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CYCLE TOURING ASSOCIATION OF W.A. (INC)

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EDITOR NOEL EDDINGTON

1990 AUGUST SEPTEMBER ISSUE No 95

PRESIDENT ON PAGE ONE

In these cold winter months I'd like to wish those members who suffer from flu and cold, a speedy recovery and hope to see you on the bike soon.

Special regards to two of our club work horses John Martin and John Meakin who overcame their illness and have been seen on the bike again, good on you two!

I congratulate Rod Evans on his amazing record under very hard conditions and can't help wondering how far he would have gone without his flu-infection at the time!

A special mention for the organisers of the last Wheatbelt tour - a splendid effort from all those involved in bringing the CTA back into touring - well done.

Now - for those cold, long winter nights!

The CTA is pleased to announce the first of our social evenings, to be held at Murdoch University on August 24 from 7.30pm onwards. It is the same hall as last year's AGM but we will sign post your way in.

This evening will host bike maintenance, New Zealand tour information, the CTA bookshop will be there for you to inspect our books for loan. It is our intention to have this event monthly if successful and to have bikeshop owners to come and demonstrate their goodies, to have guest speakers.

We can do a lot if you our members and guests support us so don't let us down - we will supply tea and coffee - hope to see you there.

Arie Lemson

THE GREAT ESCAPE YORK WEEKEND

SEPTEMBER 7-9

This weekend will be great for the whole family, drive or ride.

Make your own way to the Old York Hospital in Brook Street on Friday night or for the more adventurous a pannier group will leave Midland Town Hall on Friday morning at 8 o'clock for York.

Saturday will see us riding on the beautiful top Beverley Road to Beverley where we will have the opportunity to take to the skies gliding with the Beverley Gliding Club.

Sunday will be a leisurely 60 km ride through rolling hills to inspect the earthquake fault that devastated Meckering in 1968.

We will be sharing the accommodation with the Audax riders, so we can give them the morale booster which will spurt them on their way.

The hospital has been booked from Thursday through to Sunday night at \$9 per person per night, crockery, cutlery and bed only.

You will be required to supply your own bedding and food. The kitchen is big and the showers are hot.

The cost of the gliding flights are a bargain at \$33.

Bookings close 31 August. See you there!

Organiser: Kleber Claux
Contact on 4587519 (Home)

THE CENTRAL WHEATBELT TOUR 90

As the participants arrived at the Midland Speed Dome on Saturday May 26 for the start of the Central Wheatbelt Tour, friends and family were heard to mutter "They must be mad to set off in weather like this!" But we set off in good spirits and had plenty of sunshine that day even if there was a strong north westerly headwind on the route from Northam to Toodyay.

Even Sunday dawned fine and clear, but that soon changed and we had to contend with both the headwind and lashings of rain on the road to Bolgart and Calingiri.

With that storm out of the way, the weather rapidly improved and we enjoyed daily sunshine with very cold nights. Frost on the tents became a not uncommon sight by the time we reached York, with one tent notably adorned with frozen nickers! They breed a hardy lot down south.

What were some of the highlights? It's difficult to place them in any sort of order but things that stand out in my mind are the lashings of good hot food each evening served out by the friendly country ladies. Mogens Johansen, the WA Newspapers photographer who with his tripod-mounted camera and white Falcon, looked like a one-man Multanova speed trap. The range and quality of talent on display at the concert Great cycling on quiet roads. The wonderful friendship and camaraderie which is built up within this group activity.

To leave you with a taste of the concert, two of the poems are published for your enjoyment

1. "Riding to Bolgart" by Julia Thorn
2. "On your bike" by Liz Green.

RIDING TO BOLGART

A small place called Bolgart
Is the subject of this ditty
A compact country town
A short way from the city

We were due there for lunch
On day two of our ride.
But the natural elements
Were not on our side

Rain bucketed down
And headwinds blew strong
No road's been so endless
No hills quite so long

We watched out while riding
For the sun to appear
Instead we saw greyness
And trees cowed with fear

As I pedalled along
I had one major dread:
Would lunch still be waiting?
Or the cooks gone to bed?

For in such awfull conditions
What else fills the mind,
But dreams of hot food
With the chills well behind?

I tried to ride faster
But the answer was clear-
The town must have vanished
As I could not get near

Then all of a sudden
A mirage lay on the road
A bus full of people
Taking refuge from the cold

And inside the bus
Was Aileen with soup
And sambos and hot drinks
Helping poor stragglers recoup

I scrambled inside
To the heat and the food,
The best possible tonics
For improving the mood

So lunch had come to us
And not the reverse
A treat so divine
It's been put into verse

And just as a postscript
We reached Bolgart that day
But warmed and refreshed
There was no need to stay

Julia Thorn

ON YOUR BIKE

There was movement at the
speed dome
For the word had passed
around
This crazy group were back
again
To ride from town to town

All the tried and noted riders
From here and roundabout
Came along to lend a hand
To those who had some
doubts

To those who'd never gone so
far
Or ridden till they dropped
A smiling face and helping
hand
Really meant a lot

Red faced Bob could eat a
horse
We reckon he'd eat four
He's like a walking waste bin
And he takes off like a whore

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Pedals turning round and round
Clocking up the miles
Weary cyclists coming in
Greeted with a smile

A cheer is heard as Craig walks in
Expounding facts and figures
Telling of his pro-like day
Ignoring all the sniggers

A tall gum tree as old as time
Stands guard along the road
A nest of parrots in its arms
Under which the riders rode

He sees a deli in the distance
James' blood begins to rush
In fifteen or twenty seconds
He turns another mars bar to mush

Meals that you'd write home
about served up every night
Enough to make the best one
groan
The weakest run in fright

Say cheese and smile as Brian
approaches
Try hard without distortion
A snapping cyclist we all know
A photographer of major
proportions

They thought he was a Russian
lad
Paul from Moscow town
Burning up the highways Knees
in, arse up, head down

Coming over the crest of a hill
The wind is calling Maria
With spirits high and smile aglow
If you look you can almost see'er

"Arm yourself!" our David cries
I'll show you how it's done
At ping-pong, cycling and soccer
I'll keep you on the run

There's Aileen throwing apples
round
The sportsground near our tents
Her warmth and smile and
cheerfulness
We hope she knows how much
it meant

And here comes Mark from
Perth
To be with us at the end
To blow his organ with his
mouth He'll be our long time
friend

An air of melancholy Wafts
around the room
Our final night together
Our concert's starting soon

E.A. Green (Liz) With assistance
from Tony Radford

NEW ZEALAND IN 92

A full pannier tour of New Zealand is in the early stages of planning.

After discussions with some seasoned cycle tourists it appears that a four week tour in February 1992 taking in mainly the South Island and looking at a maximum of around ten cyclists would promise to be a very rewarding experience.

Some feedback from interested participants would be appreciated.

More details on tours in next Newsletter.

Kleber Claux 458-7519 (Home)

RAINBOW COAST TOUR 1991

Following the success of the On Your Bike WA series of tours, the South West Tour 89 and the Central Wheatbelt Tour 90, we are pleased to announce the Rainbow Coast Tour 1991.

This tour will run from Saturday 13 April to Sunday 21 April and be centred on WA's magic "Rainbow Coast". It will include Albany, Denmark, Walpole, the Porongorups and Mt Barker with a total distance to be covered of approximately 500 km.

Further details will be announced in October, but the tour can only offer a maximum of 100 places, so book your holiday now and be sure to get your registration in early. To secure further details as soon as they are available, write to

On Your Bike Tours
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BICYCLE SA'90 BORDER TOUR

For the accomplished cycle tourist who wants to start touring further afield, we now have details of the SA Touring Cyclists Association Border Tour for 1990.

This year's ride starts near Bordertown and explores the southern border lands of South Australia and Victoria. Included in the tour are breakfast ingredients, an evening meal and a place to pitch your tent or access to a communal hall. Cups of tea and "sticky buns" on the road are part of the deal too.

The dates are Saturday 29 September to Sunday 7 October.

Entry fee is \$190 which includes membership of the SATCA. The closing date is 31 August, so contact the CTA Secretary for an entry form if you are interested.

COMING EVENTS

Ride or drive family weekends:

October: A visit to the scenic and historical town of Toodyay.

November: Wet your feet in the Moore River at Guilderton or test your skills at rock climbing.

If you haven't got panniers yet but would like to have a trial tour, hire them from the CTA at \$5 per week.

BOOK REVIEW: "CROSSING AUSTRALIA'S NORTH"

by Julia Thorn

Published by Kangaroo Press, 1990.

This second book by Julia Thorn continues the tradition of providing good, practical advice to the intending cycle tourist from someone who has done it the hard way - through personal experience.

However, the scope of the journey described in this little book goes way beyond the short tour lasting a few days or a week. Julia elected to cross Australia "across the top" from Townsville in Queensland to Broome, with a side tour to Darwin and Kakadu, a total journey of 5200km alone on a mountain bike.

This book is not aimed expressly at cyclists, although obviously written from their viewpoint. It aims to encourage others to explore Australia's north whether by car, motorbike, bus or even hitch-hiking. It includes information on local history, accommodation details, road conditions and how to use public transport.

The route is divided into eight sections: Townsville to Mt Isa, Mt Isa to Three Ways, Three Ways to Katherine, Katherine to Darwin, Darwin back to Katherine via Kakadu, Katherine to Kununurra, Kununurra to Derby, Derby to Broome.

For a pocket guide to the north, this book combines interesting facts with commonsense advice to travellers.

It is now available through Angus and Robertson for \$12.95 or you can order direct from the publishers, Kangaroo Press, PO Box 75, Kenthurst NSW 2156.

Ron Bowyer

WELLINGTON MILLS ATB WEEKEND

Due to John Martins unfortunate illness and hence the unavailability of the bus, a group of enthusiastic mountain bikers and friends travelled in convoy on Friday night to arrive at the camp facilities just before 10.00 pm. The Wellington Mills camp houses were found to be very clean and tidy and everyone was soon busy making beds, feeding faces and, in John Meakins case, making the mandatory cuppa. Noel and Arie arrived late as usual and after a short chat we were off to push out some zeds.

However, since I was unfortunate enough to choose a room which also contained a pair of rabbits in Scott and Blair, the task of getting to sleep proved impossible. Just when I managed to settle the young boys down, Noel decided to come to bed and under his influence a fresh lot of misbehaviour began.

Anyhow Saturday dawned fine and cool, and after breakfast under Kleber's reluctant leadership a dozen hardy adventurers departed on a proposed 30km circuit of the Bibbulmun trail.

Continued page 5

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The track wound its way through magnificent virgin forest bounded by cultivated private land with fantastic views of Bunbury and the sea and the spectacular Collie River valley. Several exciting descents and challenging climbs were encountered and an unofficial competition soon developed to see who could ride the furthest up the inclines. Bob proved to be the undisputed winner riding up seemingly impossible slopes prompting a fresh discussion on the various abilities of cycles and riders. In Bob's case, though, it certainly seems to be in the skill of the jockey.

There was one particular downhill run into the Collie River Valley which was the steepest, longest and scariest I've seen. It was a tribute to everyone's skill and courage to negotiate this one without any mishaps. It certainly was well worth all the hard miles before and after just to experience the exhilaration. It was at this point that a SHORT cut was proposed to eliminate a long hard climb out of the valley. Unfortunately, the wrong route was selected and after accepting the majority opinion of 12 naviguassers based on where we thought we were, we headed off in the wrong direction. Several kilometers were covered before the mistake was noted due to the fact that the sun refused to stay on the right side of the track. I think we would still be there if it had been a cloudy day. Eventually, finally and at long last a weary group of mountain men and woman (Sue) arrived back at the camp exhausted, famished not to mention a bit weary and hungry. What followed could only be described as a feeding and drinking frenzy which seemed never ending. At this point I wish to thank John's wife Barbara for saving our lives by providing these undeserving souls with some very much appreciated delicacies. (Is that enough grovelling to get some more?)

After pig out (roving lunch) the majority decided that they had had enough for the day and only two real mountain men, Kleber and myself

departed on a leisurely ride to the Dam which included an absolutely beautiful section of the Bibbulmun trail alongside the Collie River leading up to the Dam. It was along this scenic route that a stick caught in my rear derailleur and upon clearing it and bending it back into shape I discovered a broken rear axle. Kleber rode on ahead to get help while I commenced the 8km walk back to the camp.

Sunday morning saw us peddling off to join the Bunbury mountain bike club for some racing. After taking a look at the circuit Arie, Scott, Sue, Noel, Kleber, Bob and myself eagerly nominated in our various divisions and waited for the delayed start due to the late arrival of the GWN television crew. John Meakin kindly lent me his bike and I was keen to see how the Mongoose racing thoroughbred performed. I quickly found out that you still have to push the peddles and after 3 laps of the tortuous 5.1/2km track was quite happy just to finish alive and to find John's bike in one piece.

Sue won her race, Scott performed well and Bob managed to gain second place in the veterans division. The pace was very fast and it was just as well that we had all practiced our bike handling skills on the previous day. Kleber failed to complete the race due to a rear sprocket failure proving once again that real mountain men don't just ride hard, they also break their bikes.

We returned to the camp for a hurried lunch, a snappy pack up and a quick clean of the house before an inspection by the camp commandant.

It was a great weekend, I think enjoyed by all, spent in good company in truly beautiful surroundings. Don't miss out on the next one.

Trevor Holm

FOR SALE

Bob Stockman has just recieved a new shipment of Michelin tyres 700x19c \$21.00 each.
Ring Bob at work 2744779



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AUDAX YORK WEEKEND

Friday September 7 to Sunday September 9 Audax Randonnee

Accommodation at the Old York Hospital available, Thursday, Friday, Saturday and Sunday nights \$9.00 per person per night.

Fully equipped kitchen, bed, mattress and pillow supplied. Bring your own food and bedding. (Sleeping bag is O.K.)

400km Friday 7th 5.30am for a start at 6.00am SHARP - finish by 9.00 am Saturday

300km Saturday 8th 7.30 am for a start at 8.00 am SHARP - finish by 4.00 am Sunday.

600km Saturday 8th 7.30 am for a start at 8.00 am SHARP - finish by midnight Sunday 9th.

200km Sunday 9th 7.30 am for a start at 8.00 am - finish by 9.30 pm Sunday.

1,000km Friday 7th 5.30 am for a start at 6.00 am SHARP - finish early am Monday 10th.

All events start and finish at York (Old Hospital). Ring the organiser for your entry form. Entries close August 25. Organiser J. Martin Phone 293-8170.

Saturday October 20/21 Audax Randonnee

600km very hard - some hilly terrain Note the Saturday start. This ride is one of the qualifying rides for the 1991 PBP. Meet at Armadale Railway Station at 3.30 am for a start at 4.00am sharp. The course Armadale, Mandurah, Pinjarra, Bunbury, Mandurah, Pinjarra, Armadale, Bannister, Boddington, Pinjarra, Armadale.

Only for the very fit, lights essential. Ring the organiser for your entry form. Entries close October 13th. Organiser: Colin Farmer Phone 330-4441.

LONDON - MOSCOW TOUR

There is to be a cycle tour from London to Moscow commencing July 1991. Details from Ezio Boiefacio in London. More details soon. Phone (London) 71-2431958 (home) fax 71-3809357 or phone Middlesex Hospital 71-380 9358.

October 14

Armadale to Pinjarra Ride.

Details are still awaited from the organisers, but put the date for this popular ride in your own calendar. Full details in the next Newsletter.

HIGHLIGHTS OF RECENT RIDES

April 29, Croyden Elevenses

A beautiful autumn day, brought out a group of 20 cyclists who enjoyed a ride to Araluen via Lesmurdie Hill and Pickering Brook where lunch was taken at the Croyden Court Tearooms before returning home.

May 6, 100km Achievement Ride

A good turnout for this ride and the 35 starters included 7 who joined the club at the start. Once again the riding conditions were excellent with light winds and sunshine. On quite a tough course which commenced with a climb up the long but gently graded Bedforddale Hill before one has even warmed up and then goes on to include two solid climbs after Serpentine Dam, all riders qualified - very creditable indeed and congratulations to you all. As usual the ride was organised splendidly by Neil Porteous, with the help of wife Christine and Aileen and John Martin. Thanks very much to you all.

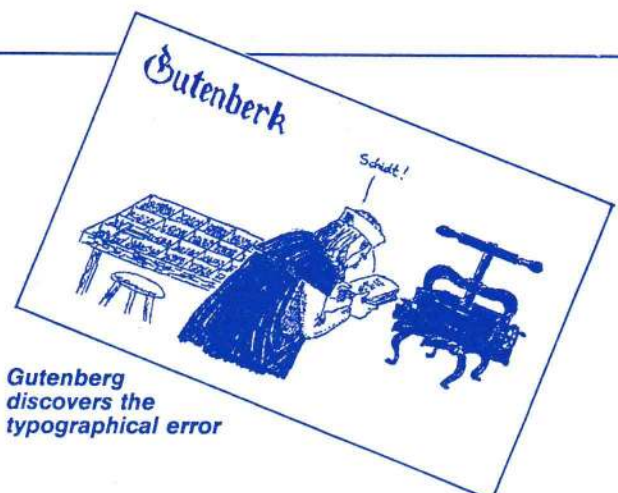
May 20, Nursery Ride

A dozen or so members enjoyed a ride to the John Coles Nursery in South Jandakot. The nursery was quite spectacular with the camellias in bloom and although no mars bars are available there, they do provide a good Devonshire tea.

Colin Farmer

A letter from your editor.

This issue has been a delight to publish as there was twice as much material as space on paper. I would like to thank you all and hope this trend continues. For all you people that searched this issue for THE CTA ACHIEVEMENT RIDES STORY by Neil Porteous that was to be continued. I have to give my apologies as I just ran out of room in this issue however I hope to publish it in issue No 96. Thank you all Ed.



MATCHING RIDES TO YOUR OWN ABILITY

The CTA has always had a policy of offering rides of differing degrees of difficulty so that we cater for the wide range of riding skills and expectations of our members.

The grading of rides has varied somewhat over the years. Sometimes it has been a simple asterisk (*) system, sometimes a system employing descriptions like "easy", "moderate", "difficult" and so on. Almost always, an estimate of distance has been given so that intending riders can judge whether they are capable of completing the ride and in a reasonable time.

The CTA has also had a policy that the Ride Leader must ensure that slower riders are always accompanied and a so-called "tail-end charlie" is usually nominated on the day.

Ride Leaders for some of the more difficult rides are now having increasing difficulty in maintaining

control of their rides because of a tendency by some riders to tackle rides for which they do not yet have the necessary fitness and speed.

The Committee has therefore decided to trial a new type of ride classification for some of the harder rides which essentially says "this ride is only for riders who have recently completed a certain Achievement Ride. If you have not done this Achievement Ride, but have done something which you think equivalent, discuss it before hand with the Ride Leader. It is up to him to admit you to the ride or not.

The Rides Calendar in this issue contains some rides of this type. We hope this will allow everyone, including Ride Leaders, to enjoy the rides they do go on. We hope it also encourages people to tackle the Achievement Rides which are all about personal achievement.

Ron Bowyer

RIDES CALENDER AUGUST -SEPTEMBER

August 4

Audax Randonnee 600km

Very hard NOTE the Saturday 6.00am start.

Meet Kelmscott railway station at 5.30am for a start at 6 am SHARP. The course Kelmscott - Brookton - Narrogin - Williams - Darkan - Boyup Brook - Donnybrook - Waterloo - Pinjarra - Kelmscott. Only for the very fit, lights essential. Ring the organiser for your entry forms. Entries close July 28.

Organiser J. Martin

293-8170 (home)

August 5

40km Easy pace start 9am

Meet King's Park log for a ride via Lake Monger and Herdsmans Lake to Scarborough for morning tea, returning via the coast.

Leader Noel Eddington

293-1305 (home)

August 12

30km Easy Pace start 9.30am

Meet at the changerooms on the north west side of Perry Lakes for a leisurely ride to a secret morning tea stop and return.

Leader Dale Neill

447-8168

****ALTERNATE****

August 12

Achievement Ride

200km Hilly Terrain, Hard Ride.

Meet at Midland Forum Hall 6.30am for a 7 am SHARP start and ride along the hard but very pretty Toodyay - Bindoon course. Maximum time allowed 12 hours. Lights essential. Members only.

Organiser Colin Farmer

330-4441(home)

August 18,19

Nannup ATB Weekend

Meet at Stockman and Son, Loton Avenue, Midland at 7.30 am for 8.00 am departure on Saturday 18.

Travel by bus to Ludlow, cycle on old railway line to Nannup approx. 60k, overnight at Nannup Hotel. On Sunday cycle towards Balingup along Blackwood River, bus back to Midland arriving late Sunday afternoon. All luggage will be carried by bus while cycling and cups of tea supplied en route. Note - all terrain bikes recommended.

Cost - hotel accommodation \$18 each transport \$12 each.

Bookings by 10 August to Aileen Martin 293-8170

August 19

Morning Tea at Jarrahdale

70km hilly terrain start 9.00 am.

Meet at Kelmscott Railway Station for a ride to the Curralong Park Tea rooms, returning by the Nettleton Road scenic route. This is a tough ride and starters will be confined to those holding a recent 100km achievement award.

Leader: Colin Farmer

330-4441 (Home)

To page 8

FOR SALE

Shogun Alpine GT 61cm frame, 3 months old, bought for cycle tour of NZ. Done less than 1000km. Triple chain ring, all necessary lugs. Suit tall to very tall rider. New price \$750. Sell for \$600 ONO. View at Avocet Cycles. Phone Russell Lagdon on 325-0181 (work) or 367-9497 (home).

August 26**10,000 in 8 hours****110 km extra hard and hilly start 8.30 am**

Meet at Kelmscott Railway Station 8.00 am for an 8.30 start to the year's hardest ride which requires you to climb 10,000 feet in less than 8 hours. Members only.

Organiser: Bob Stockman 293-5278 (home)

September 1,2**Christmas in September Pannier Tour.****Two days Hilly Terrain start Saturday 11.00 am.**

Meet at Stockman & Son 15 Ioton Avenue, Midland for a ride through Darlington to the Mundaring Weir Youth Hostel. The new hostel manager will provide a 3 course traditional Christmas meal for you. Sunday we will ride across to watch (or take part in) the Walnut Road hill climb before returning to Midland. Cost \$25 per head (Christmas dinner and accommodation). Please make out your cheques to YHA - Mundaring and forward them to C. Farmer, 57 Stoneham Road, Attadale 6156.

Bookings close August 15.

ALTERNATE**September 2****Walnut Rd Hill Climb**

**Meet at Pickering Brook Store 10.00 am
(Cnr Canning & Pickering Brook Rd)**

A short scenic ride to the Observatory to meet tour group prior to the hill climb.

Leader Aileen Martin 293-8170 (home)

September 7,8,9**CTA York Weekend****and Audax 200,300,400,600 and 1,000 km**

See separate article on the Notice Board.

CTA Organiser: Kleber Claux 458-7519 (home)

Audax Organiser: John Martin 293-8170 (home)

September 16**Cappuccino at Midland Markets****60 km moderate pace start 9.30 am**

Meet at the Kings Park log for a ride to Midland Markets and return after cappuccino. All starters must have completed a recent 50 km achievement ride.

Leader: Graeme Burton 451-8982

September 23**Rockingham Ride 140km****Hard and hilly start 8.00 am**

Meet Kelmscott Railway Station for a ride to Rockingham via Glen Eagles and Jarrahdale, returning to Kelmscott 100km achievement award required.

Leader: John Walker 390-6557 (home)

ALTERNATE**September 23****Run Rapids Run ATB Ride****Approx 3 hours very hilly start 9.00 am**

Meet at the corner of Peachey and Morrison Roads Swan View at 9 am for a challenging and exhilarating ride. Mountain bikes essential.

Leader: John Meakin 332-5550(home)

September 30**Carrage Coffee Shop Ride 60km****Easy pace start 9.00 am**

Meet at Kings Park log for a ride down the coast via Claremont and Cottesloe to enjoy morning tea at the Carrage Coffee Shop in Freo, returning afterwards to Kings Park.

Leader: Arie Lemson 307-5820 (home)

October 7**Northern Suburbs Ride 60km****Easy pace start 8.30am**

Meet at Lake Monger south east car park for a tour of the northern suburbs, stopping at Scarborough for morning tea and then returning.

Leader: Mike Waters 444-4832 (home)

C.T.A. COMMITTEE 1990

PRESIDENT:	Arie Lemson	307 5820 (h)
VICE PRESIDENT:	Ron Bowyer	382 3993 (h)
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	Colin Farmer	330 4441 (h)
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Correspondence to P.O. Box 174 Wembley W.A. 6014
For details of club membership please contact the Treasurer.