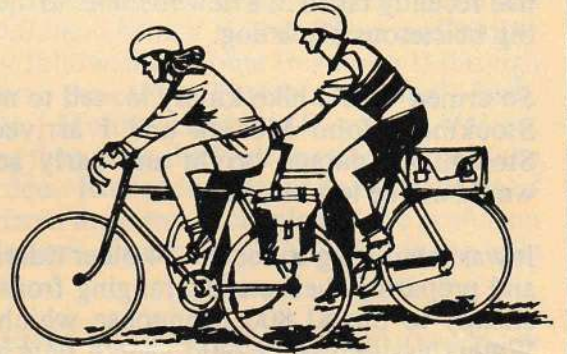




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CYCLE TOURING ASSOCIATION OF W.A. (INC.)



EDITOR: Noel Eddington

1989 DEC / JAN Issue Number 91

NOTICE BOARD

ANNUAL GENERAL MEETING - 3RD ~~3RD~~
9TH DECEMBER 1989 1990

MORNING TEA 10.00 A.M.
MEETING 10.30 A.M.

LOCATION - MURDOCH UNIVERSITY,
SOUTH STREET, MURDOCH

AGENDA: Minutes 1989 AGM.
Reports from President, Treasurer,
Rides Organisers,
Newsletter Editor,
Audax Sub-Committee,
South West Tour 89 Sub-committee.
Election of Office Bearers for 1990.
Cycle Tourist of the Year Award.
Best Newsletter article for the year.
General Business.

CHRISTMAS BBQ

A warm welcome to all members for this social meeting to be held on Sunday 16th December 1989 at John Martin's home at 13 Cunnold Street, Pickering Brook. Come on the ride first with Kleber Claux (see rides program), or drive up for a BBQ lunch. Bring your meat for a BBQ, the Club will supply salads and drinks. Bring your bathers too if you wish to enjoy a swim.

A warm welcome is extended to the following new members:
Jane Sinclair, David Mosley, Timothy Svenson.
We look forward to seeing you at our club events.

CYCLE TOURIST OF THE YEAR AWARD

Nominations are called for the Cycle Tourist of the Year 1989. The award is made by the Association to the member who, in the opinion of the membership, has contributed most to cycle touring and the CTA throughout the year, while setting the highest standards in terms of ability and attitude towards fellow cyclists.

Record your vote by mailing the name of your nominee to:

Cycle Tourist of the Year
CTA of WA Inc
PO Box 174
WEMBLEY 6014

Previous recipients of the award are:

1978 Nicole Harrison	1984 Ian Hore
1979 Wayne Lally	1985 Bob Stockman
1980 Neil Porteous	1986 Ron Bowyer
1981 Mark Bettell	1987 John Sherwood
1982 Dale Neil	1988 Martin Bunny
1983 John Martin	1989 KLEBER CLAUX

DECEMBER 9
6.30pm

CHRISTMAS WINDUP AND ELECTION OF AUDAX OFFICERS

Meet at 13 Cunnold Street, Pickering Brook for a BYO barbecue and chat about what you have done during the year or what you would have liked to have done.

TOUR NOTES

AVON ASCENT September 10th

My initiation into mountain bike riding started with a phone call from Betty Stockman announcing that she would be giving up her seat on the bus, as she had recently taken in a new member to the family, a big boisterous black dog.

So armed with a bike kindly loaned to me by Ben Stockman, John Meakin and I arrived at Bob Stockman's garage bright and early so that we would not be left behind.

It was interesting to see the 14 other riders cleaning and preparing their steeds, ranging from the \$200 cheapy to the \$1,800 Mongoose which Michael Waters assured me would switch onto auto pilot when he got tired.

On the Great Northern Highway riding towards Brigadoon where the real mountain bike tracks start, it was fun to hear the other riders calling out hole, grid, rock, etc. and instead of the usual avoiding the obstacle game, they were used to test your skills for the forthcoming conditions.

Even though a key was available many chose to lift their bikes over the many gates we encountered, maybe it's part of being a good mountain bike rider. Aileen Martin queried why she should not be lifted over, since her bike had the privilege, so before she could change her mind she was promptly lifted over the gate.

We soon came to our first downhill run, and away went Bob and Ben on their new bikes, closely followed by the more experienced riders, who were closely followed by those out of control. The first timers, including myself, who has been more on the road than on the bike lately, took it very steady.

It wasn't long before one could understand the ravings of Bob Stockman the mountain bike junkie. The colour, tranquillity, beauty and utter enjoyment of riding the mountain tracks had got to me, to the point where a loud 'coo-ee' was in order.

It was interesting to see how Noel Eddington tackled the rough conditions at break-neck speed on his \$200 hybrid, which looks like a cross between a mountain and touring bike.

After about 25 kms had been covered the leader announced that a hill climb was available for those who were either fit or mad enough to attempt it. I opted for a snack at the bottom of the hill with about eight others.

A lunch stop was agreed upon at a beautiful section of the Avon River where about five of the riders decided to remove shoes and socks and cool off their tired feet in the river.

I thought with the warm sunny day we were experiencing that one would see the occasional snake, but I then realised that any creature seeing a 'mongoose' with Michael's bulk on top would soon turn tail and flee.

The sight of John Martin with the bus and trailer was a welcome sight with Christina Porteous making a beaut cup of tea.

The cake which I baked as the result of a bake off with Betty Stockman was handed around and quickly consumed.

After everyone had rested, it was loading the bikes and into the bus for the trip back to Midland, where the bikes were cleaned and checked.

The only casualty was a flat tyre on Arie Lemson's touring bike while chasing Ben Stockman over some rough sections.

I would like to thank all those responsible for organising the ride and support, especially the Stockmans and their big black dog without whose timely appearance I would have missed a wonderful day.

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HIGHLIGHTS OF RIDES YOU WILL WISH YOU HAD GONE ON

August 6th saw Kleber Claux at the head of eight riders riding from Armadale for the Jarrah country loop on a fine and cool morning. They used the back roads to North Dandalup then on to Dwellingup for refreshments and to enjoy the majesty of the Jarrah trees. The day's ride was a satisfying 150 km.

Friday evening, August 11th, saw a big number of CTA members at the Hossack pavilion to hear Rod Evans talk about his round Australia record ride. We much enjoyed Rod's easy and witty style but were left in no doubt of the suffering he had endured. After the question and answer session Rod was presented with a Jarrah burl clock by the CTA. The evening finished with a light supper and the opportunity to catch up with many friends in a pleasant social atmosphere.

The Soup Ride was marred by cool and damp conditions. Arie Lemson took five riders on a 15 km loop from Kings Park while Kleber Claux led eight more cyclists on an 85 km ride through Fremantle, Rockingham, Naval Base and Jandakot. The two groups met at the finish for hot soup and fresh bread rolls which were much appreciated in the cold weather.

September 3rd found Max Talbot at Kelmscott organising the 'classic' CTA ride - the 10,000 feet in 8 hours. This year he sent 21 riders on their way of which 17 earned their badges. The weather was unusually warm (24°) this year which made the climbing harder. Particular congratulations go to the tandem pair of Keith Hayes and Noel Eddington.

September 10th was the day of the Avon Ascent, which ranks as one of the most delightful rides I have been on. Phil Torkildsen led 15 of us up the Great Northern Highway to join the Westrail service road at Brigadoon. We then followed the service road's many undulations through wonderfully unspoiled country surrounded by wild flowers. The numerous gates on the track were opened by Neil Porteous who was kind enough to arrange with Westrail that we borrow the key for the day, the key's security being guaranteed by eighteen granny knots to Neil's braces! The ride

finished at the 72 km mark where John Martin met us with the bus and trailer, the billy being on the boil for lunch before the return to Midland.

The Audax/CTA weekend at the Old York Hospital was another lovely weekend, featured elsewhere in this newsletter. Perhaps next year we might try meeting at the hospital on Friday evening to give us two full days of touring this delightful area.

Mundaring Weir was the destination of nine riders who left Midland behind Kleber Claux on October 8th. They followed the route (read hilly!) through Darlington, the John Forrest National Park, Stoneville, Mount Helena, Sawyers Valley, Mundaring then on to the Weir for a barbecue in the upper garden. Kleber comments on the delights of the scent from the citrus orchards and the profusion of wild flowers, also the appetite a ride in the hills gives you!

October 14/15 was the Opperman All Day Trial. Five teams took part and congratulations go to the ATTA No. 1 team who set a new Australian Opperman record of 636 km, but when you learn the team included Rod Evans it comes as less of a surprise. Commiserations to Peter Meyer who was obliged to retire just seventy km from the finish with eye trouble. Also congratulations to Steve Parry and Robin Layton for successfully completing the event on their Moultons.

Bob Stockman led seven mountain bikers into the Kalamunda National Park on October 22nd. The scents and sights from the high points of the ride were breathtaking, as was the steepness of some of the climbs! We marvelled at the grace of a wedge-tailed eagle soaring above us. We welcomed Vince Stone along for his first mountain ride with us.

SEEKING EASIER RIDES?

If you are a new member or looking for easy social riding we recommend these particular rides to you.

December 3rd	AGM Ride
December 10th	Bibra Lake Ride
December 31st	Chew over the old year
January 7th	Carriage Coffee Shop Ride
January 14th	Round the Lakes Ride
January 21st	Cable Water Ski Park Ride
January 28th	Breakfast at the New Esplanade Hotel

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MORE NOTICE BOARD

ANNUAL DINNER

Friday 1st December 1989 at 7.30 pm at the Lynwood Arms Hotel, 558 Metcalfe Road, Ferndale. The cost is \$14 each with self serve salads etc. and drinks are available at bar prices. Please let Kleber Claux know if you will be coming along to enjoy a social and friendly evening with your club mates. His phone number is 458 7519 and he needs to know numbers by 24th November.

FOR SALE

Ricardo Elite 23" Lightweight Touring Bike. Metallic blue, as new condition: Cateye Computer: Esge carrier: Dynapower lights: Two bottle cages and pump, \$595. Ring Ben Stockman on 293 5278.

Tandem touring bike 24" x 22.5", fully recond, complete with racks, cantilever brakes with rear drum back up, \$1500. Ring 339 3315

Raleigh 5-speed, 21" frame (new), std handle-bars, rim brakes, very good condition, \$250. Ring 384 8172.

WETTON CYCLES

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FOUND

High pressure pump on the road near Armadale after the Perth-Pinjarra Bike Ride. If you are missing a pump and can describe this one accurately, join the queue in ringing Ron on 382 3993.

I NEVER FELT BETTER IN MY LIFE

The following is an account of the legal proceedings of a cyclist's damages action for injuries sustained when he was hit by a farmer's truck carrying a horse and a dog. After swerving and hitting the cyclist the truck left the road and rolled over.

DEFENCE COUNSEL: After the accident didn't someone come over to you and ask you how you felt?

CYCLIST: Yes, I believe that is so.

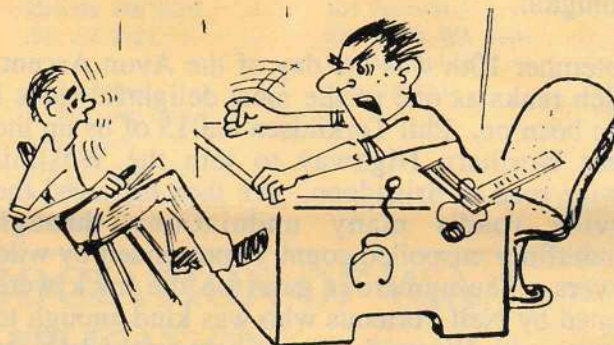
DEFENCE COUNSEL: And didn't you tell him that you never felt better in your life?

CYCLIST: Yes, I guess I did.

Defence counsel then sat down with a satisfied look; but in re-examination the plaintiff's counsel asked only one question.

PLAINTIFF'S COUNSEL: Will you tell his Honour the circumstances in which you made that response?

CYCLIST: Yes. Not long after the accident, the horse, which had sustained broken legs, was thrashing around. A policeman from the Mounted Police Squad came up to the horse, put his revolver to its ear and shot it dead. He then went back over to the dog, which had a broken back and was howling miserably. He put his revolver to the dog's ear and shot it. Then he came over to me and asked, "How do you feel?" I said, "I never felt better in my life".



Stress? This is a symptom, damn it.

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THE YORK WEEKEND

John Meakin and I were dropped off at Bob Stockman's garage at the early time of 7.30 by John's wife Barbara, and it wasn't long before good old reliable Bob turned up to let us in with a bright 'good morning' and 'would you like a cuppa'.

Michael Waters was the next to arrive with a new touring bike, as his old faithful which he had travelled many kms on, had finally given up the ghost with the frame breaking up at the bottom bracket.

The Moulton Brothers, Robin Layton and Steve Parry arrived late, as Robin had to get Steve out of bed.

So with the Moulton bikes complete with their new custom-made Karrimor pannier bags on the back, and with John blackmailing me, with some of Barbara's delicious fruit cake, into carrying his extra gear in my panniers, we bade Bob farewell and headed for the hills.

We regrouped at the top of Greenmount Hill and set off up the Great Eastern Highway towards Sawyers Valley.

Salad rolls and tea were eagerly consumed at The Lakes Road House while discussing the possibility of taking the alternative route through Wooroloo and Wundowie to get away from the traffic.

The usually quiet and relaxing ride from Clackline to Spencers Brook was spoilt by Rally Australia spectator traffic raising dust and stones.

The rest of the ride along the Avon Drive was very pleasant with a slight following breeze to York. Aileen Martin was waiting there to direct us to the Old York Hospital where we would be spending the night.

Some provisions were purchased in town before continuing on to our lodgings for a nice cup of tea and cake with the Audax support crews, who filled us in on the latest info on the Audax riders.

Bob Stockman and Noel Eddington arrived soon after, so when they had cleaned up and rested some of us decided to go to town for dinner.

Back at the lodgings we all pitched in and helped fold newsletters while having supper and waiting for the Audax riders to arrive home.

It was a cold group of riders that arrived back in dribs and drabs, five of whom were only doing 300 kms on the Saturday.

Congratulations must go out to all the Audax riders who completed the 1000 km Randonnee and a special mention to Renee Smeets who completed the 300 km Randonnee - not bad for a 68 year old.

After a good nights sleep in the excellent accommodation, we packed up our panniers and cleaned the rooms while wishing the Audax riders good luck for their last day in the saddle.

Barry and Sue Jones arrived to spend the day cycling around York, while Noel decided to stay the extra day and go home on Monday morning.

Michael, Robin and Steve needed to get home earlier so decided to take the short way home to Midland, while Bob suggested that John and I might like to take the alternative longer route home.

The top Beverley Road to Beverley was the high point of the weekend, as we rode through beautiful undulating countryside dotted with old style farm houses.

A short stop just out of Beverley to repair a puncture on Bob's bike then into town to stoke up the boilers for the long leg of the trip home.

The road to West Dale was equally breathtaking and a stop at an old stone church to take in some local history was interesting.

Lunch was consumed at the West Dale school where a friendly dog got away with some of John's nibblies.

Onto Brookton Highway and into a strong head wind which brought the showers that had been forecast.



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Bikewest was established in 1987 as a Government initiative to provide for safer and more convenient cycling in Western Australia.

Projects undertaken by Bikewest have included: the establishment of a bicycle helmet rebate and advertising scheme in schools (helmet wearing in primary schools has been doubled); the significant expansion of safe cycling routes in Perth (between June 1987 and June 1989 over 37 kilometres of new bike paths were constructed); the preparation of regional centre bike plans; the production of safety and information brochures and Perth Bike Maps; and the introduction of bicycle education into schools.

BIKEWEST TEAM

Co-ordinator	(09) 222 0336
Engineer	(09) 222 0341
Education Officer	(09) 222 0309
Research/Promotions Officer	(09) 222 0506
Bike-Ed Officer	(09) 420 4891
Administrative Assistant	(09) 222 0458

THE YORK WEEKEND cont...

The rest of the ride to Karragullen, where Bob peeled off, was tiring but beautiful as we rode through the hills and thickly wooded bush which was now showing off the attractive native flowers.

The rain eased off for the final stretch home where a hot meal and shower were a welcome end to a very enjoyable weekend.

KLEBER CLAUX

CYCLING CONTACTS

BICYCLE EDUCATION & LAW

BIKE-ED. COURSES

Bike-Ed Unit—Road Safety
Police Department
57 Lincoln St (Cnr Smith St)
Highgate WA 6000
(09) 227 6727

BICYCLE LAW MATTERS

Bicycle Safety
Section—Traffic
Police Department
Wellington St (Cnr Plain St)
East Perth WA 6004
(09) 222 1923

BICYCLE TOURING & RECREATION

Cycle Touring Association
Box 174
Wembley WA 6014
(09) 349 2310, (09) 447 8168

Department for Sport &
Recreation
PO Box 66
Wembley WA 6104
(09) 387 9700

Action Outdoors

PO Box 285
Nedlands WA 6009
(09) 448 6753, (09) 221 2066

Secretary

Over 55's Cycling Club
48 Norma Rd
Alfred Cove WA 6154

CYCLING GROUPS & SAFETY ORGANISATIONS

Cyclists Action Group

2 Barsden St
Cottesloe WA 6011
(09) 387 0378,
(09) 384 7409 (H)

Child Accident Prevention

Foundation of Australia
15 Hamilton St
Subiaco WA 6008
(09) 382 8509

SPORTING & OUTDOOR EDUCATION

Schools Triathlon

Association
c/- John Gibson
(09) 332 6248

Henk Vogels

Amateur Cycling Federation
7 Bertwistle Place
Roleystone WA 6111
(09) 397 5110

SPEED-DOME

Guildford St
Midvale WA 6057
(09) 250 2121

Outdoor Education Branch

Ministry of Education
151 Royal St
East Perth WA 6004
(09) 420 4111,
(09) 420 4891

Lyle Withers

Professional Cycling
Association
279 Crawford Rd
Inglewood WA 6052
(09) 272 2453

CYCLE TOURING ASSOCIATION OF W.A. MEMBERSHIP APPLICATION

I/We wish to become members of the Cycle Touring Association of W.A. (Inc) and agree to abide by all the rules and by-laws of the association.

I enclose cheque / money for \$

SURNAME

GIVEN NAMES:

ADDRESS:

SUBURB: Postcode:

PHONE: (H) (W)

Signed: Date:

FEES

Joining fee	\$10
Adult	\$20
Family	\$26
Club	\$37
Junior, Student or Pensioner	\$12

RIDES AND SOCIAL CALENDAR NOVEMBER - JANUARY

NOVEMBER 11-19 BIKE WEEK EVENTS

See enclosed brochure.

ALTERNATE

NOVEMBER 12 KINGS PARK RIDE

60km MODERATE RIDE 9am

Meet at Kings Park Log for a tour of the Park when the flowers are at their best and finish with a cup of coffee.

Leader: Steve Parry Home: 328 7438

ALTERNATE

NOVEMBER 19 WITH PHIL TO MUNDIJONG AND BACK

120km HARD RIDE, FLAT TERRAIN 8.30am

Meet at the Esplanade, Fremantle (opposite Carriage Coffee Shop) for a hard ride to Mundijong for elevenses. Phil will ensure your tongue will hang out for this one.

Leader: Phil Giddins Work: 382 2811

NOVEMBER 25 CTA TRAILER PAINTING DAY

The CTA Trailer needs a new coat of paint. Come along to Stockman & Son's, 15 Loton Avenue, Midland at 8.30am and be a part of the team that makes it happen. Bring a wire brush and a paint brush if you have them.

NOVEMBER 26 15TH ANNIVERSARY RIDE

VARIOUS DISTANCES 9.30am or 10.30am
MODERATE RIDE

Celebrate 15 years of CTA cycling with a re-run of our first ever ride. Meet at the Log in Kings Park for a leisurely 15km ride through the Park and by the river. The ride officially finishes about 12 noon back at the Log. For those who wish to continue the anniversary celebrations, lunch at Fast Eddy's shortly thereafter. Approximate cost \$5-10. Please book lunch with Dale Neill by Monday November 20. As this is a formal occasion, riders are requested to wear at least one article of formal attire. For alternative 9.30am starts, meet at the following places:

Midland Town Hall, Leader: Aileen Martin,
293 8170h

Fremantle Town Hall, Leader: Dennis Braddon,
337 9796h

Karrinyup Shopping), Leader: Max Talbot,
Centre) 448 2039h

Booragoon Shopping), Leader: Neil Porteous,
Centre) 457 7146h

Organiser: Dale Neill

Home: 447 8168

FRIDAY DECEMBER 1

ANNUAL DINNER

See Notice Board.

DECEMBER 3 AGM RIDE (TWO STARTS)

Meet at 8.15am at South East car park at Lake Monger (Mike Waters Bus. 444 2892) or 9 am at the Raffles Hotel car park (Colin Farmer 330 4441) for an easy ride to the AGM at Murdoch University (Science and Computing Lecture Theatre) which should get under way after morning tea. See Notice Board for details. See you there.

DECEMBER 9 AUDAX CHRISTMAS WIND UP

See Notice Board.

DECEMBER 10 BIBRA LAKE RIDE

60km MEDIUM RIDE, FLAT TERRAIN 9am

Meet at the Causeway car park for a quiet ride to Bibra Lake. Bring food to feed the ducks (or yourself!).

Leader: John Meakin Home: 332 5550.

ALTERNATE

DECEMBER 10 MASON'S MILL BY MOUNTAIN BIKE

3 hours HARD RIDE 8.30am

Meet at 62 Valencia Road, Carmel for a ride down the Mason-Bird wooden railway. See how the pioneers got the Jarrah from the forest in the early days.

Leader: Bob Stockman Home: 293 5278.

DECEMBER 17 BBQ AND SWIM AT PICKERING BROOK

75km A FEW HILLS BUT NOT TOO FAST 9.30am

Meet at the Causeway car park to ride to Pickering Brook for a barbecue at John and Aileen Martin's home and a dip in their newly commissioned pool.

Leader: Kleber Claux Home: 458 7519.

DECEMBER 31 CHEW OVER THE OLD YEAR

40km EASY PACE AND TERRAIN 6.30pm

Meet at the Causeway car park for a leisurely ride to Observation City for kebabs and ice cream. Lights and a good digestion essential.

Leader: Arie Lemson Home: 307 5820

JANUARY 7 SWIM AT SERPENTINE FALLS

100km MEDIUM RIDE FEW HILLS 8am
Meet at Kelmscott Railway Station for a ride through quiet roads to Serpentine Falls for a picnic and swim. Bring swimming gear. Bring or buy food for picnic (shop at entrance to Falls).
Leader: Arie Lemson Home: 307 5820

ALTERNATE

JANUARY 7 CARRIAGE COFFEE SHOP RIDE

60km EASY RIDE 9am
Meet at King's Park Log for a ride down the coast via Claremont and Cottesloe to enjoy morning tea at the Carriage Coffee Shop in Fremantle. Don't forget your swimming gear and sun screen.
Leader: Mike Waters Bus.: 444 2892.

JANUARY 14 BREAKFAST AT THE ATRIUM

160km HARD RIDE 5am
Meet at Armadale Railway Station for a ride down to the Atrium Hotel in Mandurah for a well deserved smorgasbord breakfast. Cost of breakfast approx. \$11.
Leader: John Martin Home: 293 8170.

ALTERNATE

JANUARY 14 ROUND THE LAKES RIDE

50km EASY RIDE 9am
Meet at the Kings Park Log for a pleasant ride round the city lakes. Don't forget bread for the ducks.
Leader: Ron Bowyer Home: 382 3993.

JANUARY 21 SEE THE HILLS WITH SAM

120km HARD RIDE 8am
Meet at Midland Town Hall for a ride through the Walyunga loop and enjoy the best fruit cake in town at the Gidgie morning tea shop.
Leader: Sam Burton Home: 450 3885

ALTERNATE

JANUARY 21 CABLE WATER SKI PICNIC

60km EASY RIDE/FLAT TERRAIN 9am
Meet at the south end of the Narrows Bridge for an easy ride to Cable Water Ski Park in Spearwood. Bring or buy food for picnic.
Leader: John Meakin Home: 332 5550.

JANUARY 27 AUSTRALIA DAY LONG WEEKEND

RAVENSWOOD CAMPING WEEKEND
Meet at Armadale Railway Station at 9 am to ride down to Ravenswood. There will be a vehicle going down to take tents for you from Armadale. Or take your car and bike and meet at Ravenswood. Don't forget stylish swim wear! Cost approx. \$15 per tent for the weekend. Bookings close January 15th.
Organiser: Mike Waters Bus.: 444 2892.

JANUARY 28 BREAKFAST AT NEW ESPLANADE HOTEL

50km EASY RIDE 8am
Meet at Point Walter for a ride by the river to the New Esplanade Hotel for a buffet breakfast at about 9 am. Cost about \$10 each. Bookings close January 21st.
Leader: Neil Porteous Home: 457 7146.

TWO EVENTS TO MARK ON YOUR NEXT YEAR'S CALENDAR:

1. Mountain bike weekend, Friday evening 18th May and Saturday, 19th May, at the DSR camp at Wellington Mills, returning on Sunday 20th. We have booked two cottages and are taking the bus and trailer. Limit of 15 people so first in get the places. Betty Stockman is organising.
2. Next year's York Hospital weekend is September 8th and 9th. We hope to meet at the Old York Hospital on Friday evening 7th so we can have two days touring.

C.T.A. COMMITTEE 1989

PRESIDENT:	Arie Lemson	307 5820 (H)
VICE PRESIDENT:	Bob Stockman	293 5278 (H)
SECRETARY:	Aileen Martin	293 8170 (H)
TREASURER:	Betty Stockman	293 5278 (H)
COMMITTEE:	Kleber Claux	458 7519 (H)
	Noel Eddington	293 1305 (H)
	Colin Farmer	330 4441 (H)
	Michael Waters	444 2892 (W)

Correspondence to P.O. Box 174 Wembley W.A. 6014
For details of club membership please contact the Treasurer.