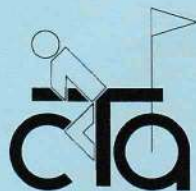


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Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (Inc.)**

Volume 137

October/November 1997

EDITOR: Terry Bailey

PRESIDENT ON PAGE ONE

Winter's now over, Spring is here and isn't it a wonderful time of year? This edition of Prez On Page One is being written on the final afternoon of the Spring On Your Bike Tour. And what a fabulous tour it's been. Great weather, great riding and great people. I would really like to thank Kleber Claux, the tour leader, and his team. At the risk of being verbose, I would like to name them all to acknowledge the usually unrecognised work that goes into making an enormous undertaking such as this the huge success that it has been. The On Your Bike '97 committee was made up of Marian Affleck, Desama Bailey, Tony Humphreys, Warwick Lang, Max Talbot and Lance Whiteford. They were assisted by a team of volunteers who prepared breakfast, loaded the truck and all those other vital tasks. They are Patricia Adamski, Terry Bailey, Steve Blackbourn, Geoff Ellis, Karin Frederickson, Simon Koek, Stan Leichecki and by no means least Ann Wilson.

I would also like to thank Rhys Greenhalgh for his vital role as tour courier, making a number of trips between Perth and the tour in its various locations. And finally I would like to thank everyone who participated in this year's tour and hope to see you next year.

Speaking of which, I can now give you the first published information about next year's On Your Bike Tour (make a note in your diary and put in that leave application now!). It will be "The Surf to City Tour '98" and will travel from Margaret River to Perth from October 17 to 25 1998. Watch future newsletters for more details!

On the tour, a couple of days ago while sitting at a café in York with other CTA members an older chap came up to us and asked "Are you the CTA? The Cycle Touring Association?" "Yes" we replied - not knowing where this would lead us. "Oh, I'm the founding president of the CTA" he then said. And thus we fortuitously made contact with Jim Harwood. It was great that Jim, at short notice, was able to join us for that night's dinner and recount a few stories about the CTA of old.

With Jim's presence on Thursday night that brought our tally of presidents (ex and current) on this year's On Your Bike to six (Jim Harwood, Dale Neill, Kleber Claux, Steve Blackbourn, Simon Koek and myself). Not bad when you consider that in the CTA's

23 year history there have been only ten presidents. This is great, as it is a policy of mine to do what we can to retain and bring back old members, while still appealing to new people.



The only four people that have participated in all nine On Your Bike Tours. From left to right they are Kleber Claux, Jane Nield, Sharon Veleff and Bob Clapp.

Leaving the On Your Bike and looking forward to upcoming rides, we now have the return of the extremely popular mid week night rides on Wednesday October 8 and most weeks after that.

Something new for '97 is the opportunity to do the 10 000 in 8 ride (part of the achievement/challenge series) at more than one time during the year. The committee recognise that sometimes non CTA commitments, such as work and family, do have to take precedence and so this ride can now be done using the "brevet card" system.

November 29 sees yet another running of the popular Progressive Dinner, although I'm not sure about the fairytale theme! Contact Steve Blackbourn well ahead of time to ensure you get a place.

Then on December 14 we have the AGM. We are always looking for new (and old) blood on committee to give us diversity to maintain the club's vitality. So give me a call if you want more details of what the various positions do and what their work load is.

And of course there are many, many other great rides too. So, unlike parents, the CTA aims to keep you on the streets - and having fun.

Graham Blackwell

1998 MEMBERSHIP FEES

Just a reminder that your 1998 membership fees are due on December 1 1997, as indicated below:

- | | |
|----------------------------------|------------|
| 1. Individual membership | \$35.00 |
| 2. New members | \$30.00 |
| 3. Full-time Students/Pensioners | \$18.00 |
| 4. Dependants under 18 | no charge. |

Existing members should note that there is a \$5 discount on fees (resulting in a \$30 fee) if they pay before the end of January 1998. *Note that this does not apply to the student/pensioner membership fees.*

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

MEMBERSHIP PARTICULARS

All members are asked to confirm their current address and phone numbers with Committee members. If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us - it makes it so much easier to ensure you are kept up to date with the important things in life!

NEW MEMBERS

A hearty welcome is extended to the new members who have joined since the last Newsletter.

Malcolm Evans	Andrew Stokes
Lisa Pavey	Margaret Thornton
Tony Nekrews	

Hope to see you "on your bike" on one of the rides!

CTA LIBRARY

For new members, and those of us who did not know, the CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may only be borrowed for 4 weeks by contacting a committee member on the night. Contributions to the library would be greatly appreciated, so do not dispose of any cycling literature which you feel may be relevant. We also propose to expand the library from time to time from club funds, and new titles will be critiqued in the Newsletter.

POLICE BICYCLE REPORTS

The Police Bicycle Section would like to hear your reports of harassment, abuse or other serious incidents involving motor vehicles.

In order for the police to investigate an incident, you must be able to provide the registration number of the vehicle involved and the time and place of the incident. A description of the motor vehicle and the age and sex of the driver are also useful. You should always carry a pen and paper on your bike to record important details should you become involved in an incident. If the offense is serious, you should try to obtain the names of other witnesses who can verify your account. You can contact Sergeant Leewangh at the Police Bicycle Section on **9222 1923** during working hours.

FOR SALE/WANTED

Members can place advertisements under this heading free of charge and may include anything cycling related.

Furniture For Sale

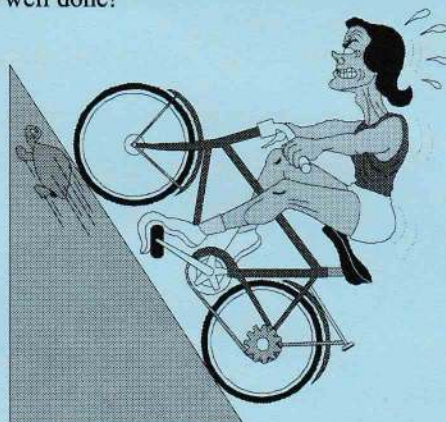
Debra is leaving us for sunny Queensland but before she goes, she has to sell her household furniture including:

Webber BBQ
Wall Unit with matching Coffee Table
Dining Table
Lounge Suite
Bedside Cupboard

For more information contact Debra Shaw on 9345 1510.

10 000 IN 8 ACHIEVEMENT/CHALLENGE RIDE

Congratulations to all those riders who successfully completed the 10 000 in 8 Achievement/Challenge ride. Unfortunately the Rides Coordinator is touring around South Australia and didn't give me a list of the successful participants. Nevertheless, you all know who you are, so well done!



SMOKEY CAR SPOTTER

Ever notice how difficult it is to breathe when smokey exhaust fumes are choking up the atmosphere? Well here's your chance to strike back! Report smokey vehicles by giving the registration number, make and colour of a smokey car, together with the time and place that you spotted it, to the Department of Environmental Protection by telephoning 9324 2835.



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Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road Racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

Tune in to Radio 6NR on Saturday nights

6.00 - 6.15pm

Put a smile on your dial and tune to 927KHz

ANNUAL GENERAL MEETING

Sunday December 14 1997

Ernest Johnson Guide and Scout Hall South Perth
Morning Tea at 10:00am, Meeting at 10:30am

AGENDA

- ♦ Minutes of the 1996 Annual General Meeting
- ♦ Reports from the President, Treasurer, Rides Coordinator, Social Secretary, Editor, 1997 On Your Bike sub-committee
- ♦ Super Achiever and Challenge Award Recipients
- ♦ Cycle Tourist of the Year Award
- ♦ Ride of the Year Award
- ♦ Newsletter Article of the Year Award
- ♦ Election of Office Bearers for 1997
- ♦ General Business

CYCLE TOURIST OF THE YEAR

Nominations are called for the 1997 Cycle Tourist of the Year. The award is made by the CTA to the member who, in the opinion of the membership, has contributed the most to cycle touring and the CTA throughout the year, whilst setting the highest standards in terms of ability and attitude towards fellow cyclists. Past recipients can not be renominated. Note that if you believe no member has suitably demonstrated the qualities required for this award, you may nominate "No Award". If the number of "No Award" nominations exceed the total number of member nominations, then no award is made that year. Record your vote at the AGM, or if you are unable to attend, by completing the nomination form which will be sent to you prior to the AGM. The previous recipients of the award are:

1978	Nicole Harrison	1988	Martin Bunney
1979	Wayne Lally	1989	Kleber Claux
1980	Neil Porteous	1990	Arie Lemson
1981	Mark Bettell	1991	Brett Rutherford
1982	Dale Neill	1992	Simon Koek
1983	John Martin	1993	Mark Nilan
1984	Ian Hore	1994	Stan Wiechecki
1985	Bob Stockman	1995	Peter Lundy
1986	Ron Bowyer	1996	Ross Cussons
1987	John Sherwood	1997	?.....

RIDE OF THE YEAR

This is an opportunity for you to nominate your favourite ride, weekend away or tour. It is an opportunity for you to show your appreciation to a ride organiser, and for the club to recognise and reward their effort. As with the Cycle Tourist of the Year, you can record your vote at the AGM, or if you are unable to attend, by completing the nomination form which will be sent to you prior to the AGM. Note that the On Your Bike Tour can not be nominated.

ELECTION OF COMMITTEE MEMBERS FOR 1998

Nominations for President, Vice President, Secretary, Treasurer and six (6) Committee members can be received up to and on the day of the AGM. All nominations shall have a proposer and a seconder, and shall be announced at the AGM. Nominees, proposers and seconders must all be voting members of the CTA.

WARNING SIGNS OF A HARD-CORE CYCLIST

Have you ever read a questionnaire or a list of qualities designed to reveal something about your inner character? There are lists to show if you're a loving husband, a good wife and a host of other things.

A recent browse of a home page on cycling on the internet revealed a long list designed to let you know if you're a true hard-core cyclist.



You know you're a cyclist when:

- ♦ Every meal is mentally logged as good fuel or bad fuel.
- ♦ You learn you have money left over after paying bills and the first thing you do is head for the bike shop.
- ♦ Your five-year-old bicycle gets better treatment than your new car.
- ♦ You grab for the magazine at the new stand with the title Classic Bikes and realise it's those motorised things.
- ♦ You spend twice as much money on cycling wear than on work clothes.
- ♦ You can tell your wife with a straight face that it's too hot to mow the lawn and then ride 100km.
- ♦ You buy a car based on whether or not a bike will fit in the back with the rear seat folded down.
- ♦ Someone has had a crash and your first question is "How's the bike?"
- ♦ Your car gets broken into and your hard drive crashes in the same month, yet by far your biggest concern is why the bottom bracket on your road bike is making a clicking noise.
- ♦ You're driving a car, come to a red light or stop sign and find yourself making that funny heel motion to get out of your clipless pedals.
- ♦ You're driving a car, come to a red light or stop sign and find yourself reaching down for your water bottle.
- ♦ You choose the location of your brand new house solely because the riding is good and other members of the riding species are plentiful.
- ♦ You own a bike that's mobile and a car that isn't.
- ♦ You know exactly how to fit three bikes into the back of your car.
- ♦ You take to pieces, clean and reassemble your bike in your living room.
- ♦ Your Italian bike sees more of the road than your German car.
- ♦ Your hands have a strange tan that looks remarkably similar to the pattern on your cycling gloves.
- ♦ Weather forecasts can be broken into two categories: good cycling weather and better cycling weather.
- ♦ Your car has to stay outside while your bikes are stored in your garage.

How did you score?

(Courtesy of Lifestyles, The West Australian)

AN EPIC 300KM IN A DAY

It was a dark stormy night (well, sort of....). Definitely very dark, and anyway, it hadn't been very fine up to date.

We had agreed that we would meet at 5:15am for a 5:30am start. It was still very dark when I fell out of bed and made ready. I had actually got most things ready the night before so that I wouldn't forget anything (well, that's the theory anyway).

The meeting place was supposed to be the Midland station, but turned out to be the Midland Gate shopping centre car park. Not far away, but far enough away to cause a little confusion amongst some of the starters. Eventually we all arrived - Ann, Bruce, Tony, Kleber, me (Hon Sec) and..... Mr Meakin's Mobile Munchies! Hooray, the support crew made it! Phew!

Duly assembled, we departed just after 5:30am, having all had our little Brevet cards signed. Although it was very dark, the road lighting made things quite a lot easier than they might have been. Mr Meakin's Mobile Munchies reported that he could see us from several kilometres away, with all our reflective gear and LED flashing lights.

Near Sawers Valley it piddled down with rain - not really heavy, but just enough to be an annoyance. Soon after that we encountered some road works. However, as it was getting light, we didn't have any trouble negotiating the road works and luckily the road was not too muddy from the rain.

We had a very brief stop at The Lakes to remove lights and swap some gear, and rode on to the first control stop. We encountered some more road works along the way and had a lengthy wait before we could proceed. These were a little muddy from the rain, but bearable.

Our control stop was at Clackline, just off the highway. There was Mr Meakin's Mobile Munchies all set up with hot soup and lots of hot water for tea coffee etc. We stopped for a most welcome scoff and rest. We had been thinking of discarding our raincoats, but a brief shower of rain put paid to that idea.

Onward to York via Spencers Brook we encountered a heavy shower of horizontal rain. A little later we saw a large flight of very noisy Little Corellas, who are probably cousins of the Birdie Alarm Clocks which live around some of the northern suburbs in Perth. At York we were greeted again by Mr Meakin's Mobile Munchies with more yummy hot soup and food. After a slightly longer stop we cycled on in the direction of Beverley. Along the way the Hon Treas had a puncture of uncertain nature. We thought at first it may have been a pinch flat, but it looked to have been a sharp object. Nevertheless, with a small army to help, it was repaired very quickly!

We had a wee stop at Beverley, then proceeded on to Brookton. This section of the ride was long and flat and pretty boring, and wasn't made any better by a stiff south easterly (head) wind.

A welcome stop was had at Brookton with more hot food (a late lunch) and a longer rest. We all felt a little relieved that we were now over half way, but it was still a little sobering that we have a long way to go. The next section was moderately undulating and the wind was now more of a cross wind. Kleber stayed back with Bruce, who was flagging a bit at this stage. Bruce battled on for a while, but knee problems got the better of him and he had to retire to the support vehicle.

Kleber caught up and the rest of us kept on going into the late afternoon. We put our lighting gear into operation not long before what was supposed to be the Dale Road West stop. We cycled into the gathering dusk and eventually came across John and Bruce shining a light from a roadside turnoff. "We looked for Dale Road, but we couldn't find it in the dark, so we decided to stop here!" This was a welcome stop as it was rapidly getting very dark and quite chilly. Ann had a torrid time getting her lights to work properly and we then had a short rest and feed before getting on our way again.

By this time it was well and truly dark as there was no moon to assist the twinkling stars from the bright and cloudless sky. We had a relatively uneventful cycle for quite a time before we encountered another set of road works. This made for heavy going for a short while before we hit bitumen again. A few kilometres up the road we hit yet another section of gravel, this time with a hill in it. It wasn't a real lot of fun being cold, in the dark, riding uphill and on soft, loose gravel. Anyway, we persevered and passed through that lot and had a smooth ride on to Karragullen.

Time for another short but welcome stop. It was getting steadily colder and by now was late in the evening, so we pressed on to Kalamunda. We soon arrived at the top of Kalamunda Hill in time for an 'interesting' descent at high speed in the dark! That left the final flat section on to Midland where we arrived at around 10pm. Hurray! We made it! I wonder what ordinary people are doing?

As it was quite cold we wasted no time in packing up and departing for home to have a well deserved rest.

Many thanks indeed to Mr Meakin's Mobile Munchies for the company's fine service, and thanks also to Bruce, Ann, Tony and Kleber for their wonderful company on this challenging ride.

Mark



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SPRING ON YOUR BIKE: A FIRST TIMER'S PERSPECTIVE

To be spending nine days cycling with some 120 other people through towns, some of which I've never heard of before, doing up to 94km a day. I was concerned! It's the sort of thing that I felt I wasn't ready for, but I'd signed up and paid over four months beforehand. However, I knew if I applied myself a little, I'd be fine.

A booklet arrived in the mail. It told me everything I needed to know, even what was considered "minimal training". I was later able to guess that a certain Kleber was probably responsible for this little booklet of infinite detail. Well, I managed to get about five 80km rides in, so I felt prepared when the day arrived.

The trip from Perth to Midland on the train (with backpack and bike) was a breeze. There was already a fellow tourer called Wayne with his bike. He was organised: he'd got his bag packed and dropped off some days beforehand, unlike myself who was up until 2:00am that morning.



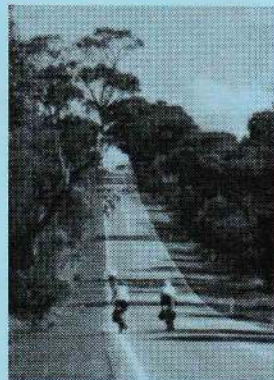
Soon we'd taken in the first of "Tour Organiser" Kleber's many speeches on road safety and the like, and then we were off. The first day was long, but it was not a problem - with all the stops that a tired cyclist can make on the way. We were all happy and optimistic, I believe, as we pitched our tents, visited the "fair", then got stuck into dinner at Bindoon. I heard some people voicing their disappointment with their camping equipment, but I think that most were just happy to get day one behind them.

Day 2 to Bolgart. Another long day, but the countryside took one's mind off it and the photos I took proved as vivid as the real thing. Today I also discovered Mike and Sally on their trikes! (3 wheeled recumbents - Ed) That should be easier on the bum!

Bolgart was great! Anyone who was on the tour knows what I mean. When a town opens up their heart to you (and their showers! - Ed) like Bolgart did, you can really feel it.

The next day, to Wongan Hills, was through the same wonderful countryside. I went via New Norcia where I met Peter, who was doing the same thing. There's always more than one idiot in a crowd wanting to do even more kilometres.

There were day trips from Wongan Hills on the day of Rest. Then the big one: 94km to Northam. BIG headwind. What can I say? But all in all, I think everyone fared well, taking it at their own pace, making use of the tea breaks, and still enjoying themselves. By the time we got to York I was ready for the rest day. Others weren't. Some people did the trip to Beverley, doing some 100km extra. Others took advantage of the charms of York. I slept: great use of the rest day.

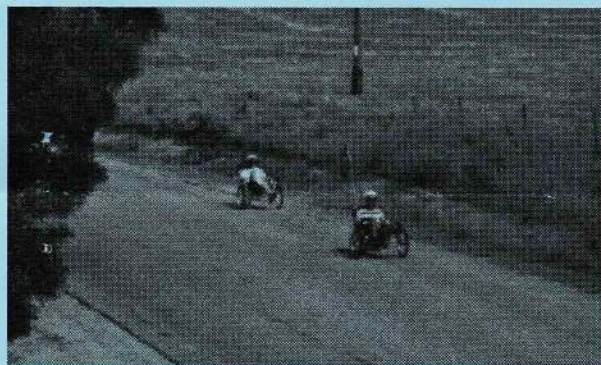


The next day was to Wundowie. With many beautiful stops, I chose to ignore them all to get to see the footy final on the TV. That night we had a talent show, organised by Simon. All I can say is that bike (and trike) riders must be talented. There was Peter on the bagpipes, the bush poet with stories of the Indians of America, I played a PVC pipe like a didgeridoo (though he's not one to blow his own pipe - Ed), poems and songs. I was amazed at the quality, the entertainment, and when I was on the stage, the audience!

The final day was, for me, off-road down to Midland. Unfortunately, I had to rush back, so I left the mountain bikers having a lazy lunch on the trail to get to Midland.

All this only slightly captures what the tour was like: all the wonderful and fit people that went on it, the volunteers that worked towards it, and those that cooked our dinners. The mornings of people racing to leave before I even got up. Cups of tea at 6:00am, shortages of porridge at 8:25am, long talks between the courses of the evening meal. All I can say is: I'm not going to miss next year's tour for anything! We love you, Kleber!!

Steve Raynes (First time tourer)



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BARELY SAFE

On busy weekends a cop's lot is far from pleasant. But little things can brighten up the night shift. Like the 4am report last Friday that a man was cycling along Benara Road towards West Swan Road wearing only a helmet. Obviously he was safety conscious, because he also had lights on his bike. The naked night rider had been dobbed in by an off-duty policeman. But the officer assigned to investigate was convinced his leg had been pulled.

(Courtesy of The Sunday Times 28/9/97)

THE COVER PICTURE

Did you ever wonder where the picture that appears on the front of the newsletter came from? Well I have done some ferreting through the CTA archives and discovered a few things about the history of our cover picture.

The first version of the picture appeared in Volume 56 (December/January 1983/84) and featured two cyclists riding along a country road which winds across the undulating terrain into the distance.



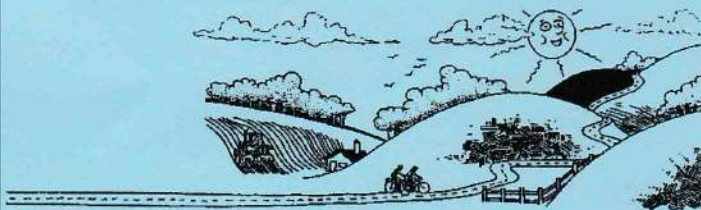
Picture 1: Volumes 56-57

Then in Volume 58 (April/May 1984) the editor Ian Hore introduced an improved version with the addition of a small farmhouse and more hills in the distance. This version remained for 16 issues (although it was renegaded to page 3 in Volume 63) with its last appearance in Volume 73 (November/December 1986).



Picture 2: Volumes 58-73

The current version of the cover picture first appeared in Volume 98 (February/March 1991) when Liz Green became editor. This version included many new features including a smiling sun and a tractor ploughing a field.



Picture 3: Volumes 98-105

This version remained in its current form until Jenny Knight (resident CTA artist) became editor and in Volume 106 (June/July 1992) some subtle changes were made to the cover picture "to see if anyone would notice." Jenny's changes included smoke coming from the farmhouse chimney, a black door, a curtain in the window and a sleeping sun.



Picture 4: Volume 106

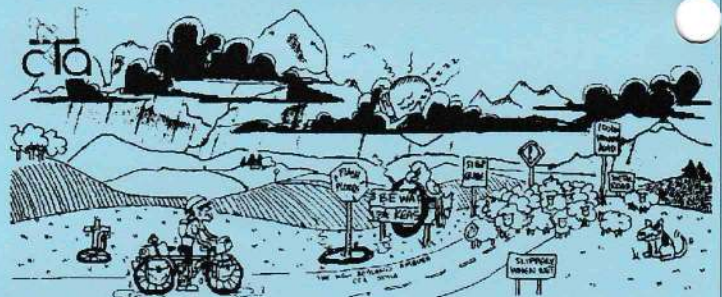
In the next edition, Volume 107 (August/September 1992), Jenny decided to express her feelings about the poor winter weather. The picture was extended to depict a cyclist with a heavily laden bike riding in a thunderstorm. In the background, the hills were covered with thick, lush grass (as you would expect during winter), the

tractor had gone and the birds had flown away, while several sheep looked on with curiosity at the hapless cyclist. Along the road was written "Where the weather's always fine... somewhere else!!!"



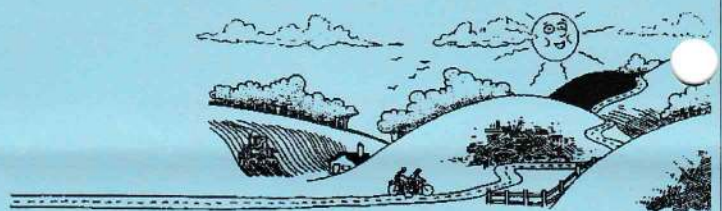
Picture 5: Volume 107

In Volume 108 (October/November 1992) Jenny made sweeping changes to the cover picture to depict the many hazards that they faced on the New Zealand tour. These included flash floods, Keas (large New Zealand parrots that bite bicycle tyres), steep grades, sheep on the road, slippery roads, winding roads, metal roads and dogs.



Picture 6: Volume 108

Jenny's artistic talents were utilised for the next three years with a new creation displayed on the cover of each newsletter until Noel Eddington resurrected the old cover picture in Volume 127 (February/March 1996). This picture has been used on every issue since, except for Volume 133 (February/March 1997) where Jenny Knight depicted the end of President Simon.



Picture 7: Volumes 127-132, 134-137

Well that's about as much as I know about the origins of the CTA cover picture. Although, I must say that it has been very interesting reading back through the old newsletters and seeing how the CTA has developed over the years.

If anyone is interested in looking through past newsletters, please contact the Editor. A complete set of CTA newsletters (well almost - Volumes 33-50, 57 and 60 are missing) are kept by the Editor. If anyone can help replace the missing issues, I would be most grateful.

Terry Bailey

REMINDER REMINDER REMINDER

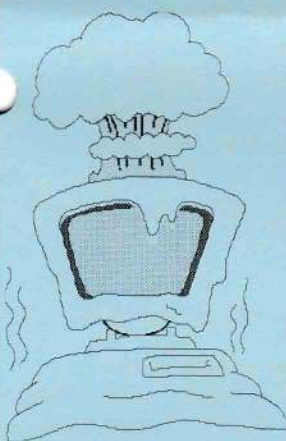
Please send articles for the next newsletter to the editor by November 30.

EDITOR'S CHIT

Well what a busy two months we've just had. The weather has been just perfect for cycling and I think I only got wet a couple of times on my daily commute. Not bad when you consider that it's supposed to be winter/early spring.

The Spring On Your Bike Tour '97 is now over and again the weather was just perfect. This will be the first CTA newsletter for the first-time tour participants with their complimentary 6 months free membership of the CTA. See the article on page 5 from a first-time tourist to see his perspective of the tour.

This newsletter had to overcome a few hitches before it went to print - hence why it is a little late. Just before the On Your Bike Tour I was preparing a new CTA Flyer which was to be distributed to the tour participants at the start of the tour. Steve and Janet had been busily putting together the new rides calendar and on the Wednesday night before the tour I was putting the finishing touches to the Flyer.



Then it happened. My computer screen went blank and the hard disk silent. I tried desperately to get a pulse (or even a beep) but nothing. Not even a cursor on the screen. After several frantic phone calls to "computer knowledgeable" members, my computer was finally pronounced dead at 10:15pm.

I took the recently deceased computer to the IBM Hospital where I was told that it could be revived (under warranty too!) but it would require a major transplant (a new mother board) and it would not be well enough to come home for a few days.

So I managed to con Steve into lending me his computer, and with the file salvaged from my hard disk, we were back in business.

By Friday evening the Flyer was ready to be sent to the printers, only problem was we were starting the tour the next morning. So another con job and Rhys agreed to take the disk to the printers and to bring the printed newsletters up to us when they were ready.

After returning from the tour I brought my computer home to start work on the newsletter. I chased around several people for articles and set about composing the newsletter. I then discovered that Steve's article on Christmas in July at Rotto had gone missing after organising for a photo to go with it. After searching all the hard disks, floppy disks and my email in-box I finally gave up and decided that it would have to wait until next time - sorry Steve.

Terry Bailey

CYCLING IS BEST

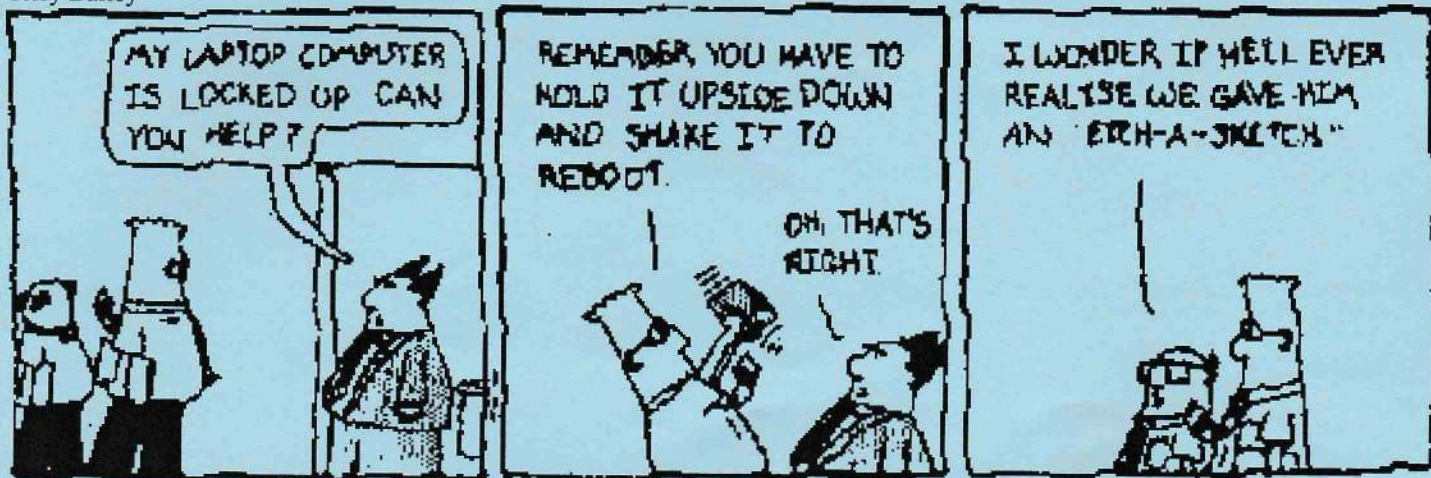
Gathered from the internet here are some great (if a little risqué) reasons to love your bicycle. If you are easily offended don't read on!

20 REASONS WHY CYCLING IS BETTER THAN SEX

1. Spandex is more comfortable than latex.
2. You can make it last for hours at a time.
3. No one is impressed by the size of your bike.
4. Your bicycle won't criticise your performance.
5. It is socially acceptable to ride by yourself or with over 20 people.
6. There is no urge to have a smoke afterwards.
7. You don't have to take your bike to dinner and a movie.
8. You can stop and rest in the middle of a bike ride and not feel guilty.
9. Your bike doesn't leave in the middle of the night.
10. A short, fast bike ride is often as good as a long one.
11. Anybody can rent a cycling film.
12. A spare tyre is a good thing to have.
13. It doesn't cost money to watch a bike race.
14. No sexually transmitted diseases have ever been contracted while on a tandem bicycle - although you should still wear a helmet.
15. Your bike doesn't try to get you drunk first.
16. Your bike doesn't mind if you loan it to a friend.
17. If part of your bike breaks you can simply replace it.
18. You can't catch anything from a rented bike.
19. A bicycle won't start conversations in the middle of a ride.
20. You only have to grease your bike once a month.

WIN WIN WIN

Now that I have your attention, how about putting your creative side to work and coming up with a witty slogan for a CTA Bumper Sticker. Please send your entries to: CTA Bumper Sticker Competition, PO Box 174 Wembley 6014, or just give them to a committee member, by December 1 1997. The new slogan will be decided by the committee and announced at the AGM on December 14 1997. The author of the winning slogan will get free membership of the CTA for 1998.



ACHIEVEMENT/CHALLENGE SERIES 1997

All rides for both series must be completed in the set time limit which is notified for every ride. Please note that you can only nominate for **one** of the series awards, not both - but you do not have to nominate which one you are applying for until closer to the AGM. To explain it all in words of one syllable:

Super Achiever - must complete 50km, 100km, 200km, 300km (CTA or Audax rides), and the 10 000 in 8 to be eligible for the award.

Challenge Award - must complete 50km, 100km, 100miles (160km), 200km (CTA or Audax rides), and the 10 000 in 8 to be eligible for the award.

You can use either a CTA ride, an Audax ride or a brevet card for all rides except the 10 000 in 8 which must be done as a CTA ride on the designated day or as a brevet card.

If you are still confused, contact Steve Blackbourn for further details.

SOCIAL EVENINGS

These are usually (but not always) held on the second Friday of each month and the current venue is the Ernest Johnson Oval Guide and Scout Hall. Turn right off South Terrace into Fortune Street, then right again into Pilgrim Street in South Perth. Ample parking is available. For further details contact Desama on 9474 2068 (H).

COMBINED CLUBS RIDE

Ever wondered what the other cycle clubs are doing? Here's an opportunity to meet fellow cyclists in other clubs, as well as enjoy a good day out. The venue is at Lake Leschenaultia, which is a wonderful fresh water lake, created as a water reservoir for the many steam trains that plied their way from Perth to the outback. Now it's a recreational park with swimming facilities, toilets, barbecues (wood and gas, gas costing 20 cents per 15 minutes) and a cafe for those who don't want to make or bring their own lunch.

On the day we're expecting the many different clubs to offer different rides to the venue, all arriving there around 12:00 noon. The CTA is offering two rides: one ride from Midland, which will be a challenging ride up the scarp along quiet roads, meeting an easier ride in Mundaring for the final foray to Lake Leschenaultia.

So please mark Sunday, October 19 as a day to make a special effort to come along. In order to get some idea of numbers, I would appreciate a call by October 12. If you could also give me an idea of what you will do for lunch, I can use this information to warn the cafe to be well prepared, and/or try to ensure that the barbecues are not too overloaded. For indications of intent and enquires, please contact me (Simon) on 9271 2959 (H).

INFORMAL RIDES

For those who do not wish to join the organised ride of the day but would still like some company, a time and place will sometimes be given for informal rides. This is generally the Causeway car park (number 4, near the bike hire shed). It is up to those who turn up on the day to decide what type of ride. This may mean that several different rides may be available, as people want different rides. Try it out if none of the rostered rides appeal to you - you may like it!

AUDAX AUSTRALIA

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event, the rider is eligible for a certificate and a patch or medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Very generous personal injury and income protection cover are afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information and a program of events is available by contacting Don Briggs on 9458 8175 (H) or checking the Rides Calendar.

1997 FESTIVAL OF TRIATHLON

The '97 International Triathlon Super teams Relay will be staged in Perth on Sunday November 9 1997. A mass participation event, The Super Teams Relay will provide the community with a rare opportunity to compete on a world championship course against world-class athletes. The Super Teams Relay is designed to be a fast and exciting race and participants ranging from triathletes to celebrity teams will contest the 1500m swim, 40km cycle and 10km run in the Open Category. Novice and corporate teams in the Sprint Category will battle the shorter distance of a 750m swim, 20km cycle and 5km run.

The 1997 ITU Triathlon World Championships will be staged in Perth on Sunday November 16 1997. The course is around the city of Perth and Kings Park.

If you would like to become a volunteer and work on one or both of these events, or if you wish to participate in any leg of the relay, please contact Stephen Doyle (race director) on 9220 1788.

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Rides Calendar – October/November 1997

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water!

RIDE GRADINGS

Easy - anyone

Medium - fit with geared bikes

Medium Hard - fit and experienced. Distances < 100km

Hard - fit, experienced and strong. Distances > 100km over hard terrain

FRIDAY OCTOBER 10 SOCIAL NIGHT IN A BIG COUNTRY

Meet at Big Country Camping and Tramping (884 Hay Street, Perth) at 7:00pm. Come into the gracious environs of the Big Country Camping and tramping store, who have kindly offered to be our hosts for this evening. They will present a showcase of all the essentials required by the modern cycle tourist not around town. In addition, the usual evening tea break facilities will be available.

Organiser: Simon ☎ 9271 2959 (H)

SATURDAY OCTOBER 11 THE ONE YOU MISSED ACHIEVEMENT/CHALLENGE RIDE

50/100/160/200km Medium to Hard. This ride is intended for all those who have missed a ride required for the CTA Achievement or Challenge series. With the new system of brevet rides it should no longer be necessary to undertake this polycyclic course but if you really want to travel around the Chittering Valley please advise the leader at least 5 days before the event.

Organiser: Graham ☎ 9444 5098 (H)

SAT-SUN OCTOBER 11-12 WELLINGTON MILLS DAM

The famous CTA mountain bike weekend is to be based at Wellington Mills Dam, which is 30km south east of Bunbury. Prior bookings essential.

Organiser: Tony Humphreys ☎ 08 9725 5631 (W)

SUNDAY OCTOBER 12 THE SKITTISH FILLY RIDE

50km Easy. Meet at the Causeway Carpark at 9:00am with the other fillies and colts for a slow canter around some of the bridle tracks of the Southern districts. A feedbag of more than oats and bran is a distinct possibility. This ride is guaranteed to make your coat glossy and your saddle soft and comfortable.

Leader: Desama ☎ 9474 2068 (H)

WED OCTOBER 15 THE RECOVERY DINNER RIDE

15km Easy. Meet at the Barrack Street Jetty for an easy paced ride to a South Perth eatery. The leader will have just returned from an interstate holiday with Janet and will need to recover with a gentle ride and copious amounts of food. *Lights essential and reflective vests recommended.*

Leader: Steve Blackburn ☎ 9313 2814 (H)

SATURDAY OCTOBER 18 POCKET ROCKET LETS FLY

25km Easy. Meet at the Causeway Carpark for a 2:00pm afternoon ride around the bridges and along-side the rivers to an afternoon tea stop. This may be your only chance to see the pocket rocket cycling slower than the speed of light - so come along with your cameras to catch this rare event.

Leader: Ann ☎ 9444 5160 (H)

SUNDAY OCTOBER 19

COMBINED CLUBS RIDE

Option 1: 60km Medium. Meet at Midland Town Hall at 8:45am for a 9:00am sharp departure. This will be a challenging ride along quiet roads up the Darling Scarp to rendezvous with:

Option 2: 25km Easy. Meet at the park along Jacoby Street (at the end of Nichol Street) in Mundaring for a relaxed ride to Lake Leschenaultia, to enjoy lunch there with members from other cycle clubs. See inside this newsletter for more details.

Leader: Simon ☎ 9271 2959 (H)

WED OCTOBER 22

HURRY UP AND FEED ME RIDE

10km Easy. Meet at the Barrack Street Jetty (near Moorings Café) at 6:00pm for a 6:15pm start. Come for a short ride around the river and watch Janet devour absolutely unbelievable amounts of food in a very short time. You are sure to find enough leftovers in the Mend Street eatery to satisfy your own cravings. *Lights essential and reflective vests recommended.*

Leader: Janet ☎ 9313 2814 (H)

SATURDAY OCTOBER 25

SAY HELLO TO AUDAX

50km Medium. Meet at the Raffles Hotel Carpark at 8:00am to say hello to the Audax riders as they take off for a 8:00am (Audax time) training ride to Fremantle. We will leave at 8:00am (CTA time) to follow the same course well after they have left! The ride will head to the Left Bank on the Swan River for a relaxed breakfast and then a ride through Fremantle and back via a more Southern route.

Leader: Steve Blackburn ☎ 9313 2814 (H)

SUNDAY OCTOBER 26

GRAHAM'S RIDE

20km Easy. Meet at the Oxford Street carpark of the Leederville Railway Station for a short ride to the Herdsman Lake Wildlife Centre (entrance fee \$2). All those interested can hear a short talk about the surrounding bird life before we take off on a leisurely ride around the lakes and a spot of café watching in Leederville.

Leader: Graham ☎ 9444 5098 (H)

WEDNESDAY OCTOBER 29

A TASTE OF THAI

40km Easy. Meet at the Raffles Hotel carpark at 6:00pm for a 6:15pm start. Our intrepid leader will take you through the steaming jungles of Malaysia to cross the border into Thailand for a taste of the Orient in the old George Street Hotel building. *Lights essential and reflective vests recommended.*

Leader: Tom Wall ☎ 9339 3207 (H)

SUNDAY NOVEMBER 2 A TRIP DOWN MEMORY LANE

60km Medium. Meet at Deepwater Point carpark at 8:30am for a toodle around the South of the River environs. Ross is sure to have many photos and descriptions of his new grandchild - if it has happened by then! A cuppa is not out of the question!!

Leader: Ross Cussons ☎ 9317 2588 (H)

WED NOVEMBER 5 DESAMA'S DASH FOR A WOODY

20km Easy. Meet at the Kings Park Log at 6:00pm for a "flight" taking in the Northern Lights to Woodpeckers's Woodfired Pizzeria. For all you hungry little peckers there's more than one dish to choose from. *Lights essential and reflective vests recommended.*

Leader: Desama ☎ 9474 2068 (H)

SATURDAY NOVEMBER 8 SIMON'S COOL (RE)TREAT

35km Easy. Meet at the park on the corner of Central Avenue and Carrington Street in Maylands for a 10:00am start. The ride will be an easy paced religious experience as we head for a cool (re)treat.

Leader: Simon ☎ 9271 2959 (H)

SUN NOVEMBER 9 STRAWBERRY FIELDS FOREVER

50km Medium. Meet at 9:00am at Warwick Railway Station for a ride into the strawberry fields north of Wanneroo to pick-our-own and also a stop at the tearooms. BYO Trangia and chocolate for dipping your strawberries if you prefer your meals to contain at least one of the essential food groups.

Leader: Bridget ☎ 9444 5098 (H)

WEDNESDAY NOVEMBER 12 WAY DOWN UPON THE SWANNY REEF

20km Easy. Meet outside the Claremont Showgrounds on the corner of Ashton Ave and Judge Ave, near Loch Street railway station. Come and enjoy a pretty ride to the beach, dinner at Swanny Reef Café and finally a cruise through the new velloway. *Lights essential and reflective vests recommended.*

Leader: Desama ☎ 9474 2068 (H)

SUNDAY NOVEMBER 16 CTA BIKE RALLY

50km at your own pace. Meet at the Causeway Carpark at 8:45am for a 9:00am start. This bike rally will meander around Perth on mainly flat terrain as you attempt to solve a number of problems – including how to read a map during an easy/medium paced cycle!

Organiser: Tony Humphreys ☎ 9447 6179 (H)

FRIDAY NOVEMBER 21 SOCIAL EVENING

Come along for our last social evening for the year at the Ernest Johnson Guide and Scout Hall (off Pilgrim Street) in South Perth at 7:00pm. The theme for the meeting is a wine & cheese sip and nibble whilst you have to suffer through a slide presentation and talk on Janet and Steve's interstate safari.

Organiser: Steve Blackbourn ☎ 9313 2814 (H)

SATURDAY NOVEMBER 22 10 000 IN 8 REVISITED

110km Hard. Meet at Kelmscott Railway Station carpark (near Denny Avenue) for a 8:30am start. This is a brevet card special for those requiring this ride for a Challenge or Achievement series. Potential riders must register with the organiser at least one week prior to the event.

Organiser: Steve Blackbourn ☎ 9313 2814 (H)

SUNDAY NOVEMBER 23 MURIEL'S WEDDING

50km Medium. Meet at the Raffles Hotel carpark at 9:00am for a 9:15am start. The ride will head to a Northern beach for a swim and a bite to eat before returning with the sea breeze.

Leader: Steve Blackbourn ☎ 9313 2814 (H)

WEDNESDAY NOVEMBER 26 EVENING CAFÉ RIDE

20km Easy. Meet at the Kings Park log at 6:00pm for a 6:15pm start. The ride will wander through Nedlands to snack or dine as required at a local café before returning to Kings Park. The ride may become hilly if you need to burn off too many calories! *Lights essential and reflective vests recommended.*

Leader: Mark ☎ 9382 1961 (H)

SAT NOVEMBER 29 SOUTHERN PROGRESSIVE DINNER

30km Easy. The start and finish is at Steve's place in Waterford with various stopovers for each course. Tickets are essential – anticipated cost is \$30. *Dress: A Fairytale Character.*

Organiser: Steve Blackbourn ☎ 9313 2814 (H)

SUNDAY NOVEMBER 30 THE MORNING AFTER

25km Easy. Meet at the Raffles Hotel carpark at 12:45pm for a 1:00pm start. We will try a 'hair of the dog' cure with a convoluted ride to the Point Walter Café to settle our tummies from the progressive dinner.

Leader: Steve Blackbourn ☎ 9313 2814 (H)

WEDNESDAY DECEMBER 3 A NORTHERN SAFARI

Short distance at an easy pace. Meet at the Barrack Street Jetty at 6:00pm for a leisurely stroll to a local café and an even more leisurely stroll back to the start position.

Leader: Ross Cussons ☎ 9317 2588 (H)

SUNDAY DECEMBER 7 NOT THE AGM RIDE

60km Medium. Meet at the Midland Town Hall for a 9:00am start for a hilly tour through Darlington, John Forrest National Park and Mundaring before returning to Midland.

Leader: Kleber Claux ☎ 9458 7519 (H)

SUNDAY DECEMBER 14 ANNUAL GENERAL MEETING

20km Easy. Meet at the Ernest Johnson Guide and Scout Hall (off Pilgrim Street) in South Perth at 9:00am for a circular ride to return for the AGM at the Scout Hall. The AGM starts at 10:30am and will be followed by a BYO lunch. Bring along a plate of food to share or something for the BBQ.

Leader: Simon ☎ 9271 2959 (H)

C.T.A. COMMITTEE – 1997

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SECRETARY: Mark	9382 1961 (H)	TOUR CO-ORDINATOR: Tony Humphreys	9447 6179 (H)
TREASURER: Ann	9444 5160 (H)	AUDAX REP: Steve Blackbourn	9313 2814 (H)
COMMITTEE: Bridget	9444 5098 (H)	COMMITTEE: Desama	9474 2068 (H)

CORRESPONDENCE To P.O. Box 174 WEMBLEY 6014

FOR MEMBERSHIP DETAILS CONTACT THE TREASURER