

WE PROVIDE

• A real cyclist's breakfast of porridge, cereals, toast with a variety of toppings and coffee, tea or Milo. Plenty of everything and the famous 'On Your Bike' porridge is guaranteed to stick to your ribs in anticipation of a hard day's ride. Fruit in season will be available to take en route.

- Morning tea by the roadside. The 'sag wagon' will await you and tea, coffee or Milo refreshments will be available.
- A hearty 3-course meal in the evenings provided by a local community group. This will consist of lamb, beef or chicken dishes with vegetables and salads. Vegetarians will be well catered for. (Please indicate on the entry form).
- Back-up vehicles to transport luggage between campsites.
- Signposting where appropriate.
- A bike mechanic will be available and bike repairs will be charged at commercial rates.
- First Aid support.
- Identification tags for your luggage, bike and you – in case you forget yourself. Tour guide with maps and descriptions of the journey. These will be posted to you closer to the tour.
- Commemorative top with appropriate design.
- Shoulders to cry on if necessary and/or pats on the back when you achieve your cycling aims.
- Automatic 6 month membership of the Cycle Touring Association W.A. (Inc). This offer only applies to non-members of the CTA who have not taken part in a previous On Your Bike W.A. tour.
- Memories of the best 9 days you will have this year.

SAFETY

- Approved cycle helmet must be worn when cycling.
- Head phones or thongs must not be worn when cycling.
- Alcohol is not to be consumed during the organised rides.
- Rowdy behaviour in the camp site will not be tolerated.
- Private support vehicles may not follow the rides, as they can be a hazard to cyclists. There will be sufficient official vehicles to meet our needs.

TRANSPORT

Transport will be available for you and your bike to get to the start at Geraldton. The transport will leave from and return to an adjacent car park east of the Midland Railway Station. For those participants that choose to drive to the start at Geraldton, secure parking for the duration of the tour will be available at a private property in Geraldton. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to the vehicle whilst it is parked at the property.

On the tour, official support vehicles will meet day-to-day needs. No private support vehicles are permitted (see 'Safety').

AGE CONDITIONS

Persons under the age of 16 on 26 August 2006 may not, we are sorry, take part in the tour. Those over the age of 16 but under the age of 18 on that date must have a parent's or guardian's consent before they may participate.

YOU PROVIDE

- A bicycle – with a wide range of gears.
It must be in good mechanical condition and we strongly recommend that you have it serviced at your local bike shop a month or so prior to the tour.
Please carefully read the 'Conditions' section on the Entry Form regarding this.
- Bicycle accessories - water bottles, pump, tools, spare tubes and a lock.
- An approved cycle helmet and a good rain jacket.
- Your own insurance to cover personal belongings, accidents and liability.
- An unbreakable plate, bowl, mug, eating utensils, teatowel and torch.
- A small waterproof tent, inflatable mattress and sleeping bag.
- A sufficiency of clothing and toiletries.
- ***Luggage weight may not exceed a maximum of 20kg, of which no one bag can be more than 12kg. Luggage will be weighed at check-in.***
- Lunches: For participants taking the organised transport from Midland to Geraldton and return, lunches will be provided en route on both days. During the tour, lunches are not provided and participants will be advised each day as to where to purchase lunch from local outlets.

REUNION DINNER

A post tour dinner has been arranged for tourers to get together to talk about experiences on tour and show off photos that you have taken. A slide show presentation will be given, so take lots of photos while on tour to contribute to the presentation. The dinner will be held at the Bibra Lake Function Centre on Saturday 7th October 2006.

TOUR COSTS AND PAYMENTS

FULL payment is required with the Official Entry Form. Early application is recommended as the tour is limited to 120 participants. All tour costs include GST.

- **Adult Entry for CTA Member * or 1st OYB tour \$430.00**
(*current CTA membership valid to 31/12/06)
- **Adult Entry for non member \$470.00**
- **Option - Transport - Midland Railway Station to Geraldton \$120.00**
- **Option - Whale Watching Boat Trip \$45.00**
- **Option - Rest Day Gorges Trip \$35.00**

CANCELLATIONS

Written cancellations received by Friday 28 July 2006 will receive a refund of 80% of the payment. Written cancellations received after Friday 28 July 2006 will receive a refund of 20%.



on your bike wa tours presents



GERALDTON - NORTHAMPTON - RIVERSIDE SANCTUARY

KALBARRI - PORT GREGORY - MADAWA



For General Enquiries: Phone Basia on 9330 3615

Email: oyb@ctawa.asn.au or write to:

On Your Bike WA, PO Box 414, Mount Hawthorn, WA 6915

Organised by The Cycle Touring Association of WA (Inc.)





A TOAST OF BATAVIA TOUR 2006



DAY ONE

**Saturday 26th August
Midland to Geraldton**

Afternoon ride -

25km circuit around Geraldton

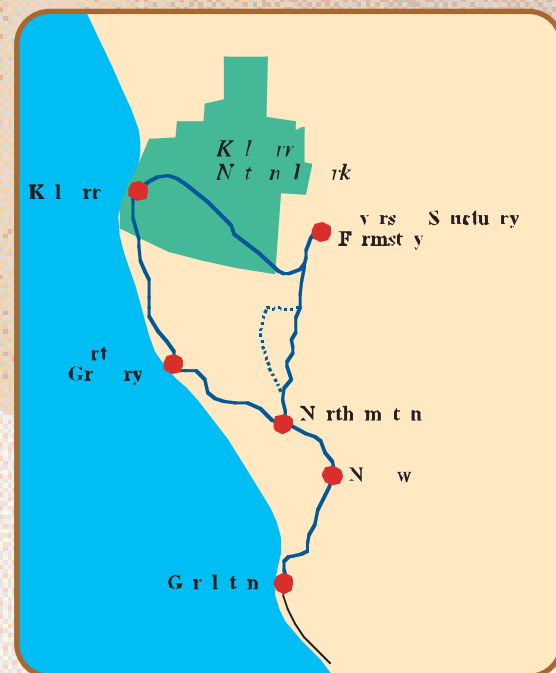
A coach and bicycle truck will take you and your bike from Midland to Geraldton where your cycle tour will start. En route we will stop at Eneabba for a lunch break and will arrive at the 'Geraldton Camp School' early afternoon. The Camp School also offers dormitory accommodation for those participants that want to take an easy option and not erect their tent. After settling in at camp there is a non-supported ride available around Geraldton mainly following bike paths and a chance to stretch the leg muscles after the long drive and relax over a coffee or afternoon tea in one of the many cafés in town. A highlighted, directional map will be given to those interested on arrival at the 'Camp School'.

DAY TWO

Sunday 27th August

Circuit Route 56km

The ride today will take us on a circular route in the surrounds of the Geraldton area and so no need to pack up in the morning! The route will head south using bicycle paths and back streets where possible and we will follow the beautiful coastline and awesome sand dunes. From the coast we will turn east and head inland past farmland and wind turbines. We will arrive back in time for maybe an evening sunset stroll along the beach from our beautifully situated accommodation before dinner.



DAY THREE

Monday 28th August

Geraldton to Northampton 67km

Today we bid farewell to the ocean and head to Northampton via the wine growing area of the Chapman Valley. Keep your eyes peeled for some architecture dotted throughout the area courtesy of Monsignor Hawes. There are churches and a museum – well worth a visit.

DAY FOUR

Tuesday 29th August

Northampton to Riverside Sanctuary Farm Stay

Road Option 69km

Gravel Option 79km

Today we are offering two ride options. One option takes you straight up the highway and the other along back roads but has about 10km of gravel (in good condition). Both routes meet back at the highway at the massive grain silo at Binu and an opportunity for a lunch break. We then ride another 20km to our camp site which is a working farm. The old shearing shed will be our dining venue and also sleeping area for those participants not wanting to pitch their tent. Take some time to look through all the exhibits and after our evening meal, the father of the family owners will give a short talk about his work in restoring the landscape. There is also limited accommodation at the farm stay which can be booked prior to the tour. Contact: Fleur - phone (08) 9361 1021

DAY FIVE

Wednesday 30th August

Riverside Sanctuary Farm Stay to Kalbarri 80km

Fortify yourself with lots of fluid and snacks for the most challenging day. We venture off westward today through changing flora as we enter the 'Kalbarri National Park' with all its beautiful colours and wildflowers in abundance at this time of year. There is a short scenic detour en route which will be well worth making to Ross Graham and / or Hawks Head lookouts. Either spot will provide an ideal lunch break and an opportunity to absorb the majestic beauty of the region. On arrival at Kalbarri there will be an opportunity to do a 'Whale Watching Boat Trip'. Please read the details in Day 6 the 'Rest Day' in Kalbarri for more information.

DAY SIX

Thursday 31st August

Rest Day

Today is your own! Do as much or as little as you feel.

There are a lot of places to visit in Kalbarri and the surrounding area and so we are offering several trips for your stay.

There will be a morning trip to see the Murchison River Gorges. The trip will take you out in a comfortable 4WD to the 'Loop' famous for its 'Nature's Window' rock formation and 'Z Bend'. Morning tea will be provided. The trip will leave our camp at Kalbarri at 8am and return around noon. Cost is \$35.

Also there will be a 2½ hour 'Whale Watching Boat Trip' for Wednesday and Thursday afternoons that we will be in Kalbarri. The trip cruises along Kalbarri's rugged and beautiful coastal cliffs and you will be able to view magnificent Humpback Whales as they congregate in the sheltered bay. Both trips leave at 4pm from a jetty close to camp and return in time for dinner in the evening. Cost is \$45.

For all trips please tick appropriate boxes on the application form. Places are limited.

For the 'Whale Watching Boat Trip' we suggest that faster riders choose to go on the Wednesday afternoon trip as given the long 80km ride will make it hard for the slower riders to make it in time

DAY SEVEN

Friday 1st September

Kalbarri to Port Gregory 71km

With batteries recharged we head south along the coastal road catching glimpses of the ocean all the way. Our morning tea stop has spectacular views of the ocean. We then reach the 'Pink Lake' which is quite spectacular and definitely worth a stop for a photo and lunch break. At times the lake can be a dry salt bed and at other times it is a huge expanse of pink sea, and as the sun sets it changes colour to a dark purple.

DAY EIGHT

Saturday 2nd September

Port Gregory to Northampton 51km

Leaving Port Gregory we traverse the 'Pink Lake' and then pass by the ruins of the Lynton Convict Mining Station which was closed in 1856. We head east to Northampton to prepare for the annual 'On Your Bike' concert where you can show off your peculiar talents.

DAY NINE

Sunday 3rd September

Northampton to Nabawa 28km

Transport to Midland

Northampton to Secure Parking at Geraldton 72km

Today will be an early start to allow participants a ride in the morning and arrive back in Perth mid afternoon. Morning Tea will be provided at Nabawa for all participants and farewells. For those participants returning to Midland the transport will be ready to take you back and we will have a lunch break at Eneabba en route. For participants riding back to the 'Secure Parking' in Geraldton, you have a few more kms to go.

CAMPING

We will camp in recreational reserves of sports centres, and we must comply with such rules as they have.

VOLUNTEERS

Are you willing to give an hour or so of your time per day to help out with some of the daily tasks involved for the smooth running of the tour? If so please read on. This tour is organised by a sub-committee of volunteer members of the Cycle Touring Association (a non-profit organisation) and requires volunteers from among the "participants" – you – in a number of different areas such as:

- Helping out at breakfast.
- Helping out at and/or after evening meal
- Baggage Loading.
- General Cleanup

As a volunteer, you will also get something back from the event. You will meet lots of people you would simply not have met any other way. You contribute to this fabulous event and have a sense of being part of something that about 120 people enjoy. If you would like to be a volunteer, please tick the "Yes" box on the volunteer section on the entry form.

TRAINING

Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the tour to ensure you solve any problems you may encounter beforehand. During the six weeks prior to the tour you should ride for at least 50km each weekend and try to complete one or two rides of about 90km. There will be an opportunity to ride with some of your fellow tourers on Sunday 16th July 2006. You are warmly invited to join the group, which will start at Point Walter at 8.30am, for a scenic ride to an eatery for delicious delights for morning tea.

Leader: Basia 9330 3615