

THE CHAIN LETTER

Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (INC.)**

November/December 2017

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PRESIDENT'S REPORT

We hope to see more members more often over the coming summer. The Rides and Tours Co-ordinators (Liz and Stan) and Social Co-ordinator Steve have set out a great series of rides and events for Sundays and whole weekends and for mid-week rides both in the morning and after work hours in the evenings. My favourites are the midweek night-time rides which often head out to a pizza or cake. Also great fun are the short weekend tours starting with Kleber's Karaoke Karryon from November 10-12.

The Annual General Meeting will be held on 25 February 2018. While still some months away I would encourage anyone wanting to put their hand up for election to a club office to see what is involved by talking to existing committee members.

The more the merrier.

Riding conditions continue to improve with the northern bikeway extended alongside the freeway from Currabine to Hester Avenue in Clarkson and bicycle crossing lights installed on Cedric Street outside the City of Stirling offices. In future years we can look forward to a new bikeway beside the Northern Link from Guilford Road to Muchea. On TV we have seen the 'Might be a Mate' advertisements calling for better driving around cyclists. In the longer term, we hope to see the '1 metre passing' rule trial soon.

However, we still need to be careful. Inconsiderate and inattentive drivers and (sadly) bike riders on shared paths, slippery bike paths, broken glass and the

occasional snake or dog on paths and roads can all cause collisions or last second swerves that result in skids and crashes with risk of injury. Remember that in the CTAWA we aspire to have fun and be safe as bicycle tourists whether we are riding to a mid-week morning coffee with Rita and Miranda or crossing Canada as Jane has just done.

STOP PRESS!! The 1m Passing Rule will begin on WA roads on 30 November

"The new rules require drivers passing a cyclist travelling in the same direction on a road to do so at a minimum distance of:

- * One metre on a road with a posted speed limit not more than 60kmh; or
- * 1.5 metres on a road with a posted speed limit of more than 60kmh."

Upcoming Events

Social

Christmas Long Table Lunch—Sunday, 26 November 2017

Venue: Tradewinds Hotel, 59 Canning Highway, Fremantle, you will need to RSVP to social@ctawa.asn.au or 0420 224 911

There are riding options on the day to Fremantle –

Departing from East Perth (on PSP opposite train station) at 10:00 am;

OR Departing from Perth Arena at 10:30 am.

You must let Stephen know if you are intending to join the ride to Fremantle (0420 224 911).

Tours and Events

"Kleber's Karaoke Karryon" at the Stirling Range National Park, Friday, 10 November to Sunday, 12 November

(see website for details)

Serpentine Falls - Full Pannier - Weekend Tour

Saturday 2 and Sunday 3 December 2017

(see page 8 for details)

Great Southern Full Pannier Tour

Sunday 11 –Saturday 17 March 2018

(see page 10 for details)

Retirees Run

Monday 7– Friday 11 May 2018

(see page 10 for details)

ANNUAL GENERAL MEETING

Sunday, 25 February 2018

28 Eighth Ave, Maylands WA 6051, start time of 9:30 for 10:00 am. Details in next newsletter



Fees Please - Page 3

Changes to the website-OYB Routes on Website

2017 "Loaves to Fishes" OYB trip report Page 3/4

Back to nature weekend at Serpentine Falls. Page 7

Christmas in July at Yanchep Page 8

What we all learnt on Patrick's ride about Perth—Page 8

Put these ones in your Calendar for 2018—Page 10

Fees—club members are reminded that the fees for 2018 will be due by 31 December 2017. Check out payment options on Page 3.

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DEADLINES: Contributions for the next issue (Jan/Feb) should be sent to the Editor (editor@ctawa.asn.au) no later than **6 December 2017**.

DISCLAIMER: Opinions or comments from contributors and members do not necessarily reflect those of the Club, its committee, the Editors, or its membership as a whole.

The Chain Letter

The Chain Letter is published by the Cycle Touring Association of WA (Inc.) every two months.

We welcome articles and photos on:

- Rides you have done, in WA or elsewhere in Australia or the world
- Articles on bicycles, cycling gear, maintenance or safety
- News of members—whether related to rides or not
- Health, physiology, exercise programs or anything else related to the rider
- Riding tips or techniques
- Cycling trivia or quizzes
- Letters to the Editor...

The Editor will be grateful!! Copy and photos (at least 500kB) should be sent to: editor@ctawa.asn.au.

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Achievement Ride Successes

According to our records, the following people have completed Achievement Rides for 2017. Please contact Achievement Rides Coordinator, John Farrelly, by email achievementrides@ctawa.asn.au if any details shown seem to be wrong.

5000 in 4, 1/10/17	Arie Lemson	Mike Penklis
Liz Marshall	Greg Atter	John Farrelly

Achievement Ride Dates for 2018

50K T1 Sunday 18 Feb 2018	300K Brevet Saturday 15 Sep 2018
5000 in 4 T1 Sunday 25 Mar 2018	5000 in 4 T2 Sunday 30 Sep 2018
100K T1 Sunday 8 April 2018	10000 in 8 T2 Saturday 13 Oct 2018
Century Challenge T1 Saturday 12 May 2018	
10000 in 8 T1 Saturday 9 June 2018	
100K T2 Saturday 30 June 2018	
200K in 2 days Sunday 1 July 2018	
Century Challenge T2 Saturday 28 July 2018	
50K T2 Sunday 5 August 2018	
200K Saturday 18 August 2018	

See achievement ride descriptions on the CTA website
[<www.ctawa.asn.au>](http://www.ctawa.asn.au) **for more details.**

**** Please also check website, as dates and details may change.**



WANTED—Does anyone have a second hand tourer for sale?

We have a person who is thinking about buying a second hand touring bike. If you have one or know of anyone that is looking to sell their tourer could you please contact:

editor@ctawa.asn.au

Fees Please!



This is a reminder that your 2018 membership fees are due by 31 December 2017. You have until the end of January to pay and receive the \$5 discount (for adult membership only). After this date full price applies. The membership system should automatically send renewal notices out in early November. Hopefully, things should work smoothly but if not please feedback issues to **membership@ctawa.asn.au**

You have several payment options:

* The website provides a user login for all

members which will enable you to update your member details and also to renew your membership. To login you enter your email address or User-ID in the Username field (just below Main Events). In most cases User-ID is our first name and initial of our surname. First time though you should click the "Lost Password" button to allow you to set your password. This will send you an email link to reset your password. Once logged on you will be presented with options under the Membership menu. The Membership Account option will allow you to Renew your membership and update your profile, if necessary.

* PS: Also check the September/October 2017 edition of the newsletter for the screen dumps of the steps to login.

* EFT payment to "Cycle Touring Association of WA" account. BSB: 306-073, Account Number: 4190658, using as a description your first name and surname.

* Post a cheque or money order, payable to "Cycle Touring Association of WA", with your name and address. (PO Box 174 Wembley WA 6913)

By the time of renewal you may also have the option of paying directly by credit card.

Changes to the Website—OYB Routes now on Website

By Angus King (Website Coordinator)

All OYB Tour Routes are now available on the website at <http://ctawa.asn.au/oyb-tour-routes>. You can use it to check out those you've done - or missed. Individual daily routes can be downloaded as gpx files

We've opened up a set of members forums as a possible way for people to feedback and interact. See <http://ctawa.asn.au/members-only> and <http://ctawa.asn.au/members-only-area/forums>. The forums are a work in progress so content could be removed at any time.

The membership system should automatically send renewal notices out about early November. Hopefully, things should work smoothly but if not please feedback issues to me.

We have just moved to a new service provider. At that time several of you may have received an email about your CTA Account being locked. This was caused by a 'brute force' attack against our website - sadly, such attacks are now a regular occurrence on the Internet. The site wasn't compromised and you need do nothing for the moment. Solutions are being worked upon, including a subsidiary service the new provider made me aware of.

OYB Trip Report—Loaves to Fishes Tour 2-10 September

By Anne Williams

I was one of numerous newbies joining this OYB tour, the 29th organized by the Cycle Touring Association of WA. Every one of the 109 cyclists wore a name badge with green stickers for newbies so the old timers could identify and welcome us. And welcomed we were. I was humbled to hear about the trips completed by the experienced riders.

The organisation of the tour was exceptional and led this year by Trevor Knox, we were provided with everything required for a well-supported and safe week cycling through the scenic wildflower and wheatbelt region of WA in great company. The group had many very experienced and proficient cycling tourers with bikes ranging from top end racers, to tandems and even a 'Man Friday'

commuter bike. The bike mechanic Pedro was available to advise and resolve problems on the road. The popular 'Walk of Shame' when lost property was returned to owners kept us on our toes looking after our belongings.

The planning by Trevor and his team had started over a year ago. My first information was in the tour booklet which gave details about what we needed to bring and instructions for each leg of the 8 days on the road- 7 days cycling and a day's rest. Having done some training cycles in previous weeks, 2 Sept, soon dawned. At the early am meeting point in Midland we saw our bikes loaded onto the double decker carrier and our bags stacked in the hired luggage truck. Coaches then carried the expectant cyclists to New Norcia to be re-united with

the bikes, enjoy a provided morning tea and then set off on quiet roads 54 km north towards our first night in Moora.

There, we camped at the Equestrian ground - on other overnight stops we were usually safely camped on the clean soft grass of a football oval adjacent to the visited town's Recreation Centre. Every day our camping and personal items were moved on in the truck, which were loaded and driven by volunteer members of the tour.

Two longer days followed - with 92.5 km to Coorow then 88 km to Perenjori. Head winds made the Coorow to Latham stretch a challenge. At the compulsory morning tea stop that day (where the daily register was taken) riders were given the chance to join a slow peloton led by Kleber.

Continued on next page

OYB Trip Report—continued

We were very well fed with good Australian country cooking. Gluten free and other dietary needs were all catered for. OYB breakfast offers a choice of porridge, cereals and toast with home made jams. Generous 3 course evening dinners were provided by local clubs in the regional towns e.g. the Parents and Friends of the local high school. Stops at the infrequent roadside cafes or hotels provided refreshments for many during the day although service could be challenged by our numbers!

We had time to wander these wheat belt towns after we had set up camp and learn a little of their history and heritage. The railway line, which enabled the settling of this region, was often to be seen alongside us. On the 4th day we reached Carnamah and enjoyed a rest day there. The museum at Carnamah provided much interest - along with the McPherson Homestead and the look out over the Yarra Yarra Lakes. At the workshop on cycling we learned about efficient cycling and how to be a safe member of a peloton.

The terrain was reasonably level for much of the week with gently undulating roads. The headwind on the 79 km to Morawa provided the most challenging day. The

wildflower season did not blossom as colourfully in this region as in 2016 but we did see a few examples of wreath flowers and many other species on the roadside verges.

The last but one day took us on to Mingenew (63 km) before the final day's cycle- a glorious 57 km run nearly all downhill- from Mingenew to Port Denison. In Mingenew we camped on the finish line of one of the only grass race courses in regional WA. We also enjoyed the wonderful bakery there where they had planned for our arrival.

We totalled 492 km in 7 days to arrive beside the white sands and turquoise waters of Port Denison. Our last evening and dinner was celebratory- volunteers were acknowledged and well earned appreciation for organisers shown.. We had had a blast!

Next year OYB will tour the wine valleys of the South West. Its in my diary already and you'd better got in quick when bookings open. The 30th OYB will be another wonderful cycle tour!



OYB Morning Tea stop



This years OYB vest depicting the "Loaves to Fishes" theme.



Above: Group of riders heading into Port Denison from Mingenew on the last day of the tour



Above: A group in front of the Morawa Community Centre Hall before departing for Mingenew.



Right: Riders stopping to admire some of the wildflowers on the side of the road.

Lift out Rides Calendar for September/October 2017

Ride Guidelines

All riders are responsible for showing up with a well-maintained bike. You must wear a helmet, and we recommend you bring a spare tube, puncture repair kit, tyre levers, pump and, if your bike is not fitted with quick release hubs, a spanner that fits your axle nuts. Most importantly, bring water!

Rides are described using the guidelines below. *If you are unsure of your suitability for a ride, or if you feel it may*

be too long for you, don't be put off. Please contact the leader before the day to discuss your suitability, or to see if you can do part of the route.

Terrain refers to the hilliness of the ride, and can be 'Mostly Flat', 'Rolling', 'Some Hills' or 'Hilly'.

Mountain bike rides (on tracks or unsealed roads) are described as 'MTB'.

Pace refers to the average speed on the flat without breaks. Downhills may be

faster, uphill slower. For rides with 'Hilly' terrain, consider choosing a pace one grade below your usual comfort level.

Social	Under 15 km/hr
Leisurely	15 – 20 km/hr
Moderate	20 – 25 km/hr
Brisk	25 – 30 km/hr
Strenuous	30 – 35 km/hr
Super Strenuous	35 km/hr or more

LIABILITY DISCLAIMER: While every effort is made by CTA ride leaders to ensure the safety of all participants on our rides, individual cyclists (whether they are members or not) are **not** covered by the club for injuries if an accident occurs. We recommend that you obtain personal accident insurance before taking part.

IMPORTANT: We do what we can to ensure the ride details are correct when going to print. However sometimes unforeseen circumstances can occur after publication of newsletter. **Therefore please check the website before going on a planned ride.**

Guildford loop

Wednesday, 1 November @ 8:00am

56 km: moderate - flat

Meet at the south side of the Narrows Bridge. We stay on the southern side of the river until Guildford. We deviate to a hidden coffee stop in Hazelmere, then return following the river on the northern side. It is mainly flat. This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Connie 0407 640 012

The First Night Ride

Thursday, 2 November @ 6:00 pm

25 km: moderate, flat

Meet at the Loftus Community Centre, Leederville. It is the start of the night ride season and we kick off with a simple one from the LCC, heading north through suburban back streets to a lovely cafe in Gwelup. It's pizza night. Must have good working front and rear lights.

Leader: Stan 9345 3552, 0439 955 241 or stancls@netspace.nef.au

What tree is that?

Sunday, 5 November @ 9:00am

50 km: moderate, flat

Ride around Applecross; Como and South Perth looking for purple flowers on a tree. Check with the leader if weather looks inclement.

Leader: Noel 0419 964808;

Ring around the River

Wednesday 8 November @ 8:00am

45 km: moderate, some hills

Meet at the south side of the Narrows Bridge (Toilet Block). Cycling north across the bridge then west on Mounts Bay Rd to Hackett Drive (UWA), enjoying the views of our beautiful Swan River. Climbing up to test the legs at Mosman Park tea rooms/ Mosman Park Bowls club and catching our breath at the Bayview lookout before crossing the Stirling Bridge and head east to Bicton and coffee at The Little Stove on Harris St in Bicton. After refuelling, it's an enjoyable ride along Burke Drive, through Applecross, back by Canning Bridge and Kwinana Freeway to where we started. Depending on the prevailing winds (and to add some variety) we may do the course in the opposite direction. Check with the leader if weather looks inclement.

Leader: Rita 9385 2562, 0423 056 595;

Kleber's Karaoke Karryon

Friday, 10 November - Sunday, 12 November

Social, Weekend. See website for details

Leader: Kleber 9354 7877 or kleberc@bigpond.com

Sunday, 12 November

See website for details

Leader: Miranda

Bull Creek loop

Wednesday, 15 November @ 8am

44 km: moderate, flat

meet at Trevor Gribble Park, corner Parry Avenue and Karel Avenue, Bull Creek. This loop takes us via the Raffles

and Fremantle to the South Beach Cafe for coffee before we return to Bull Creek. We will be riding past the Raffles at 8.30 (for those who prefer the Raffles as starting point) This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Miranda 0468 932 269

Night Ride: A Pretty Ride

Thursday, 16 November @ 6:00pm

30 km, moderate, some hills.

Meet under the Narrows Bridge, north side, ride involving the Swan River, the city lights, Kings Park, Nedlands and return. Dinner in either Subi or Nedlands.

Leader: Stan 9345 3552, 0439 955 241 or stancls@netspace.nef.au

Coastal Cruisin'

Sunday November 19 @ 8:15am

80 km: moderate, flat

Meet at Rockingham Train Station for a 8.30am departure. Train from Perth underground leaves at 7.53am and arrives at Rockingham at 8.27am. We will leave the station and make our way to the coast via Warnbro Beach Rd where we pick up the coastal path at Warnbro Beach. This path takes us all the way to Port Kennedy. From there it is a combination of coastal cycle paths and roads through Singleton, Madora Bay and eventually to Mandurah. We will head towards Halls Head and follow the paths along coast to Dawesville. Morning tea at Leprechauns General Store Dawesville then a scenic ride around the

Estuary and back to Mandurah where our train returns to Perth. This ride will not be held in inclement weather, please contact ride leader if in doubt. Email : mcass@iinet.net.au

Leader: Chris 0419 908 505

Kalamunda loop

Wednesday, 22 November @ 8 am

45km: moderate, hilly

Meet at the start of the Bibbulmun track (Railway Road/Mundaring Weir Road). We either do a loop to Gosnells with coffee at the end in Kalamunda or we do a loop to Mundaring with coffee at the half way mark. This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Liz 0423 207 258; 9293 0398;

Cycle to the Tradewinds—Long Table Lunch

Sunday, 26 November—Ride Options:

10:00 am—meet at East Perth Train Station

10:30 am—meet at Perth Arena

Leisurely and flat. For those of you who want (or need) to work up an appetite for the Long Table Lunch, Steve will be leading a ride from East Perth Train Station via The Arena to the Tradewinds in Fremantle.. **Contact Steve if you are joining him, so he can keep an eye out for you at these meeting places.**

Leader: Stephen 0420 224 911 or social@ctawa.asn.au;

Christmas Long Table Lunch

Sunday, 26 November @ 12:00pm

This year we'll revisit the Tradewinds in Fremantle for our now traditional long table lunch. Come along to discuss your cycling (and other) adventures for the past year and plans for next year. RSVP to Stephen.

Leader: Stephen 0420 224 911 or social@ctawa.asn.au;

Leader's choice

Wednesday, 29 November @ 8am

44 km: moderate, flat

Meet at Trevor Gribble Park, Crn Parry Avenue and Karel Avenue. This loop takes us via the Raffles and Fremantle to a surprise coffee stop before we return to Bull Creek Station. We will be riding past the Raffles at 8.30 (for those who prefer the Raffles as starting point). This ride will not be held in inclement weather,

please contact ride leader if in doubt.

Leader: Udeni 0439 933 968

Night Ride: Catching up with the Canning Ride

Thursday, 30 November @ 6:00pm

25 km: moderate, flat

Meet at the Raffles, Canning Bridge. We will head South on the Freeway PSP to Mount Henry Bridge and then hug the Canning River as we pass through Rossmoyne and Shelley. It will be hard to choose which eatery to dine in at the Riverton Forum. After Stan's five stomachs are full we will head back to the Raffles hugging the river via Waterford, Salter Point and Manning.

Leader: Kleber 9354 7877 or kleberc@bigpond.com;

Serpentine Falls - Full Pannier Tour—See page 8.

Saturday, 2 December - Sunday, 3 December

88 km: moderate,, touring bike

Leader: Kleber 9354 7877 or kleberc@bigpond.com;

Guildford loop

Wednesday, 6 December @ 7:00am

56 km: moderate, flat

Meet at the south side of the Narrows Bridge. We stay on the southern side of the river until Guildford. We deviate to a hidden coffee stop in Hazelmere, then return following the river on the northern side. It is mainly flat. This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Connie 0407 640 012;

Taskforce 72

Sunday, 10 December @ 8:30am

40 km: moderate,, flat, social ride

Now here is an interesting ride. Taskforce 72 is a radio controlled model boat club, which Tony H is a member of, and they have a meet at the beautiful Jackadder Lake. 72 stands for the scale 1:72 which is huge. Some of their WWII ships are over 3 m long. These models are not toys, they are sophisticated and highly detailed ships. Meet at the Loftus Community Centre, Leederville. Come for an easy and interesting ride to view these beautiful model ships. The ride will be on relatively flat terrain so is a good one to bring your teenage kids/gran kids (big kids too). Afterwards, we will visit a local eatery not too far away for morning tea/brunch then return back to the LCC.

Leader: Stan 9345 3552, 0439 955 241 or stancds@netspace.net.au;

Ring around the River

Wednesday December 13 @ 7:00am

45 km: moderate, some hills

Meet at the south side of the Narrows Bridge (Toilet Block). Cycling north across the bridge then west on Mounts Bay Rd to Hackett Drive (UWA), enjoying the views of our beautiful Swan River. Climbing up to test the legs at Mosman Park tea rooms/ Mosman Park Bowls club and catching our breath at the Bayview lookout before crossing the Stirling Bridge and head east to Bicton and coffee at The Little Stove on Harris St in Bicton After refuelling, it's an enjoyable ride along Burke Drive, through Applecross to Canning Bridge and back to finish along Kwinana Freeway. Depending on the prevailing winds (and to add some variety) we may do the course in the opposite direction. Check with leader if in doubt, due to inclement weather

Leader: Rita 9385 2562, 0423 056 595;

Night Ride: Dinner with Friends in Freo

Thursday, 14 December @ 6:00pm

40 km: moderate, some hills

Shake off those Thursday blues with a scenic ride to dinner with friends in Freo. Meet at Canning Bridge (by the Raffles) for a 6pm departure before a 20km river foreshore ride to the boat harbor and your choice of seafood at Cicerello's. If the Seafood is too much, the train is nearby for a shortened return or otherwise burn off that dinner with a variation on the return to Canning Bridge. Must have good working front and rear lights.

Leader: Steve 0420 224 911 or snap22@iinet.net.au;

Kalamunda Meander

Sunday, 17 December @ 8:00am

70 km: moderate, hilly

Meet at Kelmscott Train Station. Meander past Araluen and the lovely Bickley Valley to Kalamunda for coffee and a bite to eat before whizzing down Canning Mills Road back to the start. This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Liz 0423 207 258; 9293 0398;

Rides Calendar continued on page 7

Bull Creek loop**Wednesday, 20 December @ 7 am**

44 km: moderate, flat

meet at Trevor Gribble Park, corner Parry Avenue and Karel Avenue, Bull Creek. This loop takes us via the Raffles and Fremantle to the South Beach Cafe for coffee before we return to Bull Creek. We will be riding past the Raffles at 8.30 (for those who prefer the Raffles as starting point) This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Miranda 0468 932 269;

It's my Way or the Highways**Tuesday, 26 December @ 7:45am**

60 km: leisurely,-moderate, flat

Meet at Charles Patterson Park in Burswood Park This will be a leisurely/moderate ride to give us a workout after Christmas Day excesses We will ride along 3 highways and one freeway. Coffee will be in East Perth

Leader: Connie 0407 640 012;

Kalamunda loop**Wednesday, 27 December @ 7 am**

45 km: moderate, hilly

Meet at the start of the Bibbulmun track (Railway Road/Mundaring Weir Road). We either do a loop to Gosnells with coffee at the end in Kalamunda or we do a loop to Mundaring with coffee at the half way mark. This ride will not be held in inclement weather, please contact ride leader if in doubt.

Leader: Liz 0423 207 258; 9293 0398;

Sunday, 31 December

Check website for details

BBQ/Swim Ride**Sunday, 7 January @ 8:00am**

50 km: moderate, flat, Touring & road bikes

Meet at the Guildford Train Station car park (southern side of TS). This ride involves riding on flattish roads below the foothills through the Swan Valley continuing to Success Hill where we can have a swim and then a bbq. A toilet stop will be on route and bring some

nibbles if you require to have on ride. There is a beautiful park with grass, toilets and bbq's at Success Hill. Bring your touring bikes with panniers and byo your meat, drinks, etc. as there are no shops at Success Hill. Members that do not have touring bikes, bring your meat, etc. so other members can carry it for you. I suggest that you freeze you meat, wrap in newspaper and put in plastic. Being warm at this time of year, it should be defrosted when we arrive at Success Hill. After our swim and bbq, it is a short ride back to Guildford TS. If it is really hot, the ride will be shortened.

Leader: Stan

Phone: 9345 3552 or 043 9955 241

Night Ride**Thursday, 11 January @ 6:00pm**

Night ride

Details forthcoming

Leader: Lucy 0402 811 611

Serpentine Falls—Full Pannier

Saturday, 2 December to Sunday, 3 December, 2017

Both days of this two day ride are mainly on back roads with flat terrain and at touring pace. Saturday, 2 December 58 km: Meet at Wellard Train Station at 9.00 am.

After a pleasant ride through Wellard and a safe ride along Dixon Road, we will stop for morning tea at the Dome in Rockingham.

There are limited supplies available in Serpentine, so for those who will be cooking their dinner in the camp kitchen tonight, and your breakfast needs, you can buy provisions in Rockingham after morning tea. We then stay close to Cockburn Sound and Shoalwater Bay to Mersey Point, where we will enjoy our lunch while admiring Penguin Island in the distance.

After lunch we will follow Warnbro Sound all the way to Port Kennedy and then onto Baldivis. A rest and an afternoon snack would be a good idea on

Karnup Road, as we ride through Hopeland. As you pass through the settlement of Serpentine, you could drop into the Tavern and purchase wine or beer to have with tonight's dinner, or check out their counter meals for tonight if you choose to eat out. The Tavern is about 2 km from the caravan park. Bring you bathers so you can enjoy a swim in the caravan park pool or at the Serpentine Falls 1.5 km away. Sunday, 3rd December 2017, 30 km: It is an easy day today as we ride through quiet back roads to Armadale, passing through Mundijong, Cardup, Oakford and Darling Downs. You may choose to ride all the way home, after a coffee break at the Dome.

To assist with the booking of the tent sites and the dinner option at the Tavern, please confirm with the tour leader if you intend to participate. The cost of the tent sites, and use of the facilities, is \$18.50 per person to be paid to the tour leader at

Wellard TS on Saturday. It would be helpful if you could have the correct amount available. There may be some CTA members who would like to participate in the weekend but are not set up for camping. The Serpentine Falls Park Home and Tourist Village, where we are staying, has on site cabins available for accommodation. The owners normally have a policy of a minimum of a two night booking for cabins. I was able to negotiate with them, that if you would like a cabin for the one night, you will need to ring Chris one week ahead of the tour and mention you are with the Cycle Touring Association, and if available, you will be able to book a cabin for the one night. Those interested, are to make their own arrangements by contacting Chris on 9525 2528.

Leader: Kleber 9354 7877 or kleberc@bigpond.com

Trip Report—CTA Christmas in July weekend, 2017

By Kristina Trigg

Christmas in July was held on the weekend of the 15 and 16 July. Starting at Stirling Station, enthusiastic, festive free-wheelers headed northwards to Clarkson. At Clarkson Train Station, more riders joined the group, and a lunch stop was had at the café opposite. Then it was time to head for Yanchep National Park via pretty, quiet back roads east of Wanneroo Road. The heavens were threatening to open up on us, but held off thankfully—Mother Nature's Christmas in July gift to us!

Yanchep Inn was home for the night, and after settling into rooms, and securing bikes it was time to shower and then head downstairs for pre-dinner drinks and socialising. There were open fires and Christmas decorations adorning the dining room area. A very inviting atmosphere indeed. There were 19 revellers in our group, so there were two rows of tables with an Xmas cracker for each person. As each cracker was opened, paper crowns were worn, the obligatory groan worthy 'dad style' jokes were read out, and a little gift found in each bon bon.

Santa even paid us a visit and distributed lollies and got the crowd singing a few Christmas carols, that are everyone's favourites that we all know off by heart. Rita and Cliff made a stylish pair dressed in matching tuxedos! Everyone had a rollicking time and got into the spirit of things.

The three course meal was absolutely top notch, a feast fit for royalty! Yanchep Inn did themselves proud with the whole event. The next mornings buffet breakfast was brilliant too with something for

everyone. I am sure many people had not eaten such a huge breakfast in a long time! Some cyclists headed off early, while 7 chocolate fans stopped by the Chocolate Drops café for a hot beverage and a chat. Who knew 7 people could make so much noise! There was so much laughter and chatter going on it sounded like twice as many people were there! Some beautiful birds stopped by to say hello. Yanchep National Park is a terrific place to see native wild life up close. We are lucky to have such a place on our doorstep in Perth, and to be able to spend Christmas in July in the middle of a national park is really very special. I am hard pressed to think of any where else that you can do that.

Cycling back home via the lovely back roads with my kindred spirit comrades, I was thinking I had not laughed that much in a long time. Must have been the magic of Christmas!!

Thanks must go to event organiser Stan for making this weekend happen. Your efforts are very much appreciated. Such a very pleasant and civilised way to spend the weekend, and of course, everything is always more fun on a bike, with bikes mates!!



Coffee break on the way to Yanchep



Above: Rita and Cliff, and below: Kristina and Dale, all enjoying some Xmas spirit!



Patrick's Early Perth City Tour

(15th October 2017)

By Noel Eddington

We met at Mill Point Reserve on a beautiful Sunday morning, then the quiz began:

What is the oldest building in Perth?

When was Perth founded?

Some of us knew the answers, some didn't but we were informed as we rode along.

We visited the Old Mill in South Perth in the city saw the Old

Courthouse, Supreme Gardens, the Children of Mary chapel, St Joseph's convent, Perth Boys School and many more. We learnt about early Perth pre-convict architecture and buildings. Coffee was in the city at Dome.

In all it was a great ride, not too many kilometres but excellent nonetheless. If you want to know the answers to his questions you will have to go on Patrick's next city tour.

The CTA Achievement Ride Series

The CTA conducts a series of 'Achievement Rides' (ARs) each year. These rides provide you with a graded set of challenges. Each ride must be completed within the set time limit, but is otherwise non-competitive. Each ride is supported by a volunteer and the series is coordinated by the Achievement Rides Coordinator. **(See website for details and conditions)**

Housekeeping

Please shoot us an update if your contact information changes (so we can keep our database up to speed).

Email: members@ctawa.asn.au

Safety Issues

If you have safety issues — email info@ctawa.asn.au

All riders are encouraged to report path and road hazards observed during their rides. You should email a clear summary, subject 'Hazard report', including details of the location and the problem (with a photo if you have a camera at the time) to: cycling@transport.wa.gov.au and/or enquiries@mainroads.wa.gov.au (send a copy to info@ctawa.asn.au).

You may also make hazard reports at: transport.wa.gov.au/activetransport/online-hazard-report-form.asp

Green Senator Scott Ludham has sponsored an iPhone app, Bike Blackspot, for reporting bike hazards in Perth. It seems to be a useful easy-to-use reporting tool. Information goes to both the Minister of Transport and the Greens. The CTA does not support any political party or Senator

You wish to hire equipment? We have Rear Panniers, a small Rack Bag and a Trangia (camp stove). By hiring, you can sample cycling touring without investing in lots of equipment. And if you do decide to invest, you'll have a better idea of what you want for yourself. Cost is \$5 per 2 weeks, \$10 per month, plus a bond.

CTA Clothing

CTA clothing is available as follows:

CTA jerseys:

Short Sleeve Unisex (full zip): \$85

Short Sleeve Womens (short zip): \$85

Long Sleeve Unisex (short zip) : \$95

Long Sleeve Womens (short zip): \$95

Long Sleeve Unisex (full zip): \$95



CTA jerseys are available in a range of sizes, in both long and short sleeve and half and full zip. Sizing is deliberately small to aid in moisture absorption, however it is recommended you try on a sample before selecting.

Please note: Our previous supplier (Sprint Design) has now ceased operating. However we still have a current stock of jerseys.

CTA Orange Fluoro Shirts (sizing is very large)

Short sleeve unisex style. size 16 only

CTA Socks

Orange/blue socks with CTA logo — \$10 a pair



CTA previous years OYB jerseys

2017 sleeveless jersey (Loaves to Fishes tour) sizes XS, M and 5XL: Price \$60.

2015 short sleeve jersey (Golden Heartlands tour) sizes XS, S and L: Price \$30.

Mirrors

Our previous supplier of 'Safe-Zone' mirrors is no longer in business.

To purchase on line, prices range from \$40 up to \$61. Postage from USA if not included is \$27.32.

The CTA has negotiated with the American manufacturer of these mirrors and we are able to offer these mirrors to members at \$25 if you collect the mirror yourself from Doug (at Greenwood). Postage if required is an extra \$8.



These mirrors are 57 mm diameter. Two zip ties are supplied for mounting onto your helmet. If you are cycling overseas where traffic may be left hand drive, simply remove zip ties and reattach to helmet with two new ties.

Contact : Doug 9447 2554 (H) or email clothing@ctawa.asn.au for any enquiries or orders.

Radio & TV

Keep up with the latest breaking cycle related news, whether your interest is in MTB's, Touring, Time Trials, Road Racing, or gizmos and gear. Let the experts keep you up to date on what is happening in WA and the world:

Curtin Radio 100.1 FM, Saturdays 7.40 – 8.00 am and SBS 2 (TV), Sundays 6:00 – 6:30 pm

Great Southern Full Pannier Tour—11-17 March 2018

Leader: Stan, 9345 3552 (043 9955 241)

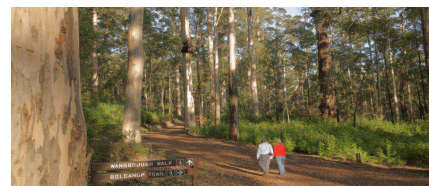
Email: staneds@netspace.net.au

Planning is now under way for a 7 day full pannier tour encompassing the Porongurups, Denmark and Albany with two nights in each caravan park. This way on the rest days there is a base camp

which means less packing but a lot more exploring of towns that we visit. Accommodation will be the way of tenting or members may choose to use the on-site cabins/vans. So book your holidays for this exciting tour.

Contact Stan for more information on this tour. Further details will also be on

the website and in the next newsletter.



Beautiful area around the Porongurups

Retirees Run 7-11 May 2018

Leader: Trevor Knox, 0402 029 608

Starting and finishing in York, the 2018 CTA Retiree's Run will be an unsupported tour over 5 riding days, traversing a 350km loop route on sealed roads.

There will be with 4 overnight stops (Brookton, Wickpin, Corrigin and Quairading) with riders sharing hotel/

motel rooms and caravan park chalets.

Accordingly, you will only need to carry minimum gear (riding/casual clothes, toiletries and credit card). Being smaller country towns, availability of accommodation will be a determining factor in the numbers of riders able to participate in the tour. However, there will also be provision for those participants who may

wish to camp.

The plan is to drive up to York with your bikes, with the vehicles being parked for the duration of the tour at a friend's property on the outskirts of York.

The tour will start on Monday morning, 7 May and conclude in the afternoon on Friday, 11 May 2018

Membership Details

CTA membership is from 1 January to 31 December. New members joining after 30 June may pay the half year membership price (1/2 of the prices shown below).

Membership 2018

Renewal Adult membership	\$50.00
(If paid by 31 Jan	\$45.00)
New Adult membership	\$45.00
Concession:	
Full-time Students/Pensioners	\$33.00
Dependents under 18	No charge
Printed newsletter-additional	\$10.00

Membership forms can be downloaded from our website ctawa.asn.au/membership-join-us-now Please send your cheque and form to the Cycle Touring Association, PO Box 174, Wembley WA 6913. A receipt of payment is only issued on request.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives.

These monies help provide each member with six newsletters per year, a number of social evenings with suppers, weekend trips and tours at cost, to name a few of the material benefits.

For more information, send an email to info@ctawa.asn.au.

If undelivered please return to
PO Box 174 Wembley WA 6913
Western Australia

