

The Fine Print

VOLUNTEERS

'On Your Bike' is organised by a sub-committee of the Cycle Touring Association of WA (Inc) on a totally not-for-profit basis and requires volunteers from among the 'participants' – you – to help out with some of the daily tasks involved for the smooth running of the tour. Tasking areas include:

- Helping out at breakfast;
- Baggage loading and unloading;
- Assisting with/or after the evening meal; and
- General clean-up.

If you would like to help in any of these areas or the dozens of other little tasks, please tick the box on the Volunteers section on the entry form.

WE PROVIDE

- A real cyclist's breakfast of cereal, toast, a variety of toppings, tea and coffee and most importantly the famous 'On Your Bike' porridge. If you think you need a good 'stick to your ribs' start to the day before a long ride then the porridge will fit the bill.
- Morning tea by the roadside including tea, coffee and Milo. In-season fruit will also be available.
- A 'Sag Wagon' if it's all too much.
- A hearty three course evening meal provided by local organisations. If you require vegetarian meals then please indicate on the entry form.
- A vehicle to transport all your luggage between campsites.
- Signposting where appropriate.
- First aid and medical support.
- Identification tags for your luggage, bike and you – in case you forget yourself. Tour guide with maps and route descriptions will either be posted to you or available electronically closer to the tour. Please indicate on the entry form your preference.
- Commemorative Tour apparel.
- A shoulder to cry on and/or a pat on the back when you achieve your personal aims.
- The best 9 days of fun you will have this year.
- Automatic 6 month membership to the Cycle Touring Association of WA (Inc). This offer only applies to non-members of the CTA who have not taken part in a previous On Your Bike tour.

YOU PROVIDE

- A reliable bicycle with a wide range of gears. It must be in good mechanical condition and we strongly recommend having it serviced at a local bike shop at least a month before the tour. Please read the 'Conditions' section on the entry form.
- Cycling accessories – water bottles, pump, spare tubes, tools and a bicycle lock.
- Your own travel insurance.
- Approved cycling helmet.
- Unbreakable plate, bowl, mug, cutlery and a tea towel for drying your utensils after breakfast.
- All your camping gear – small waterproof tent, inflatable mattress and a sleeping bag.
- Sufficient cycling and casual clothing, bathers and toiletries.
- Lunches: Except for the first day, we do not provide lunch during the tour. Participants will be advised en-route as to where lunches may be purchased.
- Your own sense of adventure and preparedness to have fun!

LUGGAGE

- Your total allowance is 20 kg of which no one bag can be more than 12 kg. Luggage will be weighed at check-in.

- Please pack your gear into 'soft duffle' type bags. Suitcases are not acceptable.
- A luggage drop off prior to the start of the tour is available to make getting to Midland easier on the train. Luggage can be dropped off to East Victoria Park no later than the Thursday evening before the tour by contacting Terry on (08)9472 9887. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to luggage whilst it is at the property.

TRANSPORT

The tour will be starting and finishing at the car park adjacent to the Midland Railway Station. As this is an out and back tour, transport is provided as part of the tour cost to take you, your luggage and your bike from Midland to Merredin.

On the tour official support vehicles will meet the day-to-day needs.

VEHICLE PARKING

For those participants that need to drive to the start at Midland, limited vehicle parking for the duration of the tour will be available at a premises near Midland for a small fee of \$10 payable on the day. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility or liability for any theft or damage whatsoever to the vehicle whilst it is parked at the property.

SAFETY

- Approved cycle helmet must be worn while cycling.
- Headphones or thongs must not be worn while cycling.
- Alcohol may only be consumed in accordance with relevant legislation.
- Rowdy behaviour at the campsite will not be tolerated.
- Private support vehicles are not permitted to follow the ride as they can be a hazard to cyclists. There will be sufficient official vehicles to meet our needs.

TRAINING

Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the tour to ensure you address any problems before the tour. During the six weeks prior to the tour you should ride for at least 50 km each weekend and try to complete one or two rides of about 90 km. There will be an opportunity to ride with some of your fellow tourers on Sunday 30 August 2015. You are warmly invited to join the group which will start at the Loftus Centre, Leederville at 9.00am for a scenic ride to a northern suburbs cafe for a coffee / morning tea.

Leader: Trevor (08)9345 1048.

AGE CONDITIONS

Persons under the age of 16 on 12 September 2015 may not, we are sorry, take part in the tour. Those over the age of 16 but under the age of 18 on that date must have a parent's or guardian's consent before they may participate.

TOUR COSTS AND PAYMENTS

FULL payment is required with the entry form. Early application is recommended as the tour is limited to 130 participants. All tour costs include GST.

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| • Adult Entry for CTA member *or 1st OYB tour | \$650.00 |
| (* current CTA membership valid to 31/12/2015) | |
| • Adult Entry for non CTA member | \$690.00 |
| • Optional Rest Day activity Gliding joy flight | \$160.00 |

REFUND POLICY

Cancellations received by Friday 21 August 2015 will receive a refund of 80% of the payment. Cancellations received after Friday 21 August 2015 will receive a refund of 20%.

The Cycle Touring Association of WA (Inc)

presents the

2015 On Your Bike

Golden Heartlands Tour

Golden Heartlands Tour Route



Saturday 12 to Sunday 20 September 2015



For General Enquiries:
Phone Trevor
on (08)9345 1048
or 040 202 9608

Email: oyb@ctawa.asn.au
or write to:
On Your Bike WA, PO Box 174
Wembley WA 6913



Golden Heartlands Tour 2015

With bright skies and big horizons the 27th On Your Bike tour will explore the roads and towns within the central Wheatbelt region of Western Australia. Charting a zig-zag course in both a northerly and southerly direction, we'll cross the Great Eastern Highway a number of times on our way from Merredin back to Midland. This important agricultural area is part of the extensive cereal cropping farmland of our great State extending east from the Darling escarpment to the very fringes of the Goldfields. Cycling on very quiet sealed back country roads you'll enjoy the undulating landscape as we pass through vast tracts of farmland sown with swaying crops of wheat and colourful yellow canola.

Following Great Eastern Highway, the Golden Pipeline Heritage Trail begins in the town of Mundaring in the Perth Hills and concludes in the goldfields town of Kalgoorlie some 600kms away. The Golden Pipeline was built more than 100 years ago by engineer C Y O'Connor and is still one of the longest fresh water pipelines on Earth. As we take in the rolling farm vistas on our tour you will get to see some of the historic water pumping stations along the pipeline as we enjoy the return journey from Merredin.



Day 1 – Saturday 12 September

Midland to Merredin by coach 243 km – Merredin to Bruce Rock 58km

Leaving in the morning from Midland, you and your bike will be transported directly to Merredin, where after lunch the first cycling leg of the tour commences with a ride to our overnight stop in the town of Bruce Rock located in prime wheat and sheep country in the heart of the Wheatbelt. The town's name originates from a low granite outcrop, lying to the east of the town named after sandalwood cutter, John Rufus Bruce, who worked in the area in 1879. Created by local residents proud of their heritage, the Century Pathway bordered by a mosaic slab wall stretches the length of the town's main street.



Day 2 – Sunday 13 September – Bruce Rock to Kellerberrin 75km

After camping overnight at the Bruce Rock Recreation Centre we'll head west through the shire to the small hamlet of Shackleton named after the famous Antarctic explorer. With large silos situated on the railway line the town is a receival site for CBH. An ideal spot for some lunch before turning northwards through the Shackleton Nature Reserve to the town of Kellerberrin situated on the Great Eastern Highway. Take some time to explore this century old townsite along with its many historic buildings, museums and parks. Tonight we camp on the lush oval at the showgrounds and make use of the magnificent facilities of the newly constructed Recreation and Leisure Centre.



Day 3 – Monday 14 September – Kellerberrin to Quairading 62km

After breaking camp, we head in a south west direction crossing Salt River and passing by Mt Caroline and Mt Stirling on our left to a small railway siding with wheat bins at Yoting. Turning right at the T junction we recross Salt River before ending this day's ride in Quairading. On our left as we enter town is the Greater Sports Ground complex, our destination for tonight's sojourn. First recognised as an agricultural area in the early 1860's, Quairading is a farming community with a population of approximately 1,200 people, producing cereal and grain crops, wool, sheep, cattle and supporting rural service industries. Visit the Tourist Information Centre and Natural wood sculpture display at the railway station.



Day 4 – Tuesday 15 September – Quairading to Cunderdin 57km

A relatively easy ride today as we head for a well-earned rest day. We'll proceed west from town, riding through the Quairading Community Nature Reserve before turning northwards just short of Dangin (an old small temperance townsite built on private land) to take in a very quiet back road passing close by the Toapin Weir, an early example of a reticulated water system formed from a natural rock catchment. After cycling through the locality of Yampin we'll negotiate a short 3 km section of gravel before rejoining the sealed main road at Cubbine Hills. Crossing Goldfields Road (a track originally established in the late 1800's as a pathway to eastern pastoral regions and the goldfields) our destination, Cunderdin, lies directly ahead. The brand new multi-million dollar Cunderdin Sports and Recreation Centre will be our home for the next two nights.



Day 5 – Wednesday 16 September – Rest Day in Cunderdin

We've reached the halfway mark of our tour, so it's time to spend the day either relaxing or maybe exploring the town's attractions. Cunderdin, a predominately farming community, was first settled with the arrival of the railway in 1894. In 1901 the Goldfields Water Scheme reached the town, bringing with it an increase in population. You're invited to experience the thrill of silent flight with the Gliding Club of WA at Cunderdin Airfield, weather permitting. Your joy flight will take place in one of the club's two seat gliders and will last up to 30 minutes. The pilot will manage the take-off and landing and you as the passenger are welcome to have a go at the controls in between, or just relax and enjoy the view. Please be aware there is a requirement of a minimum number for this activity to proceed and should insufficient people

commit to participate, it may be necessary to cancel with a full refund. For the less adventurous, visit the museum housed in the former No 3 Steam Pumping Station which also contains a Tiger Moth aircraft, an original bush school, artefacts from the pioneering years and a display depicting the 1968 Meckering earthquake. Cunderdin has a campus of one of WA's six Agricultural Colleges alongside of which is the town's airstrip. Built early in the Second World War as a facility for the RAAF flying school and bomber base, it is now home to the Gliding Club of WA. There are also parks, a lookout hill and of course you can't miss seeing the large red Ettamogah theme pub, based on the comics of Ken Maynard in the main street.



Day 6 – Thursday 17 September – Cunderdin to Wyalkatchem 63 km

The second part of our tour starts with us finally heading north of the Great Eastern Highway. An interesting road lies ahead, with its many right angle twists and turns, following the property boundaries of the farms along the way. Passing through vast swaths of wheat crops, you may be able to glimpse on your right Derdibin Rock, a granite outcrop on private property, location of significant historical water sources including a well and a dam. And so onto Wyalkatchem, lying on the Pioneers' Pathway, a route traversing the Wheatbelt following a well-worn trail many prospectors once took on their way to the Yilgarn and Kalgoorlie Goldfields. "Wylie" as it is called by locals, with a population of 630 people is a proud and hospitable town, winner of the title Australia's Tidiest Town 2003. The district lays claim to being the cradle of bulk handling because of the pioneering construction of bulk grain facilities in 1931. Take time to explore the town and its murals, with two museums, heritage buildings, a unique memorial park and three bushland walk trails starting at the north end of town.



Day 7 – Friday 18 September – Wyalkatchem to Meckering 97 km

One of the longer days on tour will initially take us in a westerly direction passing through Namelcatchem Reserve, 17 km before Dowerin. Namelcatchem Well situated about 100 metres within the Reserve was constructed some time before 1865 to provide water to miners travelling to the Goldfields. Later used to water horse teams transporting wheat to Minnivale, the well was the earliest European structure built in the area. Approaching Dowerin, the Tin Dog sculpture welcomes you to the town which hosts the Dowerin Field Days, one of Australia's largest agricultural expos. This will be good place to stop for lunch from the bakery. Turning south we'll cycle the rest of the way back to the Great Eastern Highway arriving at our overnight stop at the Meckering Sporting Club. Meckering developed from the late 1800's following the construction of the railway, highway and the Goldfields Water Supply to Kalgoorlie. Its residents were experiencing typical small town country life until 10.59 am on the 14th October 1968, when the fate and the future of the town changed dramatically in only 40 seconds, following WA's most significant earthquake registering 6.9 on the Richter Scale devastated the town.



Day 8 – Saturday 19 September – Meckering to Northam 67 km

Upon entering and exiting Meckering, evidence still remains of the devastation caused by the earthquake, although some 47 years after the event, the original fault line has eroded over time. Departing Meckering, we'll cycle south of the Great Eastern Highway once again, traveling through the locality of Quellington, farmed by 6 generations of the Gentle family before turning north to cross under the highway at Grass Valley. The route continues in a northerly direction before cutting back to the Goomalling Road and into our final overnight venue at the Northam Country Club on the banks of the Mortlock River, a tributary of the Avon River. After our last dinner together, our traditional On Your Bike concert will showcase some of the diverse talent amongst your fellow riders. You are encouraged to participate, so rehearse your routine!



Day 9 – Sunday 20 September – Northam to Midland 97 km

After the previous night's entertainment, our last day is an undulating ride along predominately quiet back roads as we pass through several small town sites in the Perth hills, savouring the beauty of the flowers and the forests. After morning tea at Clackline we wind our way through Chidlow to Mundaring and then the final big downhill to Midland. For those riders with suitable bike tyres there is an alternative route along the very beautiful and exhilarating old gravel railway reserve heritage trail all the way from Clackline to the outskirts of Midland. After collecting your luggage at the train station, we'll say our goodbyes and go our separate ways.....until next year's tour.

