

# THE CHAIN LETTER

Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (INC.)

July / Aug 2006

Issue 189

## PRESIDENT'S REPORT

It's been great weather to take part in our recreational pursuit of cycling. The rides I have been on have been really well supported. Easter at Bridgetown seems a long time ago but was voted (by the Committee) Ride of the Month for April, along with 'Just around the Block'. The 'Swan Bells Ride' was voted May Ride of the Month. These, along with the other monthly selections, go into the running for Ride of the Year. I did hear that Tom's 'Perth Perimeter' ride was well supported with 25 riders enjoying the morning out on their bikes. We'll see if the committee thinks that ride should be nominated for Ride of the Month at the next meeting.

Internationally the Giro de Italia has been run and won by the local Italian hero Ivan Basso. Can he go on to win the Tour de France now that Lance Armstrong has retired from taking part? Perhaps George Hincapie will lead the Discovery Team to victory. What about the Aussies? Only time will tell. With the Tour on from the 2<sup>nd</sup> of July it's not long to wait. Watch it nightly on SBS at 6:30pm.

It seems the State Government have lost their way. After leading the nation with cycle funding, education, construction and promotion they are intending to slash State funding to cycling. At a time when the general population are re-assessing their transport options due to higher fuel costs it is beyond my logic why they would do that. Surely 1/3% of the cost of the Mandurah to Perth Rail project is not too much to ask!! As the rail project is now estimated at 1,563m the government obviously thinks it is.

has finally been completed. I say long awaited because I can remember enquiring about it when I worked for Minerals and Energy. I left after 3½ years and 2 weeks before the 1987 stock market crash. So, 20 years I have waited for this path. I will lead a ride through some of the areas I grew up in on September 17, including the section of path from Maylands Yacht Club to Banks Reserve.

The next weekend away is Christmas in July. This is to be held at Ye Quindanning Inn. This has proved a popular variation on an idea which the club has had in the past. The Club used to have a couples weekend when I first joined. Not having a partner it was a bit disappointing that those weekends were exclusive to couples. I don't think you could get away with it now! It is good to see that members are supporting this modified version. At the time of writing there are only 3 rooms left.

The club has finally secured 3<sup>rd</sup> party insurance for members on official rides. This is designed to protect members and non members on official rides from being sued by outside persons. It will not protect you from personal injury costs while on official rides (be they caused by yourself, another member or an outside person), as the insurer assumes you accept the risk of riding a bicycle. However, the club and members are insured against a member of the public claiming we caused their injuries. If you have any questions come along to the Social night on the 12th of July and I will try to explain it.

If you have not booked your place for the 'On Your Bike Tour' you're too late - it's full!

Hope to see you on one of the many interesting rides in the coming months. In the mean time stay warm, safe and healthy.

*Noel Eddington*

The long awaited Banks Reserve Path

## COLD FEET (OR AM I JUST GETTING OLD?)

Since being dragged into the 1980's with the purchase of my first SPD sandals, cold winter mornings have caused my extremities to suffer. On the recommendation of new CTA member GERARD, I purchased a pair of Neoprene diving socks. Now my toes are warm I can look for solutions to my other cold extremities. Perth Scuba at unit 4 / 180 Bannister Road Canning Vale stock the Neoprene diving socks and gloves, which look like they would be good for those riders who suffer from cold hands. At about \$20.00 a pair, that's good value. Keep warm and enjoy your cycling.

~Kleber

## In this issue...

<b>President's Report .....</b>	<b>1</b>
<b>Cold Feet .....</b>	<b>1</b>
<b>Club Contacts.....</b>	<b>2</b>
<b>New Members. ....</b>	<b>2</b>
<b>Cycling Trivia. ....</b>	<b>2</b>
<b>Wanted. ....</b>	<b>2</b>
<b>Dunsborough Weekend .....</b>	<b>3</b>
<b>Interested in Joining Us?.....</b>	<b>3</b>
<b>Housekeeping .....</b>	<b>3</b>
<b>Radio &amp; TV .....</b>	<b>3</b>
<b>Clearance Sale .....</b>	<b>3</b>
<b>Easter Weekend Trip.....</b>	<b>4</b>
<b>Ammend CTA Constitution... ..</b>	<b>4</b>
<b>5000 in 4.....</b>	<b>5,10</b>
<b>Annual Rides Recap .....</b>	<b>6,9</b>
<b>Lift Out Rides Calendar.....</b>	<b>7,8</b>
<b>Corrections to Last Issue ..</b>	<b>11</b>
<b>Preview Queen's Birthday..</b>	<b>11</b>
<b>CTA Applause.....</b>	<b>11</b>
<b>Reporting Cycling Hazards</b>	<b>12</b>
<b>My Commute to Work.....</b>	<b>12</b>
<b>CTA Achievement Series (various items) .....</b>	<b>13</b>
<b>2006 Fees Please .....</b>	<b>14</b>
<b>CTA Clothing .....</b>	<b>14</b>

## CTA COMMITTEE

### PRESIDENT

Noel ☎ 9355 2745 (H)

### VICE PRESIDENT

Tom ☎ 9444 4107 (H)

### SECRETARY

Connie ☎ 9355 2745 (H)

### TREASURER

Ann ☎ 9444 5160 (H)

### SAFETY & PROMOTION

Bruce ☎ 9384 7409 (H)

### EDITOR & CLOTHING

Deb ☎ 9418 1571 (H)

### RIDES COORDINATOR

Colin ☎ 9418 1571 (H)

### SOCIAL

Maria ☎ 9444 3951 (H)

### WEBSITE

Mark ☎ 9313 2853 (H)

Tom ☎ 9444 4107 (H)

### ADDITIONAL

Janet ☎ 9319 9526 (H)

Please contact the Treasurer for Membership details and send all correspondence to:

*P.O. Box 174 Wembley 6913*

CTA Email: [info@ctawa.asn.au](mailto:info@ctawa.asn.au)

Web Site: [www.ctawa.asn.au](http://www.ctawa.asn.au)



## NEW MEMBERS

A hearty welcome is extended to new members who have joined since the last newsletter.

Thuy Trinh	Andrea Roche
Barbara Madden	Sue Piesse
Barry Cooper	David Taylor
Lee Edwards	John Abery
Raylene Eckersley	Fiona Congreve
Jean Edwards	
Christine & Richard Thompson	
Christine & Geoff Rayner	

## CYCLING TRIVIA

### Last issue we asked:

Who is this photo of? And what was his most famous win?



And the winner (absolutely spot-on) is non other than El Presidente: Noel Eddington! He replied "OOw I know the answer. This is Greg Lemond at the finish of the Paris-Roublaix in 1985 (I had this very photo on my wall for a while). Of course Greg Lemond went

on to win the [sic] 3 Tours de France. The first in 1986. After a tragic shot gun accident he came back to win by the narrowest of margins— 8 seconds in 1989. He won again in 1990." "PS. I know the first part, the rest came from his website which included the photo used in the newsletter."

### Next Question:

This is a very unusual rear-derailleur from the 1990's. What is so unusual about it, and when exactly was it first released? (The name is blanked out)



Send your answers to the editor via [info@ctawa.asn.au](mailto:info@ctawa.asn.au) Any new questions will also be considered for publication.

~Colin

**DEADLINES:** Contributions for the next issue (Sep/Oct) should be to the Editor no later than Thursday 17 Aug (so we can print in time for OYB).

**DISCLAIMER:** Opinions or comments from contributors and members do not necessarily reflect those of the Club, its committee, the Editor, or its membership as a whole.

### \*WANTED\*

Complete pannier bag set (ie 2 rear and 2 front bags) and front "low rider" pannier rack.

Call Mike Norman on 9448 1978 or email [mike.norman@bigpond.com](mailto:mike.norman@bigpond.com)



Supporting Cycling for over 60 years

Road & Track Racing

Mountain Bikes — Triathlon — Family

Touring Cycles — Tandems

Tel: 9430 5414 Fax: 9430 4062

## THE DUNSBOROUGH WEEKEND

Step right up the YHA is waiting, I've been here before two years ago  
**Ann** the organiser she's done this before  
 The building became full,  
 Every fridge was chockers and nights with biting mozzers  
**Lance** and **Patricia** were first on Friday everyone else rolled up on Saturday  
 What a range of different tandem, high end and low end bikes  
 I had mine serviced for this hike, non clubbers were hiring bikes

Allright, allright who does the snorin'? We won't get much sleep before the mornin'  
**Chris** said: **Devo** I heard you snoring, **Devo** said: **Chris** I heard you snoring,  
**Gerry** said: I heard somebody snorin'

The **Chief** was hung over, the day is getting warmer  
 Shake those cobwebs, **Col'** let's get this over  
 We rode to the lighthouse 16k hot and hard, our wheels didn't get past the yard  
 The souvenir hunter got 'is treasure we rolled downhill with pleasure  
 Can't go to the beach today, stingers rule the bay  
**Chris** brought his snorkel, not today, **Chris**, maybe tomorrel

A seasoned veteran rode to Dunsborough from somewhere Margaret River  
 Heavy corrugations he did not shiver, the Thorn Raven looked like a tank  
 At 15 kilograms minimal weight, **David's** energy is wither  
 He deserved a rest in this hot days' dank.

One or two names added to the list, one or two were crossed  
 Connie where art thou? The club prez made a show  
 A short ride **Noel** and **Basia** were conversing...  
**OH MY GOD! BASIA HAS A CRASHING!!**  
**Noel** what was traversing?

At knights' table the name of **Kleber** was made jest  
 Steady on mates, show the man some respect!  
 At evening the debates from the sky: It's Scorpio! it's Cancer! it's pye.  
**Chief Pryor** was profusing his Contarino "dream machine" ...flash aye?  
**Mark** made famous by ROC(k), tours I wonder why  
**Colin**, how many Contarino rides the CTA?  
**Mike** cycled weary and dreary, the YHA filled to brim  
 Was the distance far away? Don't climb down the chimn.

We cannot live here forever, the cat of night visits me  
 Today is Monday as we regretfully go, lots of busy traffic race to and fro'  
 Lots of cheerios all and sundry, Dunsborough was nice visiting ye.  
**Cheers to Ann, from me.**  
**Devo**

## Radio & TV:

Keep up with the latest breaking cycle related news, whether your interest is in MTB's, Touring, Time Trails, Road Racing, or gizmos and gear. Let the experts keep you up to date on what is happening in WA and the world.

**Curtin Radio 100.1FM**  
**Saturdays 7:45—8:00am**

**SBS (TV)**  
**Sundays 11:30am—12:00pm**

## HOUSEKEEPING

Contact a Committee member, or send us an email, if:

1. **Your contact information changes** (so we can keep our data base up to date.)
2. **You wish to hire equipment.** We have Rear Panniers, a small Rack Bag and a Trangia (camp stove). By hiring, you can sample cycling touring without investing in lots of equipment. And if you do decide to invest, you'll have a better idea of what you want for yourself. Cost is \$5 per 2 weeks, \$10 per month, plus a bond.
3. **You wish to contribute to, or borrow from, our library** of cycling related books and magazines. Items may be borrowed for 4 weeks, and the library is available for viewing during social evenings.
4. **You have stories, pictures, or ideas for the newsletter.**

Email to [info@ctawa.asn.au](mailto:info@ctawa.asn.au)

# Bikewest



## cycle instead



Department for Planning and Infrastructure  
 Government of Western Australia

[www.dpi.wa.gov.au/cycling](http://www.dpi.wa.gov.au/cycling)

## CLEARANCE SALE OF PAST 'ON YOUR BIKE' SHIRTS

All shirts are for sale at \$10 each.

Sizes are available for the following previous tours:

2002 A Whale of a Tour - Medium  
 2003 Heartland Heritage - XL, XXL  
 2005 Surfing the Scarp - XL

Contact Ann

9444 5160

## INTERESTED IN JOINING US?

You like the newsletter, you've been on a couple of rides and had fun...so what's next? Join us! Fill out a membership form first. If you don't see one in your newsletter you can call the editor for a snail-mail copy, or download and print one off our website ([www.ctawa.asn.au](http://www.ctawa.asn.au)). See the article on the back page (Fees Please) for membership fees and where to send your form.

## EASTER WEEKEND TRIP

Attendees: Noel, Connie, Kleber, Anne, Mark, Kate, Tony, Janet, Mike, Tim, Grant, Tom, and Steve. New members: Amanda, Jude, John, and Lucia. Non cyclists: Phoebe and Leonie.

### Friday

The most difficult part of the trip was locating the lodge: Some believed the instruction "over the bridge" related to the bridge over the Blackwood on the South West Highway, rather than the bridge over the railway.

### Saturday

The "9am" ride left about 9:30. The 65km circuit started down the Brockman Highway, turned right along the Maranup Ford Rd to Greenbushes where we had lunch. Kleber led the fast group, that initially didn't seem to be going much faster than the slow group: then we hit the first hill. The slow group quickly gathered new members as we experienced some "updulating" hills. We returned via Greenbushes Boyup Brook Rd to the Bridgetown Cidery. There, with most enjoying a Cider and sticky date pudding, new members John & Lucia kept everyone entertained with tales of their wedding night.

Dinner at the 1829: good food and not too noisy even though the restaurant was pretty full. Some thought it was a bit pricey whilst others found it good quality and not much different from Perth prices. Everyone seemed to enjoy the evening.

Late Saturday night many were woken by a loud thud. Kleber had been trying to get out of bed quietly, so as not to wake anybody, and allegedly put his foot on a towel hanging over the rail, and fell to the floor. Fantastic going uphill, but uncontrolled descents can be tricky.

### Sunday

Ann, Grant, Kleber and Mark did another 60km circuit averaging more than 20km/hr, in spite of wind, rain and those bloody hills. This was another loop starting down Brockman Highway then left into Sears Rd then Mokerdilup Rd and back into Bridgetown. Not as hilly as Saturday's ride. They left at about 8:30 and were sprung at about

11:40 (not even lunch time) eating mushroom or pumpkin soup followed by sticky date pudding at "The Pottery café".

Others attended church services, whilst most browsed the markets "just over the bridge": No, not the railway bridge, the one over the Blackwood.

The afternoon was spent watching Grant watch the Dockers v. Port Adelaide match. The sound was turned off to best follow Grant's comments, grunts, groans, squeaks, twitches and gesticulations. Yes Grant, the Dockers didn't win; Port lost the match as they were worse than the Dockers. Footy non-devotees had their questions answered concisely and thoroughly: "How many numbers do you get for getting the ball through those things?", "Are the numbers on the back of the shirts the player's IQ?" ("No, they left out the decimal points...") Then there were the commentators: "Is the one on the left a ventriloquist, and the one in the middle a puppet?", "What are the deep knowing looks into the camera for?", "The ventriloquist on the end is going to drink and talk at the same time!"

Others spent the afternoon bushwalking; one group walked between the wineries, another group of four women followed Tim's lead (with GPS) for a 4km stroll on the Bibbulman Track. Tony and Tom went paddling on the Blackwood River. Leonie asked for her money back when Tony brought Tom back alive.

Post dinner entertainment comprised of port, chocolate eggs and chips, with the retelling of many legendary CTA stories; how "1 night Stan" got his name, Noel getting very lost on the mountain-bike version of Piesse be with you tour (is it true he is a cartographer?), Kleber's justification of his front page photo coming out of the ladies toilet wearing very little, horror stories about previous Achievement Rides "we sheltered under the verandah of the Mundaring library when it rained really hard" and "you turn the corner and see a vertical cliff face in front of you..."

### Monday

Noel, Connie & Jude took a scenic tour around town. On the way to the look-

out, they were passed going up the hill, by Tim walking.

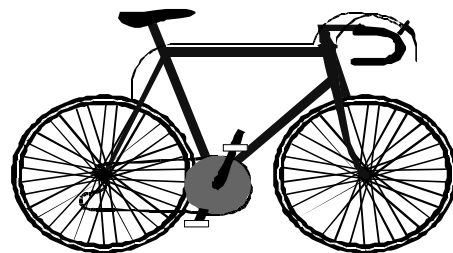
Everyone met at "The Pottery café" for sticky date pudding and coffees. Noel and Connie were warmly thanked for the excellent choice of venue, and organising an excellent trip.

## PROPOSAL TO AMEND EXISTING CTA CONSTITUTION

The Committee has drafted some amendments to the existing CTA constitution (the one you received in the mail from Ann when you joined).

These **proposed** amendments will be posted to all members via hard copy sometime in September, and will also be loaded onto the CTA website at that time. This will ensure you have a hard copy in hand 30 days prior to any voting. The vote on the amendments will be at the Annual General Meeting end November.

If you need another copy of the **existing** constitution, please contact Ann at 9444 5160 asap.



*For all your cycling & running requirements*

**Runner's World**

*Perth's specialist running & triathlon store*

**5 FITZGERALD ST PERTH**  
(Near cnr Roe St) Ph 9227 7281

## 5000 IN 4

Sunday 30/4/2005. **Present:** Devo, Phantom, Tim Reid, Grant Gregory, Ann Wilson, Alan & Chris Duff, Chris (Jugs) Rowley, David Lewis, Tom Hallam, Michael Veltman, Liz & Richard Marshall, Kleber Claux, Mike Holland, Kate Smith, Anthony Hopping, Trevor Gore, Mark Elliott, Mark Corbett, Michael O'Hara, Robert Ghilarducci. New rider: Rob Brant.



The Phantom-Just for proof he was there

A beautiful sunny day with a forecast max of 22°C was the perfect weather for this ride. At 9am Kleber gave a brief address to the assembled riders, advising only 2 spots left on the OYB tour, and asking for support for future Achievement Rides. Tom also asked for volunteers to support future rides. Leonie also asked for volunteers for future Achievement Rides, as if there is no one to support the ride, Tom normally ends up supporting the ride. As Leonie has taken the trouble to insure Tom, he is unlikely to suffer a heart attack while supporting the ride.

The riders fairly quickly separated into the front pack (Devo, Ann, Mark C, Mark E, Phantom...) and the rest of the field strung out behind them. Rob chose a formidable ride to check out CTA; his mountain bike "knobby" tyres increased the degree of difficulty significantly.

A special thank you to Tim for stopping to assist another rider with a difficulty. This delayed him more than 15 minutes, yet he still placed midway at the support stop.

The front pack missed out on the support stop "killer python" lollies, as they had already passed the support stop before Leonie arrived. They claim to

gested this may have been due to Mike V's mass being greater than Tim's. They suggested Mike V should lighten his load by giving Leonie his bike lock and cable. Mike said he had thought about putting it in Tim's front wheel to slow him down, while Leonie suggested tying his bike to Tim's with the cable. Tim was unimpressed and asked people not to give Mike V ideas.



Enjoying the Killer Pythons- Above: Ann, Kleber, Jugs, Mark E, Mark C  
Below: Mark C, Kleber, Jugs, Mark E, Kate



have waited, but their swift time indicated the wait was infinitesimally short. The rest of the riders joyfully partook of the pythons. Thanks Mike V for the Chicos.

Mike V was complaining of his difficulty in keeping up with Tim. Leonie suggested this was due to Mike's legs being shorter than Tim's. Two impolite riders (Mike H & Mike O) sug-

Things went a bit downhill after this (literally & figuratively). The road sign for Chevin Rd was missing, and some riders went past, adding unwelcome kms and another hill climb to their trip. The council has now been notified of this problem. If anyone supports the next 5000 in 4 it may be an idea to check this sign has been replaced...

~Cont'd on page 10



## RIDES RECAP FOR REMAINDER 2006, 1ST HALF OF 2007

At the last AGM, the club introduced a yearly template for club rides, which has been a great help to the Rides Coordinator. Every 6 months we will print the upcoming rides template for the 12 months following. On this page and page 9 you will find a recap of the remaining rides for 2006, as well as the 1st half of 2007. These 2 pages can be pulled out as an A3 sheet if you like. Please keep in mind, however, that details may change as the ride date approaches and you should always check the website or the latest issue of the newsletter for the most up-to-date information. Please help us “fill in the blanks” as a leader for an upcoming ride! Look at the chart and call Colin to volunteer **at least once!** If you have concerns about being a ride leader, we can help you: we have guidelines on how to plan and lead club rides, and we may even be able to assist you with route planning. Achievement rides don't have ‘leaders’, but often require 2 or 3 people to help as support. Social nights need speakers and/or presenters. Impromptu rides can be added anytime, and if you want to change the details for a particular date, let Colin know that too—these are merely our suggestions to cover the Perth area.

### Rides Template for 2006—call Colin on 9418 1571 to volunteer—your name goes here: ↓

Date	Region / Ride name / Event	Suggested Start/Finish	Start Time	Km's	Grading	Leader
Sun, Jul 2	E Hills (John Forrest Nat'l Park)	Midland RS	8:00 for 8:45	35-45	L'ly—Mod	Chris
Sun, Jul 9	5000 in 4 Achievement Ride (2)	Super Value Kelmscott	8:30 for 9:00	55	Moderate	No leader
Wed, Jul 12	Social night-Kalamunda Cycles	Loftus St	19:30			Tim
Sun, Jul 16	Meet your Fellow OYB's	Point Walter	8:30 for 8:45	40 - 50	Moderate	Basia
Sun, Jul 23	100 km Achievement Ride (2)	Armadale RS	8:30 for 9:00	100	Mod-Brisk	No leader
Fri-Sun, Jul 21-23	Xmas in July	Quindanning				Noel & Connie
Sun, Jul 30	Perth-W Beaches	Perth RS	8:30 for 8:45	45-50	Moderate	Mark C
Sat, Aug 5	Century (160 km) Achiev. Ride (2)	Lakes BP	7:30 for 8:00	160	Brisk	No leader
Sun, Aug 6	Inner SW	Raffles Hotel	9:00 for 9:15	30 - 40	Moderate	Janet
Sat, Aug 12	200 km Achievement Ride (2)	Midland Police Station	6:30 for 7:00	200	Brisk	No leader
Sun, Aug 13	N E S W Inner Suburbs	Burswood Playground	8:45 for 9:00	25 - 35	Leisurely	Terry
Sat, Aug 19	10000 in 8 Achievement Ride (2)	Kelmscott RS	8:00 for 8:30	110	Brisk-Stren	No leader
Sun, Aug 20	Perth-Guildford Swan	Perth RS	8:30 for 8:45	30 - 40	Moderate	Maria
Aug 26-Sep 3	On Your Bike					Basia
Sun, Aug 27	Inner NW NE	Loftus St	8:30 for 8:45	30 – 40	Leisurely	Jim
Sun, Sep 3	Father's Day	Midland RS	9:45 for 10:00	40	Leisurely	Liz & Richard
Sat, Sep 9	300 km Achievement Ride (2)	Book ahead	Book	300	Strenuous	No leader
Sun, Sep 10	Outer SW - Medina Freeway	Freo RS	7:45 for 8:00	120	Brisk	Kleber
Wed, Sep 13	Social night	Loftus St	19:30			
Sun, Sep 17	Inner NE SE	Perth RS	8:15 for 8:30	30 - 40	Leisurely	Noel
Sun, Sep 24	Perth-Freo Swan	Freo RS	9:00 for 9:10	40 - 50	Moderate	Mike H
Sep 30-Oct 2	Queen's B'day Long W/end Tour	See story this issue				Kleber
Sun, Oct 8	E SE Hills	Midland RS	8:30 for 8:45	60 - 70	Brisk	Kleber
Sun, Oct 15	W Beaches	North Freo RS	8:15 for 8:30	35 - 45	Leisurely	Janet
Sun, Oct 22	Perth-N Suburbs	Perth RS	8:15 for 8:30	40 - 50	Moderate	
Sun, Oct 29	SE	Cannington RS	8:30 for 8:45	40 - 50	Moderate	Terry
Sat-Sun, Nov 4-5	Avon a Good Weekend					
Sun, Nov 12	Outer NW	Scarborough Beach	8:15 for 8:30	50 - 60	Mod—Brisk	Stuart
Sun, Nov 19	Inner SW SE	Old Mill South Perth	8:00 for 8:15	30 - 40	Leisurely	
Sat, Nov 25	AGM	Loftus St	9:00	20	Leisurely	
Sun, Nov 26	Upper Swan	Midland RS	8:15 for 8:30	30 - 40	Moderate	
Sun, Dec 3	W NW beaches	Warwick RS	8:30 for 8:45	40 - 50	Moderate	Doug
Sat, Dec 9	Progressive Dinner	TBA	TBA	TBA		Maria
Sun, Dec 10	E Hills	Midland RS	8:15 for 8:30	50 - 60	Brisk	

## Lift out Rides Calendar Page for July/Aug 2006

### RIDES CLASSIFICATIONS:

All riders are responsible for showing up with a well-maintained bicycle. You will need to wear a helmet and we recommend you bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water.

Rides are described according to the

guidelines below. *If you are unsure of your suitability for a particular ride, or if you feel it may be too long for you, don't be put off. Please contact the ride leader before the day, to discuss your suitability, or to see if you can do part of the route.*

**Terrain** refers to the hilliness of the ride, and can be Mostly flat, Rolling, Some hills, Hilly, or Unsealed road.

**Pace** refers to the average range of speeds

on level ground without breaks. Down-hills may be faster, uphill slower. For rides described as HILLY, consider choosing a pace one step down from your usual comfort level.

Social:	Under 15 km/h
Leisurely:	15 – 20 km/h
Moderate:	20 – 25 km/h
Brisk:	25 – 30 km/h
Strenuous:	30 – 35 km/h
Super Strenuous:	35+ km/h

**LIABILITY DISCLAIMER:** While every effort is made by CTA ride leaders to ensure the safety of all participants on our rides, individual cyclists (whether they are members or not) are **not** covered by the club for injuries if an accident occurs. We recommend that you obtain personal accident insurance before taking part.

### Sunday July 2

#### Jane Brook Road/Trail Combination

30-40 km, Leisurely/moderate. Meet at Midland Railway Station at 8:45 for a 9am departure. The ride will follow the old railway track through John Forrest National Park past the falls and tavern to Stoneville for a coffee stop. The return is via the same path although others may wish to return to Midland by an alternate route. Wider tyres recommended.

Leader: Chris 9471 8346 (H)

### Sunday July 9

#### 5,000 in 4 Achievement Ride Take 2

55km Moderately Hard, 8:30am for a 9:00am sharp start. Meet behind the BP Service Station at the corner of Albany Highway and Gilwell Avenue, Kelmscott for registration and map/ride description. This course promises 5,000 feet of uphill and downhill around Armadale and Roleystone. The time limit is 4 hours (average 14km/h). Participants MUST BOOK at least one week prior to the ride and there is a \$10 fee for non-members.

Organiser: Tom 9444 4107 (H)

### Wed July 12

#### Social Night

7:30pm, Loftus Community Centre. Tim from Kalamunda Cycle Shop is giving a talk on general bike maintenance and what to bring on longer rides. (Perfect timing for those of you coming on On Your Bike 2006) Bring your wallets because he will also have related goods for sale.

Organiser: Maria 9444 3951 (H)

### Sunday July 16

#### Meet Your Fellow On Your Bikers

50km Moderate. Meet at 8:45am for a 9:00am start at Point Walter. This is an

opportunity to ride with some of your fellow tourers on this year's 'On Your Bike' tour. You are warmly invited to join the group for a mystery ride stopping along the way at a secret eatery for some delicious treats.

Leader: Basia 9330 3615 (H)

### Sunday July 23

#### 100km Achievement Ride Take 2

100km Moderate-Brisk, 8:30am for a 9:00am sharp start. Meet at Armadale Railway Station for registration and map/ride description. This is a pretty but demanding ride, going up Bedforddale Hill, past Glen Eagle, then onto Jarrahdale and Serpentine Dam before returning. The time limit is 6 hours 40mins (average 15km/h). Participants MUST BOOK at least one week prior to the ride and there is a \$10 fee for non-members.

Organiser: Tom 9444 4107 (H)

### Fri/Sat/Sun July 21-23

#### Christmas in July

Join us for a traditional Roast Christmas at 'Ye Quindanning Inn' about 150km south of Perth. Drive down Friday night to allow for a full day's riding on Saturday and a healthy appetite. Bed and breakfast from \$77.00/double per night (only 3 double-rooms left!). Non-cycling partners welcome to come with a member. This is a lovely old hotel with 4 poster beds so come and enjoy a winter break.

Leader: Noel & Connie 9355 2745 (H)

### Sunday July 30

40-45 km, moderate. Meet on Wellington St outside Perth Railway Station at 8:30 for a 8:45am departure. The ride will head out to Floreat Beach and then down the coast via various cycle paths and backstreets to

Freo for a coffee break. After refreshments we'll head east to join the Freeway cycle-path and follow that back to our start point.

Leader: Mark 9316 3053 (H)

### Saturday August 5

#### Century Challenge AR Take 2

100 miles Brisk, 7:30am for an 8:00am sharp start. Meet at the Lakes BP Service Station on Great Eastern Highway for registration and map/ride description. The scenic course includes Wooroloo, Avon Valley, Northam and York. The time limit is 10 hours 40mins (average 15km/h). Participants MUST BOOK at least one week prior to the ride and there is a \$10 fee for non-members.

Organiser: Tom 9444 4107 (H)

### Sunday August 6

#### Raffles to Point Walter Ride

20km Social. Meet at the Raffles (Canning Bridge side) at 9:30am for a 9:45am start. We'll ride along the river to "earn" morning tea at Point Walter Cafe/kiosk before the return ride to the Raffles.

Leader: Janet 9319 9526 (H)

### Saturday August 12

#### 200km Achievement Ride Take 2

200km Strenuous, 6:30am for a 7:00am sharp start. Meet at the car park off Morrison Rd (adjacent to the Midland Police Station) for registration and map/ride description. This is a challenging ride that takes in Toodyay, Dewar's Pool, Bindoon and the Chittering Valley. The time limit is 13hours 20mins (average 15km/h). Participants MUST BOOK at least one week prior to the ride and there is a fee of \$10 for non-members.

Organiser: Tom 9444 4107 (H)

**Sunday August 13  
Every Which Way By Bike**

35km Leisurely, mostly flat, 9:00am start. Meet at Charles Patterson Park, Burswood (near playground) for a leisurely ride along the river pathways and quiet roads. We will head upstream on the south side of the river towards the east as far as Guildford where we will cross to the north side of the river to head downstream towards the west. So that's up south east, then north down west – yep, every which way! After the return journey we will stop for refreshments at a local café.

Leader: Terry 9472 9887 (H)

**Saturday August 19  
10,000 in 8 Achievement Ride Take 2**

110km Strenuous, 8:00am for an 8:30am sharp start. Meet at the Kelmscott Railway Station for registration and map/ride description. This is the club's hilliest ride, requiring you to climb up and down 10,000 feet within 8 hours. Required for both the Super Achiever and Challenge Series. Participants MUST BOOK at least one week prior to the ride and there is a \$10 fee for non-members.

Organiser: Tom 9444 4107 (H)

**Sunday August 20  
Trek The Trail 2006**

Start in Sculpture Park, Mundaring after 9:00 am. Breakfast will be available before at the start. This wonderful event for family cyclists is organised by the Shire of Mundaring. It will take in some of the most scenic parts of the Railway Reserve Heritage Trail, on a 9km stretch from Mundaring to Darlington. Club members can then continue on and do the loop down through the underpass at Great Eastern Hwy and back via John Forrest and Helena Valley. Total 35km. Mountain bike tyres required.

Leader: Noel 9355 2745 (H)

**August 26 - Sep 3  
On Your Bike Tour (Fully Booked)**

Leader: Basia 9330 3615 (H)

**Sunday August 27  
Inner NW NE**

30-40km, Leisurely. Meet at Loftus St Community Centre at 8:30 for an 8:45am start.

Leader: Jim 9349 5212 (H)

**Sunday September 3  
Scarpin' It**

40-45 km Leisurely-Moderate with one testing hill. Meet at the Midland Railway



From left: Devo, Kleber's grandson, son-in-law Terry, another grandson, and Grandpa himself. Let's see more kids on rides!!!.

Station at 9:45 for 10am start. We will ride along the foot of the Forrestfield escarpment before we attack the Welshpool Rd hill. After some refreshments at Kalamunda we will zoom down the zigzag back to Midland. Don't forget your camera.

Leaders: Richard & Liz 9291 0432 (H)

**Saturday September 9  
300km Achievement Ride Take 2**

300km Strenuous. This is the CTA's hardest ride, having to complete 300km in 20 hours (average 15km/h) and is required to complete the Super Achiever Series. Participants MUST BOOK at least one week prior to the ride to arrange details and there is a \$10 fee for non-members (and subject to approval).

Organiser: Tom 9444 4107 (H)

**Sunday September 10  
Flying the Freeway**

120km, Brisk. Meet at Fremantle Railway Station at 7:45 for an 8:00am sharp start. We will be riding the full length of the Freeway PSP. Bring some nibbles to eat enroute. The route South will travel via Rockingham Road, Mandurah Road, Kerosene Lane, Baldivis Road and Safety Bay Road to the start of the Freeway PSP. There will be a short stop at Thomas Road for refreshments and then all the way to the end of the Freeway at Joondalup where the ride will end. After a well deserved lunch you can get home via bike, train, taxi, or your partners car (by prior arrangement).

Leader: Kleber 9354 7877

**Wednesday Sept 13  
Social Night**

7:30pm Loftus St Community Centre. Join other club members for an

evening of port, cheese and anecdotes with some grossly exaggerated and embellished cycling adventures chit chat thrown in.

Organiser: Maria 9444 3951 (H)

**Sunday September 17  
Leafy North East Suburbs Ride**

40km, Leisurely. Meet Perth Railway Station 9:00am for a Leisurely ride through the leafy North East Suburbs. Returning after coffee via the recently opened Maylands St Ann's path.

Leader: Noel 9355 2745 (H)

**THANKS GRANT!!!**

After serving as the CTA's Ride Coordinator for over two and a half years, you'll be sad to hear that Grant Gregory is stepping down from this often thank-less role. He's giving up trying to corral ride leaders 3 months in advance, and we hear he's headed off to do some out-of-Australia travelling of his own soon. Please join us in giving Grant a huge THANK YOU for a job well done. As of June, Colin Prior is the new CTA Ride Coordinator.



Colin and Grant, current and past CTA Ride Coordinators



Date	Region / Ride name / Event	Suggested Start/Finish	Start Time	Km's	Grading	Leader
Sun, Dec 17	Outer SE	Cannington RS	8:15 for 8:30	40 - 50	Moderate	
Sun, Dec 24	Inner NW NE	Loftus St	8:00 for 8:15	30 - 40	Leisurely	
Tue, Dec 26	Lesmurdie Hills	Gosnells RS	9:45 for 10:00	50	Moderate	Liz
Sun, Dec 31	Perth NYE Ride	King's Park	22:30	20	Social	Deb & Colin
Mon, Jan 1	NY Day Ride	Kalamunda	9:45 for 10:00	40-50	Moderate	
Sun, Jan 7	Perth Freo Swan	Freo RS	8:15 for 8:30	40-50	L'ly to Mod	
Sun, Jan 14	Southern Suburbs	Raffles Hotel	8:15 for 8:45	50	Mod-Brisk	
Sun, Jan 21	Inner NW NE	Leederville RS	8:30 for 8:45	35-45	Moderate	
Fri, Jan 26	Oz Day Fireworks Ride	East Perth RS	17:30	20	Social	
Sun, Jan 28	Eastern Hills	Midland RS	8:15 for 8:30	50-60	Mod-Brisk	
Sun, Feb 4	W, NW beaches	Cottesloe RS	8:15 for 8:30	40-50	Moderate	
Wed, Feb 7	Social night	Loftus St	19:30			
Sun, Feb 11	Northern Suburbs	Kings Park	8:15 for 8:30	30-40	Moderate	
Sun, Feb 18	Inner SW SE	Raffles Hotel	8:15 for 8:30	30-40	Leisurely	
Fri, Feb 23	Evening ride	Charles Patterson PG	18:00	20-30	Social	
Sun, Feb 25	50 km Achievement Ride (1)	Bullsbrook	9:00 for 9:30	50	Moderate	No leader
Mar 2,3,4	Labour Day LWE Pannier Tour	TBA	TBA	TBA	Various	
Sun, Mar 4	Outer NW	Scarborough Beach	8:30 for 8:45	40-50	Moderate	
Wed, Mar 7	Evening ride	Loftus St Ctr	18:00	25-35	Leisurely	
Fri, Mar 9	Bike Week breakfast	TBA	TBA	TBA	TBA	Non CTA
Sun, Mar 11	Bike week BBQ (CTA)	TBA	TBA	TBA	TBA	
Wed, Mar 14	CTA Bikeweek BBQ ride	TBA	TBA	TBA	Social-L'ly	
Sun, Mar 18	Freeway Bike Hike	Belmont Race Course	TBA	TBA	You decide	Non CTA
Sun, Mar 25	Perth-Canning SE	Raffles Hotel	8:30 for 8:45	40	Moderate	
Sun, Apr 1	100 km Achievement Ride (1)	Armadale RS	8:30 for 9:00	100	Mod-Brisk	No leader
Apr 6-9	Easter Long Weekend					
Wed, Apr 11	Social night	TBA	19:30			
Sun, Apr 15	SE Hills	Kelmscott RS	8:30 for 8:45	40-50	Moderate	
Sat, Apr 21	Century (160 km) Achiev. Ride	Lakes BP	7:30 for 8:00	160	Brisk	No leader
Sun, Apr 22	Perth-Freo Swan	Point Walter	8:30 for 8:45	35-45	Moderate	
Sun, Apr 29	5000 in 4 Achievement Ride (1)	Super Value Kelmscott	8:30 for 9:00	55	Moderate	No leader
Sat, May 5	200 Km Achievement Ride (1)	Midland Police Station	6:30 for 7:00	200	Brisk	No leader
Sun, May 6	Inner NE SE	King's Park	8:30 for 8:45	30-40	Leisurely	
Sun, May 13	Mother's Day, Inner W SW	Belltower	8:45 for 9:00	30-40	Leisurely	
Sat, May 19	300 km Achievement Ride (1)	Book Ahead	Book	300	Brisk-Stren.	No leader
Sun, May 20	Outer NW NE	Warwick RS	8:30 for 8:45	40-50	Moderate	
Sun, May 27	Kalamunda-Carmel	Charles Patterson Park	8:30 for 8:45	50-60	Mod-Brisk	
Jun 1,2,3	Foundation Day LWE	TBA	TBA	TBA		
Sun, Jun 3	Perth Guildford Swan	Guildford RS	8:30 for 8:45	30-40	Moderate	
Sat, Jun 9	10000 in 8 Achievement Ride	Kelmscott RS	8:00 for 8:30	110	Brisk	
Sun, Jun 10	Inner SW	Perth RS	8:30 for 8:45	30-40	Leisurely	
Sun, Jun 17	Outer SW Rockingham	Freo RS	8:30 for 8:45	60-70	Brisk	
Sun, Jun 24	50km Achievement Ride (2)	Cnr Soldiers/Mead, Byford	9:00 for 9:30	50	Moderate	No leader



Muesli Bar Boys: ???? And ?????

Most riders agreed the last hill was a long slow grind, but the descent was easy. Those riders with additional mass at last had the advantage over Tim. The Clifton St road sign was not visible, again fooling some riders. This has also been reported to the council.

The first group back made up for their shortfall of killer pythons. At some point Mark Corbett, a self proclaimed "alpha



Rob on his knobby tyres: The last rider on the last climb

male", offered to teach Kleber how to be an Alpha Male in preparation for his retirement in 10 weeks time. Let's hope Marcia is taking lessons in being an "alpha female", although having already warned Kleber he is not to make any changes to her organisation / routine, perhaps she doesn't need any lessons.

Most agreed the conditions had been perfect, and the ride challenging. Rob completed the ride with more than 20 minutes to spare, and is now determined to get a road bike and some knicks. Hopefully we will see him on future rides.

Thanks to the riders who reported the various faults, and everyone who stayed behind after finishing to catch up, and applaud each new finisher. If you left a green "cycle instead" water bottle with a black top, and cordial / go fast juice inside, call Tom (9444 4107) to retrieve it.

~ Leonie



Serious Riders: Robert and David

## Corrections to May/June issue:

Thank you Ann and Bruce for noticing errors in the last issue—I guess the good news is that people are actually reading the Chainletter!:

1. Ann pointed out that the caption on the photo on page 8 (in the pull out section) was incorrect. It said it was a shot from the Easter Weekend, but in actuality—it was from the 5000 in 4. See the full story and more photos in this issue.

2. Bruce spotted a separate error in the Trivia answer section, which was actually quoted from the DPI website.

Traffic signal vehicle detectors do **not** "work on a magnetic principle", as we quoted. Evidently the **South Australian website got it correct:** [http://www.transport.sa.gov.au/safety/road/road\\_use/cyclists\\_and\\_traffic\\_signals.asp](http://www.transport.sa.gov.au/safety/road/road_use/cyclists_and_traffic_signals.asp): when it said: "Cyclists can also be identified through metal detectors located behind the stop line in the road surface of a bicycle lane. **The detector is activated by any conductive material** such as aluminium, steel or titanium. One or more of these materials are detectable in almost all bicycle wheels. Provided that cyclists position their bicycle in the middle of the bicycle lane just behind the stop line, a detector will register their presence and in turn the signals will change allowing the cyclist to legally enter the intersection."

I agree with Bruce when he wrote "It is a bit sad that cycling clubs can not rely on DPI information being accurate. ....I am disappointed that DPI is technically unskilled, and that there is no competent system which proof-reads information before it goes on a public website. I would have thought at least that Main Roads would have been consulted and would not have let such a significant error be published."

And I noticed a third error—I listed the deadline for this issue as July 22nd (a full 3 weeks after you should have received it) when it should have been June 20! Whoops.

Thanks readers, and if you see any more, let me know.

~Deb

## Preview—Queen's Birthday Long Weekend Dwellingup—Sat Sept 30th to Mon Oct 2nd

This long weekend is a combined mountain bike and touring bike get together at Dwellingup. Accommodation will be at the Dwellingup Community Hotel. For those who get a taste for off-road with the On Your Bike - A Toast of Batavia Tour, this weekend will take you to the next level as you conquer sections of the Munda Biddi Trail. To maximize our riding time at Dwellingup, we will be using a 12-seater bus and the CTA bike trailer plus car pooling. There is accommodation for 34 people at the Hotel, so the first 12 participants who would like to use the bus and trailer transport, will need to book early. The other 22 participants will need to car pool. The cost of bus/trailer transport for the weekend will be \$10/person. We have been able to negotiate a three course dinner/accommodation/continental breakfast deal with the Hotel as follows: 6 rooms with a total of 12 beds at the Hotel with shared bathrooms at \$58/person/night. Also 7 rooms with total of 22 beds at the Motel section with en suite at \$78/person/night. Please book with the tour leader no later than Friday September 15th so that participant numbers can be confirmed with the Hotel on this popular weekend.

### Saturday September 30th

Perth to Dwellingup by bus or car pool. Afternoon ride, 33km for mountain bikes and 30km for touring bikes. For those who wish to use the bus transport, meet at the Perth Entertainment Centre car park off Wellington Street Perth at 8:30am for a 9:00am departure. The next pickup will be at Armadale train station at 9:45am for a 10:00am departure. For those participants who intend to drive, the estimated time of arrival at Dwellingup will be 11:00am. After settling in at the Hotel and having an early lunch, both groups will head South on their respective routes to meet at the Baden Powell water spout for afternoon tea and maybe a swim. The mountain bikes will be on the Munda Biddi trail while the road bikes will be enjoying the downhill on Nanga Road. Depending on available time and interest the two groups can continue further South to the old

Nanga town site. By this time it will be a good idea to head back to the Dwellingup Hotel to shower and relax over a few drinks, before enjoying the three course dinner and a comfortable bed.

### Sunday October 1st

Today both groups can do as little or as much as they like. The mountain bikers can head North on the Munda Biddi trail and experience any level of difficulty they choose. The Marrinup and Turner Hill mountain bike trails will test the best of you. The advantage of this area is that you can return to Dwellingup on Del Park Road if exhaustion or time catches up with you. The tourists can choose a loop of 70km enjoying the downhill to Coolup then North to Pinjarra for lunch. The return is via Spur Road to Dwellingup. The second option is an out-and-back ride of 104km through beautiful jarrah forests to Boddington and return. A change of menu for dinner tonight after a cold beer will cap off what should be a rewarding day.

### Monday October 2nd

After a sleep-in and a relaxed breakfast the two groups will join together in the great downhill ride on Del Park Road to North Dandalup for morning tea. Depending on time and other commitments, drivers and riders can swap and ride/drive towards Mundijong for lunch. By this time most people will be ready to get home to the comfort of their own bathroom and bed.

Leader: Kleber (H) 9354 7877

## CTA APPLAUSE TO:

**Taylor's Art & Coffee House**  
510 Great Northern Highway  
Swan Valley  
9250 8838

When 30 or so cyclists descended upon them un-announced on Sunday 4 June, they took it in stride and delivered up some lovely coffees and cakes. We recommend this venue for future business (although they'd probably appreciate it if you booked in advance for large groups!

## MY COMMUTE TO WORK

It's just gone 6am on a cold Perth winter morning and I am about to start my usual morning ritual of the ride to work.

Say goodbye to Deb and the dog, both looking very warm tucked up in bed, and it's off to meet Jugs at 6:05 on the corner of Spearwood Ave and Rockingham Rd. He's already waiting and Danny's there too so it must be Wednesday. Jugs is a work colleague of mine who lives in Fremantle (we're both in Submarines), and we've commuted together by bike for about 4 years. Danny is also in the Navy, and is a keen tri-athlete who rides in with us every Wednesday. Jugs has a round-trip of 88km, Danny 80km and

Morning" 's, we head off southbound down Rockingham Rd.

It's good to have other people to commute with, particularly when the weatherman has predicted 2C overnight, and he was correct. It's only the first couple of km's that are cold though. An important thing to remember for commuting in winter, is not to dress too warmly at the start, otherwise once you warm up you'll start to sweat, and can give yourself a chill.

In about 10 minutes we've reached Stock Rd, which we follow all the way to Rockingham. As often happens in

winter, we've got an E-NE wind this morning, which is a slight tailwind for us, most of the way. Stock Rd has got a good wide shoulder for most of its length, so although it's fairly heavily trafficked, it's quite safe for cycle commuting. By 6:40 we're at Mandurah Rd (my halfway landmark) and the sun is just starting to make an appearance. We

bludge at the back again. There's not a lot of conversation, but it's too early for that anyway. The next major landmark is Rockingham which we reach at 7am. There's many light-hearted beeps from work colleagues as they drive past in their heated cars. They all think we're crazy, but none of us would trade it for anything. Soon we're on Pt Peron Rd, and turn onto the Garden Island causeway, where our tailwind unfortunately turns into a headwind (headwinds don't blow, they suck). Then it's up the biggest hill on our course, which is the high-level bridge on the causeway. One hour and five minutes from when I started, we reach work together. There's a quick chorus of "See ya at 1600" (4pm for civilians), and we head off to our respective places of work.

The best thing about commuting by bike is that I love it. Our hobby, pastime and favourite sport also happen to be a way of getting to and from work. The fitness benefits are just an added bonus.

If you also commute to work by bicycle, and would like to share your story, contact the Chainletter editor (Deb). If you're interested in commuting to work, and would like advice on equipment, or clothing, and other useful tips, contact me (Colin) on 9418 1571.



Colin, Jugs & Danny heading along Pt Peron Rd

I'm the wimp of the group with only all take turns at the front for a couple of 70km. After a chorus of curt "Good minutes, and then have a nice old



Things that make you go "Oh my God, don't I wish..."

## REPORTING CYCLING HAZARDS

All riders are encouraged to make a note of hazards observed during their rides (especially on new roads or paths), and to submit a hazard report to Bikewest. The aim is to get these fixed, and more importantly, to stop new hazards being installed. Reports can be submitted via

1. Email, to [cycling@dpi.wa.gov.au](mailto:cycling@dpi.wa.gov.au), with 'HAZARD REPORT' in the subject line, and a good description of the location and the hazard. Please copy the BTA at [BTA\\_WA@hotmail.com](mailto:BTA_WA@hotmail.com).
2. Electronic Hazard Report Form found on the bikewest website at [www.dpi.wa.gov.au/cycling/hazard.html](http://www.dpi.wa.gov.au/cycling/hazard.html).
3. Postcard. Free postcards provided by Bikewest are available from the editor.



# The CTA Achievement Ride Series

# Achievers

The CTA conducts a series of Achievement Rides each year that will allow you to qualify for an award. A cloth badge is also available for each of the individual rides at a cost of \$5 each.

The three series available are: the Super Achiever, the Challenge Series and the Merit Series. Each ride of the series must be completed within the set time limit, but is otherwise non-competitive in nature. A member can only nominate for one award per year.

## Super Achiever Series

To become a Super Achiever you must complete the following five rides in the specified time limits:

50km	3 hrs
100km	6 hrs
200km	13.5 hrs
300km	20 hrs
10,000 in 8 (10,000 feet of hills in)	8 hrs

## Challenge Series

To receive the Challenge Award you must complete the following five rides in the specified time limits:

50km	3 hrs
100km	6 hrs
Century (100 miles/160kms)	10 hrs

200km	13.5 hrs
10,000 in 8 (10,000 feet of hills in)	8 hrs

## Merit Series

To receive a Merit Award you must complete the following three rides in the specified time limits:

50km	3 hrs
100km	6 hrs
5,000 in 4 (5,000 feet of hills in)	4 hrs

## Using Brevets

Each Achievement Ride will be held twice during the year to provide the maximum opportunity for members to complete one of the series. However, if you are unable to attend one of the official CTA rides, then a CTA brevet card can be used to complete the ride. To obtain your brevet card and route description, contact the Achievement Rides Administrator, Tom Hallam, on 9444 4107. After completing the brevet, it must be returned to the Achievement Rides Administrator to record the ride and ensure that it is officially notarized by the CTA Committee.

To qualify for an award, all brevets for that series must be completed and notarized by the CTA Committee two weeks before the AGM. If you require further details, please contact Tom Hallam on the number shown above.

Congratulations to the following CTA members who have completed the Achievement Rides shown:

## 5000 in 4, Sun April 30

Rob Brant  
Phantom  
Kleber Claux  
Mark Corbett  
Alan Duff  
Chris Duff  
Mark Elliott  
Trevor Gore  
Grant Gregory  
Tom Hallam  
Mike Holland  
Anthony Hopping  
David Lewis  
Liz Marshall  
Richard Marshall  
Michael O'Hara  
Tim Reid  
Chris (Jugs) Rowley  
Michael Veltman  
Ann Wilson  
Devo

## 200km, Sat May 6

Mark Corbett  
Chris Duff  
Mark Elliott  
Colin Prior  
Chris (Jugs) Rowley  
Ann Wilson

## 100km, Brevet, May 14

Mark Corbett  
Colin Prior

## 300km, Sat May 20

Mark Corbett  
Mark Elliott  
Colin Prior  
Ann Wilson

## 10000 in 8, Sun June 10

Mark Elliott  
Colin Prior  
Bruce Robinson  
Chris (Jugs) Rowley  
Ann Wilson

## HELP STILL NEEDED FOR ACHIEVEMENT RIDES

Tom is still looking for supporters for Achievement Rides on the following dates. If he can't get help, **rides may have to be cancelled**, so please check your calendars and help if you can. Duties include recording participants and completions, providing support in the form of water stations and possibly rescue. **Mileage and expenses reimbursed.**

**Saturday, 12 August**  
**200km**

**Saturday, 9 September**  
**300km**

Contact: Tom Hallam 9444 4107(H)



A special "Mentioned In Dispatches" for a Personal Best on the 200 km Achievement Ride goes to Chris Duff.

## Fees Please:

CTA membership is from January 1 to Dec 31 each year.

1. Adult membership \$40.00
2. New members \$35.00
3. Full-time Students/Pensioners \$23.00
4. Dependents under 18 no charge

Membership forms can be downloaded from our website. Please send your cheque and form to the Cycle Touring Association, PO Box 174, Wembley WA 6913. **If you are a non-member that rode your first 'On Your Bike' in 2005, your complimentary membership expired as of June 30, 2006.** After June 30, part-year memberships apply and the above fees should be halved. **Don't miss any issues—send in your renewal now!**

The CTA is a non-Government organization relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help provide each member with six newsletters per year, a number of social evenings with suppers, weekend trips and tours at cost, and a library, to name a few of the material benefits.

## CTA CLOTHING, in XXXL too!

The CTA has logo clothing available for sale. **We now have Long Sleeve as well as Short sleeved jerseys in both Men's and Ladies' Fit (wider hips, smaller waists for the ladies).**



**Short sleeved Coolmax tops** in yellow with red stripes (XS-XXXL, 10-16) are \$85 each.

**LONG sleeved Coolmax tops** in yellow with red stripes (XS-XXXL, 10-16) are \$100 each.

**Black lycra knicks** (XS-M only) with 1 red & 1 yellow side panel are \$80 each. The Committee has decided **not** to reorder knicks going forward, so if you wear one of these smaller sizes and don't have a matching set yet, or need to replace your existing knicks, best get them soon!

**Cycling socks** in red and yellow, with the CTA logo at the ankle. These are a real bargain at \$10 a pair. 1 size fits 8-11.

**"Take A Look" Mirrors** Currently sold out, seeking new supplier.

**More clothing coming:** The committee is still in the process of investigating some looser-fit, high-visibility cycling shirts. We are now reviewing several samples we had made up in neon orange sports fabric (cool to ride in, quick to dry). The styling will be a looser fit (than the jerseys) shirt with a longer tail and cycling pockets in the back. We plan to offer both long and short sleeve shirts, with the CTA logo either embroidered or printed. The vision is to offer club members a casual shirt that is functional both on and off the bike, at a lower price than the cycling jerseys. We're even looking at the option of having your name embroidered on! We hope to be in production by July, and have stock available in time for On Your Bike. Stay tuned to the newsletter for more updates on clothing.

Please contact Deb on ☎ 9418 1571 (H) if you'd like to try anything on. Cheques should be made payable to "CTA Clothing".

**If undelivered please return to  
PO Box 174 Wembley 6913  
Western Australia**

