

THE CHAIN LETTER

Newsletter of the **CYCLE TOURING ASSOCIATION OF W.A. (INC.)**

March/April 2000

Issue 151

Cottesloe Beach Bums

Oh gawd, an early rise at 6:00am, (I'm not used to waking up at this hour!) to meet the other cyclists at Shearn Memorial Park, in Maylands. So I arrive there, where are the other cyclists? What time is it? Oh no, I'm early again! I see an old guy running around, exercising; is he preparing himself for this ride? I'll check his bike – hmm...maybe not. He was done, put his helmet on, we exchanged greetings and he rode off. Meanwhile, the bearded one was hovering around the park, I saw him on Ann's ride – Kings Park to Sorrento, I hope his bike doesn't have any problems.

The riders started to trickle in, one by one to the park and Simon, our ride leader arrived! After the customary speech and safety briefing, we were off and riding towards Cottesloe Beach, yay!!

We started with ten riders in all, following many cycle paths before arriving at our destination. We lost one somewhere along the way because only nine riders made it to the beach.

We allowed our bikes to rest for awhile as we enjoyed a shady spot and some riders enjoyed a refreshing swim. Meanwhile, Simon did keep a good watch on our machines as we enjoyed the surroundings.

Before heading off, I managed to take a coupla pics of all riders securely helmeted – can you use the pics, Mr Editor? And what is the answer to the puzzle in the last newsletter? (*I can always use some photos, but it looks as if Simon has forgotten his helmet – again! - Ed.*)

On the way back to Shearn Memorial Park, Maylands, the number of riders began to wither away, 9, 8, 7, 6, as riders wanted to do

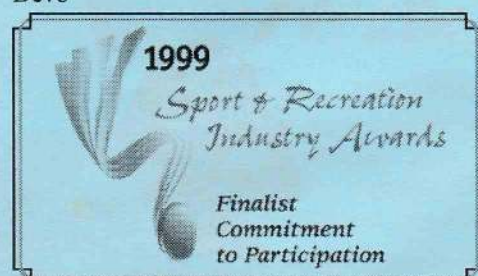


other things on Sunday. As we wind our way closer to the city, many streets (Servetus Street and Subiaco in particular) and meandering bicycle paths have changed since I last remembered them, although with a bit of consultation and a quick check of the map, we soldiered on – good on ya, Simon!

Soon Kleber had to go, then Ann and Terry (the Editor) deviated when we arrived at Northbridge. I was close to my place and farewelled Simon as I had to do a bit of music shopping.

Anyway, Simon, thumbs up for a good ride – a job well done. The ride leader was the only person to complete the whole ride!!

Devo



In this issue...

Tours and Weekends	2
Mind Teaser	2
Race Around Australia	3
Prenuptial Bike Agreement.....	4
Desama's Dialogue	5
The Way It Was	6
Achievement/Challenge Series	7
Rides Calendar	8
Reporting Cycling Hazards	9
Walk Against Want	9

Please send all articles and pictures for the next newsletter to the Editor no later than April 20.

CTA COMMITTEE

PRESIDENT

Desama 9472 9887 (H)

VICE PRESIDENT

Mark 9382 1961 (H)

SECRETARY

Terry 9472 9887 (H)

TREASURER

Ann 9444 5160 (H)

EDITOR

Terry 9472 9887 (H)

RIDES CO-ORDINATOR

Simon 9271 2959 (H)

COMMITTEE

Steve Blackbourn 9313 2814 (H)

Jeff Crow 9332 3360 (H)

Janet 9319 9526 (H)

Noel Eddington 9355 2745 (H)

Craig Abernethie 9361 0292 (H)

Please contact the Treasurer for Membership details and send all correspondence to:

P.O. Box 174 Wembley 6014

CTA Email: cta_wa@yahoo.com

NEW MEMBERS

A hearty welcome is extended to the following new member who has joined since the last Newsletter.

Connie Vanden Ende

Hope to see you "on your bike" on one of the rides!

Tours and Weekends

MULTIPLE CHOICE AT MANDURAH

April 1-2 2000

A 'getaway' weekend of your choice...

Option 1 - Friday Night

Arrive in Mandurah, set up camp then join Lance and Patricia for a coffee and light supper at about 7:30/8:00pm.

Option 2 - Saturday - 70km Moderate

Meet outside the Peninsula Caravan Park at 8:45am for a 9:00am start for a medium paced ride to the North Dandalup Dam, a popular picnic spot. Pick up a picnic lunch on the way out of town.

Option 3 - Saturday Evening

After freshening up/resting up/setting up, join Lance and Patricia for dinner at one of the many eateries in Mandurah.

Option 4 - Sunday - 40-50km Moderate

You might like to drive down just for the day, if so...BYO breakfast (camp fridge provided) or wander down the promenade to a local café for breakfast. Then meet outside the Peninsula Caravan Park at 9:15am for a 9:30am start for a leisurely ride around the many cycleways in Mandurah.

After making your choice/s, please book with Lance and Patricia and advise if you will be staying one or two nights by Thursday March 16 as it is essential to secure your booking at the caravan park. A \$5 deposit is required.

Organisers: Lance & Patricia Whiteford
☎ 9249 1970 (H)

EASTER IN EAST AUGUSTA

April 21-24 2000

An Easter bike tour from a base at the Scott River (near Alexandra Bridge) is planned for Easter 2000. Basically, we camp on Helen Lund's parents farm and ride out each day on a different route. Enjoy the fishing, hand-crafted furniture and wineries of the region. Breakfast is provided (BYO cereal and spread for toast) as well as the evening meal on Friday and Monday.

The cost is \$30 but don't forget to budget for restaurant meals, lunches, Jewel Cave tour etc. The tour is limited to 12 people so as not to overload facilities on the farm. For those preferring to make their own accommodation/meal arrangements, there are chalets and bush camping at Alexandra Bridge.

ITINERARY

Friday April 21

Arrive after lunch and set up tents. At 3:00pm leave for fishing trip on the Blackwood River followed by a Boley family barbecue.

Saturday April 22 - 72km

Ride out to Hamlin Bay via fine furniture craftsmen and Jewel Cave. Enjoy a tour of the cave and swimming and snorkelling at Hamlin Bay, followed by dinner at the Karridale Tavern.

Sunday April 23

The participants can choose to ride to a number of locations including Augusta, Molloy Island, Margaret River, Sues Bridge, the Berry Farm or other local wineries, followed by dinner at the Karridale Tavern.

Monday April 24

Again the participants can choose to ride to a number of locations including the Boranup Galleries, Boranup Forest Maze and Fox Glass Studios. Participants can return to Perth in the afternoon or stay for burgers on the farm and return to Perth the morning. Early risers can have a tour of the farm and try milking first hand.

Bookings are essential before April 10 and a \$10 deposit is required.

Organisers:
Chris & Helen Lund
☎ 9313 6523 (H)



Mind Teaser

An Arab sheikh tells his two sons to race their camels to a distant city to see who will inherit his fortune. The one whose camel is slower will win. The brothers, after wandering aimlessly for days, ask a wise man for advice. After hearing the advice they jump on the camels and race as fast as they can to the city. What does the wise man say?

LAST WEEK'S ANSWER

There is no missing \$1. The second last statement is wrong because the bellboy's \$2 can not be added to the \$27 paid by the cyclists. Rather, it is part of the \$27 with the remaining \$25 going to the hotel.



Race Around Australia

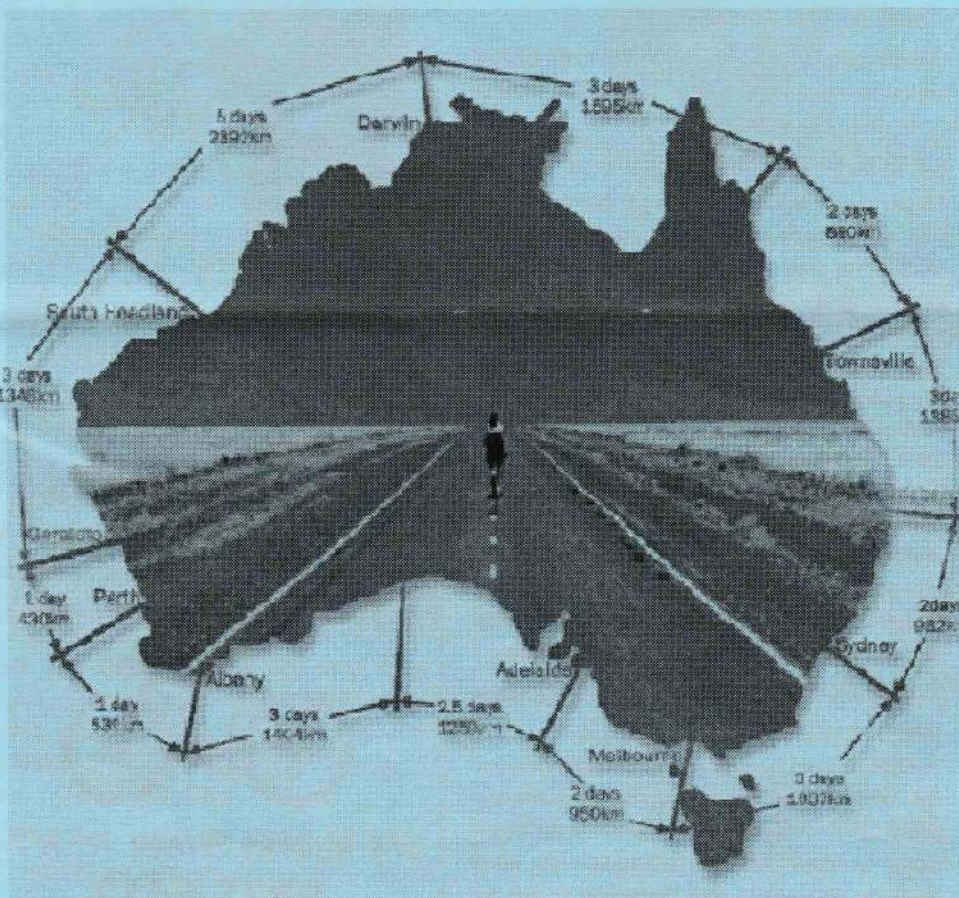
AN INVITATION TO ALL CTA MEMBERS

Perry Stone is an ultra endurance cyclist and the current record holder of the Race Around Australia, the longest solo bicycle challenge in existence. In 1999 and his first attempt at the race, Perry set a new record of 41 days and 22 hours. Although able to break the world record in his first attempt, in his second attempt he expects to dramatically reduce the time required to complete a circumnavigation of Australia. His target, 30 days! The 14,288 kilometre record course follows highway one around Australia, detouring around the Great Ocean Road, for safety considerations, and turning west at Townsville across to Broome via Darwin. The race starts and finishes in Perth, beginning April 7 2000. The race is ridden against the clock, not other riders.

Perry will have a support crew of six people in two vehicles. These crew members are essential to the safe and successful outcome of the challenge. Their responsibilities entail everything from Perry's hydration and food, bicycle maintenance, navigation, driving, media liaisons, setting up/breaking down nightly camps and any other task that might present itself.

Two crew members are sought. Expertise in massage therapy and/or bicycle mechanics are desired but not necessary. Crew members must thoroughly enjoy a challenge and be willing and able to put forth a friendly and positive effort at all times. The event is being filmed for a documentary style television program and crew members are also required to permit this.

These are volunteer positions but all expenses will be paid for. For further information check out Perry's website at <http://raa.extremetri.com> and contact Mark on 041 975 1637 or ultrarider@bikerider.com. No quitters need apply.



Albert Einstein

CANNING BRIDGE CYCLES

886 Canning Hwy
(cnr Sleat Rd)

APPLECROSS

500m from Canning Bridge

9364 1733

10% Discount for CTA Members

Open 7 Days incl. Holidays

Pasey Paein

THE LEADERS IN ADVENTURE

884 Hay Street, Perth

Telephone: 9321 2666

Facsimile: 9321 1990

Olivers

Cycle and Tackle Mart



10% Discount for
CTA Members

Unit 2 1440 Albany Hwy
CANNINGTON

9458 7716

Some Sad News

It is with sad regret that we hear about the recent death of Richard John Nabbs. Richard passed away late last year after a series of heart problems. Richard was well known to CTA members being a regular participant in Sunday rides. We would like to extend our sympathy to Richard's family.

Prenuptial Bike Agreement

This agreement acknowledges that the forthcoming marriage is an arrangement that accepts the perpetual continuity of the pre-existing relationship between the first two parties and that a three-way coexistence shall be created consisting of the following participants:

- Spouse A (the non biking loved one) hereafter referred to as SA;
- Spouse B (the biker) hereafter referred to as SB; and
- The Bike (the glorious one) hereafter referred to as TB.

Condition I: Acknowledgment

SA shall henceforth recognise that SB and TB have forged a long standing and unbreakable relationship and shall never attempt to permanently divide, or otherwise separate the two.

Condition II: Cohabitation

SA and SB shall agree upon comfortable and equal living quarters for TB, its related service equipment and riding gear. TB shall only be exposed to the elements of nature during rides. At all other times TB shall have access to warm, dry, low traffic living space. If at any time there should be conflict with SA, SB or furniture, TB shall have preference as to where it stays. In SA's absence TB shall be permitted bedroom space (if not already arranged).

Condition III: Exclusivity and Infidelity

At no time shall SA, SB, or TB be loaned out to be ridden by anyone outside the three-way relationship. SA must request from SB permission to ride, fondle or otherwise physically contact TB and only do so in the presence of SB.

Condition IV: Equal Time

SA shall be guaranteed quality time equivalent to TB unless it conflicts with TB in which case TB gets preference. Service time shall be guaranteed and considered a separate requirement. In the event of emergency, ie SA stranded, child sets hair on fire etc, SB shall complete whatever TB related activity as soon as possible and attend said emergency. In the event of an in-law visit or should, for any reason, SB become depressed or otherwise in need of stress relief, SB shall be permitted as much time with TB or TB related activities, magazines, books, events etc as needed until such time SB feels better.

Condition V: Parts

SA and SB will agree that SB be permitted

and encouraged to purchase any and all TB related equipment at any and all times, whether they be repairs, replacements, upgrades, or just plain Chi-Chi. Any replaced parts shall be considered cherished spares and provided appropriate storage space equivalent to that provided for TB, preferably under the bed, favourite cupboard or on coffee table as a conversation item. New



Items immediately installed shall require TB to be put on prominent display (ie in front of TV). Newly purchased items not immediately installed shall be put on display as a centre-piece during the day and they shall be kept under the pillow of SB at bed time, unless it is potentially dangerous to said part. This shall be for no less than 5 days or until they are installed whichever comes first.

Condition VI: Finance

All household finance shall be considered separate from TB finance. If conflict should arise then TB gets preference.

Condition VII: Disposition

In the event SA has a compatible bike, SB can offer spare parts to be temporarily installed for use by SA until such time SB requires their use on TB. No prior notice is required. All equipment and TB they are installed upon or intended for, shall remain the property of SB come hell or high water, and shall not be relinquished under any circumstance including death, in which case the surviving party will be obligated to complete the upgrades (expressed, implied or dreamed of) and bury TB with the departed, unless TB or SB requests a separate grave in which case they shall be buried side by side and SA shall not be buried between them.

Condition VIII: Protected Communications

All TB related communications intended for SB, be they voice (phone messages, visitors); print (mail-order catalogues, etc.); or electronic (e-mail, buddies calling to ride, etc.) shall be forwarded and delivered to SB as

expediently as possible. Furthermore, no censorship of said communications shall occur, and SA agrees to refrain from making disparaging comments about the content of these communications and/or their source(s).

Extended Conditions:

TB shall never be the focus of an argument nor brought up as part of one. TB shall never be discussed with in-laws unless said discussion is in praise or defence of TB.

No retaliation shall ever be taken against TB.

All of the above is to be considered iron-clad and in stone and non negotiable, unless of course, the nonbiker says so.



GORDONSON

C Y C L E S



374 Murray Street PERTH
9321 6412

Desama's Dialogue

What a wonderful two months we have enjoyed. The temperatures soared and so did the spirits of our cyclists. I have been on many a CTA ride with high numbers attending each function. It's good to see our calendar being appreciated by so many. Welcome to all the new faces I've met recently, the interest and enthusiasm is infectious.

Well done to all those early birds who took advantage of the reduced membership fees. To further promote our club we are distributing about six Chain Letters to local cycling shops and sporting centres. If you regularly cycle past or use these facilities and don't mind taking a handful of copies for distribution, please contact me. I would be very grateful to anyone who promotes their club.

It's that time of year again when cyclists come out in force to take over the streets and been seen. March 17 to 26 is Bike Week. As always the week is started with the bike to work breakfast (a time for the locusts to feed), followed by various events throughout the week. The CTA will be holding its forever popular BBQ ride as well as a wonderful trip up to Lake Leschenaultia. A good time to include family and friends in our favourite past time. There are many options available and it's the perfect time to get on your bikes.

Speaking of which, On Your Bike brochures will be hitting the scene soon, so look out for this and book your places early. No positions will be held, full payment up front is the only way to secure a place. Our tour leader, Ann Wilson has done a marvellous job so far and the 12th annual OYB Tour looks set to be a ripper.

The month of April is a hive of activity for cycle tourists. Two wonderful tours have been arranged and many choices are offered. I encourage everyone to participate in some or all of the options. The people involved in

the organisation of such events have put a lot of time and energy into creating them. A BIG THANK YOU from me. Check out all the details in the Tours and Weekends section. Due to the fullness of the calendar we have moved the Progressive Dinner to May.

Speaking of weekends away, I have just spent a relaxing weekend at Hooky's property near Bindoon. The other 14 cyclists and I enjoyed great cycling conditions, scenery, food, wine and the occasional screaming downhill run. For all the details and photo's you'll have to wait for the next issue.

Safety Tip: When riding closely behind another rider (ie drafting) don't allow your wheel to creep along side the back wheel of the cyclist in front. They can't see which side you're on and if they need to take evasive action, then it could cause an accident.

Safe cycling. 



ALDO CONTARINO

753 MASTER FRAME BUILDER

- Frame Repairs
- Modifications
- Resprays
- Full servicing on all bicycles

64 Farmer Street, North Perth

Tel: 9443 3407 Fax: 9443 8687



Supporting Cycling for over 60 years

Road & Track Racing
Mountain Bikes - Triathlon - Family
Touring Cycles - Tandems

Tel: 9430 5414 Fax: 9430 4062

66 Adelaide St, Fremantle

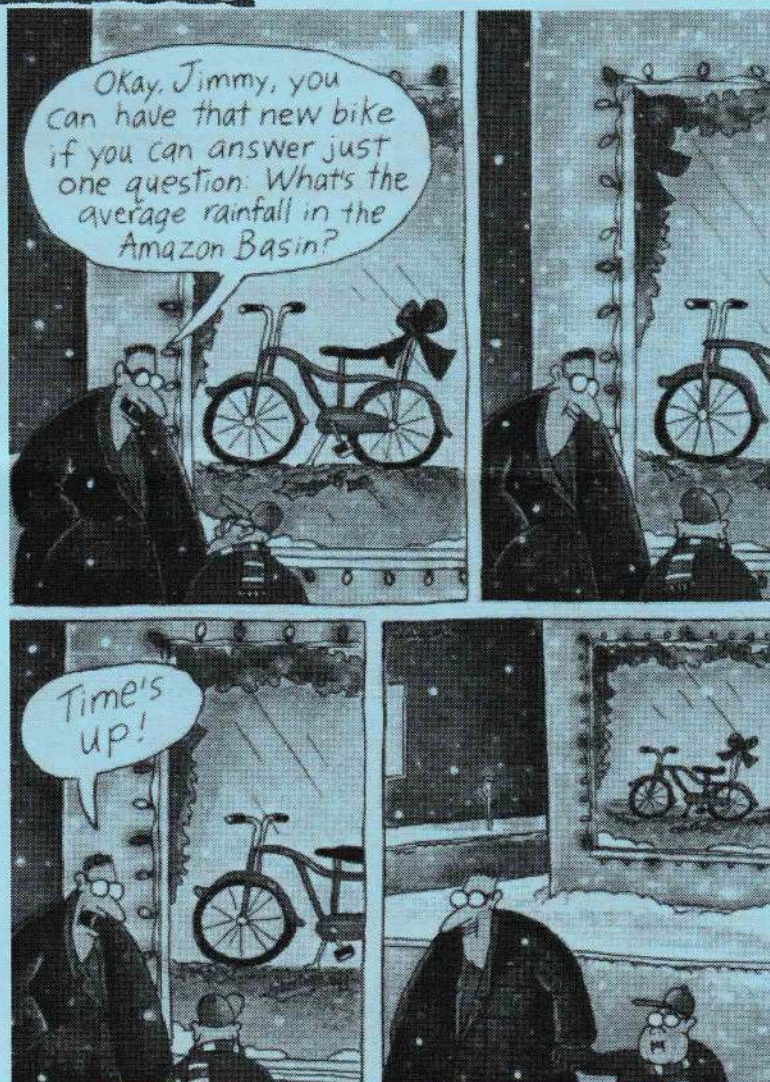
MOUNT CYCLES

OPEN 7 DAYS A WEEK

New and
Secondhand Bikes
Guaranteed
quality service
and repairs

**379 OXFORD ST,
MT HAWTHORN**

9444 2892



CTA Clothing Available Now

A large range of clothing stocks, in all sizes and colours is coming in. So get your order in now.

See back page for sizes and ordering information.



The Way It Was

Many years ago, CTA members used to have the inside of their membership card signed by the ride leader as a record of the rides they had completed during the year. An example of this is Mark Bettell's card shown below with some 19 rides recorded including short Sunday rides, Achievement rides including a 300km, and a 450km South West tour.

80170
CYCLE TOURING ASSOCIATION
OF WESTERN AUSTRALIA

Member's Name: **Mark Bettell**

Address: **411 HARRISON STREET
NTH DOUGLEVILLE QLD**

Phone: **04 9 1034**

C.T.A. Phone: **349 3589 / 4472168**

IN CASE OF EMERGENCY

Next of Kin: **MRS J.A. SAMPSON**

Address: **411 HARRISON STREET
DOUGLEVILLE**

Telephone: **04 9 1034**

Blood Group of Member:

Medical Information:

These cards were virtually unchanged until just a few years ago. The back and front of the current cards are almost unchanged but no longer fold out to allow rides to be recorded. It is probably just as well, because with the number of rides offered by the CTA today, we would need a much bigger card to cater for the regular riders.

50KM - ACHIEVEMENT. NP

105KM ROCKINGHAM. NP

8K 6/4/80 riding

15km 11/5/80 riding

Consistency ride. 15km DV

70K RIDE 230km DV

Leaning Post 35km NP

15.6.80 100km DV

29.6.80 45km NP

6/7/80 10km Sea DV

13.7.80 - 110KM SERPENTINE. NP

20/2/80 - 85km NP

7/1/80 0km DV

1/2/80 50km RACQUETON MOUNTAIN

24/2/80 10km DV

7/3/80 100km Jambou/cond NP

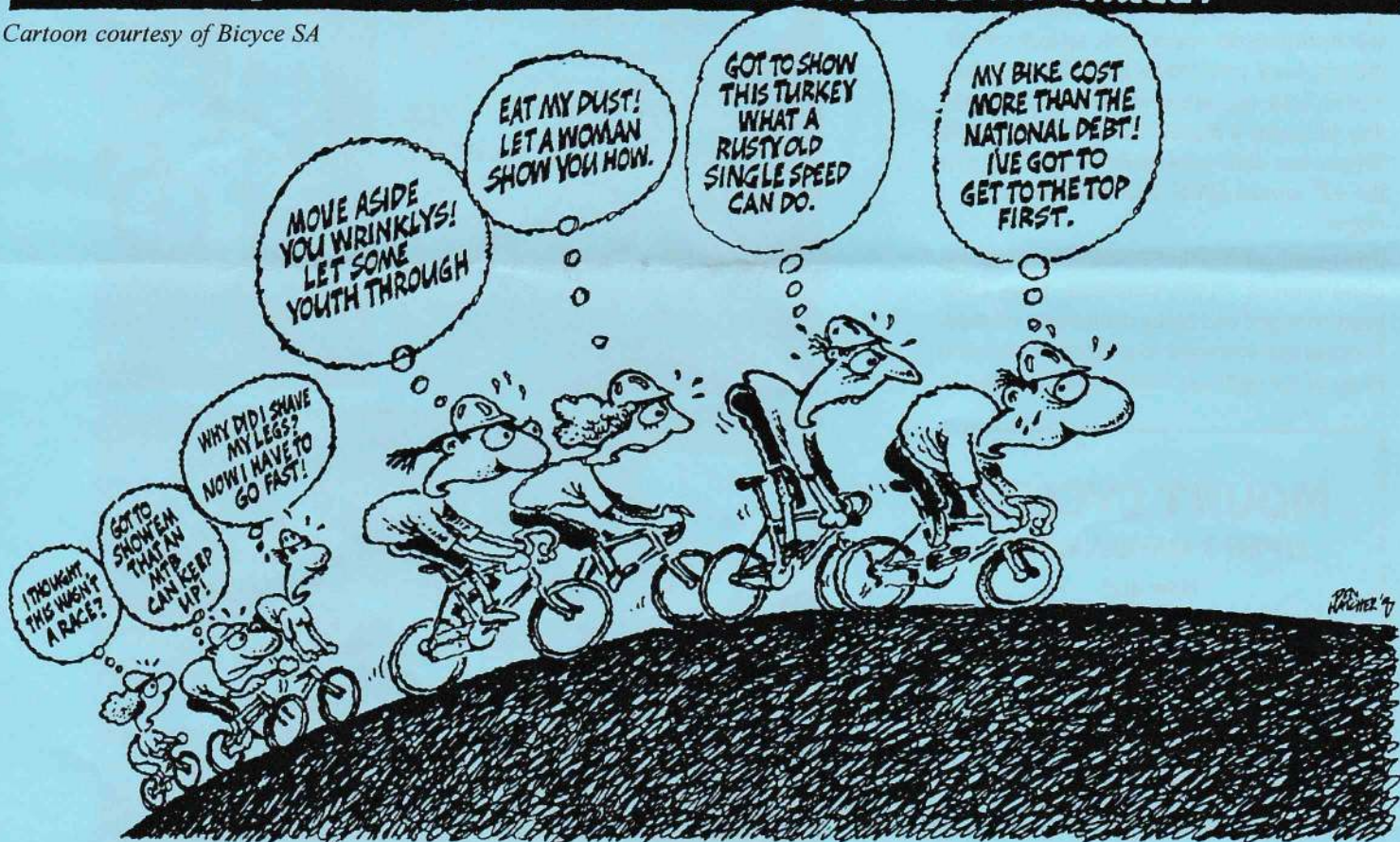
10/3/80 SW TOUR 450km DV

10/3/80 200km ACHIEVEMENT

28/3/80 50km BOMBU DAW NP

GREAT GRAND SLAM MYTHS: "Remember, it's not a race!"

Cartoon courtesy of Bicyce SA



The CTA Achievement and Challenge Series

Once again we are running a series of rides that will allow you to qualify as a receiver of the Super Achiever or Challenge Award for 1999. Each ride of the series must be completed in a set time limit but is otherwise non-competitive in nature.

The Achievement Series

To become a Super Achiever you must complete a 50km, 100km, 200km, 300km and the 10,000 in 8 brevet or official ride.

The Challenge Series

The Challenge Award will be obtained with a 50km, 100km, 100 mile, 200km and 10,000 in 8 brevet or official ride.

Using Brevets and Audax Rides

The brevets can be either CTA or Audax rides which have been approved by a member of the CTA Committee (preferably the Rides Co-ordinator for CTA brevets - see below). Note that this year we have included two separate series in the calendar to allow the maximum number of riders to participate in either of the rides programmes.

Any person intending to use a CTA brevet card for a ride must contact the Rides Co-ordinator to select one of the approved routes at least one week prior to the ride (you do not need to book for an official CTA ride of the series). After completing a brevet, the member must deliver the card to the Rides Co-ordinator to record the ride and ensure that the ride is officially recognised at a Committee Meeting. If you require further details please contact Simon on 9271 2959 (H).

AUDAX FOR CTA RIDES SERIES

From now on if you want to take part in an Audax ride you **MUST** complete an entry form and get it to the ride organiser **BEFORE** the day of the ride.

Forms are available from the CTA Rides Coordinator. I would suggest you fill out this form with your details in the Rider section and then **PHOTOCOPY** the form to give yourself the opportunity to enter multiple rides. If you don't put down an Audax membership number, you will be charged \$2 extra as a non-member.

Then:

1. Fill in the Ride details with the distance and date of the ride.

2. Determine the ride fee as follows:

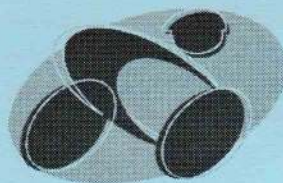
all unsupported rides - \$5

supported: 200km - \$8

300km - \$12

3. Sign the form and send the form and correct money to the ride organiser (make cheques payable to Audax Australia) before the day of the ride. Also note that if your form does not reach the ride organiser by the Tuesday before the ride, there will be a \$2 late fee.
4. Maps and route notes can be collected from the ride organiser 2 weeks before the ride. If you want it mailed to you, send a stamped self-addressed envelope with your entry form. Otherwise you will get a map and route notes with your brevet at the start.

If you have any queries about the series, please contact Simon on 9271 2959 (H).



cycle instead

Bikewest

Encouraging Cycling, Promoting Safety

Phone: 9320 9320

Keep up with the latest breaking news on all cycle related matters - whether your interest is in MTBs, Touring, Time Trials, Road Racing, or gizmos and gear. Listen to the experts (and occasional CTA dumbos) as they bring you what is happening in WA and the world.

**Tune in to Radio 6NR on
Saturday mornings**

8.00 - 8.15am

**Put a smile on your dial and
tune to 927KHz**

Audax Australia

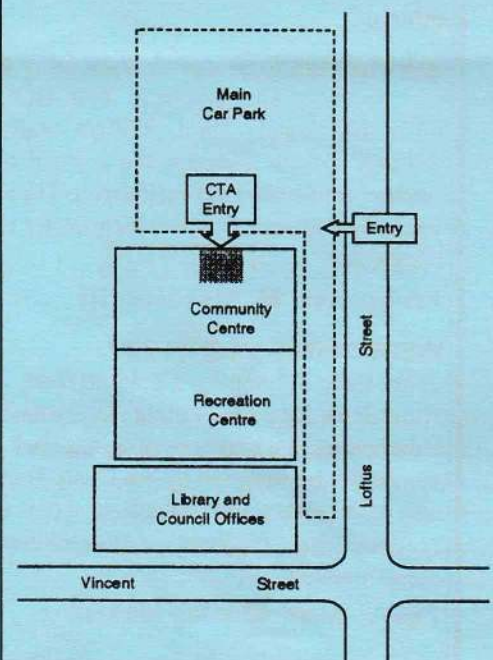
Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event, the rider is eligible for a certificate and a patch or medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Very generous personal injury and income protection cover are afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information and a program of events is available by contacting the CTA Rides Co-ordinator, Simon, on 9271 2959 or by checking the Rides Calendar.

CTA Social Evenings

The Social Nights are usually (but not always) held on the second Wednesday of each month at the Loftus Community Centre on the corner of Loftus Street and Vincent Street, Leederville. Enter from the main carpark on the north side of the complex (see map below). For further details contact Noel on 9355 2745 (H).



Rides Calendar — March to April 2000

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water!

RIDE GRADINGS

Easy - anyone

Moderate - fit with geared bikes

Moderately Hard - fit and experienced. Distances < 100km

Hard - fit, experienced and strong. Distances > 100km over hard terrain

If you are interested in doing a particular ride, but you feel it may be too long for you, don't be put off. Contact the ride leader to see if you can do part of the route.

SUNDAY MARCH 12 CRAIG'S CHALLENGE CAPER

30km Medium, 9:00 Start. Meet at the Causeway Carpark for Craig's first preparatory ride for the Achievement/Challenge series. The ride will be at a reasonable pace, and takes in Claremont and Leederville.

Leader: Craig Abernethie ☎ 9361 0292 (H)

WEDNESDAY MARCH 15 EVENING RIDES WEREN'T MEANT TO BE EASY

20km Medium, 6:30pm Start. Meet at the Entertainment Centre, near the footbridge, for a challenging ride (but probably just repeatedly climbing Mount Street), before heading off to dinner somewhere. Note - small change is handy when paying the bill. *Lights essential and reflective vests recommended.*

Leader: Simon ☎ 9271 2959 (H)

BIKEWEEK 2000

FRIDAY MARCH 17 BIKE TO WORK TO BREAKFAST

6:30am Start. BikeWest is providing breakfast for all those who cycle into Forrest Place this morning from 6:30am to 9:00am. Ride into Perth to be part of this cycling event, and join the throng!

SUNDAY MARCH 19 THE HILLS ARE ALIVE WITH THE SOUND OF CYCLISTS

60km Moderately Hard, 9:00am Start. Meet at Kelmscott Railway Station (meeting the 8:30am train from Perth) for a 'scenic' ride in the Darling Ranges. The Pocket Rocket will lead you to an authentic Pommie location for refreshments to roll you back home.

Leader: Ann ☎ 9444 5160 (H)

WEDNESDAY MARCH 22 BIKEWEEK BBQ

25km Easy, 6:30pm for a 6:45pm Start. Meet at the Big Log at Kings Park for an easy night ride around the riverside suburbs, culminating in a barbecue at Kings Park. All food and refreshments will be supplied by the Cycle Touring Association, courtesy of BikeWest, but you will need to bring a plate, cup, cutlery, seat and insect repellent. *Lights essential and reflective vests recommended.*

Leader: Mark ☎ 9382 1961 (H)

SATURDAY MARCH 25

AUDAX 200

200km Hard. The Pipe Opener is an unsupported ride starting at Brentwood and then to Dwellingup, Mandurah and Rockingham before returning to Brentwood. This is an official Audax ride and must be booked with Audax at least one week before the event. If you need a copy of the application form, contact the Rides Co-ordinator as soon as possible.

Organiser: Rod Marston ☎ 9368 4552

SUNDAY MARCH 26

LAZING BY THE LOVELY LAKE LESCHENAULTIA

Enjoy a lazy lunch by the lovely Lake Leschenaultia, after enjoying an easy ride, or conquering a challenging climb or having ridden through scenic bushland along a disused railway track - the choice is yours on this ride. The lake itself has barbecues and a kiosk.

Option 1: 20km Easy. Meet at 10:30am opposite the Mundaring Hotel (on Jacoby St) for a relaxed ride to the Lake.

Option 2: 60km Moderate. Meet 9:00am at Midland Town Hall for a challenging ride into the hills to the lake. This ride will rendezvous with the first ride in Mundaring.

Option 3: 40km Moderate. Meet at 8.30am at the Swan View railway platform (near the corner of Morrison and Swan View Roads), to mountain bike up the railway heritage trail. Bring a light so you can ride through the tunnel.

Organiser: Simon ☎ 9271 2959 (H)

WEDNESDAY MARCH 29

CTA EVENING RIDE

15km Easy, 6:30pm for a 6:45pm sharp start. Meet at the end of Brown St, East Perth, for a relaxing river ride to South Perth for dinner. Note: small change is handy when paying bills. *Lights essential and reflective vests recommended.*

Leader: Anne ☎ 9370 1020 (H)

SAT-SUN APRIL 1-2 MULTIPLE CHOICE IN MANDURAH

Enjoy a weekend down at Mandurah. The Saturday ride is a Moderate 70km ride to the North Dandalup Dam, the Sunday ride an Easy 40km ride around the bike paths of Mandurah. Participants may join on Friday night, Saturday morning, Saturday night or Sunday morning. To coordinate the events, interested parties should contact Lance and Patricia before the weekend. However, bookings and deposit are essential for staying overnight, and these should be made ASAP, but definitely before Thursday, March 16. For more details, please see page 2.

Organisers: Lance and Patricia ☎ 9249 1970 (H)

WEDNESDAY APRIL 5

RIDE THE WIRED WIND

10km Easy, 6:30pm Start. Meet at the Raffles Carpark for a pleasant ride around Mt Pleasant, Ardross and Applecross before dinner. Note: small change is handy when paying bills. *Lights essential and reflective vests recommended.*

Leader: Jeff Crow ☎ 9332 3360 (H)

SUN APRIL 9 50KM ACHIEVEMENT/CHALLENGE RIDE
50km Moderate, 9:00am for a 9:30am sharp start. Meet at the gazebo on (left, 200m down) Chittering Valley Rd, off Great Northern Highway. The time limit of 3 hours (17km/h average) should ensure that everyone has a chance of completing the distance. This is a ride for members only, but new memberships will be accepted on the day.
Contact: Simon ☎ 9271 2959 (H)

WEDNESDAY APRIL 12 SOCIAL EVENING
Meet at 7:30pm at the Loftus Community Centre in Leederville (refer to map page 7). Tonight a representative from Usanda will be giving a talk about enhancing your performance and fitness and will discuss the importance of vitamins and anti oxidants. Supper will also be provided.

Organiser: Noel ☎ 9355 2745 (H)

SUNDAY APRIL 16 SUBIACO REVISITED
50km Moderate, 8:45am for a 9:00am Start. Meet at the Raffles Hotel carpark for a touring paced ride through Fremantle to Subiaco, stopping for refreshments, before returning to the Raffles.
Leader: Tom Wall ☎ 9414 8717 (H)

APRIL 21-25 EASTER IN EAST AUGUSTA
Enjoy Easter 'down on the farm', enjoying country hospitality and the many attractions of the region, some known only to the locals. For more details, please see page 2.

Organisers: Chris and Helen Lund ☎ 9313 6523 (H)

SUNDAY APRIL 23 TOURING THE TUNNEL
30km Easy, 9:00am Start. Meet at the Raffles Hotel carpark for a ride around the river to the start of the Northbridge Tunnel! We will be taking photo's then riding the length of the new tunnel (*no lights needed*) and Graham Farmer Freeway as part of the opening day celebrations. After this special treat we will journey overland to Victoria Park for munchies, before heading back to the Raffles.

Leader: Desama ☎ 9472 9887 (H)

SATURDAY APRIL 29 ARE WE READY FOR THE 100?
80km Moderately Hard, 8:45am Start. For all those interested in preparing for the 100km Achievement/Challenge ride, and those who want a reasonably paced ride to Pinjarra.

Leader: Simon ☎ 9271 2959 (H)

SUNDAY APRIL 30 NOT A RIDE TO WINE ABOUT
40km Easy, 10:00am Start. Meet at Guildford Railway Station for a pleasant ride to Lamont's Winery, to sample their various wares (aren't they famous for their olives?).

Leader: Marion ☎ 9271 9409 (H)

SUN MAY 7 100KM ACHIEVEMENT/CHALLENGE RIDE
100km Moderately Hard, 7:30am for a 8:00am sharp start. Meet at Armadale Train Station for registration and map/ride description. A pretty but demanding (pretty demanding?) ride, going up Bedforddale Hill, past Glen Eagle, then on to Jarrahdale and Serpentine Dam before returning. The time limit is 6 hours (average 17km/h). This is a ride for members only, but new memberships will be accepted on the day.

Contact: Simon ☎ 9271 2959 (H)

If you are interested in leading a ride, or you have a suggestion for a ride that you would like to do, please contact the Rides Co-ordinator by April 15.

SATURDAY MAY 13 PETE'S PERSPIROUS PEDAL
65km Moderately Hard, 8:30am Start. Meet at the Kelmscott Railway Station for a demanding ride around Roleystone, enjoying such beauty spots as Peet Road, Churchman's Brook Dam and the Waterwheel Tearooms.

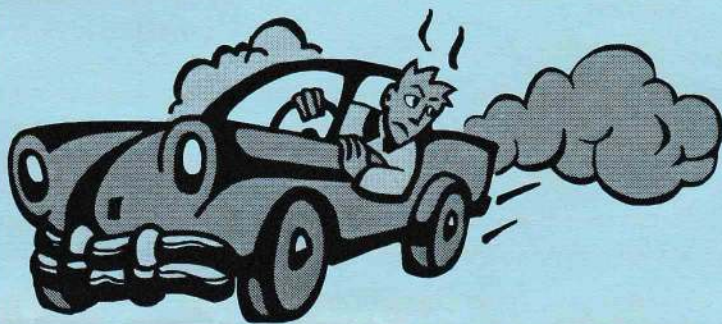
Leader: Peter Lundy ☎ 9246 5061 (H)

Reporting Cycling Hazards

All riders are encouraged to make a note of hazards observed during rides on roads and paths, especially newly installed ones, and to submit a hazard report to Bikewest. Nearly all ride routes are likely to include hazards, even if minor ones, like centre-mounted grab rails on paths, lips on kerb ramps and drive entrances from roads, or drainage grates with gaps to trap skinny tyres. The aim is to get these fixed, and more importantly, to stop new hazards being installed.

In 1988, 824 pedal cyclists were hospitalised from crashes (21% of all road crash hospitalisations in WA). About 80% of hospitalised cyclist crashes did not involve a motor vehicle. Most were "loss-of-control" crashes, and an unknown proportion of these were due to hazards on paths and roads.

The hazard reports should be submitted to Bikewest, either using the freepost cards provided by Bikewest or by e-mail. Sending an e-mail is an easy way of submitting a hazard report with HAZARD REPORT in the subject and a good description of the location and the hazard. The e-mail address is bikewest@transport.wa.gov.au with a copy to the BTA at bta_wa@hotmail.com please.



SMOKEY CAR SPOTTER

Ever notice how difficult it is to breathe when smokey exhaust fumes are choking up the atmosphere? Well here's your chance to strike back! Report smokey vehicles by giving the registration number, make and colour of a smokey car, together with the time and place that you spotted it, to the Department of Environmental Protection by telephoning 9324 2835.

Walk Against Want

4km or 10km, 9:00am start. Although this is a 'walking' event, cycling around the route is allowed, but please be extra-careful of the pedestrians. To receive your sponsor book and details, register by calling 1800 034 034, or register at The Body Shop and receive a free peppermint foot lotion.

Contact: Community Aid Abroad ☎ 1800 034 034

2000 MEMBERSHIP FEES

The CTA Membership is from January 1 to December 31 each year. Membership fees for 2000 have been set as indicated below:

- | | |
|----------------------------------|-----------|
| 1. Individual membership | \$40.00 |
| 2. New members | \$35.00 |
| 3. Full-time Students/Pensioners | \$23.00 |
| 4. Dependants under 18 | no charge |

Existing members should note that there is a \$5 discount on fees (resulting in a \$35 fee) if they pay before the end of January. Note that this does not apply to the student/pensioner membership fees.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

EQUIPMENT FOR HIRE

The CTA has some equipment (as listed below) which is available for members to hire for \$5 for 2 weeks or \$10 per month plus a bond. This is a great way to try out cycle touring without having to layout a large amount of money to equip yourself with the right gear.

- Rear Panniers (pair)
- Small Rack Bag (sits on top of pannier rack)
- Trangia

Please contact a committee member if you are interested in using this equipment.

CTA CLOTHING

The CTA has its own clothing available in two colour schemes - yellow with red stripes, or turquoise with green stripes. The design is available in short and long sleeved Coolmax tops, and black lycra knicks with a coloured side panel. The clothing is available in a range of sizes from XS, S, M, L, XL and XXL and costs \$55 for knicks, \$65 for short sleeve tops and \$75 for long sleeve tops (note that long sleeve tops have white sleeves).

Please enclose a cheque with your order made payable to "CTA Clothing" and send to:

Noel Eddington
22 Chamberlain Road
Rivervale WA 6103.

If you require any further information you can contact Noel on 9355 2745.



WHERE ARE YOU?

If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us. All members are asked to confirm their current address and phone numbers with Committee members.

CTA LIBRARY

The CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may only be borrowed for 4 weeks by contacting a committee member on the night. Contributions to the library would be greatly appreciated, so do not dispose of any cycling literature which you feel may be relevant.

POLICE BICYCLE REPORTS

The Police Bicycle Section would like to hear your reports of harassment, abuse or other serious incidents involving motor vehicles.

In order for the police to investigate an incident, you must be able to provide the registration number of the vehicle involved and the time and place of the incident. A description of the motor vehicle and the age and sex of the driver are also useful. You should always carry a pen and paper on your bike to record important details should you become involved in an incident. If the offense is serious, you should try to obtain the names of other witnesses who can verify your account. You can contact Officer in Charge at the Police Bicycle Section on 9222 1923 during working hours.

If undelivered please return to
PO Box 174 Wembley 6014
Western Australia

