Private support vehicles may not cyclists. There will be sufficient official vehicles to meet needs.

CAMPING

We will camp in recreation reserves of sports centres, and we must comply with such rules as they may have.

TRANSPORT

The tour will be starting and finishing at a car park, adjacent to the Armadale Railway Station terminus. Alternatively, for country participants and those unable to arrange for

transport to the start, limited, secure parking follow the rides, as they can be a hazard to for the duration of the tour, is available at a location nearby. However, the property owners and the Cycle Touring Association of W.A. (Inc) accept no responsibility for any theft or damage whatsoever to the vehicles whilst they are parked there.

> On the tour, official support vehicles will meet day-to-day needs. No private support vehicles are permitted (see 'Safety').

AGE CONDITIONS

Persons under the age of 16 on the 17th

October 1998 may not, we are sorry, take part in the tour. Those under the age of 18 on that date must have a parentís or guardianís consent before they can take part.

PAYMENT

All payments with official entry form must be received before 26th September 1998. Cheques should be made payable to On Your Bike W.A. and posted to: PO Box 282 Inglewood W.A. 6052.

CANCELLATIONS

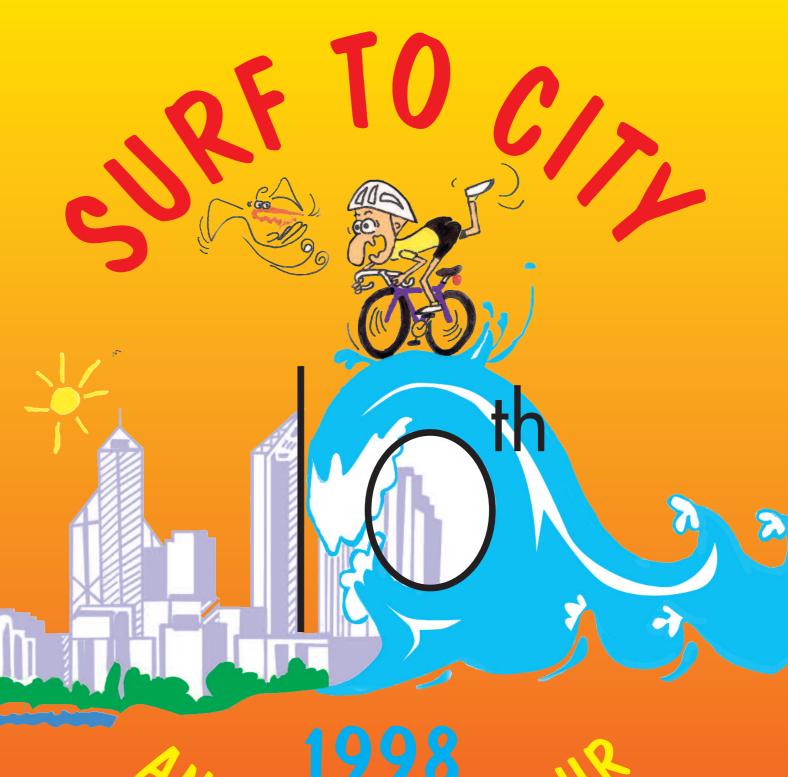
Written cancellations received by the 26th September 1998 will receive a refund



of 80% of the payment. Written cancellations received after 26th September, but before 17th October 1998 will receive a refund of 20%.

On Your Bike W.A. PO Box 282 INGLEWOOD WA 6052 Organized by: The Cycle Touring Association of W.A. (Inc).





17 - 25 OCTOBER 1998



DAY 1 SATURDAY 17TH OCTOBER PERTH TO MARGARET RIVER BY COACH 280KM

After lunch at the Margaret River Football Club complex, quickly pitch your tents then its On Your Bikes for a smorgasbord of places to see. For the energetic ones, a ride to the Mammoth and Lake limestone caves may take your fancy or maybe, a swim at the mouth of the Margaret River or Prevelly Park. The less adventurous may prefer a leisurely ride to Fonti's Dairy Factory or the Berry Farm.

DAY 2 SUNDAY 18TH OCTOBER MARGARET RIVER TO BUSSELTON 86KM

The ride will start by heading north through Cowaramup where pottery and craft studios are worth a visit. Continuing north we touch on the Leeuwin-Naturaliste National Park and pass some of the famous vineyards of this relatively new wine region. As we head east take the opportunity to relax and lunch by the tree shaded roadside or drop into one of the many tea rooms in the area.

If you arrive at Busselton early enough you may wish to have a swim in Geographe Bay before settling in at Sir Stewart Bovell Park, our campsite for the night.

DAY 3 MONDAY 19TH OCTOBER BUSSELTON TO DONNYBROOK 71KM

On your way through Busselton stop at the bakery for the best selection of sticky buns in the South West. Some of the well preserved pioneer buildings are worth a visit also.

Then we move into the Tuart Forest National Park, the only remaining natural tuart forest in the world with some specimens estimated to be between 300 and 400 years old.

After passing through Capel we head south east following the Capel River with a visit to Ironstone Gully Falls for lunch. We head for Donnybrook the home of the Granny Smith apple and maybe a swim in the local heated pool.

DAY 4 UESDAY 20TH OCTOBER

TUESDAY 20TH OCTOBER DONNYBROOK TO COLLIE 54KM

We leave Donnybrook and head for the famous coal mining town of Collie. The ride takes us through more farming land and back into the jarrah forest near Wellington Dam. Now is the time to take out the camera as we head up the scarp with beautiful views of the valleys.

Take advantage of the short day and see some of the local attractions in Collie, namely, the Coalfields Museum, Steam Loco Museum and the Swing Bridge Arboretum opposite Soldiers Park.

DAY 5 WEDNESDAY 21ST OCTOBER COLLIE TO DARKAN 61KM

Collie is left behind as we head off on the Coalfields Road. The road climbs gently as we follow the Collie River South branch with the vegetation changing from open farm land to dense forest. As we approach Darkan, the surrounding district opens up into sheep, cattle, wheat and dairy farming. Turn right into Memorial Drive to Darkan Oval where we will be staying for the next two nights.

DAY 6 THURSDAY 22ND OCTOBER REST DAY AT DARKAN

A chance to discover what these country towns have to offer and Darkan has plenty. A coach trip to nearby Lake Towerrining for water skiing and barbecue may be to your liking. A short cycle trip to Hillman Dam, built during the depression, the Wet Blue Tannery or the Six Mile Cottage are all worth a visit. The 2.2km Darkan Heritage Trail, washed down with devonshire tea available at the local Arts Council, is a must.

DAY 7 FRIDAY 23RD OCTOBER DARKAN TO BODDINGTON

Today will be our longest on the tour, heading north along the Williams-Darkan Road passing through Culbin Siding. The country opens up into undulating farmland as we head east to the lunch stop at Ye Olde Quindanning Inne. As we ride through the rugged scarp country of the south west in the Boddington Shire, keep and eye out for the beautiful display of Blackboys on both sides of the road. After such a long day, a nice hot shower and a cool drink at the Boddington Community Clubhouse complex will be appreciated.

DAY 8 SATURDAY 24TH OCTOBER BODDINGTON TO DWELLINGUP 53KM

We retrace our steps for the first 8 km then continue towards Dwellingup on the Pinjarra-Williams Road. With seven days riding under our belts this section through dense jarrah forests with many downhill runs will be exhilarating. The short days ride will allow you to freshen up and take in many of the attractions of this once timber milling town. Remember to practice your singing for tonights famous On Your Bike Concert.

DAY 9 SUNDAY 25TH OCTOBER DWELLINGUP TO ARMADALE 85KM

As we pass by South Dandalup Dam heading towards the coastal plain enjoy the last downhill of the tour. Savour the last few hours of the tour by lunching with new found friends and think about what stories you can tell your workmates. For those who have participated for the first time, congratulations, and we hope to see every body next year.



- ◆ A real cyclistís breakfast of porridge cereals, toast with a variety of toppings and coffee, tea or Milo. Plenty of everything and the famous On Your Bike porridge is guaranteed to stick to your ribs in anticipation of a hard dayís ride.
- Morning tea by the roadside. The chuck wagon will appear and provide cups of tea, coffee or Milo. Fruit in season may be available.
- ◆ A hearty 3-course meal in the evenings provided by a local community group. This will consist of lamb, beef or chicken dishes with vegetables and salads, Vegetarians will be well catered for. (Please indicate on entry form).
- Backup vehicles to transport luggage between campsites.
- ♦ Signposting where appropriate.
- Bike mechanics.

- First aid support.
- ◆ Identification tags for your luggage, bike and you - in case you forget yourself. Tour guide with maps and descriptions of the journey. These will be posted to you closer to the tour.
- Commemorative shirt with appropriate design.
- ◆ Shoulders to cry on if necessary and/or pats on the back when you achieve your cycling aims.
- Automatic 6 months membership of the Cycle Touring Association of W.A.
 (Inc). This offer only applies to non members of the CTA who have not taken part in a previous On Your Bike W.A. tour.

do not provide lunches (despite encouraging you to over-eat at other times). These you may purchase for yourself at local shops.

TRAINING

Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the trip to ensure you solve any problems before the ride. During the six weeks prior to the event you should ride for at least 50 km each weekend and try to complete one or two rides of at least 90 km. There will be an opportunity to ride with some of your fellow tourists on Sunday 27th September. You are warmly invited to join the group, which is scheduled to leave the Raffles Hotel at Canning Bridge at 9 am, for a scenic ride around the river to a secret eatery. Leader: Kleber Claux ph (08) 9458 7519.

SAFETY

- Approved cycle helmets must be worn when cycling.
- Head phones or thongs must not be worn when cycling.
- Alcohol is not to be consumed during the organized rides.
- Rowdy behaviour in the camp site will not be tolerated.
- Provide your own insurance to cover personal belongings, accidents and liability.
- ♦ Memories of the best 9 days you will have this year.

WHAT YOU PROVIDE

- ♦ A bicycle preferably with a wide range of gears - in good mechanical condition with water bottles, pump, tools, spare tubes and a lock.
- A cycle helmet and a good rain jacket.
- Your own insurance to cover personal belongings, accidents and liability.
- ♦ An unbreakable plate, bowl, mug, eating irons, tea towel and torch.
- ◆ A small waterproof tent, inflatable mattress and sleeping bag.
- A sufficiency of clothing and toiletries.
- ♦ A bag to hold all this preferably a duffle or kit bag not exceeding 1 metre in length and a waterproof liner for the clothing and sleeping bag.
- Lunches; except for the first day, we