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# CYCLE TOURING ASSOCIATION OF W.A. (INC.)



EDITOR: Noel Eddington

February/March 1989 Issue Number 86

## NOTICE BOARD

### MIDLAND TRACK MEETINGS

Mr Eddie Barron of the Midland Cycle Club wishes to extend an invitation to CTA members to attend the track racing at Midland Oval on Wednesday and Saturday nights commencing at 7.00pm. The season starts on 7th and 11th January and the season finishes on Friday and Saturday 17th and 18th March. Entry is free to all CTA members.

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### AROUND AUSTRALIA RECORD ATTEMPT

CTA member, Rod Evans, is currently in training for an attempt on the Around Australia Cycling Record. The current record, recognised by the Guinness Book of Records, is 80 days and was set by a group of Danish riders in 1985.

To break the record Rod will be required to ride 200-300 kms each day for over two months.

Rod is hoping to break the Danish riders team effort with a solo ride commencing in May this year. If anyone is interested in being part of the support crew for this ride they should write to Rod at 2 Aleppo Place, Kardinya W.A. 6163 3374647

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### COMING EVENTS

Fancy camping at Dwellingup? Stan Weichecki is leading a self catering mountain bike/camping weekend. Leaving with cars in convoy from Kelmscott Railway Station at 7.00pm, Friday, April 14th for drive to camp site. Returning Sunday. Bring everything you need. Ring Stan on 275 4352.

Longtime CTA member and ex-committee man, Nick Payne, now resident in Canberra, has kindly offered to lead a tour of N.S.W. and provide a support vehicle. Tour duration is approximately two weeks, staying at hotels, on-site caravans or camping. Route is very scenic and Nick suggests low gear of 27" so it must be steep as well! Dates are not finalised but October/November are probable. Limit of 10 people. Expressions of interest to Bob Stockman on 293 5278.

\*\*\*\*\*

Achievement ride dates for your calendar:

50 km	March 19th
100 km	May 7th
200 km	August 13th
10,000 in 8 hrs	September 3rd
Couples Weekend	September 30th/October 1st & 2nd
300 km	October 28th

The weekend of September 15th, 16th & 17th will see a new event in York this year. We are booking the old York Hospital with accommodation for 65 people (it is allegedly haunted!!). We will have a pannier ride to York with a day ride to places of interest. This event is being run in conjunction with the Audax 1,000 km ride. Enquiries to Kleber Claux on 458 7519.

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### CTA TRAILER

The Committee has arranged insurance with the Commercial Union Insurance Company to cover your bike against fire, collision and overturning to a maximum of \$750 per bike when it is being transported on the CTA trailer. The trailer itself is still covered free of charge by the S.G.I.O. in return for the advertising banner placed on the rear of the trailer.

3374647



## NOTES FROM THE PRESIDENT

Let me take this opportunity to thank the out-going committee for all the effort put in throughout 1988. Well done!

It is the aim of the new committee to present a varied selection of rides throughout the year, trying to suit as many riders as possible. They will range from easy through to extra hard over as wide a range of territory as practical. Michael Waters will be in charge of the rides programme and I make an earnest plea to all members, if Michael or any committee member approach you to help with a ride, please make an all out effort to help. Remember, this is your Club and it will only be as good as the endeavour we all put into it at all times. If you have a favourite ride you would like to see on the programme please let us know, or if there is a particular spot you would like to visit, I am sure it can be incorporated in a ride (if not more than 100 km away).

While on the subject of rides, the committee would like to advise all members of their obligation to carry the following items on all rides:

- Spare tubes in case of punctures
- A spanner if necessary to remove your wheels
- At least one bidon (water bottle)
- A small supply of food
- and
- Enclosed shoes must be worn (no sandals or thongs)
- A hard shell helmet is recommended

Remember, it is your responsibility to choose rides suited to your capabilities, don't choose to take part in one which is beyond your fitness level, if you are a strong rider and go on an easy ride, don't try and turn it into a harder ride. All rides are graded and it is up to you when you attend a ride to comply with the leader's pace and orders - never go in front of the leader unless instructed to by him. Always ride in orderly formation which is normally two abreast unless the road conditions do not allow this, and always obey traffic regulations.

Noel Eddington is our news letter editor for 1989 and again I urge you to support Noel by writing articles on subjects that you know would be of interest to your fellow cyclists. Letters to the editor should be as concise as possible and constructive criticism is welcome. If you do not let us know your feelings and there is a matter about which you are not happy we will not be able to help the situation unless you tell us. Pat-on-the-back letters will always get priority treatment.

On behalf of the committee I wish you a very Happy New Year and many kilometres of enjoyable cycling.

Arie Lemson  
(President)

\*\*\*\*\*

## FOR SALE

Bob Stockman has some cheap Michelin tyres for sale to CTA members: -

700c x 19	Hi Lite Pro	\$ 19.00
27" x 1"	Bib Sports	\$ 16.00
26 x 2.125	Knobbly Mountain Bike Tyres	\$ 19.00

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# GENERAL NEWS

## ACHIEVEMENT

Achievement Rides have been a fairly controversial subject in recent time and I feel this is mainly due to people not taking the time to consider what Achievement is all about.

It is the opinion of some that Achievement is only for the "macho type" person. This attitude is not correct because to achieve something is to set yourself a goal and one person's goal can vary considerably from the next.

Some people set a very modest target in order to leave room for improvement and are so pleased with their efforts they can't wait to have a go at a higher level. On the other hand everybody will eventually reach a level they cannot improve on and when this occurs they must learn to be satisfied and receive future enjoyment looking back on their achievements and supporting others who want to give it a go.

Super Achiever Awards are not for everybody but other riders should not look down on a person because they are unable, or choose not to reach this level. To give you an example, the Easter Tour of 1987 had a few riders who at that time would have been considered as being modest riders and maybe a little unsure of their capabilities and out of these, three were able to go on and receive Super Achiever Awards last year. Bea Page, Denise McEvoy and Noel Eddington. I congratulate these people and all the Super Achievers, but on the other hand it gave me a lot of pleasure to see the look on Beryl Creighton's face at the finish of the Tour. Beryl chose not to be a Super Achiever and I respect her choice but at the same time I admire the improvement shown in riding strength and ability and it is pleasing to see her gain so much enjoyment from riding her bike when she chooses to do so. In my eyes Beryl is a real Achiever and she is definitely not "macho".

Every cyclist should set themselves a target - whether it be modest or bold is not important, so long as they are enjoying reaching that level is all that matters!

John Martin

## NICOLE HARRISON VISITS PERTH

If you ever wondered where that famous CTA logo came from, now is your chance to meet the originator - that effervescent "lady in pink", Nicole Harrison. Now based in West Germany, Nicole and husband Dieter, are visiting Perth during January. They will be staying with Dale and Margaret Neill in Trigg and also cycling the South-West with Ron Bowyer.

Nicole left Perth in 1980 to study at the Berlin University. She speaks five or six languages and works as a professional translator in West Berlin. She almost qualifies as a professional cycle-tourist as well. During the last eight years she has cycled through Iceland, Greece, the United Kingdom, Holland, Egypt and of course Germany. Nicole also took part in the infamous "last" bike ride through East Germany.

Much of the vitality that characterised the CTA in the early days was due to Nicole's personal enthusiasm and boundless energy. Nicole was secretary of the CTA for four years during which time membership grew from a meagre 50 to more than 200. She also produced the CTA Newsletter and several rooms of her Balcatta home took on the appearance of communications headquarters for the combined armed services.

Nicole was also the very first lady to ride the CTA 200 kilometre ride. Few will ever forget that day - still ranked by as many as the most challenging conditions ever faced by CTA riders - 40-50 kph winds together with half an inch of rain and hail. As always, Nicole came up smiling.

Welcome back Nicole from all your CTA friends in Western Australia!

Dale Neill

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# TOUR NOTES

## RAVENSWOOD CAMPING WEEKEND

A thoroughly enjoyable weekend was had by all who brushed off the city dust and grime (for country sand and flies) and headed south to Ravenswood.

For this scribe (who was on her first weekend away with the CTA - hence this report!!) many facets of cycling were revealed, some of which I wish to share with you.

1. On sand covered back roads (what happened to that hard clay), bicycles have a mind of their own - opposite to that of the rider. Thank you Martin for revealing that interesting fact to us.

2. Flies can only fly at 8 kph (metric flies, that is - imperial flies go at 5 mph). (Thank you Mike - that's one for the memorabilia.) With a 10 kph tail breeze this meant we had to ride at 18 kph to leave them in the dust. Try doing that on a sand covered backroad!!

3. When it comes to free-loading flies, it's better to be disguised as a pink marshmallow rather than red apple or a banana. Thank you Andrea for revealing that.....sorry - for showing us.....whoops - for sharing with us that valuable piece..... Oh darn it - thank you Andrea for wearing a pink t-shirt so we could see that there were less flies on you than on us!!

4. Some bicycles manage quite nicely (uphill that is!!) with 7 or 9 gears less than the rest of us. Thank you Neroli for showing us how. We'd all like to know where we can purchase a similar bike!

5. "Yippee!" exclaimed joyfully means "Great - I've got a lower gear to change into for this hill". AND: "Oh no!" means "I thought I had but I was mistaken". (This cycling jargon was supplied courtesy of the scribe.)

6. ~~89.00~~  
- ~~86.5~~  
-----  
= ~~2.5 kph~~

Sorry, wrong terminology -

89.00  
- 86.5  
-----  
2.5 kph  
-----

Sometimes it pays to be the heavier.

Question: On what hill were these times clocked up and by whom?

Clue: The waters ran ahead of the bunny.

7. Some people are definitely better campers than others (no names mentioned!). However a special thanks must go to the Sherwood family for showing us how it should be done, and especially to Leigh who was always there with a pot of boiling water for the much needed teas and coffees.

In conclusion this scribe would like to say a big thank you to everyone on the camping weekend for their support and encouragement, their laughter and their friendship. All I can say is "When's the next one?"

Wendy O'Meara

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# C.T.A. 6 HOUR TIME TRIAL

MUNDIJONG NOVEMBER 1988

Twenty-nine riders turned up at Mundijong at 5 o'clock in the morning. It was clear and cool with a light south easterly blowing which strengthened later on in the morning. The wind kept the temperature down so for the time of the year it turned out to be a very pleasant day. Five riders having been directed to miss Hopelands, a 40 km. leg, moved very quickly to the front of the field causing a little concern to the organisers, who, to rectify the matter requested them to repeat the King Road section. Apart from this everything went very smoothly, due to co-operation from the riders and the volunteers who assisted with the marshalling. Many thanks are given to all who assisted. I think they should all be mentioned: John and Aileen Martin did an excellent job of controlling, marshalling, timekeeping and producing the provisional results. Des Jones and Betty Mitchell, numbers, Hopelands, Kargotich and finishing circuit. John and Ann Waters, Wright Road, Kargotich and finishing circuit. Kleber Claux and Robert in 00, King Road and finishing circuit. Neil and June Hart, finishing circuit, and Susan Midolo who manned a station alone on the finishing circuit. Two young girls must be mentioned: Samantha and Linda Hawes, who marshalled and provided water at Hopelands.

Having been on the course all the time and looking down the finishing list, I think they were all good riders. Everyone should be well satisfied according to the conditions of the day and the individual preparation by each for the ride.

It was good to see that Neroli Barker, the only lady solo rider managed a Gold - she rode well. And the tandem team of Graham and Verna Moses performed better than expected. The other two that I will mention are Brian Hawes and Peter Meyer. Brian in his early 50's and Peter in his early 40's have both managed

Achievement and Audax rides this year. I hope they continue.

I'm sure everyone, on reflection, enjoyed themselves after the tired bodies recovered.

There were 1 Bronze, 6 Silver and 18 Gold Awards

The results are as follows:

<u>No.</u>	<u>Name</u>	<u>Distance Covered</u>
1	Ron Wake	133 km
2	Gerry Freedman	162 km
3	Don Frearson	146 km
4	Rob Hillary	149 km
5	Neroli Barker	163 km
6	Lloyd Hatfield	166 km
7	Kim Griffith	Did Not Start
8	Brian Hassell	166 km
9	Peter Hacking	160 km
10	Rod Evans	175 km
11	Ron Bird	148 km
12	Ken Ward	158 km
13	Sam Burton	162 km
14	Merv Giddlestone	170 km
15	David Midolo	169 km
16	Tony Regan	177 km
17	Peter Steer	170 km
18	Graham & Verna Moses	142 km
19	Michael Waters	Did Not Finish
20	Fred Hacking	180 km
21	Peter Bombardieri	182 km
22	Jack Iveson	176 km
23	Fred Cottier	177 km
24	Glynn Birds	190 km
25	Gerry Allen	184 km
26	Manfred Lisson	178 km
27	Jim Matthews	182 km
28	Brian Hawes	193 km
29	Peter Meyer	198 km
30	David Doust	Did Not Finish

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# AUDAX NOTES

Any person wishing to join Audax Australia, the fee is \$15.00.

Audax Australia members receive the Journal every three months and entry fees for Audax events are reduced. (It is not compulsory to be an member to participate in Audax events.)

If you wish to be a member of Audax Australia, please forward \$15.00 to Geoffrey Creighton, 46 Berehaven Avenue, Thornlie W.A. 6108, before the end of January.

Any person who has taken part in Audax Events in 1987 and have not yet received brevets or medallions they ordered please contact John Martin on Ph. 293 8170.

The C.T.A. W.A. Inc./Audax Australia Sub-Committee for 1989 are as follows:

Chairman/State Correspondant	John Martin
Secretary	Rod Evans
Treasurer	Geoffrey Creighton
Committee Member	Peter Steer
" "	Brian Hawes

## AUDAX COMBINED A.G.M. AND SOCIAL EVENING 17th DECEMBER 1988

Held at John and Aileen Martin's freshly landscaped home in the hills area, the cloud cover suddenly dissipated to reveal a friendly moon; the same one that had provided escorts for some of us during the long night of the Opperman 24 hour event. This along with the aromatic fragrance of the delicious and painstakingly prepared food set out on the long trestle tables and the lilting murmur of happy voices indicated that the stage was set for yet another joyful evening on John Martin's attractive property.

The little groups of threes or fours seen munching goodies and at the same time re-living the highs and lows of the season's rides gradually drifted into the enormous hangar-like garage for the business part of the. About thirty Audax riders and supporters listened intently as the meeting got under way.

The statistics were most impressive for such a relatively young club; 30 riders in the 200 km event, 11 in the 300 km, 7 in the 400 km, 6 in the 600 km and to top it all off with 7 successful qualifiers in the gruelling 1,000 km randonnee. The dedicated and hardworking committee and its helpers and supporters had every reason to be proud of such a string of successfully organised events - but that was not all. The prestigious Super Randonneur 5000 was awarded to a beaming John Martin. The five riders called up for the presentation of the Super Randonneur medallions were Kleber Claux, John Martin, David Midolo, Peter Steer and Neil Porteus. The eight teams comprising thirty riders which successfully participated in W.A.'s first ever Opperman All Day Trial were congratulated. Brian Hawes' team was awarded a certificate for covering the longest distance. Well done Brian and your team members. Phil Giddins received a prize for submitting an excellent Newsletter article.

Once the official presentations were completed the Chairman expressed his sympathy to the small number of Audax riders who were unable to complete the year's activities due to illness or accident, and he did not forget to mention the untiring and valuable role played by the ride support crews, the wives, the check point crews and the roving stewards. We riders do appreciate their efforts. We remember vividly the steaming cup of coffee handed to us in the middle of the night, 100 km on the other side of the black stump; the friendly face that welcomes us at the control as we searched clumsily for our brevet card, our fingers numbed as the icy rain ran down our face in little streams. Well this evening was when all those people were handed a very big "Thank You" and the committee tried to include everyone in the little army of helpers - last but certainly not least - those like "Oppie" John and Anne Waters and Bob Stockman who made generous donations to Audax finances.

The retiring office bearers were thanked for such a motivated and effective performance - the new office bearers were welcomed with encouraging words of support.

All in all it was a thoroughly enjoyable evening - a most harmonious gathering and it made me proud to belong to this jolly group of Australians.

Neil Porteous

## C.T.A. COMMITTEE 1989

PRESIDENT:	Arie Lemson 307 5820 (Home)	COMMITTEE:	
VICE PRESIDENT:	Bob Stockman 293 5278 (Home)	Noel Eddington	293 1305 (Home)
SECRETARY:	Aileen Martin 293 8170 (Home)	Andrea Trevel	330 4897 (Home)
TREASURER:	Betty Stockman 293 5278 (Home)	Michael Waters	444 2892 (Bus)
		Wendy O'Meara	387 8826 (Home)



## ARTICLES FOR THE NEWSLETTER

While we try to cover all the main events and tours etc, other articles of interest are always welcome, so if you wish to have an article published that may be of interest to others, please send it to us.

An attempt is made to publish articles or details of events, tours, achievement rides as soon as possible after the event. If you volunteer or are conned into writing an article, please make sure it is received as soon as possible. The cut off date is the 10th day of every month, ie Feb, April, June, Aug, Oct and Dec.

## NEW MEMBERS

The following new members are welcomed into the club:  
Farmer Family, Hull Family, B. Buckingham, L. Hatfield, W. O'Meara.

## FEES FOR 1989

These were set at the Annual General Meeting in December and are as follows:

Joining Fee	\$ 10
Junior	\$ 12
Student	\$ 12
Pensioner	\$ 12
Adult	\$ 20
Family	\$ 26
Club	\$ 37

Fees are now due for 1989. Please forward your payments as soon as possible to the Treasurer, P.O. Box 174, Wembley W.A. 6014.

## C.T.A. RIDES CALENDAR

FEBRUARY / MARCH 1989

FEBRUARY 5

SERPENTINE FALLS  
RIDE

110 km or 70 km

Hilly Terrain

Meet 8.00am Causeway Carpark (Corner Riverside Drive)

Leader: Michael Waters

Contact: 444 2892 (Bus)

or 9.00am Kelmscott Railway Station

Leader: Neil Porteus

Contact: 457 7146 (Hme)

Lunch at Falls: bring or buy food: bring sun hat and bathers if you want to swim at Falls.

FEBRUARY 12

DISCOVER THE  
ENDEAVOUR

Moderate Terrain

Meet at Wireless Hill Park at 8.30am for a ride to Fremantle to look over the Endeavour.

Leader: Wendy O'Meara

Contact: 387 8826 (Hme)

FEBRUARY 19

BURNS BEACH RIDE

Moderate Terrain

Meet at Karrinyup Shopping Centre (West End) at 8.00am for a moderate ride (80 km) to Burns Beach and back. Bring bathers and a towel.

Leader: Michael Waters

Contact: 444 2892 (Bus)

## CYCLE TOURING ASSOCIATION OF W.A.

### MEMBERSHIP APPLICATION

I/We wish to become members of the Cycle Touring Association of W.A. (Inc) and agree to abide by all the rules and by-laws of the association.

I enclose cheque / money for \$.....

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GIVEN NAMES: .....

ADDRESS: .....

SUBURB: ..... Postcode: .....

PHONE: (H) ..... (W) .....

Signed: ..... Date: .....



FEBRUARY 19

ALTERNATIVE RIDE

Meet at 62 Valencia Road, Carmel at 8.30am for a bit of stump jumping and gravel work. Mountain bike essential. Bring bathers and a towel for a swim at the finish.

Leader: Bob and Ben Stockman Contact: 293 5278 (Hme)

FEBRUARY 26

SOUTH PERTH

BBQ TEA RIDE

*50 KM RECKY. 9.00 A.M. EASY TERRAIN BULLS BROOK*

Meet at 4.00pm under the south end of the Narrows Bridge for a ride round South Perth finishing at the coin operated BBQ's on the foreshore. Bring food for BBQ.

Leader: Richard Stallard Contact: 362 4340 (Hme)

MARCH 5

LAKE LESCHENAUTIA

Hilly Terrain

Meet at Midland Town Hall at 8.30am or Mundaring Hotel at 10.30am for a ride to Lake Leschenaultia for a picnic and swim. Bring or buy food.

Leader: (Midland) Bob Stockman Contact 293 5278 (Hme) (80 km)  
(Mundaring) Aileen Martin 293 8170 (Hme) (40 km)

MARCH 4/5/6

LABOUR DAY LONG WEEKEND  
MOORE RIVER/GUILDERTON

Hilly Terrain

Camping overnight. Cost and details from leader.

Leader: Michael Waters

Contact: 444 2892 (Bus)

MARCH 12

PERRY LAKES

BREAKFAST RIDE

Easy Terrain

Meet at 7.30am at BBQ area at north side of Perry Lakes for a easy 15-20 km ride before BBQ breakfast. Ideal introductory ride for new members. Bring food for BBQ.

Leader: Dale Neill

Contact: 447 8168 (Hme)  
328 6333 (Bus)

MARCH 12

ALTERNATIVE RIDE

AUDAX 200 km RANDONEE

Hilly/Hard Ride

Meet at Kelmscott Railway Station at 6.30am for 7.00am start. Entries close March 5th.

Leader: Peter Steer

Contact: 276 1774 (Hme)  
420 6667 (Bus)

MARCH 19

50KM ACHEIVEMENT RIDE

Moderate Terrain

Meet in Chittering Road, Bullsbrook (just off Great Northern Highway) for first of the seasons acheivement rides on a new course. Meet at 8.30am for 9.00am start.

Leader: Arie Lems

Contact: 307 5820 (Hme)

MARCH 19

ALTERNATE RIDE  
FAMILY AND BEGINNERS RIDE

Easy Terrain

Meet at University clock tower, Crawley at 9.00am for an easy 20 km ride around Crawley.

Leader: Andrea Trevel

Contact: 330 4897 (Hme)

MARCH 26

WATERWHEEL TEAROOMS RIDE

Moderate/Hilly Terrain

Meet at 8.30am at Causeway Carpark (Corner Riverside Drive) for a ride through the foothills to Bedfordale for morning tea at Waterwheel Tearooms. (80 km)

Leader: Kleber Claux

Contact: 458 7519 (Hme)

MARCH 24/25/26/27

EASTER TOUR

Hilly Terrain

Meet at Midland Town Hall at 9.00am on March 24th for a pannier tour to Northam Youth Hostel. Two days of touring the Avon Valley returning to Midland after lunch on Monday, March 27th.

This tour is entirely self-catering. No group food provided. Cost (accommodation only) \$25.00. Bookings close march 13th.

Leader: John Martin

Contact: 293 8170 (Hme)

Correspondence to: P.O. Box 174 Wembley W.A. 6014  
For details of club membership please contact the treasurer.