- A real cyclist's breakfast of porridge, cereals, toast with a variety of toppings and coffee, tea or Milo. Plenty of everything and the famous 'On Your Bike' porridge is guaranteed to stick to your ribs in anticipation of a hard day's ride. Fruit in season will be available to take en route.
- Morning tea by the roadside. The 'Sag Wagon' will await you and tea, coffee or Milo refreshments will be available.
- A hearty 3-course meal in the evenings provided by a local community group. This will consist of lamb, beef or chicken dishes with vegetables and salads. Vegetarians will be well catered for. (Please indicate on the Entry Form).
- Back-up vehicles to transport luggage between campsites.
- Signposting where appropriate.
- A bike mechanic will be available and bike repairs will be charged at commercial rates.
- First Aid support.
- Identification tags for your luggage, bike and you – in case you forget yourself! Tour guide with maps and descriptions of the journey.
 These will be posted to you closer to the tour.
- Commemorative top with embroidered logo.
- Shoulders to cry on if necessary and/or pats on the back when you achieve your cycling aims.
- Automatic 6 month membership to the Cycle Touring Association W.A. (Inc). This offer only applies to non-members of the CTA who have not taken part in a previous On Your Bike W.A. tour.
- Memories of the best 9 days you will have this year.
- Approved cycle helmet must be worn when cycling
- Head phones and thongs must not be worn when cycling.
- Alcohol is not to be consumed during the organised rides.
- Rowdy behaviour in the camp site will not be tolerated.
- Private support vehicles may not follow the rides, as they can be a hazard to cyclists. There will be sufficient official vehicles to meet our needs.

Transport will be available for you and your bike

to get to the start at Wandering. The transport will leave from and return to the car park adjacent to the Armadale Railway Station. For those participants that choose to drive to the start at Wandering, secure parking for the duration of the tour will be available at Wandering Brook Estate Winery. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to the vehicle whilst it is parked at the property.

day-to-day needs.

No private support vehicles are permitted (see 'Safaty')

On the tour, official support vehicles will meet



Persons under the age of 16 on 6 October 2007 may not, we are sorry, take part in the tour.

Those over the age of 16 but under the age of 18 on that date must have a parent's or guardian's consent before they may participate.



- A bicycle with a wide range of gears. It must be in good mechanical condition and we strongly recommend that you have it serviced at your local bike shop a month or so prior to the tour.
- Please carefully read the 'Conditions' section on the Entry Form regarding this.
- Bicycle accessories water bottles, pump, tools, spare tubes and a lock.
- An approved cycle helmet and a good rain jacket.
- Your own insurance to cover personal belongings, accidents and liability.
- An unbreakable plate, bowl, mug, eating utensils, teatowel and torch.
- A small waterproof tent, inflatable mattress and sleeping bag.
- A sufficiency of clothing and toiletries.
- Luggage weight may not exceed a maximum of 20kg, of which no one bag can be more than 12kg. Luggage will be weighed at check-in.
- Lunches: Except for the first and last days, we do not provide lunches. During the tour, participants will be advised each day as to where to purchase lunch from local outlets.



A post tour dinner has been arranged for tourers to get together to talk about experiences on tour and show off photos that you have taken. A slide show presentation will be given, so take lots of photos while on tour to contribute to the presentation. The dinner will be held at Miss Mauds Restaurant in Perth on Saturday 10th November 2007.



FULL payment is required with the Official Entry Form. Early application is recommended as the tour is limited to 120 participants. All tour costs include GST.

- Adult Entry for CTA Member *
 or 1st OYB tour \$490.00
 (*current CTA membership valid to 31/12/07)
- Adult Entry for non member \$530.00 Option - Transport -

Armadale Railway Station to Wandering & Return \$55.00

Option - Rest Day Bridgetown Trip \$30.00



Written cancellations received by Friday7 September 2007 will receive a refund of 80% of the payment. Written cancellations received after Friday 7 September 2007 will receive a refund of 20%.

For General Enquiries:

Phone Allan on (08) 9885 8067

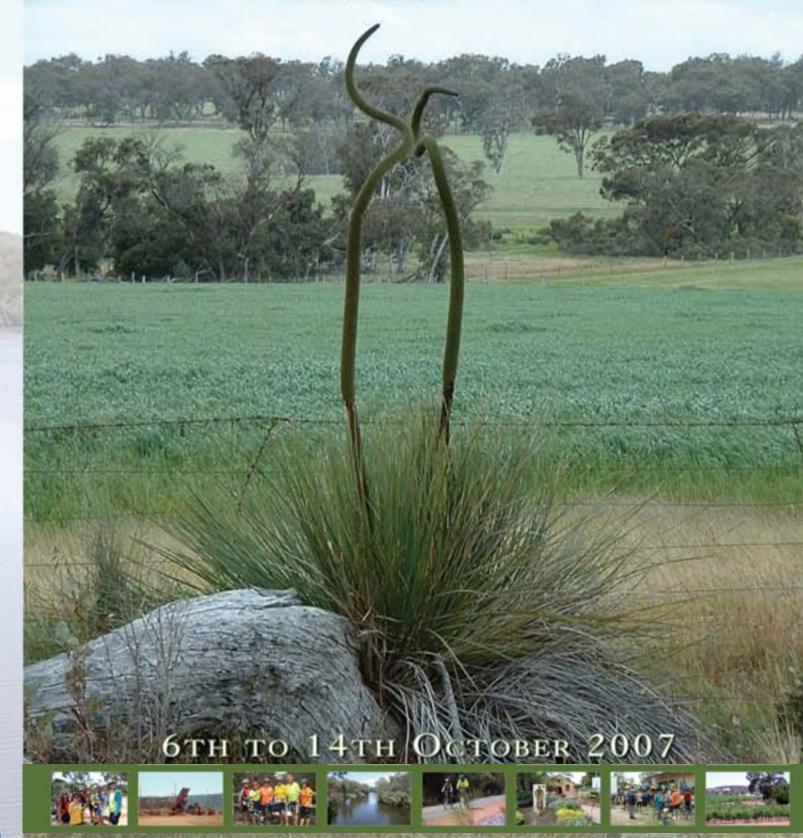
Organised by The Cycle Touring Association of WA (Inc.)

Email: oyb@ctawa.asn.au or write to: On Your Bike WA, PO Box 414 Mount Hawthorn WA 6915



ON YOUR BIKE WA PRESENTS

Wandering Valleys Tour



Wandering - Narrogin - Darkan - Collie Boyup Brook - Williams - Boddington

WANDERING VALLEYS TOUR 2007

Narrogin

Williams

The On Your Bike Tour "Wandering Valleys Tour" has been named because you will be cycling through many of the river valleys of the South West of Western Australia. These river valleys include; Wandering Brook, Hotham River, Narrogin Brook, Williams River, Wangeling Gully, Arthur River, Hillman River, Darkan Gully, Cordering Creek, Collie River, Blackwood River, Boyup Brook, Preston River, Bingham River, Marradong Brook and the Crossman River. As you cycle along you will pass through farmland with canola, barley, wheat, lupins and oat crops. See cattle and sheep grazing. Pass through Wandoo, Marri and Jarrah forest, Blue Gum plantations and vineyards. See massive machinery mining Coal and Bauxite and, if you do the coach tour on the rest day you will see Tantalum, Tin, Spodumene and Kaolin minerals mined at Greenbushes.

- PERTH TO WANDERING BY COACH 92KM
- Wandering to Narrogin 76km

If you are taking the transport option you and your bike will be picked up at the Armadale Railway Station. If you are finding your own way to the start (Wandering Brook Estate Winery), car parking will be available at the start. The bus trip will take you up the Bedfordale Hill on to the Darling Range. You will pass through state forests, crossing over the Munda Biddi bike trail at Glen Eagle. At North Bannister you leave the Albany Highway and travel east into farm lands and on to Wandering. The ride starts at The Wandering Brook Estate Winery. After morning tea and picking up your lunch you are on your bike and cycle 77km to The College of Agriculture Narrogin. This ride will take you through the localities of Codjatotine and Pumphreys Bridge. You pass through the Dryandra Forest, the home of the Numbat. After checking out Narrogin you ride 8km south west to your first night camp at The College of Agriculture Narrogin where your luggage and tent will be waiting for you.

NARROGIN TO DARKAN 83KM

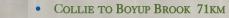
After a hearty breakfast of porridge, cereal and toast your ride today will take you along back roads through undulating farm lands with patches of bush with wildflowers. Your morning tea will be at one of these bush locations where a short walk will show you a good array of wildflowers. Reaching the Albany Highway at Tarwonga you will ride south passing over the Arthur River to the locality of Arthur River. At Arthur River there are two road houses where you can get refreshments. Leaving Arthur River you head west along the Coalfields Road crossing over the Arthur River again, then on to Darkan. Camp tonight will be at the Darkan and Districts Sports Ground.

DAY 3

MONDAY

OCTOBER

Wandering Day 1 & 9 DARKAN TO COLLIE 98KM **Boddington** The ride today is not the direct route to Collie but a longer, more scenic option. You ride south from Darkan through farm lands to the small town of Duranillin. Here at Duranillin Day 3 & 6/ Darkan Collie you pick up the disused railway line from Wagin to Bowelling. Following this **Boyup Brook** line west you pass the disused railway sidings of Capercup (morning tea stop), Cordering and Bennelaking. At Bowelling you join the Coalfields Road and ride in to Collie passing open cut coal fields as you go. Collie is a large regional centre servicing the coal industry and power generation. Tonight's camp will be at the picturesque Collie Golf Club beside the Collie River. You may have time for a round



Leaving the coal fields of Collie you cycle south east through Jarrah forest and small farm holdings to McAlinden, following the Collie River South branch. After morning tea at McAlinden you head south. Approaching Boyup Brook you enter the Blackwood River Valley with its scenic views. Spend the afternoon visiting Boyup Brook's attractions. See rest day notes or visit the Tourist Centre. Tonight and tomorrow night's camp will be at the Flax Mill Recreation Ground.

- REST DAY BOYUP BROOK
- COACH TRIP TO BRIDGETOWN AND GREENBUSHES (OPTIONAL EXTRA)

You may be tempted to sleep in, but if you do you will miss the famous On Your Bike porridge. The day is yours to do as you please. Boyup Brook has many attractions to keep you occupied for the day including Harvey Dickson's Country Music Centre, Roo Gully Wildlife Sanctuary, Sandy Chambers (artist and sculptor), Boyup Brook Pioneer Museum, Bicentennial Walk Trail and the Boyup Brook Tourist Centre with its famous Carnaby Collection of Beetles and Butterflies.

An all day coach tour has also been arranged taking in the following attractions. Visiting the 'Scotts Brook Winery' for vineyard, cellar tour, wine tasting. Bridgetown for lunch (purchase your own at any of the many coffee shops and cafés) and walk the town with its many heritage buildings and sites. In Greenbushes visit the Greenbushes Discovery Centre and the Sons of Gwalia Mine where Tantalum, Tin, Spodumene (Lithium) and Kaolin minerals are mined. This tour is an optional extra, please see the Entry Form.

Or, if you are feeling lazy do nothing.

• BOYUP BROOK TO COLLIE 70KM

All rested and ready to go it is back on your bike. Today's ride is back to Collie taking a different route. You pass through Noggerup where you pick up the Preston River and follow it to Mumballup. At Mumballup you turn north towards Collie. Up the road a bit you pass the Glen Mervyn Dam. A od place for lunch. Back in Collie your

good place for lunch. Back in Collie your camp tonight is once again the Collie Golf Club. You will feel at home!

• COLLIE TO WILLIAMS 86KM

Today's ride will follow the wheatbelt water supply pipe line all the way to Williams. The road is referred to as the Pipe Line Road. After leaving Collie you pass through Jarrah forests, Wandoo flats, Blue Gum plantations and small farms. You then cycle down into the Williams River Valley and cross the Williams River at Boranning. The ride from here to Williams is through undulating farm lands. The Williams River is again crossed just out of Williams. Tonight's camp is at the Williams Sports Ground

• WILLIAMS TO BODDINGTON 76KM

Leaving the Williams Sports Ground you travel back the way you came in last night.

At Boranning you cycle straight on and follow the Williams River to Quindanning.

Morning tea will be at the Quindanning Hall.

The ride continues on down the Harvey Road, but a detour to the Ye Old Quindanning Inn is recommended (1km total). The ride down the Quindanning Harvey Road still follows the Williams River. Leaving the Harvey Road you cycle up and around the west side of Mt Saddleback where you can see Bauxite mining in place. After passing under the ore conveyer belt you cycle downhill and follow the Hotham River for a bit.

Next is the locality of Marradong. A short detour (500m) to the old church where excellent views of the Marradong Valley can be seen. Just on from Marradong is Boddington your camp for tonight. The On Your Bike Concert will be held after the evening meal.



• BODDINGTON TO WANDERING 36KM

The tour is nearly over, but for the short ride back to Wandering. Leaving Boddington you follow the Hotham River to Crossman on the Albany Highway. A short stint on the Highway will see you on the Crossman Dwarda Road for the last leg to Wandering. After following the Hotham River and Wandering Brook you will find yourself at the Wandering Brook Estate Winery. Morning tea and lunch will be supplied here. After saving goodbye to new and old friends it is back home with the satisfaction of having completed the tour and seeing some of the state of West Australia. Don't forget The On Your Bike Reunion Dinner where you can view the photos and relive the memories. See you there!



We will camp in recreational reserves of sports centres, and we must comply with such rules as they have.



Are you willing to give an hour or so of your time each day to help out with some of the daily tasks involved for the smooth running of the tour? If so, please read on. This tour is organised by a sub-committee of volunteer members of the Cycle Touring Association (a non-profit organisation) and requires volunteers from among the 'participants' - you - in a number of different areas such as:

- Helping out at breakfast.
- Baggage Loading.
- Helping out at and/or after evening meal.
- General Cleanup.

As a volunteer, you will also get something back from the event. You will meet lots of people you would simply not have met any other way. You contribute to this fabulous event and have a sense of being part of something that about 120 people enjoy. If you would like to be a volunteer, please tick the "Yes" box on the volunteer section on the Entry Form.



Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the tour to ensure you address any problems before the ride. During the six weeks prior to the tour you should ride for at least 50km each weekend and try to complete one or two rides of about 90km. There will be an opportunity to ride with some of your fellow tourers on Sunday 26th August 2007. You are warmly invited to join the group, which will start at Point Walter at 8.30am, for a scenic ride to an eatery for delicious delights for morning tea.

Leader: Allan (08) 9885 8067

