

# THE CHAIN LETTER

Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (INC.)**

**November/December 1999**

**Issue 149**

## Silver Anniversary Dinner

As most members will realise, the CTA's Silver Anniversary Dinner has come and gone. Those of you who attended will recall what a wonderful evening it was. The venue was modern and well presented and I think everyone enjoyed the food (very important for cyclists!). We were entertained with: a welcome speech by yours truly; a recounting of the early days of the CTA by our first president James Harwood; an insight into the formation and early administration of the On Your Bike by Ron Bowyer; and a slide presentation of scenes from memorable CTA rides by Dale Neill.

It was a chance for us newer members to meet some of those who have been talked about from days passed, and for those who have not been involved for a while to meet the newer members and see what the club has been up to in recent times. In short it was a gala event for all, and a most memorable occasion.

I would like to pay tribute to my committee for their work in getting the event organised. I would also like to pay special tribute to our secretary, Desama for undertaking the role of coordinator and chief organiser. Without her dedication and plain hard work, the event would not have been the success that it was.

For those who didn't attend, unfortunately there won't be another opportunity to have another go next year!

Mark

*These three beautiful young ladies prove that cyclists can get dressed up*



*11 of the 21 past recipients of the Cycle Tourist of the Year award enjoying the evening.*



*10 of the 13 past CTA presidents were also present.*

*James Harwood, the first president and Mark Elliott, the current president do the honours*



Please send all articles and pictures for the next newsletter to the Editor no later than December 20.

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*The organiser and hostess for the evening greeted us at the door with a smile*





## CTA COMMITTEE

### PRESIDENT

Mark 9382 1961 (H)

### VICEPRESIDENT

Graham 9450 3545 (H)

### SECRETARY

Desama 9472 9887 (H)

### TREASURER

Ann 9444 5160 (H)

### EDITOR

Terry 9472 9887 (H)

### RIDESCO-ORDINATOR

Steve Blackburn 9313 2814 (H)

### RIDESCOMMITTEE

Janet 9319 9526 (H)

### COMMITTEE

Patricia Whiteford 9249 1970 (H)

Lance Whiteford 9249 1970 (H)

Please contact the Treasurer for Membership details and send all correspondence to:

P.O. Box 174 Wembley 6014

CTA Email: cta\_wa@yahoo.com

## NEW MEMBERS

A hearty welcome is extended to the following new members who have joined since the last Newsletter.

Mike DiLallo

Kate Smith

Hope to see you "on your bike" on one of the rides!

## FOR SALE/WANTED

Members can place advertisements under this heading free of charge and may include anything cycling related.

### FOR SALE

#### Cycling Shoes

FREE

Carnac Active spd shoe including cleats. Good condition and hardly worn since Steve finds them too narrow. Unsure of size but approximately size 9.

For more information contact:

Steve Gunnell ☎ 9333 8860.



# Tours and Weekends

## 2000 ON YOUR BIKE TOUR

October 21-29

Planning for next year's On Your Bike Tour is now in progress and will be called the "Sou' West Forests Tour". The tour will start with the participants being coached down to Capel from Perth. Then it's "On Your Bike" to Busselton, Margaret River, Augusta, Nannup, Pemberton, Nannup, Donnybrook and back to Capel. The tour finishes with participants being coached back to Perth.

For further information please call:

Tour Leader: Ann ☎ 9444 5160 (H)



## Riding to Work

### Reasons FOR Riding to Work

- ◇ Can't afford the bus fare.
- ◇ Can't afford a car.
- ◇ The wife says if I don't lose some weight I'm out on the street.
- ◇ I've got a carton on this with a mate - he reckons I'm not up to it for eight weeks.
- ◇ It's quicker than the bus - and more reliable!
- ◇ My doctor says if I don't get some exercise I'll be dead in three months.
- ◇ I've given up smoking and its the only way I can get some fumes in my lungs regularly.
- ◇ I own a 50% share in a company that manufactures bicycle parts.
- ◇ I gave my 95 year old grandmother a \$1200 mountain bike for Christmas and she's never used it so instead of seeing all that money go to waste I thought I'd better use it.
- ◇ It saves me from missing my workout at the gym because I had to sit in a traffic jam for an hour.
- ◇ It gives the motorists of the opposite sex the chance to look at pumping lycra clad buttocks!

### Reasons for NOT Riding to Work

- ◇ Tropical Cyclone Vance.
- ◇ Pulled a hammy playing cricket with the kids.
- ◇ Big black dog in South Perth.
- ◇ I'm psyching myself up to it.
- ◇ I'm too busy at work.
- ◇ I just need to get the bike fully serviced.
- ◇ Still mustering the courage for the 5km trip.
- ◇ I took the second week off due to sore muscles from the first week.
- ◇ I'm preparing myself mentally for a big finish.
- ◇ I almost rode in but changed my mind (does that count?).

## RAIN JACKETS

A new product by Maresa is available to CTA members at a special price of \$135. The jacket is made from 'Breathalon' and is breathable, waterproof and wind-proof. It is well made and highly visible. Contact Graham on 9450 3545 for further details.





# Annual General Meeting

**SUNDAY NOVEMBER 28 1999**

**Venue:** The Loftus Community Centre, Loftus Street, Leederville (see map below)

**Time:** Morning Tea at 10:00am, Meeting at 10:30am

## AGENDA

- ◇ Minutes of the 1998 Annual General Meeting
- ◇ Reports from the President, Treasurer, Rides Coordinator, Editor, 1999 On Your Bike sub-committee
- ◇ Super Achiever and Challenge Award Recipients
- ◇ Cycle Tourist of the Year Award
- ◇ Ride of the Year Award
- ◇ Newsletter Article of the Year Award
- ◇ Election of Office Bearers for 2000
- ◇ General Business
  - Increase in club membership fees (propose \$5 p.a. increase)
  - Cycle Tourist of the Year award conditions
  - Other Business

## CYCLE TOURIST OF THE YEAR

Nominations are called for the 1999 Cycle Tourist of the Year. The award is made by the CTA to the member who, in the opinion of the membership, has contributed the most to cycle touring and the CTA throughout the year. Criteria to assist in selecting the Cycle Tourist of the Year have been prepared and are printed on the back of the nomination forms. Past recipients can not be renominated. Note that if you believe no member has suitably demonstrated the qualities required for this award, you may nominate "No Award". If the number of "No Award" nominations exceed the total number of member nominations, then no award is made that year. The previous recipients of the award are:

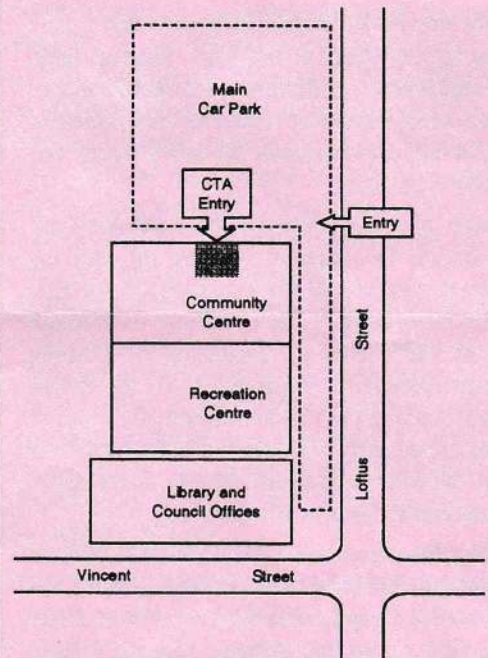
1978 Nicole Harrison	1986 Ron Bowyer	1994 Stan Wiechecki
1979 Wayne Lally	1987 John Sherwood	1995 Peter Lundy
1980 Neil Porteous	1988 Martin Bunney	1996 Ross Cussons
1981 Mark Bettell	1989 Kleber Claux	1997 Janet Devrill
1982 Dale Neill	1990 Arie Lemson	1998 Tom Wall
1983 John Martin	1991 Brett Rutherford	1999 ?.....
1984 Ian Hore	1992 Simon Koek	
1985 Bob Stockman	1993 Mark Nilan	

## RIDE OF THE YEAR

This is an opportunity for you to nominate your favourite ride, weekend away or tour. It is an opportunity for you to show your appreciation to a ride organiser, and for the club to recognise and reward their effort. Note that the On Your Bike Tour can not be nominated.

## ELECTION OF COMMITTEE MEMBERS FOR 1999

Nominations for President, Vice President, Secretary, Treasurer and six (6) Committee members can be received up to and on the day of the AGM. All nominations shall have a proposer and a seconder, and shall be announced at the AGM. Nominees, proposers and seconds must all be voting members of the CTA.



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# Southern Peaks Tour '99

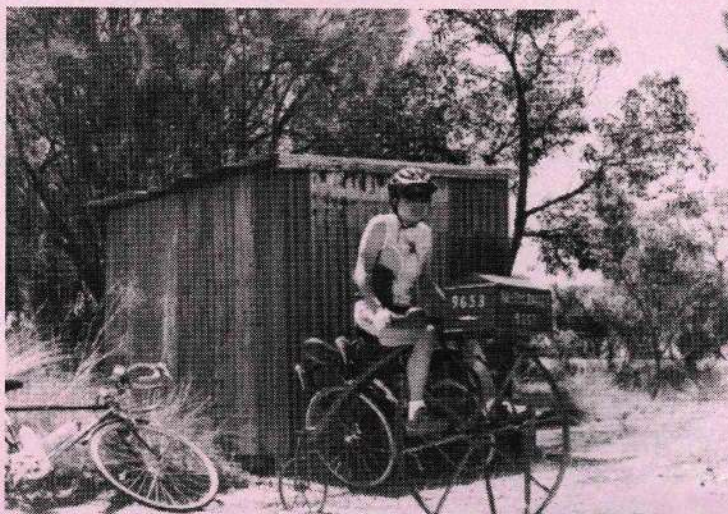
I have just returned from a very memorable nine day cycling trip called the 'Southern Peaks Tour 1999' organised by the Cycle Touring Association of WA. The tour went through the picturesque and often mountainous area of the South West of Western Australia.

We arrived at Mount Barker for lunch then set up our tents at the local caravan park. Some people then cycled off to explore places of interest and others visited the local wineries. That night over dinner we got to know our fellow cyclists.

After a cold, wet night we woke the next morning to sunshine peeping through the clouds and set off for Denmark on our first day of cycling. The road took us through some hilly country consisting of farming land, forests and wildflowers. We had morning tea along the way and arrived at Denmark for a late lunch. We camped at the local oval by the River and spent the rest of the afternoon enjoying this scenic town.

Day three we battled a head wind to Albany through Borholm and Torbay. Some detoured to Cosy Corner for lunch while others carried on to the Albany Leisure Centre

*Some people wanted to trade their bikes in for this Penny Farthing mail box*



*Volunteer mechanics Kleber, Hooky and Max hard at work repairing bikes before dinner is served*



*Lunch by a river on the way to Albany*

where we spent the next two nights. Albany turned on picture perfect weather. By this time we had all been issued our purple "On Your Bike" shirts which made us easily identifiable in the various tourist spots in Albany and surrounds.

The wind was kind to us on day five and helped us on our way to the Porongurups. In the afternoon people cycled or walked to a nearby winery or coffee shop while others did a spot of hill climbing. We camped at the Porongurup Caravan Park and had a three kilometre hike to a local hall for dinner where a roaring wood fire took the chill off an otherwise bracing evening.

Day six we rode through the impressive Stirling Ranges. It was our longest ride of the trip being ninety two kilometres. For some it was even longer as they detoured up Bluff Knoll (the highest peak in the range). The more energetic even made the climb to the top. Once again we had head winds to contend with so Borden was a welcome end to the day.

The following day we were off to the small wheatbelt town of Tambellup where a relax-



*The Bluff Knoll Cafe provided lunch for over 120 cyclists as we travelled through the Stirling Ranges*



ing afternoon was spent wandering around the town. On the last night which was at Cranbrook we were entertained by some of the talented members of our group. The concert consisted of varied performers such as poets, singers, the Blues Brothers and a belly dancer.

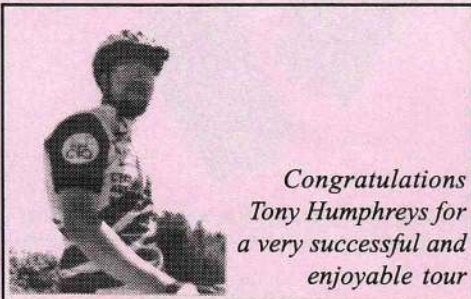
By lunch time on our last day we were back in Mount Barker where farewells were said and everyone headed home - some by the bus provided, others by private transport and one or two enthusiasts even cycled home. Each cyclist should be proud of their effort.

Everyone I spoke to agreed they had a fantastic time, even the teddy bear who was kidnapped then later reunited with his owner after the ransom was paid in the form of a large block of chocolate! All the camp sites were well chosen and the meals which were provided by local community groups were excellent (vegetarians like myself were well catered for). The organisers did a great job and I look forward to the next trip.

Bruce Conrad



*Kleber and Max refill the water bottle (above) and then offer some much needed water to passing cyclists (right)*



*Congratulations Tony Humphreys for a very successful and enjoyable tour*



*A brief pause by the Stirling Ranges*



*A welcome morning tea stop en route to Tambellup*

## Safety Bay Bikes

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# President's Piece

## ON YOUR BIKE

I recently had the pleasure of participating in the 11th On Your Bike ride which took place in the Great Southern – "Southern Peaks". As CTA members will know, this is an event sponsored by the CTA and run by a subcommittee of the CTA for the wider community.

This year was fully booked, with 122 participants. What made the event a little unique was that the ride was fully booked some months in advance, with a waiting list. The tour started up fully subscribed.

The route was moderately demanding and traversed through some very picturesque areas of the State. We were quite lucky with the weather. Although it was quite windy most of the time, we had very little in the way of precipitation. If we had been just a week earlier, it could have been a very different story! I can remember the week before, watching the TV weather programs in the wet week we had before the tour started, and anticipating at least a couple of wet days.

I am sure that those who participated will remember the camaraderie and the sense of involvement in what I believe was a very successful event.

I would like to thank Tony Humphreys and all the hard working On Your Bike committee members, plus all the volunteers who gave their time to make the event something to be remembered.

Those who were new to this may be encouraged to participate in this type of event again, wherever it may be. Maybe they will do some cycle touring of their own, which takes rather more preparation and planning. Perhaps they may even be moved to become volunteers for next year's On Your Bike Ride!

Those of you who are first time On Your Bikers receive six months free membership of the CTA. It would be really good if some of you could start making the time to attend some of the club events such as the weekend rides, or even the weekends away.



## THE ANNUAL GENERAL MEETING

As you will ascertain from other parts of the newsletter, the time for the CTA Annual General Meeting is fast approaching. This is the time when you as members of the club get to have a say in how you want your club to be run, and where you would like it to head.

This time, we have some very important issues to discuss, so your interest and feedback will be welcomed. These include membership fees and conditions for the awarding of Cycle Tourist of the Year.

The morning won't all be hot air – there will be a short cycle ride starting promptly at 9:00am, followed by a morning tea at the meeting venue before the meeting starts.

The meeting is also a time for some socialising – a time to catch up with acquaintances you may not have seen for a while. Please feel free to bring your partners or family along.

As part of the meeting, we will be voting for Cycle Tourist of the Year and Ride of the Year. Please have a think about these things between now and the meeting, so that you can make a nomination on the day. If you are unable to attend the meeting, you can make a nomination by contacting any of the committee, by writing us a letter or by sending us an e-mail.

In conclusion, I would like to encourage you to come to the meeting so that you have a say about your club. After all, you are a vital part of it!

Safe Cycling.

Mark



## SMOKEY CAR SPOTTER

Ever notice how difficult it is to breathe when smokey exhaust fumes are choking up the atmosphere? Well here's your chance to strike back! Report smokey vehicles by giving the registration number, make and colour of a smokey car, together with the time and place that you spotted it, to the Department of Environmental Protection by telephoning 9324 2835.

## CTA Clothing Available Now

A large range of clothing stocks, in all sizes and colours is coming in. So get your order in now.

See back page for sizes and ordering information.

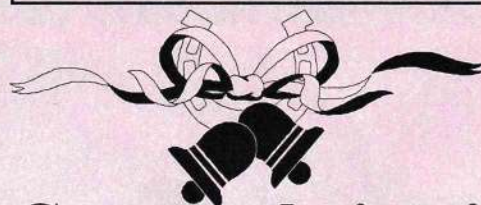


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## Congratulations!

The members of the CTA would like to congratulate Steve and Carol on their wedding on October 31 and wish them all the best for the future. Steve decided to do some last minute travelling before the wedding (to London and Malaysia) but still managed to get back in time.



# The CTA Achievement and Challenge Series

Once again we are running a series of rides that will allow you to qualify as a receiver of the Super Achiever or Challenge Award for 1999. Each ride of the series must be completed in a set time limit but is otherwise non-competitive in nature.

## The Achievement Series

To become a Super Achiever you must complete a 50km, 100km, 200km, 300km and the 10,000 in 8 brevet or official ride.

## The Challenge Series

The Challenge Award will be obtained with a 50km, 100km, 100 mile, 200km and 10,000 in 8 brevet or official ride.

## Using Brevets and Audax Rides

The brevets can be either CTA or Audax rides which have been approved by a member of the CTA Committee (preferably the Rides Co-ordinator for CTA brevets - see below). Note that this year we have included two separate series in the calendar to allow the maximum number of riders to participate in either of the rides programmes.

Any person intending to use a CTA brevet card for a ride must contact the Rides Co-ordinator to select one of the approved routes at least one week prior to the ride (you do not need to book for an official CTA ride of the series). After completing a brevet, the member must deliver the card to the Rides Co-ordinator to record the ride and ensure that the ride is officially recognised at a Committee Meeting. If you require further details please contact Steve on 9313 2814 (H).

## AUDAX FOR CTA RIDES SERIES

From now on if you want to take part in an Audax ride you MUST complete an entry form and get it to the ride organiser BEFORE the day of the ride.

Forms are available from the CTA Rides Coordinator. I would suggest you fill out this form with your details in the Rider section and then PHOTOCOPY the form to give yourself the opportunity to enter multiple rides. If you don't put down an Audax membership number, you will be charged \$2 extra as a non-member.

Then:

1. Fill in the Ride details with the distance and date of the ride.

2. Determine the ride fee as follows:

all unsupported rides - \$5

supported: 200km - \$8

300km - \$12

3. Sign the form and send the form and correct money to the ride organiser (make cheques payable to Audax Australia) before the day of the ride. Also note that if your form does not reach the ride organiser by the Tuesday before the ride, there will be a \$2 late fee.
4. Maps and route notes can be collected from the ride organiser 2 weeks before the ride. If you want it mailed to you, send a stamped self-addressed envelope with your entry form. Otherwise you will get a map and route notes with your brevet at the start.

## THE WINNER'S CIRCLE

Congratulations to the following people who were successful in completing the following Achievement/Challenge rides:

### 50km

Carol Jackson Liz Wheib

### 160km

Bruce Beecham	Michael Hook
Graham Blackwell	Carol Jackson
Dennis Braddon	Liz Wheib
Kleber Claux	Lance Whiteford
Janet Deverill	Patricia Whiteford
Mark Elliott	Ann Wilson

### 200km

Mark Elliott Ann Wilson

### 10,000 in 8

Mark Elliott

If you have any queries about the series, please contact Steve Blackburn on 9313 2814.



# Audax Australia

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event, the rider is eligible for a certificate and a patch or medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Very generous personal injury and income protection cover are afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information and a program of events is available by contacting the CTA Rides Co-ordinator, Steve Blackburn, on 9313 2814 or by checking the Rides Calendar.



# Bikewest

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Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road Racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

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# Rides Calendar — November to December 1999

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water!

## RIDE GRADINGS

**Easy** - anyone

**Medium** - fit with geared bikes

**Medium Hard** - fit and experienced. Distances < 100km

**Hard** - fit, experienced and strong. Distances > 100km over hard terrain

*If you are interested in doing a particular ride, but you feel it may be too long for you, don't be put off. Contact the ride leader to see if you can do part of the route.*

\* Indicates ride suitable for Achievement/Challenge series.

### SATURDAY NOVEMBER 13 SOUTH OF THE RIVER DINNER DATE

20km Easy, 5:00pm Start. Meet at first home for the first course of soup and bread to power you for the huge ride to the second home for an entrée of Turkish bread and dips etc. The main course will be worth the equally huge ride to home 3 before struggling back to the starting point for a Turkish delight dessert. The theme for the night is Turkish - so please get into the spirit and come along in fancy dress. The total cost is \$20 for a 4-course meal that includes soft drinks and fruit juices (BYO refreshments). Hurry and book your place, as the number of participants is limited to 25. There is also a deposit of \$10 that MUST be paid a week before the event. *Lights essential and reflective vests recommended.*

Organiser: Steve Blackburn ☎ 9313 2814 (H)

### SUNDAY NOVEMBER 14 GO TO GUILDFORD

40km Easy/Medium, 9:00am for a 9:15am Start. Meet at the Causeway car park for a ride through East Perth and Maylands, past Tranby House and Garrat Road Bridge before hitting Guildford for morning tea. Return to the Causeway will be by a very relaxed and scenic route (I was told that it's called Jim).

Leader: Jim McLean ☎ 9349 5212 (H)

### WEDNESDAY NOVEMBER 17 KUBLAI

16km Easy, 6:15pm for 6:30pm Start. Meet at the Barrack Street Jetty for a ride around the river and inner suburbs until we find Leederville. Here we will sample the delights of Mongolian cooking. Try it, you'll like it! Note - small change is handy when paying the bill. *Lights essential and reflective vests recommended.*

Leader: Desama ☎ 9472 9887 (H)

### SUNDAY NOVEMBER 21 SPEED DOME DAY

20km or more. Easy, 9:30am for a 9:45am Start. Meet at the Midland Town Hall for a short cycle to the Speed Dome (10km), where you get to test your skills on a "free" bike on the 250m timber cycling track. You can take it easy - it doesn't have to be a race, or those with excess energy and a fire to put out can pursue race and reach speeds of up to 70km/h. Everyone can cycle at once. You can also use your own seat and pedals. There is the option of cycling on the outdoor criterion track afterward if you're feeling up to it. Return route: Option 1 - straight to Midland. Option 2 - cycle to the Swan Valley

in search of refreshments before returning to Midland. The indoor cycling track will cost \$62.50 to hire for an hour which is to be shared evenly between riders, so the more riders, the merrier and cheaper it will be! Please ring the leader a week before to help with bookings.

Leader: Lorraine ☎ 9271 1540 (H)

### SUNDAY NOVEMBER 28

### DUCK DOWN TO HERDSMAN LAKE AND AGM

20km Easy, 9:00am Start. Meet at the Loftus Community Centre, cnr of Loftus and Vincent Streets, Leederville. Swan off for a quick ride around the lake with el president, Mark. Return to the Loftus Community Centre by 10:00am for morning tea (provided) followed by the Annual General Meeting at 10:30am.

Leader: Mark ☎ 9382 1961 (H)

### ANNUAL GENERAL MEETING SUNDAY NOVEMBER 28

10:00am for morning tea, AGM starts at 10:30am. The AGM will be held at the Loftus Community Centre, cnr of Loftus and Vincent Streets, Leederville. See page 3 for details and a map.

### WEDNESDAY DECEMBER 1

### BELLA ROSA

20km Easy, 6:30pm Start. Meet at the Causeway car park for a pleasant evening ride through southern suburbs before stopping for some Italian cuisine in Victoria Park. Note - small change is handy when paying the bill. *Lights essential and reflective vests recommended.*

Leader: Terry ☎ 9472 9887 (H)

### SUNDAY DECEMBER 5

### MUNCHIN MUFFINS AT MUNDARING

70km Medium Hard/Hilly, 9:00am Start. Meet at the Midland Town Hall for a ride along scenic back roads passing through Kalamunda, Piesse Brook and Mundaring Weir for lunch at Mundaring. Depending on enthusiasm and exhaustion, we can return to Midland via various exhilarating routes.

Leader: Kleber Claix ☎ 9458 7519 (H)

### SUNDAY DECEMBER 12

### TAKE A TRIP WITH TOM

45km Touring Pace, 8:45am for 9:00am Start. Meet at the Raffles Hotel car park and Tom will lead us to Fremantle before following the coast. Tuck into some refreshments in Subiaco to refuel before returning to the Raffles on the freeway cycle path.

Leader: Tom Wall ☎ 9414 8717 (H)

### WEDNESDAY DECEMBER 15 LEO'S PIZZA AND PASTA PIG OUT

20km Easy, 6:30pm for 6:45pm Start. Meet at the UWA boatshed for an easy ride to Leo's for pizza and pasta. Join the other little piggies on their night out. Note - small change is handy when paying the bill. *Lights essential and reflective vests recommended.*

Leader: Simon ☎ 9271 2959 (H)



**SUNDAY DECEMBER 19****A SHORT MAD DASH**

16km Medium Pace, 9:00am Start. Meet at the Raffles Hotel car park and cruise to Leederville via the new Vincent Street flyover. Grab a coffee kick-starter before returning to the Raffles.

Leader: Andrew Woodroffe ☎ 9319 9526 (H)

**SUNDAY JANUARY 2****INFORMAL RIDE**

Meet at the Causeway car park at 8:30am and choose a place to ride to and go!

**SUNDAY JANUARY 9****RIDE AND SWIM**

40km Easy, 8:30am Start. Meet at the Causeway car park for a beautiful summer's day ride to Cottesloe Beach. While there we can enjoy a refreshing swim in the cool ocean water and a few refreshments of the edible variety before returning at a sedate pace (assisted by a sea breeze). Remember to bring your bathers and a towel if you intend to swim.

Leader: Terry ☎ 9472 9887 (H)

**WEDNESDAY JANUARY 12****THE CAUSEWAY TO THE CAPPUCCINO STRIP**

20km Easy, 6:15pm for 6:30pm Start. Meet at the Causeway car park to enjoy the river views and take a pleasant ride through Perth's suburbs. Top the ride off with dinner/coffee at a Mount Lawley café. Chug back to the Causeway.

Leader: Noel ☎ 9355 2745 (H)

**SUNDAY JANUARY 16****FREMANTLE FLING**

35km Easy, 8:30am Start. Meet at the Raffles Hotel car park to trundle off to Fremantle, indulge in a coffee or two and return to the Raffles. Come along and ride with Steve.

Leader: Steve Blackburn ☎ 9313 2814 (H)

**SUNDAY JANUARY 23****A SLOWER ROCKET OF A POCKET**

70km Medium, 7:45am for a 8:00am Start. Meet at the Big Log in Kings Park for a westward bound pedal to the ocean and then northward bound - hopefully blown. We shall stop en route for a caffeine (and muffin) fix or even a DT for those that desire.

Leader: Ann ☎ 9444 5160 (H)

**WEDNESDAY JANUARY 26****FIRE CRACKERS**

15km one way, Easy, 5:00pm Start. Meet at the Raffles Hotel car park for a one way ride to see the fireworks under the Narrows Bridge. We will take a winding route and join the hoards to enjoy another Australia Day fireworks display. BYO dinner, drinks, blanket, lights.

Leader: Desama ☎ 9472 9887 (H)

**If you are interested in leading a ride, or you have a suggestion for a ride that you would like to do, please contact the Rides Co-ordinator by December 15.**

## CTA Wins Award

Hundreds of Perth cyclists pedalled for a cure on Sunday March 22 for the second annual 'Tour de Cure' coordinated by the Juvenile Diabetes Foundation. The CTA was well represented on the day with a large number of members participating in the event to raise money for research into juvenile diabetes.

The three different courses attracted a wide variety of people from beginners, to cycling enthusiasts and professionals. The 10 and 20 kilometre course took people through Nedlands and Kings Park, while the 50 kilometre 'long' course took cyclists on a pleasant tour around the Swan River via Fremantle.

As usual, members of the CTA couldn't go past a good coffee shop without stopping for coffee and cake. Once the hunger pangs were satisfied, we left Fremantle to complete the course and return to UWA for a sausage sizzle provided by Rotary.

A total of \$20,623 was raised on the day and will go a long way to progress diabetes research.

As an added surprise, the CTA won the award for the community group that raised the most amount of money and received a commemorative plaque shown below.

Well done and thank you to all those who participated and raised money for a very worthwhile cause.

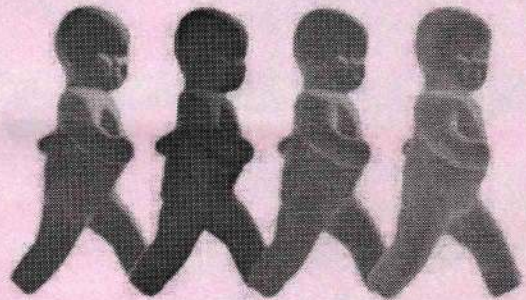
**TOUR de CURE '99**

*Thank you*

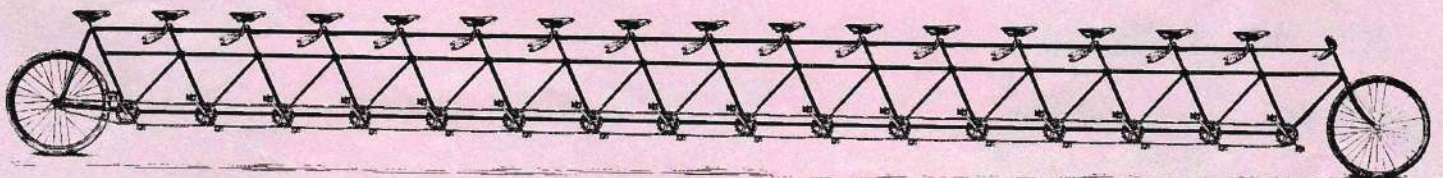
Cycle Touring Association

Your participation in Tour de Cure has helped raise valuable funds for diabetes research.

*One day our hope for a cure will be a reality*



Juvenile Diabetes Foundation Australia





## 1999 MEMBERSHIP FEES

Membership fees for 1999 have been set as indicated below:

- |                                  |           |
|----------------------------------|-----------|
| 1. Individual membership         | \$35.00   |
| 2. New members                   | \$30.00   |
| 3. Full-time Students/Pensioners | \$18.00   |
| 4. Dependants under 18           | no charge |

Existing members should note that there is a \$5 discount on fees (resulting in a \$30 fee) if they pay before the end of January. Note that this does not apply to the student/pensioner membership fees. (*Note - membership fees for the year 2000 are still to be determined.*)

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

## EQUIPMENT FOR HIRE

The CTA has some equipment (as listed below) which is available for members to hire for \$5 for 2 weeks or \$10 per month plus a bond. This is a great way to try out cycle touring without having to layout a large amount of money to equip yourself with the right gear.

- Rear Panniers (pair)
- Small Rack Bag (sits on top of pannier rack)
- Trangia

Please contact a committee member if you are interested in using this equipment.

## CTA CLOTHING

The CTA has its own clothing available in two colour schemes - yellow with red stripes, or turquoise with green stripes. The design is available in short and long sleeved Coolmax tops, and black lycra knicks with a coloured side panel. The clothing is available in a range of sizes from XS, S, M, L, XL and XXL and costs \$55 for knicks, \$65 for short sleeve tops and \$75 for long sleeve tops (note that long sleeve tops have white sleeves).

Please enclose a cheque with your order made payable to "CTA Clothing" and send to:

Lance Whiteford  
6 Hakea Close  
Ballajura WA 6066.

If you require any further information you can contact Lance on 9249 1970.



## WHERE ARE YOU?

If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us. All members are asked to confirm their current address and phone numbers with Committee members.

## CTA LIBRARY

The CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may only be borrowed for 4 weeks by contacting a committee member on the night. Contributions to the library would be greatly appreciated, so do not dispose of any cycling literature which you feel may be relevant.

## POLICE BICYCLE REPORTS

The Police Bicycle Section would like to hear your reports of harassment, abuse or other serious incidents involving motor vehicles.

In order for the police to investigate an incident, you must be able to provide the registration number of the vehicle involved and the time and place of the incident. A description of the motor vehicle and the age and sex of the driver are also useful. You should always carry a pen and paper on your bike to record important details should you become involved in an incident. If the offense is serious, you should try to obtain the names of other witnesses who can verify your account. You can contact Officer in Charge at the Police Bicycle Section on **9222 1923** during working hours.

If undelivered please return to  
PO Box 174 Wembley 6014  
Western Australia

