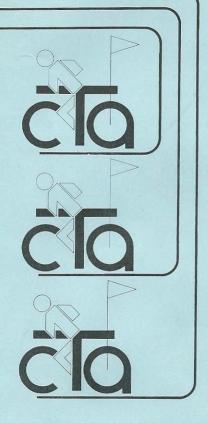
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free to members



cycle touring association of w.a.(inc.) NEWSLETTER

PATRON: The Hon.R.J.O'Connor Deputy Premier of W.A. the cyclists' association fostering cycle touring and protecting the interests of cyclists. CORESPONDENCE: Box 174, Wembley Western Australia 6014

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PHONE: (09) 274 1164

FOR NEW AND RECYCLED CYCLES, SPARES AND SERVICE



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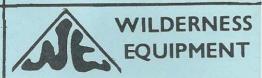
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R. W. Torrington

334 CAMBRIDGE ST., Cnr. Jersey St.

Tel.: 387 3708

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SALES

REPAIRS

· ACCESSORIES

A/h.: 384 7950

FROM THE PRESIDENT

According to my calculations CTA members have now cycled more than 460,000 kilometres on official CTA rides and probably double that again getting to and from rides. That in itself is an achievement. But a far greater achievement is that in covering that distance over a six year period only 3 riders have ever required medical treatment resulting from injuries incurred on rides.

We should not become complacent with this record and I would urge all members to ride safely and act courteously to fellow road users. However, if there is a misadventure and you or your machine suffer through the fault of another party, do not hesitate to contact us and you can be assured of our utmost support. The complacency of many cyclists and the 'she'll be right mate' attitude does nothing to help our fellow cyclist. So if you are aware of a specific road where dangerous conditions prevail or dangerous driving by a motorist, don't just forget about it, but pick up the telephone and telephone a CTA Committee member.

Happy Cycling
DALE NEILL

TOMORROW'S TOURISTS

BOB STOCKMAN

A line of 22 young cyclists riding in a well disciplined, two abreast formation is proof that cycling is becoming increasingly popular with high school boys and girls.

Credit goes to Lesmurdie high school manual arts teacher, Ray Stevens, who has arranged an afternoon a week during which his class enlarges their cycling knowledge. There are lectures on cycle safety, group riding, etc., interspersed with rides around the Lesmurdie area to put the theory into practice.

Ray Stevens bike class is a popular one with his students, and let us hope some of them will have their appetites whetted for longer tours.

Knock Knock!

Who's there?

Isabel. Isabel who?

Isabel necessary-on-a-bicycle



A CHALLENGE WITH A DIFFERENCE

by

Nicole Cyr-Harrison

On Saturday, June 27th, some 250 cyclists 'headed west' on a once-a-year rather unique tour: across the 220 km distance between West Berlin and the rest of Germany along Highway 5, the only transit route not an 'autobahn'.

Riders came in all shapes and sizes: from racing cyclists to girls on roadsters, with the whole range in between. We saw a few young boys with their dads, two or three tandems, and a variety of what could loosely be termed 'touring cyclists'. A young man named Erwin was one of my favourites: he rode a one-speed ladies' roadster, in jeans and wearing a wide-brimmed hat, a camera around his neck and a radio in the front basket of his bike.

One must understand that all transit travellers from W. Berlin (irrespective of mode of transport) MUST cross East German territory within 24 hours of entry and with stops in only those restaurants allowed by GDR authorities (only ONE on Highway 5). One must not speak to GDR citizens, or stop in any towns - that cuts out all bakeries! - and photography could be troublesome if the background included more than trees and fields.

Departure times varied greatly, with some starting out as early as 4 am, in small groups, or even alone. Our group of 4 crossed the border at 5.45, after only 10 minutes of formalities, a record of efficiency and goodwill on the part of the border guards. We cycled along at a snappy 25 km average all morning, with our first Mars bar stop after we had overtaken 20 riders, reaching our lunch stop at 140 km after about $5\frac{1}{6}$ hours of riding.

Our afternoon pace was a bit more erratic, slower, the pauses more numerous. My biggest difficulty for a while was due to an encounter btween my legs and stinging (and how!) nettle, in an attempt to go a bit further into the bush than my three male companions! Our only mechanical complaint was a single puncture, and we crossed the border into Lauenburg, 240 km from our starting point, exactly 12 hours after our departure. Cyclists poured in all evening, with travel times ranging from 8½ to 16 hours; the local camping ground and the Youth Hostel quickly filled up with weary people eager for food, drink and showers.

The ride itself was interesting. The first 30 km out of Berlin were almost eerie: early morning mist, a road almost lined with barracks, and soldiers - Russian soldiers. As we made our way further from the Berlin enclave and towards a more 'civilised' time of day, we exchanged greetings with school children, housewives cycling to the shops, people in their gardens, and even one old man on an even older bike who asked if we had any sweets for his grand-children. He was afraid to cross the road to us, and asked us to leave the two Mars bars we offered on the edge of the road. The towns along the way were all remarkably similar - colourless but clean, with sad-looking churches and ubiquitous propaganda posters: "Down with NATO armament" or "Solidarity with our brothers of the Warsaw Pact".

The stretch was pleasantly flat, with only a few hills just before the end (how nasty!). The elements were clement: changing winds, but always light, only one half-hour long shower, and low 20's. It was fun to see so many other cyclists along the way, and interesting to note all the details one usually misses from a car.

For some, the ride was an incredible accomplishment; for others, just a longish training ride. To the best of my knowledge, most finished. There wasn't much choice, except if one had arranged for a personal back-up vehicle: giving up along the way was just NOT allowed.

The only sad - very sad - note to the day was that it was the last time such a ride was possible. Two days later, a section of the Berlin → Hamburg autobahn was opened, and the parallel bit of Highway 5 closed to transit travel. Citizen groups and bike activists are pressuring the W. Berlin and W. German authorities to negotiate with East Germany to keep the highway open for cyclists, but with unlikely chances of success. Meanwhile, unless cyclists can ride at the legal minimal speed on the new autobahn, rides like last week-end's marathon are unfortunately over.



GROSSTADT SÄGER

40 KILOMETRE TIME TRIAL:

The CTA's first official time trial was hel on a relatively hilly course on Sunday, 9 August. Northerly winds gusting up to $70 \ km/h$ prevailed for most of the event and heavy rain fell just after the last rider completed the course. 12 riders started and 8 riders completed the course:

MARK BETTELL	1hr13m30s		32.65	km/h	20.00	m/h
JAMIE KING	1hr13m35s		32.61	km/h	19.98	m/h
MERV GIRDLESTONE	1hr23m47s		28.65	km/h	17.55	m/h
MATT KING	1hr24m51s	(punctured)	28.28	km/h	17.33	m/h
DENNIS BRADDON	1hr30m58s	DE LENGTS	26.38	km/h	16.16	m/h
IAN HORE	1hr31m03s		26.36	km/h	16.15	m/h
ROMNEY PHILLIPS	1hr40m01s		23.99	km/h	14.70	m/h
DANNY BOULTER	1hr45m08s		22.83	km/h	13.99	m/h

*Certificates showing names and official times will be presented to riders at the CTA's FILM NIGHT on 17 OCTOBER.

200 KILOMETRE ACHIEVEMENT RIDE - 26 JULY:

The 1981, 200 km ride was run over three laps of a course that ran from City Beach to Burns Beach and return. Wet weather and strong winds made the ride a memorable one for the eight riders who completed the event.

JAMIE KING COMPLETED THE COURSE IN 8 HOURS 27 MINUTES.

Riders completing the course in 12 hour limit:

ALAN BOOTH JAMIE KING
DENNIS BRADDON SIMON KING
PETER COOKSEY MARK PEACOCK
MERV GIRDLESTONE MARK BETTELL

*Achievement Badges will be presented to these riders at the CTA's FILM NIGHT on 17 OCTOBER.

HELMETS:

A survey conducted since the publication of the last newsletter shows that an average of 78% of all riders are now wearing approved helmets on CTA rides.

RAILWAYS:

Members will be pleased to learn that recent talks between the Minister for Transport, Mr Cyril Rushton and CTA representatives, Dale Neill and Bob Stockman resulted in the CTA once again being able to make use of railway guards' vans for country tours.

HINTS FOR CTA RIDERS:

- 1. BE ON TIME.
- 2. BE CORRECTLY DRESSED (e.g., thongs & bare feet are out!).
- 3. ENSURE CYCLE IS SAFE AND CORRECTLY ADJUSTED.
- 4. CARRY YOUR OWN SPARES, TOOL KIT, ETC.
- 5. INTRODUCE YOURSELF TO NEW RIDERS AND LOOK AFTER THEM.
- 6. LISTEN TO THE RIDE LEADER'S INSTRUCTIONS (e.g., route, re-grouping points, pace).
- 7. IF YOU WISH TO LEAVE THE RIDE BEFORE THE OFFICIAL END, BE COURTEOUS AND INFORM THE LEADER.
- 8. KEEP UP WITH MAIN BUNCH.
- 9. ALWAYS RIDE TO ENSURE MAXIMUM SAFETY OF GROUP.
- 10. OBEY THE ROAD RULES.

HINTS FOR RIDE LEADERS:

- 1. KNOW THE COURSE.
- 2. PREPARE A ROUTE MAP IF WARRANTED.
- 3. CARRY YOUR FIRST AID KIT.
- 4. BE ON TIME. Standard of descripts and to the tand families
- 5. INTRODUCE NEW RIDERS TO GROUP.
- BEFORE STARTING, BRIEF RIDERS AS TO COURSE, PACE, RIDING FORMATION, RE-GROUPING POINT, PARTICULAR COURSE HAZARDS.
- 7. CHECK RIDERS' CYCLES ARE SAFE AND APPROPRIATE FOR RIDE.
- 8. COUNT NUMBER OF RIDERS.
- 9. SPLIT GROUP ACCORDING TO ABILITY IF NUMBERS WARRANT IT.
- 10. APPOINT A 'TAIL-END CHARLIE'.
- 11. SET A PACE CONDUCIVE TO ADVERTISED GRADE AND MEMBERS' ABILITIES.
- 12. AT FINAL RE-GROUPING, COUNT NUMBERS, DECLARE RIDE COMPLETE.

Did you hear about the Irish Cycle Accessory manufacturer who went broke making panniers for exercise bikes?

(8)

CYCLISTS' ACTION GROUP NEWS

We are still trying to get the State Government to do something for cyclists. With the State Budget coming soon we have been contacting Ministers and Members of Parliament with the following points:

W.A. Bicycle Accidents : an epidemic ignored.

The Australian Bureau of Statistics reports that some 400 cyclists, mainly children, are hospitalised each year in W.A. by bicycle accidents. This is about 5% of all casualty road accidents.

In 1976, 3.5% of trips in the Perth region were taken by bicycle (bus 8.3%, train 1%) but bicycle transportation is currently allocated funding of less than 0.07% of that allocated to the M.R.D. alone.

In 1980-81 only \$100,000 was allocated to the Department of Local Government for bicycle projects. Even this very small amount of money was inefficiently spent due to the lack of any Government commitment to continuing funding for bicycle safety. The current system of ad-hoc financing means that funds are allocated in haste, late in the financial year, and hastily and often unwisely spent due to the lack of opportunity for any long-term planning.

In June 1980, the Advisory Committee on Bicycle Policy recommended a five-year allocation of \$200,000 per annum for bicycle safety. This has so far been rejected.

The Geelong Bike Plan model has been accepted Australia-wide as a rational cost-effective approach to bicycle safety. It is based on the 4E's...

ENGINEERING EDUCATION ENFORCEMENT ENCOURAGEMENT

There is no sign of a coordinated 4E's approach to improving bicycle safety in W.A.

A very high proportion of the community share our concern about the lack of provision for cyclists. Surveys by Stirling and Fremantle City Councils have shown that about 90% of people feel that more money should be spent to provide facilities for cyclists rather than on roads in general or public transport.

We ask for your support to ensure that the bicycle accident epidemic receives the urgent attention of the State Government.

1981 MEMBERSHIP LIST

LIFE MEMBERS:

H. Flint

J. Harwood

W. Lally

MEMBERS: B. Bailey

Dr Baker & Family M. Bettell A. Booth D. Braddon G. Branson M. Brant P. Brearley E. Burn E. Chatain Janet Chevne John & Jane Chevne Connell Family P. Cooksey S. & S. Cooper H. Crawford Eyclist Action Group (Aff) N. Cyr-Harrison R. De-Boer G. Diggins G. & S. Dwyer P. Ewina N. Fleming K. Gobby T. Gouldie P. Gralton K. Guthrie K. & S. Hall M. Hanley P. Hardisty C. Harford T. Hayes N. Hiller D. Hitchens B. Hocking W. Holmes

I. Hore

J. & M. Hosking C. Jackson K. Jackson J. Jordi 7. Kalotas N. Kalmanovitch S. Karlinov B. Kelly M. King S. & J. King J. & J. Klobas E. Langford P. Lansell L. & N. Lobry de Brune C. Loughney R. McGowan McKechnie Family N. McPherson McQuillan Family Mathews Family J. Meakin P. Measey Meredith Family W. Metcher A. Millett D. Millward C. Milne B. Morris M. Morris B. Mortimer Murray Family Neill Family C. & J. Nienaber A. Noteboom J. Owen T. Pallotta D. & M. Peacock T. Pettit

R. Phillips C. Pierce P. Pigott Porteous Family J. Potter F. Poulsen G. & J. Purdie R. Richards B. Robinson A. Rogerson Roulstone Family A. Rudland T. Rule Rushton Family E. Sankey 1. Smith 1. & C. Staniland F. Steenhauer Stockman Family A. Sullivan D. Sutherland R. Swane-Poel M. Talbot Thornber Family E. Thornber Tindall Family J. Torkildsen J. Turley F. Uloth Uni Cycle Club (Aff) D. & J. Ut Van Royen Family Vernon Family A. Walton P. Westall B. Winder

I. Yates

Please contact any of the following for assistance or suggestions:

PRESIDENT:

Dale Neill

29 Garland Way

V/PRESIDENT:

Tony Pettit 25 Newry Street FLOREAT PARK 6014

TRIGG 6020

(447-8168 - home) (328 6844 - work) (387 4324)

SECRETARY:

Bob Stockman Valencia Road CARMEL 6076 TREASURER:

John Cheyne

69 Irwin Street EAST FREMANTLE 6158

(293-5278 - home)

(274-1164 - work)

(326-6541 - work) (339-6897 - home)

COMMITTEE:

Matthew King 64 Webster Street NEDLANDS 6009

Jayne Milloy-Cheyne 69 Irwin Street 6158

EAST FREMANTLE

INSURANCE:

(386-5044 - home) (322-4288 - work) David Millward

7 Boscastle Ave CITY BEACH 6015 (321-8361 - work)

Allan Booth 17a Forrest Street FREMANTLE 6160

(385-8371 - home)

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RIDE CLASSIFICATION

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EASY. For any healthy person. Distance less than 25 km. Speeds average 10 - 15 kph with frequent stops.

MEDIUM. For riders who have some cycling experience and 5 or 10 speed bicycles. Distances from 25 to 60 km with as few difficult hills as possible. Speeds average 15 - 20 kph with stops as needed.

MEDIUM-HARD. For cyclists with experience in group riding. Distances from 60 - 100 km. Speeds average 15 - 25 kph through moderately difficult terrain.

HARD. For experienced riders of above average ability. Distances are in excess of 100 km and/or speeds averaging 20 - 30 kph. Terrain may be very difficult.

XH

DIFFICULT. Denotes rides with speeds averaging 25 - 35 kph and/or considerable distances and/or extremely rough or mountainous roads.

PLEASE GAUGE YOUR OWN RIDING ABILITY AND CHOOSE RIDES WHICH ARE SUITED TO YOU.





Don Evill
Manager

UNIT 3, 4 BURGAY CRT. OSBORNE PARK, W.A. 6017 TELEPHONE: 445 1601, 445 1466

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12 words from HILLMAN

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111 BRIGHTON RD SCARBOROUGH WEST AUST. 6019 Tel (09) 341 3581

INTERESTED IN RACING?

The Floreat Park Amateur Cycling Club is looking for new members. Contact Geoff Dwyer on 448 5385.

CYCLISTS ACTION GROUP

The CAG is now holding monthly meetings at its headquarters (2 Barsden St., Cottesloe. 384 7409) at 8 pm on the third thursday of each month. All cyclists are invited.

SEX & CYCLING:

According to Dr John Snowden of Sydney's Prince of Wales Hospital, there are quite a few similarities between cycling and sex, particularly as one approaches old age.

Speaking at a seminar on 7 August, Dr Snowden said:

"The things that stop you having sex with age are things that stop you riding a bicycle - bad health, thinking it looks silly and no bicycle."

For those CTA members who own 2 or 3 bicycles, there must surely be a message in this.



for indoor or outdoor use. Its unique design makes it Trangia stove is a complete cooking system suitable Made in Sweden from high quality materials, the deal for outdoor use even in the worst weather conditions: it goes faster outside: all other existing stoves go slower

INTELE COOKING SYSTEM 23cm ALL-WEATHER

Complete Unit

Packed For Travel

cleaning/maintenance. Meths on hands cleans them -Being fueled by Methylated Spirits there is no need for priming - hence faster starting and minimal Saucepan

Small

Handle

Upper Windshield

need to fear parts failures or the lack of spares. Trangia has Assembly is fast and simple. Wilderness travellers have no unlike other fuels which are often unpleasant almost no moving parts.

different positions with little risk of spillage. It is impossible (almost) to kick Being both lightweight and compact, the Trangia stove is a most practical saucepans, or kettle, sit so low inside the stove, it is possible to move to he Trangia cooking system is extremely stable. Because the main choice for all outdoor recreational uses over - great for youth groups!

Saucepan

Burner

Large

Note: There are four Trangia models, reference numbers Dimensions: Models 25 & 25K; 23 cm \times 11 cm. Models 27 & 27K; 19 cm \times 10 cm. 25, 25K (with kettle), 27 and 27K (with kettle) Model 25K is illustrated



Kettle

Lower Windshield

For further details, contact Dept. T. Phone: (02) 699-7698, 698-3860 Alexandria, N.S.W. 2015.



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DATE	EVENT	KM	GRADE	TIME	START POINT	LEADER	сомисти.
SEPT. 13	GARLOK DINNER	(approx) 15	-%	4.30 pm	GARLOK RESTAURANT	J MILLOY CHEYNE	Cost \$8 - \$10. TO BE ADVISED.
SEPT. 19/20	MUMBERKINE CAMPING WEEKEND	240	НХ	9.00 am	MIDLAND TOWN HALL	I STANILAND	BRING OWN TENT, SLEEPING BAG & FOOD.
SEPT. 27	BURNS BEACH	140 100 80	H NBLYA	9.30 am 10.30 am 11.00 am	PERTH RAILWAY STATION CITY BEACH SURF CLUB TRIGG ISLAND SURF CLUB (JOIN IN AT ANY OF THESE POINTS)	Dale NEILL	Picturesque and peaceful ride along Joondalup Drive to Burns Beach. Buy or bring lunch.
OCT. 3/4/5	NOGGERUP WEEKEND RIDE (NOTE: First 8 bookings have hostel beds. Others take tents, sleeping bags and camp under the pine trees - \$2 reduction for campers)	ANTERNA YANE MARKATAN	Ŧ	8.45 am	PERTH RAILWAY STATION Wellington Street	Dave MILLWARD	Travel by train to and from Bunbury. Returning approx. 6 pm, 5 October. COST: \$18 members (\$12 Juniors) \$22 non-members (\$15 Juniors). BOOKINGS CLOSE with D.Millward on 25 SEPTEMBER 1981. (Telephone 385 8371)
0CT. 11	KINGS PARK & FORESHORE RIDE (& 1981 Association Photograph).	50	**	11.00 am	CNR SAW AVE & MAY DRIVE,	John CHEYNE	Pleasant, casual ride ending with BBQ lunch at meeting point at 1 pm. Supply own food *OFFICIAL 1981 CTA PHOTOGRAPH will be taken at 11 am of all riders in attendance. Individual copies will be available later to members.
(Saturday)	FILM PRESENTATION EVENING. Film & slide night. Presentation of 200 km, 40 km Time Trial and 10000 in 8 awards.			7.30 pm	KARRINYUP CULTURAL CENTRE, Davenport Street, Karrinyup	Dale NEILL	Members are invited to bring along their favourite slides and prints. The 4 most popular photographs will be selected to be added to our official album. A selection of 16 mm films will also be shown. AWARDS PRESENTED COST: \$1 members; \$2 non-members
ост. 18	CHITTERING VALLEY	140	ХН	9.00 am	PERTH RAILWAY STATION MIDLAND TOWN HALL	Mark PEACOCK	Some shops available on route. BRING OR BUY LUNCH.
0CT. 25	BBQ LUNCH RIDE	30	* * * * * *	9.30 am	29 GARLAND WAY, TRIGG PERTH RAILWAY STATION	Dale NEILL Mark BETTELL	Starts at Trigg, picks up Group 2 in Perth, ride to Fremantle, return to Trigg via coast. BBQ Lunch approx. 12.30 pm. BRING OWN MEAT.

COMMENT	\$2.50 (J) \$3.50 (S) members \$3.50 (J) \$4.50 (S) non-members NOTE: First 8 bookings get hostel. Rest to hotel. Sleeping sheet ESSENTIAL for hostel users. BOOKINGS CLOSE 17 OCTOBER. Telephone: B Stockman - 293 5278.	Bring or buy lunch. Meeting at Chalet Healet, Araluen at approx. 12 - 12.30pm	Taking in places of interest in Dalkeith.	Up Red Hill to 'Gidgie' for 'elevenses'. Back through Mt Helena, Greenmount & Midland	Dinner Tickets can be purchased prior to 11 NOVEMBER from Committee members. COST: \$13 members; \$15 non-members	AGM 1980 minutes; Treasurer's Report; Tours Report; Election of office bearers 1982. Setting of 1982 membership fees. Nominations close 30 OCTOBER	Following the AGM at Floreat Park School, riders will gather for lunch at Red Bull, Joliment Other riders can join at Kings Park. The ride will then follow the new cycleways on the Swan River foreshore to Heirisson Island.	Bring a pencil.	Supply own tent, sleeping bag, cooking gear, food. For details Telephone M Peacock - 446 3009.	Easy ride through city to view Christmas Lights. Lights on cycle ESSENTIAL.
LEADER	Bob STOCKMAN	Jamie KING Lisa LOBRY de BRUYN	Mathew KING	Roy TINDALL	ORGANISERS: Dale NEILL Jane CHEYNE Bob STOCKMAN	ORGANISER: Dale NEILL	Tony PETTIT Mark BETTELL	lan STANILAND	Mark PEACOCK	Tony PETTIT
START POINT	MIDLAND TOWN HALL	CAUSEWAY CAR PARK KELMSCOTT RAILWAY STATION	126 VICTORIA AVE, DALKEITH	GUILDFORD POST OFFICE		FLOREAT PARK SCHOOL	RED BULL, JOLIMONT KINGS PARK LOOK-OUT	CNR SAW AVE & MAY DRIVE, KINGS PARK	CITY BEACH SURF CLUB	KINGS PARK LOG
TIME	9.00 am	9.00 am 10.30 am	2.00 pm	9.30 am	8.00 pm	10.00 am	12.30 pm 2.00 pm	8.30 am	DEC. 12 8.30 am	6.30 pm
GRADE	π	H**	*	Ξ	9	1	* * * * * * * * * * * * * * * * * * * *	***	H .	44
KM (approx)	160	35	10	09	ı	T.	20	50	200	10
EVENT	TOODVAY WEEKEND RIDE	ARALUEN PICNIC RIDE	DALKEITH HISTORICAL RIDE	GIDGEGANNUP 'ELEVENSES' RIDE	CTA ANNUAL DINNER and presentation of the 'CYCLE TOURIST OF THE YEAR' award. The CTA has booked Hugo's Restaurant and their Chefs will be preparing a special menu for the CTA. Members & their friends are welcome.	ANNUAL GENERAL MEETING 1981	RIDE TO HEIRISSON ISLAND	TREASURE HUNT RIDE	MOORE RIVER CAMP	CITY LIGHTS RIDE
DATE	0CT. 30/ NOV. 1	NOV. 8	NOV. 15 (Sunday)	NOV. 22	NOV. 25	NOV. 29	NOV. 29	DEC. 6	DEC. 12/13	DEC. 20