

# 40th Anniversary

## Full pannier tour 2014



Cycle Touring Association of W.A. (Inc.)

## CTA Albany to Perth Tour

19 April – 4 May 2014

*Photo courtesy Dale Neill Photography*



## CTA 40th Anniversary Full Pannier Tour Albany to Perth Saturday 19 April to Sunday 4 May 2014

**T**his is a self-supported pannier tour from Albany to Perth organised by the Cycle Touring Association of WA (Inc).

Leave your troubles behind as you tour in a leisurely fashion through some of Western Australia's most scenic spots, including tall timbered forests, tranquil beaches, native wildlife, caves, and historic towns.

The total distance is 850 km over twelve cycling days, with three rest days at Albany, Pemberton Forest Stay, and the Dunsborough Beach YHA, to allow participants to take in the more picturesque spots. The proposed route will be on bitumen roads, using as many quiet back roads as possible. There will be many occasions when the Munda Biddi and Rail Trails are an option.

If you are participating in this type of tour for the first time, you will gain a real sense of achievement as you conquer what seemed at first to be impossible, and find friendships and camaraderie seldom experienced elsewhere.

Please note that the 40th Anniversary Full Pannier Tour is open to CTA members only.

### TOUR OPTIONS AND COSTS

**Option 1:** Full tour – Albany to Perth, Saturday 19 April to Sunday 4 May 2014

Cost: (a) With transport, Perth to Albany: \$435

(b) Without transport: \$380

**Option 2:** First week – Albany to Balingup, Saturday 19 April to Sunday 27 April 2014

Cost: \$335

**Option 3:** Second week – Nannup to Perth, Saturday 26 April to Sunday 4 May 2014

Cost: \$255

**Option 4:** Weekend halfway tour, Saturday 26 April to Sunday 27 April 2014

Cost: \$85

#### NOTES:

1. Option 4 weekend halfway tour. The \$85 covers the transport from Perth to Nannup and return, and tent accommodation at the Nannup caravan park. Also, spaces will only be available once the transport needs of Options 2 and 3 have been satisfied.
2. The costs will cover all accommodation, transport for you and your bike, commemorative

tour shirt, maps, tour information kit and the Group Bonding Dinner for Options 1 and 2 in Albany. All other meals and incidental costs are to be met by the participant.

3. Full payment with the registration form must be received before the closing date of **Friday 28 February 2014**. Cheques and Money Orders should be made payable to Cycle Touring Association of WA (inc.) and forwarded to: the tour organizer.

Early registration is recommended as the tour numbers will be limited.

#### Commemorative Tour Shirt:

There will be an attractive shirt for all participants in the tour. These should be ordered well in advance. Full details of how to choose the size and place your order are given in the accompanying Chain Letter newsletter (#233 Nov/Dec 2013).

It is important to confirm your shirt size. Visit Sprint Design (Shop 1/145 Rockingham Road, Hamilton Hill) or use their online size charts at [www.sprintdesign.com.au](http://www.sprintdesign.com.au). Send size information with your request to Kleber (details below) so that he can place the order. Orders should be confirmed before Friday 3 January 2014.

#### WHAT YOU PROVIDE

- A good, reliable touring or hybrid bicycle with a wide range of lower gears. It must be in good mechanical condition and we strongly recommend having it serviced at a local bike shop at least a month before the tour
- Securely mounted, good quality, pannier racks and pannier bags
- An approved cycling helmet
- Your own travel insurance

**Note:** To help make your tour as smooth and enjoyable as possible, a comprehensive, tried-and-tested packing list for cycle touring will be supplied with the tour information kit at the 40th Anniversary BBQ ride on Sunday 6 April 2014.

#### SAFETY

- An approved cycle helmet must be worn while cycling
- Headphones or thongs must not be worn while cycling
- Read the 'Conditions' section of the accompanying registration form

#### TRAINING

Participants should have a good level of fitness, as much of the terrain is hilly and there are successive days of



reasonably long distances. So that you can enjoy the tour from day one, it is important that you bring your fitness up to an appropriate level during the weeks prior to the tour. Read the itinerary to gain an appreciation of the distances that you will be required to achieve. On your training rides, use the bike and clothing you anticipate using on the tour to address any problems before

the tour begins.

There will be a 'Shake Down Tour', to assist with your preparation, on the Labour Day long weekend, Saturday 1 March to Monday 3 March 2014.

### **PRE-TOUR BBQ**

There will be a 40th Anniversary Pre-Tour BBQ ride on Sunday 6 April 2014. You should make an effort to attend, as we will be handing out the

tour shirts, maps and tour information kits. It will also be an opportunity to discuss the tour in general and answer any questions that might arise.

### **Tour Organizer:**

Kleber Claux  
2 Young Lane  
Parkwood W.A. 6147  
Phone: (08) 9354 7877  
Email: [kleberc@bigpond.com](mailto:kleberc@bigpond.com)

## **THE ITINERARY**

### **DAY 1 – SATURDAY 19 APRIL**

#### **OPTIONS 1 AND 2 – PERTH TO ALBANY BY BUS**

Meet at the East Perth train station car park off East Parade, East Perth, with bike and panniers, at 9:00 am for a 9:30 am departure. Arrive at Albany Gardens Holiday Resort mid-afternoon in time to set up camp and shop for a few provisions for the next few days. Relax with a Devonshire tea while taking in some of the many sights this historic town has to offer. In the evening we will get together, wearing our 40th Anniversary Tour shirts, for the Group Bonding Dinner at the Shells Restaurant as we build up our energy levels with great food.

### **DAY 2 – SUNDAY 20 APRIL**

#### **REST DAY IN ALBANY**

Here is your opportunity to get into the holiday mood. The fit ones can visit Mt Clarence, Middleton Beach, the Old Farm at Strawberry Hill and other sights close to town. For those who need a few more kilometres, there is a ride to the Whaling Station at Frenchman Bay or to the Gap, or take a swim at Whaler's Cove if you wish. In the evening, take the opportunity to hone your Trangia cooking skills in the camp kitchen and share food and time with your new touring companions.

### **DAY 3 – MONDAY 21 APRIL**

#### **ALBANY TO DENMARK – 66 KM**

With panniers fitted, it's On Your Bike as we head out on the Lower

Denmark Road to avoid the narrow South Coast Highway. This scenic route makes for a pleasant morning tea stop at Grasmere or Torbay, then a possible side excursion into Cosy Corner beach for a swim and lunch. We skirt Wilson Inlet to arrive at Denmark Rivermouth Caravan Park beside the Denmark River. This day also offers the options of riding parts of the Munda Biddi and Rail Trails.

### **DAY 4 – TUESDAY 22 APRIL**

#### **DENMARK TO WALPOLE – 80 KM**

We're up early to ride through beautiful undulating farmland, with an opportunity for a swim at Green's Pool at William Bay. Lunch is at Bow Bridge before visiting the Valley of The Giants and the Tree Top Walk. Buy provisions at Walpole before you settle in at the Coalmine Beach Caravan Park. For those who prefer, this day also offers options of cycling the Munda Biddi Trail and Rail Trail.

### **DAY 5 – WEDNESDAY 23 APRIL**

#### **WALPOLE TO SHANNON RIVER – 72 KM**

Today's ride will see us heading into some serious hills, with a lunch break among the majestic Jarrah and Karri trees of the D'Entrecasteaux National Park. For our overnight stop we will be 'roughing it', at the Camp Ground in the Shannon River National Park. We will be camping under the stars with the Trangia chefs showing off their culinary skills.

### **DAY 6 – THURSDAY 24 APRIL**

#### **SHANNON RIVER TO PIMELEA – 70 KM**

After a good night's sleep in 'the bush' it's off to Northcliffe for morning tea, and to purchase lunch that can be consumed later in the Northcliffe Forest Park, where the trees are the biggest and oldest in this forest. The undulating 28 km from Northcliffe to Pemberton must be one of the most attractive Karri forest drives in the South West. The last 6 km through the forest to our two-night stay at the Pemberton Forest Stay in Pimelea is what makes cycle touring so enjoyable.

### **DAY 7 – FRIDAY 25 APRIL**

#### **REST DAY IN PIMELEA**

Sleep in, wash your nicks, read a book, or get up and go 'Trap a Trout!' at the hatchery followed by a Devonshire tea, 'Travel on the Tram' to the Warren River, 'Ride the Rainbow Trail' and see the Big Brook Arboretum or 'Glide up the Gloucester Tree'. After coffee and cake in Pemberton, it's all hands on deck to buy and transport the provisions back to Pimelea uuuuuup Pumphill Road for the traditional Anniversary Long Table Banquet.

### **DAY 8 – SATURDAY 26 APRIL**

#### **OPTIONS 3 AND 4 – PERTH TO NANNUP BY BUS**

Meet at the East Perth train station car park off East Parade, East Perth, with



bike and panniers, at 9:00 am for a 9:30 am departure. You will have time to settle into the Nannup Caravan Park before riding out to meet your friends en route from Pimelea.

#### **FULL TOUR: PIMELEA TO NANNUP – 72 KM**

Today we start out on Channybearup Road, which passes through beautiful farmland to the Vasse Highway on the edge of the Beedelup National Park. The downhill ride to the Karri Valley Resort through those huge trees is breathtaking. If you have room after the Anniversary Long Table Banquet, then a spot of lunch by the Donnelly River might be in order. As we approach Nannup, our friends from Perth will meet up with us, and we can enjoy the last few kilometres into town together. Tonight we will celebrate the halfway point with dinner and drinks at the Nannup Hotel, as we say goodbye to those leaving us in the morning and welcome those who have joined us for the rest of the tour.

#### **DAY 9 – SUNDAY 27 APRIL**

##### **OPTIONS 2 AND 4 – NANNUP TO BALINGUP 41 KM, THEN TO PERTH BY BUS**

As we wave farewell to our companions of the last eight days, we will be thinking of them as they ride to Balingup, following one of the most scenic routes in WA. Marshall Coach Lines will then transport them safely back to Perth, arriving mid-afternoon.

##### **NANNUP TO AUGUSTA – 90 KM**

For the rest of us, an early start is in order as this is one of the longer days. The terrain now undulates through bush and open farmland to Alexandra Bridge, where lunch can be eaten after a cooling swim in the Blackwood River. Then it's on to Augusta and a nice hot shower before a delicious meal at one of the many quality eateries available in town.

#### **DAY 10 – MONDAY 28 APRIL**

##### **AUGUSTA TO HAMELIN BAY – 21 KM**

After two hard days for some, and one for the new chums, today is ideal. The morning can be spent cycling the short distance to Cape Leeuwin to visit the lighthouse and the salt encrusted waterwheel. Heading North from Augusta along Caves Road, stop into the Jewel Cave for a guided tour before continuing on to restful Hamelin Bay Holiday Park. Here you can comb the beach, catch a wave or curl up and go to sleep.

#### **DAY 11 – TUESDAY 29 APRIL**

##### **HAMELIN BAY TO PREVELLY PARK – 47 KM**

By now everyone should have slowed down to a sedate touring pace, so amble up Caves Road for a look at the Boranup Forest Maze and then on to the Boranup Gallery to devour a Devonshire tea, while admiring the fine works of art on display. The spectacular Boranup Karri Forest is worth savouring as we make our way through quiet back roads to our overnight stop at the Prevelly Park Beach Resort.

#### **DAY 12 – WEDNESDAY 30 APRIL**

##### **PREVELLY PARK TO DUNSBOROUGH – 59 KM**

The ride will start on the shared path to Margaret River then, to avoid traffic on the Bussell Highway, you can choose the Rail Trail to Cowaramup for a rest and a delicious morning tea at the bakery. We then zigzag our way North between Caves Road and the Bussell Highway to avoid the traffic, and give riders the opportunity to call into one of many of the wineries along the way. Lunch at the Rivendell Winery, or later at the now famous Dunsborough Bakery, is recommended before heading off to the Dunsborough Beach YHA.

#### **DAY 13 – THURSDAY 1 MAY**

##### **REST DAY IN DUNSBOROUGH**

If you are not keen on leaning back and snoozing in one of the deck chairs at the hostel, you could take to the surf at Yallingup Beach or the placid waters of Eagle Bay, before riding up to Cape Naturaliste. If you

are into hard rock, then maybe Canal Rocks is your scene. Then make the obligatory visit to the bakery in town for afternoon tea.

#### **DAY 14 – FRIDAY 2 MAY**

##### **DUNSBOROUGH TO AUSTRALIND – 96 KM**

We will take quiet back roads through Vasse, then after morning tea in Busselton and a lunch purchase for later on the road, we're on our way. More back roads to Wonnerup and Ludlow, with the Tuart trees of the Tuart Forest National Park lining our route. We head north avoiding the Bussell Highway as much as possible, passing through Bunbury and on to the Australind Tourist Park for the night.

#### **DAY 15 – SATURDAY 3 MAY**

##### **AUSTRALIND TO MANDURAH – 96 KM**

Continuing north we stay close to Leschenault Estuary before joining the Forrest Highway and making a lunch stop at the Settlers Roadhouse. After a few more kilometres we reach the quieter Old Coast Road and then turn onto Estuary Road, which follows the Harvey Estuary to Dawesville. We will take advantage of the shared path to Mandurah and continue on to the Timbertop Caravan Park, our last camp of the tour. On the last night we will celebrate the 40th Anniversary at the Silver Sands Tavern with good food, wine and the company of other CTA members down for the weekend from Perth.

#### **DAY 16 – SUNDAY 4 MAY**

##### **MANDURAH TO PERTH – 80 KM**

The last day of the tour, sigh! After clearing the outskirts of Mandurah, we head north onto the Kwinana Freeway PSP with a morning tea stop at the Safety Bay service station. We will be joined by more CTA members, out for the day, for lunch at the Thomas Road service station at Kwinana. Now with the numbers and spirits high we are off on the last leg of the tour to the finish at East Perth.

**Congratulations!!**