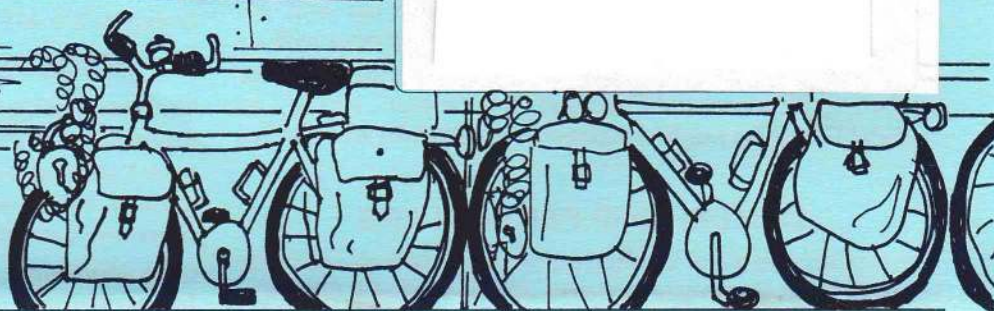




S.A. tour '95

BRAVING THE WATERING HOLES

cta



Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (Inc.)**

Volume 123

May/June, 1995

EDITOR: Steve Blackburn

PRESIDENT ON PAGE ONE

Hello to you all! Once again my words of (dubious) wisdom grace the front cover of our prestigious journal, and with these words I would like to welcome you all to yet another edition. I also hope that you all enjoyed a happy and safe Easter, as well as copious amounts of cycling - I know I have!

Over the preceding months, the club has enjoyed many great events. Night rides on balmy evenings have been very popular, and will be a feature in the rides calendar once the warmer weather returns. February's social evening yielded inspiring words and slides from Pamela Watson, who spent 18 months travelling over 14,000km in Africa alone. March saw a very successful weekend at Bunbury, as well as the hugely wonderful (and I should know!) South Australian Tour.

The Touring Committee and especially Jenny Knight should be congratulated on the tremendous effort in organising this tour. There were a few setbacks with colds, sore knees and poor weather, but Jenny did a wonderful job, and the fact that everyone enjoyed themselves is testament to that - well done! During the tour, Tasmania was discussed, and almost everyone who did South Australia was very interested in going to Tasmania. From looking at what Peter Lundy has planned, I'll be going!!

Bike Week was also beneficial to the Club. At the Bike to Work breakfast attended by approximately 600 people, we had a good participation from CTA members, and CTA information distributed to the other people there was well received. The two rides hosted by CTA both had a reasonable turn out of interested members of the public, as well as being enjoyable jaunts.

I have also received a brochure of the On Your Bike tour - *Beach to Bush Tour '95*. Being set in the tranquil South West, and with the option of taking mountain bike routes, this promises to be an enjoyable tour. I have even received expressions of interest from people interstate. I suggest if you wish to go, you don't delay too long as places are limited.

Starting at the end of April are the Achievement/Challenge series. For those of you who just started cycling seriously, and wish to

progress to touring, these rides are a good place to start and train for. By completing the Challenge series, you are in a strong position to handle most tours, and with the Super Achiever, you are doubly so! If you are unsure of how the Challenge or Super Achiever series works, please contact a Committee member, and they will explain it (*or check inside this newsletter - Ed.*).

Being in the land of 'writing articles for the newsletter', this was penned before Donnelly River - but from what I have seen of Mark Elliott's planning, I'm sure it's going to be great.

Other events to look forward to are firstly, the Serpentine Tour on the June long weekend (3rd/5th). This tour is a great introductory tour, so you can see what it's all about. Since it only a 3 day tour you don't have to lug quite as much gear as you would for an extended tour. If you can't come for the whole tour, join us for half a day or use alternate transport to share a night with us. The second event is Christmas in July - once again held in Toodyay. This is a great weekend away and a good chance to do a quite demanding but very nice ride, then party the night away. (*I believe they have quite a good fire there to! - Ed.*) For those of you who don't wish to ride from Perth, a shorter alternative is provided. If you can't make any of the rides, use alternative transport to join us for the evening. Of course, you may be asked to help out a rider on the Sunday who just maybe had a bit too much fun the previous night.

Well, I hope the cold, wet winter doesn't dampen your cycling spirit, as a warm shower or bath is so much more pleasurable if you have earned it by doing a ride. Anyway, enjoy the newsletter, cycle safely and I'll hopefully see you on your bike!

Simon Koek



**WINTER
IS UPON US!
BEWARE THE
LIGHTNING FLAT.**

MEMBERSHIP FEES

Just a reminder that at the last Annual General Meeting held on 11 December 1994 fees (full year) were set for membership as follows:

1. Individual membership \$30.00
2. New members \$25.00
3. Full-time students/Pensioners \$15.00
4. Dependants under 18 no charge.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

MEMBERSHIP PARTICULARS

All members are asked to confirm their current address and phone numbers with Committee members. If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us - it makes it so much easier to ensure you are kept up to date with the important things in life!

NEW MEMBERS

A hearty welcome is extended to the new members who have joined (or rejoined after a break of at least 12 months) since the production of the last Newsletter.

Ronald Alcorn	Graham Blackwell	Shelley Blakely
Diane Dejonge	Allan Duff	Mary George
Sally George	Sam George	Robert Hethrington
Carlene Jones	Sue Lacey	Leederville TAFE
Arthur Lucas-Hill	Valerie Lucas-Hill	John Maddison
Brad Mettam	Ida O'Connell	David Ralph
Paul Tallentire	Michael Waters	Mike Willis

Hope to see you "on your bike" on one of the announced rides in this calendar..

INFORMAL RIDES

For those who do not wish to join the organised ride of the day but would like still some company, a time and place will sometimes be given for informal rides. This is generally the Causeway car park (number 2, near the bike hire shed). It is up to those who turn up on the day to decide where and for how long to ride. This may mean that separate groups may decide on a short, easy or long, hard ride etc. Try it out if none of the rostered rides appeal to you - you may like it!

AUDAX AUSTRALIA

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event the rider is eligible for a certificate and medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Thereby you are able to gain the very generous personal injury and income protection cover afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on

the distance to be travelled. Further information and a program of events is available by contacting Mr Don Briggs on 458-8175(H) or checking the Events Calendar.

SOCIAL EVENINGS

These are usually (but not always) held on the first Friday of each month and the current venue is the Ernest Johnson Oval Guide and Scout Hall. Turn right off South Terrace into Fortune Street, then right again into Pilgrim Street in South Perth. Ample parking is available. For further details contact the Social Secretary, Sally Stobie on 275-4417 (H).

ACHIEVEMENT/CHALLENGE SERIES

The first of the Challenge/Achiever rides was held on the 30th April in beautiful riding conditions and gentle breezes. This was designed to suck you in so that you have to suffer later on when you are doing a stormy, wet and windy 300km ride! Only kidding (I hope!). Those riders who successfully beat the clock were:

Craig Abernethy	Amanda Annells	Maria Antonas
Jose Arregui	Steve Blackburn	Paul Bonetti
Dennis Braddon	Andrew Candy	Don Caplin
Bob Clapp	Malcolm Clark	Carole Czermak
Janet Deverill	Noel Eddington	Mark Elliott
Bob Hetherington	Tony Humphreys	Jenny Knight
Simon Koek	Glenys Maddison	John Maddison
Birgit Modrow	Sue Nilan	Mark Nilan
Neil Porteous	Debbie Selfe	David Stobie
Max Talbot	Dave Indurain Uren	Mike Waters
Lance Whiteford	Mark Wilcox	Anne Wilson
Neil Winter		

CTA LIBRARY

For new members and those of us who did not know the CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may be only borrowed for 4 weeks by contacting your Social Secretary, Sally on the night.

Contributions to the library would be greatly appreciated so do not dispose of any cycling literature which you feel may be relevant. We also propose to expand the library from time to time from funds, and new titles will critiqued in the Newsletter.

EXCEED SPORTS NUTRITION PRODUCTS

The following products are available to club members at reduced costs and can be ordered by contacting Neil Stooke PH: 222-8134[W]. Payment prior to ordering of the goods is required.

Fluid & Energy Replacement, 600g tin*

High Carbohydrate Source, 512g

* note that we are currently buying the 600g tins until we can get stocks of the 1.5kg bags (we are paying the same price per gram for the tins as for the bags!)

FOR SALE/WANTED

Members can place advertisements under this heading free of charge and may include anything cycling related including even "Arnold Schwarzenegger" male riders for feminine cyclists wishing companionship.

For Sale

Rare, hand-made Cannondale Mountain Bike. Very unusual, top quality, forced sale \$750 ono. Please ring 276-6682 for details.

BARGAIN - A you beaut bike at a you beaut price. For a bargain bike with shimano gear, computer etc, (it must be fresh in from Queensland at the very special price), ring Sue Nilan on 397-0804 for details.

For Sale: - A Trans-Alp Biker Tent. Brand new \$220. Ring Warwick Lang on 337-2681(H).



Biker Bivouac Tent

TOURS AND RIDES UPDATE

TASMANIA 3RD FEB-3RD MARCH, 1996

The touring sub-committee is planning a 4 week cycle tour of Tasmania from the 3rd of February to the 3rd of March in 1996. We plan to start the tour in Launceston and follow a route through Devonport, Cradle Mountain, Strahm, Queenstown and Derwent Bridge to Hobart. The route is very hilly and so we are not intending to cover large distances daily.

This will be a fully self-contained pannier tour, sleeping in tents and Youth Hostels where possible. Some dearer accommodation will be required occasionally (e.g. Cradle Mountain due to weather unpredictability).

Depending on interest, there may be an optional two week extension to the tour to enable those interested (and with heaps of leave available) to cycle from Hobart to Launceston via the East coast.

If you want to know more or want to register your interest in this tour, please contact one of the touring sub-committee listed below.

Committee: Peter Lundy (247-1625), Stan Wiechecki (448-2335), Tony Humphreys (447-9014), Jenny Knight (330-3196).

XMAS IN JULY

Join with us to celebrate the festive season without the hassle of presents, 'who's cooking the turkey?' and the relatives. Following the success of last year we are having Christmas in July at the restored / rebuilt Freemasons Hotel in Toodyay. Accommodation will be in twin, single or family rooms so please specify your preference when booking. Costs per person will be around \$21.00 for the room and \$22.00 for the meal.

There are two routes to get there.

Ride 1 Leaves from Midland and travels through the picturesque Chittering Valley. Meet Stan Wiechecki before 8.00am at the Midland Town Hall. Distance about 100km.

Ride 2 Leaves from the Police Station (Safe parking for your car?) at Wundowie and traverses the farming and forests districts in the region. Join Noel Eddington at 1.30pm for a leisurely ride over 40-45km. Fancy dress (or even clothes!) is optional.

For bookings Phone Noel Eddington on 293 1305(H or W) or Stan Wiechecki on 448 2335(H)

DEAR CTA,

A funny thing happened to me the other day; there I was heading off on a ride with my regular riding partner Carmel Moran. At the time we were clocking 40km/hr as we were travelling down the hilly end of Salvado Road, when what should happen? Yes, no prizes for the right answer... a car came through the stop sign. Carmel was luckily a little further back than I, so she could negotiate flicking her bike around the car. Not so me, and I hit the car (sounds ironic!). Fortunately I chose to side swipe the vehicle rather than attempt a one and a half turn with closing somersault over the vehicle!

I am eternally grateful to whomever for watching over me and not putting me in the position of contemplating my life from a spinal unit. I did hit my head very hard on the side of the vehicle and it was the most stabbing pain I have ever experienced. Thank you helmet! As a result I spent a week in hospital, and, in fact, have only just returned home. I have had to have my shoulder operated on, with a pin inserted and a sling in place for another six to eight weeks. I have also got stiches in my left arm where, I think, my brake lever was driven into it.

So I am writing to tell you to always wear your helmet (not that you need to be told!) and always have eye contact with the drivers of vehicles that are going to cross your path. If they don't appear to look at you, back off. Having said that, this has always been my golden rule after being hit 12 years ago in exactly the same circumstances, and I got lazy and did not take heed of my own rules. Expensive lesson.!!!

Laraine Reason

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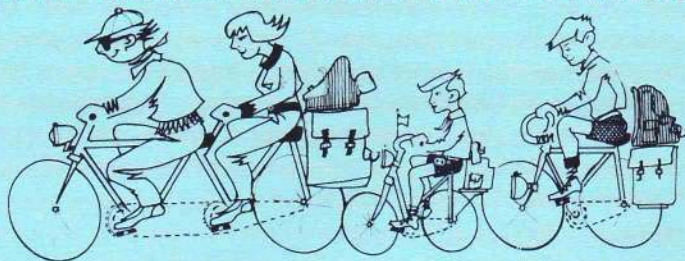
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CTA BUNBURY LONG WEEKEND 4-6 MARCH



As a new member I thought CTA had excelled itself in the scope of its organisation down in Bunbury; concerts, street closures, fireworks, wild cheering crowds, street stalls, art exhibitions... all to coincide with our long weekend ride - amazing. But I quickly realised we weren't the only act in town. Far from it. There were triathletes, Epicurian Frogs, Dragon Boaters, power boat racers, local boys doing laps of the main street, burning out tyres, and then us. The Youth Hostel was full to exploding with bikes, bodies, tents and cats everywhere.

On Saturday morning with one quick look at what the triathletes were riding, I was soon suffering with equipment envy. Those guys sure know how to spend their money. But what's the use? Where can you possibly stick your panniers on those carbon fibre creations?

And I learnt (yet again) that it is possible to have headwinds all day long. This was on a 82km Bunbury-Boyanup-Capel-Peppermint Grove-Bunbury loop. We didn't stop at all those places for Dts, but we tried! The best food stop of the day was the Bubbling Billy. They did such great looking sandwiches that Janet, Paul and I, who decided foolishly not to eat at that stage, were suffering bably from sandwich envy. And for the amusement of the bunch, the big heads in the crew had a 'who's got the biggest skull' contest. They all tried on Jenny's helmet. And the winner was... surprise, surprise... Jenny. So now it's official.

The ride was more or less lead by Bob Clapp and Brian Gale. No sign had yet been seen of the official leader (*some of us have to show the working prolariat a good example... Ed*), and he couldn't have been complaining about headwinds with *that* bike (*he wasn't!... Ed*). It was really interesting riding with Bob as he's no spring chicken, and out in the countryside is where Bob's roots are. This is where he was born, grew up, and first went to school. So if Bob didn't know about something, then it couldn't be known.

A late change of plans saw us duck into Peppermint Grove, a really lovely little beach just South of Bunbury. The conditions were perfect; sun, sand, and sea, but we'd brought no swimmers (*bathers*). The problem was solved by designating girls and boys beaches (oh for the eyes of an eagle - "now Simon, where did you say you had put those binoculars"?). Just as we were leaving a pod of 6 dolphins started playing just off the beach. They are superb animals to watch. And if they don't have any hassles swimming together naked...

In the latter stages of the day organiser Steve finally made his late arrival (cheating slightly; we were running on coffee, carrot cake and chocolate, Steve had been running on carbon!). Congrats to Bridget for a new personal best distance, but what was that you muttered? Wanting to do 200km by years end? Now it's here in black and white (*sort of!*) the pressure is on.

That night we all ate in the innovative 'Memeries of the Bond Store'. Great food. I had barbecued coat of arms ('roo and emu with croc and buffalo on the side), but Simon and Paul disgusted everyone by finishing off having simultaneous chocolate orgasms. And after all that some of us stayed up late at the YHA working on our hangovers.

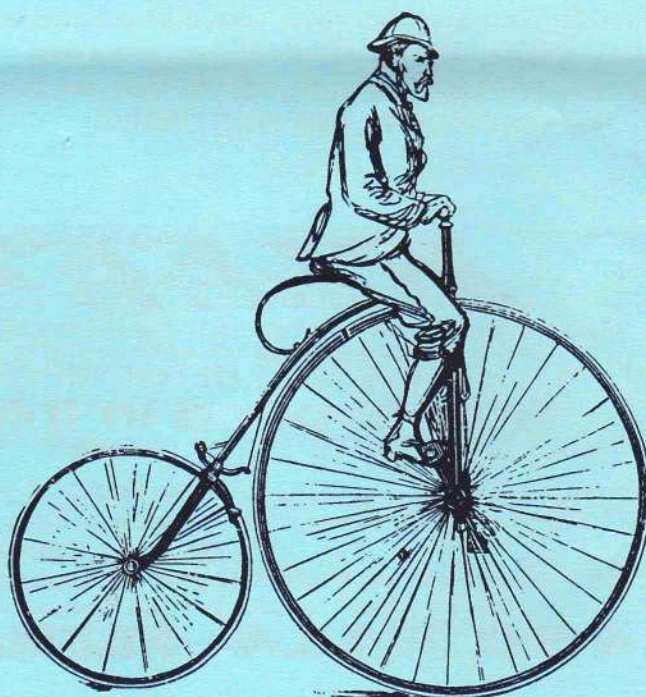
On Sunday there were two rides planned: firstly a 4am start for a 800km ride to Albany (via Broome?? according to the blackboard) and they're still out there somewhere riding I suppose. The second ride was an 80km Dardanup-Ferguson Road-Upper Ferguson Road loop and return. I took ride number 2. This time it was Brian's turn to reminisce about the old days and the dances at the old Ferguson Hall. (What really happened out the back when you were a lad??) On the way back we took a 'scenic' diversion, just to make sure we had a headwind the whole way. It was on this ride that I discovered that in the CTA, ones riding ability is considered secondary to ones singing ability...

Monday. The first part of the day's ride was really easy; Bunbury to Donnybrook (by car). Once we'd got the bikes off the cars, done the warmups and the stretching, we were off. And then with 260 metres on the clock we got down to the serious business, the first coffee shop of the day.

Finally back on the bikes we restarted our 53km ride on very quiet roads from Donnybrook to Kirup (via Upper Capel Road) and return to Donnybrook (via Thompson Brook Road/Sandhills Road). There were steep uphill and fast downhill (Paul gets speedfreaks award with a maximum of 79km/hr (a personal best but better luck time to break the 80 barrier). WARNING - the use of the maximum speed function is a health hazard. The crew got plenty of breaks while I nursed my front tyre around the course. I told Paul I was just waiting for my tyres to wear out so I could buy newer, better ones - but I got my wish sooner than expected.. On the way to Donnybrook my front tyre had been so badly burnt by the car exhaust gases that a 15mm hole had been put in the side wall. We did a quick repair at the start, and a few more out on the track, so by the end of the ride inside my tyre were the tube, a drink bottle, a yoghurt container, half a metre of tape and 3 new tube patches! At least it worked.

The lunch stop for Kirup Pies was fantastic, best pies in the South West. Definately worth going all that way for. This being a DT faction ride, of course we finished up in Donnybrook with yet another round of drinks at the opposition, the other coffee shop (for fairness). Finally, before heading for home we loaded up at a really cheap fruit stall, buying up big on healthy things to counteract the weekends' junkfood blitz.

Graham Blackwell



LETTER FROM VICTORIA

First a very big 'Hi' to all cycle aficionados at CTA and especially to the many friends amongst the ranks who made my cycling in WA so enjoyable. Yes, I'm still alive and well and involved in cycling over here - although not to the same degree that my spare time over in the West permitted me to indulge in.

I am now established in a good Legal position in Morwell, one and a half hours drive from our East Bentleigh home. So although I live during the week in Morwell, I am able to drive home every weekend to be with the family.

Until recently, I have enjoyed riding before work during the week. New routes I have discovered give me a reasonable work-out with forestry views past the A.P.M. paper mills. With the recent move away from daylight saving I must admit the cold and darkness has not exactly been conducive to getting out early mornings. So the bicycle has remained back home in East Bentleigh over the past few weeks.

On weekends however I have really enjoyed my favourite circuit round Bay Road for 30km or so in the mornings. The vistas of Port Phillip Bay are great and the popularity of the route for cyclists is such that (particularly on a Sunday morning) the cyclists far outnumber motorists.

Earlier this year and before I started in Morewell, Janine and I took a number of delightful rides around the Bay on cycle paths to St Kilda Pier and beyond for the inevitable cappuccino stop and other refreshments. Another most enjoyable ride was one through Westgate Park (a nature reserve developed from previous industrial wasteland at the foot of Westgate Bridge - one of Melbourne's scenic landmark viewing spots) to the Yarra River Punt (operating a ferry service across to historic Williamstown. From there we returned to Southgate Shopping Complex (on the South side of the Yarra from Flinders Street Station) for a refuel. We might tackle this ride over Easter - but take the punt over to Williamstown with friends to explore some of the very pretty precincts of this historic portside village.

Other well worthwhile rides have been into Melbourne from East Bentleigh for yet another 'cappuccino crawl' to Southgate and return. The newly established cycle path down the length of St Kilda Road has made cycling into town so much more enjoyable than the previous jousting with the myriad motorists 'sharing' the road. We have also ridden into town via the Gardiners Creek Cycle Path which meanders through very pretty parkland and the near city beside the Yarra River. More's the pity that a large portion of this cycleway is now closed to us due to road works associated with a local freeway upgrade. Still, there are many more kilometres of good cycleway paths for us to explore on the occasional good weather days we still might have before the real cold and rain of Winter set in. Janine has recently acquired a new Shogun Metro bike and is really enjoying her new found freedom this affords her.

I have not attended any Audax rides since my return to Victoria - apart from an enjoyable mid-January overnight ride from the centre of Melbourne to Sorrento down the Mornington Peninsula and return. The vistas of patrons spilling out of night spots on their way home at 2am was an intriguing sight as we rode past on our bikes. Ribald comments as to our sanity were common from many revellers. I am not going to inflict a description of this ride on members (much to the relief of many readers no doubt) and my only other reference to Audax rides is to say that I did not join in the 'Classic Alpine 200' in the last weekend in January due to my shift to Morewell that weekend. Those who have read a description of the ride in the Audax magazine will recall that (contrary to the usual heatwave conditions) the riders faced torrential rain - not a pleasant prospect in returning from the top of Mount Buffalo!

Well that is about all from this end at present. I will hope to send a review of an intriguing bicycling publication by Ray Peace - 'Bicycling around Victoria'. Contrary to the book's title, this does include many easy rides around Melbourne and some we hope to embark on over the Easter break.

Kind regards to all and 'Happy Cycling'.

Roger Stevenson (Past Editor CTA)

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Editors Chit

Have you ever really loved something but wish a nuclear bomb would drop on it occasionally? Has the love of your life developed a case of creeping detestation? Then you probably understand how I feel about computers at the moment! I am the LAN (local area network) supervisor for the departmental computer network (as a sideline to my *real* job as a hospital pharmacist) - which normally keeps me sane and looking forward to going to work. Enter the unknown glitch! Something which creates havoc with data files. Applications which get into inextricably involved loops. The patient file that never seems to contain the data you need. Sound familiar?

"Where is all this leading?", you ask. Well unfortunately this unknown malady was transferred to my brain and then to my computer at home - where this newsletter is produced. The scanner went on the fritz with an unknown malady, I had a mental aberration and, in a sleep induced trance, wiped a data disk with the CTA files, and then to complete my state of euphoria, I installed *Word 6* on the Mac - only to regret this decision every day I try and talk to all my previous files!

So the newsletter is late, but it is a newsletter. My apologies to anyone who was going into withdrawal, and to everyone affected by the late rides calendar. I tried to get a flyer out to most people in the metropolitan area in time for the social evening, so hope the impact wasn't too severe.

There were meant to be several South Australian Sagas in print from the recently returned tourists but, unfortunately, they seem to be rather busy reforging links with their loved ones and jobs at present.

Perhaps they will have time to make the next newsletter (hint, hint!).

You will notice that there is a letter from Roger Stevenson, last years' editor. It was good to hear from him but I think he can keep the weather all to himself! We wish Janine and Roger luck with their cycling discover tours of Victoria and hope to hear from them again.

I am sure that almost everyone enjoyed the Easter break (I worked!). Evidently the CTA weekend away was very successful for roadies and the mountain men and women. If we are lucky, someone may even write up a description of this weekend tour for the next newsletter (another hint!). The long weekend tour at Bunbury is written up and I must give my thanks to Graham for his effort. This tour saw the end of an era with the termination of contract for Brett, the last of the hippie YHA managers. He is back in Perth with hopes of running a massage and meditation centre. The CTA may well be out of yet another YHA place to stay (York YHA is no more). This will certainly be a pity since Bunbury is ideally situated for some great riding circuits and a chance to catch up with many of the members who live in this area.

Some of these members came up to Perth for the 50km Achievement/Challenge ride and, like everyone else, thoroughly enjoyed the weather and the ride itself. I must thank Peter Lundy for support on this ride - providing support on these rides and not being able to do the ride can be very frustrating. I look forward to supporting the 100km ride!

As you may have gathered, I am trying to drum up submissions to the newsletter - so if you can help, please do.

"Till next time, look after yourself and happy cycling.

Steve

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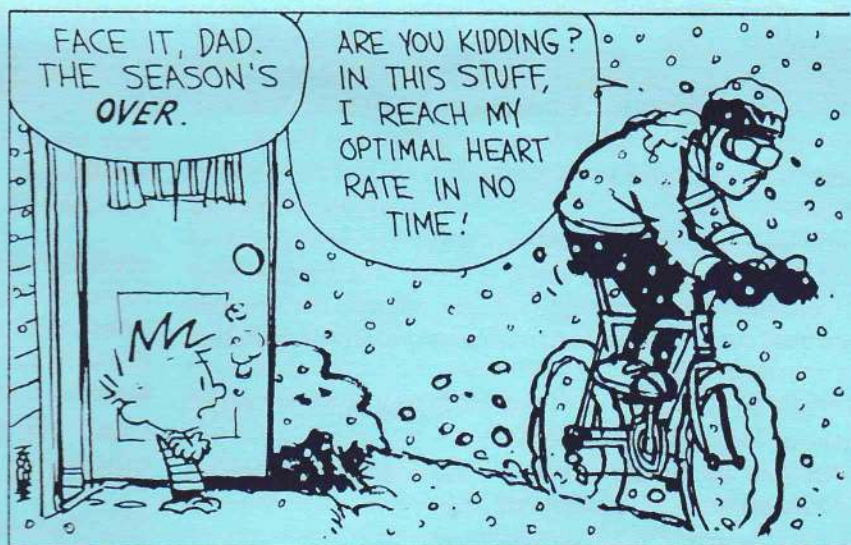
Encouraging Cycling, Promoting Safety

Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road Racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

Tune in to Radio 6NR on Thursday nights

6.45 - 7.00pm

Put a smile on your dial and tune to 927KHz



Rides Calendar — May/June 1995

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner [to fit the axle nuts if your bike is not fitted with quick release hubs]. Most importantly, bring water!

FRIDAY 19 MAY

Meet at the Ernest Johnson Guide and Scout Hall off Pilgrim St in South Perth at 7.00pm for an evening of interesting gossip, tid bits, and explanations from the recent South Australia Tour. Jenny et al will surely enthuse us all (is that like euthanasia?).

SUNDAY 21 MAY

100KM ACHIEVEMENT RIDE

Meet at the Armadale Railway Station at 8.00am for an 8.30am sharp start.

Organiser: Steve Blackburn

Ph: 313-2814

SUNDAY 28 MAY

50/100/200 AUDAX

Start 7.00am. Kelmscott Railway Station. Unsupported ride.

Organiser: Brian Hughes Ph: 451-9568

SUNDAY 28 MAY GOING N ON A NORTHERN SAFARI

60km, medium terrain, moderate pace, 8.30 am start. Meet at the Causeway carpark for a pleasant jaunt through some of Perth's inner

SOCIAL EVENING

Northern suburbs. North Perth, Mt Lawley, Bayswater, Yokine North Perth.

Leader: Nathaniel Offer Ph: 451-2183

SUNDAY 28 MAY

DEATH BY CHOCOLATE

20km, flat terrain, easy pace, 10.30 am start. Meet in Rokeby Road opposite Chokeby Road for a quick ride through Subiaco and Nedlands before a quick fix. Chocaholics only need apply.

Leader: Bridget Woodroffe Ph: 444-5098

3/5 JUNE

FOUNDATION DAY SERPENTINE LOOP PANNIER TOUR

See newsletter for further details or ring the organiser.

Organiser: Peter Lundy Ph: 247-1625

SUNDAY 4 JUNE RELATIVELY RAMBLING RIDE WITH ROSS

60-70km, flat terrain, moderate pace, 8.30 am start. Meet at Raffles carpark for a mystery tour of the Southern suburbs, stopping to sample some of the finest coffee South of the river.

Leader: Ross Cussons Ph: 317-2588

SUNDAY 4 JUNE WINDMILLS AND WHEELS

40km, flat terrain, moderate pace, 9.00 am start. Meet at the Causeway Carpark for a ride to the Dutch Windmill via the bike track and Mount Henry Bridge.

Leader: Neil Stooke Ph: 364-3899

SATURDAY 10 JUNE 600KM AUDAX

Start 5.00 am. Midland. Supported ride.

Organiser: Brian Hawes Ph: 398-4724

SUNDAY 11 JUNE SEVEN SICKER HILLS OF THE CITY

70km, hilly terrain, moderate pace, 8.30 am start. Meet at the King's Park Log carpark for a sickening regurgitation (sorry revisitation) of the City's most stimulating climbs.

Leader: Mark Nilan Ph: 397-0804

SUNDAY 11 JUNE THE GREAT MTB ESCAPE

35-40km, hilly terrain, moderate pace, 9.30 am start. Meet at the Pickering Brook shops cnr Canning and Pickering Brook Roads for an exploration of the forestry areas around Pickering Brook.

Leader: Noel Eddington Ph: 293-1305

FRIDAY 16 JUNE SOCIAL EVENING

Meet at the Ernest Johnson Guide and Scout Hall off Pilgrim St in South Perth at 7.00 pm to listen to Terry Boland, adventurer extraordinaire. Terry has managed to kayak, run, hike and mountain bike around many parts of this great continent and is coming to share his experiences with us.

SUNDAY 18 JUNE 160KM ACHIEVEMENT RIDE

Organiser: Maria Antonas Ph: 444-3951

SATURDAY 24 JUNE 50/100/200KM AUDAX

Start 8.00 am Bunbury. Unsupported ride

Organiser: Brett Rutherford Ph: 339-7059

SUNDAY 25 JUNE CHIPS AT CHIDLOW

80-90km, hilly terrain, moderate pace, 8.30 am start. Meet at the Midland Town hall for a ride up Red Hill to Gidgegannup, then on to Woorooloo via Bailup Road. Chips at Chidlow, then back to Midland via Parkerville and John Forrest National Park.

Leader: Kleber Claux Ph: 458-7519

SUNDAY 25 JUNE RAMBLING ROSE

40km, flat terrain, easy pace, 8.30 am start. Meet at Lake Monger Powis Street carpark for a short ride for a long cappuccino with the Rose of the West our very own Vice President.

Leader: Maria Antonas Ph: 444-3951

1-2 JULY

See newsletter for further details or ring the organiser.

Organiser: Simon Koek Ph: 271-2959

FRIDAY 7 JULY**400/600KM AUDAX**

Start 10pm at Gosnells. Unsupported ride

Organiser: Don Briggs Ph: 458-8175

SUNDAY 9 JULY SUSS OUT SERPENTINE SORTIE

75km hilly terrain, moderate pace, 9.00 am start. Meet at Armadale Railway Station for a ride to the Serpentine pipehead dam taking in Byford, Jarradale and Mundijong with a lunch stop to catch your breath along the way

Leader: Lance Whiteford Ph: 249-1971

SUNDAY 9 JULY BREAKFAST FIT FOR A QUEEN

10km, flat terrain, fast pace, 9.00 am start. Meet at Lake Monger Powis Street Carpark for a quick ride to Queen's Hotel for breakfast. Rumour has it that Amanda is attempting to improve on the Audax control point times so be ready for some fast eating.

Leader: Amanda Annells Ph: 349-8656

FRIDAY 14 JULY**SOCIAL EVENING**

Tonight we meet at Pady Pallin's at 905 Hay Street at 7.00pm to find out what's new, and tried and proven in outdoor gear- particularly cycling gear. This night is always popular and Darryl has assured us there will be lots of exciting new gear to look at. Supper is also available. See you there!

SUNDAY 16 JULY DEFINITELY NOT THE CROATIAN ISLANDS RIDE

40km, flat terrain, easy pace, 9.00 am start. Meet at the Causeway carpark for a rediscovery ride round the river bikepath stopping for refreshments at Freo Fast Eddies (Be very wary of any Croatian Islands in the vicinity of Fast Eddies. This area has been very bad karma for CTA members).

Leader: Ron Bowyer Ph: 381-8548

SUNDAY 16 JULY STEVE'S CIRCUITOUS SOUTHERN ROUTE

80km, flat terrain, moderate fast pace, 9.00 am start. Meet at Raffles car park for a ride to Rockingham via Mandogalup and return.

Leader: Steve Blackburn Ph: 313-2814

SUNDAY 23 JULY SWAN VALLEY SOJOURN

80-90km, medium terrain, moderate pace, 8.30 am start. Meet at Yokine Reserve Dianella for a ride through the foot hills and the Swan valley, stopping only for essential coffee and cake.

Leader: David Stobie Ph: 275-4417

SATURDAY 29 JULY**200KM CHALLENGE ACHIEVEMENT RIDE**

Start 7.00 am Midland. Supported ride in combination with Audax.

Organiser: Mark Nilan Ph: 397-0804

Typesetting: Steve Blackburn

Printing: Terrace Print

C.T.A. COMMITTEE – 1995

PRESIDENT: Simon Koek	271-2959 (H)	EDITOR: Steve Blackburn	313-2814 (H)
VICE-PRESIDENT: Maria Antonas	444-3951 (H)	RIDES CO-ORDINATOR: David Uren	368-1993 (H)
SECRETARY: Mark Elliott	382-1961 (H)	TOUR CO-ORDINATOR: Stan Wiechecki	448-2335 (H)
TREASURER: Peter Lundy	247-1625 (H)	SOCIAL SECRETARY: Sally Stobie	275-4417 (H)
ADMINISTRATION: Neil Stooke	222-8134 (W)	AUDAX REPRESENTATIVE: Mark Nilan	397-0804 (H)

CORRESPONDENCE To P.O. Box 174 WEMBLEY 6014

FOR MEMBERSHIP DETAILS CONTACT THE TREASURER

Cycle Touring Association of WA (Inc)

The cyclists association fostering cycle touring and protecting the interests of cyclists.

Correspondence: PO Box 174, Wembley WA 6014



Cyclists - Are you interested in

Sunday morning rides to indulge in cappuccino and pastries... Day rides through the Darling Then the CTA is for YOU!

Membership Application/Renewal

Given Names	Surname		
Number and Street			
Suburb		State	Post Code
Phone: [Home]		[Work]	[Fax]

- ☐ Student (\$15.00) \$..... ☐ Pensioner (\$15.00) \$..... ☐ Adult (\$30.00) \$.....
☐ New Members (\$25.00) \$..... ☐ Club (\$50) \$.....

Dependants (under 18): free (given names)

- 1..... 4.....
2..... 5.....
3..... 6.....

I enclose a cheque money order for \$.....

I/We wish to become members of the Cycle Touring Association of WA (Inc) and agree to abide by all the rules and by-laws of the Association.

Signed:..... Date:.....

Forward to: The Treasurer, CTA, PO Box 174, Wembley WA 6014

for further information contact:
Simon Koek 271-2959 [H] 326-4971 [W]
or see the Sports Column in Saturday's West

Socialising with cyclists..... Ranges..... Weekend tours through our scenic State..... Interstate and international tours..... Achievement.....

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road bikes, mountain bikes, recumbents or just the joys of the sport of cycling..... or Challenge ride badges for 50km up to 300km rides..... Finding out more about your bike