



## Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (Inc.)

VOLUME 129

JUNE/JULY 1996

EDITOR: Noel Eddington

### PRESIDENT ON PAGE ONE

Welcome to you all. As you may or may not be aware, I took part in a wonderful 6 week full pannier tour of Tasmania from February 2nd to March 17th. It was organised by the Touring Committee (thanks to them and in particular Peter Lundy), and it's great to see what can be achieved by active club members, and how it can really be tremendously rewarding for others. During my absence, I was glad to see that everything ran very well without me (perhaps too well — could it be that they don't need me anymore?!). I will take this opportunity to thank non-absent committee members and their helpers for all their hard work over the last few months (especially for the build up to and during Bike Week!). I suppose I should also thank Terry for his sterling effort in replacing me in the last newsletter.

Just recalling previous highlights, I must say that I was very impressed with the events CTA organised for Bike Week 1996. Of the 2 events I was able to participate in, we had a very good turnout of both CTA members and the general public, and I was very pleased that both were successful - I received only good comments from the participants. I was also very impressed with the skill and resourcefulness demonstrated by the members who helped organise and execute the evening barbecue in King's Park, and must congratulate them all heartily. Well done!

From all reports (as I couldn't go), Albany was very successful, and I must thank Terry and Desama and their family/prospective family-in-law. The 50km Achievement/Challenge ride was once again very popular, with all the participants enjoying a truly beautiful sunny day WITH ALMOST NO HEADWIND! Unfortunately, the prospect of bad weather discouraged all but one of the Gooralong tourists, but with the rain coming down, even he succumbed, and pulled out halfway to Jarrahdale. Fortunately, not all of our members are quite so faint-hearted, so even with the inclement weather at Dunsborough, it was still an enjoyable and quite challenging cycling weekend.

Another very successful event was the Social Night on Ride Leading. Graham showed himself as a very good facilitator, and in addition to answering many of the members' questions on ride leading, he was also able to compile some very useful ideas which all members in the club can draw from. The result of his efforts can be found inside this newsletter.

The June long weekend (June 1st to 3rd) sees the club exploring the area around Toodyay. From the wonderful old pub where we're staying, to the natural beauty of the Avon River, to the delights at the Pecan Hill Tearooms, this promises to be a relaxed and fun weekend, open to everyone. Please read the article inside this newsletter, and contact Stan W. for bookings.

The Century Challenge Ride is on Saturday, June 22nd, using the same route as last year. The ride last year was very picturesque: from the Lakes turnoff to Toodyay via a quiet backroad between Great Northern Hwy and Toodyay Road, to Northam along the banks of the Avon River, to York via the quiet road through Spencer's Brook, and finally back to the Lakes turnoff. Fortunately, we had glorious, sunny weather, so I'm crossing my fingers for this year! And as the ride is on a Saturday, I can rest on Sunday.

Christmas in July (July 27th to 28th) this year is in Yanchep. Saturday is the ride to Yanchep, starting at either of two points, depending on how far you feel like cycling, for a wonderful meal and night at the hotel. And on Sunday, depending on your mood/attitude/hangover, you can explore the caves and wildlife reserves before cycling home. Please read the article inside this newsletter, and contact Bridget W. for bookings.

Time and newsletter deadlines wait for no man (although perhaps the aphorism should be politically corrected to "person"), so I will wish you all happy cycling, and I'll hopefully see you on your bike!

Simon

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## RIDE LEADERSHIP

At the 12th April Social Night, we had interesting reports from the Tassie tourists telling tall stories about tall hills, cool(?) summer weather and of an island where the rivers flowed chocolate. I wish I could have been there too. Before that was the ride leaders' workshop. This was a great success with many contributions from the floor and more than one 'lively' discussion about cycling issues. It's good to see people passionate about their sport. Below is a summary of the contributions made by the members on the night. Our aim here is to encourage as many members as possible who are not currently leading rides to become ride leaders and so give all members the benefit of the diversity of knowledge and interests that exists in the club. If leading a ride on your own sounds too daunting, get someone to help you. Experienced club members and committee members will be only too happy to help. So go on, pick up the phone and please, please, PLEASE give our Rides Coordinator, Liz, a call now! Her numbers are; 454 6102 (H) or 239 2265(W) and 239 2295(FAX).

### PLANNING

#### Ideas For Rides

- Your own favourite places, or
- places you want to visit, or
- discuss with Rides Coordinator or discuss with experienced riders or Committee Members.

#### Route Planning

- Ride (or if not possible, drive) the proposed route, noting the distance and any hazards, before leading the ride.
- Carefully consider the starting point. Is it easily accessible by most people. (ie. at or near a railway station). Also consider those wanting or needing to ride to the start of the ride.
- If possible, write a detailed Route Description that can be given to the designated tail-end person. At least, note down the intended destination with contact phone numbers of the destination so the group can reunite if it is separated.

Consult with the Rides Coordinator to find the best time for your ride to fit into the Rides Calendar.

Write a short ride description for the Rides Calendar in the newsletter with the following details.

- Date, as agreed with the Rides Coordinator.
- Short ride title (see past newsletters for ideas).
- Ride distance. Be as accurate as possible, especially with the shorter rides intended for beginners. The difference between 30km and 40km may be nothing for strong riders, but for newer people it may push them to an extent where they may never come again.
- Intended pace of the ride - see Volume 128 newsletter Rides Calendar for the new pace designations.
- Type of terrain to be encountered; Flat, Hilly or Very Hilly!
- Starting Time. If the ride has to get away on the dot", designate a meeting time and a departure time. (eg. meet at 9.45am for a 10am sharp departure).

#### Plan For Emergencies

- Get one of the club first aid kits from your nearest committee member if no committee member is going on the ride.
- Be ready for minor mechanical problems, (eg. punctures) and carry a few simple tools for seat adjustments etc.

Be aware of emergency phone numbers, police, ambulance etc.

Estimate, with the help of committee members if necessary, the likely number of people that will turn up.

- If going to a restaurant use the estimate to book tables.

## BEFORE STARTING THE RIDE

Co-opt an experienced rider to be "tail-end Charlie".

Check the suitability of riders and their bikes for your event and have the courage to ask people not to come along if you feel they're not suited to the ride.

Check that all riders have helmets.

Check lights etc for night rides.

Count the number of riders. Remember this number, it's important!

Check everyone has adequate water, especially in summer!

Give a briefing.

- Introduce yourself, the tail-end person, other members and welcome non-members. We were all a non-member once. Encourage interaction.
- Announce future events, encourage other members to also make announcements.
- Explain the route, the intended destination, and any important points about the route; so that if people do become lost, they may catch up.
- Explain safety issues for group riding, such as:
  - Giving good verbal indications of intentions, eg "slowing", "Stopping", "Turning" etc..
  - Using CTA standard hazard calls, eg "Grate"
  - Taking care with traffic (many people have very little traffic experience).
  - Obey the road rules.
  - Don't ride more than two abreast.

## ON THE RIDE

Maintain a good structure.

- Ensure the pace suits the group. Review throughout the ride. Some riders will tire before others.
- Care for the weaker riders. Talk to them, encourage them.
- With large groups of mixed abilities consider splitting the group into two.
- Wait at *all* intersections so everyone makes the turn.
- Take breaks. Make sure that the last person to arrive is rested before taking off again. (Too often the last person struggles in and the leader immediately shouts "OK let's go").

Give safety calls where appropriate, eg, "Single File" at double white lines etc.

## AFTER THE RIDE

Count the riders. How many did you lose?

Remind the riders again about upcoming events.

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## MCD STRIKES RIDERS IN ALBANY

No not Mad Cow Disease. (Too) Much Chocolate and Decadence hit the sleepy King River Palms Caravan Park east of Albany over the Easter long weekend.

The CTA Easter weekend, organised by Terry and Desama was a great success for the 18 crew that headed south.

Most people (14) dribbled into Albany on Thursday night up to 11.30pm when Debra and I arrived as the last stragglers for the evening after unsuccessfully trying to gain sustenance in the raging metropolis of Albany.

On arrival we were welcomed into the 'Party' caravan, introductions were had with unknown faces. Stan and Kylie were still up which was a rare sight for the weekend.

Robert and Ann D. arrived bleary eyed early the next day with Mark and Ann W. bringing up the rear at lunchtime.

The tone of the weekend had been set. Late nights, a lot of chat accompanied by liquid indulgence.

Mary was last seen at midnight wandering around the park looking for the King River after her bottle of port had been impounded by her friends Caroline and Tina. What are friends for?

Friday started with the sleepy rise from the 3 caravans with the odd bedraggled lycra clad body wandering to the loos.

After the obligatory tea and toast (In Noel's case Hot Cross Buns - always the connoisseur) Graham rounded us up (see Terry's parents farm later) for a 30km odd return saunter to Emu Bay for some brunch. Just before departing Robert and Ann D. arrived, as previously mentioned, after a long trip over night via the coast which included an unsuccessful sleep in the Kingswood as time ran out. Consequently the scene on arrival was rather ruffled. This explained Robert devouring a tub of hot chips at the Emu Bay Cafe for breakfast. Ah! the food of champions.

The little inlet at Emu Bay was rather pretty with the glistening white sand and the gliding pelicans. The cappuccino's weren't bad either.

Back at camp a few slackers had stayed behind and played cards on the pretence of waiting for Ann W and Mark. Meanwhile Mary's friend, Tina, just slept.

Stan hadn't brought his bike, only Kylie. It was a cycling weekend Stan!, read the fine print.

In the afternoon a futile walk to a local winery, Wignalls, unearthed Terry's lack of map reading skills and recognition of holy holidays.

Confident statements of "it's only a 2km walk and it will be open" somehow was believed by a dozen sheep. So we set off. 4km later and a closed winery really impressed the beleaguered crew which had been reduced in number by a few mutineers who had already turned back. Various shuttles, thanks to Stan

and Paul, returned the wine buffs back to camp empty handed. Caroline, Mary's Irish friend, was really impressed.

With some time to kill Debra and I went for a drive to the beautiful area around Two Peoples Bay. The sand was as white as snow and the sea slightly unsettled from a light breeze as the sun went down. *[Sounds like a romance novel. - ed.]* A few fishermen were after their Friday night feed.

During our earlier visit to Emu Bay Bridget had got all motivated and organised a booking at 'Cravings' Cafe for the evening meal. Thanks Bridget the meal was enjoyed by all and those carafes of water on Good Friday went down a treat.

On return to the Park the 'Party' Caravan was the venue for gormandising some very large sticks of Toblerone courtesy of 'Mr Cadbury', Simon the Prez, who was holidaying elsewhere. The gesture was much appreciated by the troops. Mary was true to form having a quiet sip of some vino. 16 people in a caravan really impressed Stan and Kylie in the next room who had been visiting friends and returned earlier for some sleep. Stan was heard all weekend lamenting his choice of van.

Mary and I decided to solve the problems of the world over a half a bottle of port. We didn't get very far.

Saturday opened at a leisurely pace. The main event for the day was a BBQ lunch at Terry's parents farm 17 km north. After restocking supplies in the morning we rendezvoused at Neil and Jenny's by bike and car for a very welcome lunch. A relaxing time was had by all with all participants lounging on the lawn and pilfering figs. Who made the best muffins Bridget; you or Stan?

Afternoon entertainment was offered by 'Hells Angel' debutante, Desama, and a tour of the farm on various farm vehicles and bikes. The highlight was some very confused cattle being rounded up by Graham on his mountain bike. Mad Cow symptoms could be detected amongst the confusion. Desama displayed her skills at traversing open ground on a 4wd motor bike at speed that turned her passengers into babbling loonies with white knuckles. There was that glazed look in Desama's eyes as the blur of woman, machine and passengers roared past the cheering audience.

After the dash home to the park lead by the pocket rocket Ann W., Mark and Paul the late afternoon was to individual pursuits.

Saturday night was spent around the fire with much bu./...t and chit chat. Mary had one eye on the Port bottle while amorous Paul turned into Don Juan much to Debra's surprise. We could only surmise that Paul was practising his 'World Championship Wrestling' neck hold for future use. Paul was last seen mumbling "I think I need some help to get back to my caravan (hic)". Thanks Paul, the fruit port of yours was very nice.

Caroline, Ann D. and Tina wondered back from the Tavern across the road after checking out the local talent. Not much in the offering I believe.

Ann W was rumoured to have slept with her bike. Isn't love grand.



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Sunday morning peace was shattered by an apparition of a gigantic Easter bunny with a cute tail, aka Janet, plunging into peoples dreams with deliveries of chocolate eggs. The yelps and cracking of eggs could be heard throughout the park.

After copious quantities of chocolate being redistributed amongst the 3 caravans hot cross buns and coffee were standard fair prior to our leisurely ride to the Whale Station now known as 'Whale World.'

Before we left we had a hilarious display of right person / wrong bike care of Tony and Ann. W. Yes Ann did look like a fairy on top of a Christmas tree while Tony appeared to have a bike grafted to his knicks as he walked around. It made for some light entertainment for the other campers.

After remounting their own trusty steeds Tony displayed his skills of falling off (again) with style and flair in a cloud of dust. Well that's just Tony isn't it? Keep up the practice Tony.

Today's ride was a leisurely journey to Whale World with lunch at the complex overlooking the bay. The weather was magic with clear blue skies and inviting water.

The cycle was broken by a stopover at the gap and natural bridge to wander around the rocks and take a few photos with the 'other' tourists.

After gormandising on the yummy salads, chips and rolls with the odd cappuccino the party moseyed on down to the local bay for a walk and swim. We were joined by Stan, Kylie and Stan's Mum before heading back to camp.

The days ride was a pleasant 50 - 60km.

In the evening the local Tavern provided the entertainment, food and boot scooting demonstrations from the locals. Stan provided a dancing display of jiving with an assortment of partners to the appreciation of the audience.

The solo country/rock and roll singer was so overwhelmed with our cheering she was at a loss at what to do for an encore. She dug deep for that one more song. Her Mum and Dad behind our table thought she was just great.

After being kicked out at 9 o'clock the night ended with a chocolate overload courtesy of Bridget's Birds Nest (shredded wheat) chocolate sponge adorned by multitudes of choky eggs.

A joke fest ensued with Debra rendering the guys impotent in retaliation to her anti-men jokes. Ann W. scored the contest game set and match at 40-love. As the jokes got rougher, the champagne, beer, wine and chocolate ran out the bleary eyed revelers headed back to their beds.

Rumour has it that Mark was being fed chocolate(?) through the window of his caravan by Caroline and the girls. There must be more to that story. Wouldn't they let him in?

The middle of the night was shattered in the 'party' caravan where Stan, Noel, Debra and myself were sleeping when Debra had an 'out of body experience' (as Stan called it). You can ask Debra for the details in all its graphic description.



Ann on Tony's bike & Tony on Ann's bike King River Caravan Park.

Monday arrived with a flurry of packing and cleaning for a 10.00am kick off.

The journey home was happily broken at 'Southaven' historic homestead where more food and beverages were consumed when we regrouped for lunch. The host, with her daughter, was run off her feet trying to keep up with the demands for the scones and pots of tea. A very pleasant break in the five hour journey home. Farewells were had for the end of a great week-end of riding, laughs and oh too much chocolate.

Thanks Terry and Desama for the organisation.

By Mark H.

### CTA 50km Achievement/Challenge Ride

It was a lovely day at Bullsbrook for the CTA 50km Achievement/Challenge Ride, the first ride of both the Super Achiever and Challenge Ride Series. All 30 participants successfully completed the ride in excellent riding conditions. They were:

Marion Affleck  
Dennis Braddon  
Kleber Claix  
Janet Deverill  
Mark Elliott  
Liz Green  
John Hassell  
Anthony Humphreys  
Peter Lundy  
Mary McWalter  
Jessica Munday  
Colin Pearce  
Max Talbot  
Lance Whiteford  
Bridget Woodroffe

Bruce Beecham  
Graham Blackwell  
Peter Curnow  
Noel Edding  
Mike Flo  
Mark Hallam  
Marilyn Hassell  
Simon Koek  
John Meakin  
Allan Munday  
Leslie Munday  
Debra Shaw  
Tom Wall  
Stan Wiechecki  
Tony Yates

### EDITORS CHIT

Here we go with another newsletter off to the printers; gee it only seems like last week that I was tearing my hair out after the front page started going tropo on me. It was less of a drama than the first one though!

Thankyou to those people who supplied the photo's for the last issue. they add interest and break up the articles. This issue looks like there won't be enough space to put all the articles in so I will hold an article on New Concrete DUP's for next issue.

I read in another club's Newsletter, the editor asking the question "Is there anybody out there?" I'm glad to say that within the CTA there are people out there who are reading the Newsletter and coming on the rides.

However, there does seem to be a large proportion of club members who come on very few rides. If you are one of these people and you don't think you are being catered for within our rides calendar, let us know. In particular let Liz know and suggest a ride that you would like to go on and/or lead.

Easter at Albany was a good break (see Mark's article page 3).

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*The One Stop Bike Shop*



*Editor cont. from previous page.*

Dunsborough was also an enjoyable weekend, with eight people making the trip down. Saturday the group set off on a trip of around 60km under grey skies. The first shower was watched from the bakery veranda. Later on we weren't so lucky!

We for lunch at Rivendale Gardens to dry out and get some colour back in our lips, (especially Ann).

From there it was all down hill to Happs Winery for the pottery. We eventually got back to camp for a warm shower. We all piled into Mary's camper van for the trip to the pub and dinner. Sunday the group headed to Sugar Loaf Rock and I found that my front tyre was flat just as we were leaving. A quick change and we were back on the road to some more bays and the high light of the trip, the Cape Naturaliste light house. Everyone had a good time, so come along on the next one on the June long weekend at Toodyay.

## GOO - RA - LONG WAY TO CAMPSITE

Angiorno readers. Saturday 20th April arrived in an anxious moment, as I was testing my latest purchase of CAMELBACK bladders to be carried backpack style. B....y xxx Diluted orange juice squirting over kitchen and lounge floor. Where's the valve regulator end bit? How much? Fourteen dollars! Sod it; use the OZ product 'Quick Drink 2000'.

Arriving a couple of minutes after 8am and waiting a few minutes more, hoping I hadn't missed the group; Simon trundled along to inform me no participants would be riding today due to ominous weather.

With map and blessing from ~EL PRESIDENTE~, I set off to Jarrahdale. Upon approaching Forrest Rd; the wind and rain broke my optimistic trance. I donned my bright red jacket purchased at Collie last year - it will keep me dry? yes? Wrong; I was wet, wet, wet, never mind soldier on. At the end of the Kwinana Freeway (I say Highway), "Crikey, my legs are tired". Tiger (my bike), said "Lets go to sister's place and have brekkie". So I detoured to Kwinana for the days remainder.

On Sunday I rested, went to the CSBP fertiliser factory's open v. Free sausage sizzle, drinks, ice-cream and a couple of sam-bags of fertiliser. Good stuff! [Trust you Devo - Ed]

Monday was school time for nephews and niece while I journeyed to the Jarrah via Thomas, Johnson and Orton roads. The latter seemed to go on for ever, passing Casuarina Prison on my best behaviour not to be busted. [Something your not telling us? - Ed] Somehow finding my way to Byford for lunch and provisions, having small chat with shopkeepers informing me that the Gooralong campsite is becoming popular with the local hoons.

Tyrepower, on the corner of South Western Highway and Nettle-ton Rd when turning left, is long and tiring. I remember this road from last years jaunt. I'm not as energetic as Kleber, so I needed some short breaks and RED STONE STUD Equestrian Centre seemed to be midpoint of the long haul. After crossing the railway tracks, I'm near the township. Upon reaching the end of Nettleton Rd. (BIG YES!) turn left, cross the bridge and find the nearest shop. A Fish 'N' chip shop closed Monday and Tuesday. Never mind, strive on past the cemetery to the campsite - beware the gravel roads. A couple of cars were leaving as I arrived. After setting up camp near last years spot, I rested and enjoyed the remainder of the day. I heard a couple of hoons practicing 'Eat My Dust' nearby while a Kookaburra and camp fire were my companions.

Next morning a 9.30 am Tuesday, returning to Perth via Jarrahdale Rd, (another long and tiring haul), some short breaks later, then left on Albany Hwy pining for the Waterwheel lunch stop and a chatter with their galah. After departing it's all downhill to Armadale. Careful riders, as many big rigs travel this road and are not keen to slow down for bicycles and trailers.

Finally stopped at the Armadale Train Station, paid and boarded for a rest to Perth. 'Tiger' and Trailer endured the long journey very well despite the rain, dirt and chain stress from those tiring hills and no punctures!!

**Don't Worry - Be Happy.DEVO.**



## NEW MEMBERS

The CTA would like to welcome the following new members to the club. We hope to see you soon on, the rides and at the social nights.

Leon Megaw

Allan & Janet + Munday Family

Wesley Hughes

Bruce Beecham

John Barber

Ruby Johnson

Deanne Ketting; who we apologise to for missing out of last newsletter, sorry.

If you have any queries regarding membership, please contact Bridget on 444 5098



# Bikewest

*Encouraging Cycling, Promoting Safety*

Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

**Tune in to Radio 6NR on Thursday nights  
6.30 - 6.45pm  
Put a smile on your dial and tune to 927KHz**



## ON YOUR BIKE WA TALL TIMBERS TOUR 1996

**19 TO 27 Oct 96, Saturday to Sunday,**

Contacts: CTA (09) 271 9409 (H) or (09) 381 8548 (W) or write to On Your Bike WA, PO BOX 282 Inglewood 6502. A nine-day fully supported camping tour through the picturesque South-West of WA. The tour starts in Balingup with overnight stops in Nannup, Pemberton (2 nights), Manjimup, Bridgetown (2 nights), Boyup Brook, and Donnybrook before returning to Balingup. Tour cost is \$300 including transport to and from Perth (\$270 without). Ring contact number for free colour brochure with full details.

## GREAT PERTH BIKE RIDE 1996

**27 Oct 96, Sunday,**

Contact: Judith Stallard, BTA, 470 4007 (8am to 8pm)

This year's ride will be bigger and better than the inaugural ride held last November which set a record as Perth's biggest bike ride with 1600 registered riders. Mark the date in your diary now - Sunday 27 October 1996!

## OPPY PASSES AWAY

Australia's most famous cyclists, Sir Hubert Opperman, died on 18 April at the age of 91. He started out as a telegraph messenger and became famous in the 1920's, winning many cycling races in Australia and Europe. In 1940, he set a world record by riding 787.9km in a 24 hour period. This record stood for 50 years until it was broken by WA's Rod Evans (manager of Bikewest until recently). In his younger days, Oppy caused a sensation in the WA Parliament by riding from Perth to Albany taking 30 minutes less than the fastest train service of the day. A true legend, who will be remembered forever!

## BTA MEETING - THE NORTHBRIDGE TUNNEL

On Monday June 17, the City Northern Bypass (Northbridge Tunnel) project will be the main agenda item. Staff from Main Roads WA and the contractor for the tunnel project will be in attendance to answer your questions. As the contractor will be responsible for both design and construction, this will be a good opportunity to provide input on cycling issues, both for the construction period and the final design. Because the road through the tunnel will be freeway in all but name, cyclists will almost certainly be banned from the tunnel itself. Here is a chance to have your say on alternate bicycle routes both along and across the tunnel route.

## FOR SALE

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Cr.Mo. triple butted 12 gears, cantilever brakes, dia-compe, toe clips, halogen lighting, sugino GT chain set. Excellent condition, hardly ridden.

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Touring bike, 15 speed, 40 spoke rear wheel, aluminium mudguards, Cateyemate bike computer, front and rear alloy racks, Cantilever brakes, IKU halogen lighting. Excellent condition.

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Contact: Michael M.

Ph: 331 1959(H) 335 4855(W)

## TOODYAY LONG WEEKEND

**June 1 to 3**

80km/ Medium / Hilly/Terrain

Meet at the Midland Town Hall at 9.00am on Saturday for a 9.15am start, with panniers for a very scenic ride through the hills to Toodyay. We will be guests at the Freemasons Hotel as usual. This should be an excellent weekend because the club hasn't spent a long weekend at Toodyay for a very long time, if ever. There will be lots of good riding, good food and of course there's a winery close by(sic). Also of interest is Hoddyswell Archery Park, Northam, The Avon River and Irish Town.

Alternatively you can drive up and meet us at the hotel.

Stan W

448 2335 (H)

## CHRISTMAS IN JULY 27TH TO 28TH JULY

This years ride is to Yanchep National Park to celebrate Christmas with the Koalas. There are two starting points:

10.00am Raffles Hotel - Leader Terry B. 459 2397 (H) Approximately 30 km up the freeway to pick up lunch at Joon-dalup before meeting the others at Currambine Train Station.

12.30pm Currambine Train Station - Leader Simon K. 326 4971 (W) Approximately 35km along Marmion Ave then onto quiet market gardening roads to the National Park.

We will stay overnight at the old Yanchep Inn (\$20 each) and the three course festive meal is \$25 a head. BYO breakfast (tea and coffee provided).

The next day is a choice of an early return to Perth (meet out the front of Yanchep Inn) or stay and explore the caves with a tour at 10.30am (\$2 entry). Confirmed bookings due by Friday 19th July.

Bookings: Contact Bridget W.

444 5098 (H)

## INFORMAL RIDES

For those of you who don't wish to join the organised ride of the day but would still like some company, a time and a place will sometimes be given for informal rides. This is generally the Causeway car park (number 2, near the bike shed) at 9.30am. It is up to those who turn up on the day to decide where and for how long to ride. This may mean that separate groups may decide on a short, easy or long, hard ride etc. try it out if none of the rostered rides appeal to you - you may like it!

## Audax's Saturday morning Training Ride

Every Saturday morning Audax runs a training ride which begins at Canning Vale at 7.30 am and comes past the Raffles Hotel at 8.00 am. CTA members are welcome to join the ride at 8.00 am for a pleasurable ride to Fremantle for a Cappuccino. All welcome.

Contact Don B

for more info on 458 8175 (H)



## CTA RIDES CALENDAR JUNE / JULY 1996

Any cyclist coming on a ride for the first time should consider starting with an 'easy' ride. If you have any questions about the ride please telephone the Ride Leader. You will need to wear a helmet and bring lights on a night rides. And most importantly, **BRING WATER!** See you soon!

### **Sunday June 2                      A Bicycle Bush Adventure**

Medium / 3 hours / MTB / Moderate Terrain

Meet 8.30 am Mundaring Hotel (not at the Weir) for an exploratory ride through beautiful undulating bushland. This once die hard downhiller still craves speed and excitement, so come and see if she finds it. All levels welcome. Mountain bikes only.

**Leader: Liz G**

**Ph: 454 6102 (H)**

### **Saturday to Monday,              Toodyay Long Weekend June 1-3**

See newsletter article page 6 for more details.

**Organiser Stan W**

**Ph 448 2335 (H)**

### **Sunday June 2                      Informal Ride**

Meet Causeway carpark 9.30am. See newsletter article page 6 for more details.

### **Sunday June 9                      A Presidents Preoccupation**

55 km / Easy / Mostly Flat Terrain

Meet 9.00 am at the Raffles Hotel for an interesting jaunt in a southerly direction. Of course a fuel stop is guaranteed but where will it be? Come and find out.

**Leader: Simon K**

**Ph: 271 2959 (H)**

### **Friday June 14                      Social Night**

Meet at Ernest Johnson Scout and Guide Hall, off Pilgrim St, South Perth, at 7:00pm. Come along and catch up with your fellow CTA members, and find out what's hot in the club and what's not!

**Organiser: Graham B**

**Ph: 242 4485 (H)**

### **Saturday June 15                      Audax 50/100/200 The Wheat Belt Tight**

**Organiser: Don B**

**Ph: 458 8175(H)**

### **Sunday June 16                      Noel's Rocky Ride**

65km / Medium Hard / Mostly Flat

Meet at Perth Railway Station (Wellington St) for a ride to Rocky Pool for lunch. BYO lunch, or buy along the way.

**Leader: Noel E**

**Ph: 470 6797 (H)**

### **Saturday June 22                      Century Challenge**

160km / Hard / 9.5 hours limit

Meet at the Lakes turn off (at the intersection of the Great Northern and Great Southern Hwys) at 7:30am for a 8:00am sharp start. The course is 160km within 9.5 hours. MEMBERS ONLY.

**Organiser: Simon K**

**Ph: 271 2959 (H)**

### **Sunday June 23                      Informal Ride**

Meet Causeway carpark 9.30am. See newsletter article page 6 for details.

### **Sunday June 30                      Southern Beaches**

75 km / Medium / Flat Terrain

Meet 1:00pm at the Raffles Hotel for a trip to a southern beach, along a windy trail. Come and discover some 're-vamped', well trodden trails through southern terrain.

**Leader: Steve B**

**Ph: 313 2814 (H)**

### **Saturday July 6                      Lundy's Lovely Lake Leschenaultia Lumber**

75km / Medium / Hilly Terrain

Meet at 9:00am at the Midland Town Hall for a lovely ride to Lake Leschenaultia via Gidgegannup led by the luscious Peter Lundy

**Leader: Peter L**

**Ph: 041 993 3643 (M)**

### **Saturday July 6                      A Raffles Ramble**

20 km / Easy / Flat Terrain

Meet 2:00pm at the Raffles Hotel for a leisurely sojourn to Point Walter, returning after some serious afternoon teas have been sacrificed.

**Leader: Neil S**

**Ph: 364 3899 (H)**

### **Sunday July 7                      Northern Suburbs Adventure**

70 km / Medium / Flattish Terrain

Meet Causeway Carpark 9.00 am for a meandering northerly jaunt through the northern suburbs for morning tea at Hillarys.

**Leader: Tony H**

**Ph: 447 9014 (H)**

### **Friday July 12                      Social Night**

Meet at Ernest Johnson Scout and Guide Hall, off Pilgrim St, South Perth, at 7:00pm. Come along and catch up with your fellow CTA members, and find out what's hot in the club and what's not!

**Organiser: Graham B**

**Ph: 242 4485(H)**

### **Saturday July 13                      An Afternoon Tea with Tony**

30km / Easy / Mostly Flat Terrain

Meet at 2:00pm at the Causeway Carpark for a ride to Ellis House for an afternoon tea.

**Leader: Tony H**

**Ph: 447 9014 (H)**

### **Saturday July 13                      Audax 300 The Blue Manna Nip**

This is the last Audax 300 for the year, and so this is the last chance to do the 300km Achievement Ride for the Super Achiever Series.

**Organiser: Don B**

**Ph: 458 8175 (H)**