

# THE CHAIN LETTER

Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (INC.)**

November/December 2003

Issue 173

## Tony's Travels (Part 3)

*[In the tradition of publishing the exploits of CTA member's overseas holidays, I take great pride in presenting for your edification Tony Bennett's continuing saga from a far continent - Ed]*

Hi all,

As I came across this internet cafe here in Bratislava, Slovakia, I thought I'd take the opportunity for another e-mail to you all. I think that net cafes are more popular here, and it's not hard to see why. There is a great disparity between rich and poor here, and I think it will a long time before most homes have internet access. Hence the proliferation of net cafes here - a sharp contrast to affluent Germany.

After a couple of days in Vienna, I cycled the 80km trip across the border to Slovakia. Vienna was a bit of a disappointment, although St Stephens Cathedral is simply breathtaking inside. There was a small orchestra rehearsing when I visited it - along with 10 000 other tourists - but the sound was beautiful. But Vienna is a big city, and my reasons for biking were not to simply go from city to city - it is the rural country that fascinates me.

My trip across here was fun. The famous Donau (Danube) cycle path all but disappears after Vienna. Well, actually it's the signposts

that disappear - the paths are still there if you can find them. All the way along the Danube I would regularly bump in to familiar faces who would often reappear at the next campsite. There was a couple from Munich; her with bright orange (natural) curly hair riding a sit-up-and-beg old bike, and him looking like an eccentric university student on a recumbent. But the section after Vienna I kept meeting up with Brian and Pat: an English couple. Pat was nice but Brian moaned about everything and I thought about telling him to bugger off back to Yorkshire.

But at 1pm, I got completely lost and ended up on a very picturesque walking track. Scenic enough, but not what I really needed at the time. Eventually I gave in to the scenery and stopped and had the lunch that I had bought in a supermarket along the way. But then it started raining and I got completely lost along various muddy forest tracks.

2.30pm and I found my bearings again, and by 3:45pm came to a straight road, with a cycle path. There was a large queue of traffic, which puzzled me, until, 1km along I realised - I was at the border crossing into Slovakia.

Border crossings are important to us cyclists - they make us feel like real adventurers. We immodestly pedal past the traffic queues waiting to get to the passport booth, our chests puffed out with pride and nonchalantly wave our passports at the security guard. The waiting motorists gasp in admiration at us trans-continental pedallers...children ask, "Daddy, why is that man on a bike?" "Why, because he is a trans-European explorer, dear...".

The reality is somewhat different. It is raining. The motorists are getting impatient. Horns

(continued on page 5)

Please send all articles and pictures for the next newsletter to the Editor no later than December 26.



## Fees Please

Just a reminder that membership fees for 2004 are due now. You have until the end of January to pay and receive a \$5 discount (for adult membership only). After this date the full price applies. 2003 "On Your Bike" members please note that your complimentary membership extends to June 30, 2004.

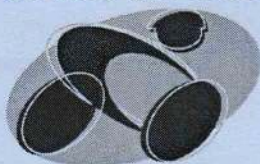
Please use the membership form enclosed in this newsletter and send it together with your cheque to the Cycle Touring Association, PO Box 174, Wembley WA 6913.

Members who have not renewed by the end of February will not receive the next edition of the Chain Letter.

## In this issue...

Tours and Weekends .....	2
AGM Agenda .....	3
Cycle Tourist of the Year Nominations .....	4
Terry's Tales .....	5
'Twas the Night Before Moora .....	6
For Sale .....	8
Brain Teaser .....	8
Congratulations! .....	8
CTA Achievement Series ...	9
Rides Calendar .....	10
Reporting Cycling Hazards .....	11

### Bikewest



### cycle instead



Department for Planning  
and Infrastructure  
Government of Western Australia





## CTA COMMITTEE

### PRESIDENT

Terry 9472 9887 (H)

### VICE PRESIDENT

Hooky 9375 5246 (H)

### SECRETARY

Tom 9414 8717 (H)

### TREASURER

Ann 9444 5160 (H)

### EDITOR

Simon 9271 2959 (H)

### RIDES CO-ORDINATOR

Teresa 9443 4687 (H)

### COMMITTEE

Mark 9313 2853 (H)

Rosalie 04 1712 6094 (M)

Tim 9457 2073 (H)

Kate 9367 3739 (H)

Please contact the Treasurer for Membership details and send all correspondence to:

P.O. Box 174 Wembley 6913

CTA Email: cta\_wa@yahoo.com

Web Site:

www.ctawa.asn.au

# Tours and Weekends

## A Progressive Christmas

December 13

The annual CTA Progressive Dinner is here again! The fabulously fun and festive frivolity will be facilitated with your fecund and fervid imagination as you dress in the spirit of the season for a "Progressive Christmas". This time the event will be held south of the river and take in not only the latest in scenic cycle routes, but also good food! This is a fun evening where we cycle from house to house and devour a four course meal along the way. The cost will be about \$25 and payment in FULL before the date is required. Numbers are limited so book early.

Organiser: Terry ☎ 9472 9887 (H)

## 30<sup>th</sup> Anniversary Full Pannier Tour

Albany to Perth

April 17 - May 2, 2004

You are in for one hell of a good time in 2004! Tour leaders Kleber Claux and Stan Wiechecki have just completed a reconnaissance of the intended route for the 30<sup>th</sup> Anniversary Pannier Tour. Passing through Albany, Denmark, Walpole, Shannon River, Pemberton, Nannup, Augusta, Hamelin Bay, Boranup Forest, Margaret River, Dunsborough, Busselton, Bunbury, Lake Clifton, Mandurah, Fremantle (phew!) and ending in Perth. This will guarantee a kaleidoscope of scenery from forest to ocean, caves to vineyards.

Total cycling distance will be 830km over 12 cycling days, with 3 rest days to take in the more picturesque spots. You will be camping under the stars most nights in caravan parks, with YHA accommodation at Albany, Pemberton (Pimelea) and Dunsborough, and good old fashion hospitality at Lundy's holiday mansion in Mandurah.

On the last night we will celebrate our success at the Silver Sands Tavern with other CTA members, who will join us from Perth with their own weekend tour. We will then meet up with other members of the CTA at Fremantle, for the final 25km to Perth.

To cater for those people who are unable to participate for the full 16 days, the following are being offered:

Option 1: Albany to Balingup, Saturday April 17 - Sunday April 25.

Option 2: Nannup to Perth, Saturday April 24 - Sunday May 2.

## 30<sup>th</sup> Anniversary Full Pannier Tour

Albany to Perth

(continued)

Option 3: Weekend Halfway Tour - Nannup to Balingup, Saturday April 24 - Sunday April 25.

Option 3 allows you to ride out to meet the tourists en-route from Pemberton, and join them in the halfway celebration dinner. On Sunday April 25, ride to Balingup following one of the most scenic routes in WA.

ALL options have transport to and from Perth, if required.

The approximate cost for the full 16 day tour will be \$280, which covers all accommodation, transport for you and your bike, tour shirt, tour badge, maps and the celebration dinner at Nannup. All other meals are to be met by the participant, so these must be factored into your costs.

It is recommended that those interested take advantage of the pannier tours on offer in the CTA calendar, to develop their touring skills. It will also be a prerequisite that participants join in at least one of the organised "trial" weekend tours being arranged, so that the organisers are completely satisfied with the capabilities of both rider and bike.

Priority will be given to CTA members, but the tour is open to other cycling clubs and members of the general public. Book early to avoid disappointment, as numbers will be limited! There will be a brochure with details of the itinerary, costs and application form in the November/December 2003 Chain Letter.

Organiser: Kleber Claux ☎ 9354 7877

Check the centre of this newsletter for the tour brochure!

## CYCLERAMA

1234 Albany Hwy  
CANNINGTON

Newly Renovated Store

15% Discount for  
CTA Members

9458 8302



## NEW MEMBERS

A hearty welcome is extended to the first time 'On Your Bike'ers who receive a complimentary 6 month membership to the CTA:

Tom Atkinson	John Bell
Laurie Collett	Maureen Collis
Joseph Cox	Anne Diaz
Trish Hoskins	Benjamin Jones
Terence Manford	Linda McGloin
Philip McGloin	Cheryl Pech
David Ransom	Robert Stewart
Susan Thomas	



Perhaps the CTA can offer some tips on packing...?



# Annual General Meeting

**SUNDAY NOVEMBER 30, 2003**

**Venue:** The Loftus Community Centre, Loftus Street, Leederville (see map)

**Time:** Morning Tea at 10:00am, Meeting at 10:30am

## Agenda

- ◇ Minutes of the 2002 Annual General Meeting
- ◇ Reports from the President, Treasurer, Rides Coordinator, Editor, "On Your Bike" Sub-Committee
- ◇ Super Achiever, Challenge and Merit Award Recipients
- ◇ Cycle Tourist of the Year Award
- ◇ Ride of the Year Award
- ◇ Newsletter Article of the Year Award
- ◇ Election of Office Bearers for 2004
- ◇ General Business

## Cycle Tourist of the Year

Nominations are called for the 2003 Cycle Tourist of the Year. The award is made by the CTA to the member who, in the opinion of the membership, has contributed the most to cycle touring and the CTA throughout the year. Criteria to assist in selecting the Cycle Tourist of the Year have been prepared and are printed on the back of the nomination forms. Note that if you believe no member has suitably demonstrated the qualities required for this award, you may nominate "No Award". If the number of "No Award" nominations exceed the total number of member nominations, then no award is made that year. The previous recipients of the award are:

1978 Nicole Harrison	1985 Bob Stockman	1992 Simon Koek	1999 Desama Bailey
1979 Wayne Lally	1986 Ron Bowyer	1993 Mark Nilan	2000 Ann Wilson
1980 Neil Porteous	1987 John Sherwood	1994 Stan Wiechecki	2001 Simon Koek
1981 Mark Bettell	1988 Martin Bunny	1995 Peter Lundy	2002 Marion Affleck & Terry Bailey
1982 Dale Neill	1989 Kleber Claux	1996 Ross Cussons	2003 ?
1983 John Martin	1990 Arie Lemson	1997 Janet Devrill	
1984 Ian Hore	1991 Brett Rutherford	1998 Tom Wall	

## Ride of the Year

This is an opportunity for you to nominate your favourite ride, weekend away or tour. It is an opportunity for you to show your appreciation to a ride organiser, and for the club to recognise and reward their effort. Note that the On Your Bike Tour can not be nominated.

## Election of Committee Members for 2004

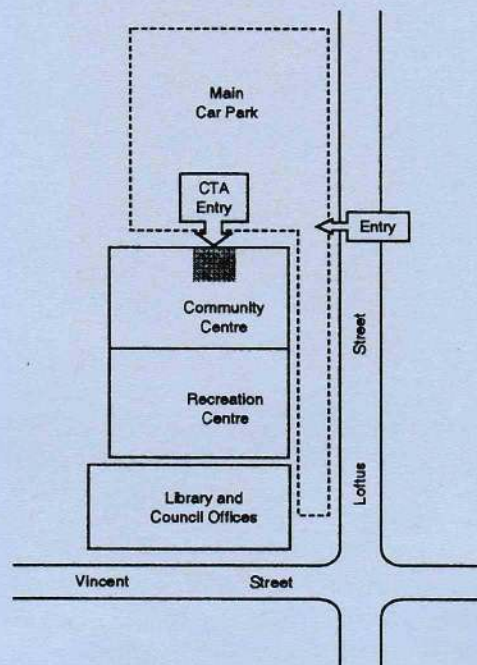
Nominations for President, Vice President, Secretary, Treasurer and up to six (6) Committee members can be received up to and on the day of the AGM. All nominations shall have a proposer and a seconder, and shall be announced at the AGM. Nominees, proposers and seconds must all be voting members of the CTA.

## Notice of Motions to Change the Constitution

As required by the CTA Constitution, a notice for a change to the Constitution must be posted to members' addresses at least 14 days prior to the AGM. In addition, all notices of motion require a proposer and a seconder and must be in the hands of the Honourable Secretary 1 calendar month prior to the AGM.

The motion: 'That clause 6.7 of the Constitution which includes the words "on the nomination of the Life Committee" be changed to "on the nomination of the Committee"' was proposed by Terry Bailey and seconded by Kate Smith at the CTA Committee meeting (at which the Honourable Secretary was present) held on October 28. However, this newsletter was going to serve as the notice to members, but as it is late, the motion has not satisfied the prior notice condition.

The motion: 'That clause 4 of the Constitution be changed so that the required number of other Committee members be up to six instead of six' was put on notice to members in Newsletter 167 (November/December 2002) when the AGM agenda was published. The motion was originally raised at the 2001 AGM and a resolution made (which normally requires a proposer and seconder, but neither are mentioned in the minutes available to the Editor). However, at the 2002 AGM, it was proposed by Terry Bailey, seconded by Dennis Braddon, voted on and then passed. At both AGMs, the Honourable Secretary was present. It would seem that this motion has satisfied the criteria for a Constitutional change as outlined in the Constitution, with perhaps only the names of the proposer or seconder being undocumented.





## Cycle Tourist of the Year Nominations

Presently, the nominations for Cycle Tourist of the Year are:

**Ann Wilson**



Ann has been a member for many years and was awarded this prestigious accolade in 2000. Since then she has led the On Your Bike Tour in 2001 and has been the hard working Treasurer for the 2002 & 2003 tours. Ann has also continued to dedicate her time in her 7<sup>th</sup> year as the CTA Treasurer [*although 3<sup>rd</sup> since her award in 2000 - Ed*]. She is a frequent ride leader and participant on CTA rides.

**Tony Humphreys**



Tony has been a member for many years and was a frequent ride leader and participant before moving to Bunbury. He is also a regular On Your Bike participant, has been on the OYB committee for several years and led the tour in 1999. Even though Tony now lives in Bunbury, he is still an active member organising and leading weekends and tours such as the recent Easter Weekend and Warren River Wander, frequently offering his own house for CTA accommodation.

### And who else...?

Nominations for Cycle Tourist of the Year can be made by any (non dependent) member. The general criterion for Cycle Tourist of the Year is the member who in the Club's opinion has contributed the most to cycle touring and the CTA throughout the year. As mentioned by our President: "It is a great way to acknowledge the time and effort that people put into the club.". It's also a great way to let the membership know who are contributing to the club, and perhaps a mention in this hallowed journal could be a reward for a less celebrated contributor.

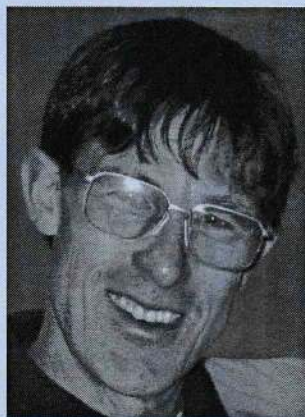
Nominations can still be made at the AGM.

**John Meakin**



John is well known among CTA members as the wise cracking comedian that always keeps you laughing. John has been a member for many, many years and usually leads several rides each year. He is also a regular On Your Bike participant, and has become so involved as to have led both last year's and this year's tour.

**Kleber Claux**



Kleber has been a member for many, many years and was rewarded with life membership for his contributions to the club. Since then, Kleber has continued to be a central figure in the On Your Bike tours, leading the 1997 and 1998 tours. He is a frequent ride leader and participant, and has organised several weekends and the upcoming 30<sup>th</sup> Anniversary Tour.

## Terry's Tales

Winter has long since past, the weather (and the cycling) has warmed up, and another AGM is rapidly approaching (oh, and that other little event, what's it called again?.....oh, yes...Christmas). Before you know it, 2003 will be over and we'll be ringing in the new year. But before we do, there are still some excellent rides to be enjoyed.

Coming up on November 16 is an easy ride up to Kings Park to explore the new Federation Walkway (yes, we have to get off the bikes because it is a WALK-way). This magnificent new attraction is totally free and includes the spectacular sky bridge through the trees and breathtaking views over the river. After the ride (and walk) there is the option of continuing on to the BTA's 10<sup>th</sup> birthday celebrations on the foreshore near Burswood.

On November 30 we have the AGM. This is your opportunity as a member of the CTA to have your say on what the club should or shouldn't be doing and where you want the club to go. It is also your opportunity to recognise the achievements of your fellow club members with the Achievement Series awards, Newsletter Article of the Year award, the Ride of the year award, and of course the Cycle Tourist of the Year award. This year we introduced a new approach to the Cycle Tourist of the Year award with the opportunity for people to be nominated in the months leading up to the AGM, together with a brief description of their contributions and achievements. Appearing in this newsletter is a consolidated list of members who have been nominated to date, and every one of them would be a deserving winner. Of course voting is not restricted to this list, and you can still vote for any other member that you think has contributed the most to the club during the past year or two (or three). So, to show your support for all of these people and for the club, please come along to the AGM.

A couple of weeks after the AGM is another big event for the CTA. That's right, it's time again for the renowned Progressive Dinner which will again take on a Christmas theme as we get into the festive spirit. This is a great event that is more about having fun and laughter with friends than it is about cycling (or though there is a little bit of that as well). These are always well attended with a great time had by all, so see page 2 for further details and book early to secure your place.

Before we know it, 2004 will be here and with it the 30<sup>th</sup> year of the CTA. That's right, the

(continued on page 5)



# Tony's Travels (Part 3)

(continued from page 1)

are sounded and gestures made as we rudely push in. Also, have you noticed that all customs/security guards don't have a sense of humour? One can only imagine the recruitment process for these people. Applicants are taking to the interview room and subjected to humorous jokes and situations. The ones who show a slight trace of laughter are immediately rejected. Only those who stoically remain unmoved by anything are ultimately given the job.

I show my Australian passport. The man looks at me as if I have just got out of a flying saucer. Expecting trouble I rummage for my English (European) passport. Suddenly he is bored by all this and waves me through. Passports and tickets fly all over the place as I try and repack my documents. He gets impatient, and I nearly fall off my bike. But I am elated - suddenly I realise I have pedalled nearly 1800kms across two European coun-

tries. My chest puffs out even more as I pedal away with the other traffic. The trouble is, I am so full of myself I forget to notice that I am being funnelled with all the other traffic on to a busy dual carriageway.

When the reality hits I manage to head to the right of all the traffic. Good - there is some space here. Suddenly I see a sign - straight on to Brno, and right to the Centrum (Bratislava Centre). I put on a real burst (even with 25kg of camping gear, it's surprising how you can accelerate when you really have to) and sprint to the exit which slowly sweeps in a downward curve to the right. 270 degrees later I realize with absolute horror that I am now on what can only be described as a motorway. **Shit!**



*The intrepid author and his trusty steed!*

There is a hard shoulder delineated by a solid white line - my only protection from the roaring traffic. I doubt whether this is legal, but what else can I do? I have visions of being incarcerated in a Slovakian jail with bread and water for my sins. But it gets worse.

The sign that causes motorists the world over to groan comes to view, and for me causes violent panic to set in: Roadworks. Sure enough, this means that my nice secure Hard Shoulder is about to disappear and I will be fighting with 80km/hr traffic on some kind of contraflow system. And then it starts to rain.

It's at times like these you wish, just for one second, that you had not set off on your journey at all. Imagine being at home on the sofa. Reading a book, or listening to music. A friend calls you on the phone, and you go out for tea. You talk and laugh together, the sun shines. You are happy and content.

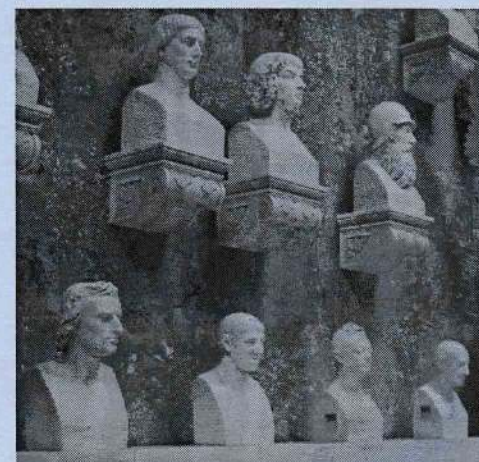
Reality hits. I stop and look around. I see people in cars driving past. They are giving

me strange look and probably saying to each other: "Look over there at that stupid foreigner trying to pedal along the motorway. What does he think he is doing?". After stopping to take stock, I decide that the only safe course of action is to turn round and walk my bike back along the way I have come and try something else. I resist the urge to ride back. Then everyone would be saying to one another, "Look over there at that stupid foreigner trying to pedal the wrong way along the motorway. What does he think he is doing?". And then I really would probably end up in that Slovakian jail...

Suddenly, refuge. A break in the crash barrier that I hadn't noticed. I squeeze through and walk my bike along the grass. Unfortunately about 300m on, the grass starts to steadily subside into a steep bank. Which gets steeper and steeper until I am on a sharp precipice. I look down to see workmen 20m below creating a tunnel. Carefully I drag my bike along the three inches of space I have that stops me from crashing down below. The road curves around to a junction and I eventually manage to crawl back over the crash barrier on to the road. But because my loaded bike weighs about 40kg, I have to take all the panniers off first, pass everything over then reassemble said bike. Cars hoot and drivers shout as I scramble across the road to a petrol station. I just get there when the heavens truly open, and a storm of manic proportions causes a major deluge to fall. For the first time I stop and look around at the surrounding world. Rows of grey, Eastern European tenement buildings looking horrendously drab under the steely grey skies from which the torrential rains fall. Motorways, roads and traffic everywhere.

Welcome to Slovakia...

Tony



*Was it the case of Slovakia or bust...?*

## Terry's Tales

(continued from page 4)

CTA is turning 30 and to celebrate this achievement we are holding the 30<sup>th</sup> Anniversary Full Pannier Tour in April. A brochure and official entry form are enclosed with this newsletter giving all the details. The tour is being organised by one of the club's great cycle tourists and will be based on the very successful 20<sup>th</sup> Anniversary Tour. The tour will combine the joys of cycling with the best tourist attractions and scenery the South West has to offer.

Well, it's time again to sign off as I take the boys out to Kings Park to find out exactly where this Federation Walkway is. Safe cycling and I hope to see you all at the end of the month at the AGM.

Terry



*Supporting Cycling for over 60 years*

Road & Track Racing  
Mountain Bikes - Triathlon - Family  
Touring Cycles - Tandems

Tel: 9430 5414 Fax: 9430 4062  
66 Adelaide St, Fremantle



# 'Twas the Night Before Moora

'Twas the night before Moora, we'd had a few drinks,  
Not a creature was stirring, not even the skinks.  
My husband and I were asleep in our bed,  
With very different holiday dreams in our heads.

His were of pellatons, drafting and breakaways,  
Mine were of cool drinks, rest stops and take-away.  
Who knew what this holiday of ours would present,  
As I anticipated eight nights in a tent?

All-the-way-from-Sydney Sue, feeling mighty crook,  
Was it just a cold, or flue? I didn't like the look.  
An Alka-Seltzer she did take,  
And feeling better she did wake!

At breakfast the next morning, name tags they did switch,  
One was Rosie, one Hooky, but which one was which?  
If you thought they shared tents you wouldn't be right,  
Hook's teddy bear chaperone stood watch all night.



Bananas to cyclists are usually yummy,  
Unless your name's Tony, with the finicky tummy.  
He had to explain his unique situation,  
They cause him violent intestinal evacuations.

Rosie tried with some tact to explain to our Anne,  
That labeling it "Anne's Box" wasn't quite the best plan.  
If you need a container, to store all your kit,  
Perhaps it would be better to call it "Anne's Bits".

If you want to send Dennis the Menace for beer,  
There might be a story that you need to hear.  
Make sure that you tell him just when to show up,  
Or you'll be waiting at dinner with empty cups.

Colin, thou shalt not covet thy neighbor's sausage.  
You'd eaten five, Bev held the sixth hostage.  
"My belly is full, my fuel tank is topped".  
But when was that ever a reason to stop?

The word's out that Kleber got caught in the raw,  
Though it's not quite clear exactly what they saw.  
We don't mean to be prudes, but might we suggest,  
In strange towns a cossie next time would be best?

(continued on page 7)



Mark E had the pleasure of Rosie's attentions,  
Though any more details I wouldn't here mention.  
Tired of pubs & blind dates? Then come take a chance,  
On a CTA ride you may find romance.

There were snuffles & sneezes, hay fever was bad.  
With drug stores running low, the cyclists were sad.  
Simon to the rescue, his offer at dinner.  
The drug run arranged, he came out a winner.

If it's session times you need, ask Gary or Ken  
They're reliable sources, of the where or when.  
On Sunday they moaned "Pub's not open 'til four"  
At five minutes to, they were camped at the door.

Rest day in Badgingarra, no matter the heat,  
Mark Corbett led our bushwalk, his knowledge a treat.  
Names common or scientific, if we wanted to know,  
"Mak, Mak, Mak, Mak", we'd all stop and crow.

From as far as Astralind, came Barbara & Bill.  
Travelled 200 k's he said, just to find some hills.  
I'm not sure what hours in Paradise they kept,  
Up just past seven, Bill claimed they'd overslept!



"I hear that bay is just dynamite..."





*"Now I know there's a tea stop around here  
somewhere..."*



When I first got on my bike, I said "This is living!"  
Five days later my bike seat was most unforgiving.  
Next time I promise to prepare and be bike-fit,  
So that after the ride I can comfortably sit.

Off to the liquor store to pick up some grog.  
Carrying the bottles back was going to be a slog.  
Who then offered us a ride? None other than Norm.  
We couldn't walk **that** far, it was really quite warm.

For John Meakin's birthday, they gave him a cake.  
But the candles they lit up were definitely fake.  
He huffed and he puffed, he gave it his best,  
But even full of hot air, had to give it a rest.

And so ends my epic, just a few more verses.  
If I left you embarrassed, spare me your curses.  
Just a bit of fun, I intended no malice,  
It kept me amused, don't think me callous.

And if you're not mentioned, please don't feel left out.  
You escaped my attention, cycling out and about.  
As you laugh at the others, in your chair, with a nod.  
Say "There go I, but for the grace of God".



(continued from page 6)

Colin Pearce found himself not sleeping a wink.  
But it didn't seem to hurt his riding I think.  
For a 90 k day averaged over 29,  
Left the rest of us poor buggers far behind.

Melanie had heat exhaustion, she'd hit the wall,  
John Meakin in his marshall's vest, no help at all.  
We asked for assistance, she needed a lift,  
He rode on right by us, it left me quite miffed.

Rode with Tim out to Green Head, in spite of the weather,  
With him out front, on the longest turn ever.  
Weren't out to hammer, we kept it quite loose,  
With him as the engine, and me the caboose.

Stan the man with the luggage, put his back out of joint.  
I told him to stretch, he said "What's the point?"  
"I've a wedding to plan for, it's coming up soon."  
"I can't relax now, not 'til the honey moon!"

Big Mark Boulton he's gotten leaner,  
And stronger, and faster, and possibly meaner.  
When he blows right by you, oh well.  
Gives new meaning to "A bat out of hell".

Then there's Tony Speechley, a very strong rider,  
Who in a past life, started out as a strider.  
Many marathons later, this smart Master-Blaster,  
Switched to wheels, 'cause on these he goes faster.

All those tents on the oval, tight in a bunch,  
Just a few on their lonesome. I've got a hunch,  
They've got to be couples, seeking amore,  
Or those cyclists we all hate, the ones who snore.

The tour is now over, and I had a blast,  
Has it been nine days? It went by so fast.  
Well one thing's for certain, as for next year,  
We'll join you again, of that have no fear.

Deb



*The authoress with her muse...*



## For Sale

Brand new Ortleib Bike packer plus panniers. Top of the range, the best panniers money can buy. QL2 locking system. 40L capacity rear panniers. colour of red (2 sets) or blue (3 sets). 2 year manufacturer's warranty. Normally \$370, sell for \$280.

Contact: Norm ☎ 9284 0758 (H)

Serfas Ladies Saddle - Deep Groove Design. As good as new. Cost \$45.

Contact: Ann ☎ 9444 5160 (H)

Burley Touring Tandem (USA), near new. 12½/18" frame. Adjustable rear stem, drum brakes, rack and mudguards. Cost \$4000. All reasonable offers considered.

Contact: Verna ☎ 9294 2392 (H)



"Trek Alpha 1000 series road bike, size 54cm. 2002 model. Shimano Sora gear. Lightweight alloy frame, Typhoon rims. Body Geometry seat, odometer, LOOK pedals, lights, Nike shoes, substantial cable lock, rear detachable mud guard. Hardly used (as new). \$850 the lot."

Contact: Mike ☎ 9448 1978 (H)

## CANNING BRIDGE CYCLES

886 Canning Hwy  
(cnr Sleat Rd)

APPLECROSS

500m from Canning Bridge

**9364 1733**

10% Discount for CTA Members

Albert Einstein

Open 7 Days incl. Holidays

## Editor's Excuses

The Editor apologises for the lateness of the newsletter, but it was due to power surges and device driver destruction. He promises it will never happen again!

## Brain Teaser

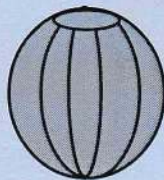
### A 'Prime'ary School Problem?

A prime number is a number that just has the factors 1 and itself. That means it can not be divided by another number (other than 1 and itself) and not have a remainder. Can you find the largest prime number? If so, what is it? However, if there is no largest prime number, can you prove that there isn't one?

And just to get you started, below is the start of the sequence of prime numbers:

**1,3,5,7,11,13,17,...**

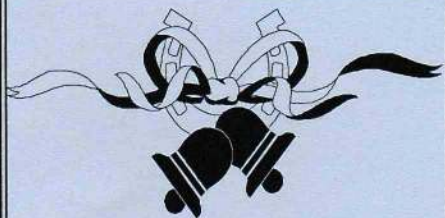
### Issue 172 Question



### On The Ball

Unfortunately, I was not on the ball when typing in the last issue. I typed "the ball weighs 50kg *when* divided by half its real weight", but I should have typed "the ball weighs 50kg divided by half its real weight". The *when* shouldn't be there, and so now you should be able to solve the puzzle and have a ball!

## Congratulations!



Love is certainly in the air with congratulations due to Mark and Teresa who had their wedding on November 1, and Stan and Anna who had their's a week later, on November 8. The CTA wishes both couples the very best in life, love, happiness and the occasional bike ride!

## Rain Jackets



Although winter has passed, the odd shower can still catch the unwary! Be a 'pre-adolescent person' scout and 'be prepared' (!) by having a rain jacket

These popular rain jackets made by Maresa, available to CTA members at the low price of about \$155 (price to be confirmed). The jacket is made from 'Breathalon' and is breathable, waterproof and wind-proof. It is well made and highly visible.

Contact Mark B on 9313 2853 (H) for further details.



*For all your cycling & running requirements*

**Runner's World**

Perth's specialist running & triathlon store

5 FITZGERALD ST PERTH  
(Near cnr Roe St) Ph 9227 7281



# The CTA Achievement Ride Series

The CTA conducts a series of Achievement Rides each year that will allow you to qualify for an award. A cloth badge is also available for each of the individual rides at a cost of \$5 each.

The three series available are: the Super Achiever, the Challenge Series and the Merit Series. Each ride of the series must be completed within the set time limit, but is otherwise noncompetitive in nature. A member can only nominate for one award per year. The three series are:

## Super Achiever Series

To become a Super Achiever you must complete the following five rides in the specified time limits:

50km	3 hrs
100km	6 hrs
200km	13½ hrs
300km	20 hrs
10,000 in 8 (10,000 feet of hills in)	8 hrs

## Challenge Series

To receive the Challenge Award you must complete the following five rides in the specified time limits:

50km	3 hrs
100km	6 hrs
Century (100miles)	10 hrs
200km	13½ hrs
10,000 in 8 (10,000 feet of hills in)	8 hrs

## Merit Series

To receive the Merit Award you must complete the following three rides in the specified time limits:

50km	3 hrs
100km	6 hrs
5,000 in 4 (5,000 feet of hills in)	4 hrs

## Using Brevets and Audax Rides

Each Achievement Ride will be held twice during the year to provide the maximum opportunity for members to complete one of the series. However, if you are unable to attend one of the official CTA rides, then a CTA brevet card can be used to complete the ride. To obtain your brevet card and route description, contact the Achievement Rides Administrator (i.e. Vice President Hooky). After completing the brevet, it must be returned to the Achievement Rides Administrator to record the ride and ensure that it is officially notarised by the CTA Committee.

In addition to brevet cards, official Audax rides can also be used to complete the 200km and 300km rides (refer below for additional information on using Audax rides).

To qualify for an award, all brevets for that series must be completed and notarised by the CTA Committee **two weeks before the AGM**.

If you require further details please contact Hooky ☎ 9375 5246 (H).

## AUDAX FOR CTA RIDE SERIES

From now on if you want to take part in an Audax ride you **MUST** complete an entry form and get it to the ride organiser at least one week **BEFORE** the ride.

Forms are available from Audax (contact ride organiser). There is an extra \$10 fee for non-Audax members. Then:

1. Fill in the Ride details with the distance and date of the ride.
2. Determine the ride fee as follows:  
all unsupported rides - \$6  
all supported: contact organiser
3. Sign the form and send the form and correct money to the ride organiser (make cheques payable to Audax Australia) at least one week before the ride.
4. Maps and route notes can be collected from the ride organiser 2 weeks before the ride. If you want it mailed to you, send a stamped self-addressed envelope with your entry form. Otherwise you will get a map and route notes with your brevet at the start.

If you have any queries, please contact Hooky ☎ 9375 5246 (H).

## Audax Australia

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event, the rider is eligible for a certificate and a patch or medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Very generous personal injury and income protection cover are afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information on Audax is available by contacting Colin Farmer ☎ 9330 4441 (H)

## The Winner's Circle

Congratulations to the following members who were successful in completing the following Achievement Rides:

### 50km

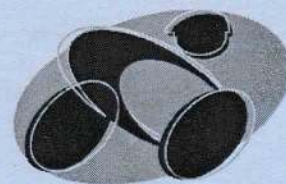
Danny Boulter

Lucia Britto

### 300km

Colin Farmer

## Bikewest



*cycle instead*



Department for Planning  
and Infrastructure  
Government of Western Australia



Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road Racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

**Tune in to Curtin Radio on  
Saturday mornings**

**7:45am - 8:00am**

**Put a smile on your dial and  
tune to 1001MHz**



# Rides Calendar – November to December 2003

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water!

## RIDE GRADINGS

**Easy** - anyone

**Moderate** - fit with geared bikes

**Moderately Hard** - fit and experienced. Distances < 100km

**Hard** - fit, experienced and strong. Distances > 100km over hard terrain

*If you are interested in doing a particular ride, but you feel it may be too long for you, don't be put off. Contact the ride leader to see if you can do part of the route.*

**Sunday November 2 Eor Gninnac Explorer**  
25km Easy, 9:00am Start. Meet at Fast Eddies Carousel (off Albany Highway) for an easy ride to explore the new cycle paths along Roe Highway and the Canning River, only in reverse order. After a short stretch on some local streets we will find ourselves back at the start for refreshments. This is a great opportunity for the whole family to come out and enjoy a Sunday morning ride.

Leader: Terry ☎ 9472 9887 (H)

**Sunday November 9 River Romp**  
50-60km Moderate, 9:00am start. Meet at the Raffles Hotel. This ride follows the picturesque Canning River, then cuts through the southern suburbs to the Swan. The ride will include a morning tea stop, somewhere in South Perth.

Leader: Tim ☎ 9457 2073 (H)

**Sunday November 16 Federation & Royalty**  
20km Easy, 9:00am Start. Meet at the Coode Street jetty carpark in South Perth (next to the café) for a leisurely ride around the foreshore and railway cycle paths before we head up into Kings Park. Upon our arrival, we will disembark from our trusty steeds to explore the new Federation Walkway with its spectacular views. Returning to our bikes we will make a quick exit from the park and return to the start for refreshments.

Leader: Terry ☎ 9472 9887 (H)

**Sunday November 23 Dot's Delicious Delights**  
60km Moderately Hard, 9:00am Start. Meet at Armadale Railway Station for a ride via Glen Eagle and Jarrahdale to Mundijong where we will have a refreshment stop at the infamous Dot's Tearooms. Once suitably replenished we will continue along the back roads to Armadale.

Leader: Ann ☎ 9444 5160 (H)

**Sunday November 30 AGM Ride**  
20km Easy, 8:50am for a 9:00am start. Meet at the Loftus Community Centre (cnr Loftus and Vincent St, Leederville) for a short ride, arriving back in time for morning tea and the AGM.

Leader: Terry ☎ 9472 9887 (H)

**Sunday November 30 Annual General Meeting**  
10:00am for morning tea, 10.30am start.

Meet at the Loftus Community Centre (cnr Loftus and Vincent St, Leederville - see diagram opposite). Come for the morning tea, stay to exercise your rights! Please participate to ensure that the club remains relevant to you, to have your say in the election of the Cycle Tourist of the Year and next year's committee and to tell the Editor what a lousy job he's done.

Contact: Terry ☎ 9472 9887 (H)

**Sunday December 7 Basia's BBQ Burn**  
40km Moderate, 9:00am start. Meet at 34 Denny Way, Alfred Cove for an appetite stimulating burn on your bike before returning to Denny Way for a BBQ. BYO meat & drinks which can be put in the fridge at the beginning of the ride. Please let Basia know prior to the ride if you intend staying on for the BBQ so she can do enough salads for everyone.

Leader: Basia ☎ 9330 3615 (H) *MAP 327 51*

**Saturday December 13 Progressive Dinner**  
40km Easy. Bookings and deposit are required for a bountiful banquet, beset with blissful bicycling. Please see page 2 or contact the organiser for more details. Lights are essential and reflective vests are recommended.

Organiser: Terry ☎ 9472 9887 (H)

**Sunday December 14 Cycle Off Your Over-Indulgence Last Night!**  
50km Moderate, 9:30am start. Meet in the carpark at the Loftus Centre (Cnr Vincent & Loftus Sts) for a medium-paced ride via the beaches!!

Leader: Mike H ☎ 04 0012 3432 (M)

**Sunday December 21 Pre-Christmas Warm-Up**  
50km Moderate (Hilly), 9:00am start. Meet at the start of the Bibbulmun Track in Kalamunda for a reasonably hilly ride with a stop at Liz's place in Walliston for a light lunch to gently prepare the stomach for the impending onslaught of rich & sumptuous Christmas fare! Please contact Liz if you need more specific directions re the starting place.

Leader: Liz ☎ 9291 6126 (H)

**Thursday December 25 Merry Christmas**

**Sunday December 28 Post-Christmas Cool Down**  
50km Moderate (Hilly), 9:00am start. Meet at Midland train station for a reasonably hilly ride with a stop at Liz's place in Walliston for a light lunch to gently assist the stomach in its recovery after recent calorific excesses.

Leader: Liz ☎ 9291 6126 (H)

**Thursday January 1 and a Happy New Year!**



**Sunday January 4**

**Out & About in the New Year**

**TWO** Ride Options: 65-75km Hard (fast pace) or 50km Easy-Moderate (slower pace), 8:00am Start. Meet at Deep Water Point for your choice – you can Chase Colin or Dawdle with Deb. The two groups will meet up back at Deep Water Point for a snack at the end of the ride.

Leader: Colin & Deb ☎ 9418 1571 (H)

**Sunday January 11**

**The Mundaring Munch**

50km Moderate, 9:00am Start. Meet at the Midland Railway Station for a touring pace ride up Red Hill to Stoneville Road and then onto Mundaring for a Munch on a Muffin. After the break we can return to Midland via Darlington or yahoo down Greenmount Hill.

Leader: Kleber ☎ 9354 7877 (H)

**Sunday January 18**

**Dust Off Your Old Bike**

41km Ride & at least 1km Swim!! Easy-Moderate, 9:00am Start. Meet at the north end of the carpark at the Rendezvous Hotel (opposite the blue loo block) in Scarborough beach for a leisurely “social” ride in the fresh salty air up the coast to Burns Beach where we’ll stop for a cuppa. On our return, a mandatory swim at Scarborough Beach, regardless of whether a hot or cold day (don’t forget to bring your bathers & towel, nude swimming prohibited, Kleber!!). Those that have some extra time can stay for lunch somewhere at Scarborough Beach. All those “South of the River” dwellers are advised that they need not be frightened of attending a “North of the River” event...you may be pleasantly surprised!!! (Mike assures us that he does occasionally use his old bike & ride at less than 30km/h!!)

Leader: Mike N ☎ 9448 1978 (H)

**Coming Events**

April 17 - May 2

30th Anniversary Tour

**If you are interested in leading a ride, or you have a suggestion for a ride that you would like to do, please contact the Rides Co-ordinator by December 26. If you want to know who that is, please come to the AGM!**

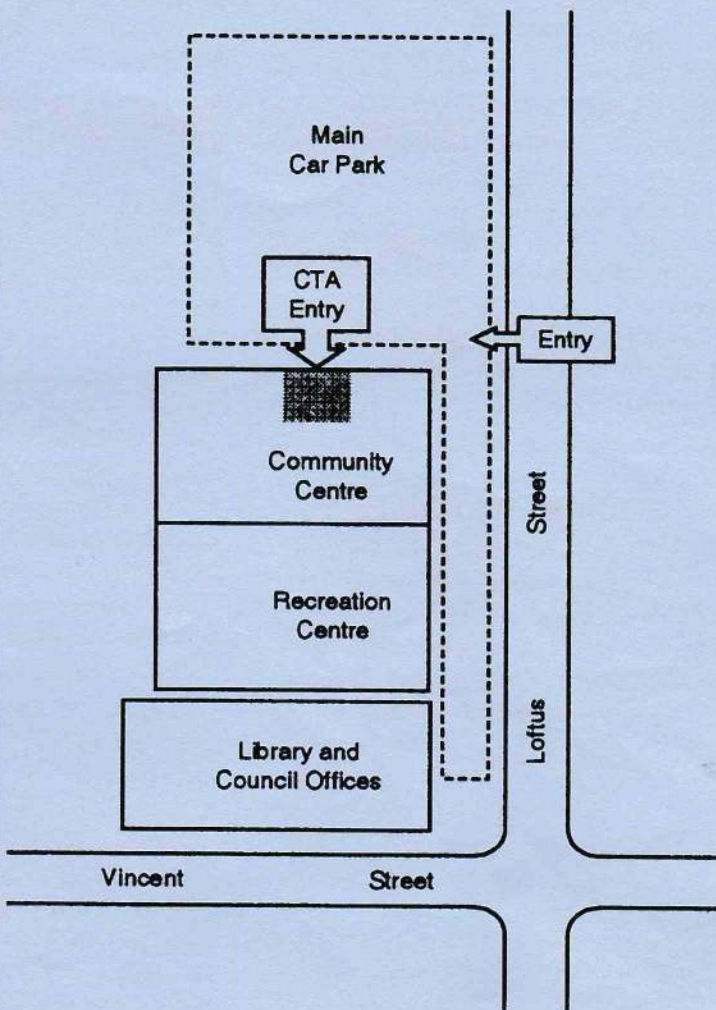
# Smokey Car Spotter



Ever notice how difficult it is to breathe when smokey exhaust fumes are choking up the atmosphere? Well here’s your chance to strike back! Report smokey vehicles by giving the registration number, make and colour of a smokey car, together with the time and place that you spotted it, to the Department of Environmental Protection ☎ 9324 2835.

# CTA AGM Venue

The AGM and Social Nights are usually (but not always) held at the Loftus Community Centre on the corner of Loftus Street and Vincent Street, Leederville. Enter from the main carpark on the north side of the complex (see map below). For further details, contact Tim ☎ 9457 2073



# Reporting Cycling Hazards

All riders are encouraged to make a note of hazards observed during rides on roads and paths, especially newly installed ones, and to submit a hazard report to Bikewest. Nearly all ride routes are likely to include hazards, even if minor ones, like centre-mounted grab rails on paths, lips on kerb ramps and drive entrances from roads, or drainage grates with gaps to trap skinny tyres. The aim is to get these fixed, and more importantly, to stop new hazards being installed.

About 80% of hospitalised cyclist crashes did not involve a motor vehicle. Most were “loss-of-control” crashes, and an unknown proportion of these were due to hazards on paths and roads.

The hazard reports should be submitted to Bikewest, either using the freepost cards provided by Bikewest or by e-mail. Sending an e-mail is an easy way of submitting a hazard report with HAZARD REPORT in the subject and a good description of the location and the hazard. The address is [bikewest@transport.wa.gov.au](mailto:bikewest@transport.wa.gov.au) with a copy to the BTA [bta\\_wa@hotmail.com](mailto:bta_wa@hotmail.com) please.



## 2004 MEMBERSHIP FEES

The CTA Membership is from January 1 to December 31 each year. Membership fees for 2003 have been set as indicated below:

- |                                  |           |
|----------------------------------|-----------|
| 1. Adult membership              | \$40.00   |
| 2. New members                   | \$35.00   |
| 3. Full-time Students/Pensioners | \$23.00   |
| 4. Dependants under 18           | no charge |

Note that part year memberships apply after June 30 and the above fees should be halved.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a number of social evenings with suppers, weekend trips and tours at cost, a library, and indemnity to cover property to name a few of the material benefits.

## EQUIPMENT FOR HIRE

The CTA has some equipment (as listed below) which is available for members to hire for \$5 for 2 weeks or \$10 per month plus a bond. This is a great way to try out cycle touring without having to layout a large amount of money to equip yourself with the right gear.

- Rear Panniers (pair)
- Small Rack Bag (sits on top of pannier rack)
- Trangia

Please contact a committee member if you are interested in using this equipment.

## CTA CLOTHING

The CTA has its own clothing that is highly visible being yellow with red stripes (some tops and knicks in turquoise and green are still available).

The design is available in short sleeved Coolmax tops and black lycra knicks with a coloured side panel.

Some stocks are available in a range of sizes from S, M, L, XL and XXL and costs \$80 for knicks and \$85 for tops.

Please contact Mark or Melanie on 9313 2853 (H) if you require any further information.

Cheques should be made payable to "CTA Clothing".



## WHERE ARE YOU?

If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us. All members are asked to confirm their current address and phone numbers with Committee members.

## CTA LIBRARY

The CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may only be borrowed for 4 weeks by contacting a committee member on the night. Contributions to the library would be greatly appreciated, so do not dispose of any cycling literature which you feel may be relevant.

## POLICE BICYCLE REPORTS

The Police Bicycle Section would like to hear your reports of harassment, abuse or other serious incidents involving motor vehicles.

In order for the police to investigate an incident, you must be able to provide the registration number of the vehicle involved and the time and place of the incident. A description of the motor vehicle and the age and sex of the driver are also useful. You should always carry a pen and paper on your bike to record important details should you become involved in an incident. If the offense is serious, you should try to obtain the names of other witnesses who can verify your account. You can contact the Officer in Charge of Cycling at the Cottesloe Police Station ☎ 9284 5058 during working hours.

If undelivered please return to  
PO Box 174 Wembley 6913  
Western Australia

