



Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (Inc.)**

Volume 126

November/December, 1995

EDITOR: Steve Blackburn

ANNUAL GENERAL MEETING

Sunday, 10th December 1995

Earnest Johnson Oval Guide and Scout Hall

Morning Tea 10am, Meeting 10:30am

AGENDA

- Minutes of the 1994 Annual General Meeting (AGM)
- Reports from the President, Treasurer, Rides Coordinator, Social Secretary, Newsletter Editor, Beach to Bush Tour 1995 Sub-Committee
- Cycle Challenge Award recipients
- Cycle Tourist of the Year Award
- Ride of the Year Award
- Newsletter Article of the Year Award
- Conferment of Life Memberships
- Election of Office Bearers for 1996
- General Business

CYCLE TOURIST OF THE YEAR

Nominations are called for the Cycle Tourist of the Year 1995. The award is made by the Association to the member who, in the opinion of the membership, has contributed most to cycle touring and the CTA throughout the year, whilst setting the highest standards in terms of ability and attitude towards fellow cyclists. Past recipients cannot be renominated. Record your vote at the AGM, or by mailing the name of your nominee to us if you are unlikely to attend. Our address is:

CTA of WA Inc, PO Box 174, Wembley, WA 6014

Previous recipients of the award are:

- | | |
|----------------------|-----------------------|
| 1978 Nicole Harrison | 1987 John Sherwood |
| 1979 Wayne Lally | 1988 Martin Bunny |
| 1980 Neil Porteous | 1989 Kleber Claux |
| 1981 Mark Bettell | 1990 Arie Lemson |
| 1982 Dale Neill | 1991 Brett Rutherford |

1983 John Martin

1984 Ian Hore

1985 Bob Stockman

1986 Ron Bowyer

1992 Simon Koek

1993 Mark Nilan

1994 Stan Wiechecki

1995 ?

RIDE OF THE YEAR

This is an opportunity for you to nominate your favourite ride, weekend away or tour. It's an opportunity for you to show your appreciation to a ride organiser, and for the club to recognise and reward their effort.

ELECTION OF COMMITTEE MEMBERS FOR 1996

Nominations for Honorary President, Honorary Vice-President, Honorary Secretary, Honorary Treasurer and 4 Committee Members can be received up to and on the day of the AGM. All nominations shall have a proposer and a seconder, and shall be announced at the AGM. Nominees, proposers and seconds must all be voting members of the Association.

PRESIDENT ON PAGE ONE

Greetings to all! Well, here we are, at the end of another year. I must say that I think this year has been a good one for the club, as it has offered many and varied events and activities. Over the last year, the club has been hostelling in Bunbury, cycle touring around South Australia, Easter-ing in Donnelly River, touring around Serpentine, Christmas cheering in Toodyay, mountain biking around Waroona, feasting at Blinkbonny Cottage, bush camping at Kalamunda and On Your Bike-ing in the South West. In addition to this, we've also had many interesting day rides to places like the Kwinana Power Station, Mindarie Keys, Waterwheel Tearooms, Fremantle, Northam, York, etc. I would like to thank all the people who have been responsible for these events, and the others who have contributed to the club. The club's success isn't measured only in how many people participate, but by the number of people who contribute.

I must apologise for my statement in the previous newsletter saying that there was a Bicycle Insurance Survey form contained within. At the time of writing, I had intended to include it in that newsletter, but

continued on page 3

MEMBERSHIP FEES

Just a reminder that at the last Annual General Meeting held on 11 December 1994, fees were set for membership as follows:

- | | |
|----------------------------------|------------|
| 1. Individual membership | \$30.00 |
| 2. New members | \$25.00 |
| 3. Full-time students/Pensioners | \$15.00 |
| 4. Dependants under 18 | no charge. |

It is anticipated that there will not be any major change in fees for the new year (1996). New members joining as of this newsletter should send in the appropriate amount for the full year and will receive the remainder of 1995 as a chrispy present! Existing members should note that there is a \$5 discount on fees (resulting in a \$25 fee) if they pay before the end of February, 1996. *Note that this does not apply to the student/pensioner membership fees.*

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

MEMBERSHIP PARTICULARS

All members are asked to confirm their current address and phone numbers with Committee members. If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us - it makes it so much easier to ensure you are kept up to date with the important things in life!

NEW MEMBERS

A hearty welcome is extended to the new members who have joined since the production of the last Newsletter.

Dale Cousens Warren Dawson Mary McWalter
Geoffrey Owen

Hope to see you "on your bike" on one of the announced rides in this calendar.

INFORMAL RIDES

For those who do not wish to join the organised ride of the day but would like still some company, a time and place will sometimes be given for informal rides. This is generally the Causeway car park (number 2, near the bike hire shed). It is up to those who turn up on the day to decide where and for how long to ride. This may mean that separate groups may decide on a short, easy or long, hard ride etc. Try it out if none of the rostered rides appeal to you - you may like it!

AUDAX AUSTRALIA

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event the rider is eligible for a certificate and medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Thereby you are able to gain the very generous personal injury and income protection cover afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information and a program of events is available by contacting Mr Don Briggs on 458-8175(H) or checking the Events Calendar.

SOCIAL EVENINGS

These are usually (but not always) held on the first Friday of each month and the current venue is the Ernest Johnson Oval Guide and Scout Hall. Turn right off South Terrace into Fortune Street, then right again into Pilgrim Street in South Perth. Ample parking is available. For further details contact the Social Secretary, Sally Stobie on 275-4417 (H).

ACHIEVEMENT/CHALLENGE SERIES

The series is finally over for 1995 and many people are still wiping the sweat from their brow! Unfortunately no one finished the Super Achiever series of rides for this year - but a number of keen cyclists will receive their Challenge Series badges for 1995

CTA LIBRARY

For new members and those of us who did not know the CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may be only borrowed for 4 weeks by contacting your Social Secretary, Sally on the night. Contributions to the library would be greatly appreciated so do not dispose of any cycling literature which you feel may be relevant. We also propose to expand the library from time to time from club funds, and new titles will critiqued in the Newsletter.

EXCEED SPORTS NUTRITION PRODUCTS

The following products are available to club members at reduced costs and can be ordered by contacting Neil Stooke PH: 222-8134[W]. Payment prior to ordering of the goods is required.

Fluid & Energy Replacement, 600g tin*

High Carbohydrate Source, 512g

* note that we are currently buying the 600g tins until we can stocks of the 1.5kg bags (we are paying the same price per gram for the tins as for the bags!)

FOR SALE/WANTED

Members can place advertisements under this heading free of charge and may include anything cycling related including even "Arnold Schwarzenegger" male riders for feminine cyclists wishing companionship.

★ FOR SALE: Radio Intercom Set - Collett Electronics

A helmet to helmet communicator. Hardly used - still under guarantee. \$650 ono (cost \$860 new)

Call Steve on 574-4381

★ FOR SALE: Mountain bike Diamond Back

Near new, Shimano top range gears and, clipless pedals, gel saddle. \$500 or nearest offer. Phone Jenny Knight on 339-3196 (H) for details as to size, colour etc.

continued from President on Page 1...

time and tide conspired against me (i.e. I just couldn't get my act together in time), and I missed the deadline! Please accept my apologies, and fill in the form inside this newsletter!

As already you should be aware the AGM is coming up! Once again, we are looking for people to help out on the Committee. However, we not only require Committee members, but we're also looking for club members who may be able to help out casually. But don't think that to 'help' you have to lead a ride - getting articles for the newsletter, organising social nights, contacting people to lead rides, etc are all important tasks for maintaining the vitality of the club. By everyone helping out a little, everyone benefits. And with this casual workforce, Committee positions will not be as arduous as they have been in the past. If we all help each other to help the club, the club will prosper.

The Blinkbonny Cottage Farm Stay was a wonderful weekend. Once again the weather was kind, and the campsite glorious! It was wonderful to sit under the stars, warmed by bonfire, drinking port, talking and singing together. And the impromptu picnic at Noble Falls on the return journey was tremendous! How we managed to d all that food is still a mystery to me! Many thanks must go to Stan for a well organised weekend.

I believe the 10,000 in 8 was a great success, with fine weather making the ride extremely picturesque. I was going to attend, but work interrupted my sleep with a little beeping device which, after making me work for 2 hours, ensured that I would have no inclination to wake up later to ride the 10,000 in 8. Oh well, there's always next year. However, to all those who did do it - Congratulations!

The mystery dinner over the October long weekend was also a success - or at least from the reports I hear. The opportunity go far from the maddening crowd, and relax in a natural bush setting, while dining on 'Haute Cuisine', was irresistible, and from all those who went I hear, unbeatable! Given the enthusiasm I saw as they talked about next year's dinner, I can see this event as being an annual occurrence.

On November 11th, the club is having its first Progressive Dinner for the year. At the time of writing this article, preparations were all underway, and everything looked set for a tremendous evening. In case there are any vacancies or cancellations, I suggest you give me a ring to see if there are in spaces, and pay your \$20 immediately. And if you miss out, there's always next year.

The Bicycle Transport Alliance is still looking for volunteers and participants for "The Great Perth Bike Ride" on November 26th. I feel this is an extremely worthwhile event, and deserves our strong support. By raising the profile of cycling in the community, we can show people the incredible advantages of cycling, both ecological and economic, and the government that cyclists are a powerful interest group, which should be catered for in future plans and developments. The more we support events such as these, the more we create a better environment for ourselves - not only as cyclists but as people.

Well, the time has come for me to stop rambling, and put this article to bed. I hope you all manage to get out on your bike and enjoy this beautiful Spring weather - I certainly will, as I will be "On My Bike" on the "Beach to Bush" Tour! I wish you happy and safe cycling, and I hope to see you all at the AGM; either there or "On Your Bike".

Simon (Simple Pieman) Koek

CTA CLOTHING

UPDATE!...UPDATE!...UPDATE!...UPDATE!...UPDATE!...

Hopefully the new club clothing is organised and on its way to some of the keen Committee members who were prepared to risk both money and credibility to act as models at the upcoming AGM! An informal Committee meeting at Vultures saw the in-depth investigation of several years of Netti catalogues as well as the wine list and food menus. After careful consideration we all ordered our food and drink - and as an afterthought chose a design for the new CTA shirt. It's not too colourful, nor too conservative. Not too bright, nor dull. We like it and hope you will! The prices for the shirt (either long or short sleeve) and the plain black knicks (or longs to match) will be revealed at the AGM. Rather than upset the commercial establishments, let me just say that you will be very pleasantly surprised with the deal we can offer you! I guess you will just have to turn up on the 10th of December to see it all happen.....

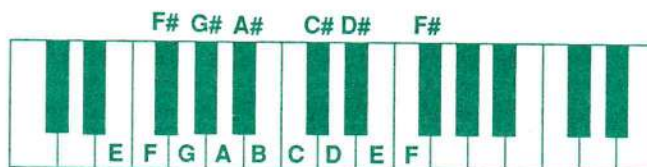
Steve

Dear Editor,

As a fellow musician in training, I thought that you may be interested to know that musical pitch correlates to spoke tension on your touring and road bikes. If a spoke is too loose, it doesn't have a pitch... only a dull thud when plucked! It also doesn't matter whether the spokes are 1.8mm or 2.0mm - only how much they are tensioned (nominally 50,000psi in the old units). Because butted spokes are stressed to 50,000psi in the 2mm section and higher in the 1.8mm section they make a higher note. Listed below is a list of pitches for spoke lengths of 308 to 147mm:

Spoke length	Butted Spokes	Plain-gauge Spokes	Spoke length	Butted Spokes	Plain-gauge Spokes
308mm	G#	F#	212mm	D#	C#
292mm	A	G	201mm	E	D
276mm	A#	G#	191mm	F	D#
262mm	B	A	181mm	F#	E
248mm	C	A#	172mm	G	F
236mm	C#	B	163mm	G#	F#
224mm	D	C	156mm	A	G
			147mm	A#	G#

You can use a piano or guitar to tune your wheel remembering that 26 white keys in from the left of a standard 88 note keyboard is E above middle C...equivalent to a 320mm straight-gauge spoke. Each consecutive key (black or white) represents a 12% change in tension or, for equal tension, a 6% change in spoke length.



very long spokes

very short spokes

When you are truing a wheel, the note you are reaching for is the maximum...not the average. Some notes will be lower than this. If they are a lot lower, you have a lacing error or an out-of-round rim. If you are dishing your rear wheel, use the notes for the freewheel side and then tune the far side about one note lower.. It makes no difference whether the spokes are stainless steel or not as far as tension goes (at least for 10 years or so!).

Happy tuning

The Phantom Saxophonist

BRISBANE TO KATHERINE

by the Travelling Vet - Marian Mayes

Part 2

Early the next morning, on the 27th day, I crossed the border into the Northern Territory. The only good thing that happened that day was the sight of a magnificent stallion galloping across the plains in the early morning, and his mares running to meet him. That day and the next were probably the worst days of the trip. An icy cold crosswind blew all day and made it unpleasant to ride, and uncomfortable even to stop and eat as there was nowhere to shelter from the cold wind. The mornings were very cold and I found I was wearing long clothes, including my plastic raincoat. My campsite that first night in the Northern Territory had very little shelter and I was in bed before it was even dark to try and escape the cold wind. This was the only time I had to camp out on two consecutive nights.

On day twenty nine I finally arrived at Threeways roadhouse at the junction of the Stuart Highway. I was relieved to reach here because I had had very little to eat except dry bread and peanut butter for the 3 days, as I had been unable to buy much in Camooweal. It was a relief to be turning north and have the wind behind me. I was disappointed to find that there was no food for sale at the roadhouse except greasy takeaways. I was able to buy some bread and I had enough to eat while I was there but was still unable to buy anything such as muesli bars, breakfast bars, fresh fruit or even dry fruit. These isolated roadhouses usually only get a bread delivery once a week and it is often frozen when you buy it.

I was now running out of time. It was the 17th and I had to catch a plane from Darwin on 23rd and be back at work on 24th, so it was apparent I would have to work very hard and forget about any pleasure, or take things a bit easier and resign myself to catching a bus from Katherine. To ride all the way to Darwin I would have to average 161km/day and camp out at least twice more. I chose the bus, and was able to make a booking while I was in Renner Springs the next day.

The terrain was only marginally more interesting once I was on the Stuart Highway. It was slightly undulating with some low shrubs but still not many trees. In Renner Springs I was told about a man who wanted for questioning regarding four murders and was believed to be hiding in the area. I was too tired to care, and the wind was still cold enough to make it unpleasant to stop. I finally reached Elliot and found a supermarket where I was able to buy limited supplies.

The scenery improved a lot from there on, as there were more trees, and therefore more birds. As I approached Mataranka I encountered bushfires, but they were not fierce and there was no danger. I arrived in Katherine at about 2 o'clock on Friday, (the thirty fourth day after leaving Brisbane) and immediately set about packing up my bike and equipment. I had decided to send my bike and everything except my personal belongings home directly by bus freight, rather than take it to Darwin with me. I had carried a large bag with me and was able to fit all the panniers and equipment into this. It was left at the bus depot without any problems, leaving me free to catch the bus to Darwin next day with only a backpack to worry about.

On the long isolated stretches of Queensland and through the Northern Territory there were rest areas with windmills. The big problem was in knowing which ones had water as I have found on many occasions that local knowledge is unreliable. There were signs at the Qld/NT border telling me where the rest areas were but it did not designate which ones had water, I therefore had to carry enough to make sure I didn't run out.



Overall, I found the scenery up the coast was magnificent but was marred by the bad roads, heavy traffic and rain. The more isolated outback areas where I was able to relax more were more to my liking. I have to admit that some stretches were quite boring. It is unusual for me to admit this as I can usually occupy my mind in some way. I met many nice people on the way, and there were some places where I would have liked to spend more time or see them in better weather. I am disappointed that I was

once again in the NT without managing to visit Kakadu.

Marian Mayes



Bikewest

Encouraging Cycling, Promoting Safety

Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road Racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

Tune in to Radio 6NR on Thursday nights

6.45 - 7.00pm

Put a smile on your dial and tune to 927kHz

THE CTA PROGRESSIVE DINNER ON SATURDAY, 11TH NOVEMBER

For the uninitiated, a progressive dinner where each course is held at a different venue, and the dinner 'progresses' from place to place, course to course. The CTA progressive dinner follows that line, but participants cycle from course to course. The year's first progressive dinner hopes to recapture the flavour and spirit (although you will need to bring your own) of the previous events. With the balmy evenings usually associated with this time of the year, and a course taking in the quiet roads around Inglewood, Mount Lawley, Mount Hawthorn, Glendalough and Joondanna, the ride should be very pleasant. Once again, Heather's Hutch is providing the food, so it will be a gourmet's delight.

The event is to be held on Saturday evening, the 11th November and will cost \$20 to \$25 dollars. Four courses are provided (but everyone should take the same one, otherwise you might get lost!) in the price, but this does not include drinks. You will need to bring these yourselves, but there will be pannier space available for their transport. The pace of the ride will be easy, and the total distance will be about 30km.

Tickets must be purchased from Simon Kock (271-2959[H] or 326-4971[W]) who can also provide more details. Places are limited, so please RSVP early.

Editors Chit

The time has come, as they say in the classics, to gently bow out as the sun slowly sets over the ocean. This is my last newsletter for the foreseeable future and I wish the next editor all the best. I hope they have as much fun as I have had over the past few years. I have also had the pleasure(?) to typeset the newsletter for three editors (four if you count me!) over the years and what a variety of tasks that has been. I am sure that Mike Waters – who used to typeset the newsletter before me – has just as many tales of woe as well as mirth with this organ. Some things never change – only the technology.

As you may have noticed on the front cover, I am proud to announce the birth of Holly Bernadette Nilan into the cycling fraternity. Mark and Sue are extremely chuffed and have said they will not push HB into the frantic pace of Audax rides until she is at least 6 months old. Sue already has a cupboard filled with miniature lycra and Coolmax baby clothes, and Mark is already finding out the minimum size for Oakleys. I am sure they would appreciate any advice as to whether to start Holly off on a Cannondale or a Giant frame. I wish them all the best and I am sure you will wet the baby's head whenever you get the chance.

Speaking of the front cover, I am sure you have noticed that since I was Editor the usual front cover graphic was replaced with a cartoon related to this club or a cycling event. They have been a great success and the blame for this enjoyable escape can be laid directly at the feet of Doctor Jenny Knight! Jenny has carried on the role of graphic artist since her stint as Editor of this fair journal, with graphic additions to various sections as the years progressed. I would hope that when you next see her on her bike give her a big pat on the back for her efforts on behalf of the club (and also a couple of Editors!). I well remember how it all started during Liz Green's period as Editor, many moons ago now. I had just started typesetting the newsletter and we decided to just make a few alterations to the graphic which appeared on every issue. The sun had its smile altered, the smoke from a chimney was redrawn, animals were added to the landscape etc. Nothing too much but many people began to notice the subtle changes. We then got ambitious and added trucks to the road, altered the topography of the land, weather patterns and anything else we could think of. When Jenny became Editor, the next step was obvious with total destruction of the graphic and final *carte blanche* when we took over the reins. But Jenny didn't have it all her own way – although she thought she had the final say as Editor, guess who actually got to typeset the final draft and change her nasty comments about me? Guess who got their own back by inserting a notice of someone's 30th birthday before the print run? There is no doubt that the actual power of the press lays within the hands of the typesetter!

Liz and Jenny tried to outdo each other in choosing the yuckiest colour contrasts between the paper and the printing ink colour. I think Jenny was miles ahead when it came to lack of taste! All this certainly boosted interest in the Newsletter, and hopefully people still eagerly look forward to receiving their copy each delivery date. But the Newsletter would be nothing without the articles provided by the membership. I can usually rely on a small number of people to give me a ride description or a blow by blow account of a drunken orgy that we laughingly call a tour (only joking!). I thank everyone for their efforts on behalf of the Club, and hope they will continue to advise, educate and entertain us under the new Editor.

Some consistent authors have been Marian Mayes, who has enthralled us with her solo travels around Australia – a very gutsy lady! A newcomer in Graeme Blackwell (aka Joslyn) who we hope will continue to entertain us. Paul Bonetti, who has a quiet wit and descriptive prose. Andrew Woodroffe's letters to the Editor with their verdigris coloured content. Desama's descriptions of all the naughty things that everyone else got up to during a weekend away – but never about what she did! Plus many more too numerous to mention. Please continue your efforts.

A final thank you to all the Rides Coordinators for the Rides Calendars over the years. This is the main information to be passed onto the members, and they have done a stirring job in putting this area of the Newsletter together. I may have had several sleepless nights making sense of the hieroglyphics, but they all usually work out in the end!

Hope to see you all at the AGM

Yours in cycling, cheers

Steve Blackbourn

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Paddy Pallen

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BLONDE BIMBO

A blonde cycling bimbo for hire to brighten up your cocktail or dinner parties.

She can talk the hind leg off a donkey, cook it and then serve it wearing a French maid outfit!

Contact Mademoiselle Carole Czermak in Darwin for further details.

We will all miss you Carole and yes I love you too!
[PS: Carole says goodbye to everyone in Perth]

Rides Calendar — November/December 1995

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner [to fit the axle nuts if your bike is not fitted with quick release hubs]. Most importantly, bring water!

FRIDAY NOVEMBER 10

SOCIAL EVENING

Meet at Ernest Johnson Guide and Scout Hall off Pilgrim Street in South Perth at 7.00pm. Most of us love to ride out bikes, but how many of us fear maintaining them? Tonight we will have the services of a couple of suitably qualified mechanics to share their wisdom with us, and cover some of the more 'nitty gritty' aspects of bicycle maintenance.

SATURDAY NOVEMBER 11 PROGRESSIVE DINNER

30km, easy pace, a 'few hills', 7.00pm start. See newsletter for details.

LEADER: Simon Koek Ph: 271-2959 (H)

SUNDAY NOVEMBER 12 F-F-F-FREMANTLE FESTIVAL

50km, easy pace, moderate terrain, 9.00am start. Meet at the UWA boatshed carpark, adjacent to Hackett Drive and Mounts Bay Road intersection, for a ride of adventure to the Fremantle Festival to experience a blend of comedy, music, magic, dance, drama, craft, film and sport. The ride will return after lunch.

LEADER: Carole Czermak Ph: 382-1275 (H)

WEDNESDAY NOV 15 DINNER WITH AL FRESCO

30km, easy pace, mostly flat terrain, 6.00pm start. Meet at either the Raffles Carpark near Canning Bridge or Warwick Train Station for a leisurely after work ride to West Perth for some Alfresco dining. *Note: night ride, lights and reflective vests essential.*

LEADERS: Stan Wiechecki Ph: 448-2335 (H)

Simon Koek Ph: 271-2959 (H)

NOVEMBER 18-19 LET'S GO TO GOORALONG

80km per day, touring pace, moderately hilly terrain, 8.00pm start. Meet at the Causeway Carpark for a ride to Gooralong, staying the night, and returning the next day. Tent, sleeping bag, etc. required, and support vehicles will have to be arranged privately. Please contact Simon for further information.

LEADER: Simon Koek Ph: 271-2959 (H)

SUNDAY 19 NOVEMBER SOUTH OF THE RIVER MEANDER

50km, undulating terrain, moderate pace. 8.30am start. Meet at the Raffles Hotel carpark for a ride to Wireless hill, Bibra Lake and Fremantle for brunch. Return to Perth via Peppy Grove, Mosman, Claremont, etc.

LEADER: Neil Porteous Ph: 457-7146

WEDNESDAY 22 NOVEMBER THE DOGBOLTER BOLT

10km, flat terrain, moderate pace, 6.30pm start. Meet at the Queen's Hotel, Mount Lawley for a thirst inducing ride around Mount Lawley, Inglewood area, before bolting a few doggies. *Note: night ride, lights and reflective vests essential.*

LEADER: Mark Nilan Ph: 397-0804

SUNDAY 26 NOVEMBER TELSTRA GREAT PERTH BIKE RIDE

See article in this newsletter, or, for more information ring Judith on 470-4007.

WEDNESDAY NOVEMBER 29

A BELLINI'S CAFE (ABC) RIDE

40km, easy pace, flat terrain, 6.00pm start. Meet at the Causeway carpark for a pleasant ride to Cafe Bellini's for a spot of supper before returning. *Note: night ride, lights and reflective vests essential.*

LEADER: Stan Wiechecki Ph: 448-2335

SATURDAY DECEMBER 2 RIDE AND DISCOVER

30km, easy pace, flat terrain, 8.30am start. Meet at the Big Log Carpark, King's Park for a leisurely ride to the SciTech Discovery Centre and enjoy being a big kid for the day. Bring \$10 for entry, and for the real enthusiast, enough for a movie at the Omni Theatre.

LEADER: Ann 'No-E' Wilson Ph: 444-5160

SUNDAY DECEMBER 3 LE PETIT VIN DE LE CHATEAU LE MONT

55km, flat terrain, moderate pace, 9.00am start. Meet opposite Ashfield Railway Station for a ride through the upper Swan Valley for a picnic lunch in the garden of the Le Mont winery. Sure to be une Boutaille au Vin for you to um... look at.

LEADER: Lance Whiteford Ph: 249-1970

WEDNESDAY DEC 6 NO BONES (OR CROATIAN ISLANDS) AT NO BONES

25km, flat terrain, easy pace, 6.30pm start. Meet at the Causeway carpark for a jaunt to savour the evening before savouring some vegetarian delight at No Bones Cafe in Leederville. *Note: night ride, lights and reflective vests essential.*

LEADER: Jenny (vegetarian mosquito) Bailey Ph: 368-1993

SUNDAY DECEMBER 10 CTA AGM RIDE - DISCOVER EAST PERTH

15km, flat terrain, easy pace, 8.30am start. Meet at the Scout Hall in South Perth for a ride around the river to get you in the mood for the AGM. The ride will take in a quick look at the East Perth development.

LEADER: David Uren Ph: 368-1993

FRIDAY DECEMBER 15 MIDVALE VELODROME RIDE

60km, moderate pace, flat terrain, 6.30pm start. Meet at Glendalough Railway Station for a ride to Midvale Velodrome. Track bikes will be available for hire at the Drome for those of you who would like to try it! And if you exhaust yourself there, you can always catch the train back! *Note: night ride, lights and reflective vests essential.*

LEADER: Andrew Woodroffe Ph: 444-5098 (H)

SUNDAY DECEMBER 17 DECADENT DESCENTS

20km, HILLY terrain, TERRIFYING pace, 9.00am start. Meet at Kelmscott Railway Station for a repeat of the stupendously successful Decadent Descents '94. This ride will involve being transported to the top of a number of hills around the Kelmscott area for a quick trip to the bottom. Approximate cost: \$10, includes commentary on the delights of cycle touring by bus.

LEADER: Mark Nilan Ph: 397-0804

THURSDAY DECEMBER 21**SUMMER SOLSTICE EXPERIENCE**

30km, flat terrain, moderate pace, 6.30pm start. Meet at the Causeway carpark for a midsummer festival ride to enjoy the longest day of the year. Sure to be a cake or two sacrificed as we search for the elusive Perth Stonehenge. *Note: night ride, lights and reflective vests essential.*

LEADER: David Uren Ph: 368-1993

SATURDAY JANUARY 6**A SHOPPER'S SPREE**

60km, touring pace, mostly flat terrain, 9.00am start. Meet at the Carriage Coffee Shop (near The Esplanade, Fremantle) for a bike tourer's shopping spree. The ride goes to Belmont, stopping at a number of bike shops and camping stores. Just the ticket for tourers to start the year with!

LEADER: Stan Wiechecki Ph: 448-2335 (H)

SUNDAY JANUARY 7**DUTCH WINDMILL RIDE**

40km, flat terrain, moderate pace, 8.00am start. Meet at the Causeway carpark for a spin along the bike path to enjoy a cake or two at the Dutch Windmill.

LEADER: Neil Stooke Ph: 364-3899

WEDNESDAY JANUARY 10**TOM'S MIDSUMMER NIGHT'S DREAM**

25km, flat terrain, easy pace, 6.30pm start. Meet at the corner of Hackett Drive and Mounts Bay Road (near UWA boatshed) for a pleasant ride from Crawley to Scarborough in not too straight a line. *Note: night ride, lights and reflective vests essential.*

LEADER: Tom Wall Ph: 339-3207

SUNDAY JANUARY 14**YES VIRGINIA, THERE IS A COFFEE SHOP IN JOONDALUP**

50km, flat terrain, easy pace, 9.00am start. Meet at Glendalough Railway Station for an exploratory ride in search of the previously thought to be extinct Joondalup Coffee Shop.

LEADER: Andrew Woodroffe Ph: 444-5098

WEDNESDAY JANUARY 17 JUST A JANUARY JAUNT

30km, rolling terrain, easy pace, 6.30pm start. Meet at the Raffles Hotel carpark for a mystery ride to a surprise eatery (*this usually means he doesn't know where he is going yet!*) and return via King's Park. *Note: night ride, lights and reflective vests essential.*

LEADER: Kleber Claux Ph: 458-7519

SATURDAY JANUARY 20**LIFE'S A BEACH!**

40km, touring pace, flat terrain, 6.00pm start. Meet at Glendalough Railway Station for a pleasant ride to the beach and possibly a swim. *Note: night ride, lights and reflective vests essential.*

LEADER: Bridget Woodroffe Ph: 444-5098 (H)

SUNDAY JANUARY 21**THE H₂O PUB CRAWL**

35km, flat terrain, easy pace, 8.00am start. Meet at the Raffles carpark for a water interrupted ride to Cottesloe. Bring plenty of water, sunscreen, bathers and perhaps some lunch money.

LEADER: Tom Wall Ph: 339-3207

THURSDAY JANUARY 25 AUSTRALIA DAY EVE RIDE

30km, flat terrain, easy pace, 6.30pm start. Meet at the Causeway carpark for a ride up the river for a pizza at Leo's. *Note: night ride, lights and reflective vests essential.*

LEADER: Tony Humphreys Ph: 447-9014

SUNDAY JANUARY 28**FAST FOOD AT FREQ**

40km, flat terrain, easy pace, 8.30am start. Meet at the Raffles Hotel carpark for a slow ride around the river followed by some fast food at Fremantle.

LEADER: Tony Humphreys Ph: 447-9014

WEDNESDAY JANUARY 31 AROUND THE RIVER RIDE

20km, flat terrain, easy pace, 6.30pm start. Meet at Lake Monger (Powis Street carpark) for a ride around the river to finish at the 'hip, trendy, to be seen in' Leederville, for some light refreshments. *Note: night ride, lights and reflective vests essential - also Ray Bans or cool Oakleys are a must.*

LEADER: Ann No-E Wilson Ph: 444-5160

SUNDAY FEBRUARY 4**BEACH BUMS & BABES**

40km, mixed terrain, moderate pace, 9.00am start. Meet at Raffles Hotel car park for a northerly ride to Cottesloe Beach for a swim and a bite to eat at a beachside cafe. Bike lock and bathers essential.

LEADER: Steve Blackburn Ph: 313-2814

WEDNESDAY FEBRUARY 7**THE DOME AND THE MOUNTAIN**

25km, flat terrain, easy pace, 6.30pm start. Meet at the Causeway carpark for a ride along the river to the Mount Henry Bridge. A mid flight refuelling stop at the Applecross Dome follows before a quick return. *Note: night ride, lights and reflective vests essential.*

LEADER: Neil Stooke Ph: 364-3899

SUNDAY FEBRUARY 11**RIDING IN THE HILLS**

40km, medium pace, hilly terrain, 8.30am start. Meet at the Kelmscott Railway Station for a 'ride' around the hills. Not to be confused with the ex 'Royal Couple', Ann(no E) and Mark will take you on a mystery tour to enjoy the spectacular scenery and delights of Devonshire Teas.

LEADERS: Ann Wilson Ph: 444-5160 (H)

Mark Elliott Ph: 382-1960

THURSDAY FEBRUARY 15**ONCE A KNIGHT IS ENOUGH**

20km, mixed terrain, easy pace, 6.30pm start. Hear Ye! Hear Ye! Meet at The Barrack Street Jetty on the cycle path (Western end) for a ride through the Park of Kings (once a King, always a King) to end at a noshery for various items of sustenance and maybe an ale or two. *Note: night ride, lights and reflective vests essential.*

LEADER: Steve Blackburn Ph: 313-2814

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