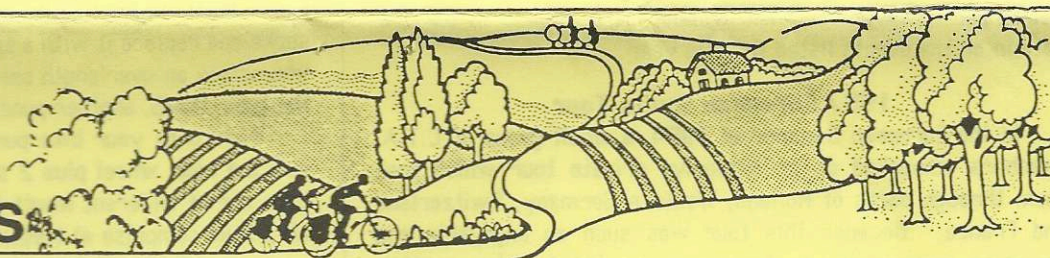


# CYCLE TOURING ASSOCIATION OF W.A. (INC.)

March/April 1986  
Issue Number 69

EDITOR: Ron Bowyer

## tour notes



### C.T.A. Victorian Tour 1985

The Victorian Tour was a real delight - crammed with interesting happenings, one unforgettable highlight after another, a little sickness (Aileen, Susan and John), a lot of time spent mending punctures and just as much spent discussing the possible causes of these mysterious leaks.

After flying to Melbourne's super modern Tullamarine Airport, having a ding-dong altercation with an inept and accident prone cargo handler who demonstrated great skill in treating our expensive bicycles as if they were scrap iron, we bussed to the bay-side city of Geelong and were soon settled in at the clean cosy little Youth Hostel.

The route, very briefly, was west to Port Fairy, north to Halls Gap in the magnificent Grampians, north-east to Wangaratta via Stawell, Avoca, Bendigo and Shepparton. We then headed south-east into the Victorian Alps (oh - those hills!!) and passed through picturesque mountain towns such as Beechworth, Bright, Mt Beauty and the alpine resort of Falls Creek in the Bogong high country where large patches of snow were still to be seen - and played with! Here we experienced true alpine conditions with icy winds and a little sleet and snow falling just to make the whole exercise realistic. After bidding a reluctant farewell to this land of "The Man from Snowy River", we headed due south through lush, rolling pasture land criss-crossed with raging streams and rushing rivers. We hit the coast at Bairnsdale and from there it was west again to the big smoke of Melbourne.

The highlights are too numerous to describe in detail. However several are too important to omit. From Geelong we rode to the attractive beach resort of Torquay. It was here that we were accorded the honour of being introduced to Australia's illustrious sportsman Sir Hubert Opperman and his charming wife. "Oppie" invited us all into his holiday home and presented us with our Audax medallions. It was a proud moment for us all. Thanks must go to Terry Gross and his Audax friends for making this memorable event possible.

The evening spent in a Melbourne Lebanese restaurant with the Melbourne Audax group was very pleasant. The lively

bicycle talk was suddenly interrupted by the appearance of a talented, voluptuous and ever so authentic belly dancer. What a bonus! It was noted next morning that several unnamed members of our group (not all bachelors either) were riding more erratically than usual. Apparently their visual disorientation, caused by the curvaceous, whirling eastern dancer, had not yet worn off!

The other great highlight which took place during the closing stages of our Melbourne stay was another surprise. After an enjoyable jaunt through the older, inner suburbs of that metropolis, our guiding hosts, the members of the Melbourne Bicycle Touring Club, asked us whether we would prefer to visit the zoo or inspect a vintage cycle collection owned by one of their members - Dr Paul Farren. What an easy choice! I felt sorry for the member who had suggested taking us to the zoo. We had absolutely no idea what delights lay in store for us as we pedalled lazily along the splendid cycle paths built into the Yarra River embankment. The lovely old suburb of South Yarra, rich in atmosphere, was reached in no time. When Paul Farren opened up his Aladdin's Cave full of all sorts of vintage and veteran cycles, bicycles and tricycles ranging from wooden wheeled, steel tyred velocipedes and draisienues to hard tyred penny farthings and pneumatic wheeled safety bicycles, we were struck silent with astonishment (yes, even our lady members!). Imagine our glee when this gentle man encouraged us to "have a go" on the prize jewels in his large collection. The narrow, sloping side street was quickly transformed into a scene of intense and unusual activity. There was President John Martin astride a stately 1880 model, guiding it carefully past the Daimlers and Porsches of a later era and grinning from ear to ear like a boy with a new toy. John Turley was approaching rapidly from the other direction, adroitly steering his four-wheeler with great aplomb. The hours spent with Paul and his hospitable wife Carolyn will long be remembered.

*Continued on Page 2*



## NOTICE BOARD

### Audax Events

On February 2nd last, a sub-committee was formed to organise and conduct Audax events during 1986. The sub-committee comprises Robert Stockman (Chairman), John Martin (Secretary and State Coordinator), Robert Min Oo (Treasurer), Ron Masterman and Neil Porteous.

Assistance is required to conduct these events and has already been promised by Wendy and Stephen Booth, Geoff Creighton, David Doust, Merv Girdlestone and Joy and Brian Jahn. If you would be prepared to help too, please contact any of the sub-committee listed above.

Audax events to be conducted in 1986 will be over distances of 200 km, 300 km, 400 km, 600 km and 1000 km and are listed on the "Main Events 1986" calendar accompanying this Newsletter.

There are advantages in being a member of Audax Australia and if you wish to join contact John Martin on 349 2310. Remember however that non-members are eligible to participate in all the events listed for this year.

### 1987 European Cycle Tour

In the European Summer of 1984, a small group of C.T.A. members embarked on an extensive private tour which took them through parts of Holland, Western Germany, Switzerland and France. Because this tour was such an enjoyable and enriching experience, it has been decided to plan another long-distance tour which will be open to all C.T.A. members who have the minimum qualification of the 200 km Achievement certificate and/or can provide evidence of long-distance cycle touring experience such as the Tasmanian or Victorian Tour.

Although the 1987 European Tour is in the very early planning stage, the broad outline envisages a 6 week tour of Europe, beginning at the end of July or early August and finishing in mid-September. The countries to be toured are: Stage 1, Denmark and its islands. Stage 2, Belgium - the Ardennes region. Stage 3, Luxembourg and the Mosel Valley from Trier to Coblenz in Western Germany. Stage 4, the mighty Pyrenees.

Prospective applicants are kindly requested to leave their name, address and private telephone number with either John Quintner, tel. 384 2895 or Neil Porteous, tel. 457 7146. Applicants will be advised of the first tour meeting in due course.

### Get Well Dale

One of the Club stalwarts who has been missing from our rides lineup lately is Dale Neill who is very slowly recuperating from illness. We would like to assure you that you are missed, Dale, and wish you all the best in your recovery. Our good wishes go out to Margaret also, who has added nursing to her hundred and one other jobs!

### OH! MY ACHING FRAME

or  
"How Little Can I Carry and Still Get Away With It?"  
by  
a cycling rabbit

*The continuation of a detailed article commenced in our Newsletter number 67.*

Why refit the skewer and its nut? Well most modern clusters have a shallow groove in the body to accept a removal tool, but any attempt to remove a cluster such as Shimano 600, Suntour New Winner or similar is doomed to fail (probably damaging not only your knuckles but the hard and rather thin section of the cluster body not to mention chewing up the axle threads) unless you retain the removal tool snugly engaged in the slot of the cluster body. However, remember to only "crack" the cluster then stop and remove the skewer before you back the cluster fully off the wheel hub. Otherwise you will undoubtedly break the skewer and have to walk home!

Now that you have access to the gear cluster side of your rear wheel, where the broken spoke is sure to be, remove the spoke and replace it with a spare. Check the spoke length before you screw an overlength spoke right through the nipple and into the tube. OOPS, another puncture!

Tape onto your bike pump 4 spare spokes with nipples to suit the rear wheel plus 2 spare spokes for the front wheel if they are of different length to the rear spokes. Thus your tool kit should comprise at least:

- \* two spare tubes
- \* two tyre levers - use with caution to avoid puncturing the new tube when replacing a flat tyre!
- \* a mini puncture repair kit with glue
- \* a spoke key
- \* a cluster removal tool
- \* a 200 mm (8") adjustable wrench
- \* two 20c pieces - to phone for help if all else fails!

The well heeled tourist/commuter will be able to afford a so-called "singles pouch" to carry the spare parts kit securely fixed under the saddle. For the not so wealthy pedaller, wrap the kit in a piece of cloth (convenient for wiping hands and

*completed on Page 4*

### *The Victorian Tour 1985 ....cont from Page 1*

The Victorian Tour was a happy one. Everyone contributed to the harmony. We are grateful to John Martin for planning and leading this successful tour which showed us the many faces of a lovely part of Australia. For me it was a privilege to share a cycling adventure with such good company. The group comprised John and Aileen Martin, Susan Campbell, Robert Min Oo, Allan Booth, John Turley, Richard Evennett, Merv Girdlestone and Neil Porteous.

**Neil Porteous**

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### 300 km Achievement Ride - 600 km Randonee

The 5.00 am Start

Hopes of a pleasant early start were dashed when through the night the easterly wind howled, lightning flashed, thunder roared and rain came down. It was cold too! However at Perth G.P.O. 14 cyclists gathered, all cheerful and ready to leave at 5.00 am. Those participating in the 300 km ride were: Ray Penman, Stephen Penman, Paul Kittler, Jane Slack-Smith, Stewart Stockdale, Iain Smith and Paul Talbot. Those for the 600 km Randonee were: John Martin, Neil Porteous, Merv Girdlestone, Ron Masterman, David Doust, Bert Van der Moosdyke and Roger Buckner.

We started in a hurry and after 5 km there were cries from the back to slow down. It was good to leave Perth and Fremantle behind, turn the lights off and get onto the open roads. Our first stop was Mandurah where we met the bus, Wendy and her support car and Peter Cooksey who was on his way to work. We then tackled the easterly to Pinjarra which wasn't as bad as expected. The Deli was raided in Pinjarra before setting off down the South-West Highway to Harvey. Grandad was sighted during this stretch eating from a bucket of chips for many kilometers. At Harvey, Merv made some repairs to his back wheel which had buckled and was binding on his brakes. This had slowed him down to our pace. The next stop was Dardanup; at long last we had left the South-West Highway. What a relief from the traffic.

About 200 km had now been covered and most seemed to be feeling the effects a little. It was here that the group split up, starting off in twos and threes. John, who being organiser had a lot on his plate seeing to everyone else all the time, had vanished looking for water. Merv, Bert and I waited for him and that was the last we saw of most of the others. We caught up with Neil and Roger who were suffering in the hills. John offered to stay with them while Merv, Bert and I went on to wait at Lowden. When they arrived, Wendy was not far behind in the car. Roger decided to retire and go in the car; Neil just wanted a good rest and insisted that we go on and he would follow alone. Wendy said she would keep an eye on him. So off we set to the next stop, Kirup, at 262 km. As we arrived at Kirup, Alan Booth and Geoff Dwyer were just leaving. Wendy arrived having left Roger at Donnybrook. She reported that Neil was close to Stephen Booth; they teamed up later.

By now we were well down on our schedule hoping to get to Bridgetown before dark, but still well ahead of our Audax time. The wind was still blowing strongly in our faces and it was cold with intermittent rain as we put our lights on and tackled the hills ahead. Some don't notice the hills do they John? - but I do. Bert didn't have low gears like the rest of us so he kept taking off at the front out of the saddle. He rode very well, completing the 600 km without a grumble. Up one hill in the dark we acquired another rider. It was David and I don't know where he

came from.

It had gone 8 pm when we arrived at Bridgetown. We went up to the Y.H. and met the others but didn't even stay for anything to eat before setting off in the cold, dark and wet for Donnybrook.

Seven of us had set off originally for the 600 km Ride. Roger having retired and with Neil still on the road we were now five, John, Merv, David, Bert and myself. It was a pitch black night and as we climbed the hill out of Bridgetown, two cycle lights came towards us. It was Neil and Stephen. Neil said he would be following later.

The ride to Donnybrook was the toughest part of the trip. Not only was it dark, wet and cold but climbing the hills at snail's pace provided very little light from the generators. And then, when we were out of the saddle the rear wheel would slip and the light would go out. Car headlights were a problem but we were lucky there were not too many pot-holes and other obstructions on the road, otherwise it could have been really dangerous. Railway crossings were also a problem. Slowing down to go over them meant that the lights just about went out and you didn't know where the crossing actually was until you hit it - and they are all angled crossings, not square.

We finally got to Donnybrook about 11.30 pm. Merv's wheel was buckled again and mine was going the same way. We took the bikes into the Motel rooms and did the necessary repairs, cleaned up and prepared for the morning, finally getting to bed about 1.30 am. Up at 4.00 am, breakfast at 5.00 am then off again.

Neil had arrived at 2.00 am. He had had a crash on the way but was not badly hurt. In the event he decided to call it a day and later joined the bus with Roger.

The run back was better than expected. It seemed a bit hilly to me from Lowden to Dardanup, but when we got on the South-West Highway the wind was in our favour. We intended to go straight through Pinjarra but we noticed the bus and so stopped for a talk. Meanwhile, Peter Cooksey who lives in Mandurah had come out to meet us, missed us and headed down the South-West Highway. He had a 6-hour ride in vain. Sorry Peter!

As we headed up towards Rockingham, everyone had a complaint - saddle, feet, backache, neck-ache, arms and hands, but as we went through Fremantle they all seemed to vanish as we were now close to home. At least I presume they vanished as there were no more complaints. It was a wonderful feeling cycling down Wellington Street to the G.P.O. In the car park, surprise, we had a welcoming committee. Thanks.

The weekend was a great success thanks to all the helpers and organizers. From the 600 group, special thanks to John Martin and Wendy. It looks as though now we have established Audax riding in W.A. there is a lot of work to be done. But 1986 should be a good year.

**Ron Masterman**

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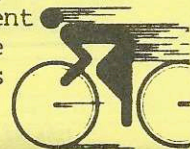
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**Oh! My Aching Frame ... cont.**

chains) and put it in a sock, fold over the open end and put it all inside a second sock. Securely tie the wrapped kit under a bike seat - toe straps from your cycle shop make handy ties.

For group tours having 5 or more cyclists or for rides including remote or rough roads, additional parts should be carried as added safeguard against a major delay. Divide out amongst the group these spares:

- \* one tyre - foldable easy to stow tyres are now available from the better cycle shops
- \* one rear brake inner cable - it can also be used for a front cable replacement
- \* one rear derailleur inner cable
- \* 9 mm and 10 mm open ended spanners - for brake repairs
- \* 5 mm and 6 mm allen keys - for derailleur, seat pillar and crank arm tightening.

**FIRST AID KIT**

On all full day or longer tours, a small "people repair" kit should be carried by each cyclist in addition to materials for cycle repairs. Use a resealable hygienic plastic container to carry:

- \* antiseptic - Savlon, Dettol, mercurichrome or similar
- \* bandages - roll type and BandAid type
- \* Sofratule dressings or similar
- \* needle and tweezers
- \* small scissors
- \* sunburn and windburn cream
- \* your special medications if any.

**PANNIER CONTENTS**

Always ensure that your panniers are as equally loaded as possible to avoid upsetting the handling of your bicycle. Do not overload the handlebar bag if you have one fitted. Your panniers should contain at least:

- \* a personal first aid kit
- \* one spare set of cycling clothes - two sets for winter tours or for longer tours away from adequate laundry facilities
- \* emergency food rations
- \* small torch, waterproof matches
- \* after-cycling clothes
- \* maps - the R.A.C. has suitable regional maps which can be folded to suit handlebar bag map pockets.

**CLOTHING**

The C.T.A. strongly recommends that all cyclists wear **HARD SHELL HELMETS** for head protection at all times whether riding on-road or off-road. "Skidlid", "Guardian", "Bell" or "MSR" hard shell helmets are normally stocked by cycle shops catering for racing and touring.

**The 1985 40 km Time Trial**

For a change, the 1985 40 km Time Trial was held in near perfect cycling conditions. Unfortunately the poor weather of previous years seems to have left an indelible mark on the memories of most of our members which resulted in only 12 participants riding in the event. Despite this, 10 finished in less than 1 hour 24 mins - an excellent effort and one that perhaps reflects the increasingly high standard of fitness in the Association.

A special mention must be made of the efforts of two of our junior members. Stephen Penman finished in the fastest time of 1 hr 12 mins and 28 secs and Ben Stockman completed his first time trial in the creditable time of 1 hr 46 mins and 44 secs.

For the record the following times were noted (one rider started late and so has missed out on this piece of history):

|                | hr min sec |                | hr min sec |
|----------------|------------|----------------|------------|
| Chris Pilling  | 1 21 40    | Graham Thomas  | 1 21 30    |
| Susan Campbell | 1 23 31    | John Sherwood  | 1 18 08    |
| Keith Stewart  | 1 15 21    | Dave Millward  | 1 15 25    |
| David Crew     | 1 23 02    | Stephen Penman | 1 12 28    |
| Ben Stockman   | 1 46 44    | Bob Stockman   | 1 19 23    |
| Paul Maine     | 1 18 00    |                |            |

**New Members**

The following new members have been welcomed into the Association since our last Newsletter:

|                    |                    |
|--------------------|--------------------|
| Geoff Parkinson    | Ian Hill           |
| The Azemek family  | The Garrick family |
| The Massey family. |                    |

Experienced cyclists generally wear chamois- or synthetically-lined, seamless crotch, mid-length cycling "shorts" to avoid painful chafing of the cyclist's seat and inside of the thighs.

Hard sole shoes are necessary to prevent pedal pressure from causing sore feet. Soft sole sneakers are not satisfactory for extended touring. This does not necessarily mean that you must have imported \$100 Italian cleated racing shoes (although they make pushing up long hills less vicious). There are several brands of mid-priced touring shoes without cleats (much better for city stop-start commuting) or stout walking shoes with a small heel which will serve very well as cycling shoes. The essence is to have stout soles.

A bright yellow shirt or jumper or high visibility "DayGlo" vest as worn by road construction workers is strongly recommended to ensure you are seen in time by motorists. Avoid dark colours or those colours which may blend in with the background colours of the countryside through which you may be riding.

When riding after dark, wear one of the highly reflective cross strap vests and the excellent reflective ankle "sockettes" available from the C.T.A. (members only) or from your friendly better cycle shop. □

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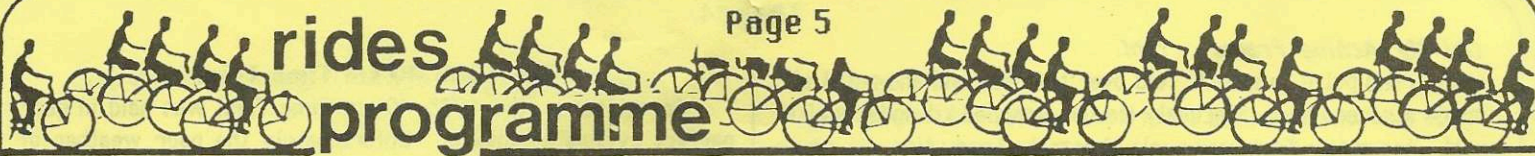
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## CALENDAR: MARCH TO MAY 1986

### March 1-3 **Labour Day Long Weekend**

Grade: \*\*\* - H Time: 9.30 am Distance: Variable

An opportunity to relax and recuperate in idyllic surroundings at the Piesse Brook Youth Hostel. Proposed programme:

Sat 1st - Meet at Stockman's garage, 15 Loton Avenue, Midland at 9.30 am. A scenic ride through the hills to Piesse Brook Hostel via Gidgie and Mundaring.

Sun 2nd - Bob Stockman will take you on a pleasant day's ride through the hills.

Mon 3rd - Return to Midland via Araluen, Armadale and Kelmscott.

The usual breakfast plus tea, coffee, Milo, sugar will be provided. Sleeping sheet required. If you wish to hire one, please notify. To assist your leader please book early and confirm your booking by making payment by 16th February, 1986. There will be space for vehicles to be locked in the yard at Bob Stockman's over the weekend.

COST: Adults... \$12.00. Juniors... \$7.00.

Leader: John Martin Contact: 349 2310 h

### March 2nd **Burns Beach Alternative Ride**

Grade: \*\* Time: 9.00 am Distance: 30 km

An alternative for those riders not able to join the group going to Piesse Brook. Meet at the Mullaloo parking area for a leisurely-paced ride to Burns Beach. Bring your bathers if you would like a swim there.

Leader: Brian Jahn Contact: 341 3269 h

### March 9th **C.T.A. Mini-Triathlon**

Grade: \* - H Time: 9.00 am Distance: 300 m swim  
16 km cycle  
3 km run

Same course as last year, centred on Matilda Bay, Crawley, starting with a 300 metre swim followed by a 16 km cycle and finishing with a 3 km run. The time limit is 2.5 hours. Certificates awarded to those who finish within the time limit. Prizes for the youngest and the oldest to finish. Meet at the food kiosk in Hackett Drive, Crawley.

BRING: Appropriate clothing, equipment etc.

COST: Members... free. Non-members... \$4.00

Leaders: John Martin Contact: 349 2310 h  
Ron Bowyer 382 3993 h

### March 16th **50 km Achievement Ride**

Grade: \* - H Time: 8.30 am Distance: 50 km

One of the most popular rides on the C.T.A. calendar. The course will be similar to last year. Registration opens at 8.30 am so the event can start PROMPTLY at 9.00 am. Meet at the Mullaloo parking area. Join in and test your ability over a moderate distance.

COST: Members... free. Non-members... \$6.00. Badges... \$2.50.

Leader: Richard Evennett Contact: 444 8792 h

### March 23rd **Fremantle Triangle Ride**

Grade: \*\*\*-H Time: 9.00 am Distance: 100 km

Meet at the Fremantle Railway Station at 9 am for a hard ride to Armadale for morning tea then on to Rockingham for lunch, returning to Fremantle mid-afternoon. Bids essential.

Leader: Tony Willis Contact: 457 2191 h

### Mar 28 - 31 **Easter Family Weekend**

Grade: \* - H Time: 9.00 am Distance: Variable

Fri 28th March: Meet at Stockman's Garage, 15 Loton Avenue, Midland at 9 am. Ride to Northam arriving at the Youth Hostel late in the afternoon.

Sat 29th and Sun 30th March: Local rides from \* - H as required.

Mon 31st March: Depart for Midland at 8.30 am arriving at Stockman's Garage in the mid-afternoon.

You may join in for part or all of the weekend provided it is made clear when booking which days are required. Vehicles brought to Midland on Friday may be left in the locked yard at Stockman's Garage. This is a weekend the whole family can join in so book now.

The usual breakfast, tea, coffee, Milo, sugar will be provided. Sleeping sheet is required - if you wish to hire one, please notify. To assist your leader please book early and confirm your booking by making payment by 15th March, 1986

COST PER DAY: Adults \$6.00 Juniors \$3.50

Leader: John Martin Contact: 349 2310 h

### April 6th **Kalamunda Coffee Shop Ride**

Grade: \*\*\* Time: 9.00 am Distance: 60 km

Meet at the Causeway Car Park at 9 am for a leisurely ride (up Kalamunda hill!) to Kalamunda for coffee and other refreshments.

Leader: John Turley Contact: 450 3921 h



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**April 13th Walyunga Park Picnic Ride**  
 Grade: \*\*\* Time: 9.30 am Distance: 80 km  
 10.30 am 50 km

Join a pleasant ride through the Middle Swan to Walyunga Park on the banks of the Avon River for a picnic lunch. Dual start. Meet at the Perth Railway Station at 9.30 am and Guildford Post Office at 10.30. Bring meat etc for a barbecue and other eats as necessary.

Leader: Ron Bowyer Contact: 382 3993 h

**April 13th 200 km Audax**  
 Time: 6.30 am

Meet at the Kelmscott Railway Station at 6.30 for a PROMPT 7.00 am start. To avoid the disappointment of missing the ride, don't be late. Time allowed for the event is 13 hr 20 min. All conditions of entry on form available from N. Porteous or J. Martin. Entry forms with payment to N. Porteous by 1st April. No entries accepted after this date.

Contact: N. Porteous, 11 Hermes St., Riverton, ph. 457 7146

**April 20th Fremantle "America's Cup" Ride**  
 Grade: \*\* Time: 9.00 am Distance: 55 km

Meet at Perth Railway Station for an easy ride to Fremantle to look at the changes being carried out for the America's Cup.

Leader: Robert Min Oo Contact: 332 3875 h

**April 25-27th Anzac Long Weekend**

Grade: H Time: 10.00 am Distance: 200 km

Meet at Stockman's Garage, Loton Avenue, Midland at 10 on Friday 25th April with panniers for a ride to Mundaring "the long way". Accommodation will be at the Mundaring Youth Hostel. Breakfast, including coffee and tea, will be provided, however all other meals must be provided by participants. A sleeping sheet is essential. A ride of approximately 80 km will be organised for Saturday. The group will return to Perth at midday on Sunday 27 April. The latest day for booking with payment is 15 April 1986.

COST: Seniors ... \$12.00. Juniors ... \$9.00.

Leader: Bob Stockman Contact: 293 5278 h

**April 27th Lake Leschenaultia Alternative Ride**

Grade: \*\*\* Time: 8.30 am Distance: 80 km

Meet at the Midland Town Hall at 8.30 am and travel via Red Hill to Gidgie for elevenses at our favourite watering (and caking)

hole. Then on to Lake Leschenaultia where we will meet up with the Mundaring weekend campers for lunch. Bring your own food or you can buy some from the store there. Back at Midland by mid-afternoon.

Leader: Ray Penman

Contact: 293 2232 h

**May 4th Jarrahdale Ride**

Grade: H Time: 9.00 am Distance: 130 km  
 10.30 am 90 km

Meet at the Causeway Car Park at 9 am or Kelmscott Railway Station at 10.30 am for a hard ride to Jarrahdale via Albany Highway, returning via the South West Highway. Bring a picnic lunch, or money to purchase lunch at the roadhouse.

Leader: Merv Girdlestone

Contact: 419 1287 h

**May 11th Early Morning Breakfast Ride**

Grade: \*\* Time: 8.00 am Distance: 50 km

Meet at Fast Eddy's, cnr Hay and Milligan Streets, Perth at 8 am for breakfast, then burn off the calories. Bring sufficient money for breakfast.

Leader: Rene Smeets

Contact: 444 1493 h

**May 18th 100 km Achievement Ride**

Grade: H to XH Time: 8.30 am Distance: 100 km

The same popular route as last year. Meet at the Kelmscott Railway Station at 8.30 am to register. The event commences promptly at 9.00 am. Time limit: 5 hours.

COST: Members ... free. Non-members ... \$6.00. Badges ... \$2.50

Leader: Richard Evennett

Contact: 444 8792 h

**May 25th Swan Valley Ride**

Grade: \*\* Time: 9.00 am Distance: 45 km

Meet at the Midland Town Hall at 9 am for a picturesque ride around the Swan Valley.

Leader: Mick Russell

Contact: 272 2669 h

**May 25th 300 km Audax**

Time: 3.45 am

Meet at the Midland Town Hall at 3.45 am for a 4.00 am start. To avoid the disappointment of missing the ride, don't be late. Start and finish at the Midland Town Hall. All conditions of entry on the form available from R. Stockman or J. Martin. Entry forms with payment to R. Stockman by 15th May. No entries accepted after this date.

Contact: R. Stockman, 62 Valencia Rd, Carmel, ph 293 5278 h.

**Cycle Touring Association of W.A. (Inc.)**  
 Fostering Cycle Touring and Protecting the Interests of Cyclists

**C.T.A. Committee for 1986**

**President:** John Martin  
 9 Whittle Place  
 Stirling 6021 H. 349 2310

**Vice-President:** Ron Bowyer  
 14 Excelsior Street  
 Shenton Park 6008 H. 382 3993

**Secretary:** Denise McEvoy  
 P.O. Box 368  
 Willetton 6155 H. 457 7433

**Treasurer:** Geoff Creighton  
 46 Berehaven Avenue  
 Thornlie 6108 H. 459 4178

**Committee Members:** Susan Campbell  
 18 Serrata Crescent  
 Ferndale 6155 H. 458 3078

Richard Evennett  
 128 Fairfield Street  
 Mt Hawthorn 6016 H. 444 8792

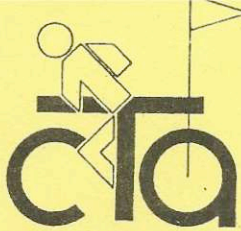
Brian Jahn  
 30 McLintock Way  
 Karrinyup 6018 H. 341 3269

John Sherwood  
 45 Bernedale Way  
 Duncraig South 6023 H. 447 8939

CORRESPONDENCE TO: P.O. BOX 174, WEMBLEY, WESTERN AUSTRALIA. 6014

FOR DETAILS OF CLUB MEMBERSHIP PLEASE CONTACT THE TREASURER.





## Cycle Touring Association of W.A. (Inc.)

### **Main Events 1986**

#### **March:**

- Piesse Brook long weekend, March 1-3
- 50 km Achievement Ride, March 16
- Easter long weekend at Northam, March 28-31

#### **April:**

- 200 km Audax Ride, April 13th
- Anzac long weekend at Mundaring, April 25-27

#### **May:**

- 100 km Achievement Ride, May 18
- 300 km Audax Ride, May 25th

#### **June:**

- Margaret River long weekend, May 31-June 2
- 150 km training ride, June 15
- 200 km Achievement and Audax Rides, June 29

#### **July:**

- 400 km Audax Ride, July 12 and 13
- "10,000 in 8", July 27

#### **August:**

- 300 km Achievement and Audax Rides, August 30
- 600 km Audax Ride, August 30 and 31

#### **September:**

- Couples Weekend to Cunderdin, September 20-21
- "Farewell to Noggerup" long weekend, September 27-29
- 1000 km Audax Ride, September 27-29

#### **October:**

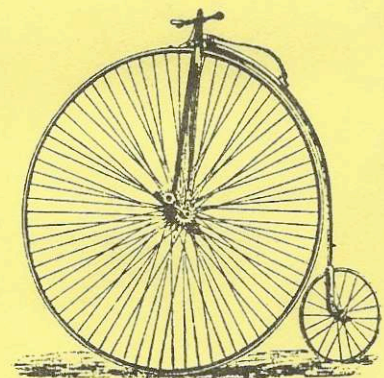
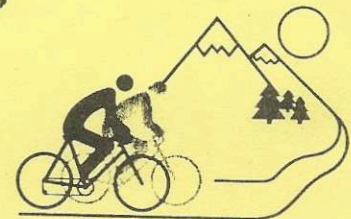
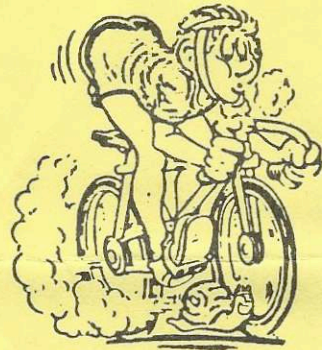
- 6 and/or 12 hour Time Trial, October 26

#### **November:**

- Bicycle trial/rally, November 9

#### **December:**

- 40 km Time Trial, December 7
- Annual General Meeting, December 14



Keep this guide handy as a quick index to the major rides on the C.T.A. calendar for 1986. Full details of all rides will be published in our bi-monthly Newsletters closer to the event.