

CYCLE TOURING ASSOCIATION OF WESTERN AUSTRALIA

PRESIDENT: Jim Harwood
31 6464

SECRETARY: Dale Neill
47 8168

CORRESPONDENCE: Box 83, Claremont, W.A. 6010

NEWSLETTER No. 15

NOVEMBER-DECEMBER 1976

This month, with its 2nd Annual General Meeting, the Cycle Touring Association will be two years old. This month will also complete my first year association with the club. A good year, I might add, a year that saw a lot of growth for our touring club, and a year that brought me a great deal of pleasure and better physical fitness. Reviewing the year's achievements, I see good rides, well attended rides, fun social events, terrific weekend camps, a successful second Tall Timber Tour, and I could go on.

The club has also increased benefits to its members: your newsletter is now mailed directly to you, and as of this month, all members will receive cyclist identification cards. The coming year will see still more benefits to touring cyclists, such as, hopefully, a low-priced insurance package for club cyclists. This year, the C.T.A. has become an associate member of Y.H.A. - another step forward, which means that C.T.A. groups can stay at Youth Hostels under the same conditions as regular hostellers. Hostelling is a pleasant way of travelling, and if you haven't joined one of our weekend outings yet,

you've missed a lot of fun. As the year draws to a close, yet another step forward - the C.T.A. is now in the final stages of becoming the C.T.A. of W.A., Inc. Our incorporation should become finalized within the next few weeks, as those who read the legal ads in the West Australian might have seen.

Also, as 1977 approaches, it's time for our Annual General Meeting. If you've been happy with the club, come and tell us. If you think it could be improved, come and tell us. Come and choose your 1977 management committee. Come if you are interested in joining the club. But even more than all that, just come! The Annual General Meeting will be held on Monday, November 29th, at 7:30p.m., in the Community Recreation Council offices (1st floor, Sir Thomas Meagher Pavillion, Perry Lakes).

As I will be away this summer and this will be "my" last newsletter until next fall, I would hate to lose the opportunity to wish each and every one of our members and friends (a bitearly!) a happy holiday season and lots of good cycling in 1977.

Nicole Harrison

COMING EVENTS

Sunday 31 October

Mussel Pool and Swan Valley

Easy ride 20 kilometres

Moderate ride 40 kilometres

Meet at the Guildford Post Office at 10:30a.m., cycle along West Swan Road for a picnic lunch at Mussel Pool. In the afternoon, those wishing a "moderate" ride can cycle along West Swan Road to its northern end, and back to Midland and Guildford via Great Northern Highway, to rejoin the easy riders in Guildford.

Saturday 6 - Sunday 7 November

Northam Overnight 200 kilometres

Hard ride

Leaving Midland Town Hall at 9:00a.m., Saturday, lunch at Wooreloo, overnighing at the Northam Youth Hostel and returning Sunday via Toodyay. Bring or buy food. Sleeping sheet compulsory. Support vehicle will accompany group.

Cost: \$2.50

Organizer: Dale Neill (47 8168)

Bookings made after November 1 will NOT be accepted.

Friday 12 November

End of the Year Social

Dinner-Dance at the Kalamunda Hotel, 7:30p.m.. Send in your \$5. deposit to treasurer Ian Smith (90 Dawson Avenue, Forrestfield 6058) by November 5th.

Saturday 20 - Sunday 21 November

Rottneest Overnight

Leaving Barrack St. Jetty on M.V. Western Isle at 8:30a.m. on Saturday (Fremantle Jetty at 9:30a.m.), returning to Fremantle Jetty at 5 p.m. Sunday (Barrack St. at 6 p.m.). Accomodation in Tentland cabins: sleeping bags and cutlery required.

Bring or buy food (breakfast probably provided)

Cost: \$9. 16 years and over

\$6. 13 - 15 years

\$4. 12 years and under

Organizer: Nicole Harrison (49 3589)

Bookings made after November 14th will NOT be accepted.

Monday 29 November

Annual General Meeting

7:30p.m., Community Recreation Council Offices, 1st floor, Sir Thomas Meagher Pavillion, Perry Lakes.

SEPTEMBER-OCTOBER REVIEW

There are still a few rides to go in October as this is being typed, but the two rides held so far have certainly been quite pleasant. The ride to Darlington and Mundaring on September 26th, led by Wayne Lally, was a combination of good weather, good company and good cycling. Eight riders joined leader Jim Harwood to Araluen on October 10th. The very strong head winds "became" very strong tail winds on the return trip, and Araluen Park is certainly an idyllic picnic spot.

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TECHNICAL TIDBITS

ROUTINE CYCLE MAINTENANCE - PART II

G. Camm

In the last newsletter, we began this article on cycle maintenance by talking about tyre maintenance. Part II of a continuing article.

Brakes: It's all very well being able to ride, but it's another thing entirely being able to pull up. Always make sure that the brakes work well when properly applied. Your rims should be kept dry and clean; oil on the rims can best be removed with a clean cloth moistened with methylated spirits. The brake, when applied, should bind hard on the rim. Brakes need regular checking; it's no good checking to see if the brakes are working just when you need them. It's a good policy, particularly in wet weather, to apply the brakes often to see how they are working. Under normal conditions, the front brake should be slightly harder than the rear, since when you want to stop, your weight is transferred onto the front handlebars and front wheels. This will also stop the back wheel from locking and sliding around. Make sure that the brake shoes themselves are actually running on the wheel rims, and are not rubbing on the tyre wall. If the brake shoes need changing, then do so. You don't play around with things like brakes; they either work or they don't, and here a few cents may mean the difference between getting home or not.

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AND ON THE LIGHTER SIDE...

A phone message to member Geoff Camm at work earlier this month - "Pick up the missing nuts from the cycle shop" - was delivered by a very bewildered switchboard operator as - "Pick up the missing nuts from the psycho shop!!"

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NEW MEMBERS THIS MONTH

Miss Helen Hosking
Miss Meredith Johnson
Mr. Greg Byrne

Happy Cycling!

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ODDS AND ENDS

With this month's newsletter, each financial member of the C.T.A. should receive a cyclist identification card in a handy plastic envelope.

CYCLE TOURING ASSOCIATION OF WESTERN AUSTRALIA INC.

Member's Name.....

Address.....

Phone.....

C.T.A. Phones.....

IN CASE OF EMERGENCY

Next of Kin.....

Address.....

Phone.....

Blood Group of Member.....

Medical Information

It is essential to carry identification, whether you cycle alone or in a group. There has been at least one case recently of a cyclist being badly injured and spending a number of hours in hospital before his identity could be found out and his wife alerted. The C.T.A. management committee suggests that you keep your card stored on your cycle, in such a way that you cannot forget to carry it in your pocket (or around your neck, on a string, or pinned to your clothing) when you are out riding. This is not a C.T.A. membership card, as it is not dated; it is simply an identification card, courtesy of the C.T.A. Use it: it may save your life!

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Early in November, the C.T.A. will hold its first "official" social event: a dinner dance at the Kalamunda Hotel. This is an occasion not to be missed: a lovely à la carte dinner (approx. max. \$8-9 per person), and dancing till midnight. The C.T.A. has made a group booking: only 30 places are available. So hurry and send your \$5. deposit to treasurer Ian Smith (90 Dawson Avenue, Forrestfield 6058).

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As you know, your C.T.A. newsletter is now mailed to you if you are a financial member. If for some reason you are a member and are not receiving your bulletin at home, please contact the newsletter editor (Nicole Harrison - 49 3589). Please help us keep our records up to date by informing us of any changes in address.

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Remember that the C.T.A. financial year ends in October. It's time to renew your C.T.A. membership. Send your annual dues (family-\$5.; adult-\$4.; 16-20, \$3.; under 16, \$2.) to treasurer Ian Smith (90 Dawson Avenue, Forrestfield 6058), or better yet, come to the Annual General Meeting and become a 1977 C.T.A. member.

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