

CYCLE TOURING ASSOCIATION OF W.A. (INC.)



EDITOR: Ron Bowyer

May/June 1986
Issue Number 70

tour notes



THE JET SET CYCLE TOURISTS

In the past few years, the C.T.A. (W.A.) has been involved in a surprising number of cycling tours which started by jetting off to foreign parts - to us Sandgroppers that means out of W.A. Prior to the early 80s, we'd been involved only in the more regular type of tour where you rode your bicycle all the way.

In 1983, the first intrepid travellers jetted to Tasmania where they rediscovered the island and conquered Mt Wellington.

In May 1984, Martin Bunny led an enthusiastic group through Bali, while later in the same year, Neil Porteous organised a tour through parts of Holland, Germany, Switzerland and across

some of the more picturesque landscape in southern France.

1985 saw a strong group of C.T.A. riders brave T.A.A. to tackle Victoria and we brought you Neil's comments on that adventure in the last issue. We are fortunate that the photogenic John Turley (did you see him in the latest Freewheeling?) took his own camera along to give us the scene below.

Next year, John Quintner and Neil Porteous, veterans of the 1984 Tour, are planning another European sortie to Denmark, the Ardennes forest area in Belgium and the Pyrenees. Watch this Newsletter for further announcements.



The 1985 Victour

On Great Ocean Road
through
Cape Otway National Park

L to R: Aileen Martin, Richard Evennett, Neil Porteous, Allan Booth, Robert Min Oo, Susan Campbell, Merv Girdlestone.

- photograph by John Turley

NOTICE BOARD

BicycleSA '86

The S.A. Touring Cyclists' Association has announced an 8-day cycling tour as part of the celebrations for the 150th Jubilee of their State. The tour will start at Hawker in the Flinders Ranges on Saturday 13th September 1986 and end at the "Old Gum Tree" at Glenelg on Sunday 21st.

Overnight camping stops will be taken at various historic towns en route. There is a limit of 150 riders, so early booking is recommended.

Breakfast is provided each morning and support vehicles will follow the tour. The entry fee is \$100.

Further information and entry forms are obtainable by writing to:

The Secretary,
South Australian Touring Cyclists' Association,
33 Penno Parade South,
Blackwood 5051
South Australia.

Here's your chance to show a little national spirit and learn a bit of history at the same time!

Prize for Best Newsletter Article or Photograph

Don't forget that there is a prize waiting at the end of the year for the best contribution to the Newsletter during the year - whether it is an article, photograph, drawing or whatever. Time is running out so get those thinking caps on. Place pen in hand or film in camera - or both.

Couples Weekend - Early Warning

Because of the success of this tour last year, the leader of the event this year, Committee member Brian Jahn wants to give you plenty of notice.

"Couples Weekend" will be held at Cunderdin on the weekend of September 20/21. Only a limited number can be accommodated so book early to ensure a place. Send your \$10 deposit to:

Brian Jahn,
30 McLintock Way,
Karrinyup 6018.

Our Loyal Advertisers

We only offer a limited amount of space for advertising - as you will have noticed - but we always have a loyal group of traders who are prepared to support the production of this Newsletter by buying that space. They all have good products to sell so remember to support them when you are looking for more cycling or camping gear.

Frame Wanted

Ben Stockman is looking for a 22" or 22 1/2" frame, short wheel base and in double-butt tubing. If you have something to offer, please give Ben (or father Bob) a ring on 293 5278.

Fees

Fees for 1986 remain the same as they were in 1985. Current rates are...

Under 16s, full-time students, pensioners	\$8.00
Adults	\$16.00
Family	\$20.00
Club affiliates	\$33.00

50 km Achievement Ride

Once again this proved to be a very popular ride with 56 participants. In keeping with the successful 1985 event, entrants were started in 2 groups.

My sincere thanks to the Pilling family - Chris, Coral and their daughter Julie - for their assistance prior to and during the event.

Those who finished and their times are as follows:

Name	Hr Min	Name	Hr Min
Dennis Braddon	1 34	Brian Jahn	2 24
Brad Jahn	2 24	Eddy Rzemek	1 58
Damon White	1 45	David Doust	1 39
Stewart Stockdale	1 59	Sue Stockdale	2 14
Denise McEvoy	2 19	Stephen Penman	1 26
Robert Min Oo	1 49	John Sherwood	1 41
Renee Smeets	1 54	Robert Moro	1 33
Iain Smith	1 44	Helen Bunny	2 05
Mark Elliot	1 44	Greg Davis	1 48
Ron Masterman	1 54	Des Jones	1 58
Chris Pilling	1 49	Max Talbot	1 53
Paul Talbot	1 26	David Crew	1 38
Sue Thomas	2 06	John Turley	1 54
Alan Bourne	2 12	Nancy Kennedy	2 25
Ray Penman	1 54	Neil Porteous	1 50
Stephen Roberts	1 30	Geoff Creighton	1 50
Allan Booth	2 23	Aileen Martin	1 54
John Martin	1 36	Ron Bowyer	2 04
Bob Stockman	1 40	John Meakin	1 54
Sue Campbell	1 43	Kenneth Goh	1 43
Richard Evennett	2 04	John Quintner	2 19
Jane Slacksmith	1 45	Paul Kittler	1 26
Graham Hay	1 33		

The fastest time of 1 hour 26 minutes was shared by Stephen Penman, Paul Talbot and Paul Kittler.

Richard Evennett

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The Wellington Mills Weekend

My first weekend away with the Club and, having only partly emerged from a twenty-five year absence from cycling, I was a little apprehensive. I knew the "natives were friendly" though!

As the temperature topped the century, we drove down to Wellington Mills, which is a former timber milling settlement about 35 km South East of Bunbury. About 4 km from the venue we came upon Wendy, Stephen and Alan returning after an exploratory ride and tackling the treacherous large "ball-bearing" gravel which forms the approach road. Round the next bend appeared Ron and Merv who had braved the heat to ride down from Perth - they had taken advantage of some long, narrow swimming pools (believed by some to be irrigation channels) which had been thoughtfully provided by farmers for mad dogs and cyclists.

The track continued uphill through the jarrah forest and we soon came to a clearing and the welcome sight of our "home" for the next two days. The settlement, now run as a camp by the Department of Sport and Recreation, is such a lovely peaceful spot with nine timber (what else?) cottages set amidst fruit trees and lawns sloping down to a winter creek.

First, off to the Warden's cottage to check in and then to unpack our gear in one of the two ten-bed cottages booked by the Club. We were glad the fridges had already been stocked with jugs of (now) icy water by the early arrivals, and the boilers stoked by John the previous day for showers, etc.

We enjoyed a late lunch, with other members arriving at intervals and claiming the last few bunks. While waiting for the cool of the evening, we sat chatting on the back verandah watching the twenty-eights, rosellas, currawongs, wrens and robins enjoying the fruit on the trees, with David, our resident ornithologist, spotting and naming the lesser known species for us. Then it was time for a ride on the tandem, which we decided to load on the car and drive to the bitumen. This procedure became standard practice for some members during the weekend, as the gravel really was most untrustworthy.

As there was a high fire danger, no barbecues were allowed, but our steak and sausages tasted just as good cooked on the gas stove, albeit eaten "al fresco". The more adventurous went for a torchlit bushwalk, while the rest of us enjoyed the company of the kangaroos and their joeys, who must regard the camp much as we do our local fruit market!

Sunday was definitely not a day of rest for the majority, who cycled the hilly bitumen road to Glen Mervyn Dam. They were joined by Bob and Ben Stockman who "mountain-biked" the bush tracks via Wellington Weir, and the non-cycling contingent who enjoyed the drive. We were all refreshed by a swim in the dam, which we shared with several water-skiers.

After elevenses we went on to Collie for a relaxing lunch in the park by the river, except for Bob and Ben who opted for more "rough stuff" back to camp. Then back to the dam for another dip, a refreshment stop at Mumballup Tavern, and back

to camp for tea.

Everybody was more than ready for a hearty meal, but two, who shall remain nameless, had plates filled unbelievably high. How does Sylvia cope with their appetites?

Some members had to return home on Sunday afternoon; others started in the early hours of Monday morning. A slightly disturbed night was experienced by others - again no names, but I hope our Secretary has deaf neighbours and that R. is always so gallant!

The rest of us left after Monday breakfast, some cycling, some driving. I'm sure everyone enjoyed the weekend, as we did. The congenial company and beautiful venue made it a weekend to remember.

Norma Bourne

1986 Mini-Triathlon

The morning of Sunday 9th March dawned wet and bleak and cold. Both organisers received calls from would-be competitors asking if the event had been cancelled. Never!! And it was just as well we didn't as, by the start of proceedings, 17 hardy souls had registered. They were obviously very keen and this showed right from the start with the swim, under fairly choppy conditions, being completed in brisk time.

Then it was on to the cycles for the ride to the Causeway and back. There were two punctures reported in this sector, one to Paul Thomas and the other to Gerry Allen. The difference was that Gerry rode on a front flat tire for virtually the entire course and still managed to be the first to return. The rain had partly cleared by this time but the course on the cycle path was said to be hazardous due to the speed of the contestants and the presence of pedestrians.

The marshals for the running sector took up their station early because of the fast times being shown by the field. We congratulate all who took part, particularly the 16 who finished. Commiserations to the contestant who withdrew because of the puncture.

Those we must rate for special mention are:

Gerry Allen (fastest time)	40 min 35 sec
Arthur Vernon (2nd fastest)	41 min 55 sec
Julia Penman (most creditable performance)	
Mark Allen (prize for youngest to finish)	
Roger Dracup (prize for oldest to finish)	

We must also say a special thank-you to RIC Churchill of Hillman Cycles for so generously supplying the prizes for the event.

With such good times being recorded for this event year after year, perhaps the time has come to review the rather generous time limit of 2.5 hours which is allowed. Or would this discourage people who are not used to this particular blend of sporting talent?

Ron Bowyer

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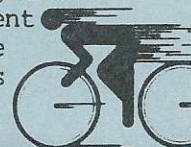
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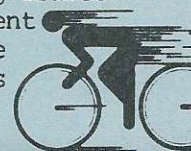
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Windy Harbour Solo Ride

This was my eighth and longest solo south-west ride.

I started on Friday, November 15th last year with a train to Bunbury, then a slack ride to Donnybrook, having learned to avoid too big a first-day ride. In Boyanup I met an old man who told me about the time when he and his mates "as big round the thigh as round the waist" raced heavy fixed-wheel bikes all over the South-West. But he said that was when he was 22-23 and he thought I was doing pretty well at 41.

Day 2, with fresh headwinds, I reached Bridgetown having kept pedalling all the way up the last big hill before the 5 km post. On Day 3 I headed for Pemberton via Manjimup. Shortly before arrival, I had my only mechanical problem for the whole trip - a broken spoke. This was easily fixed on arrival at the Forest View Lodge, A "Caves House" type of establishment and very nice.

On Day 4 I took my third climb up the Gloucester tree. The fine weather permitted a splendid view in every direction. Then I went into the Warren National Park and saw the Marianne North tree with its strange bulge. In Northcliffe I stayed at the traditional Hotel with its excellent country meals.

On Day 5 came the 28 km dash to Windy Harbour. Forest gave way to scrub which became a wind-stunted heath, a botanist's delight, a rich variety of flora interspersed with stagnant pools whence came strange smells, squawks and croaks. Slender birds perched on posts, great lizards stood defiantly in the road flicking their tongues, brown snakes slithered. Up into the Chudalup forest around the spectacular granite dome, then back down to the heath where I was hit by the gale which gives the area its name.

Windy Harbour was a settlement of idiosyncratic wooden houses labelled "Jack's Place" and such like. Tall TV antennae swayed in the gale. Dunes screened the settlement from the

beach. I dodged sandstorms to have a swim in the surprisingly murky water in an area sheltered by reefs. The open beach looked dangerously rough on this day. After an early lunch from the Northcliffe bakery I climbed the cliff, saw the lighthouse and peered straight down at the stormy ocean.

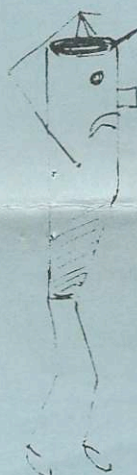
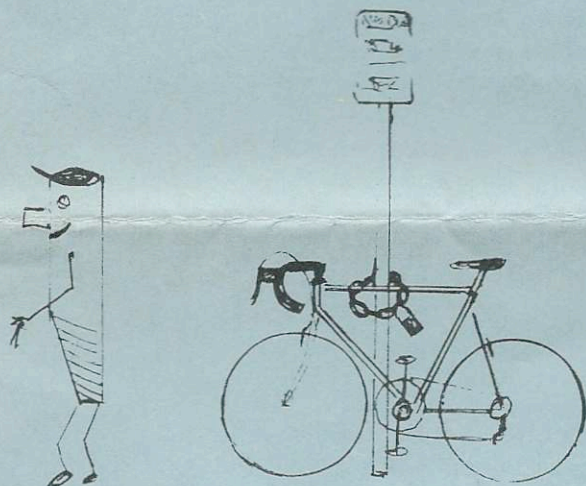
Trouble started when I got back to Northcliffe. During the evening I developed fever, shivers, stomach pain, and a high pulse-rate. Delicacy forbids description of the effects over the next three days but the three necessities for cycle touring, plenty of food and drink and good nights' sleep were denied me because I was losing most of my food, getting dehydrated and dozing but a few hours at night. Day 6, requiring 65 km to Manjimup, was very hard. I arrived a mass of pain inside and out, but having got over this stumbling block I was able to keep to schedule and ride less each day. A well man would have returned via Nannup and Busselton but I wasn't, so I didn't!

On Day 7 I headed for Greenbushes. After Bridgetown I zoomed down the "Big Dipper" at 70 kph. Rain and wind blew straight across the road and I skittered about like a wet leaf. I was in the dangerous frame of mind of not caring what happened. At least dead men can rest.

I finally got around to restricting myself to a diet of Arrowroot, milk and sugar, and the end of the story on Day 9 was a non-stop ride from Donnybrook to Bunbury in 90 minutes. It was a beautiful cool morning with cows sitting in the fields twitching their ears in the sunshine and Dvorak's "New World" Symphony on the FM complementing the scenery. The bike needed nothing but that one spoke and some oil after the drenching rain before Greenbushes. Only the ageing engine "malfunctioned". I should have taken a spare gut instead of spare tubes!

Charles A. Peirce

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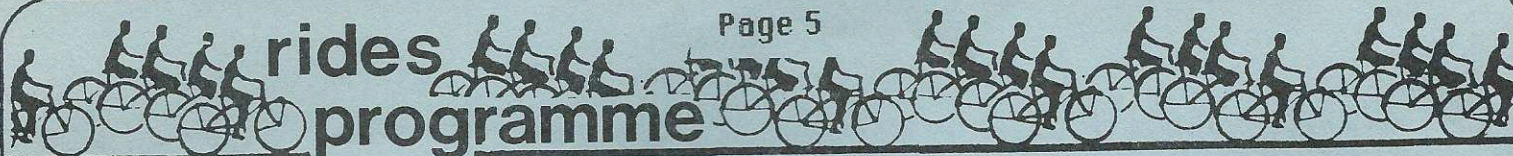
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CALENDAR: MAY TO JULY 1986

May 4th Jarrahdale Ride
 Grade: H Time: 9.00 am Distance: 130 km
 10.30 am 90 km
 Meet at the Causeway Car Park at 9 am or Kelmscott Railway Station at 10.30 am for a hard ride to Jarrahdale via Albany Highway, returning via the South West Highway. Bring a picnic lunch, or money to purchase lunch at the roadhouse.
 Leader: Merv Girdlestone Contact: 419 1287 h

May 11th Early Morning Breakfast Ride
 Grade: ** Time: 8.00 am Distance: 50 km
 Meet at Fast Eddy's, cnr Hay and Milligan Streets, Perth at 8 am for breakfast, then burn off the calories. Bring sufficient money for breakfast.
 Leader: Rene Smeets Contact: 444 1493 h

May 18th 100 km Achievement Ride
 Grade: H to XH Time: 8.30 am Distance: 100 km
 The same popular route as last year. Meet at the Kelmscott Railway Station at 8.30 am to register. The event commences promptly at 9.00 am. Time limit: 5 hours.
 COST: Members ...free. Non-members ...\$6.00. Badges ...\$2.50
 Leader: Richard Evennett Contact: 444 8792 h

May 25th Swan Valley Ride
 Grade: ** Time: 9.00 am Distance: 45 km
 Meet at the Midland Town Hall at 9 am for a picturesque ride around the Swan Valley.
 Leader: Mick Russell Contact: 272 2669 h

May 25th 300 km Audax
 Time: 3.30 am
 Meet at the Midland Town Hall at 3.30 am for a 4.00 am start. To avoid the disappointment of missing the ride, don't be late. Start and finish at the Midland Town Hall. All conditions of entry on the form available from R. Stockman or J. Martin. Entry forms with payment to R. Stockman by 15th May. No entries accepted after this date.
 Contact: R. Stockman, 62 Valencia Rd, Carmel, ph 293 5278 h.

May 30-June 2 Margaret River Long Weekend
 Grade: ***-H Time: 6.00 pm Distance: variable
 Meet at Stockmans Garage, Loton Avenue, Midland at 6.00 pm on Friday 30 May to be transported to Margaret River by bus and trailer. Limit of 16 riders or 18 people. Bookings and payment to Richard Evennett by 11.5.86. Breakfast including tea and coffee provided. Bring own sheets, blankets, sleeping bag etc. Pillows and slippers provided. The group will return to Perth on Monday 2nd June. COST: \$28 per person.
 Leader: Richard Evennett Contact: 444 8792 h

June 1 Lesmurdie Falls Alternative Ride
 Grade: *** Time: 9.00 am Distance: 50 km
 Meet at the Causeway Car Park for a leisurely ride to Lesmurdie Falls picnic area. Morning tea at THE FALLS DELI en route for those wishing refreshments.
 Leader: John Quintner Contact: 364 2695 h

June 8 Perth Cycle Path Ride
 Grade: * Time: 9.30 am Distance: 25 km
 Meet at the Mill St Car Park for an easy ride to the Mt Henry Bridge, returning to Perth via Mt Pleasant.
 Leader: Brian Jahn Contact: 341 3269 h

June 15 150 km Training Ride
 Grade: H Time: 7.30 am Distance: 150 km
 Meet at Perth Railway Station for a training ride in preparation for the 200 km Achievement Ride. Travel to Gingin via Brand Highway returning via Great Northern Highway.
 Leader: Robert Min Oo Contact: 332 3675 h

June 22 Jandakot Airport Ride
 Grade: ** Time: 9.30 am Distance: 45 km
 Meet at the Causeway Car Park for an easy ride to Jandakot Airport to watch the planes fly by.
 Leader: Neil Porteous Contact: 457 7146 h

*** Daryl Duxbury of Paddy Pallin's is offering C.T.A. members 10% discount for cash and 7.5% off credit card purchases. ***



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June 29 200 km Achievement Ride
 Grade: H-XH Time: 6.30-8.30 am Distance: 200 km
 Same course as last year, from Midland via Bullsbrook and Toodyay returning to Midland. Meet at the Midland Town Hall a half hour before the scheduled departure time you select from the following list:

7.00 am	Touring pace	12 hour limit
8.00 am	Brisk pace	11 hour limit
9.00 am	Masochists' ride	10 hour limit

COST: Members...free. Non-members...\$6.00. Badges...\$2.50
 Leader: John Sherwood Contact: 447 8939 h

June 29 200 km Audax
 Time: 6.30 am

Meet at the Midland Town Hall at 6.30 am for a 7.00 am start. Start and finish at Midland Town Hall. All conditions of entry are on the form obtainable from the leader. Entry forms with payment must reach the leader by 18th June. No late entries accepted.

Leader: John Martin Contact: 293 8170 h

July 6 Croyden Tea Rooms

Grade: *** Time: 9.30 am Distance: 60 km

Meet at the Causeway Car Park and travel to the Croyden Tea Rooms via Kalamunda for a late morning tea.

Leader: Ray Penman Contact: 293 2232 h

July 12/13 400 km Audax
 Time: 4.30 am

Meet at the Midland Town Hall at 4.30 am for a 5.00 am start. Start and finish at the Midland Town Hall. All conditions of entry on the form available from the leader. Return entry forms with payment to the leader by 30th June. No late entries accepted.

Leader: R. Masterman Contact: P.O. Box 130,
 Armadale.
 399 3071 h

July 13 Round the River Ride
 Grade: ** Time: 10.00 am Distance: 50 km

For those not participating in the 400 km Audax ride. Meet under the Narrows Bridge (north side of river) for an easy ride to Fremantle and back.

Leader: Martin Bunney Contact: 330 3659 h

July 20 North Eastern Hills Ride

Grade: ***-H Time: 9.00 am Distance: 100 km

Meet at the Midland Town Hall at 9.00 am for a pleasant ride to Gidgegannup, Mundaring and then on to Wooroloo.

Leader: Stephen Booth Contact: 294 3682 h

July 27 The "10,000 in 8"

Grade: XH Time: 8.30 am Distance: 110 km

Meet at the Kelmscott Railway Station for a very hard ride up the worst hills in the Darling Scarp. Low gears essential. Only for the very fit. Note that the time limit is 8 HOURS.

Leader: Richard Evennett Contact: 444 8792 h

July 27 Alternative Ride to Perry Lakes

Grade: * Time: 9.30 am Distance: 25 km

An easy ride for those not wishing to tackle the HILLS. Meet at the Doric Street Shopping Centre, Scarborough, for an easy ride to Perry Lakes.

Leader: Brian Jahn Contact: 341 3269 h

New Members

New members admitted since our last Newsletter are:

Mark Elliott, Damon White, Jose Arregui, the Davis family, Arthur Vernon, Allan Lollback, Diana Wellby, John Meakin, Nancy Kennedy, Keith Stewart, Stephen Roberts, Kenneth Goh, Robert Moro, Matthew Lynch, Graham Lantzke, Dean Bell, the Sceales family, David D'arcy-Burke, Caroline Pratt, Meg Macaway. Welcome to you all. Please make yourselves known when you attend rides.

Cycle Touring Association of W.A. (Inc.) Fostering Cycle Touring and Protecting the Interests of Cyclists

C.T.A. Committee for 1986

President: John Martin
 13 Cunnold Street,
 Pickering Brook 6076 H 293 8170

Vice-President: Ron Bowyer
 14 Excelsior Street
 Shenton Park 6008 H 382 3993

Secretary: Denise McEvoy
 P.O. Box 1274
 Booregon 6154 H 364 2377

Treasurer: Geoff Creighton
 46 Berehaven Avenue
 Thornlie 6108 H 459 4178

Committee Members: Susan Campbell
 18 Serrata Crescent
 Ferndale 6155 H 458 3078

Richard Evennett
 128 Fairfield Street
 Mt Hawthorn 6016 H 444 8792

Brian Jahn
 30 McIntock Way
 Karrinyup 6018 H 341 3269

John Sherwood
 45 Bernedale Way
 Duncraig South 6023 H 447 8939

CORRESPONDENCE TO: P.O. BOX 174, WEMBLEY, WESTERN AUSTRALIA. 6014

FOR DETAILS OF CLUB MEMBERSHIP PLEASE CONTACT THE TREASURER.