



# Cycle Touring 2013 Nannup Easter Roundup



Saturday 23 March 2013 - Sunday 7 April 2013

## Four Tour Options or a 2 Week Pannier Tour (Unsupported)

- |                                   |                                  |
|-----------------------------------|----------------------------------|
| Option 1: Mandurah Weekend        | Sat 23 - Sun 24 March, 2013      |
| Option 2: Perth to Nannup         | Sat 23 - Thur 28 March, 2013     |
| Option 3: Nannup Weekend (Easter) | Fri 29 March - Mon 1 April, 2013 |
| Option 4: Nannup to Perth         | Mon 1 - Sun 7 April, 2013        |

or

- |                                    |                                  |
|------------------------------------|----------------------------------|
| Option 5: Full 2 Week Pannier Tour | Sat 23 March - Sun 7 April, 2013 |
|------------------------------------|----------------------------------|

Join the CTA in 2013 for a 2 week unsupported pannier tour in the South West of Western Australia and enjoy the amazing sights and sounds that cycle touring can provide. Starting in Perth at the Bullcreek Train Station on Saturday 23 March we head south through a variety of countryside before returning to Perth on Sunday 7 April. If you don't have 2 weeks free there are also alternatives to join us for one or a number of different options, available to suit your other commitments.



Over the 2 weeks some of the days may be quite challenging. To ensure your enjoyment we recommend you start training now. There is a long weekend trip planned in early March for the Labour Day long weekend, 3 weeks prior to this tour, which will give you an opportunity to test out your camping and pannier gear and provide you with additional training before we start our adventure. Attendance at this weekend is encouraged to ensure you have the necessary level of fitness, especially if you plan to do the full 2 week pannier tour.

**Perth - Lake Clifton - Bunbury - Kirup - Nannup - Bridgetown -  
Boyup Brook - Lake Towerrinning - Darkan - Quindanning -  
Dwellingup - Mandurah - Perth**



# Option 1: Mandurah Weekend

Saturday 23 March - Sunday 24 March 2013

## Saturday 23 March 2013

### *Bullcreek Train Station to Mandurah (76km)*

Meet at the Bullcreek Train Station for a leisurely ride to Mandurah along the Freeway Bike Path. Accommodation for the evening is at the Miami Holiday Park, Falcon (tents only) at the low cost of \$10/person. Secure bike parking will be provided. For dinner tonight you have the choice of eating out or cooking in the campground (no camp kitchen available).

## Sunday 24 March 2013

### *Mandurah to Fremantle Train Station (54km)*

After breakfast and coffee at a local cafe it is time for fond farewells to the cycle tourists heading south to Nannup, before returning to Perth via Fremantle.

Option 1: Accommodation: Camping only  
(23 March, 1 night)  
Cost per person: \$10

# Option 2: Perth to Nannup

Saturday 23 March - Thursday 28 March 2013

## Saturday 23 March 2013

### *Bullcreek Train Station to Mandurah (76km)*

As per Option 1 above.

## Sunday 24 March 2013

### *Mandurah to Lake Clifton (50km)*

After a possible swim at the beach and breakfast with our weekenders we head south to the Lake Clifton Caravan Park. As this is a relatively short day we have the opportunity for a late start and to explore the coastal areas of Mandurah before heading south.



## Monday 25 March 2013

### *Lake Clifton to Bunbury (68km)*

The ride to Bunbury will take us along the Old Coast Road with a number of deviations to quieter roads wherever possible. For the next 2 nights we will be camping at the Koombana Bay Discovery Holiday Park, located close to the shops and many restaurants in the city centre.



## Tuesday 26 March 2013

### *Bunbury - Rest Day*

Today we have the opportunity to explore Bunbury and its surrounds, rest or to prepare for the next few days, which will be hilly and challenging for some!



## Wednesday 27 March 2013

### *Bunbury to Kirup (75km)*

Cycling via the Ferguson Valley we will enjoy some amazing views but also some challenging climbs. The reward will be the downhill rides once we reach the crest of each hill. We will stop at the growing population of gnomes at Gnomesville before continuing on to our stop for the evening, the Kirup Tavern & Caravan Park. The kitchen at the Tavern is closed on Wednesday nights so tonight you have the opportunity to put your cooking skills to good use in the campground!



## Thursday 28 March 2013

### *Kirup to Nannup (47km)*

Keeping to the back roads we will travel to Nannup via Cundinup before arriving at the Loose Goose Chalets in the afternoon, in time for the start of the Easter Weekend.

Option 2: Accommodation: Camping only (23-27 March, 5 nights)  
Cost per person:

\$75

# Option 3: Easter Weekend

Thursday 28 or Friday 29 March - Monday 1 April 2013



### *The Loose Goose Chalets, Nannup*

If you are unable to take time off for the pannier tour, or prefer day rides without having to carry panniers, why not join us for Easter in Nannup. We will cycle out on different rides each day but return to base at the Loose Goose Chalets each afternoon.

Arriving either Thursday evening or Friday morning join us as we savour the natural beauty, tastes and sounds of the Nannup area. The CTA trailer is available for the transportation of bikes from Perth to Nannup return, however a volunteer is needed for this option to be provided to participants attending the Easter weekend only. Friday morning there

will be time to investigate the many sculptures on the property and to catch up with friends, allowing people travelling to Nannup to join us for lunch before we start our day ride.

Our hosts for Easter have kindly offered to provide full catering for the weekend. This will include breakfast, lunch and dinner plus morning and afternoon tea each day. If cycling from Perth we will also receive dinner Thursday night. Unlimited tea and coffee will be provided throughout our stay. The Loose Goose Chalets are located approximately 5km out of town and over Easter businesses in Nannup have limited opening hours. As a result meals have been included as part of the tour.

For the day rides we can decide as a group where we would like to go. Friday afternoon why not visit the Mystic Mazes or the Cambay Cheese Factory? Other options include a visit to Nannup Saturday morning for a coffee stop at the local cafe or to collect supplies from the local IGA.

There are a number of off road routes with both the Timberline Trail and the Munda Biddi running very close to where we are staying. The Barrabup Pool provides an excellent swimming opportunity, accessible by either the road or the Timberline Track with the option of stopping at Workers Pool along the way. Looking for a longer ride, then why not join us one day on a scenic route to Balingup? Along the way the Tathra Hill





Top Winery Retreat provides a nice break for some wine tasting. For those of us looking for a shorter ride we can spend more time at the winery before returning at our leisure to the Loose Goose Chalets.

On Monday morning those of us continuing on tour will leave for Bridgetown. If returning home there is the option to ride with the pannier tourists to Bridgetown via Sears Road before returning to Nannup to start your trip home.

Option 3A: Accommodation: Chalet (28-31 March, 4 nights - **Arrive Thursday PM**)  
Food: Meals from dinner Thursday to breakfast Monday  
Cost per person: \$310

Option 3B: Accommodation: Chalet (29-31 March, 3 nights - **Arrive Friday AM**)  
Food: Meals from lunch Friday to breakfast Monday  
Cost per person: \$240

# Option 4: Nannup to Perth

Monday 1 April - Sunday 7 April 2013



## Monday 1 April 2013

### *Nannup to Shedley Wines, Bridgetown (80km)*

Leaving Nannup we will take the scenic route along Sears Road before stopping in Bridgetown for lunch and to restock supplies. If you are joining us after Easter, for the second week of pannier touring, and are unable to be in Nannup Monday morning, you can meet us in Bridgetown and then join us for the ride out to Shedley Wines in the afternoon. As today is the end of the Bridgetown Tennis Tournament why not stop to watch the finals while enjoying a meal and drink with the locals? Tonight we are staying at Shedley Wines 16km from Bridgetown. Take the time to sample some wines and possibly even bottle some yourself!

## Tuesday 2 April 2013

### *Shedley Wines, Bridgetown to Boyup Brook (16km gravel or 42km sealed)*

There may be an opportunity to spend time with our hosts learning about their interests in botany and local birdlife, before heading to Boyup Brook where we will be staying at the Boyup Brook Flaxmill Caravan Park. A shorter route is possible on dirt roads or you have the option of a longer route on bitumen.

## Wednesday 3 April 2013

### *Boyup Brook to Lake Towerrinning (63km)*

We will see a change in the surrounding landscape as we move from the tall trees into more traditional farming areas. At the end of the day be rewarded with a swim and relax next to Lake Towerrinning at the Lake Towerrinning Caravan Park. Enjoy the tranquility of a true rural campground before retiring for the night in your tent.



## Thursday 4 April 2013

### *Lake Towerrinning to Darkan (34km)*

As this is one of our shorter days you could enjoy another swim in the lake before taking to the road again, this time headed for the Darkan Caravan Park, on the outskirts of town.



## Friday 5 April 2013

### *Darkan to Quindanning (64km)*

Leaving Darkan we continue to cycle through local farmland while looking forward to the comforts of home in the town of Quindanning, where we will be staying at the Ye Olde Quindanning Inne for the night. As there is no camp kitchen at the Inne you may wish to join us this evening for a traditional pub meal to celebrate our touring success and new friendships formed. Confirmation of numbers is required for the evening meal.



## Saturday 6 April 2013

### *Quindanning to Dwellingup (74km)*

Before leaving the Quindanning Inne enjoy the breakfast provided as part of your nights stay. The road from Quindanning to Dwellingup sees us moving back into more forested areas as we head north to Dwellingup. Tonight we will be camping at the Dwellingup Chalets & Caravan Park.

## Sunday 7 April 2013

### *Dwellingup to Mandurah Train Station (50km)*

Our last day sees us travelling to the Mandurah Train Station where the tour ends. After 16 days on the road it is time for fond farewells before we make our way home either by train, car or cycling. Hopefully we will see you on the 40th Anniversary Tour in April 2014!



Option 4A: Accommodation: Camping only (1-6 April, 6 nights)  
 Food: Continental Breakfast in Quindanning  
 Cost per person: \$75

Option 4B: Accommodation: Camping (1-4 & 6 April, 5 nights)  
 Hotel - Twin Share (5 April, 1 night)  
 Food: Continental Breakfast in Quindanning  
 Cost per person: \$85

# Option 5: Full Tour

Saturday 23 March - Sunday 7 April 20

Including: Options 2, 3A, 4A (Camping at Quindanning):

Accommodation: Camping (11 nights)  
 Easter Chalet (4 nights)

Food: Meals in Nannup  
 Continental Breakfast in Quindanning

Cost per person: \$460

Including: Options 2, 3A, 4B (Hotel room at Quindanning):

Accommodation: Camping (10 nights)  
 Easter Chalet (4 nights)  
 Hotel Room Quindanning (1 night)

Food: Meals in Nannup  
 Continental Breakfast in Quindanning

Cost per person: \$470





## Tour Costs & Payments

The tour costs cover all camping accommodation, breakfast at the Ye Olde Quindanning Inne (with an option for a hotel room) and chalet accommodation plus meals over Easter in Nannup. Other meals are incidental costs and are to be met by the participant, so will need to be factored into your budget. A more detailed tour booklet will be provided electronically prior to the start of the tour.

**Only current CTA members are eligible to attend this tour.** Please ensure your subscription is up to date when submitting your registration.

Full payment with the official entry form must be received before the closing date of **Friday 22 February 2013.** Cheques should be made payable to the "Cycle Touring Association of WA" and forwarded with your completed entry form to:

CTA of WA - Sustainable Cycle Tours  
PO Box 174  
WEMBLEY WA 6913

Alternatively you can pay direct to the CTA Sustainable Tours bank account (details below) and email or post your official entry form to the CTA PO Box or the organisers email:

BSB: 306 115  
Account: 0293434  
Reference: <Your name>

## What You Provide

- A reliable touring or hybrid bicycle with a wide range of lower gears. Make sure your bicycle is in good mechanical condition and has provision for 2 or more water bottles.
- Securely mounted, good quality, pannier racks and pannier bags.
- A lightweight tent, sleeping bag, food (excluding Easter), tool kit & container for additional water.
- Your own insurance to cover personal belongings, accidents and liability.
- Participants should possess a good level of fitness, as much of the terrain is hilly and there are successive days of reasonably long distances.
- Self sufficiency, as this tour is unsupported.

## Age Conditions

- No person under the age of 18 on 23 March 2013 will be eligible to take part in the tour. The organisers reserve the right to reject any prospective participant for whatever reason.

## Safety

- It is compulsory by law to wear an approved cycle helmet.
- You must not wear headphones or thongs whilst cycling on the tour.

## Training

- Cycle regularly before the tour. If completing the full pannier tour ensure you are capable of riding with full panniers up to 80km in a day.
- Use the bike, loaded panniers and clothing you anticipate using on the tour to ensure you address any problems before the tour.

## Refund Policy

- Cancellations received by Monday 25 February 2013 will receive a refund of 80% of the payment.
- Cancellations received after Monday 25 February 2013 will receive a refund of 20%.

## Enquiries

Organiser: Teresa Liddiard  
M: 0421 089 443  
E: [touring@ctawa.asn.au](mailto:touring@ctawa.asn.au)

