

THE FINE PRINT

VOLUNTEERS

'On Your Bike' is organised by a sub-committee of the Cycle Touring Association of WA (Inc) on a totally not for profit basis and requires volunteers from among the 'participants' – you – to help out with some of the daily tasks involved for the smooth running of the tour. Tasking areas include:

- Helping out at breakfast
- Baggage loading
- Helping out at and/or after the evening meal
- General cleanup

If you would like to help in any of these areas or the dozens of other little tasks, please tick the box on the Volunteers section on the entry form.

WE PROVIDE

- A real cyclist's breakfast of cereal, toast, a variety of toppings, tea and coffee, and most importantly the famous 'On Your Bike' porridge. If you think you need a good 'stick to your ribs' start to the day before a long ride then the porridge will fit the bill.
- Morning tea by the roadside including tea, coffee and Milo. Fruit in season will be available.
- A 'Sag Wagon' if it's all too much.
- A hearty three course evening meal provided by local organisations. If you require vegetarian meals then please indicate on the entry form.
- A vehicle to transport all your luggage between campsites.
- Signposting where appropriate.
- First aid and medical support.
- Identification tags for your luggage, bike and you – in case you forget yourself. Tour guide with maps and route descriptions will either be posted to you or available electronically closer to the tour. Please indicate on the entry form your preference.
- Commemorative Tour shirt.
- A shoulder to cry on and/or a pat on the back when you achieve your personal aims.
- The best 9 days of fun you will have this year.
- Automatic 6 month membership to the Cycle Touring Association of WA (Inc). This offer only applies to non-members of the CTA who have not taken part in a previous On Your Bike tour.

YOU PROVIDE

- A reliable bicycle with a wide range of gears. It must be in good mechanical condition and we strongly recommend having it serviced at a local bike shop at least a month before the tour. Please read the 'Conditions' section on the entry form.
- Cycling accessories – water bottles, pump, spare tubes, tools, a bicycle lock.
- Your own travel insurance.
- Approved cycling helmet.
- Unbreakable plate, bowl, mug, eating utensils, tea towel for morning breakfast.
- All your camping gear – small waterproof tent, inflatable mattress and sleeping bag.
- Sufficient clothing, bathers and toiletries.
- Lunches: Except for the first day, we do not provide lunch. During the tour participants will be advised as to where lunches may be purchased.
- Your own sense of adventure and be prepared to have fun!

LUGGAGE

- Your total allowance is 20 kg, of which no one bag can be more than 12 kg. Luggage will be weighed at check-in.
- Please pack your gear into 'soft duffle' type bags. Suitcases are not acceptable.
- A luggage drop off prior to the start of the tour is available to make getting to Armadale easier on the trains. Luggage can be dropped off to East

Victoria Park no later than the Thursday evening before the tour by contacting Terry on 9472 9887. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to luggage whilst it is at the property.

TRANSPORT

The tour will be starting and finishing at the car park adjacent to the Armadale Railway Station. As this is an out and back tour, transport is provided as part of the tour cost to take you, your luggage and your bike from Armadale to Albany.

On the tour official support vehicles will meet the day-to-day needs.

VEHICLE PARKING

For those participants that need to drive to the start at Armadale, limited vehicle parking for the duration of the tour will be available at a private property near Armadale for a small fee of \$10, payable on the day. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to the vehicle whilst it is parked at the property.

SAFETY

- Approved cycle helmet must be worn while cycling.
- Headphones or thongs must not be worn while cycling.
- Alcohol may only be consumed in accordance with relevant legislation.
- Rowdy behaviour at the campsite will not be tolerated.
- Private support vehicles are not permitted to follow the ride, as they can be a hazard to cyclists. There will be sufficient official vehicles to meet our needs.

TRAINING

Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the tour to ensure you address any problems before the tour. During the six weeks prior to the tour you should ride for at least 50 km each weekend and try to complete one or two rides of about 90 km. There will be an opportunity to ride with some of your fellow tourers on Sunday 31 August 2014. You are warmly invited to join the group, which will start at Murdoch Railway Station at 8:30am, for a scenic ride to an eatery for delicious delights for morning tea.

Leader: Terry (08) 9472 9887

AGE CONDITIONS

Persons under the age of 16 on 4 October 2014 may not, we are sorry, take part in the tour. Those over the age of 16 but under the age of 18 on that date must have a parent's or guardian's consent before they may participate.

Tour Costs and Payments

FULL payment is required with the entry form. Early application is recommended as the tour is limited to 130 participants. All tour costs include GST.

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| • Adult Entry for CTA member * | |
| or 1st OYB tour | \$685 |
| (* current CTA membership valid to 31/12/2014) | |
| • Adult Entry for non CTA member | \$725 |
| • Optional Rest Day Train Ride | \$5 |

REFUND POLICY

Cancellations received by Friday 5 September 2014 will receive a refund of 80% of the payment. Cancellations received after Friday 5 September 2014 will receive a refund of 20%.

THE CYCLE TOURING ASSOCIATION OF WA (INC) PRESENTS ON YOUR BIKE EARLY SETTLERS TOUR 2014

SATURDAY 4 TO SUNDAY 12 OCTOBER



ALBANY ➤ MOUNT BARKER ➤
FRANKLAND ➤ KOJONUP ➤ DARKAN ➤
BODDINGTON ➤ DWELLINGUP ➤ PERTH



FOR GENERAL ENQUIRIES:
PHONE TONY ON 0408 955 908

EMAIL: OYB@CTAWA.ASN.AU OR WRITE TO:
ON YOUR BIKE WA, PO Box 174
WEMBLEY WA 6913



EARLY SETTLERS TOUR 2014

The 26th On Your Bike tour will see us returning to the days of the early settlers as we make a trail from Western Australia's first settlement at Albany all the way north to the second settlement at Perth. We begin our journey on the south coast at Frederickstown (now Albany), settled on Christmas day in 1826. From there we will ride through a number of towns along the route of the early settlers, through rich farming land and the forests of the Darling Scarp on our way to the Swan River Colony (now Perth), settled in June 1829.



DAY 1 – SATURDAY 4 OCTOBER Perth to Albany by coach 381 km

You and your bike will be picked up from Armadale Railway Station as we head towards the south coast, stopping en route at Kojonup for morning tea, before arriving at Albany for lunch. After setting up camp there will be an optional 17 km unsupported ride to explore this historic town, taking in the splendour of the foreshore cycle path past Middleton Beach, around Mt Adelaide and past the Princess Royal Harbour to the replica of the Brig Amity. For those that want to stretch the muscles, why not ride up to the top of Mt Clarence to the Anzac memorial as the town gets ready for the 100th anniversary of the departure of the original convoy of troops to Gallipoli and the Western Front.



DAY 2 – SUNDAY 5 OCTOBER Albany to Mt Barker 75 km

Today we leave WA's first settlement to explore the hinterland just as the early settlers did in 1829. We head north via Lower King through forest and open farming land with the distant Porongurup Range looming up in the background. As we pass the eastern end of the range we turn west towards Mt Barker passing a number of wineries and the small settlement of Porongurup on the northern face of the Porongurup Range before finally arriving in Mt Barker. After setting up camp at Frost Park, take some time to explore – the old railway station is worth a look and now houses the local visitor centre.



DAY 3 – MONDAY 6 OCTOBER Mt Barker to Frankland 78 km

We leave Mt Barker and continue north alongside the Great Southern Railway to Kendenup for morning tea. We then turn west crossing Albany Highway passing through a mixture of farm land and blue gum plantations along with a number of lakes as we make our way to Frankland. The Frankland district was first settled in the 1850s and now has a fast growing olive industry with numerous olive groves. Tonight the Frankland community will tempt your taste buds at the Frankland District Country Club with a mouth-watering three course meal, something the early settlers could only dream about.



DAY 4 – TUESDAY 7 OCTOBER Frankland to Kojonup 79 km

We leave Frankland and head north again passing many hectares of olive trees and the occasional winery. After crossing the Frankland River the blue gum plantations gradually diminish and give way to open farm land again as we make our way into Kojonup. The area was an important staging place on the road from Perth to Albany, and in 1837 a military post was established there for the protection of travellers and the mail. It is also an important staging place for us as we set up camp at the Kojonup Sports Complex for the next two nights.



DAY 5 – WEDNESDAY 8 OCTOBER Rest Day in Kojonup

Rest Day – time to explore the town or just relax. Nestled in the rural heartland of the Great Southern region, historic Kojonup is a bustling rural town that still bears all the trademarks of a traditional country settlement, with its historic buildings and friendly, safe atmosphere. A visit to the Kodja Place is a must with all the information on what to see and do in Kojonup. The Kodja Place is a contemporary tourist complex with aboriginal culture, rural heritage, an Australian rose maze and the Black

Cockatoo Café. You can even enjoy a relaxing one hour train ride on the Spirit of Kojonup Tourist Railway.



DAY 6 – THURSDAY 9 OCTOBER Kojonup to Darkan 83 km

We leave Kojonup and head northwest through open farm land, stopping for morning tea at the Kojonup Brook, before crossing the Arthur River. We then turn north at Moodiarrup passing Lake Towerrining and the small township of Duranillin on our way to the Darkan Districts Sports Club, our camp site for the night. The area was first settled in the 1860s by William Gibbs and his family who established a property called Darkan, but the town was not established until 1906 when the Collie to Narrogin railway was built.



DAY 7 – FRIDAY 10 OCTOBER Darkan to Boddington 96 km

Today is the longest riding day as we continue north through rolling farm land crossing the Hillman River and then the Williams River, where we stop for morning tea. We then turn west again, missing Williams by just 6 km, as we make our way to Quindanning, crossing the Williams River two more times. We head north past the Ye Olde Quindanning Inn and the farm land gives way to forests with beautiful displays of blackboys on both sides of the road. We finally arrive in Boddington situated at the confluence of the Bannister and Hotham Rivers which in turn join the Williams River to become the famous Murray River. Boddington is named after an early settler Henry Boddington who grazed sheep in the area in the 1860s and 1870s. Today Boddington is a thriving mining town following the establishment of a gold mine in 1987.



DAY 8 – SATURDAY 11 OCTOBER Boddington to Dwellingup 55 km

A short day today as we retrace our steps for the first 8 km then continue towards Dwellingup on the Pinjarra-Williams Road. With seven days riding under our belts this section through dense jarrah forests with many downhill runs will be exhilarating. We turn south about 1 km before Dwellingup and head to our final camp site at Trinity College's Camp Kelly. The short day will allow you to freshen up and take in the attractions of this once timber milling town first settled in the late 1800s by timber cutters. Remember to practice your singing and other talents for the traditional On Your Bike Concert after dinner.



DAY 9 – SUNDAY 12 OCTOBER Dwellingup to Perth 79 km

After a good night of entertainment we start the last day with a short climb back into Dwellingup. As we pass by South Dandalup Dam heading towards the coastal plain, enjoy the last and biggest downhill of the tour. We stop for morning tea at North Dandalup before continuing north along the flat roads through Serpentine and Mundijong on our way to Armadale, settled in 1830 just one year after the establishment of the Swan River Colony. Having completed our ride through history and learnt a bit about the early settlers, we say our farewells and go our separate ways...until next year's tour.



STIRLING TERRACE
IN ALBANY

A PENNY FARTHING IS HARD WORK



A TRAM HEADING SOUTH
ON BARRACK STREET

