

THE CHAIN LETTER

Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (INC.)

September/October 1999

Issue 148

Progressive Thinking

As the day drew to a close on Saturday March 20 1993, there was an expectant hush surrounding the group of 19 eager cyclists as they met outside "El Presidente's Place" in the Garden of Eden called East Fremantle. It was the inaugural CTA Progressive Dinner and it was also the start of a tradition of combining fun, bikes and food on a night ride. The first ride started and finished at my place, with meal breaks at Sue Nilan's parent's place, Point Walter foreshore and Jenny Knight's unit. My Jack Russell, April, provided entertainment and Mark Nilan and myself broke the ice in the swimming pool as we tried to work off the port and ice-cream cake.



*Steve and April
in formal attire -
March 1993*

Complaints about the lushness of the location for the first dinner saw a group of poor, destitute cyclists (including Tony, Simon, Maria and Mark attempt to reproduce the ride in the dry tundra and wastelands, north of the river. This poor excuse for a ride happened in November 1994 – and obviously everyone got lost during his or her attempts to find civilization! The meals consisted of



Dinner by the pool in November 1994

gruel and raw potatoes washed down with swamp water (my memory may have been a little hazy) and Exceed. From there, a competitive alternating cycle (sorry!) of North versus South saw each group attempt to outdo each other. The November 1995 and 1996 dinners came and went with serious riding and eating the name of the game.



Formal attire in November 1995

November 1997 was our Fairytale theme with the start and finish again at Steve's – although this time it was in a parkland in Waterford – and outrageous feasts at Terry & Desama's, with Pam's place providing healthy alternatives. A Grunge fairy mixed with a Musketeer, Greatest American Hero, Blue Boy, and sundry other characters as we entertained the neighbours.



A progressive fairytale in November 1997

Please send all articles and pictures for the next newsletter to the Editor no later than October 20.

The last effort was a North of the River snack in March 1999 – with Ann, Stan, Sue and Andrew attempting to lift the stakes (there were certainly no steaks!) with cocktails, pasta and cakes spread amongst the bike parts and people appearing as an 'S' person or thing. To meet this challenge, Graham & Bridget moved South of the River and Desama & Terry moved house just to combine with Steve to produce the second (and best) progressive dinner ride for the year. This will happen on November 13 – stay tuned to either enjoy the treat or repent your tardiness in booking for this excellent repast.

Steve

(Note - There were two other progressive dinners in December 1993 and April 1994, giving a total of eight to date.)



There were scientists, sheiks, squaws and spooks to boot, even a speleologist in March 1999

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Please contact the Treasurer for Membership details and send all correspondence to:

P.O. Box 174 Wembley 6014

CTA Email: cta_wa@yahoo.com

NEW MEMBERS

A hearty welcome is extended to the following new members who have joined since the last Newsletter.

Nicky Armstrong

Bob Firth

Ian Gould

John Van Der Western

Hope to see you "on your bike" on one of the rides!



SMOKEY CAR SPOTTER

Ever notice how difficult it is to breathe when smokey exhaust fumes are choking up the atmosphere? Well here's your chance to strike back! Report smokey vehicles by giving the registration number, make and colour of a smokey car, together with the time and place that you spotted it, to the Department of Environmental Protection by telephoning 9324 2835.

Tours and Weekends

TONIGHT IN TOODYAY

November 6 - 7

For all those who would like to get away from it all, I can't offer you all that. But if you want to get away from Perth for a weekend, you could do worse than to ride to Toodyay!

The ride to Toodyay takes in back roads around the Swan Valley, as well as the beautiful Chittering Valley and Julimar roads. We will stay overnight at the Victoria Hotel, before returning via the Old Northam Road and other back roads to Midland.

The distance is about 100km each day.

Accommodation costs in Toodyay are \$30 for the night, although there are also three person units at \$75. Meals are available at the hotel starting from \$8.50, and vegetarians are catered for.

As accommodation needs to be booked, reservations are required and would be appreciated by September 30 along with a \$10 deposit per person. However, reservations after this date may also be possible, depending on room availability, so it is always worth contacting the organiser (even if it's November 5!).

For enquiries and bookings please call:

Organiser: Simon ☎ 9271 2959 (H)

A MINT RIDE

It was a mint day, to go for a ride to the Mint. The sun was shining through the clouds and a group of cyclists were gathered, waiting to be showered with gold (well at least to look at it!). After some discussion, it was decided to do a short ride to the Mint, then the remainder of the cycle after our tour.

Patricia and Lance led the way around the Swan River, under the railway bridge and along past Burswood. We continued weaving along the cycle paths, chatting, enjoying the sunshine and soon discovered ourselves crossing the Narrows Bridge. It was then a short journey into town and to the gateway of the Perth Mint.

We locked up and surveyed the foyer, with its many displays of gold coins, jewellery, Olympic memorabilia and history. Soon our tour began with an informative talk about the Mint's early history. It was opened in June 1899, is our nation's oldest operating mint and was still under British control until as late as 1970.

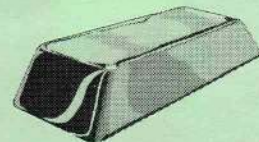
The group walked through the vault used

from 1899 - 1990 to store the gold for refining. Everyone had to at least touch the 400oz gold bar (worth over \$200,000) and some tried to lift it. There were fine displays of nuggets and a range of gold types (ie sponge, wire!). You could measure your weight in gold, try your luck at cracking a safe (for a gold chocolate bar) and it was fascinating to witness a gold pour.

With the tour over myself and Terry had to part company with the group, nevertheless, they continued on to a coffee stop and finished the ride some time later.

We all caught a little gold fever...now if I could just get Terry to give me that 'Hand of Faith' nugget!

Desama



RAIN JACKETS

A new product by Maresa is available to CTA members at a special price of \$135. The jacket is made from 'Breathalon' and is

breathable, waterproof and wind-proof. It is well made and highly visible. Contact Graham Blackwell on 9450 3545 for further details.



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President's Piece

AN IRISH SOJOURN

In the last President's Piece I put some words together on cycle touring. What some of you may not have realised was that I wrote that article while overseas, and was just about to embark on some cycle touring in Ireland. We often hear stories of cycling in Ireland. Quite often we here all sorts of tales on the relative merits of cycling in this place, the vagaries of Irish weather, Guinness and the friendliness of the Irish people. Ireland has held a certain curiosity for me, so I decided to satisfy the wanderlust and curiosity and actually go and do it.

I elected to use fixed accommodation, such as bed and breakfasts plus youth hostels. Thus I didn't take any camping gear. I made the decision not to take a sleeping bag, and took a youth hostel sleeping sheet instead. For the parts of Ireland in which I was travelling, there is an extensive network of private youth hostels in addition to the International Youth Hostels, plus there are bed and breakfasts in many locations. As it turns out, some of the bed and breakfasts are hardly any more expensive than the youth hostels, and they offer security and privacy and a chance to meet some of the locals. As it was not the busiest time of the year, finding accommodation wasn't a problem. Later in the season, loads of tourists visit the place and accommodation can be a little difficult to find, especially in the more popular localities.

I found that the roads were lumpy and bumpy and found it difficult to make rapid progress. There were lots of small hills, quite often with relatively rough surfaces. A granny gear is a necessity and I used it quite often. Luckily I didn't find any roads too steep to ride up. Another thing which I noticed was the behaviour of the motor vehicle traffic in Ireland. Except for the major towns (Cork is a case in point), the car drivers were very

considerate of the wayward tourist on a bicycle. I suppose it could be that most people in the country areas probably know someone who gets around by bicycle. Another thing was the number of travellers on bicycles. It seems a popular way to get around in this place.

I didn't try to travel huge distances from day to day. I was, after all, on holiday and I didn't set out to circumnavigate Ireland. I went to all the places that I intended to visit, and set little goals along the way including things that I wanted to see or do. I met several like-minded Dutch cyclists who agreed that this was the way to go. I also met an American who was bent on riding around Ireland in a month, and didn't really seem to be enjoying himself!

Luckily the weather was kind to me. In travelling in Ireland, you always take a chance on the weather. I had two very wet days out of twenty, which was much better than I was

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expecting. I had four gloriously sunny days, and the rest were mostly dry and cloudy, with some drizzly afternoons. A typical weather forecast is "Sunny with Showers"! I found that the weather always makes a good topic of conversation because everyone notices what it is doing.

A topic which is of interest to most cyclists is the food. I sampled the local fare and ate lots of Irish stews. It is very easy to get used to the huge cooked Irish breakfasts, often accompanied with soda bread and blood pudding (not as bad as it sounds!). The big breakfasts were enough to sustain me until late in the afternoon. I can also report that the Guinness is as it should be.

There are tales of the friendliness of the people, and in my experience I now can say I believe this to be true. In some places I was treated like a long lost friend, and in others

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like a member of the family.

In short, I had a wonderful time in Ireland. I can recommend it as a cycle touring destination, and I will look forward to returning there some day.

CTA SILVER ANNIVERSARY DINNER

As most current members will realise, the CTA turns 25 this year. The committee organised a Silver Anniversary Dinner to celebrate the occasion (some will be enjoying it as they read this). We tried to contact as many past members as possible, which proved to be a difficult and time consuming job. I am sure the dinner is/was a gala occasion, and I thank all those that supported it.

The CTA is a part of your lives, and you can make it an interesting part of your lives if you take an interest in it. With all its ups and downs, the Cycle Touring Association of WA is a wonderful club to belong to. The dinner is a wonderful opportunity to catch up with old acquaintances and perhaps reminisce about past times and events in the CTA's history.

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Mark

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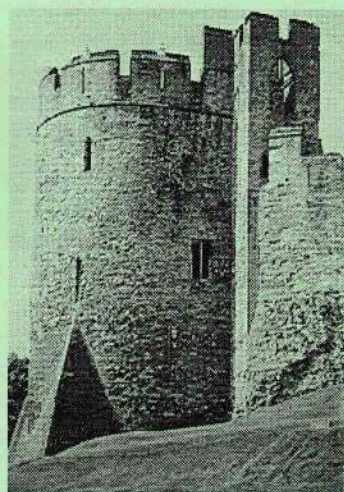
64 Farmer Street, North Perth

Tel: 9443 3407 Fax: 9443 8687

Don't you get lonely travelling by yourself?

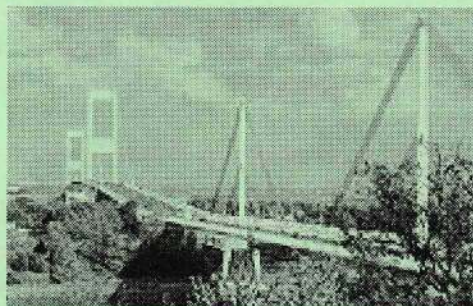
I had just spent the day cycling from St Briavels to Thornbury (both in Gloucestershire, near the border with Wales) and was just a little bit tired and spent. Prior to that I had a couple of hard days riding in the hilly Forest of Dean and surrounding areas in the Wye Valley. I was now on my way back towards London.

When I left St Briavels the weather was a bit bleak, being cloudy and misty. There was definitely a hint of rain in the air. The rain soon appeared as I made my way towards the A48 on my way to Chepstow. There was a little problem – a hedge trimming team had been on its way along the lanes, and there were brambles scattered on the road. Unfortunately, I didn't manage to miss them in a heavy downpour. Just short of Chepstow I had to stop and repair a leaking tyre. Luckily the rain had stopped and I had managed to stop somewhere that was sheltered in case it rained again.



Chepstow Castle

I stopped in Chepstow for some morning tea and to admire the Chepstow Castle. I then made my way uphill through the town to get to the M48 cycle path to go across the Severn Bridge. As I approached the bridge I came to a very long line of traffic queued waiting to cross. I got to where the cycle path crosses the bridge and it was closed! The bridge had been closed for about 2 hours because there had been an explosion in a chemical plant at Avonmouth near Bristol and the strong winds were carrying the toxic fumes up river over the bridge. The man at the barrier promised that it wouldn't be long – they expected it to be open in another half an hour. Ha! About an hour later the first traffic was allowed across – including me, who was by now cold and hungry and just a wee bit tired of waiting.



The Severn Bridge

I made my way to Thornbury against a very strong wind and sometimes heavy showers. As I cruised a very long downhill on the way there, I wondered whether I would be able to find any accommodation, as it was getting late and I didn't fancy having to continue on. In Thornbury I looked for and found a Bed and Breakfast at a reasonable price – the "Little Orchard", not far from the centre of town. At that stage I wasn't too fussy, and was just glad to find somewhere cosy and warm. Sue the landlady offered me a cup of tea, while Daisy, a very friendly cocker spaniel, looked on, tail wagging. As I sipped my tea, Sue inquired "Don't you get lonely travelling by yourself?"

"Yes...desperately so," I said.

"Oh!" exclaimed Sue. At this stage she decided I was human after all. She then proceeded to tell me about an American who had been travelling by himself also and missed his family so much that he wasn't enjoying himself at all! I assured her that it wasn't that bad for me, but that as I had been travelling for a while, I was looking forward to going home and seeing my friends again.

As it turned out I had a very pleasant and relaxing time that evening, chatting to Sue and the other house guests in the cosy little B&B in Thornbury.

Mark



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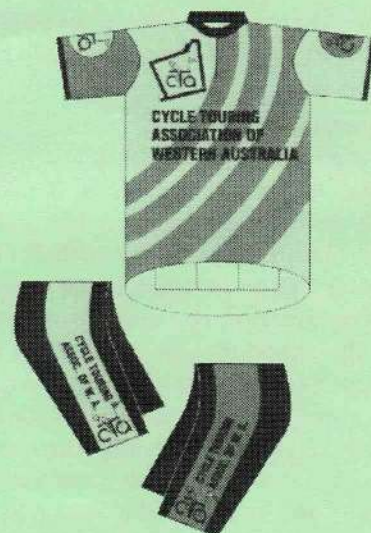
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8.00 - 8.15am

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The CTA Achievement and Challenge Series

Once again we are running a series of rides that will allow you to qualify as a receiver of the Super Achiever or Challenge Award for 1999. Each ride of the series must be completed in a set time limit but is otherwise non-competitive in nature.

The Achievement Series

To become a Super Achiever you must complete a 50km, 100km, 200km, 300km and the 10,000 in 8 brevet or official ride.

The Challenge Series

The Challenge Award will be obtained with a 50km, 100km, 100 mile, 200km and 10,000 in 8 brevet or official ride.

Using Brevets and Audax Rides

The brevets can be either CTA or Audax rides which have been approved by a member of the CTA Committee (preferably the Rides Co-ordinator for CTA brevets - see below). Note that this year we have included two separate series in the calendar to allow the maximum number of riders to participate in either of the rides programmes.

Any person intending to use a CTA brevet card for a ride must contact the Rides Co-ordinator to select one of the approved routes at least one week prior to the ride (you do not need to book for an official CTA ride of the series). After completing a brevet, the member must deliver the card to the Rides Co-ordinator to record the ride and ensure that the ride is officially recognised at a Committee Meeting. If you require further details please contact Steve on 9313 2814 (H).

AUDAX FOR CTA RIDES SERIES

From now on if you want to take part in an Audax ride you MUST complete an entry form and get it to the ride organiser BEFORE the day of the ride.

Forms are available from the CTA Rides Coordinator. I would suggest you fill out this form with your details in the Rider section and then PHOTOCOPY the form to give yourself the opportunity to enter multiple rides. If you don't put down an Audax membership number, you will be charged \$2 extra as a non-member.

Then:

1. Fill in the Ride details with the distance and date of the ride.

2. Determine the ride fee as follows:

all unsupported rides - \$5

supported: 200km - \$8

300km - \$12

3. Sign the form and send the form and correct money to the ride organiser (make cheques payable to Audax Australia) before the day of the ride. Also note that if your form does not reach the ride organiser by the Tuesday before the ride, there will be a \$2 late fee.

4. Maps and route notes can be collected from the ride organiser 2 weeks before the ride. If you want it mailed to you, send a stamped self-addressed envelope with your entry form. Otherwise you will get a map and route notes with your brevet at the start.

THE WINNER'S CIRCLE

Congratulations to the following people who were successful in completing the 200km Achievement/Challenge ride:

Bruce Beecham

Carol Jackson

Graham Blackwell

David Lewis

Dennis Braddon

Liz Wheib

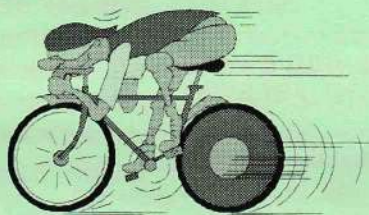
Kleber Claux

Lance Whiteford

Michael Hook

Patricia Whiteford

If you have any queries about the series, please contact Steve Blackbourn on 9313 2814.



Paddy Pallen

THE LEADERS IN ADVENTURE

884 Hay Street, Perth

Telephone: 9321 2666

Facsimile: 9321 1990

Audax Australia

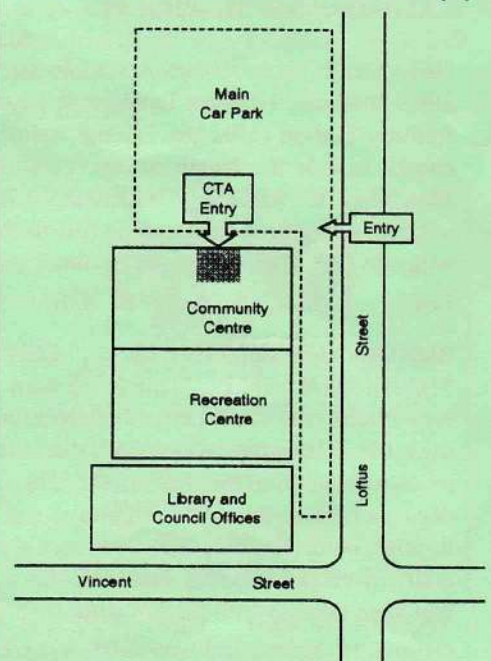
Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event, the rider is eligible for a certificate and a patch or medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Very generous personal injury and income protection cover are afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information and a program of events is available by contacting the CTA Rides Co-ordinator, Steve Blackbourn, on 9313 2814 or by checking the Rides Calendar.

CTA Social Evenings

The Social Nights are usually (but not always) held on the second Wednesday of each month at the Loftus Community Centre on the corner of Loftus Street and Vincent Street, Leederville. Enter from the main carpark on the north side of the complex (see map below). For further details contact Desama on 9472 9887 (H).



Rides Calendar — September to October 1999

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water!

RIDE GRADINGS

Easy - anyone

Medium - fit with geared bikes

Medium Hard - fit and experienced. Distances < 100km

Hard - fit, experienced and strong. Distances > 100km over hard terrain

If you are interested in doing a particular ride, but you feel it may be too long for you, don't be put off. Contact the ride leader to see if you can do part of the route.

** Indicates ride suitable for Achievement/Challenge series.*

SATURDAY SEPTEMBER 4 CTA SILVER ANNIVERSARY DINNER

SUNDAY SEPTEMBER 5 **INFORMAL RIDE**
9:00am Start. Meet at the Causeway carpark with other lone cyclists and decide where to go and how far, you never know where you may end up?

WEDNESDAY SEPTEMBER 8 **SOCIAL NIGHT**
Meet at 7:30pm at the Loftus Community Centre in Leederville (refer to map page 5). Find out about your local Bicycle User Group and how you can improve cycling facilities in your local area. Does your shopping centre lack bicycle parking? Is there a U rail dangerously placed? Would on-road lines make your trip home safer? Is the neighbouring council going to rip up your bike path to work? Don't get angry, get ACTIVE... BUG groups in Perth have been effective in making changes happen.

Organiser: Desama ☎ 9472 9887 (H)

SATURDAY SEPTEMBER 11 **GOOD, BAD & UGLY
ALONG THE FREEWAY**
80km Mixed pace, 7:40am Armadale Start or
30km Medium, 10:00am Leederville Start. Start at the Armadale Railway Station (after the 7:30am train). This will be a double chance to ride the length of the Freeway from Thomas Road to Joondalup. We will stop for refreshments at approximately 10:00am in Leederville if anyone wants to join us there. Brisk pace to begin with, slowing as the cycleway becomes more congested.

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

SUNDAY SEPTEMBER 12 **CENTURY CHALLENGE 2**
*160km Medium/Hard. This is the third ride of the second Challenge Series (see Chain Letter for details) and you must book with the organiser at least one week prior to the ride in order to be eligible to receive recognition for your efforts. The circular route is scenic but does include stretches on highways and main roads. We cycle through Wooroloo, Toodyay, Northam and York. Time limit is 10 hours (average 16 km/h). Note that this is a ride for members only that have booked with the organiser by September 5.

Organiser: Steve Blackburn ☎ 9313 2814 (H)

SUNDAY SEPTEMBER 12 **I SCREAM & WAFFLE**
30km Easy, 9:00am for a 9:15am Start. Meet at Fremantle Railway Station for a river ride to a new Gelaré establishment in Applecross. Return in a 'clockwise' direction (work that one out!).

Leader: Tom Wall ☎ 9339 3207 (H)

THURSDAY SEPTEMBER 16 **GETTING VERTICAL
IN BAYSWATER**
12km Medium, 6:30pm Start. Meet at the Barrack Street jetty for a moderate paced ride to the indoor climbing gym in Bayswater to blow away the forearms. Entry and harness hire is around \$20. Please ring Andrew a few days before the ride. *Lights essential and reflective vests recommended.*

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

SUNDAY SEPTEMBER 19 **GETTING TO KNOW YOU**
50km Social pace, 9:00am Start. Meet at the Raffles Hotel for a chance to get to know your fellow 'On Your Bikers' before spending nine days in close proximity. Learn to spot those potential snorers (and snoggers) or fellow aficionados of the fermented grape or barley extracts. The pace is social, so come and meet the King & I (look at the ride name!).

Leader: King Tony ☎ 9728 3105 (H)

TUESDAY SEPTEMBER 21 **GV IN BAYSWATER II**
12km Medium, 6:30pm Start. For those who couldn't make the first ride. Meet at the Barrack Street jetty for a moderate paced ride to the indoor climbing gym in Bayswater to blow away the forearms. Entry and harness hire is around \$20. Please ring Andrew a few days before the ride. *Lights essential and reflective vests recommended.*

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

SUNDAY SEPTEMBER 26 **RIDE TO SKI**
40km Medium, 8:00am Start. Ride a southern route to Cable Water Ski Park in Spearwood. For the adventurous, you can try to ski, bungee or board; for the more restful it's a good place for a bite to eat, before returning via the Freeway Cycle path.

Leader: Desama ☎ 9472 9887 (H)

WEDNESDAY SEPTEMBER 29 **GVIB 3**
12km Medium, 6:30pm Start. For those who couldn't make the previous two rides. Meet at the Barrack Street jetty for a moderate paced ride to the indoor climbing gym in Bayswater. Entry and harness hire is around \$20. Please ring Andrew a few days before the ride. *Lights essential and reflective vests recommended.*

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

FRIDAY OCTOBER 1 **GVIB 4**
12km Medium, 6:30pm Start. For those who do not have anything better to do on a Friday night. Meet at the Barrack Street jetty for a moderate paced ride to the indoor climbing gym in Bayswater. Entry and harness hire is around \$20. Please ring Andrew a few days before the ride. *Lights essential and reflective vests recommended.*

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

SUNDAY OCTOBER 3 FROM THE RIVER TO THE OCEAN

50km Easy/Medium pace, 9:30am Start. Meet in the carpark at the corner of Stirling Highway off Hackett Drive, opposite the University of WA. Cycle by the river and pass swish homes (Janet will squish homes) while we head to the Café at Port Beach for a coffee or three. For our return the ride leader has promised us a different route – but where have I heard that before?

Leader: Christel ☎ 9382 2237 (H)

MONDAY OCTOBER 4
GVIB 5

12km Medium, 6:30pm Start. For those who can only make it on Monday nights. Meet at the Barrack Street jetty for a moderate paced ride to the indoor climbing gym in Bayswater. Entry and harness hire is around \$20. Please ring Andrew a few days before the ride. *Lights essential and reflective vests recommended.*

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

SATURDAY OCTOBER 9
200KM AUDAX CLASSIC

200km Hard. This is an official Audax ride and must be booked with Audax at least one week before the event. If you need a copy of the application form contact Steve Blackburn as soon as possible.

Organiser: Nicky Armstrong ☎ 9293 2068 (H)

SUNDAY OCTOBER 10
10,000 IN 8 TAKE 2

*110km Hard/Hilly. Another chance for you to prove to the world what a Wally you are by climbing 10,000 feet in less than 8 hours. This is a necessary ride for the Achievement/Challenge series if you are contemplating finishing the series this year and did not complete the original 10,000 in 8. Once again it is a brevet ride and you must book with the organiser at least one week prior to the ride in order to be eligible to receive recognition for your efforts. The route is the normal flat roads around Kelmscott, Armadale etc. – so there is no excuse for anyone to not 'give it a go'.

Organiser: Steve Blackburn ☎ 9313 2814 (H)

SUNDAY OCTOBER 10
FREO FAST EDDIES RIDE

40km Easy, 9:00am Start. Meet at the Causeway car park for an easy ride through southern suburbs to Fast Eddies in Fremantle. While there enjoy a sumptuous feast as you spare a thought for the poor souls pushing themselves up the hills of Armadale. Once you have had your fill, return via a northern route.

Leader: Terry ☎ 9472 9887 (H)

TUESDAY OCTOBER 12
**GETTING VERTICAL
IN NORTHBRIDGE**

10km Medium, 6:30pm Start. Meet at Burswood - west side of railway station. For those who wonder what's been wrong with Northbridge. Join Andrew for another moderate paced ride to the indoor climbing gym to blow away the forearms. Entry and harness hire is around \$20. Please ring Andrew a few days before the ride. *Lights essential and reflective vests recommended.*

Leader: Andrew Woodroffe ☎ 9367 4759 (H)

WEDNESDAY OCTOBER 13
SOCIAL NIGHT

Meet at 7:30pm at the Loftus Community Centre in Leederville (see map on page 5). Tonight will be a talk by your beloved rides co-ordinator on the subject of 'Drugs in Sport'. This will not be based on personal experience I hasten to add – but from experiences in my role as a health professional. Supper will be provided to help keep you awake – so come and enjoy the last social evening of the year.

Organiser: Steve Blackburn ☎ 9313 2814 (H)

OCTOBER 16-24
ON YOUR MOTORBIKE

Tour the Southern Peaks on a motorbike for 9 days of sun, sex and surf – sorry, that's me (Steve) – *you* will have 9 days of sweat, sore butts and scurvy. Join King Tony for a frolic in the park – but only if you have booked and paid for the privilege! If you missed out, make sure you book early next year.

SUNDAY OCTOBER 17
**TURNIPS & ROOTS
INFORMAL RIDE**

Meet at 9:00am at the Causeway car park for a trip to wherever the majority of the riders want to go. It could be a buzz if you give it a chance! Why not use this opportunity to try out some of the rides you have been dying to inflict on the regular ride leaders. So choose a route, leave and ride.

Leader: Wombat ☎ 9325 4220

SUNDAY OCTOBER 24 WAS THE WEEK BEFORE XMAS

50km Medium, 9:00am Start. Meet at 9:00am at the Raffles Hotel car park for a trip to the ocean to clear the sinuses and experience the last weekend as a single cyclist. Coffee and munchies will be compulsory at a stop on the beach if the weather is salubrious or in Fremantle on the cappuccino strip if the weather is dampish. Return will be by a southern route – again weather dependent.

Leader: Steve Blackburn ☎ 9313 2814 (H)

SATURDAY OCTOBER 30
200KM AUDAX

200km Hard. This is an official Audax ride and must be booked with Audax at least one week before the event. If you need a copy of the application form contact Steve Blackburn as soon as possible.

Organiser: Nicky Armstrong ☎ 9293 2068 (H)

SUNDAY OCTOBER 31
CYCLE INSTEAD

20km Easy, 9:00am Start. Meet at the Causeway car park for a chance to decorate your bike with balloons, streamers and tinsel! After decorating your bike we head for the hills (Kings Park that is) for a leisurely ride back down to the river at Matilda Bay. Here we will take part in the Bikewest celebrations which are also to mark the official opening of the new riverside cycleway into the city. Meet the other cycling groups as we all join for a mass ride along the water's edge into the city and then return. If you have any bright ideas for the CTA's role in this endeavour please ring the organiser (Steve) on ☎ 9313 2814 before this weekend.

Leader: Janet ☎ 9319 9526 (H)

SAT/SUNDAY NOVEMBER 6-7
TONIGHT IN TOODYAY

100km each day, Medium. Join the group for a weekend tour reminiscent of years gone by. The CTA would regularly ride up to Toodyay for a weekend of fun and feasting. Simon will sing and tell jokes as well as entertain you with tall tales of the legendary doings of past CTA weekends away. Bookings essential. See page 2 of the Chain Letter for further details.

Organiser: Simon ☎ 9271 2959 (H)

SATURDAY NOVEMBER 13
**SOUTH OF THE RIVER
DINNER DATE**

20km Easy, 5:00pm Start. This South of the River Progressive Dinner will have a Turkish Theme – so please get into the spirit and come along in fancy dress. The total cost is \$25 for a 4-course meal that includes soft drinks and fruit juices (BYO refreshments). Hurry and book your place, as the number of participants is limited to 25. There is also a deposit of \$10 that MUST be paid a week before the event. *Lights essential and reflective vests recommended.*

Organiser: Steve Blackburn ☎ 9313 2814 (H)

1999 MEMBERSHIP FEES

Membership fees for 1999 have been set as indicated below:

1. Individual membership \$35.00
2. New members \$30.00
3. Full-time Students/Pensioners \$18.00
4. Dependants under 18 no charge

Existing members should note that there is a \$5 discount on fees (resulting in a \$30 fee) if they pay before the end of January. *Note that this does not apply to the student/pensioner membership fees.* Part year memberships are available after June.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

EQUIPMENT FOR HIRE

The CTA has some equipment (as listed below) which is available for members to hire for \$5 for 2 weeks or \$10 per month plus a bond. This is a great way to try out cycle touring without having to layout a large amount of money to equip yourself with the right gear.

- Rear Panniers (pair)
- Small Rack Bag (sits on top of pannier rack)
- Trangia

Please contact a committee member if you are interested in using this equipment.

CTA CLOTHING

The CTA has its own clothing available in two colour schemes - yellow with red stripes, or turquoise with green stripes. The design is available in short and long sleeved Coolmax tops, and black lycra knicks with a coloured side panel. The clothing is available in a range of sizes from XS, S, M, L, XL and XXL and costs \$55 for knicks, \$65 for short sleeve tops and \$75 for long sleeve tops (note that long sleeve tops have white sleeves). Please enclose a cheque with your order made payable to "CTA Clothing" and send to:

Lance Whiteford
6 Hakea Close
Ballajura WA 6066.

If you require any further information you can contact Lance on 9249 1970.



WHERE ARE YOU?

If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us. All members are asked to confirm their current address and phone numbers with Committee members.

CTA LIBRARY

The CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may only be borrowed for 4 weeks by contacting a committee member on the night. Contributions to the library would be greatly appreciated, so do not dispose of any cycling literature which you feel may be relevant.

POLICE BICYCLE REPORTS

The Police Bicycle Section would like to hear your reports of harassment, abuse or other serious incidents involving motor vehicles.

In order for the police to investigate an incident, you must be able to provide the registration number of the vehicle involved and the time and place of the incident. A description of the motor vehicle and the age and sex of the driver are also useful. You should always carry a pen and paper on your bike to record important details should you become involved in an incident. If the offense is serious, you should try to obtain the names of other witnesses who can verify your account. You can contact Officer in Charge at the Police Bicycle Section on 9222 1923 during working hours.

If undelivered please return to
PO Box 174 Wembley 6014
Western Australia

