

# CYCLE TOURING ASSOCIATION OF W.A. (INC.)

PATRON: The Hon. R.J.O'Connor

June/July 1983  
Issue Number 53

## tour notes

### THE YUNDERUP LONG WEEKEND 5th-7th MARCH

Low on numbers; high on quality. That would probably be the consensus of opinion of those who took part in the Labour Day weekend outing.

As a new member to these tours, I must admit that prior to setting out I felt a degree of trepidation that I would actually arrive at our destination, let alone on the right day, but their always has to be a first time! A distinct advantage on this tour was that our panniers and sleeping gear were transported down by van.

There was a degree of disappointment on the Saturday morning that there were only seven riders - and then reduced when Barry Penton had to retire due to a back injury he had received at work. Our party comprised of Jon Martin tour leader, Neil Porteous, Stephen Booth, John Gibson, and myself. We were scheduled to meet Dennis Braddon a little further down the track. We set off with Niell counselling the inexperienced riders to moderate their pace - sound advice as Steve and I can testify.

Our first scheduled watering hole, the Jandakot Primary School, also happened to be a polling booth so we could discharge our voting obligations. Then onto the B.P. Roadhouse, Thomas road where we replenished our tanks for the dry 50kms ahead. Pushing against strengthening south west winds the novices amongst us called for the occasional road side halt to stretch our tired backs and replenish lost calories.

At the welcome lunch break at North Dandalup Steve and I received some useful technical advice about tires and seat heights. After the last of our intermediate halts at Pinjarra, I had convinced myself that I was going to reach Yunderup after all. We arrived at our destination at 3pm and were glad to relax our tired limbs.

The evening meal, as with all meals on tour was a scene of contentment and hilarity. We were introduced to Neill's sly humour and sometimes scant regard for the truth, Dennis on the other hand was more direct and forthright. Aileen and John somehow seemed to retain control of our

motely crew and after dinner we were treated to Steve's trick of cleaning the dishes with bubble bath.

Sunday was a recreation day. Our party enjoyed a leisurely tour of the areas in the vicinity of the Peel Inlet and the mouths of the Murray and Serpentine Rivers. After a leisurely lunch under the shade of the trees on the Mandurah estuary foreshore, we farewelled John Gibson who had to return to the drilling rigs in the north on Monday.

That night was memorable for the feast prepared by Aileen. So irresistible did this prove that even the 'old soldier' had to demonstrate for us, after the meal, the horizontal technique for aiding digestion.

On Monday we were all eager to depart and were away by 8.15 a.m. The day was mild and sunny with an easterly blowing to assist our passage to Mandurah. On the road we meet up with Peter Cooksey a C.I.A. member from Mandurah, who joined us for a training ride. As we turned north towards the city, the winds veered to the south and gave us an exhilarating boost of power, forcing the old campaigner John Martin to intervene once again to slow the pace.

All too soon we arrived at Kerosine Lane where the party split into two; one group headed towards Riverton, the other continuing north. The only misadventure for the whole weekend - apart from stomach distension was sustained near Kwinana where I had to fix a puncture. I was home just after midday feeling surprisingly fit and with that little bit of extra confidence that I would actually finish the next event and not retire from exhaustion.

All of those who went on this ride owe a great debt of gratitude to Aileen and John Martin. The daily ride schedules were meticulously researched and the catering and accommodation first class. I recommend this ride to any novice rider and who is starting to think seriously about middle distance touring. Certainly I would like to be a starter next year if the Martins are offering their home again.

Ron Bowyer.



## 50 km ACHIEVEMENT RIDE

Once again the 50km achievement ride was held with great enthusiasm shown by all riders. 26 riders participated on a fine sunny day, of which 18 riders completed the course within the time limit of 2.5 hrs. Romney Phillips pulled out after the first lap showing signs of the flu, a repeat of last year. Two new riders unfortunately retired early due to mechanical failure, which always seems to occur when you least need them.

A new course was used this year around Mullaloo and Joondalup. The first group of riders finished in a time of 1 hour 33 minutes within a few minutes of the previous best time. I have had no complaints about the course and hope that everybody enjoyed it.

I would like to thank Mark Peacock for his assistance on the day. Congratulations to all those who participated and succeeded in obtaining their badges. My praise to those who did not complete the course for their good sportsmanship and I hope they succeed next year.

### PARTICIPANTS

R. BLAKE	T. GORE	L. POLLARD
S. BOOTH	S. LEWIS	N. PORTEOUS
R. BOWYER	S. MARS	B. STOCKMAN
D. BRADDON	J&A MARTIN	B. SHORTMAN
J. BREVEREZ	P. MEASEY	B. THOMSON
L. CLARK	I. PHILLIPS	M. TALBOT
R&J CRELIGHTON	R. PHILLIPS	D. MILLWARD
	J. KING	

Happy Cycling  
Mark Bettell

## PIESSE BROOK WEEKEND Feb. 12/13

Eight riders left Midland at 3pm on a fine warm afternoon. We followed back roads through Boya, up the long climb through Darlington to Mundaring following the old timber railway. We regrouped and enjoyed afternoon tea in Mundaring Mall, then on down the wonderful descent to the weir and up the steep climb to Piesse Brook.

Fred Allen welcomed us as always to what for some is almost second home. Five juniors joined us for the night. On Sunday we were disappointed to find the Kalumunda coffee shop closed, but the lovely views from the Zig-Zag made up for that. Morning tea was enjoyed at the Guilford Markets where the group broke up.

## the last of tasmania



### TASMANIA BY BICYCLE - THE REAL TRUTH

( Or you can make it in Tasmania :  
as long as you go in single file )

I am writing this on a plane bound for the highest mountains in the world. Nevertheless my mind goes back to some other memorable hills and happy days in January, spent on Australia's Holiday Isle. ( No! not Rottneest - Tasmania)

Blessed with fine weather and sunshine throughout (well one downpour hardly counts) and strong headwinds on only a few days we breezed our way up and down the hills and valleys, through some of the most picturesque scenery to be found anywhere. The scenery and our imaginations combined to transport us to England; past pretty cottage gardens with sycamore and oaks trees; then to Switzerland through mountains and valleys of pine forests and beautiful vistas beyond; then back to "real" Australia of huge gums, dry paddocks and the mystical bush.

The beauty and serenity of Meander Valley, with its backdrop of the Great Western Tiers, was matched



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only by the hospitality and fun we found in the Lally homestead. Port Auther's tranquility belied the evidence of its infamous past - a truly fascinating place. We experienced another "home away from home" atop the hill at Baffles Tea House and Youth Hostel at Cygent, from Chris, Tony and Kids. Who could ever forget those toasted sandwiches!

And a few record breaking statistics, shortly to be published in the C.T.A. Guinness Book of Records.

BIGGEST EATER	- Devilish Neil Porteous awarded for consistency closely followed by Dave Millward
BIGGEST ANTI-CLIMAX	- St. Mary's Pass
BEST DEVONSHIRE TEA	- Lilydale
BEST GUIDED TOUR	- Battery Point revisited
BEST RIDE	- St. Helens to Bicheno
MOST TIRING RIDE	- Hobart to Cygent

Finally, a great deal of thanks must go to Dale Neill who masterminded a marvellous trip, which involved hours of his time in planning and arranging - you did a grand job.

Sheelagh Micheal

## Nine Months On



And it only seems like nine days since my appointment as Co-ordinator of Bicycle Policy in W.A. I can assure you that they have been a very busy nine months with visits to such local authorities as Kalgoorlie, Bunbury, Serpentine - Jarrahdale and Harvey and many more to come. Requests by Councils for advice on bicycle policy are coming regularly from places like Northampton, Wagin, Geraldton and Esperance. It appears to me that there is a quickening of interest in the provision of safer cycling facilities out there. This is most heartening. Make sure your local council is doing everything it can for cyclists in your area.

### Notable Happenings (in chronological order):

1. The completion of the underpass at the eastern end of the Causeway - \$57,000 Yes, \$57,000 for 40 meters of dual-use facility. The approaches of the dual-use facilities to the underpass at the eastern end of the Causeway are completed; on the south side of the Causeway from Taylor St. to the underpass and on the north side of the Causeway from the water skiers' car park to the underpass. The section from the skiers' car park to Great Eastern Hwy. is best summed up by one of the many critics; "This section of track is really hard going on a bicycle designed for 'on road'. The sand is too soft and deep that it is necessary to ride on the wrong side of the road and the corrugations are terrible." I agree - I've ridden it myself, many times, but I would hope that in the not too distant future this dual-use facility will be extended to the underpass at Surrey Rd. and so open up to the cyclists north of the Great Eastern Hwy. a safe route to Perth, the University of W.A., to W.A. College Nedlands, to South Perth, both Berwick St. via Taylor St. and the Old Mill to Canning Bridge, to Mt Henry Bridge, to Leach Hwy. and then to Shelly Bridge, and of course all points of interest in between and there are many of them. Cycle it and see.

### Highlights of the Dual-use Facility

It is very gratifying to see so many schools taking advantage of the dual-use facility along the freeway - hundreds of kids using it under supervision. I met some of these groups and the most common lament on behalf of the teachers in charge was; "the kids can handle the scene well, it's those ..... Mums and Dads who come to help who are holding us up". I met a group of disabled children using this dual-use facility

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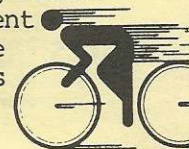
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at the Cranford Ave. Bridge. Very tired! The lady who lives next to the bridge gave them all a drink and they set off for home with a 'tailey' - spirits high, refreshed and wonderful to see. I hope when this facility is complete many such organisations will make use of it. It is there for all of us to use.

2. The completion of the dual-use facility from the Old Brewery to the University of W.A. along Mounts Bay Rd. - cost \$70,000, Perth City Council and the State Government each contributing \$35,000.
3. The completion of that magnificent dual-use facility alongside the Kwinana Freeway to the Narrows Bridge is in sight. On one Sunday alone 941 cyclists used this facility in 12 hours.
4. The installation of the dual-use facility along the foreshore in Melville from Houour Ave. to Cunningham St. by the Melville City Council to be completed by June 1983. Cost \$81,000, Melville contribution \$30,000.
5. The ongoing situation of the installation of dual-use facilities throughout many towns in W.A. eg. Rockingham, Mandurah, Claremont, Mundaring, Kalamunda, South Perth, Gosnells, Kwinana, Cottesloe, Armadale, Canning, Cockburn, Fremantle.
6. Finally, the most important event in W.A. for cyclists in my estimation, the installation of the first ever bike lane on a road carriage way in W.A. on Victoria Ave., Claremont from Watkins Rd. to Freshwater Pde. (a distance of one kilometer on each side) to a dual-use facility in Freshwater Pde. to Queenslea Dr. (slabs), then to Bethesda Hospital via a dual-use facility of bitumen installed by voluntary labour (school kids on Sunday mornings). This takes some 400 children to and from school and home each day. The bike lane itself is working extremely well and the users are to be congratulated on their behaviour, as well as the motorists who are observing the rights of the bike lane users.
7. Productions by DYSR of 'Round Our River Ride', which will be an excellent publication.
8. Production of Provisional Map of Cycle Routes in and around Perth to be discussed with all bike users in the very near future.

In conclusion, I would like to thank all those who have helped us get to where we are and look forward to your continued support. I would also like to thank the people responsible for allowing me to contribute to your newsletter.

Peter Gralton  
Co-ordinator of Bicycle Policy  
in W.A.

## product review

### CAT EYE REAR VISION CYCLE MIRROR

This plastic framed mirror fits into the open end of the handle bar, first remove handle bar plug, and replace it with the mirror. The 75mm diameter unbreakable convex mirror is attached to the mounting bracket by a short stork equipped with a ball joint, allowing for easy adjustment. The mounting position of the mirror is, perhaps, a little too far away from the front of the cycle. A mirror mounted a little further up front would be easier for the eye to scan with a smaller angle of eye movement. When riding with my hands on the drops, my lower forearm obscures the view in the mirror.

Apart from the above mentioned drawback, I can happily recommend the Cat Eye mirror, which is particularly usefull on the open road and is without a doubt an important safety factor.

Retail price: \$ 2.81

Neil Porteous.

### BIKE FOR SALE

Frame: ultralightweight Ricardo featherweight tubing, unused since recent paint job. New Shimano 600 alloy headset. 21.5 inch. Brazed fittings for gear cables and bidon cage. \$200.00 O.N.O.  
Phone 4583668

### EARLY WARNING C.T.A. DINNER

Four course meal inc. drinks and entertainment.  
WHEN : FRIDAY AUGUST 5  
WHERE : PIRATES DEN EAST FREMANTLE  
Contact John Martin for further details.  
PHONE 3492310

### CONGRADULATIONS

We would like to wish Mathew King and Julie Smith all the best on the announcement of their engagement. Congratulations from everyone in the C.T.A.

### CLUB T-SHIRTS

The yellow, club t-shirt can be purchased through the treasurer for \$7.00. If your size is in stock it will only cost \$5.00! So place your order now.

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PLEASE GAUGE YOUR OWN RIDING ABILITY AND CHOOSE RIDES WHICH SUIT YOU.

**MAY 22 100km ACHIEVEMENT RIDE**

Grade: H Time: 9.00 am

Meet at Kelmscott Railway Station. Awards to all who finish with-in the time limit of 5 hours.

COST: \$2.00 members \$4.00 non-members.

TOOL KIT, BIDON NECESSARY

LEADER: Neil Porteous, John Martin.

**MAY 29 FREMANTLE COFFEE SHOP RIDE**

Grade: \*\* Time: 9.00 am 25kms

Meet at the log in Kings Park for a pleasant ride to Fremantle with coffee and cakes at Papa Luigi's.

LEADER: Matt King.

**JUNE 4/5/6 BROOKTON LONG WEEKEND**

Grade: H X/H Time: 9.00am 350kms

Meet at Kelmscott Railway Station for a scenic ride through the hills to a farm located in the Dales, approx 100 kms from Perth. Overnight accomodation in farm cottage. Sunday ride to Brookton and visit the Avondale Research Centre. Monday return to Perth via Beverly and York, or alternatively via the Brookton Highway.

COSTS: \$2.50 members \$3.50 non-members

BRING: Sleeping Bag, Mug, Food, Tool Kit and Bidon. Milk, Bread, Tea, Coffee etc. and Breakfast Provided. No shops on route for first day.

LIMIT: Tour limited to 12 people. Book by May 27.

LEADER: Ian Hore Ph. 368 2937 H

**JUNE 12 EXPLORATION OF APPLECROSS AND ATTADALE**

Grade: \* Time: 9.00 am Distance: 20 kms

Meet at Canning Bridge, South Perth end for a guided tour around the river, cycle paths and points of interest; including Wireless Hill Majestic Hotel and Alfred Cove.

LEADER: Neil Porteous

**JUNE 19 MUNDARING WEIR BBQ**

Grade: H Distance: 40-60 kms

Dual Start 9.00am at Perth Railway Station and 10.00am at K-Mart Great Eastern Highway Midland. A pleasant ride along some of the lovely back roads through the hills will be followed by a BBQ lunch

at Mundaring Weir.

BRING: own meat and food.

LEADER: Bob Stockman Dennis Braddon.

**JUNE 26 AVON TRAIL ASCENT**

Grade: H Time: 9.00 am Distance: 80 kms

This is a new ride on the C.T.A. calender taking in some extremely interesting and a wide variety of scenery. From the meeting point at the Midland Town Hall the tour will head out through the Swan Valley to Walyunga National Park. In the Park the route will be along a gravel service road following the railway line and river. Wide tyres and low gears would be an advantage.

LEADER: Matt King

**JULY 2/3 MUNDARING WEIR YHA WEEKEND**

Grade: H Time: 9.30 am Distance: 60kms

An extremely popular weekend of cycling in the hills, staying overnight in a lovely Youth Hostel at Mundaring Weir. Meet at Stockman and Son 15 Loton Ave. Midland. These weekends are too good to miss out on, so make sure you book early.

COSTS: Seniors \$5.00 Juniors \$2.50

BRING: Sleeping sheet and food

BOOK BY: June 22

LEADER: Bob Stockman H. 2935278

**JULY 10 KINGS PARK BREAKFAST RIDE**

Grade: \* Time: 9.00 am Dist: 10-25 kms

The ride will consist of two alternative routes. One, a short exploration of Kings Park and the other, for those with a little more enthusiasm, a 25 km event, both designed to create a appetite for a BBQ breakfast. Meet at the corner of Saw Avenue and May Drive Kings Park.

BRING: food and drinks

LEADER: Ron Bowyer, Ian Hore.

**JULY 17 10,000 FEET IN 8 HOURS.**

Grade: X/H Time: 8.30.am Distance: 120kms

The "real test" for all memebers is on again this year. Who will be able to complete the course over the steepest hills in Perth. Will the time be reduced again this year? For all fit cyclists this is a must.

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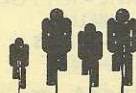
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BRING: Fitness, Stamina and a touch of insanity  
MEET AT: Kelmscott Railway Station; 'let the torture begin.'

LEADER: John Martin.

**JULY 24 ROUND THE RIVERS; SWAN AND CANNING**  
Grade: \*,\*\* Time: 9.00 am Distance: 20-40 kms

Meet at the Canning Bridge, South Perth end where the party will split into two. One tour will be around the Canning River and the other around the Swan River. Both groups will meet at the end of the ride for morning coffee.

LEADER: Dennis Braddon, Dave Millward.

**JULY 30/31 GINGIN WEEKEND**  
Grade: H Time: 9.00 am Distance: 230kms

Meet at the Guilford Post Office for the start of a tour through the vineyards to Bershire Valley and onto Gingin. Overnight accomidation in a caravan park. It is suggested that a on site caravan or vans be hired to save carrying tents and excessive cooking equipment. Tent spaces also available. Return trip via Moore river and Wanneroo.

COST: \$6.00 on site caravan.  
\$4.00 2 people and a tent  
BRING: Food Sleeping bag Tent etc. There is  
roadhouse adjacent to the caravan park.  
BOOK BY: June 16

LEADER: IAN HORE H.3682937.

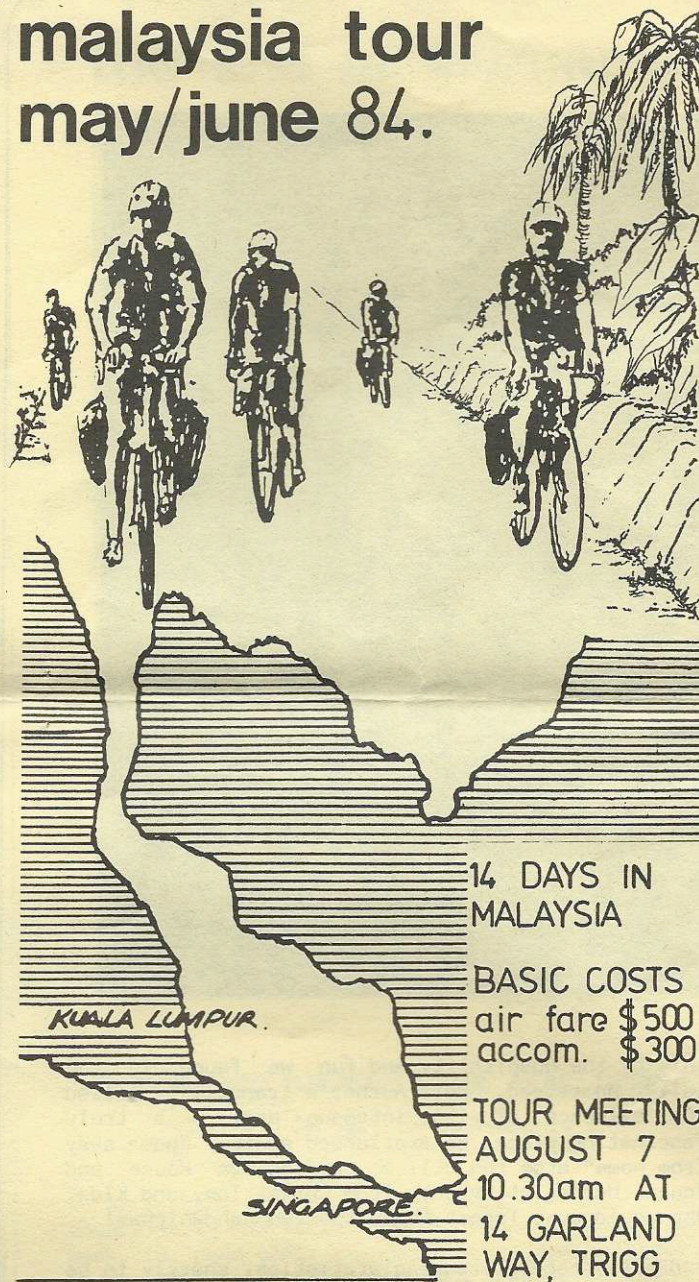
**AUGUST 7 FREMANTLE MARITIME MUSEUM**  
Grade: \*\* Time: 1.30 pm Distance: 25kms

Meet in Kings Park, at the Log, for a liesurely ride to Fremantle. Spend some time exploring our past in the Maritime Museum before having afternoon coffee and returning home.

BRING: Money for entrance fee to museum

LEADER: Dale Neill.

## malaysia tour may/june 84.



ALL PEOPLE INTERESTED IN THE TOUR  
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