

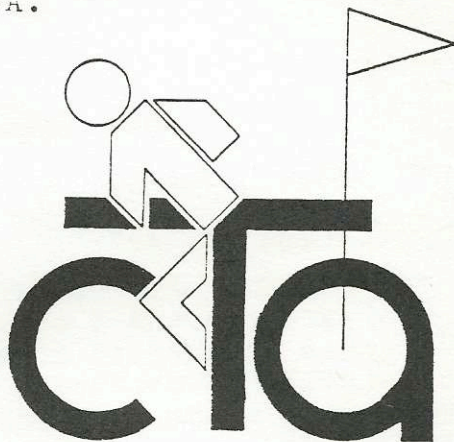
CYCLE TOURING ASSOCIATION  
OF WESTERN AUSTRALIA (INC)

PATRON

The Hon. R.J. O'Connor  
Deputy Premier of W.A.

CORRESPONDENCE

P.O. Box 174,  
Wembley, WA 6014.



The cyclists' association fostering  
cycle touring and protecting the  
interests of cyclists.

## THE "EYES" HAVE IT

Bicycling, whether as a convenient means of transport or for leisure, is practical, cost-free and fun, but full of hazards. City cyclists must be aware of cars, excited dogs, pedestrians and pollution. Bike riders in the country are more leisurely but there are problems common to all kinds of cycling that need to be solved for the full enjoyment of the sport.

Since the cyclist has no protection of any kind around him, he needs to keep a very sharp look out at all times. Pebbles and dirt blowing into his eyes and the blinding assault of glare can be serious problems.

Impact-resistant eyewear is a must - and good sunglasses will provide protection from both dirt and glare. Polarising lenses will filter out essentially all the horizontally reflected glare, and a close fitting style will help keep out dirt, pebbles and insects. Shatter-resistant lenses also provide an important element of eye safety.

The cyclist must train himself to be constantly alert to the surrounding rapid traffic and to the rough spots and pot holes in the street beneath him. Central vision is what we use to look directly at objects, but side vision is particularly sensitive in motion, and should be actively developed by cyclists.

A cyclist should make it a habit to scan the area around him rapidly, making brief mental notes of each object as his eyes skim over it. Make an effort to take in more and more of the surrounding scene accurately while speeding up the eye movements.

With practise, this process should become completely automatic, and the pleasure and safety of bicycle riding will be greatly enhanced.



TECHNICAL PUBLICATIONS  
by Neil Porteous

After having been in the CTA for a year or so, most members acquire a sound working knowledge of their bicycles. New members will find that the more experienced touring cyclists are only too pleased to pass on valuable technical advice and to demonstrate their cycling know-how. Allan Booth, Bob Mortimer and Matt King are just a few of those experienced cycletourists whose wide knowledge of the many aspects of touring are at the disposal of all members. Please take advantage of it.

Many keen new members are anxious to obtain technical books on cycling. I recommend the following: "DeLong's Guide to Bicycles and Bicycling", written by Fred DeLong and published by Chilton Book Company, Pennsylvania, USA; and "Richard's Bicycle Book", written by Richard Ballantine, published by Pan Books Ltd, London, UK.

Both books contain a wealth of well presented technical information. The many splendid illustrations and diagrams are an invaluable help to those who are not very familiar with the internal organs of their bicycles.

These books are available from leading bookshops in the city. Please contact the writer if you wish to peruse either book.

\*\* \* \*\*

ODDS AND ENDS

- FOR SALE      Avocet ladies' touring saddle, hardly used, \$20.  
                 Contact Sheryl Dwyer 275 1661.
- FOR SALE      Ideale 2002B saddle, \$15.  
                 Contact Nicole Harrison.
- FOR SALE      10-speed "Madison" bicycle, 23" frame, good condition,  
                 \$130.  
                 Contact Mark Bettell 447 2756

#### AUGUST TOUR

- Already some interest has been expressed in the traditional August holidays tour of the South West. Any person interested in participating in such a tour is asked to contact Dale Neill on 447 8168.

#### RIDE PLANNING QUESTIONNAIRE

- To date, we have had a 10% response to the questionnaire published in the last newsletter (yellow forms) - we would encourage those who have not returned their yellow form to do so, as this will assist greatly in planning rides more to members' tastes.

\*\* \* \*\*

#### COMING EVENTS

- 18 MAY      Kalgoorlie Bon Voyage Ride      Grade H  
Meet 9:30am Midland Town Hall; escort tour riders to Gidgegannup Cafe; return via Gt Eastern Hwy.  
Leader: Matt King
- 25 MAY      Maylands Tour      Grade \*  
Meet 1pm East Perth Terminal; ride through Maylands with stop at Tranby House (optional visit of museum).  
Leader: Walter King
- 31 MAY  
- 2 JUNE      Rotto Camping Weekend      Grade \*  
Meet 8:30am Saturday Barrack St Jetty; or 11am Sunday Rottnest Information Kiosk at start of jetty (2 or 3 day weekend). Supply own accommodation (tent?) and food.  
Leader: Dave Millward
- 8 JUNE      Canning Foreshore      Grade \*\*  
Meet 2pm Canning Bridge Rowing Club.  
Leader: Dale Neill



- 15 JUNE 200Km. Achievement Ride. Grade H  
Meet 9am Guildford Post Office. \$2 entrance fee (\$3 for non-members); badges will be awarded to successful participants (5 hour time limit).  
Leader: Geoff Dwyer
- 22 JUNE Wungong Dam Grade \*\*\*  
Meet 9am Causeway Carpark; 10:30am Kelmscott Railway Station. Picnic lunch at dam.  
Leader: Ross McNaught
- 29 JUNE Swan River Circuit Grade \*\*  
Meet 9am Shoppers' Carpark (foot of Mill St); finish with lunch at Perth Marks (approx. cost \$2.50, approx. time 12).  
Leader: Nicole Harrison
- 6 JULY Subiaco Tour Grade \*  
Meet 2pm Subi Library (Rokeby Rd)  
Leader: Matt King
- 13 JULY Serpentine Falls Grade H  
Meet 8:30am Garden City Shopping Centre (Booragoon). Bar-b-cue lunch at falls.  
Leader: Neil Porteous.



## YOUR CTA COMMITTEE

Please contact any of the following for assistance or suggestions.

PRESIDENT: Dale Neill  
29 Garland Way, Trigg  
447-8168

V/PRES: Walter King  
136 Victoria Ave, Dalkeith  
386-3463

SEC. Nicole Harrison  
P.O. Box 174, Wembley

TREASURER: Geoff Dwyer  
458 Light St., Dianella  
275-1661

### COMMITTEE:

Matthew King, 269 Churchill Ave, Subiaco  
David Millward, 7 Boscastle Ave, City Beach 3858371  
Neil Porteous, 11 Hermes St., Riverton

## RIDE CLASSIFICATION

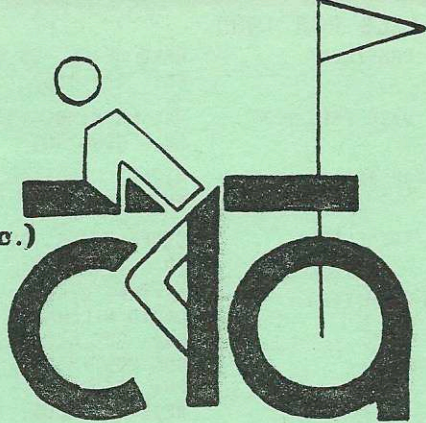
- \* EASY. For any healthy person. Distance less than 25km. Speeds average 10-15kph with frequent stops.
- \*\* MEDIUM. For riders who have some cycling experience and 5 or 10 speed bicycles. Distances from 25 to 60km. with as few difficult hills as possible. Speeds average 15-20kph with stops as needed.
- \*\*\* MEDIUM-HARD. For cyclists with experience in group riding. Distances from 60-100km. Speeds average 15-25kph through moderately difficult terrain.
- H HARD. For experienced riders of above average ability. Distances are in excess of 100km. and/or speeds averaging 20-30kph. Terrain may be very difficult.
- XH DIFFICULT. Denotes rides with speeds averaging 25-35kph and/or considerable distances and/or extremely rough or mountainous roads.

PLEASE GAUGE YOUR OWN RIDING ABILITY AND CHOOSE RIDES WHICH ARE SUITED TO YOU.



## **CYCLE TOURING**

## **ASSOCIATION OF WA (inc.)**



### OBJECTIVES OF THE ASSOCIATION

Generally to maintain and conduct a club of non-profit making and non-political character in order to further the following objectives:

- \* To organize and foster cycling on a non-competitive basis for persons of all ages.
- \* To bring about a greater awareness of the public and Government Departments of the value of cycling as a form of transport, a means of recreation, and aid to better health and as a means to overcoming problems of pollution and parking.
- \* To encourage the interests of primary and high school students in cycle maintenance, safe cycling and cycling for enjoyment and fitness.
- \* To promote better and safer standards of cycling.
- \* To give technical advice where possible.
- \* To promote events for cyclists including social functions, lectures and discussions.
- \* To assist and advise cyclists who are injured or whose cycle is damaged as a result of driver negligence or poor road conditions.

MEMBERSHIP is available to anyone, on a December 1st to November 30th basis. Fees (current to Nov.30 '80) are:

\$10.00 - family      \$4.00 - U/16 years  
\$ 6.00 - adults

FULL-TIME STUDENTS: \$2.00 DISCOUNT OFF ADULT FEE  
AFFILIATION FEE FOR CLUBS & ASSOCIATIONS - \$20.00

A cycle insurance policy is now available to financial members; ring Bob Mortimer (344 2854) for details.



# OFFICIALS FOR 1980

- PRESIDENT - DALE NEILL, 29 Garland Way, Trigg.  
Ph: 447 8168
- VICE PRESIDENT - WALTER KING, 136 Victoria Ave, Dalkeith.  
Ph: 386 3463
- SECRETARY - NICOLE HARRISON, 31 Bruton St., Balcatta  
Ph: 349 3589
- TREASURER - GEOFF DWYER, 458 Light Street, Dianella  
Ph: 275 1661
- COMMITTEE - MATTHEW KING, 269 Churchill Ave, Subiaco  
DAVID MILLWARD, 7 Boscastle Ave, City Beach  
Ph: 385 8371  
BOB MORTIMER, 5 Rother Pl, Nollamara  
Ph: 344 2854  
NEIL PORTEOUS, 11 Hermes St, Riverton

## OUTINGS

Outings are held weekly and are graded EASY, MODERATE or HARD, according to terrain and distance. They are advertised in the newsletter, as well as in the Swan Sporting Column of the Saturday West Australian.

## NEWSLETTER

The Newsletter gives details of coming outings, current events in the cycle-touring world and technical information. The Newsletter comes out bi-monthly and is posted to financial members. It is also available from the following cycle dealers:

Bike Peddler (Member)  
7 Great Northern Highway  
MIDLAND

Flash Cycles  
33 Great Northern Highway  
MIDLAND

Fred Fewings  
56 Ardleight Crescent  
HAMERSLEY

Gordonson Cycles (Member)  
342 Wellington Street  
PERTH

and  
96 Stirling Highway  
NEDLANDS

and  
886 Canning Highway  
APPLECROSS

and  
172 Parkin Street  
ROCKINGHAM

Mercer Cycles Int'l  
97 South Terrace  
FREMANTLE

Oliver Cycles  
166 Canning Highway  
EAST FREMANTLE

and  
1442 Albany Highway  
CANNINGTON

O.T.L. Sports  
Shop 6, Old Theatre Lane  
50 Bayview Terrace  
CLAREMONT

Parkers Cyclery  
Karrinyup Shopping Centre  
and

255 Canning Highway  
EAST FREMANTLE

Speedlite Cycles  
177 Guildford Road  
MAYLANDS

Stallard  
12 Burwood Street  
SHENTON PARK

Suttons  
147 Rokeby Road  
SUBIACO

Varsity (Member)  
26A Stirling Highway  
NEDLANDS



THE CYCLE TOURING ASSOCIATION OF W.A. (INC.)

APPLICATION FOR MEMBERSHIP

Enquiries: Mr G Dwyer (Treasurer) 275 1661

NAME \_\_\_\_\_  
Surname Other Names

ADDRESS \_\_\_\_\_  
POST CODE \_\_\_\_\_

TELEPHONE \_\_\_\_\_

TYPE OF MEMBERSHIP DESIRED

Under 16 years \$ 4.00 ☐  
Full-Time Student 4.00 ☐  
Adult 6.00 ☐  
Family 10.00 ☐  
Club or Association 20.00 ☐

IF FAMILY MEMBERSHIP IS REQUIRED, PLEASE LIST FIRST NAMES AND AGES OF ALL INTENDING MEMBERS.

NAME	AGE
_____	_____
_____	_____
_____	_____
_____	_____

I/we wish to apply to be a member(s) of the CYCLE TOURING ASSOCIATION OF W.A. (INC.). If accepted I agree to abide by all the rules of the C.T.A.

\_\_\_\_\_  
Signed

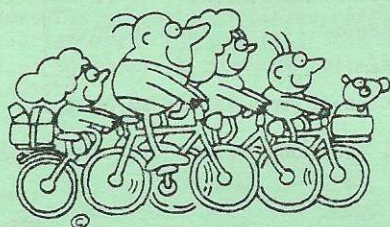
\_\_\_\_\_  
Date

If posting send to Mr Geoff Dwyer, 458 Light St, Dianella, 6062

\$ \_\_\_\_\_  
Fee enclosed

(NOTE: MEMBERSHIP DECEMBER 1ST - NOVEMBER 30TH)





Life. Be in it.

## Cycle Touring Association of W.A.(inc)

*The cyclists' association fostering cycle touring and protecting the  
interests of cyclists*

Correspondence: 31 Bruton St, Balcatta, Western Australia, 6021. Telephone 349 3589.