



Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (Inc.)

VOLUME 130

AUGUST / SEPTEMBER 1996

EDITOR: Noel Eddington

PRESIDENT ON PAGE ONE

Greetings and salutations. Once again I welcome you to this edition of our newsletter, and hope you are looking forward to the warmer spring weather as a wonderful opportunity to get out on your bike. The long weekend at Toodyay was very successful, and not just because I was leading it! The weather held out for us, and despite cold nights, the days were fine. And the small numbers on the weekend ensured mostly hot showers. The whole weekend was very enjoyable, as you will no doubt see by reading Kleber's article.

On Saturday, 22nd June, a few of the Toodyay participants relived a portion of that ride to Toodyay on the Century Challenge Ride. Despite a very cool start, and a wet, cold and slightly miserable finish for those coming in around 17:15, we were very fortunate with the weather: sun was out and the wind was mostly at our backs. I must thank Liz for her support on the day, and congratulate everyone who participated.

Despite the unpredictable weather, some of the day rides have been very successful. My ride to Fremantle attracted about 21 people, despite the threat of rain, which did eventuate! I only hope that everyone did still enjoy it, and point out that any ride leader could have missed the fact that the dual-use path around Rocky Bay had been closed, or that the path through Rob Campbell Park had been ripped up due to redevelopment.

It has been brought to my attention that the club has made a number of losses on the weekends away. The main cause for this appears to be people saying that they're going to attend, but for some reason or other, were unable to make it. This creates problems when the number of people booked for don't arrive, and the club loses money on the deposit, and loses the goodwill of venues which had turned away customers due to our booking. To remedy this, all events of this type will have a closing date for bookings and a deposit. After all, it's understandable that things happen and you can't always get to a CTA event, but the club shouldn't have to pay for it.

It is gratifying to see that members do take an interest in club activities, and when they see something that they are concerned about, they care enough to let us know. I recently received a letter from a concerned individual, and so to invite comment and at the author's request, this letter has been published. Please feel

free to comment on this or any other issue, whether it be critical or complementary. And if you feel strongly enough, take active steps to implement what you feel should be done. A club should be what the members want, and as such should be driven by the membership. The committee should only be there to facilitate member's activities, and do the boring stuff - like writing tedious articles to fill space on the cover of newsletters.

The better Spring weather sees an abundance of coming cycling events: a mountain biking weekend at Waroona on the 17th and of 18th August, a weekend at Blinkbonny on the 7th and 8th of September, the 10 000 in 8 on the 14th September. Waroona and Blinkbonny were excellent weekends last year, so I advise you to book early for both of those. The Beginner's Pannier Tour has been moved from the June long weekend to 2nd - 3rd of November, there by combining it with the formal bush dinner. This will hopefully ensure warmer weather, and encourage new tourists to participate. I believe Tony's planning up a storm (metaphorically), so it should be an interesting weekend. Details of all these events can be found within the newsletter. Remember, if an event has a booking date, please book and pay the deposit before that date.

Also approaching is the Tall Timber Tour, the 'On Your Bike' Tour for 1996. The area is around the beautifully wooded areas of Balingup, Nannup, Pemberton, and Bridgetown. And on top of that, it may have an international flavour, as it has been advertised to all the delegates attending the international Velo Australis Conference in the following week. I advise you to reserve your place early not to miss out!

As the new season 'Springs' upon us, I hope the warmer weather encourages you to get out there, and enjoy the great outdoors. I wish you happy cycling, and hopefully I'll see you on your bike!

Simon

EDITOR'S CHIT

Welcome to another column from the Editor. I think I am finally getting the hang of this editing game. By the end of the year, I will be looking for jobs to edit magazines and newspapers. Imagine, from CTA newsletter to Australian Cyclist! Dream on, Noel!!

Many people comment on the high standard of the newsletter. It is something we can all be proud of. It is not just the editor who produces the newsletter, but all the people who write articles and some hard working committee and some tireless volunteers. Talking of volunteers, if there is anybody out there with some spare time, I'm sure we can find them a job to do.

Thanks to the contributors to the last issue. I found Devo's article really amusing. Sorry I didn't go, but I enjoyed staying in my warm bed on Saturday morning. The thought of spending the night in my leaky tent did not hold much appeal.

Mark's article on 'MCD Strikes Riders in Albany' brought back memories. For those members who haven't been on one of our weekends away, you should come along and see for yourself what goes on. The articles do tend to get a little distorted, but they do get across the spirit of enjoyment, which is getting away from the normal (boring) routine that we sometimes get into.

In this issue, have a read of Kleber's article on Toodyay. Once again, Toodyay has something different happening, we wondered if all the Police were in town to give us a safe escort back to Perth, until we realised that it wasn't OUR bike club they were interested in! We were upstaged by the Gypsy Joker Motorcycle Club.

When I was browsing through the newsletter archives, I noticed that we almost have the complete set of newsletters from issue number 1 through to issue number 130! There are only a few exceptions, and I would be very grateful if someone out there could provide me with a copy of the missing issues. These are issue 33 to 50 (inclusive), 57, 60, 105, 108, 110 to 112 (inclusive), 114 to 123 (inclusive) and 126. This will be a valuable resource, as it documents CTA from its inception, and shows how the club has grown through the years.

LETTERS TO THE EDITOR

The President

June 3rd, 1996

Dear Sir

I have just received my newsletter for June/July and after much soul searching have decided to, write to you concerning something which has plagued me for sometime now. I refer, of course, to the problem of liquor being consumed in our club over the past few years.

Every newsletter having an item covering a week-end away always gives graphic detail of members indulging ad nauseam. This very newsletter (*June/July editor*) illustrates exactly what I am talking about. What happened to the week-ends that we used to attend where no liquor was consumed at all? I can recall going on many week-end rides when the YHA was still very active in Toodyay, Northam and York, as well as camping week-ends in the South West and only once did some of the guys perhaps partake of the 'odd beer' at a local pub and return without disturbing anybody else. Most members would sit around with a cup of coffee having a quiet conversation discussing the following day's ride.

The scenario now appears to be members waking up after a late night suffering from hang-overs, which is not a good advertisement for our club. After all, we are supposed to be a CYCLING CLUB.

A lot of emphasis is placed on where the winery is; indeed in the latest newsletter advertising the Toodyay long week-end ride, mention is made once again of this fact. In the past the ride leader would point out the best bakeries to buy the pies etc. and also the best and cheapest eating places for a 'good meal'. My concern is the role model we are displaying for our younger members and indeed for any prospect member. If I had a teen-aged son or daughter wishing to join the club, I would be very hesitant in letting them do so with all this going on.

As a club we have a responsibility to all members for their complete safety at all times. Don't forget that the constitution clearly states that liquor is not to be consumed on rides. I am not taking the high moral ground here and if I appear to be an acerbic anachronistic old fool then so be it.

I would like the committee to give this some serious thought and also for this letter of mine to be published in the following issue.

Yours sincerely,
DENNIS BRADDON

WHAT DO YOU THINK?

Dear Dennis,

Thank you for your letter. We, the committee, agree with you in that the CTA should not encourage the drinking of alcohol during CTA rides. We don't however agree that we should dictate peoples' behaviour once a ride is over. Surely it's each individual's responsibility to behave in a considerate, legal and socially acceptable manner when in the company of others? We have never heard of an official complaint against any member who was inconsiderate to another after having consumed alcohol.

The write-up of events in the newsletter are there to entertain and are not subject to censorship. The author has the freedom to liven up articles and exaggerate, so please be careful to distinguish between reality and perceived reality.

Some people like to drink socially, others don't. This reflects the diversity in the members of our club which makes this club great. To restrict diversity is tantamount to discrimination. Therefore we don't think it's productive to declare the CTA alcohol free. We have no qualms however if any ride leader chooses to make their weekend alcohol free and promote it as such. They will of course receive all possible assistance from committee just as any ride leader will.

The club seems not to be aiming any rides towards teenagers or families. This is indicative of there being nobody approaching the committee wanting to lead this kind of ride. The Committee is a coordinating and facilitating body. It assists and supports event organisers, but does not have the resources to run every club event. The committee welcomes and will support any activity that encourages and promotes safe, rewarding and enjoyable cycling.

The Committee

Cycling Tourists Terrorise Toodyay Town June Long Weekend.

It had been a long time since I had stayed at the Freemasons Hotel in Toodyay. So when 'One Night Stan', (I know how he came by that name), asked if I would like to go there was no hesitation. Saturday morning arrived with overcast skies and overnight rain, so it was a pleasant surprise to see I was not the only person at Midland at 9 o'clock. Devo, Noel and Paul were already there with Janet and Simon rolling up soon after. Simon, always the gentleman, went looking for a piece of plastic to put on Janet's rack to prevent water being thrown up from the wet roads. (Can recommend mudguards for touring bikes Janet, saves getting a wet rear). Unfortunately for Stan he had urgent business to attend to so was unable to come on the tour, leaving El Prez to take over the reins. It's good to see how this bunch of highly experienced cycle tourists have reduced the amount of unnecessary baggage that needs to be taken on a towel and undies accommodation supplied tour. Simon had three panniers and no one had less than two. Devo won first prize with his yellow Cannondale trailer full of his worldly possessions, plus a back pack which contained goodness knows what, with a rubber mallet, (a must for all serious cycle tourists), strapped to the side and the latest in cycling shoes, (steel capped work boots for protecting oneself from aggressive dogs).

After Simon gave a half hour run down on the proposed route, cycle safety and coming events, it was off to Toodyay via the back roads of Swan View to avoid some of the Greenmount Hill traffic. We all regrouped at the top of Greenmount Hill with rumblings of "where's the morning tea stop", and so decided the tea rooms at Mundaring would satisfy our cravings. Paul and I were the first to arrive, so warned the new managers to have the scones ready for when Simon arrived. The soup of the day was a popular choice on this cool day, so much so, that when Simon decided he would partake they had run out. With promises of scheduling future rides through Mundaring the chef made a new lot especially for Simon. Devo produced a plastic bag full of his secret energy food and proceeded to demolish a dozen delicious doughnuts.

The back roads to Chidlow via Mt. Helena where quiet and relaxing with the weather settling down to being overcast and cool. A decision was made to buy provisions at Chidlow for lunch on the road, with Simon tactfully encouraging the first 'ay shop assistant, who was having problems with, "You've got to start somewhere, you'll learn". The route through Wooroloo to the lunch stop on Bailup road, past through beautiful undulating farming properties and native forests, which gives that warm feeling of what cycle touring is all about. The usual jokes over lunch with Devo devouring another dozen delicious doughnuts. It's good of the local Shire to supply so many conveniently located ladies conveniences for Janet's exclusive use.

Our punctual arrival at Toodyay was punctuated by two punctures and a stop at Blinkbonny, to arrange for morning tea on Monday. The old Freemasons Hotel, recently renovated after fire damage, was a welcome sight to us tired and hungry cyclists.

Noel and Devo arrived just on dusk apparently Devo's secret energy food let him down a few kilometres out of town. Simon then had the job of deciding who shared with whom; Janet, after looking at the options decided to sleep with her Cannondale; Devo with all his worldly possessions; Paul with Noel; Simon with Kleber (sorry Stan) and Debra unfortunately had to share with Mark H. Oh yes, Mark and Debra had to drive up as they had commitments in the morning.

It's a shame more members didn't take advantage of the weekend as the Freemasons staff put on a delicious buffet dinner and a three piece live band especially for us. After dinner it was up to the bar to be entertained by the band, the local characters, Simon singing, Janet and Debra dancing, Mark cracking jokes and funny walks, Paul and Noel seeking out the local talent. As the night wore on and the band fell under the influence of a few beers, the music got progressively louder. So it was with the sound of the band thumping away in the background, that we gradually made our way to our rooms for a well earned sleep.

Sunday morning was fine and cloudy as we crowded into an ex-bedroom, now called the breakfast room. Simon was selling the CTA to some other house guests, who had cycled from Midland up the Toodyay road the day before, as we decided to make Northam our destination for the day. After visiting Windmill Hill railway cutting, it was on to the alternative scenic route which follows the Avon River with thick forest and flocks of pink and greys setting an idyllic picture. The sun was now showing through as we approached Northam and time was spent talking to one of the farmers en route and reading various historical plaques liberally scattered through this old area. After checking out the available Sunday food outlets Red Rooster was the popular choice. While Simon was going back for his second course, the rest of us moved off down to the park beside the Avon to devour our lunch. After about ten minutes had passed and we could see El Prez cycling back and forth over various river crossings, trying to find us. It was decided to attract his attention, after all what's a club without a leader? The lunchtime entertainment was as follows - Mark and Debra trying to mount a life size steel horse, Mark showing off his self defence skills and unusual photography poses, Debra demonstrating alternative methods of storing biddon bottles, and Simon devouring the remainder of his lunch. All this with much laughter and comments.

The route back to Toodyay passed through farming properties and a town, which must have been Iris Town, as there was a coat hook outside the local community hall, hanging upside down. Here we were treated to some of Debra's delicious fruit cake, which would not have passed the booze bus test if we had been stopped. Simon's leadership skills came to the rescue as he directed us away from the road leading to Goomalling. The rest of the trip home was broken with a puncture to Janet's bike and a pause on top of one of the hills on the Toodyay - Goomalling road. Which at this time of the afternoon, with the sun shining through the clouds, produced a view that was breathtaking. The last few kilometres back into Toodyay turned into a sprint

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between Noel, Paul and myself. With Noel claiming the yellow jersey.

While we were waiting for the others to catch up, we noticed a large police presence in town. Namely a crime stoppers van, at least five patrol cars and an appropriate number of police fitted out in leather tops and leggings. Obviously, the police had been notified that the Cycle Terrorists Association had hit town. We assembled at the edge of town and roared into the town centre to demand Devonshire teas at our usual eating hole. As we approached our goal, it became obvious why there was such a large number of police, the Gypsy Jokers had stormed into town in our absence.

Since there were only two seats left at the tea rooms and we didn't want to start a bike war, we dragged Mark back around from behind a building where he was practising his self defence poses. It was decided to go back to the tea room at the edge of town, where I threatened the staff with, "Simon will devour all your chocolate stock if we're not served quickly". With afternoon tea out of the way and some light humour with the police, it was back to the Freemasons', where the Gypsy Jokers had decided it would be the place to have their evening meals. Much to the consternation of the management. Devo had decided to rest in Toodyay for the day, which was fortunate for us, as he was able to hold the Gypsy Jokers at bay with his rubber mallet and steel capped work boots. Since we were not too hungry yet, we let the Gypsy Jokers have use of the dining room first, and played cards until they were finished. After another good meal prepared by the new overworked kitchen staff, it was off to bed for some, while others played cards until it was late. Rumour has it that Simon actually lost some of the games.

We woke to a misty morning and set about breakfast and packing up. Debra and Mark decided to ride as far as Blinkbonny to join us for morning tea. Although about half way there, light rain started to fall, maybe it wasn't such a good idea? As we arrived at Blinkbonny there was a roar coming from the direction of Toodyay and over the hill came a convoy consisting of a police patrol car, followed by all the Gypsy Jokers, (on their Harleys'), then the crime stoppers van and four or five more patrol cars. After some cheers, waving and a blast from one of the police sirens, it was down to the serious business of morning tea. The pumpkin soup and other tempting dishes were consumed with great relish. I can see why the Blinkbonny weekend was so popular.

After plenty of hugs and farewells with Debra and Mark, it was down to serious riding on the Toodyay road to a short stop at Noble Falls, before the climb into Gidgegannup. A stop for lunch at the Gidgegannup Cafe turned into a nightmare, with the staff not being able to cope with the Monday holiday lunch crowd. The bad news was that it took an hour to get our order, the good news, Debra and Mark turned up and joined us for lunch. Devo took advantage of a free cake which the totally confused waitress left at our table. The weather by this time had greatly improved as I said farewell to my companions of the last three days.

I would like to thank Stan and Simon for the opportunity to go on the tour and all the other guys who helped make it such a fun weekend. To all those other members who missed out, don't be put off by what Might be a wet or cold weekend. It's amazing that once you get out with good company and experience that freedom of touring, you look back and reflect on the good times and fun.

Kleber C.

New Members Welcome!!

We like to make welcome these new members to our club. We hope to see you out on the roads and bike paths of Perth, with us, having a great time and taking advantage of great rides that are organised for you.

Anthony Yates
Kenneth Campbell
Eric Manning
Mike Flood
Bruce Robinson
Nicky Armstrong

If you would like to be among next issues list of new members, just give our treasurer a call on 444 5098(H)

CTA Welcomes Back Prodigal Items

The CTA has finally found a home for all CTA items! Thus, the any member who wishes to borrow the club's panniers, or would like to borrow a book from the club can contact Graham (Social Secretary) or Simon (President), and they will endeavour to get them to you ASAP. Now that CTA items have a home, we would like to welcome back all outstanding items which members may have collected over the years. Please bring them to the next Social Night, or if this is not possible, please contact either Graham or Simon.

Thank you.

Century Challenge Results

On Saturday, 22nd June, a group of intrepid cyclists left a very cold and shrouded Lakes turn off petrol station, and headed off into mist and into the 160km Century Challenge! Fortunately, the day warmed up, and with Liz's stout support, the ride was enjoyable, until about 17:00, when the cold drizzle descended and the light failed. Congratulations must go to all those who completed the course:

Max Talbot
Tom Wall
Ann Wilson
Brian Willis
Ken Campbell
Dennis Braddon
Kleber Claux
Tony Humphreys
Alan Munday
Janet Deverill

John Meakin
Peter Lundy
Don Gordon
Nicky Armstrong
Peter Fallon
Barry Thomsett
Colin Farmer
Simon Koek
Noel Eddington

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A Saddle Survey - New Concrete DUPs

On the last Saturday of March, the current CTA Newsletter Editor and CTA Secretary participated in a ride to survey a new construction method for concrete Dual Use Paths (DUPs). This particular adventure was arranged by the Cement and Concrete Association of Australia, and included participation by representatives of Action Outdoors Association, Over 55's, Bike for Bibles, Bicycle Transport Alliance and, not forgetting, CTA.

The survey involved riding a selection of existing DUPs, some of which are relatively recently constructed. The selections were: Asphalt - the section of DUP near the Thomas Road end of the Kwinana Freeway; Traditional Concrete Construction - a section on Sulphur Road, Kwinana; New Construction Method - a section on Gilmour Avenue and Thomas Road, Kwinana.

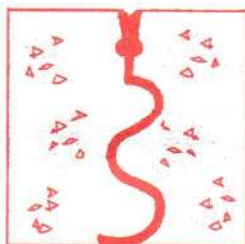
The Cement and Concrete Association kindly provided transport for participants and bikes (a bus plus covered trailer). This was also meant to be used between sample sections, but most agreed that it was more trouble than it was worth to pack up everything, and so rode 'between samples'. Those who did cycle between sections beat the bus!

The purpose of the exercise was for us, as representatives of the cycling community, to test the new DUP construction method so that the Cement and Concrete Association then has a reasonable basis for its claims when marketing the product to the local councils. The biggest drawback to date with concrete DUPs as perceived by local councils has been ride comfort for cyclists.

Our impressions were as follows: The Asphalt surface gave the smoothest ride, closely followed by the New Construction Method concrete path. The Traditional Method construction concrete path was a very distant third. Generally, the new construction concrete path minimises the bumpy ride we usually get with DUPs. It also appears that the difference in ride comfort between Asphalt and the new construction method concrete path is narrowed when proper preparation of the path base is undertaken. We had an opportunity to ride a short section of path which had been constructed only days before, and it was indeed quite smooth.

The Technical Stuff

The path is constructed as a concrete raft with lock joints spaced at approximately 2 metre intervals. The lock joint is formed with a piece of plastic which has a sinusoidal curved shape. This is instead of the more usual trowelled groove which we see on traditionally constructed DUPs. There are the traditional joints spaced every 50



Section through pathway

metres or so. The piece of plastic has a rubber cap on it to prevent sand and dirt falling into the gap and restricting any movement in contraction and expansion of the slab under varying temperatures. This helps to improve the longevity of the path.

The Outcome

Those who took part in the survey generally agreed that the new construction method for concrete DUPs is superior to the traditional method, and doesn't concede much to Asphalt paths. Hopefully, the results will mean that local Councils who decide to make concrete DUPs will use the new method of construction in preference to the traditional method. Smoother paths may mean that more people who would not otherwise cycle will be encouraged to use bicycles in the local communities.

By Mark E.

Velo Australis Bicycle Conference - Volunteers Needed

Bikewest is calling for volunteers to assist with a range of tasks associated with the Velo Australis International Bicycle Conference to be held in Fremantle later this year.

During the conference there will be a number of 'technical tours' where delegates to the conference will explore the cycling facilities of Perth. Bikewest is co-ordinating these tours, but additional 'guides' will be needed to help visitors on these tours. If you can assist with this task, or if you are available to volunteer for other tasks associated with the conference, please contact Mike Maher (Conference Director) on 474 4655. In return, Bikewest will provide volunteers with a pass to enable them to attend sessions of the conference.

Volunteers are also sought to provide 'homestay accommodation' for delegates from bicycle groups from interstate and overseas. This is a great way to help, and meet like-minded people from other parts of Australia or a country where you might travel to one day.

Please contact Mike Maher if you can help on 474 4655.



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A nine-day fully supported camping tour through the picturesque South-West of WA. The tour starts in Balingup with overnight stops in Nannup, Pemberton (2 nights), Manjimup, Bridgetown (2 nights), Boyup Brook, and Donnybrook before returning to Balingup. Tour cost is \$300 including transport to and from Perth (\$270 without). Ring contact number for free colour brochure with full details.

GREAT PERTH BIKE RIDE 1996

27 Oct 96, Sunday,

Contact: Judith Stallard, BTA, 470 4007 (8am to 8pm)

This year's ride will be bigger and better than the inaugural ride held last November which set a record as Perth's biggest bike ride with 1600 registered riders. Mark the date in your diary now - Sunday 27 October 1996!

MISSISSIPPI RIVER ADVENTURE

A Bicycle Touring Ride from St. Louis to New Orleans just in time for the Jazz Festival in March 1998

This ride will be about 4 weeks in duration and will cover approx 1000 km.

We will travel via Sydney, and have a stop over in Hawaii. We will probably start in St. Louis, (or somewhere north of Nashville) we will travel through 6 US States, if not more.

We will pass Nashville (Blues Music) and Graceland (Elvis Home), Jackson, Baton Rouge, we will travel *The Natches Trail*, one of US most historical old trade routes and historic sites (architecture). The Natches Trail is about some 400 km and the road is closed to commercial traffic, the speed limit is 60 miles per hour.

We will be camping simply, with options to use Motels, Cabins, or Bed & Breakfast places. In New Orleans we will possibly stay in a rented house. It is hoped that we will also visit some Cajun's, and mingle with the hospitable people of Southern US.

The terrain is mainly flat and easy, so it's anticipated we may have some long distance days, we will also have two rest days in a row on occasions, so we have time to both relax and to sightsee. It is possible we may ride down the Halekana Vulcano on Maui (in Hawaii).

It is also anticipated that travellers may use options to visit, on the homeward leg, San Francisco, Los Angeles (Disney Land) or Las Vegas, or whatever takes their fancy. We will likely have one fixed return flight to US point of Hawaii, and then we will have a separate US carrier to cater for the US leg(s).

Cost is estimated to be around A\$ 5,000.00, however this figure may fluctuate up or down depending on options taken, and accommodation chosen.

It is not recommended to entertain this Tour on a too limited budget, as we will enjoy some major places of interest, and visit various events that will cost money to enter (NB New Orleans Music Festival, and Graceland, to mention but a few).

Note, this is a preliminary sketch only, names and places may change, and facts altered after further research.

Tom Wall

Wednesday, 24 July 1996

Waroona Weekend

If your into good fun, mud, mountain biking or road riding then do we have a weekend for you! Accommodation in the Bunkhall has been arranged, for up to 15 people. Costs are around \$10.00 a night. There is a restaurant with an all you can eat buffet for only \$15.95 a mouth, at the lake. So come along, get out of the city and enjoy a weekend with the club. Bookings and deposits of \$20.00 are essential before the 8th of August, so do it now!

Organiser Noel: 470 6797

100km Achievement/Challenge Results

On Sunday, 19th May, the sun shone down, and heralded a glorious ride for the participants of the 100km Achievement/Challenge ride. The day lived up to its expectations, with some people having morning tea at Serpentine Dam Tearooms, and the only unfortunate fact was the cross wind on the long 30km return to Armadale. Congratulations to all the people who successfully completed the course:

Colin Farmer
Steve Blackburn
Denis Braddon
Tom Wall
Brian Sawyer
Marion Affleck
Mark Wilcox
Mark Elliott
John Meakin
Peter Lundy
Mike Flood
Kleber Claux
Glenys Maddison
Bridget Woodroffe
Simon Koek

Barbara Far
Max Talbot
Ken Campbell
Eric Manning
Janet Deverill
Debbie Selfe
Alan Munday
Mark Hallam
Bruce Beecham
Tony Yates
Tony Humphreys
Ann Wilson
Mary McWalter
David Lewis
Noel Eddington

INFORMAL RIDES

For those of you who don't wish to join the organised ride of the day but would still like some company, a time and a place will sometimes be given for informal rides. This is generally the Causeway car park (number 2, near the bike shed) at 9.30am. It is up to those who turn up on the day to decide where and for how long to ride. This may mean that separate groups may decide on a short, easy or long, hard ride etc. try it out if none of the rostered rides appeal to you - you may like it!

Audax's Saturday morning Training Ride

Every Saturday morning Audax runs a training ride which begins at Canning Vale at 7.30 am and comes past the Raffles Hotel at 8.00 am. CTA members are welcome to join the ride at 8.00 am for a pleasurable ride to Fremantle for a Cappuccino. All welcome.

Contact Don B

for more info on 458 8175 (H)

CTA RIDES CALENDAR AUGUST / SEPTEMBER 1996

Any cyclist coming on a ride for the first time should consider starting with an 'easy' ride. If you have any questions about the ride please telephone the Ride Leader. You will need to wear a helmet and bring lights on a night rides. And most importantly, BRING WATER! See you soon!

Saturday August 3

30 km / Easy / Flat Terrain

Meet 2.00pm at Edgewater Station for a leisurely ride to Mindarie Keys

Leader: **Graham B**

Mindarie Keys

Ph: 405 6405(W)

Sunday August 4

40 km / Easy / Flat Terrain

Meet 10.00 am at the Raffles Hotel for an enjoyable ride to Fremantle to indulge in some of Fremantle's finest cafe culture.

Leader: **Janet D**

Janet's Cafe Crawl

Ph: 316 3864 (H)

Sunday August 4

50 km / Medium / Flat Terrain

Meet at the Guildford train station 9.00 am for a ride along the Darling Scarp, past Brigadoon then west for the homeward leg. Of course we'll indulge along the way but where we stop, we just won't stay.

Leader: **Liz G**

A Swan Valley Sunday

Ph: 454 6102 (H)

Friday August 9

Bike Maintenance Night

Meet at Ernest Johnson Scout and Guide Hall, off Pilgrim St, South Perth, at 7:00pm. Have you got a niggly problem with your bike, have you always wanted to know how to adjust this widget, that other thingummy? We'll bring in the experts and they'll show you how it's done.

Organiser: **Graham B**

Ph: 405 6405(W)

Sunday August 11

Hard / MTB / 3 hours

Meet at 9.00, the END of Helena Valley Rd (in Kalamunda National Park). Come and explore the beautiful Helena Valley as we wind our way through high valleys, past hidden dams and lush granite outcrops to reach Mundaring in a way few may know. MTB bikes only.

Leader: **Kleber C**

Kleber's Bush Krawl

Ph: 458 7519 (H)

Sunday August 11

The Waves A Pounding ?

60 km / Medium / Mixed Terrain

Meet at the Raffles Hotel 9.00 am for a trip to watch the waves pound on a stormy sea (?) get something warm and return through some interesting suburban locales.

Leader: **Steve B**

Ph: 313 2814 (H)

August 16-18

Waroona Weekend

If you're into good fun, mud, mountain biking or road riding then do we have a weekend for you! Accommodation in the Bunkhall has been arranged, for up to 15 people. Cost is \$15.00 a night. There is a restaurant with an all you can eat buffet for only \$15.95 a mouth, at the lake. So come along, get out of the city and enjoy a weekend with the club. Bookings and deposits of \$20.00 are essential before the 10th of August, so do it now!

Organiser **Noel E:**

Ph: 470 6797(H/W)

Sunday August 18

65 kms Medium Pace / Flattish Terrain

Meet 9.00 am at the carpark behind Gloucester Park on Nelson Cres. East Perth to explore our fair city in a northerly direction.

Leader: **Peter F**

Ph: 360 2232 (W)

Saturday August 24

A supported 600km endurance ride conducted by the Audax Club of Australia.

Contact **Brian Hughes**

Ph: 451 9568(H)

Sunday August 25

50km / Easy / Flat

Meet at 2:00pm at the Causeway Carpark for a pleasant ride to Midland for a frozen treat.

Leader: **Simon K**

Ph: 271 2959

Saturday August 31

30 kms Easy Pace/ Flat Terrain

Meet 2 pm at the Lake Monger Carpark on the south side of the lake (just along from the Freeway lights) for a pleasant ride to the King St Cafe for afternoon tea.

Leader: **Bridget W**

Ph: 444 5098 (H)

September 7-8

Blinkbonny Weekend

80km (one-way), hilly terrain. Meet at Midland Town Hall at 8.00am for an 8.30am start. Camping will be on the Blinkbonny Cottage Farm by a gently flowing stream. Shower and toilet facilities are available as well as a restaurant which will provide dinner and breakfast at an approximate cost of \$15 and \$10. There may also be a minimal camping fee. Last years 'Ride of the Year' is bound to be popular this year so book in early to avoid disappointment. Deposit of \$20 by Friday 31 August.

Organiser: **Stan W.**

Ph: 448 2335(H)

Sunday September 8

30km Easy Pace / Flat Terrain

Meet 9.00 am at the Causeway carpark for an easy ride to Mt. Henry Bridge to see the display inside. Coffee stop is planned for the return ride.

Leader: **Tony H**

Ph: 447 6771 (H)

Sunday September 8

3+ Hours Hard Pace / Hilly Terrain

Meet 9.00 am at the Mundaring Weir Hotel for some fun in the bush. The plan is to mix up some well known trails and some exhilarating downhills and see what happens. MTB bikes only.

Leader: **Brett R**

Ph: 454 6102 (H)

Inside Mt. Henry Bridge

Cowabunga !!!

Friday 13 September**Friday the 13th party**

Meet at Ernest Johnson Scout and Guide Hall, off Pilgrim St, South Perth at 7.00 for 7.30 meeting. Dress in black (knicks'll do), for a night of our own home made black comedy. Come along for some games and good fun. Plus, of course all the usual stuff, coffee, cake and good chat.

Organiser: Graham B**Ph: 405 6405(W)****Sunday September 15****10,000 in 8****Achievement/Challenge Ride**

110km, very hilly terrain/hard ride 8.30 am sharp start. The club's arguably most difficult ride, to compete 10 000 feet of climbing in 8 hours. Required for both Super Achiever and Challenge Series. Come along and test your metal.

Organiser: Simon K**Ph: 271 2959(H)****Sunday September 15****Informal Ride**

Meet at the Causeway ar park at 9.30am. See page 6 for details

Sunday September 22**Uncharted Terrain**

4 hours Moderate Skills

Meet at Bilgoman Pool on Great Eastern Highway Darlington at 9.30am, for another Mountain Bike bush adventure. Bring some nibbles for a ride into uncharted terrain. A real challenge for any Cartographer!!

Leader: Noel E**Ph: 470 6797(H/W)****Sunday September 22****A Sunday Sojourn**

50 kms Medium Pace / Flattish Terrain

Meet 9.00 am at the Carriage Coffee Shop in Fremantle for an interesting ride to Midland. It's not where you think! The leader uses this route to get home from work and finds it most satisfying. Come along and you will too. Elevenses will be at the Junction Ice creamery. Then you can return to Freo by train or ride back and burn off your indulgences!

Leader: Liz G**Ph: 454 6102 (H)****September 28-29 Audax 400/600/1000/1200 kms****Great Western Tour**

Contact Audax Club of Australia if you wish to take part in this event.

Contact Don Briggs**Ph: 458 8175(H)****Sunday September 29****Time to Get On Your Bike**

50 km Medium Pace / Flat terrain

Meet 9.00 am at the Raffles Hotel for a watery wander around Australia's finest waterway for some morning tea at a secret location. All prospective ON YOUR BIKE riders are encouraged to come along and meet fellow tourers in readiness for the big event.

Leader: Ross C**Ph: 317 2588 (H)****Sunday October 6****Jarrahdale Revisited**

3+ Hours Hard Pace / Very Hilly Terrain

Meet 9.00 am at the Gooralong Tearooms. Once again we visit the mountain biking heaven that is Jarrahdale. Bring your health insurance and your sense of adventure for a memorable ride around this picturesque locale. MTB bikes only.

Leader: Colin P**Ph: 387 6529 (H)****Sunday October 6****A Real Mystery Ride**

50-60 kms Medium Pace / Medium Terrain

Meet 9.00 at the Causeway carpark for a real mystery ride to somewhere guaranteed to please. All we can say is that you'll have fun and probably eat more than you need (don't we all ways!)

Leader: Stan W**Telephone: 448 2335 (H)****Friday 11 October****Perth, a bicycle friendly city?**

How far have we come, how far have we got to go? What can we do? Meet at Ernest Johnson Scout and Guide Hall, off Pilgrim St, South Perth at 7.00 for 7.30 meeting. Plus, of course all the usual stuff, coffee, cake and good chat.

Organiser: Graham B**Ph: 405 6405(W)****Saturday October 12****Audax 200 km Classic**

For those members planning to do there Super Achiever / Challenge series this is the one to do. Contact Don Briggs, at least one week before the event.

Organiser: Audax Australia**458 8175(H)****Sunday October 13****The One you Missed****Achievement Ride**

50-200km, moderate pace, hilly terrain, 7.00am start. this ride intended for all those who have missed a ride required for the CTACycle Challenge Badge. All riders must register with Simon K, indicating the ride they wish to do. They will then be notified of the start time and limit. The course is around Chittering Valley

Organiser Simon K**271 2959(H)****CTA COMMITTEE 1996****PRESIDENT: Simon K 271-2959(H)****EDITOR: Noel E 470 6797(H)****VICE-PRESIDENT: Terry B 459-2397(H)****RIDES CO-ORDINATOR: Liz G 454 6102(H)****SECRETARY: Mark E 382 1961(H)****TOUR CO-ORDINATOR: Tony H 447 6179(H)****TREASURER: Bridget W 444 5098(H)****SOCIAL SECRETARY: Graham B 405 6405(W)****ADMINISTRATOR: Neil S 222 8134(W)****AUDAX REPRESENTATIVE: Liz G 454 6102(H)**

Correspondence To P.O. Box 174 Wembley 6014 For Membership Details Contact the Treasurer