#### **Volunteers**

'On Your Bike' is organised by a sub-committee of the Cycle Touring Association of WA (Inc) on a totally not for profit basis and requires volunteers from among the 'participants' - you - to help out with some of the daily tasks involved for the smooth running of the tour. Tasking areas include:

- Helping out at breakfast
- Baggage loading
- Helping out at and/or after the evening meal
- General cleanup
- Truck driving

If you would like to help in any of these areas or the dozens of other little tasks, please tick the box on the Volunteers section on the entry form.

## We Provide

- A real cyclist's breakfast of cereal, toast, a variety of toppings, tea and coffee, and most importantly the famous 'On Your Bike' porridge. If you think you need a good 'stick to your ribs' start to the day before a long ride then the porridge will fit the
- Morning tea by the roadside including tea, coffee and Milo. Fruit in season will be available.
- A 'Sag Wagon' if it's all too much.
- A hearty three course evening meal provided by local organisations. If you require vegetarian meals then please indicate on the entry form.
- A vehicle to transport all your luggage between campsites. Signposting where appropriate.
- A bike mechanic will be available each evening at standard commercial rates.
- First aid and medical support.
- Identification tags for your luggage, bike and you in case you forget yourself. Tour guide with maps and route descriptions will either be posted to you or available electronically closer to the tour. Please indicate on the entry form your preference.
- Commemorative Tour shirt.
- A shoulder to cry on and/or a pat on the back when you achieve your personal aims.
- The best 9 days of fun you will have this year.
- Automatic 6 month membership to the Cycle Touring Association of WA (Inc). This offer only applies to nonmembers of the CTA who have not taken part in a previous On Your Bike tour.

## You Provide

- A reliable bicycle with a wide range of gears. It must be in good mechanical condition and we strongly recommend having it serviced at a local bike shop at least a month before the tour. Please read the 'Conditions' section on the entry form.
- Cycling accessories water bottles, pump, spare tubes, tools, a bicycle lock.
- Your own travel insurance.
- Approved cycling helmet.
- Unbreakable plate, bowl, mug, eating utensils, tea towel for morning breakfast.
- All your camping gear small waterproof tent, inflatable mattress and sleeping bag.
- Sufficient clothing, bathers and toiletries.
- Lunches: Except for the first and last days, we do not provide lunch. During the tour participants will be advised as to where lunches may be purchased.
- Your own sense of adventure and be prepared to have fun!

## Luggage

- Your total allowance is 20 kg, of which no one bag can be more than 12 kg. Luggage will be weighed at check-in.
- Please pack your gear into 'soft duffle' type bags. Suitcases are not acceptable
- A luggage drop off prior to the start of the tour is available to

be dropped off to East Victoria Park no later than the Thursday evening before the tour by contacting Terry on 9472 9887. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to luggage whilst it is at the property.

make getting to Armadale easier on the trains. Luggage can

## **Transport**

Transport will be available for you, your luggage and your bike to get to the start at Dumbleyung. The transport will leave from and return to the car park adjacent to the Armadale Railway Station.

On the tour official support vehicles will meet the day-to-day needs.

## Parking

For those participants that choose to drive to the start at Dumbleyung, parking for the duration of the tour will be available in Dumbleyung for a small fee of \$10, payable on the day. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to the vehicle whilst it is parked at the property.

## Safety

- Approved cycle helmet must be worn while cycling. Headphones or thongs must not be worn while cycling.
- Alcohol may only be consumed in accordance with relevant
- Rowdy behaviour at the campsite will not be tolerated.
- Private support vehicles are not permitted to follow the ride, as they can be a hazard to cyclists. There will be sufficient official vehicles to meet our needs.

## Training

Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the tour to ensure you address any problems before the tour. During the six weeks prior to the tour you should ride for at least 50 km each weekend and try to complete one or two rides of about 90 km. There will be an opportunity to ride with some of your fellow tourers on Sunday 25 August 2013. You are warmly invited to join the group, which will start at Murdoch Railway Station at 8:30am, for a scenic ride to an eatery for delicious delights for morning tea.

Leader: Terry (08) 9472 9887

## Age Conditions

Persons under the age of 16 on 21 September 2013 may not, we are sorry, take part in the tour. Those over the age of 16 but under the age of 18 on that date must have a parent's or guardian's consent before they may participate.

## Reunion Dinner

A post tour dinner has been arranged for tourers to get together to reminisce about experiences encountered on tour. A slide show presentation will be showing during the evening, so take lots of photos while on tour to contribute to the presentation. The dinner will be held in Perth on Saturday 26 October 2013.

## Tour Costs and Payments

FULL payment is required with the entry form. Early application is recommended as the tour is limited to 100 participants. All tour costs include GST.

Adult Entry for CTA member \* \$750 or 1st OYB tour (\* current CTA membership valid to 31/12/2013)

\$790 Adult Entry for non-member

Optional transport - Armadale Railway Station to Dumbleyung and return

Email: oyb@ctawa.asn.au

or write to:

On Your Bike WA, PO Box 174

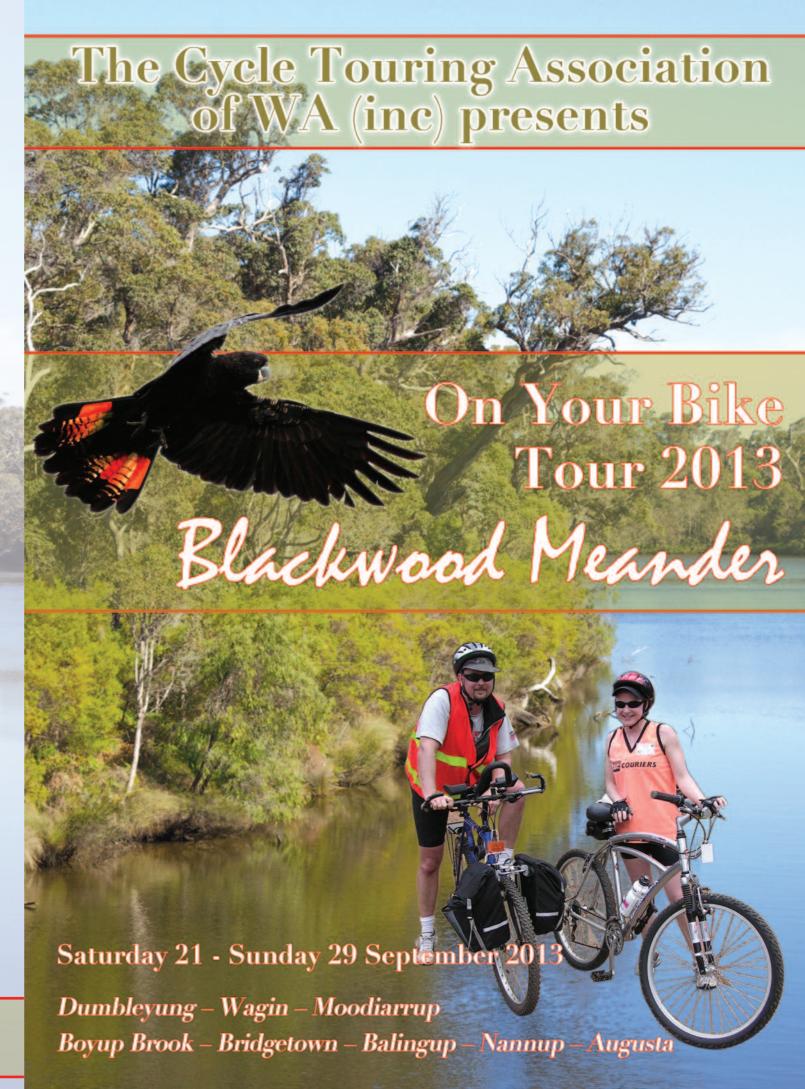
Wembley WA 6913

## Refund Policy

Cancellations received by Friday 23 August 2013 will receive a refund of 80% of the payment. Cancellations received after Friday 23 August 2013 will receive a refund of 20%.



\$60



# Blackwood Meander Tour 2013

The 25th On Your Bike tour will see us meander through the Blackwood River catchment from its upper reaches in the wheatbelt town of Dumbleyung all the way to the coast at Augusta where it meets the Southern Ocean. We begin our journey among the lakes and wetlands in the upper catchment of the river. From there the usually placid, occasionally wild, but always majestic Blackwood River travels almost 300 km to the sea. While we crisscross the Blackwood River and its many tributaries, the tour meanders through a variety of farmlands which give way to tall karri and jarrah forests, prime habitat for the threatened Forest Red-Tailed Black Cockatoo. Along the way we will stay at a collection of charming historic towns nestled on the banks of the river.

# Day 1 – Saturday 21 September

#### Perth to Dumbleyung by coach 240 km Dumbleyung to Wagin 44 km

After having lunch at Dumbleyung it's On Your Bike for an afternoon ride as we begin our south westerly journey to the coast. Along the way we will pass Lake Dumbleyung, the largest open lake in WA's south where Donald Campbell broke the world water speed record in 1964. We then detour through the Gungaring Lake Nature Reserve as we continue along back roads to Wagin, home to Woolorama, the biggest sheep show in Australia. After setting up camp, take some time to explore the town, view the Giant Ram or visit the historical village.

## Day 2 – Sunday 22 September

#### Wagin to Moodiarrup 76 km

Today we leave behind the Giant Ram and head west past Mt Latham to the small town of Arthur River, named after the longest tributary of the Blackwood River. After morning tea we turn south west along quiet back roads passing through the localities of Bokal and Duranillin, crossing the Arthur River before following it to Moodiarrup. Today we set up camp on the banks of Lake Towerrinning, a large and beautiful semi-freshwater lake with clean sandy beaches. The lake is used for a variety of water sports including skiing, boating, sailing, kayaking and swimming and is a haven for bird watchers with over 57 bird species in the surrounding bushland and swamps.

## Day 3 – Monday 23 September

#### Moodiarrup to Boyup Brook 64 km

Just south of Moodiarrup the Arthur River and Balgarup River converge and become the Blackwood River.

About 16 km further downstream we encounter the Blackwood River for the first time at Trigwell Bridge and stop to

enjoy morning tea on the river bank. We then continue across the Blackwood River passing by Dinninup and across the Blackwood River again before finally arriving in Boyup Brook. Tonight's camp is at the Flax Mill Recreation Ground on the banks of the Blackwood River – check out the flood markers on the buildings around camp.

## Day 4 – Tuesday 24 September

## Boyup Brook to Bridgetown 54 km

We leave Boyup Brook and head south across the Blackwood River following the road with the same name through gently undulating open farmland until we reach our morning tea stop at the small township of Mayanup. Shortly after we turn west along Winnejup Road and head towards the Blackwood River for the second time at Winnejup Bridge, which is the start of the 20 km cycling leg of the gruelling Blackwood Marathon. From here the road climbs through a mixture of farmland and dense jarrah forest before the final downhill run into Bridgetown, one of the most picturesque towns in Western Australia. Take some time to enjoy a coffee and cake or even some lunch if you arrive early enough before setting up camp at the Bridgetown Agricultural Showgrounds for the next two nights.

# Day 5 – Wednesday 25 September

#### Rest Day in Bridgetown

Rest Day – time to explore the town or just relax. Since the late 1970's Bridgetown has become increasingly attractive to tourists as a peaceful and picturesque country town and a popular destination for urban refugees seeking a rural lifestyle. With a population of about 2500 it is the largest town along this year's tour and has many amenities to service tourists and visitors. There is the Jigsaw Gallery and Museum, which claims to host the only jigsaw collection of its kind in the Southern Hemisphere, two art galleries, three wineries, a cidery, two bakeries and a number of excellent cafes.

# Day 6 - Thursday 26 September

#### Bridgetown to Balingup 48 km

We leave Bridgetown and head south across the Blackwood River and then turn west to climb out of Bridgetown (yes, all roads out of Bridgetown are up!). Take a moment to look back and admire the panoramic views over Bridgetown before we descend again to follow the Blackwood River through open farmland. We turn north along Maranup Ford Road and stop at the Blackwood River for morning tea before climbing up into the forests on our way to the timber and mining town of Greenbushes. From there we start our long gradual descent along quiet back roads as we head to Balingup.

# Day 7 – Friday 27 September

## Balingup to Nannup 43 km

A short ride today, giving you ample time to explore Balingup before a gentle ride along the banks of the Blackwood River through a mixture of open farmland, vineyards, orchards and forests. After crossing the Blackwood River we stop for morning tea on the river bank before continuing on to Nannup.

# Day 8 – Saturday 28 September

## Nannup to Augusta 94 km

We leave Nannup for our last, and longest, riding day as we pass through several State Forests of jarrah, karri and pine plantations for more than 60 km. Along the way we take a scenic route via Jalbarragup, crossing the Blackwood River twice. After morning tea at the Jalbarragup Bridge we continue through the forests before emerging into open rolling farmland. We then cross the Blackwood River for the 10th and final time at Alexandra Bridge, before our Blackwood Meander ends at Augusta with the final 1.5 km along Blackwood Avenue, named of course after the Blackwood

River. Tonight we are staying at the Turner Caravan Park, nestled on the banks of the Blackwood River, and after our final dinner there is the traditional On Your Bike Concert to keep us all entertained.

# Day 9 – Sunday 29 September

# Augusta to Dumbleyung by coach 360 km

#### **Dumbleyung to Perth by coach 240 km**

After a good night of entertainment we get up this morning, have breakfast, pack up camp, load the bikes onto the truck and then get on the coaches back to where it all began. We will travel via Sues Road and Collie before arriving in

Dumbleyung for lunch.
After lunch we say our farewells and go our separate ways...until next year's tour.

