the festive season!

Steve Blackburn



MEMBERSHIP FEES

The CTA is a non-government organisation relying on membership fees, donations and volunteer labour to achieve our aims. These monies help to provide each member with six newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours at cost, a library, and indemnity cover to name a few of the obvious benefits.

Unfortunately to keep our bank balance in the black and continue to provide you the same service, there has necessarily been a rise in cost of family membership (one or two adults and their dependents) to \$45. Cost of membership for adults - \$25 and students/pensioners - \$15, will remain the same. Note, there will be only one newsletter per issue per family membership. A late fee of \$5 will be charged for any member who has not paid by March.

There will also be a charge for Achievement/Challenge badges of \$5 in 1994. Members can still participate in these events for free, but will be required to pay for their badges if they want them.

Don't forget, **members only** will be allowed to participate in Achievement/Challenge rides and weekend tours, with the exception of the annual "On Your Bike WA" tour.

NEW MEMBERS

Membership is being accepted at the moment for the 1994 cycling year!!!

INFORMAL RIDES

For those who do not wish to join the organised ride of the day but would still like some company, a time and place will sometimes be given for informal rides. Its up to those who front on the day to decide where and for how long to ride - try it!

AUDAX AUSTRALIA

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the Latin and means 'courage'. All rides are non-competitive and conducted over specified routes and distances within set time periods. At the successful completion of each event, the rider is eligible for a certificate and a medallion. Rides range from 200km to 1500km in length and are open to all CTA members, though membership of Audax Australia club is encouraged if you envisage participating regularly.

Please note notification of participation is required at least one week prior to the event, and there is a cost to enter dependent on the distance to be travelled. Further information and a programme of events is available on contacting Mr Don Briggs on 458 8175 (H).

SOCIAL EVENINGS

The October social evening saw a good crowd entertained by Mark Elliot, with a talk and slides from a past cycle tour in Oregon, USA. It was a fine example of what can be done by a state to encourage people onto their bikes, with well marked maps of safe routes for cyclists, and good roads throughout. They apparently have a Bicycle Transport Association in Oregon which is very pro-active in ensuring cyclist's safety needs are met in road planning in the state. This was followed by a Stan Wiechecki/Simon Kock duet on how to pack your bike and panniers for touring. (Simon explaining to the masses how to be organised??!!)

November saw our bike auction evening. Apart from the fact that the only pieces sold seemed to belong to Warwick Lang (and he didn't even buy us drinks!), business was slow, everyone more keen to show off their photographs of the Wandering Star Tour and dip into the nutritional freebies supplied by Steve (a mushroom flavoured milk drink!?!).

Don't forget the AGM on Sunday 12th December at 10.00am and more importantly the Devonshire teas! The venue is once again the Ernest Johnson Oval Scout and Guide Hall. Turn right off South Terrace into Fortune St, the right again into Pilgrim St, in South Perth.

The social evenings will then go into recess until the first week of February (4th) when we will commence the new year with a film night-BYO drinks and nibbles (coffee and tea will be provided).

Any ideas for future social evenings or repeats of past favourites would be invaluable to us!



ACHIEVEMENT/CHALLENGE SERIES

Well its the end of yet another successful Series and time to congratulate everyone who participated, both riders and support crews...**THANKYOU ALL!**

A special congratulations to all Challenge and Super Achiever recipients. They are:

Super Achiever: Colin Farmer, Graeme Hill, Jenny Knight, Jan Lankester, Marian Mayes, Debbie McArthur, Mark Nilan, Rod Stevenson, Cyril Veleff, Sharon Veleff, and Alan Williamson.

Challenge: Peter Lundy, Carmel Moran, Sue Nilan, and Brett Rutherford.

SUPER RANDONNEUR

A very special congratulations to the following CTA members who have survived their initiation into Audax riding and achieved the impossible by completing a 200km, 300km, 400km, and a 600km Audax ride within a calendar year.

Lets humour the following superhuman and mentally unstable men; Colin Farmer, Lin Hambleton and Mark Nilan.

What we will do for badges!

CTA LIBRARY

For the new members and those of us who didn't know, the CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books can only be borrowed for four weeks by contacting your social secretary Mark Nilan on the night.

Contributions to the library are greatly appreciated, so don't dispose of any cycling literature! We also propose to expand the library from time to time from club funds, and new titles will be critiqued in the newsletter.

To all members who have borrowed titles and not returned them from last year **BEWARE!!!** Vee have vayz und mins of making you pay! Please return them pronto!

CLUB SHIRTS

You will probably have noticed an increasing number of members in the blue, red and yellow club clothing. These garments are cheap by comparison with those available in the shops and are easily visible on the roads. They are on display at each social evening, courtesy of Warwick Lang, our club administrator and vendeur.

We'd love to see more members in our colours. Its a great advertisement for the club!

EXCEED SPORTS NUTRITION PRODUCTS

The following products are available to club members at reduced cost and can be ordered by contacting Steve Blackburn PH:339-

3203 (H). Payment prior to ordering of the goods is required.

* Fluid & Energy Replacement, 600g tin	\$13 (plus del.)
* Fluid & Energy Replacement, 1.5kg pack	\$27 (plus del.)
* High Carbohydrate Source, 512g	\$11 (plus del.)
* Sports Nutrition Supplement, 237mL	\$ 3 (plus del.)
* Sports Bar (chocolate), 82.8g	\$ 3 (plus del.)

FOR SALE

Viking hand-built 24 inch alloy frame. Mavic wheels, Shimano 105 gear and brakes, triathlon tyres. Only ridden twice. Widow trying to sell. \$300 ono. Phone 527-4120 (H).

FOR SALE

Light-weight tent, 7x4x5ft, half cylinder shape, poles in situ, no fly. Will fit one person comfortably. \$65 only. Phone Mary Kitchen on 535-3556 (H).

WANTED

A cycling companion/s is wanted for weekdays by a club member. Must be tall, dark, and brown-eyed...

No, seriously folks, if you have time up your sleeve, and would like a leisurely ride in this beautiful summer weather, contact Maria Antonas PH:444-3951 (PS This is the correct number, the number quoted in the last issue was wrong, and boy don't I know it- opportunities lost etc!).

Tour and Rides Update



THE ULTIMATE TOUR

CTA 20th ANNIVERSARY FULL PANNIER TOUR 1994

ALBANY TO PERTH

APRIL 9-24



Are you in for one hell of a good time! Tour leaders Kleber Klaux and Stan Wiechecki have completed a reconnaissance of the intended route through Albany/Denmark/Walpole/Shannon River/Pemberton/Nannup/Augusta/Hamelin Bay/Boranup Forest/Margaret River/Dunsborough/Busselton/Bunbury/Lake Clifton/Mandurah/Fremantle/and Perth, providing a kaleidoscope of scenery from forest to ocean, caves to vineyards.

Over the sixteen days the average daily distance will be 75km, with the longest journey some 100km. You will be camping under the stars most nights with YHA accommodation at Albany, Pemberton and Dunsborough, and good old-fashioned hospitality at the Brighton Hotel in Mandurah on the last night where we can toast our success, the CTA's 20th anniversary and PARTY!!! We will be joined in Fremantle by members unable to participate in the tour for the final 25km to the Causeway.

Some people have indicated they would only be able to holiday for a week. If there are enough people interested in this option, transport can be arranged to drop them off or pick them up at Augusta, the halfway point of the tour (Albany-Augusta, Saturday April 9-Sunday April 17 and Augusta-Perth Saturday April 16-Sunday April 24).

Total cycling distance will be 830km over 12 cycling days with 3 rest days to take in the more picturesque spots en route. Accommo-

dation and transport costs to Albany from Perth will be approximately \$180. Meals are not provided, and in some places cannot be bought, so this must be taken into account in your preparation costs.

It is recommended that those interested take advantage in the pannier tours on offer in the CTA calendar to develop their touring skills. It will also be a prerequisite that participants join at least one of the organised "trial" weekend tours to be arranged so that the organisers are completely satisfied with the capabilities of both rider and bike.

The tour is open to all CTA, Cycling 4 Pleasure, and Action Outdoors members, so book early to avoid disappointment. Numbers will be limited.

ORGANISER: Kleber Claux PH: 458-7519(H).

UPDATE: The response from the membership has been overwhelming as deposits come flooding in for the Anniversary Tour of 1994. We need more takers for options 2 and 3 (2: April 9-16 and 3: April 16-24) so that the transport will be viable. If you can spare a week of your time, come join in the fun! As you are aware, numbers will be limited, so first in with their deposits will be guaranteed a place.

The first social evening of 1994, on Friday, February 4, will be used for all 'tourists' to get together, discuss tour details and hand out trip kits.

It is proposed to have a trial weekend tour in mid-March.

Yours in touring,
Kleber Claux.



Supporting Cycling for over 60 years

ROY APPLETON

Proprietor

430 5414

JEFF APPLETON

Administrator

Fax: 430 4062

Mob: 018 916 881

66 Adelaide Tce, Fremantle WA 6160

MOUNT CYCLES

444-2892

379 Oxford Street Mt Hawthorn
Specialising in Service and Repairs

G.T.
Kojima
Protour
Repco
Peugot

*10% Discount
on all spares
to CTA Members*

Wandering Star Tour Reflections



The Wagin Argus found bike riders Stan Wieckecki, Paul Bonetti, Ann Wilson, Simon Koek and Mark Elliott at the big ram in Wagin during the Wandering Star Tour '93. Wagin was the only place that *nearly* had the cyclist's measure. After serving up a huge meal and watching us fall ravenously upon it, they then laughingly informed us that what we had just eaten was only the entrée!! We still had a roast dinner and desert to go!! Notice that I only said 'nearly' had our measure – we rose to the occasion and then suffered for our over-indulgence at our leisure.

A photo and write up in the local newspaper should ensure continued interest in cycling related matters for the people living in the Wagin area..

(Those of you that have seen the ram will know that the big white thing sitting on the top of Ann's head is not a cycle helmet!!)

The Secretary

Cycle Touring Association P.O. Box 174 Wembley WA 6014

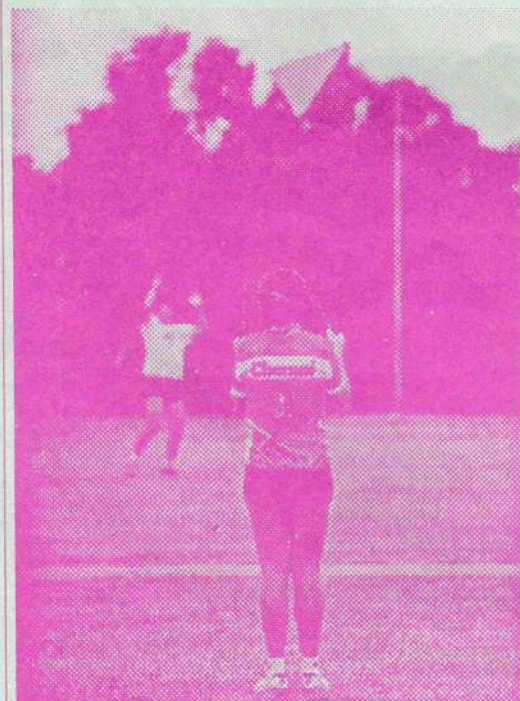
Having been part of organising, facilitating, and working on various committees over the last 100 years or so, it was such a pleasure to participate in the Wandering Star tour and not have to do anything except get on and off my bike! Whilst a little saddle and leg weary after the tour, my enthusiasm for cycling has been increased and I don't plan on chucking the new bike in the shed to rust away, so you may see me again on some of the CTA events.

My observations were that your Wandering Star organising committee went about their various roles in a harmonious and cooperative manner and it was a delight to be a participant in this wonderful experience. The attention to tour detail and the huge logistical efforts behind the scenes were self evident and successful, from my personal point of view and those that I spoke to. The event was a very professional effort and worthy of high praise. Would you please convey to the organising committee my personal thanks for a job very well done - thank you.

Please count me in for next years event, which falls due on my birthday. Not having spent a birthday in the saddle before will sure be a different experience!

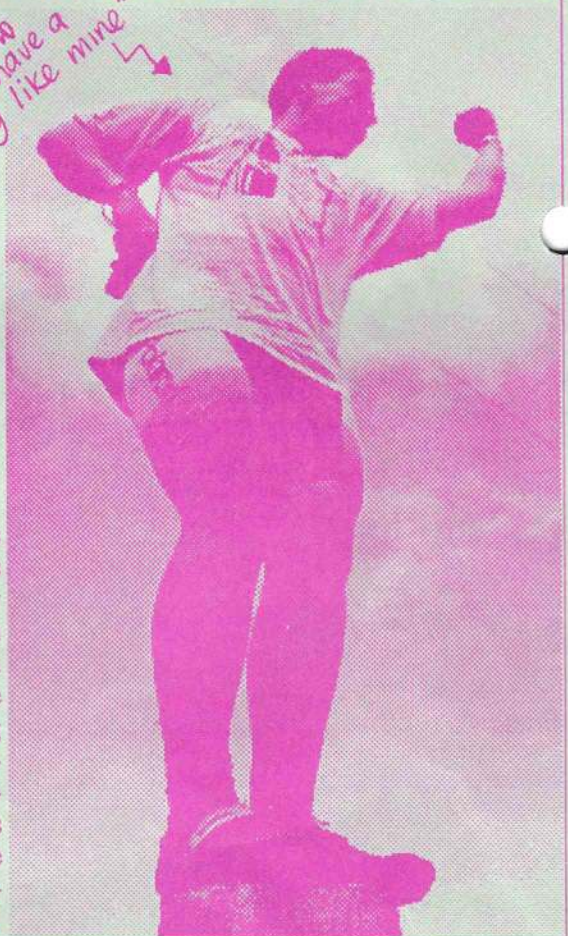
Yours in cycling and steady cadence,

Wes Carter

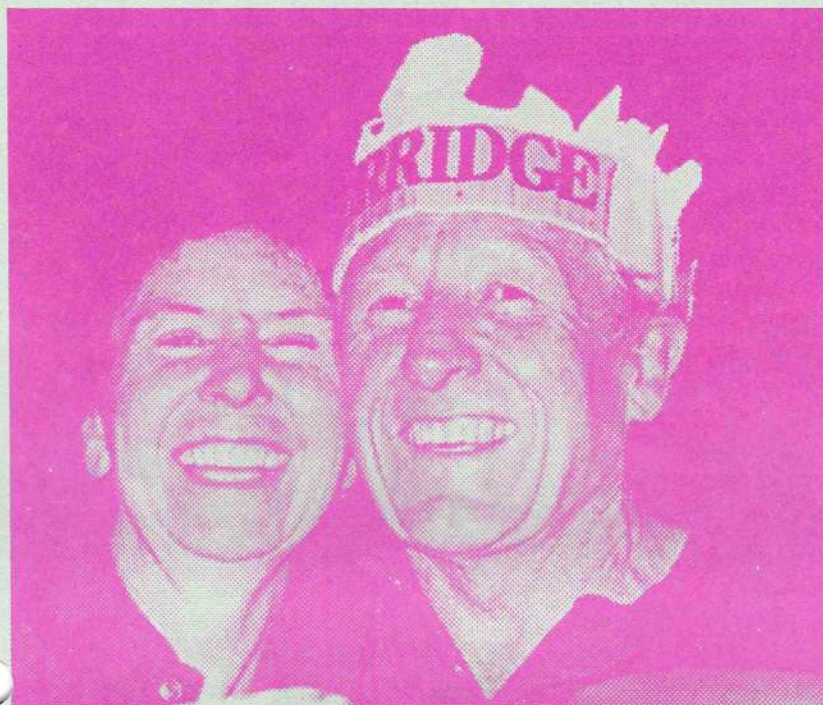


The President tries to throw away his kite but the Editor knows how to pull the strings!!

"you too could have a body like mine"



The Colossus of 'Roads' as portrayed by Mr Simon Koek Esq. Note the fine sculpturing effect of numerous Devonshire teas which were devoured during the tour!!



"ODE TO PORRIDGE (\$2.50!)"

To the tune of "Lili Marlene"

A poem by Barbara Farmer

Underneath the canvas, on the cold tent floor,
Darlin' I remember the way you used to snore;
There in the tangled sleeping bags,
With cold, wet towels and clothes like rags -
The Maestro of the Oatmeal, the Porridge King, my own.

Orders came for waking, porridge to be stirred;
"(You'd) better find a stick, dear" - excuses won't be heard.
The silence is broken everywhere,
The King emerges.....sniffs the air,
The Maestro of the Oatmeal, the Porridge King, my own.

See the queue is forming, in the misty dawn
GASPING for their porridge they CRAWL across the lawn.
"Plain or sultana?"Still they come!
"(Please) fill my bowl - or I'll be done"
"PLEASE! Master of the Oatmeal, the Porridge King, My Lord".

Long Live the King!



(Ed. Note: A poem in praise of our supreme breakfast chef, Colin Farmer, husband of our poetess - Wandering Star Tour 1994)



Olivers Cycleland East Fremantle

- A wide range of lightweight bikes and parts
- Expert Repairs and Wheel building

Member Discounts

Tel: 339-1415

166 Canning Highway
(cnr Staton Road)

ROCKINGHAM CYCLE CITY

PHONE: 527 4456

Proprietor Phil Acraster



"The Professionals"

REPAIRS TO ALL MAKES AND MODELS
FULL RANGE OF GENTS · LADIES · CHILDRENS CYCLES
TRIATHLON & LIGHTWEIGHT CYCLES
TRIATHLON & CYCLING CLOTHING & SHOES
EXTENSIVE RANGE OF PARTS & ACCESSORIES

READ STREET, ROCKINGHAM

Paddy Paein

THE LEADERS IN ADVENTURE

915 Hay Street
Perth WA 6000

DARYL K. DUXBURY

Telephone: (09) 321 2666
Facsimile: (09) 321 1990

The Bicycle Entrepreneur

COMPLETE RANGE
OF GENTS, LADIES &
CHILDRENS CYCLES

Open 7 Days Per Week
8.30 a.m.-5.30 p.m.

157a GREAT EASTERN HWY CNR CHARLES ST &
BELMONT GILL ST
277 9181 NORTH PERTH
444 3483



CYCLORAMA

SALES · SERVICE · REPAIRS
PEUGEOT KABUKI

- ALL MAJOR BRANDS STOCKED
- EXTENSIVE RANGE OF SPARES & ACCESSORIES
- ROAD & TRACK SPECIALIST
- B.M.X. CENTRE • EASY PARKING

1234 ALBANY HWY.
CANNINGTON

458 8302

ON YOUR BIKE- WANDERING STAR (GOURMET) TOUR

As a new member of the Over 55 Cycle Club, I decided that nine days of cycling would be a great prelude to a three months planned cycle tour of Tasmania and New Zealand. And so it proved to be! A wonderful nine days of cycling, eating, drinking and relaxing.

Now it is time to reflect on those events that will forever remain in our memories. At the invitation of the "early" group of riders on our Wednesday ride, here are my reflections of those nine days.

Day 1 and after loading our bikes on the truck the evening before we were off by coach to Wandering for lunch and a pre-ride briefing. This little "snack" was a foretaste of things to come.

Forty five kilometres later, and at our own individual rates, we ambled into Boddington, frantically found our bags and erected tents (a chore which became routine in days to come), borrowing a hammer from whoever was smart enough to bring one with them.

Our first day set the scene for the rest of the tour, ie after a days ride it was shower, change of clothes, a hot cup of whatever you fancied to drink and a relax until 6.30pm, when we ate what can only be described as gourmet meals, provided by local ladies auxiliary clubs or sporting clubs. And of course washed down with the odd tippie or three.

Day 2 was a pleasant, if somewhat damp 67km ride to Williams via Quindanning Hotel, where some of the lucky ones had a hot lunch and avoided the heaviest downpours. Sorry Betty and gang, but you would rush off at that amazing pace!

Day 3 was again a pleasant 44km ride to Darkan, where we arrived for lunch and were to spend the next day resting(?) This small town soon made us really welcome, and was to set the scene for towns to come. This was also to be the place that I was to have a conversation that was to renew a friendship started 35 years before, and during which time the only contact had been at an Aunt's funeral some years before.

Day 5 and after the delightful welcome of Darkan we set off on the 59km ride to Wagin. An unusual camping spot was the sheep pens at the Wagin Agricultural Show Grounds. However the Sports Complex was a magnificent venue, and the five course meal really finished off a wonderful days ride which included lunch on top of Mt Latham Lookout, 8kms out of town.

Day 6 was our longest day of 90km, and was highlighted by the comments of a lady I met and camped near the night before. As I rode by Angela Skinner, she announced to all who could hear within a 2km radius "There goes Barrie, we slept together in the sheep pens last night".

After invading Narrogin for lunch, (you soon found the good spots

by the large concentrations of bicycles by the shopfronts) and getting to know the locals (who were keenly interested in all the strangers wearing funny pants), we were off to Wickepin.

My initial reaction was "WICKEPIN! Dear God, what on earth are we going to do for a day and a half in this small town?!" I soon found out, and much to my enjoyment. I was also to renew that Darkan friendship after so many years, and what a delight it was. I was quite prepared to forego dinner to enjoy that lovely lady's company. As it turned out Margaret was on the local council and was partly responsible for our welcome to Wickepin.

Day 7 proved to be a real fun day, with some taking a 30km ride to Yearloring and some the 16km ride to the Albert Facey homestead. Remember, we all had to ride back again. So much for a rest day! However, 25 of us hired a schoolbus for the excursion to the Facey home. We had definite intentions of resting!

Day 8 was a 56km ride to Pingelly where quite a few made a visit to the 'local', while the rest of us set up camp under the only shade at the oval, much to the consternation of the local and visiting cricket fraternity.

The evening was filled with the farewell concert and showed some dubious and rare talent, which included a juggler, who attempted to set fire to the sports complex and a stand-up comic, who I'm to "funny like that all the time". The evening, unfortunately, also saw about 15 of our number fall victim to a rather nasty stomach and bowel disorder, which left them weak and rubbery kneed and definitely in no condition to do any further riding.

Day 9 proved to be a real stinker, with rain and gale-force winds which saw some actually change down a gear or more on the down hill sections, if they did not feel like walking. Heaven help them on the uphill bits!

And so ended 400km+ of fun, food, and friendship which I'm sure we will not forget, in particular the last 48km of hills!

There were many humorous incidents, depending on your sense of humour eg: John Davies falling off his bike twice, both times standing still; the local who, at 11pm, found his short-cut across Wickepin Oval on his motorbike somewhat interrupted. I could carry on but I'm not allowed to tell the tale of the irate visitor to the camp who seemed to have his hormones in a knot. I can only say it must have been horribly embarrassing to those concerned, but was hilarious if you were snug and warm in your sleeping bag!

However I will close with my thanks to the Over-55's for making me so welcome to their group... Betty and Jim Christie, Val and Ron Caporn, Barbara Bruce, Betty and Lance Webb, Diana and Mario Ollivotto and Frank Culverwell.

Barrie Thomsett.

ALL BIKES N' GEAR

Repair and service work guaranteed

Mountain Bikes

Triathlon

Racing

Cross Bikes

Children's

Accessories

Clothing

MOSMAN PARK

Ph/Fax 383 2075

634 Stirling Highway, Mosman Park

TUART HILL

Ph 349 1127/Fax 345 2530

77 Wanneroo Road, Tuart Hill

Safety Bay Bikes

Kim & Carolyn Polmear
64 Penguin Road, Safety Bay
Phone: 527-4846



- ★ Triathlon/lightweight cycles
- ★ Clothing and accessories
- ★ Adult and children's cycles
- ★ Parts & repairs

The One Stop Bike Shop

GLEN PARKERS BICYCLES



- SAFETY FLAGS & VESTS
- VARIETY OF HELMETS
- KARRIMOR PANNIERS
- CYCLE CLOTHING & SHOES
- ACCESSORIES & REPAIRS

Call in for friendly, professional service and advice.

12 1/2% Discount on all accessories on presentation of this ad.

124 STIRLING HIGHWAY, NEDLANDS
386 6408

EDITOR'S CHIT

Well rested from the 1993 Wandering Star tour and well distant of malfunctioning computers, I bid you greetings and joy for the coming festive season.

There's just so much living to be fitted into nine short days on these tours. A highlight for me is the chance to catch up with old mates often seen rarely between tours.

Other memorable events include:

*spending a day on a tandem with co-pilot Sharon Veleff and whooping like hooligans as a great and furious tailwind bore us into Wagin at amazing speed.

*climbing to the top of the Wickpin wheat silos at night only to be told by Mr AW at the top that what we had done was highly illegal.

*seeing a photo of a younger and much more 'robust' Alan Williamson on the Wickpin Hotel wall

*swimming amongst little black floaty bits (I'm sure it was blue-green algae) at Lake Yearlaring, watching the landlubbers get caught in a wili-wili.

*having someone thrust their arm into the tent I was sharing with Sharon at 5.30am with the request "Feel my pulse".

Fortunately, a good proportion of us came down with varying degrees of gastroenteritis on the last night and through to the following weekend back in Perth. Rest assured when I returned to work, gastroenteritis was the flavour (bad use of words) of the month there too.

Once again, to the organisers, a job well done!

Take care of yourself in the holidays, remember the sunscreen, and watch out for a new editor in the next edition. Thanks to all who've put up with my rantings and ravings to get the newsletter to print.

Ciao!

Editor.

GINGERNUT BISCUITS

A recipe by Greg Clements

Preheat oven to 160°C and grease baking tray.

Dry Mix

2 cups of wholemeal self-raising flour

1 tblspn of ginger

1 tspn mixed spice

1/2 tspn nutmeg

Wet Mix

1/2 cup of butter

1/2 cup brown sugar

1/2 cup golden syrup

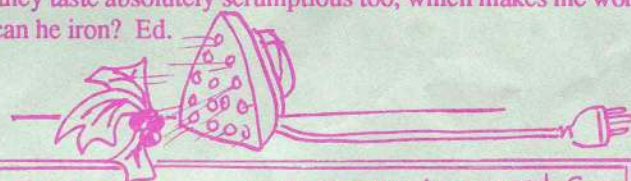
1/2 tspn baking powder

2 tblspns milk

Method

Melt butter in a saucepan and mix in the brown sugar and the golden syrup. Add baking powder and milk and mix well. Add the wet mix to the dry mix and ensure they are well blended. Roll into balls and flatten onto tray. Bake until golden brown (about 10-12 minutes). Makes 12 large cookies.

And they taste absolutely scrumptious too, which makes me wonder, can he iron? Ed.



THANKS... to Simon the harassed for getting me a rides calendar, Mark for the social calendar, all the people who contributed articles + recipes and my typesetter/layout expert Steve B.

Rides Calendar

December/January 1993/4

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner [to fit the axle nuts if your bike is not fitted with quick release hubs]. Most importantly, bring water!

DECEMBER 12 THE CTA AGM RIDE

30km, easy pace, flat terrain, 8:30am start. Meet at the big log in King's Park (Fraser Ave) for an easy ride to the Annual General Meeting in South Perth. The AGM promises to be exciting with morning tea - that is a devonshire tea, at '10ses'!

LEADER: Simon Koek PH: 271 2959 (H)(oh yes, there may be some official CTA stuff there too, or something)

DECEMBER 19 CTA CHRISTMAS RIDE 1

85km, touring pace, hilly terrain, 10:00am start. Meet at the Midland Railway Station. Ride to Gidgegannup and on to Lake Leschenaultia for lunch and a swim. Bring food and bathers. Cars and Families welcome.

LEADER: Mark Nilan PH: 397-0804 (H)

DECEMBER 19 CTA CHRISTMAS RIDE 2

40km, touring pace, not too hilly terrain, 11:30am start. Meet at corner of Bunning Rd and Toodyay Rd at 11:15am and join the riders from Midland. Bring food and bathers. Cars and Families welcome.

LEADER: Mark Nilan PH: 397-0804 (H)

DECEMBER 26 ALL MIXED UP

50km, mixed pace, mixed terrain, 8:30am start. Meet at the Causeway Carpark to join a mixture of C4P, CTA and BTA members for an exploratory ride from City to Ocean to River to Parklands and return. This has the makings of a Great Ride!

LEADER: Steve Blackburn PH: 339-3203

DECEMBER 26 AN AFTERNOON INFORMAL RIDE.

Meet at Causeway Car Park at 2:00pm. See page 2 for details.

JANUARY 2 A NEW YEAR'S RESOLUTION RIDE

40km, touring pace, a few hills terrain, 8:00am start. Start at the Causeway Carpark for a pleasant ride around Perth, a possible stop at the beach, and the ride leader will point out a good place for all those New Year's Resolutions!

LEADER: Simon Koek PH: 271- 2959 (H)

JANUARY 2 A (MOUNT) PLEASANT RAMBLE

30km, easy pace, flat terrain, 7:00pm start. Meet at the Raffles Carpark for a relaxing night ride around the Swan and Canning rivers. LIGHTS AND REFLECTIVE VESTS ESSENTIAL.

LEADER: Simon Koek PH: 271-2959 (H)

JANUARY 9 THE SPARROWFART SPECIAL

40km, moderate to easy pace, occasionally lumpy terrain, 6.30am start. Meet at the Raffles Hotel carpark for a short ride to breakfast and a longer ride home to work off the damage!

LEADER: Jenny Knight PH: 339-3196 (H).

JANUARY 9 (OFF)ROAD TO NOWHERE

35km, hard pace, hilly terrain, 8:00am start. ATB BIKES ONLY. Meet at Kalamunda Library carpark for a ride in the outback. Bring water and nibbles.

LEADER: Scott Davis PH: 459-0432 (H)

JANUARY 16 THE RIVER AND REABOLD HILL RIDE

60km, touring pace, some hills terrain, 7:00am start. Meet at the Raffle's Car Park for a ride following the river and visiting Reabold Hill, with a morning tea stop somewhere in Cottesloe.

LEADER: Colin Farmer PH: 330-4441 (H)

JANUARY 16 TEA ON SORRENTO QUAY

50km, moderate pace, mostly flat terrain, 8:30am start. Meet at the Lake Monger Carpark (on the southern side, closest to the Freeway) for a ride to Sorrento Keys for a morning tea.

LEADER: Mark Elliot PH: 382-1961 (H)

JANUARY 23 DECADENT DESCENTS

Not enough km, terrifying pace, downhill terrain, 7:00am start. Meet at Kelmscott Railway Station at 7:00am to load bikes. All those hills you've conquered with blood, sweat and tears, you can now sail down, as the Martin's bus will take you up to the top. Tea and coffee is supplied, but bring your own nibbles. Cost is \$10, 16 people maximum, tickets purchased from Mark Nilan.

LEADER: Mark Nilan PH: 397-0804 (H)

JANUARY 23 BRUNCH AT LAMONT'S

60km, moderate pace, mostly flat terrain, 8:30am start. Meet at the Guildford Railway Station for a ride to Lamont's for brunch.

LEADER: Noel Eddington PH: 293-1305 (H)

JANUARY 29 THE DUSK TO DAWN AUDAX 300KM

NOTE a Saturday start. Meet at the Midland Town Hall at 4.30pm, for a 5.00pm start. The route is Midland-Guildford-Gnangarra Road-Wanneroo-Yanchep-Guilderton-Gingin-Bindoon-Toodyay-Midland.

ORGANISER: Tom Freeman PH: 298-8226 (H).

JANUARY 30**SUE'S SWIM RIDE**

50km, touring pace, some hills terrain, 8:00am start. Meet at Carriage Coffee shop for a beach of a ride. Bathers (both persons and costumes) compulsory.

LEADER: Sue Nilan PH: 397-0804 (H)

JANUARY 30**INFORMAL RIDE**

Meet at the Causeway Carpark at 8:00am. See page 2 for details.

FEBRUARY 4 SOCIAL EVENING AND FILM NIGHT

Friday night social evening at the Ernest Johnson Oval Guide and Scout Hall end of Pilgrim St, South Perth, 7.00pm start. Tonight there will be a film presented (with a cycling theme of course!) as well as a chance to get together after the holiday break and exchange news. BYO nibbles.

FEBRUARY 6 THE FREEMAN'S SAUSAGE SIZZLE

32km, easy pace, not too difficult terrain, 9:00am start. Meet at Southern Cross Motors (at the top of Greenmount Hill on the Freeway) for a leisurely ride, finishing at Tom Freeman's house for a sausage sizzle - bread and sausages provided, please bring own drinks and bathers.

LEADER: Tom Freeman PH: 298-8226 (H)

FEBRUARY 6**SWAN VALLEY TOUR**

80km, moderate pace, flattish terrain, 8:00am start. Meet at the Bayswater Hotel Carpark (cnr of Drake St and Railway Pde, near the Bayswater Train Station) for a ride around the Swan Valley, with a morning tea stop.

LEADER: Janet Lankester PH: 272-5653 (H)

FEBRUARY 13**VALENTINE'S RIDE**

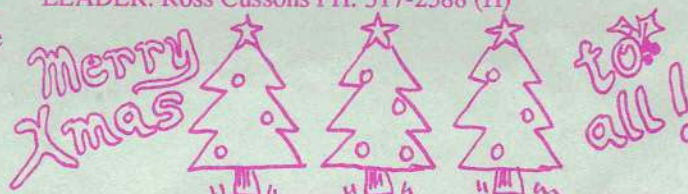
40km, friendly pace, flat terrain, 2:00pm start. Meet at Hossack Reserve (on Hossack Ave) for a ride to South Perth to have a LOVELY afternoon tea. Bring a friend.

LEADER: Richard Harris PH: 398-7086 (H)

FEBRUARY 13**MAGICAL MYSTERY TOUR**

50km, touring pace, rolling terrain, 8:00am start. Yet another mystery ride from Ross. Come and be suprised - bring your bathers!! Meet at the Carriage Coffee Shop in Fremantle.

LEADER: Ross Cussons PH: 317-2588 (H)



Typesetting: Steve Blackbourn

Printing: Terrace Print

C.T.A. COMMITTEE – 1993

PRESIDENT: Steve Blackbourn	339-3203 (H)	EDITOR: Jenny Knight	339-3196 (H)
VICE-PRESIDENT: Janet Lankester	272-5653 (H)	RIDES CO-ORDINATOR: Simon Koek	271-2959 (H)
SECRETARY: Sue Nilan	397-0804 (H)	ASST CO-ORDINATOR: Ross Cussons	317-2588 (H)
TREASURER: Paul Ellen	332-6902 (H)	SOCIAL SECRETARY: Mark Nilan	397-0804 (H)
ADMINISTRATION: Warwick Lang	337-2681 (H)	AUDAX REPRESENTATIVE: Colin Farmer	330-4441 (H)

CORRESPONDENCE To P.O. Box 174 WEMBLEY 6014

For MEMBERSHIP DETAILS CONTACT THE TREASURER