

THE CHAIN LETTER

Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (INC.)

March/April 2020

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PRESIDENT'S REPORT



Coronavirus (COVID-19) Pandemic

All CTAWA organised rides and group activities are suspended immediately due to risks of infection with the coronavirus. This suspension will be in place until 30 June 2020, unless the government advises that 'social distancing' can be relaxed.

This decision is being published, on the <http://ctawa.asn.au/> website and on the Cycle Touring Association of WA Facebook page. Members should check these sites periodically for updates as to when club rides will resume.

The health and well being of our members is the highest priority for your

club committee. This is especially so, with coronavirus (COVID-19) disease spreading so easily and rapidly and potentially affects our senior and immune-compromised members particularly seriously.

The decision to suspend club group rides and social events has been made reluctantly. Your committee asks for members understanding in this.

If individuals do decide to continue to ride I urge you to safeguard the health of yourself and those around you by observing best practices for minimising disease spread.

In particular, remember to:

- * maintain at least a 2 m separation including at any coffee stops;

- * don't share items such as pens or cups, tubes of sunscreen or touch each others bicycles;
- * stay at home if experiencing any flu-like symptoms.

If we do our bit to reduce the spread of the coronavirus in our club we will be able to ride with all our friends again in the near future.

Please take all necessary precautions to protect yourself on and off the bike in the coming weeks,

My best wishes for your good health,

Stuart

President CTAWA

UPCOMING EVENTS

Tours

Put these ones in your calendar for 2021

- * New Zealand Mountain Bike Trails—Monday, 15 February to Friday, 5 March 2021
- * Queensland Rail Trails—Full Pannier Tour—Wednesday, 21 April—Saturday, 8 May 2021

2020 OYB - "Tiny Towns Tour"

Saturday 3 to Sunday 11 October 2020

Bright skies and big horizons await this cycling adventure exploring open landscapes and the tiny country towns dotted throughout Western Australia's eastern Wheatbelt region. Cycling along quieter, sealed rural roads, this loop tour of 550km starting and finishing in Calingiri predominately follows the designated tourist route of the Wheatbelt Way trail.

Participants will have the opportunity to see open farmlands, rocky outcrops, salt lakes and wildflowers, as well as having time to visit museums, collections, historical sites and heritage trails within some of these smaller country towns located in this less travelled area of our State. The tour will overnight in the towns of Wongan Hills, Koorda, Beacon, Mukinbudin (Rest Day), Bencubbin, Wyalkatchem and Goomalling.

For general enquiries, please contact: Trevor Knox (Tour Leader); (H) 9345 1048

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The Chain Letter

The Chain Letter is published by the Cycle Touring Association of WA (Inc.) every two months.

We welcome articles and photos on:

- Rides you have done, in WA or elsewhere in Australia or the world
- Articles on bicycles, cycling gear, maintenance or safety
- News of members—whether related to rides or not
- Health, physiology, exercise programs or anything else related to the rider
- Riding tips or techniques
- Cycling trivia or quizzes
- Letters to the Editor...

The Editor will be grateful!! Copy and photos (at least 500KB) should be sent to: editor@ctawa.asn.au.

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Achievement Ride Successes 2019

According to our records, the following people have completed Achievement Rides. Please contact Achievement Rides Coordinator, John Farrelly, by email achievementrides@ctawa.asn.au if any details shown seem to be wrong.

Merit Award	Eric Tocock	Christine Liddiard
Kleber Claux	Super Achievers	Bruce Robinson
Undeni Gunasekera	Stuart Crombie	John Farrelly

Achievement Ride Successes 2020

50K—16.2.20	Brian McAuliffe	Cliff Miller
John Farrelly	Kleber Claux	Richard Marshall
Sally Grubb	Stuart Crombie	Liz Marshall
David Grubb	Undeni Gunasekera	
Don Ward	Connie	
Christine Liddiard	Rita Miller	

Achievement Rides 2020

Rides below will be subject to CTA decisions

200k, Sunday 9 August
 10000 in 8, Sunday 6 September
 300k Brevet, Saturday 17 October

Check website: "Upcoming Events" for rides after 19 April.
Achievement ride descriptions and details are also on the CTA website .

DEADLINES: Contributions for the next issue (June/July/August) should be sent to the Editor (editor@ctawa.asn.au) no later than **6 May 2020**.

DISCLAIMER: Opinions or comments from contributors and members do not necessarily reflect those of the Club, its committee, the Editors, or its membership as a whole.

Annual General Meeting—Briefs

Sunday, 8 March 2020

There was a good attendance at the AGM that was held on Sunday, 8 March 2020 at the Rise in Maylands.

Prior to the AGM meeting, members were able to access all AGM notices, including the agenda, associated papers and full committee reports on the website.

Stuart our President, welcomed everyone at the start of the meeting (his full report is on the website). Stuart expressed his sincere appreciation for all the work the committee carried out during the year and to all the members who joined in rides and social events. He said the club was ticking over nicely, the Wednesday rides have continued to grow in numbers thanks to Liz, Rita and Connie for their enthusiasm in organising these rides.

The CTAWA committee will continue to liaise with Westcycle (the peak body for cycling in WA), to explore how the CTAWA could benefit from their services (eg. Corporate or personal insurance) or advertising our club.

Below is just a brief summary of the reports.

Treasurer: Christine Liddiard

Christine again presented a comprehensive report on the financial statements of the club and said the club was in a sound financial position.

Christine mentioned a few items of interest:

- * Award recipients will each receive a \$50 incentive which is to be used at a local bike shop rather than an internet purchase (keep it local);

- * The club's public liability insurance expires on 31 March 2020, however our present insurer advises that we do not meet their requirement and will no longer offer this service. Will need to check out another insurance company;

- * Membership for 2019 was 225, which is 12 less than the previous year.

The full financial report can be seen on the website.

Rides Coordinator: Liz Marshall

Liz confirmed that this will be her last report as Rides Coordinator and wished to express her thanks to everyone. Liz also noted that more members are now

willing to lead rides due to being retired, particularly the mid-week rides. The Thursday night ride attendance has been good and Friday Hill rides had members attending.

Achievement Rides: John Farrelly

John noted that achievement rides are not extremely popular and for 2019, 20 riders entered 7 different categories. John briefly described the route taken for the 300 kilometre ride and this year had 5 super achievers which is the most participants in a long time.

Social: Teresa Liddiard

Teresa reported on the 3 social evenings – Fitness and aging with good health – May 2019 (Sally); History of Bicycle Gears in July 2019 by Alan Nabar (who has indicated he would be interested in doing another presentation, but on a different subject) and in September 2019 three different tours; Charlie, Jane and Stuart. Christmas long table lunch was the last social for the year which was held in the Swan Valley and well received by the many members who went.

Teresa is stepping down this year and wished her successor well.

Clothing:

It was noted that the demand for jerseys has declined, mainly because members have over the years acquired a number of commemorative jerseys, so there is not the demand. Perhaps look at acquiring jerseys as “blanks” and printing the logo/ wording as required. The total sales for socks for 2019 was 4 pairs which is down from the previous year (2018 of 22pairs). Members were reminded that a new supply of mirrors were in stock.

Website: Angus King

Gus reported that the website continues to offer many challenges to him and encouraged members to spend a bit of time familiarizing themselves with what the website offers. The floor recognized the work Gus has put into maintaining and improving the website and the conveniences it provides.

Newsletter Editors: Rosalee McAuliffe and Hilary Beck

Rosalee reported on behalf of Hilary and herself that they produced 6 newsletters for the year.

That it was appropriate to reassess the value of a bi-monthly newsletter given the convenience of the website, which provides up to date information. Rosalee suggested streamlining the newsletter which would include deleting the Rides Calendar as all the information is on the website, where it is more up to date and also move from bi-monthly to quarterly publications.

OYB 2019 tour:– Tony Humphreys

Tony was happy with the 2019 OYB Tour and number of participants (103). He said that they had two rest days which seemed to work out well. Financially the cost of the tour was at break even, which is a good financial result.

One question from the floor was to request a bigger font for the surname. This will be looked into by the OYB committee.

OYB 2020 tour – Brian McAuliffe

Brian reported on the planning for the 2020 OYB Tour on behalf of the tour leader (Trevor). The rest day will be on the Wednesday in Mukinbudin. The local community is keen to be involved in the OYB tour and show CTA riders their town and its attractions. Distances involved generally are 80 – 90 km, each day, but the terrain is flat, so will be easier to cycle.

Awards

Achievement Ride Recipients – John Farrelly presented awards to:

Merit Series –. Kleber Claux, Udeni Gunasekera and Eric Tocock.

Super Achiever Series –.Stuart Crombie, Christine Liddiard, Bruce Robinson and John Farrelly

2019 Newsletter Article of the Year: Awarded to Randell Holland for his contribution of two articles during the year: WA Long Weekend Pannier Tour and Xmas in July at Waroona.

Rides of the Year Recipients

Single Day Ride of the Year – was a tie between Stan Wiechecki and Ann Wilson.

Multi Day Ride of the Year – Trevor Knox for the Victorian Goldfields Tour

(Continued on page 4)

2019 Cycle Tourist of the Year – Rosalee McAuliffe as club support for the membership over the last 7 years as Newsletter Editor.

General Business

The AGM endorsed the following OYB sub-committee:

Trevor Knox (Tour Leader)

Ann Wilson

Terry Bailey

Brian McAuliffe

Sue Piesse

Website/ Newsletter – Changes

Rides Calendar in Newsletter: It was accepted that the Newsletter was only current at the time of publishing, whereas the website can offer current information. It was therefore decided to no longer print this in future newsletters.

Angus suggested that he would provide links on the website to show two months of planned rides on the CTA Events list to put the distance and other attributes on the list page to avoid people having to drill down to other folders.

Members were asked whether they found broadcast emails annoying or beneficial. No objection was raised with the consensus that it can be a very useful tool.

Subscriptions

Membership fees to be retained at the same level as 2019.

Insurance and Westcycle

There was discussion on individual insurance, being offered through Westcycle, what this involves or covers needs to be checked out by members, who are encouraged to go into Westcycle website in order to make their own decision.

The CTA committee will follow up with Westcycle to try and establish a better understanding of their service to the CTAWA and members.

Election of Office Bearers

The meeting expressed their appreciation to Stuart Crombie who agreed to continue on as President for 2020.

Members also expressed their appreciation to Connie, Charlie and Randell as new members of the CTAWA committee for 2020.

2020 CTAWA Committee

President	Stuart Crombie
Vice President	Arie Lemson
Secretary	Doug Allen
Treasurer	Christine Liddiard
Rides Coordinator	Connie Vanden Ende
Achievement Rides	John Farrelly
Social	Charlie Cilli
Clothing	Liz Marshall
Website	Angus (Gus) King
Editors	Randell Holland
OYB	Trevor Knox



A big thank you to our 2019 Committee for your fantastic work—you are really appreciated!!



Left: Ann, Arie and Kleber



Right: Robyn, Miranda and Sally

Christmas Long Table Lunch— 8 December, 2019

Pinelli Restaurant—Swan Valley

Around 40 people attended the CTA Christmas Long Table lunch at Pinelli's in the Swan Valley. It was a great get together, everyone enjoyed a tasty lunch in a fabulous venue. The staff at Pinelli's were very hospitable, even offering a discount to anyone buying a bottle of wine from the cellar door. It was also great to see Nicole G from Berlin one of our long distance members and previous Editor of the newsletter. Many thanks to Teresa, the Social Coordinator for organising the event.



Thanks Nicole (Gentz) for sending in some of the photos.

2020—Tour Down Under (TDU)—Adelaide

By Rita Miller

A special milestone in our household prompted the discussion “what should we do to mark the occasion”. We were of like minds when the idea of going to the TDU in Adelaide was raised.

For those who are not aware, right on our “door step” every January, is a UCI World Class cycling event. This year was the 22nd year since its inception. The first classic race on the cycling calendar. For cycling enthusiasts, this should be on your “bucket list”.

Adelaide and the surrounding towns and communities really get into the spirit. Best dressed town made for some very inventive displays. A village is set up in the centre of Adelaide and is filled with all things bikes. Whether you’re after a new pair of cycling gloves or want to see the next year’s bikes on offer, it’s all there. The team mechanics are also working on the bikes in readiness for the next stage. You may even run into Richie Porte or Caleb Ewan. Of course, the sponsors of the TDU are out with their giveaways.

This year the format changed slightly as the circuit of the Adelaide streets was not part of the stages but a “warm up” for the real thing. A light drizzle just an hour before it started caused some excitement as the roads had a slightly greasy finish – making the corners especially concerning. No one taking any real chances, but still trying to present themselves as a threat for the coming days stages.

The stages are required to be within a 200 kms radius of Adelaide, so basing yourself in Adelaide is not impractical. Events are scheduled for this week and at times it’s hard to choose which to be a part of. We had decided to cycle tour to each of the stages and by doing that we overnighted in either the town hosting the stage finish or nearby. All of the stage routes are available to the general public before the days race begins. We met numerous cycle teams from various cities and tour groups doing just that and then positioning themselves somewhere along the route or at the finish line to see the days event unfold. Stage 4, this year, The Westpac Challenge ride offering a couple of different starting locations therefore the public can choose a distance they are comfortable with. This is fully supported with support vehicles and refreshments stops, along with directional signage and marshalled roads. Cycling in South Australia is made “easy” as there are many cycle dedicated trails and routes. We have found South Australia to be very progressive in promoting cycle tourism.

This year the stages were:

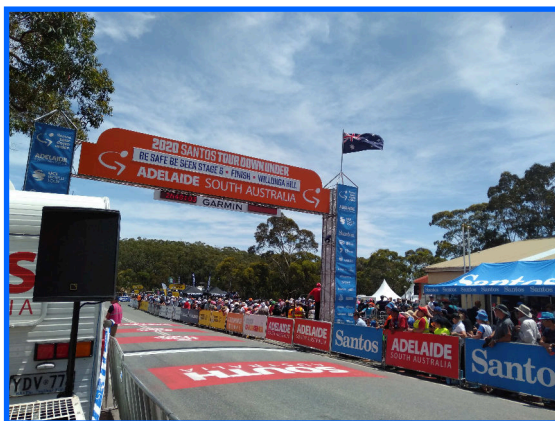
1. Tanunda – Tanunda 150km
2. Woodside to Stirling 135.8kms
3. Unley to Paracombe 131kms
4. Norwood to Murray Bridge 152.8
5. Glenelg to Victor Harbour 149.1km
6. McLaren Vale to Willunga Hill 151.5kms

The stages with the circuits, such as stage 1, 3 and 6 were best for spectators, the

speed they pass by is overwhelming so best if you can see them come past a few times. You can always find a good vantage spot, and the riders and support teams are very accessible, not cut off from public view. For us, there were many highlights, but we both agreed being at the top of Willunga Hill was number 1. The peloton was actually trying to pull back the breakaway group on the first climb up, and just before the top on the second climb to the finish, our very own Richie Porte punched into another gear and won the tour. Especially sweet on Australia Day taking the Ochre jersey off the back of Darryl Impey of Mitchelton Scott. Unfortunately, the stage was not his for the taking as a young man, Matthew Holmes, Lotto Soudal, managed to maintain his lead as part of the breakaway group and won the stage.

What a thrill to finish the tour with a downhill ride down Willunga Hill -along with about 5,000 other cyclists into McLaren Vale. Arriving at our B and B for the night we were greeted by our host still enjoying the celebrations of the day with about 25 others. The tour stage had passed right past our accommodation no less than 3 times during the day. Many of the region’s wines had been obviously been consumed and we were treated to the remains of tea and scones from the day’s festivities.

A leisurely ride back to Adelaide the next day along the coast with blue skies and gentle winds – a holiday to long remember.



The photos are

Finish line at the top of Willunga Hill; Cliff and Rita—both of us after completing the Westpac Challenge – hot and tired – but still smiling! Richie Porte after winning the TDU at the top of Willunga (he doesn’t even look hot!)

CHANGES: Ride List Now on the Website Only

ALL CLUB RIDES NOW CANCELLED DUE TO CORONAVIRUS!

At the recent AGM it was decided there was no longer a need to have the rides listed in the newsletter. Members can easily refer to the website for the latest information and details on upcoming rides.

Angus (Gus), our magnificent website coordinator, suggested that he would provide links on the website to show two months of planned rides on the CTA Events list to put the distance and other attributes on the list page to avoid people having to drill down to other folders. Here is the link from Gus to access this information. <http://ctawa.asn.au/events/list>

Ride Guidelines and Information

Ride Guidelines

All riders are responsible for showing up with a well-maintained bike. You must wear a helmet, and we recommend you bring a spare tube, puncture repair kit, tyre levers, pump and, if your bike is not fitted with quick release hubs, a spanner that fits your axle nuts. Most importantly, bring water!

Rides are described using the guidelines below. *If you are unsure of your suitability for a ride, or if you feel it may*

be too long for you, don't be put off. Please contact the leader before the day to discuss your suitability, or to see if you can do part of the route.

Terrain refers to the hilliness of the ride, and can be 'Mostly Flat', 'Rolling', 'Some Hills' or 'Hilly'.

Mountain bike rides (on tracks or unsealed roads) are described as 'MTB'.

Pace refers to the average speed on the flat without breaks. Downhills may be faster, uphill slower. For rides with

'Hilly' terrain, consider choosing a pace one grade below your usual comfort level.

Social	Under 15 km/hr
Leisurely	15 – 20 km/hr
Moderate	20 – 25 km/hr
Brisk	25 – 30 km/hr
Strenuous	30 – 35 km/hr
Super Strenuous	35 km/hr or more

For any other general information refer to: <http://ctawa.asn.au/ride/general-information>

LIABILITY DISCLAIMER:

The Cycle Touring Association of WA (CTA), its officers and ride leaders, may not be liable for loss or damage whilst taking part in any CTA activity. It is important to note, that all participants on our rides, individual cyclists (whether they are members or not) are **not** covered by the club for injuries if an accident occurs. We recommend that you obtain personal accident insurance before taking part.

Riders must wear an approved safety helmet and obey all road rules (eg not use a mobile phone while riding). If a rider leaves a ride, they must make sure that the rider is informed of this.

Do you have a redundant bike still in good condition, that you no longer ride or need?

GIVIT (givit.org.au) is an online charity where people can go to donate to people in need. Currently on the GIVIT website there are a number of charities asking for donated bikes for their vulnerable clients (adults and children's size bikes).

If you have a used bike in good condition, that you no longer need, they are asking if you would be willing to donate to DIVIT.

Donating your old bikes might help a child get to school and a job seeker get to an interview. For vulnerable WA people bikes are an essential means of transport and would be so appreciated.

If you need further information on how GIVIT works you can check out their website or contact: Sarah Visser, Engagement Officer – WA, Sarah.Visser@givit.org.au (0480 223 840)

Serpentine Falls—Full Pannier Tour—Laid Back Touring

Saturday, 22 to Sunday, 23 February 2020

By David Grubb

Firstly, thanks to Randell for organising and leading this overnighiter:- very well done, and you would have to go a long way to find a more relaxed, laid back and “she’ll be right” type of leader.

One of the pre-tour worries was that we would get a couple of stinking hot 40+ degree C days, never pleasant for loaded



Coming in to the Serpentine Falls Caravan Park, our intrepid leader leading, but only one follower!

cycling, however Saturday morning dawned overcast with a slight drizzle as we all made our way to Wellard Train Station for the 0900 rendezvous. Needless to say the rendezvous wasn't at the train station, but at the nearest cafe, for the mandatory fuelling up on caffeine and cake before the start.



The intrepid cyclo-tourists sugar loading before the start

After the normal formalities it's nineteen cyclists setting off through the main drag of Wellard and towards Kwinana Beach, overcast skies but the drizzle has stopped, so it's pleasant riding, a fair amount of Saturday morning traffic, all

seeming to take due care. Progress was halted by a freight train, at least the whole group was all on the same side of this one, rather than the normal “half and half”.



Lined up at a train crossing!

Then, another few km further along, another stoppage, this time a flat tyre for Rita, with this stoppage splitting the group. A hardy few stayed to assist Rita, the rest cycled onwards towards Pengo's Cafe stop at the Penguin Island Ferry, after all, it had probably been at least an



“A “double-G” was the culprit, we all thought it would have been glass, there was plenty about in this part of the world?”

hour since the last caffeine intake!

At Pengo's we all regrouped, with Jane and John joining us, making a total entourage of twenty-one.

After a snack, (or more?), at Pengo's, it's hit the trails and roads south along the coast to Port Kennedy, then inland eastwards towards Serpentine. It is



Gourmet food at Pengo's!

around this stage that the group starts to fragment, Kleber and Mike on the tandem, and a few others sticking to the road and the remainder on the dune paths, joining up again at Port Kennedy Beach. Our leader has decided that from here we all should be able to find our way to Serpentine, so he gives us leave to make our own way there. Some depart, at intervals, as they decide what is for them, those that have brought lunch pause to eat, yet again. This fully loaded touring is hungry work!

For quite a few, the next re-group point seemed to be the Bottle Shop, in the very sleepy main drag at Serpentine. At least it was open, unlike the IGA! From the bottleshop, it was a short ride to the caravan park, which was just as well because quite a few panniers were considerably heavier after that particular stop.

Everyone made it to the Caravan Park, so Randell the Leader was right, we were all able to find our way from Port Kennedy, who would have thought?

The normal tent pitching, cleaning up and a few stories in the camp ground over a drink or two and some food, was the usual end to the day. The highlight was that although the camp ground was short on seating, the Serpentine-Jarrahdale Shire was having a “white-goods” verge collection, and some of the enterprising lads from our group went scrounging and came back with chairs for all. Some were a bit passed it, the chairs

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that is, but the selected chairs were all good, no breakages, no injuries.

Departure on Sunday morning was for 0900 sharp, leaving time for visits to Serpentine Falls for a swim, for those that wanted. Clear blue skies, a bit warmer than yesterday, the plan was to head to Mundijong for coffee, the first for the day. After suitable refreshments from the IGA in Mundijong it was head towards Armadale for more coffee, with those that wanted to head more directly to their destination being able to peel off and do so. From Armadale it was catch the train or otherwise make your own way home.

All in all a great couple of days riding and a congenial overnight stop. Having just joined the CTAWA at the start of the year this was my first overnighter with the group, fantastic, really enjoyed it, the bar is set high for my expectations for the future.

Finally, on behalf of all participants, I am sure we want to again thank Randell, for what I have termed: "laid back leadership".

Safe cycling. David

Photos

Right: Scrounged chairs at caravan park and then time for refreshments!

Below: Cyclists arriving at Mundijong



Letter to the Editor—Concerned Truck Driver—Open Letter to All Cyclists

To The Editor

I am a truck driver working for one of the Concrete Manufacturers in Perth.

Great Northern Highway is a main Road Train and Over Size Vehicle route. The bridge over the Swan River in Middle Swan (Yagan Bridge) is very narrow. There is a footbridge / cycle way on the East side of this bridge. It would be the hardest part of the Highway for trucks to negotiate.

It amazes me that Cyclists are quite willing to ride their bicycles along this road when trucks with loads of up to 90 tonne and up to 9 m wide could easily do them major harm.

They say they are not doing anything illegal. This is true. However, it is not illegal to swim with Great White sharks but we don't do that every day.

They take their lives into their own hands when competing with a 90 tonne truck fully loaded takes about 300 m to stop from 80 km per hour.

I am not only trying to save their lives but trying save the sanity of the truckers as well.

The road is the truck drivers workplace. Would these cyclists like it if the truck driver turned up to their workplace and slowed down their work rate (as some cyclists delight in doing to us at times). Or worse still the truckie held a loaded gun to his own head in front of them while they were trying to work.

It saddens me that the Government State and Federal spend all this money on dedicated cycle paths that are designed to keep the traffic separated and yet these people insist on doing something so dangerous.

WHY RISK YOUR LIFE????? To prove a point? How inconsiderate!

JUST STAY OFF THE MAJOR TRUCK ROUTES WHEN CYCLING.

Recently far too many cyclists have lost their lives across Australia. However, believe me, if my 60 tonne plus truck

hits these cyclists I will live a long, healthy life after the event, the cyclists will not.

I am not trying to instigate a war between cyclists and truckies or any other road users. I understand that we all have to coexist together and most people are good mannered, considerate and patient.

But when I have to put a sign on the back of my truck warning Cyclists not to overtake me on my left when my left indicator is on, there is something drastically wrong with our society. Surely self-preservation is the biggest motivator here. Check the major company trucks, they all have this sticker on the left rear.

Common sense is indeed a casualty of the modern world. (Paul Walker, Alexander Heights)

Newsletter Editor—this same letter was also sent to the West Australian newspaper's Opinion Column.

To Add to Your Calendar for 2021!

2021 – New Zealand Mountain Bike Trails

Monday, 15 February - Friday, 5 March 2021

Distance: ~200km: Leisurely 15-20km/h, Mountain bike - Hilly

There are established trails at Queen Charlotte; Molesworth/Muster Trail; Rainbow Trail from Hanmer Springs; Golden Downs Trail; The Old Ghost Trail; Alps to Ocean (A2O); Central Otago Rail Trail & Clutha Rail Trail; Wanaka Trails + of course Queenstown MTB Trails. Most trails are Easy/ Intermediate with sections Advanced with parts of the Old Ghost Trail rated Expert. Limited numbers.

Details to be confirmed – Leader/Contact—Noel, check out information on the website: <http://ctawa.asn.au/event/2021-new-zealand-mountain-bike-trails>

2021—Queensland Rail Trails—Full Pannier Tour

Wednesday, 21 April—Saturday, 8 May 2021

Approx distance 800 km

This will be a self-supported pannier tour of flatter parts of the south-east Queensland, starting and finishing in Brisbane. Gradients are mostly gentle, except for the short climbs to the Bunya Mountains and Blackall Ranges. Roads are a mix of rail trails, rural back roads and country highways.

For more information, contact Stuart or check out the website: <http://ctawa.asn.au/event/2021-qld-rail-trails-full-pannier-tour>

Ride Leaders Needed!

Do you have a favourite ride that you regularly do or have an idea about a tour? If so, the Ride Coordinator would love you to hear from you. **Note:** Club rides are cancelled at the moment—time for you to think about a ride when we can all get together again! You could even go out on a recci by yourself for a suggested ride in future!

Check out the website to give you some tips and information on leading a ride.

http://www.ctawa.asn.au/ctawa_files/rides/CTA%20How%20to%20be%20a%20Ride%20Leader.pdf

Membership Details

CTA membership is from 1 January to 31 December. New members joining after 30 June may pay the half year membership price (1/2 of the prices shown below).

Membership

2020

Renewal Adult membership	\$40
(If paid by 31 Jan	\$35)
New Adult membership	\$35
Concession:	
Full-time Students/Pensioners	\$25
Dependents under 18	No charge

Membership forms can be downloaded from our website <www.ctawa.asn.au>. Please send your cheque and form to the Cycle Touring Association, PO Box 174, Wembley WA 6913. A receipt of payment is only issued on request.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives.

These monies help provide each member with a number of social evenings with suppers, weekend trips and tours at cost, to name a few of the material benefits.

For more information, send an email to info@ctawa.asn.au.

The CTA Achievement Ride Series

The CTA conducts a series of 'Achievement Rides' (ARs) each year. These rides provide you with a graded set of challenges. Each ride must be completed within the set time limit, but is otherwise non-competitive. Each ride is supported by a volunteer and the series is coordinated by the Achievement Rides Coordinator. **(See website for details and conditions)**

Housekeeping

Please shoot us an update if your contact information changes (so we can keep our database up to speed).

Email: members@ctawa.asn.au

Safety Issues

If you have safety issues — email info@ctawa.asn.au

All riders are encouraged to report path and road hazards observed during their rides. You should email a clear summary, subject 'Hazard report', including details of the location and the problem (with a photo if you have a camera at the time) to: cycling@transport.wa.gov.au and/or enquiries@mainroads.wa.gov.au (send a copy to info@ctawa.asn.au).

You may also make hazard reports at : www.transport.wa.gov.au/activetransport/25460.asp

Former Green Senator Scott Ludham sponsored an iPhone app, Bike Blackspot, for reporting bike hazards in Perth. It seems to be a useful easy-to-use reporting tool. Information goes to both the Minister of Transport and the Greens. The CTA does not support any political party.

CTA clothing is available as follows:

CTA jerseys:

Short Sleeve Unisex (full zip):

Short Sleeve Womens (short zip):

Long Sleeve Unisex (short zip) :

Long Sleeve Womens (short zip):

Long Sleeve Unisex (full zip):

Sizing is deliberately small to aid in moisture absorption, however it is **recommended you try on a sample before selecting. Also the prices are now reduced!**



CTA Socks

Orange/blue socks with CTA logo — \$10 a pair

CTA previous years OYB jerseys

2015 short sleeve jersey (Golden Heartlands tour) sizes XS, S and L. Price \$30.

Safe-Zone Mirror The 57 mm diameter 'Safe-Zone' mirror gives an improved vision of vehicles or other riders approaching from behind. Normally only available from on-line suppliers at between \$40 to \$55. CTA is able to offer these mirrors to members at **\$25** (you will need to contact the Clothing Coordinator to arrange a suitable time for pick up)..

These mirrors use two zip ties for mounting onto your helmet. If you are cycling overseas where traffic is left hand drive, these mirrors can be easily adjusted.



Contact : Liz, 0423207258 or email clothing@ctawa.asn.au for any enquiries or orders.



You wish to hire equipment? We have Rear Panniers, a small Rack Bag and a Trangia (camp stove). By hiring, you can sample cycling touring without investing in lots of equipment. And if you do decide to invest, you'll have a better idea of what you want for yourself. Cost is \$5 per 2 weeks, \$10 per month, plus a bond.