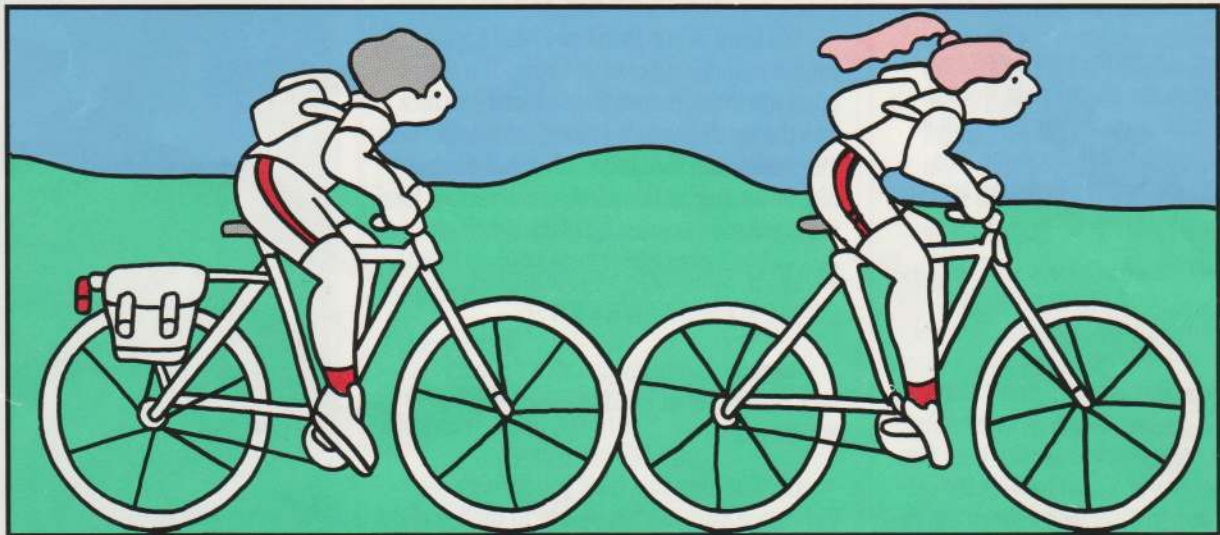


LEADER: RON BOWYER

ON
Y O U R B I K E
WA
S o u t h W e s t T o u r
89



A p a r t o f W A B i k e W e e k

11 - 19 November

Busselton
Bridgetown

Nannup
Boyup Brook

Manjimup
Collie

Pemberton
Bunbury

Supported by



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THE ITINERARY

DAY 1 SATURDAY NOVEMBER 11TH PERTH TO BUNBURY BY TRAIN BUNBURY TO BUSSELTON BY BICYCLE 50 KM

Meet at the Perth Railway Station at 9.15 am for 10.00 am departure and travel to Bunbury by the new "Australind". Collect your bike and ride to Busselton approx 50 km through Capel and the Tuart State Forest at Ludlow. Camp at the Bovell Recreation Ground just out of Busselton on the Bussell Highway.

DAY 2 SUNDAY NOVEMBER 12TH FREE DAY AT BUSSELTON

Enjoy a relaxing day exploring Busselton or if you feel more energetic ride to Dunsborough, Cape Naturaliste via Eagle Bay or even go for a swim at the surfing beach at Yallingup. Stay another night at Busselton.

DAY 3 MONDAY NOVEMBER 13TH BUSSELTON TO NANNUP 60 KM

Our first long day on the road; along the Vasse Highway from the coastal plain through the karri forest to Nannup. Morning tea will be provided after a 24 km ride through the hills. Stay overnight at the Nannup Caravan Park on the banks of the Blackwood River.

DAY 4 TUESDAY NOVEMBER 14TH NANNUP TO MANJIMUP VIA DONNELLY RIVER MILL 60 KM

Ride along the Brookman Highway through heavily-timbered country, stopping for morning tea at the Karri Gully Picnic Area. You then turn off the main highway and head towards the old mill town of Donnelly River where lunch can be obtained at the local store. After lunch continue onto Manjimup where you will camp overnight at Rea Park.

DAY 5 WEDNESDAY NOVEMBER 15TH MANJIMUP TO PEMBERTON 34 KM

A later start today to let you explore the many attractions around Manjimup, especially the Timber Park and museum. The short ride to Pemberton is via Middlesex, which takes you through farming country and through the dense karri forest. In Pemberton you will have time to visit the trout hatchery, explore the Rainbow Trail and even visit the tourist resort at Karri Valley. Camp at the local recreation ground overnight.

DAY 6 THURSDAY NOVEMBER 16TH PEMBERTON TO MANJIMUP 30 KM

Another late start to enable you to look around Pemberton. Then ride through farmland and forest on quiet roads to Manjimup. The ride will take you past the 100 Year Old Forest and the Diamond Tree Tower. Again stop overnight at Rea Park.

DAY 7 FRIDAY NOVEMBER 17TH MANJIMUP TO BOYUP BROOK VIA BRIDGETOWN 67 KM

You now depart the tall-timber country and head towards the farming towns of Bridgetown and Boyup Brook. After stopping for lunch at Bridgetown cycle to Boyup Brook where after a hard days ride, you can have a refreshing swim at the local pool. Camp overnight at the local recreation ground.

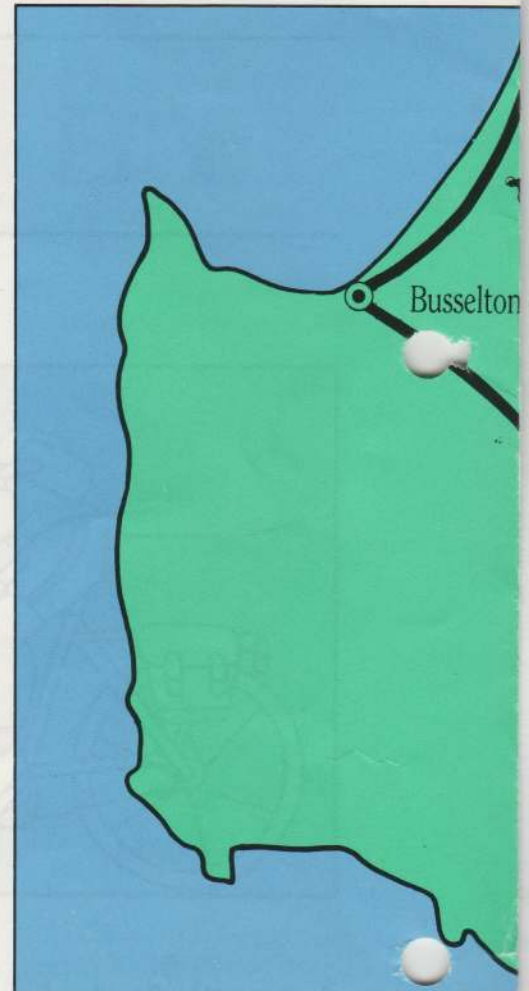
DAY 8 SATURDAY NOVEMBER 18TH BOYUP BROOK TO COLLIE 66 KM

You leave Boyup Brook and head for the famous coal-mining town of Collie. The ride takes you through more farming land and back into the jarrah forest. Your lunch stop is at Mumbellup and then onto Collie. For our last night you camp at the velodrome where the local riders will give us a display of track racing.

DAY 9 SUNDAY NOVEMBER 19TH COLLIE TO BUNBURY 54 KM

An early start today, to catch the train back to Perth from Bunbury which departs at 3.00 pm.

Our last day's ride takes you through the Wellington Dam catchment area to the top of the hills. The scenery is quite spectacular with views to the coast and Bunbury. After an exciting descent to the coastal plain, you turn left at the highway and head back to Bunbury to catch the "Australind" to Perth. All the fitter for having ridden approximately 500 km through some of the most beautiful country in Western Australia, you will long remember W.A.'s first "On Your Bike WA" tour.



On Your Bike WA will lead us along Western Australia it all - from the rocky, surf-pounded beaches at Cape Natural

Turning inland from the coastal plain we will pedal over g overnight accommodation will be at campgrounds in Nannup

Cycling onto Pemberton we will have the unique pleasure timber country and the only jarrah forests in the world.

Our route through Boyup Brook and Collie takes us from photography, relaxing and enjoying country hospitality.

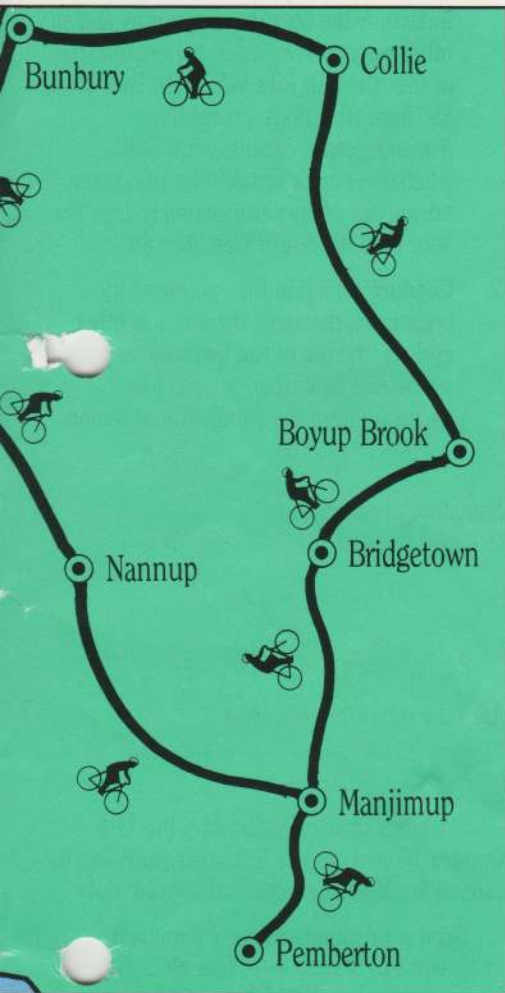
Our final leg to Bunbury provides us with panoramic vista the coastal plain.

We will be accompanied by a sag-wagon providing compe been made in planning to ensure that our overnight campgr times you will be guided by experienced cycle tourists.

'On Your Bike WA' will be THE cycle experience of 1989.



DISCOV
FOR YOU



s spectacular and varied south-west coast. We will experience
ste to the quiet, peaceful waters at Quindalup.
ntly rolling hills through a picturesque rural landscape. Our
and then Manjimup.
of pedalling through some of the most breathtaking tall-
forests back to farmland and offers great opportunities for
and the exhilaration of downhill coasting leading back to
ensive back-up service and first-aid facilities. Every effort has
unds are attractive with adequate showers and toilets. At all

ome share it with us!

er WA
OURSELF

WHAT WE PROVIDE

Breakfast, evening meal and morning and afternoon teas during the tour, commencing and finishing in Bunbury.

Back-up vehicle, including transport of luggage. Sag Wagon, medical and mechanical assistance.

NOTE: major repairs will be charged for at commercial rates.

Maps and route details.

PRIVATE SUPPORT VEHICLES

We do not encourage private support vehicles because of the hazard they pose to cyclists and other vehicles on the road.

TRAINING

Cycle regularly on quiet roads before the event. In the last eight weeks go for rides of 40 km each weekend and during the last month complete two rides of at least 80 km.

INSURANCE

While every care and responsibility will be taken while transporting your bicycle and luggage, it is recommended that you arrange your own insurance for yourself, bicycle and luggage, Public Liability insurance has been provided by courtesy of Commercial Union Insurance.

ENQUIRIES

For general enquiries about the tour,
telephone (09) 293 8170
or (09) 447 8939 (AH)

or write to "South West Tour 89",
C/- Post Office,
Thornlie, WA 6108.

CONDITIONS

No person under the age of 16 years as at the 11th November 1989 will be allowed to take part in the tour. Children under the age of 18 years as at the 11th November 1989, must have their parent's/guardian's consent before being allowed to take part.

PAYMENT

All payments must be received before the closing date of the 11th October 1989. No late payments will be accepted.

CANCELLATIONS

For cancellations received prior to the closing date of 11th October 1989 a refund of 80% will apply. For cancellations received from the 12th October 1989 to the 11th November 1989, a refund of 20% will apply.

ALL CANCELLATIONS MUST BE RECEIVED IN WRITING.

WHAT YOU NEED TO BRING

1. We recommend that you ride a bicycle with at least 10 speeds and gearing suitable for hilly terrain. Make sure your bike has provision for at least one water bottle and is in good mechanical condition before the ride starts.
2. Sleeping bag and small tent (unless sharing or hiring).
3. Air, foam or self inflating mattress.
4. Plastic plate, bowl, mug, knife, fork and spoon and tea towel (marked with your name). These items along with your clothing and toiletry items will need to fit into a duffle bag if you wish to have your luggage carried for you. It should not be more than 1 metre in length and weigh no more than 15 kilos. Make sure that your duffle bag can be securely tied.

SAFETY

In the interests of your safety and others, it is recommended that:-

- you wear a hard shell helmet.
- do not wear headphones or thongs while cycling.

CAMPING

Camp sites will be at local recreation grounds and caravan parks.

NOTE: All camping sites will be alcohol-free.

MEALS

Breakfast, evening meal and morning and afternoon teas will be provided.

NOTE: You will be responsible for your own lunch.

TRANSPORT TO START

Train transport from Perth to Bunbury and return for 100 people on the new "Australind" has been arranged. However you may elect to join the tour at Bunbury. Bikes will be taken to Bunbury and returned for a small fee.



OFFICIAL ENTRY FORM 1989

One entry form per person. You may photo copy this form.

Please use block letters.

GIVEN NAMES

SURNAME

ADDRESS

POSTCODE

TELEPHONE: WORK HOME

SEX: MALE
 FEMALE

Costs

1. Basic cost of tour.		\$	175.00
2. Transport from Perth to Bunbury and return by train.	\$ 30.00	\$	
3. Transport of bike from Perth to Bunbury and return.	\$ 10.00	\$	
4. Hire of tent.	\$ 10.00	\$	
		<u>TOTAL \$</u>	

I enclose my cheque, money order for \$

NOTE: PLEASE DO NOT SEND CASH

CONDITIONS:

1. I understand that participation in the "On Your Bike WA South West Tour 89" involves riding on public roads used by other traffic and I am aware of the general hazards involved in riding a bicycle. In my own judgement I have sufficient competence and experience to participate safely in the "On Your Bike WA South West Tour 89". I hereby release, exempt and indemnify the organizers, sponsors and all other persons involved in the organization of the "On Your Bike WA South West Tour 89" from all actions, proceedings, demands, costs, expenses and claims whatsoever made or taken by any person arising out of my participation in the "On Your Bike WA South West Tour 89".
2. Conduct, which in the opinion of the organizers, threatens the safety of other cyclists, the use of bad language or unsociable behaviour my result in exclusion from the event without refund.

Signature of participant

(or parent/guardian if the entrant is under 18 years).

Age (As at the 11th November 1989)

CLOSING DATE

Bookings close on Wednesday the 11th October 1989. As only a 150 participants can be catered for, it will be important to book early.

Send your completed entry form with payment to: "South West Tour 89",
C/- Post Office,
Thornlie, WA 6108.