

# THE CHAIN LETTER

Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (INC.)

January/February 2002

Issue 162

## A Night of Bees and Beggars

I'd missed the boat again or so I thought. I had moved house and received my CTA newsletter late. Of course Terry reminded me that I hadn't looked at the last one very well – sadly this was true. When I noticed that there was a Progressive Dinner the next night with limited numbers, I thought "Hmmm... bound to be no room at the inn, but I will ring to see." And that is how I came to be there, and I was so pleased that I was able to go because I very much enjoyed the evening.

Not one to conjure dressing-up themes easily, I asked my children for inspiration for anything to do with the letter B. But their ideas were far too complicated for me so I just settled for being Blue. That turned out to be a rather popular choice, I wasn't the only one and it's always reassuring to find others with similar difficulties.



I arrived at Desama and Terry's house nice and early and Desama's mum Marcia met me at the door and directed me round to the back garden. Desama was already running around in her Bunny gear, and some, like Janet, disappeared to return as a brightly coloured Bird in real dress up gear. I was a bit unnerved when I realised that it was Kleber pushing his grandson on the swing.

(continued on page 4...)

Please send all articles and pictures for the next newsletter to the Editor no later than February 20.

## Fees Please



Just a reminder that if your newsletter has a green reminder sticker on it then your membership fees for 2002 are due now. You have until the end of January to pay and receive a \$5 discount (for adult membership only). After this date the full price applies.

Please use the membership form enclosed in this newsletter and send it together with your cheque to the Cycle Touring Association, PO Box 174, Wembley WA 6913.

Members who have not renewed by the end of February will not receive the next edition of the Chain Letter.

## Bikewest



cycle instead

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## CTA COMMITTEE

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Michael Hook 9375 5246 (H)

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Karen 9385 1358 (H)

### TREASURER

Ann 9444 5160 (H)

### EDITOR

Terry 9472 9887 (H)

### RIDES CO-ORDINATOR

Lorraine 9271 1540 (H)

### COMMITTEE

Mark Boulton 9351 9260 (H)

Mark E 9382 1961 (H)

Please contact the Treasurer for Membership details and send all correspondence to:

P.O. Box 174 Wembley 6913

CTA Email: cta\_wa@yahoo.com

Web Site: www.ctawa.asn.au

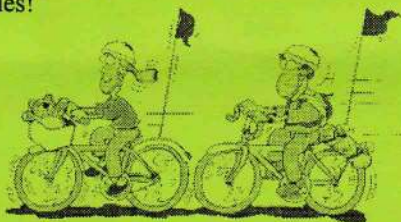


## NEW MEMBERS

A hearty welcome is extended to the following new members who have joined since the last Newsletter.

Michael Holland Colin Prior  
Deb Palacios Henry Stawarz

Hope to see you "on your bike" on one of the rides!



## PARIS TO VIENNA TOUR

June 2002

I am organising a private bicycle tour around June this year through France, Switzerland and Austria. It will be 4-6 weeks, moderately paced, and staying in hostels and pensions. I would like to hear from anyone that might be interested in joining the tour. Contact the organiser for more information.

Organiser: Michael ☎ 0400 123 432

# Tours and Weekends

## DWELLINGUP PANNIER TOUR

16-17 February

This is a beginners pannier tour to get you in the mood for the (many) longer tours that are being planned over the coming months. The tour starts at Armadale and travels down to Dwellingup via a scenic route. There we will set up camp at the local caravan park. Tent sites cost \$14 and include the use of a kitchen facility. The camp grounds are also within easy walking distance to the local Hotel. Contact the organiser for bookings and further information.

Organiser: Simon ☎ 9271 2959 (H)

## MARCH WEEKEND OF P'S

2-4 March 2002

March long weekends are always hot and humid - not ideal for long hard rides. How about coming down to cooler Bunbury. Join with the South West Canoe Club for a weekend of pedalling, plodding, paddling, pasta and plonk.

**Saturday** - Travel down to Pumphreys Place (that's Tony's) on Friday night / Saturday morning. Then go for a Pedal and take in the Panoramic views, smells and tastes of the Ferguson Valley. Stop for lunch before Plummeting down the hill. Distance about 40km, 5km gravel. Bring a plate for dinner.

**Sunday** - Pack up and Pedal about 40km down to Bunbury and join the SWCC for an afternoon Paddle or go for a swim. Camp the night, Plod into Bunbury for dinner.

**Monday** - Pedalling back to the Ferguson Valley. Relax before heading back to Perth.

**Costs** - Camping and dinner on Sunday plus a contribution for breakfasts. Depending on numbers going for a paddle, we may also need to hire a few kayaks. Bookings are required by February 17. For further information contact the organiser.

Organiser: Tony Humphreys  
☎ 9728 3105 (H) (after 7pm) or  
☎ 0408 959 508 (M)

## SOUTH AUSTRALIA TOUR

8-24 March 2002

This 17 day unsupported pannier tour to South Australia will take in Adelaide, the Clare Valley, the Barossa Valley, McLaren Vale, the Fleurieu Peninsula and the Adelaide Hills. Accommodation will be a mixture of tenting and cabins. For bookings and further details please contact the organiser.

Organiser: Simon ☎ 9271 2959 (H)

## EASTER IN THE PORONGURUP'S

29 March - 1 April 2002

The Porongurup and Stirling Ranges are located in the south of Western Australia and this Easter we will be staying in the region. The countryside is beautiful for both for cycling and walking. There will be opportunities to cycle around the ranges, climb Bluff Knoll, walk/stroll along various scenic routes, visit the local wineries and much more.

We will be staying at the Porongurup Range Tourist Park. Owing to the popularity of the area at Easter we have only been able to book two 6 person cabins, however, there will also be ample space for tent camping.

Transport will be via car pooling and we will be leaving Perth on Good Friday, March 29, and returning on Easter Monday, April 1.

**Costs:** Cabin is \$9.50 per night, so \$28.50 for the three nights. Camping is \$8.00 per night, so \$24.00 for the three nights.

Bookings with a \$20 deposit are required by March 17. For further information contact the organiser.

Organiser: Ann ☎ 9444 5160 (H)

## SWEDEN & DENMARK TOUR

July 2003

Peter Lundy and Tom Wall are together working on a prospective tour through Sweden and Denmark in July 2003 covering 4 weeks.

The tour starts from Copenhagen then travels via the south eastern coast of Sweden to Oskarshamn, Gotland and its Viking graves, Nynäshamn, Stockholm, lake Vättern, Gothenburg, back to Denmark and Copenhagen.

The tour itinerary will be quite flexible and the overall distance will be approximately 1500 km with a good number of rest days.

Currently, we are seeking only expressions of interest to determine if there is enough interest for the tour to proceed.

Organiser: Tom Wall ☎ 9414 8717 (7pm-9pm) or email: tomwall@iinet.net.au

## For Sale

\$40 - Shimano SPD Sport Shoe.

Size 42, Light grey with purple and orange trim. Excellent condition.

Contact Lorraine ☎ 9271 1540 (H)



# Simon's on Top After the 2001 AGM

## CYCLE TOURIST OF THE YEAR

Congratulations to Simon Koek who is the winner of the Cycle Tourist of the Year award for 2001. Simon receives the Cycle Tourist of the Year perpetual trophy and free CTA membership for 2002.

## RIDE OF THE YEAR

The most popular ride for 2001 was Easter in Pimelia. Congratulations to Stan Wiechecki for a well organised and enjoyable ride. Stan receives a \$20 gift voucher from Cyclorama.

## NEWSLETTER ARTICLE OF THE YEAR

The best newsletter article for 2001 was awarded to Tim Reid for his article titled Stars in our Eyes printed in the September/October newsletter (issue 160). Tim is a new member and this was his first contribution to the newsletter. He wins a \$20 gift voucher from Cyclorama.

## THE 2002 CTA COMMITTEE

The new CTA Committee for 2002 is as follows:

President	Simon Koek
Vice President	Michael Hook
Secretary (co-opted)	Karen Date
Treasurer	Ann Wilson
Editor	Terry Bailey
Rides Co-ordinator	Lorraine Price
Committee	Mark Elliott
Committee	Mark Boulton

Welcome to the new committee and thank you to the outgoing committee for 2001.

## ACHIEVEMENT SERIES AWARDS

### Super Achiever Series

Congratulations to Ann Wilson, Kleber Claux and Mark Elliott who successfully completed the Super Achiever series in 2001. They each completed a 50km, 100km, 200km, 300km and the 10,000 in 8 ride.

### Challenge Series

Congratulations to Liz Wheib and Colin Pearce who successfully completed the Challenge series in 2001. They each completed a 50km, 100km, Century (100 miles), 200km and the 10,000 in 8 ride.

### Merit Series

Congratulations to Paul Armishaw, Terry Bailey, Bruce Beecham, Danny Boulter, Mark Boulton, Karen Date, Simon Koek, Teresa Liddiard, Basia Lis, Devo, Tim Reid and Kate Smith who successfully completed the inaugural Merit series in 2001. They each completed a 50km, 100km and the 5,000 in 4 ride.



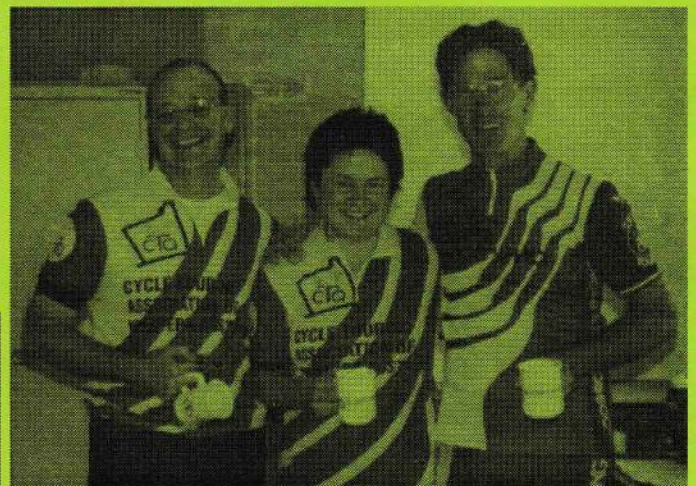
*Out-going president Mark presents Simon with the Cycle Tourist of the Year Trophy and the Presidency.*

*Simon is a deserving winner of the award being a hard working and enthusiastic Rides Coordinator. Simon also leads many rides and is organising a tour to South Australia in March.*

*Congratulations!*

*The three Super Achievers with their hard earned commemorative mugs.*

*From left to right: Mark Elliott, Ann Wilson and Kleber Claux.*



*LEFT: Liz Wheib was one of two people that completed the Challenge Series (Colin Pearce was absent).*

*BELOW: 12 people completed the inaugural Merit Series.*

*From left to right:*

*Karen Date, Simon Koek, Devo, Tim Reid (back), Kate Smith, Mark Boulton (back), Teresa Liddiard and Terry Bailey.*

*(Absent were Paul Armishaw, Bruce Beecham, Danny Boulter and Basia Lis.)*





# A Night of Bees and Beggars (continued from page 1)

It was just that Kleber was a blonde, with big boobs and a blonde wig, and he even managed to keep the boobs in place all night.

Soon all sorts of B people arrived, but Steve seemed to take the biscuit when he turned up with yellow and black tape around his legs, (ouch later on) and his matching bumble bee bike all the way from England. There was Hooky and Debbie who was a Belly Dancer, Stan, Mark and Melanie (all feeling Blue), Norman, and then Helen and Peter Lund who were Bears (you could tell by their jackets). Michael turned up as a Beggar with a sign to that effect round his neck for good measure, and thankfully we had a Bouncer (Noel). Terry appeared as a Baby complete with a clever combination of homemade bottle and dummy (don't these creative people put the Blue people to shame I thought). Simon must have had considerable deliberation about his gear too and arrived with a cardboard Box on his head. Lorraine came straight from work with a trailer on her bike and transported "things" around for us. And Steve's wife, Carole, had the extremely onerous task of ferrying drinks between houses.

That did it, it was time for soup and more soup (delicious, choice of two) and off on our first leg of the cycle. Not before a photo taken by Marcia, and we seemed to pose very professionally for that. Now I thought I knew this area, but I was wrong. Suddenly we appeared at the Canning Highway in Como, and I was fascinated at the faces of onlookers who surveyed us, especially Mike who was in



the leading pack. We then progressed over the Freeway and then back again eventually arriving at Bridget and Graham's house, the home of some Ballerinas. One thing that I noticed was a handy sprinkling of grandpar-

ents on this ride, I mean the baby sitting kind (for that I would personally be grateful). Braving the very friendly dog we shot in and devoured our dip and appetiser course.

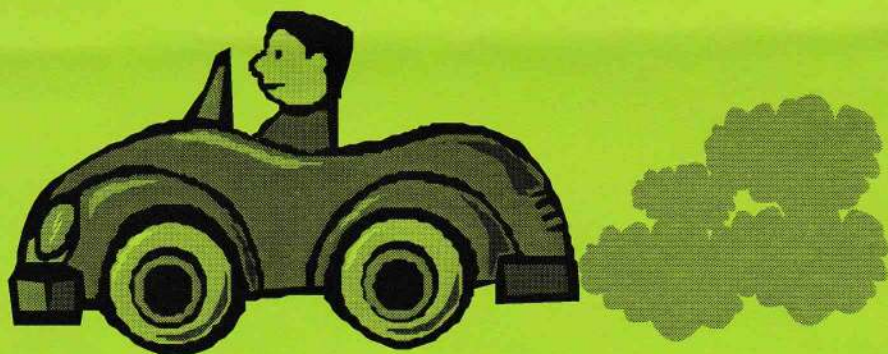
The Ballerinas joined us now, kids safely with grandparents, and we continued on for a short ride to Mark and Melanie's house in Bentley—I knew where I was here. This time it was main course, various rice and Asian delights, and vegetarian delicacies such as lasagna. I don't know if it was the red wine, but Michael decided to try out Mark's extremely heavy weights. Maybe it WAS the red wine.

Feeling nicely full now, we journeyed on back to Desama and Terry's house and on the way Michael left for home, disappearing like any good Beggar would into the darkness. Marcia and Carole were getting fruit salad, ice cream and chocolate sauce ready which we polished off pretty quickly, chatting and sinking lower in our chairs.

I last ventured to a CTA Progressive Dinner some 18 months ago (shameful) but somehow this evening in November I found particularly enjoyable. Congratulations to everyone for pitching in, especially to Desama and Terry, Carole, and our other hosts for the night and of course the respective grandparents. I was next to go home, and as I swept off into the night, Simon remarked that he hoped he'd see me within the next 18 months back on a CTA ride. Simon - I will be back.

Hillary Beck

## Smokey Car Spotter



Ever notice how difficult it is to breathe when smokey exhaust fumes are choking up the atmosphere? Well here's your chance to strike back! Report smokey vehicles by giving the registration number, make and colour of a smokey car, together with the time and place that you spotted it, to the Department of Environmental Protection by telephoning 9324 2835.



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# Nullarbor Charity Bike Ride

## EVENT OVERVIEW

The Nullarbor Bike Ride is a fund raising event which will raise over \$50,000 for cancer research at the Women's and Children's Hospital in South Australia and the Leukaemia Foundation of Western Australia. It will consist of 50 people, aged 18-30, cycling from Perth to Adelaide in April of 2002.

## MISSION STATEMENTS

To raise over \$50,000 for the Women's and Children's Hospital in SA and the Leukaemia Foundation of WA. Funds will be shared equally.

To be a major character building experience for all involved. Giving the participants the skills, knowledge and will power to overcome any challenges placed before them.

To have fun.

## BACKGROUND STORY

Hello and welcome to the Nullarbor Bike Ride. A fund raising event which will raise thousands of dollars for two incredibly dedicated charity organisations. The following paragraphs will outline the reasons why this event is being held and why it has taken almost four years to become reality.

During 1998, at the age of 21, I was working at the Hyatt Regency in Adelaide and feeling bored. Having no real direction in my life, I found myself watching the movie *Forest Gump* several times in one week. For some reason the image of Tom Hanks jogging across the country inspired me and I found myself wanting to do the same. I quickly discovered that I disliked running but enjoyed cycling. As a result the idea of cycling across the Nullarbor on a bike placed itself at the top of my "to do" list.

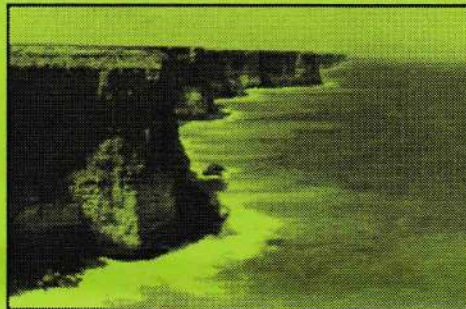
A short time later I was told my little cousin, Jayde, had a brain tumor. I went to the Women's and Children's Hospital to see her and what I saw shocked me to my core. The bright eyed, beautiful young girl I knew was now bloated, bruised, and had tubes coming out of all parts of her body. Instead of her long brown hair, she had a six inch gash in her skull where the doctors had operated on

her. Looking at her I felt overwhelmed, totally powerless and realised the only way I could live with myself was to make the Nullarbor ride a fund raiser.

I had grand plans for the event. I envisaged hundreds of cyclists crossing the Nullarbor and I wanted to raise hundreds of thousands of dollars. Unfortunately organising the logistics of such an event quickly overwhelmed me and by the end of 1999 my first attempt had failed. In the years since I have learned what is necessary to hold a successful



event and have also gathered a team of people to assist me. Primarily Emmie Blanks and Brigita Emanuele, friends of mine who are as excited about this ride as I am and have agreed to share the organisational workload. With us all working together the Nullarbor Bike Ride will become a reality.



During December we approached bicycle clubs to generate interest in the ride and corporate sponsors to cover the expenses of holding such an event. Now in mid January we are ready to send out entry forms for the Nullarbor Bike Ride to find 50 enthusiastic cyclists who will want to join us on our trek

through some of the most isolated and beautiful landscapes in the world. The ride itself will begin in Perth on April 1 2002 and finish in Adelaide almost a month later on April 27.

I can see the Nullarbor Bike Ride being incredibly successful. Raising tens of thousands of dollars for worthy charities, being a life changing experience for the cyclists who make the trip, and giving an extensive amount of publicity to the associated corporate sponsors who choose to be involved. I hope that after you have read through this prospectus you feel inspired to help this event become a reality. If you have any questions please contact Daniel Hutchinson ☎ 0405 471 585 or email: nullarborbikeride@hotmail.com

## HOW WILL THE MONEY BE RAISED

**Corporate Sponsorship** – We are looking for corporate sponsors to cover the costs of holding the Nullarbor Bike Ride. Enabling every dollar raised by the cyclists and the public to go directly to the charities involved.

**Donations Made by Cyclists** – In order for a cyclist to take part in the Nullarbor Bike Ride, he/she will need to raise and donate \$1000 to the cause. This means that before we have even left Perth the goal of \$50,000 will have been achieved.

**Donations Made by the Public** – The Nullarbor Bike Ride is an event created and organised by two of the "youth" of Australia. In the weeks leading up to the event we will be making press releases aimed at 18-30 year olds. This will gain us publicity, especially with youth orientated media programs and news broadcasts (i.e. Triple J, Sunrise news). Any donations made by the public will take us over and above our goal of \$50,000.

Organiser: Daniel Hutchinson

☎ 0405 471 585 or

email: nullarborbikeride@hotmail.com

## Mind Teaser

### DUD CAR

The Chevrolet Nova was a successful car in many countries but not in Mexico. Why not?

### ISSUE 161 ANSWER

**The Lumberjacks** - Joe uses his breaks to sharpen his axe.



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# Mundaring Weir Weekend

From the outset I would like to make it clear this article was forced upon me. Any inaccuracies that may occur in this article I hold no responsibility for (HEE HEE ☺).

We had a fairly large group (about 18) that set off from the park near the casino for a scenic tour (approaching panoramic) up to the Mundaring YHA for an overnight stay. I must say that our group leader Simon had the trip well organised because he knew where he was going, he took us to a great place for ice cream at our morning tea stop and he had reserved a car bay for our bikes at our lunch stop. The only glip in the organisation was the absence of Tony at Midland but that is another story. Oh, I forgot... there was another glip. Mark567435's bikegear thingamajig expired and so Stan and

Mark34893 stayed with him in Midland to fix it up.

I arrived first at the YHA leaving the struggling bunch behind in my wake. My lover Barb arrived an hour later in her car followed closely by the struggling bunch. Simon, being extremely organised (I was actually most impressed with him) took our dinner orders. Most of us chose the \$29.95 fixed menu except for a few like Teresa, Devo and a few others who opted for the counter meal.

We all had showers and then headed up to the hotel, which apparently was only 200m up a hill. I was under the impression it was more like 2km. So I hopped into Barb's car to go to the hotel. She knew how far the hotel was! I had a stern word with her about getting her

act together as well as her body into shape after that. Anyway, we only managed to travel up the hill to the hotel at 1km/h because the struggling bunch was in front of us WALKING up the hill.

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ABOVE: The group gathers at Mundaring for lunch before continuing to the Weir.

RIGHT: The steep walk up the hill to dinner was enough to "weir" anyone out.



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chocolate and port. The police did not rock up because it was quite late so Simon took the details of the missing stuff and sent it off to the police.

The next morning we all groomed ourselves for the photo shoot. Yes the photo shoot that Simon had organised! It was to promote the opening of some mountain bike trails which would eventually join Kalamunda to Albany. And sadly there our bicycle tour ended as we all headed back home with myself leading the way.....way in front.

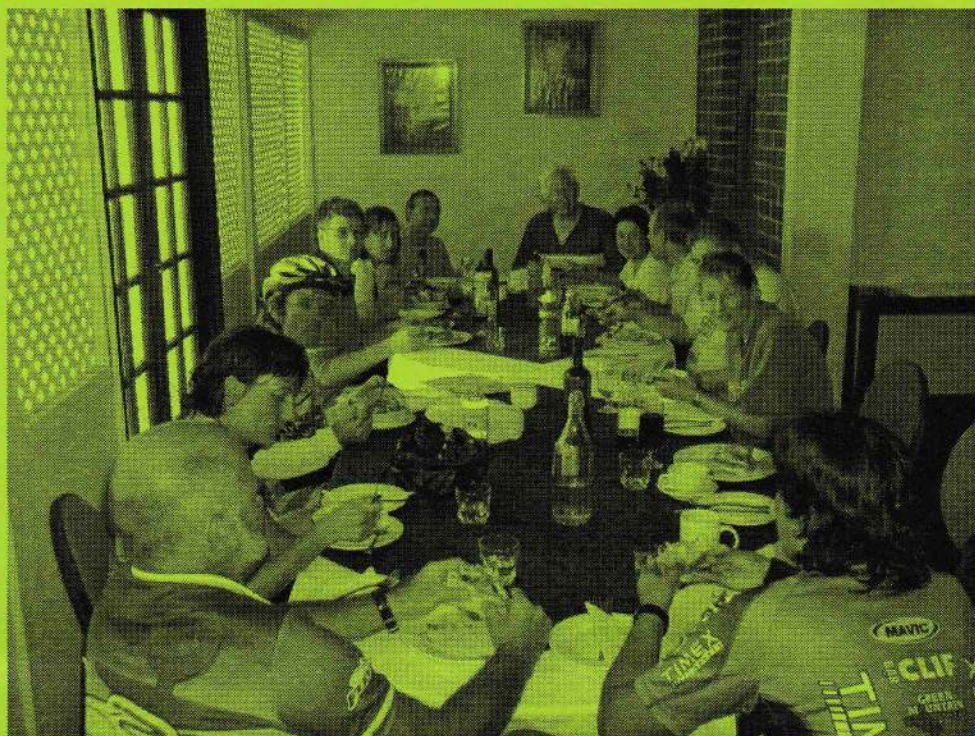
I would also like to take this opportunity to say two things:

1. I have some items for sale which I do not need. They include a toiletries bag, some real flash looking cameras, several mobile phones, a sleeping bag, lots of panniers and some coco pops.

2. My swiss army knife HAS a can opener. It apparently is a deluxe model knife where the can opener and bottle opener are one. And did I mention it has a pin!

Norman Lip

(Update: All the gear including panniers, sleeping bags, etc. was found several days



later by the police near Mundaring. Everything, that is, except the cameras and mobile phones. This is a timely reminder about the risk of leaving valuables in rooms or tents. It is far safer to take them with you.)

ABOVE: Food at last as they devour dinner in their private room. (Has someone told Devo that he is allowed to take his helmet off when he is not on his bike?)

## Ooooh! (Or my first official CTA ride!)

I didn't really have a choice in the matter, sort of born into it you might say! I got my first bike (a link) when I was only 2½ weeks old. Anyway as time passed it was inevitable that I join a CTA ride. So on Sunday November 4 I went along with Mum and Dad to my first official CTA ride.

A cute girl (about my size) called Ann, was leading the ride down to Heafod Glen Winery. She gave me a hug and a kiss, boy what a welcome. I was dressed in my cycling gear complete with CTA bib. Soon the other riders gathered around, they seemed fascinated with my bike set up and were very friendly.

After an official photo it was time to leave. Ta Ta Mummy and away we go. I decided to stick close behind Dad, as I'm sure he knew what to do. Through the streets of Midland, a car here, a shop there, traffic lights, people all around, there is so much to see. Here I am in the middle of the pack and Daddy keeps asking me "Are you doing well?" and "How are you going?" "Just fine thanks, Ooooh this is fun!" I thought.

We were soon out into the country side chatting and riding along! I had a couple of lovely ladies riding next to me along the way to keep me company. Birds flew, trees swayed,

dogs barked, pedals turned, wheels rotated, the bike rocked to and fro, to and fro.....

"What? Hello Mummy. Did I fall asleep? My neck does feel a bit kinked!"

That was to be the last bit of riding for me that day. 20km is a long way for a 1 year old you know. Mummy drove me to the winery where I had lunch and we waited for my fellow riders to catch up. The house was majestic and the kind owners provided us with a big spread of cheese, crackers and

fruit. Most of the other riders indulged in a bit of wine tasting, while I roamed the gardens and got to know the family doggy.

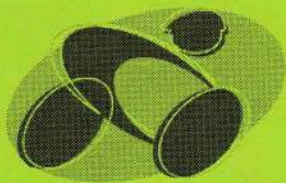
What a lovely day and good company too. I certainly enjoyed my first official CTA ride.

Mitchell Bailey

*That's me, the little guy in the middle.*







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## Simon Sez...

Greetings, felicitations and salutations to all, and may the new year fulfil all your hopes and aspirations, be they professional, personal or cycling. 2001 was certainly an epic year, and I must thank the outgoing committee and the past President, Mark Elliott, for all their hard work. And they're still working hard; as I welcome and thank the new committee, I notice that all except one of them were on the committee last year! I would also like to thank all the leaders and organisers who put so much work into the club to the benefit of the club and cycling in general.

The club has been given the opportunity to host a number of public events, and I want to encourage maximum club support. We, as members, know the joys of cycling, but I think it is imperative to relay those joys to as wide an audience as possible. I used to ride a bike before joining the club, but the club has given me the knowledge and enjoyment to extend my cycling horizons, and I think there are many non-members who can benefit not just themselves but the club. The event dates are February 10, March 20 and March 24, so if you can support it, I strongly suggest that you do.

From the Tours and Weekends page, you can also see the large number of events on offer. As someone who really enjoys touring, it's very heartening to see so much choice available. I only hope that you can take advantage of it, and experience the true wonder, achievement and pleasure of a cycle tour.

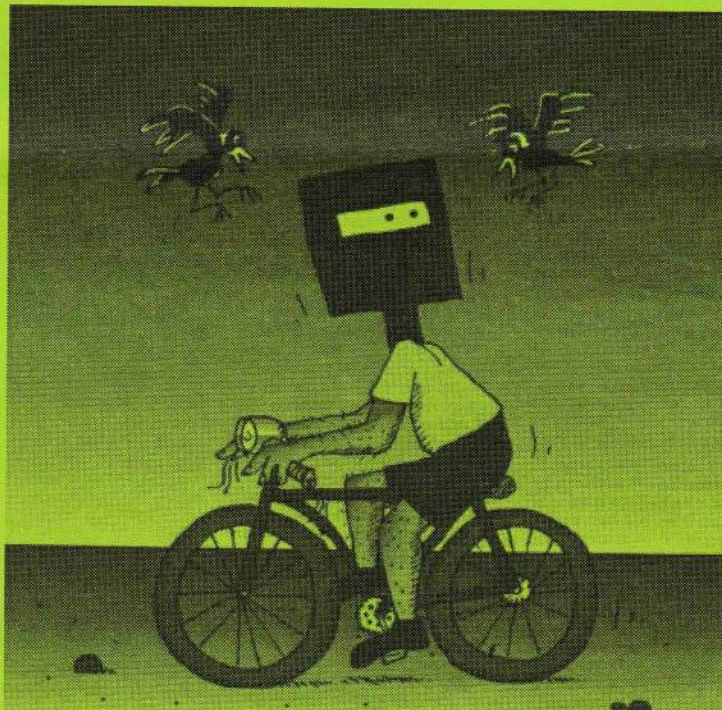
It was tremendous to see such a large number

of members receive the Merit Award. As a recipient, it has certainly enthused me to attempt the Challenge Series this year, and I hope other Merit Achievers will join me, and many other members extend themselves to qualify for the Merit.

One issue raised at the AGM was the lack of support of the rides organised by the club. It seems that some members would prefer to go on their own rides with other members, rather than participate in the club ride. Some reasons for this were discussed, and one issue may be that the club rides no longer appeal to members. Obviously, we can't please all the members all the time, but (and as outgoing Rides Coordinator I can vouch for this) we do try to offer rides that we think will appeal to members (and on certain rides, non-members). However, despite our best intentions, we do go astray. Thus, we do need feedback from members about what sort of rides they would like. The rides are also determined by the ride leaders, so in addition to any suggestions, you could also come forward as a ride leader, or perhaps a co-ride leader. Many experienced ride leaders are only too happy to support new leaders, as they realise that the more ride leaders, the fewer rides each leader has to lead. Plus new leaders add new ideas and perspective, improving the club for everyone. So do please make an effort, and then everyone will benefit.

Once again, I wish you all a safe and successful 2002, and I look forward to seeing you 'on your bike'.

Simon



*This is a rare photo of our illustrious leader with his protective head gear. He also decided to where it to the recent progressive dinner.*



# The CTA Achievement Ride Series

The CTA conducts a series of Achievement Rides each year that will allow you to qualify for an award. A cloth badge is also available for each of the individual rides and cost \$5 each.

Three series are available: the Super Achiever, Challenge and the new Merit Series. Each ride of the series must be completed in a set time limit but is otherwise non-competitive in nature. A member can only nominate for one award per year. The three series are detailed below:

## Super Achiever Series

To become a Super Achiever you must complete the following five rides in the specified time limits:

50 km (3 hours)  
100 km (6 hours)  
200 km (13½ hours)  
300 km (20 hours)  
10,000 in 8 (10,000 vertical feet in 8 hours)

## Challenge Series

To receive the Challenge Award you must complete the following five rides in the specified time limits:

50 km (3 hours)  
100 km (6 hours)  
100 mile (10 hours)  
200 km (13½ hours)  
10,000 in 8 (10,000 vertical feet in 8 hours)

## Merit Series

To receive the Merit Award you must complete the following three rides in the specified time limits:

50 km (3 hours)  
100 km (6 hours)  
5,000 in 4 (5,000 vertical feet in 4 hours)

## Using Brevets and Audax Rides

Each Achievement Ride will be held twice during the year to provide the maximum opportunity for members to complete one of the series. However, if you are unable to attend one of the official CTA rides, then a CTA brevet card can be used to complete the ride. Contact the Rides Co-ordinator to get your brevet card and route description. After completing a brevet, the card must be returned to the Rides Co-ordinator to record the ride and ensure that the ride is officially verified by the CTA Committee.

In addition to brevet cards, official Audax rides can also be used to complete the 200km and 300km rides (Refer below for additional information on using Audax rides).

To qualify for an award, all rides for a series must be completed and verified by the CTA Committee two weeks before the AGM.

If you require further details please contact Mark on 9382 1961 (H).

## AUDAX FOR CTA RIDE SERIES

From now on if you want to take part in an Audax ride you MUST complete an entry form and get it to the ride organiser at least one week BEFORE the ride.

Forms are available from Audax (contact Brian Hawes on 9398 4724). There is an extra \$2 fee for non-Audax members. Then:

1. Fill in the Ride details with the distance and date of the ride.
2. Determine the ride fee as follows:  
all unsupported rides - \$5  
supported: 200km - \$8  
300km - \$12

3. Sign the form and send the form and correct money to the ride organiser (make cheques payable to Audax Australia) at least one week before the ride.

4. Maps and route notes can be collected from the ride organiser 2 weeks before the ride. If you want it mailed to you, send a stamped self-addressed envelope with your entry form. Otherwise you will get a map and route notes with your brevet at the start.

If you have any queries, please contact Mark on 9382 1961 (H).

# Audax Australia

Audax is an international long distance cycling club. The first club originated in France in 1904. The name is a loose translation from the latin and means "courage". All rides are non-competitive and conducted over specified routes and distances within set time periods.

At the successful completion of each event, the rider is eligible for a certificate and a patch or medallion. Rides range from 50km to 1500km in length and are open to all CTA members, though membership of Audax Australia Club is encouraged if you envisage participating regularly. Very generous personal injury and income protection cover are afforded from such membership.

PLEASE NOTE - Notification of participation is required at least one week prior to the event and there is a cost to enter dependent on the distance to be travelled. Further information and a program of events is available by contacting Brian Hawes on 9398 4724.

## THE WINNER'S CIRCLE

Congratulations (and apologies) to the following people who were successful in completing the following achievement rides (but unsuccessful in getting their names published before the AGM).

### 50km

Mark Boulton

### 100km

Mark Boulton

### Century Challenge (100 mile)

Liz Wheib

### 10 000 in 8

Tony Gillespie

Devo

See page 3 for a complete list of members who successfully completed one of the three achievement series in 2001.

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# Rides Calendar — January to February 2002

For any cyclist coming on a ride for the first time, it would be wise to start with an 'Easy' ride. If you are unsure of your suitability for a particular ride, please telephone the Ride Leader. You will need to wear a helmet and bring a spare tube, puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring water!

## RIDE GRADINGS

**Easy** - anyone

**Moderate** - fit with geared bikes

**Moderately Hard** - fit and experienced. Distances < 100km

**Hard** - fit, experienced and strong. Distances > 100km over hard terrain

*If you are interested in doing a particular ride, but you feel it may be too long for you, don't be put off. Contact the ride leader to see if you can do part of the route.*

### TUESDAY JANUARY 15 GOOD FOR WHAT ALES YOU

20km Easy, 6:30pm Start. Meet at the Loftus Community Centre (cnr Loftus and Vincent St, Leederville) outside the social night venue for a leisurely ride before enjoying a meal at the Paddington Ale House. Note: small change is handy when paying the bill. *Lights essential and reflective vests recommended.*

Leader: Simon ☎ 9271 2959 (H)

### SUNDAY JANUARY 20 SOUTH PERTH FIESTA

15km Easy, family 5:00pm Start. Meet at the South Perth Esplanade car park adjacent to Sir James Mitchell Park for a pleasant ride around the Swan River foreshore prior to a BYO picnic before the opening concert of the South Perth Fiesta starring Wendy Matthews.

Organiser: Simon ☎ 9271 2959 (H)

### SATURDAY JANUARY 26 AUSTRALIA DAY FIREWORKS

20km Easy, 5:30pm Start. Meet at the East Perth railway station (in the car park off East Parade) for a short ride to find a reasonable spot from which to view the fireworks. BYO Dinner, Drinks and Blankets.

Leader: Simon ☎ 9271 2959 (H)

### SUNDAY JANUARY 27 SCENIC RIDE TO JARRAHDAL

60km Moderate, 8:30am Start. Meet at Armadale railway station for a scenic back roads ride to Jarrahdale via Byford and Nettleton Road. Then it's a big down hill to Mundijong for morning tea and back to Armadale before it gets too hot.

Leader: Kleber ☎ 9458 7519 (H)

### FRIDAY FEBRUARY 1 EVENING DINNER RIDE

20km Easy, 7:00pm Start. Meet at Fremantle railway station (main entrance) for a leisurely ride along the coast, returning to Fremantle through the back streets of Mosman Park. If we can get a table on the night (they don't take bookings) we'll be dining at Little Creatures Brewing otherwise we'll have up-market fish and chips at Fishing Boat Harbour. *Lights essential, reflective vests recommended.*

Leader: Karen ☎ 9385 1358 (H)

### SUNDAY FEBRUARY 3 SPEED DOME TRACK CYCLING

20km Easy, 9:15am Start. Meet at Guildford railway station for a warm up ride to the dome. Then experience riding the indoor velodrome track before returning to Guildford for morning tea. Hourly Hire fee for the track will be \$24.00 per hour or part thereof and track bikes will be included. The more that attend the cheaper the ride. Please contact the leader one week before the ride to book numbers.

Leader: Lorraine ☎ 9271 1540 (H)

### SUNDAY FEBRUARY 10 SOUTH PERTH FIESTA

20km Easy, 4:30pm Start. Meet at Comer Reserve for a relaxing ride around the Canning River before returning prior to the final event in Fiesta 2002, the last of the Free Family Concerts featuring Vika and Linda Bull.

Organiser: Simon ☎ 2971 2959 (H)

### WEDNESDAY FEBRUARY 13 SOCIAL NIGHT

Meet at 7:30pm at the Loftus Community Centre in Leederville (refer to map on page 11). Come and hear the latest progress on the development of the Perth Bicycle Network, and in particular the Principal Shared Paths, from Main Roads' Cycling Project Manager. Tea, coffee and Milo will be available along with a light supper.

Organiser: Terry ☎ 9472 9887 (H)

### FEBRUARY 16-17 DWELLINGUP PANNIER TOUR

90km (each day) Moderately Hard, 8:30am Start. Meet at Armadale railway station for a pannier tour to Dwellingup for an overnight stay. Contact the organiser for bookings and inquiries. See page 2 for further details.

Organiser: Simon ☎ 9271 2959 (H)

### SUNDAY FEBRUARY 17 WOODMAN POINT

70km Moderately Hard, 8:30am Start. Meet at the War Memorial in Kings Park (off Fraser Avenue) for a fast paced ride to areas south of Fremantle. There might be a coffee stop at a well know place.

Leader: Mark ☎ 9392 1961 (H)

### WEDNESDAY FEBRUARY 20 RIDE THE WIRED WIND

10km Easy, 6:30pm Start. Meet at the Raffles Carpark for a pleasant ride around Mt Pleasant, Ardross and Applecross before dinner. Note: small change is handy when paying bills. *Lights essential and reflective vests recommended.*

Leader: Jeff Crow ☎ 9332 3360 (H)

### SUNDAY FEBRUARY 24 DOWN BY THE RIVER

15km Easy, Family Ride with kids, 7:45am for an 8:00am Start. Meet at Comer Reserve car park (access off Melville Parade near Comer Street) for a ride down to Mt Henry Bridge and up to Deep Water Point for a coffee and play. On the way back we'll look at the new Preston Street pedestrian suspension bridge over the freeway.

Leader: Graham ☎ 9450 3545 (H)



**SUNDAY FEBRUARY 24****TWO RIDES JOINING**

30km Moderate, 7:45am for an 8:00am Start. Meet at Comer Reserve car park (access off Melville Parade near Comer Street) for a medium pace ride towards Curtin University down to Shelley Bridge and then following the foreshore around to join the family ride at Deep Water Point for a coffee and then to ride back with the family ride to the start point.

Leader: Lorraine ☎ 9271 1540 (H)

**MARCH 2-4****MARCH LONG WEEKEND OF P'S**

March long weekends are always hot and humid - not ideal for long hard rides. How about coming down to cooler Bunbury. Join with the South West Canoe Club for a weekend of pedalling, plodding, paddling, pasta and plonk. Contact the organiser for bookings and inquiries. See page 2 for further details.

Organiser: Tony Humphreys ☎ 9728 3105 (H)

**MARCH 8-24****SOUTH AUSTRALIAN TOUR**

This 17 day unsupported pannier tour to South Australia will take in Adelaide, the Clare Valley, the Barossa Valley, McLaren Vale, the Fleurieu Peninsula and the Adelaide Hills. Accommodation will be a mixture of tenting and cabins. For bookings and further details please contact the organiser.

Organiser: Simon ☎ 9271 2959 (H)

**SUNDAY MARCH 10****THE 51.1**

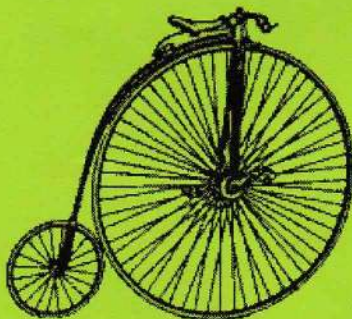
50km Easy, 9:00am Start. Meet at Charles Paterson Park (near the children's playground near Burswood Casino) for an easy ride to Riverton.

Leader: Devo (but contact Lorraine) ☎ 9271 1540 (H)

**COMMING EVENTS****Bike Week 2002 - March 15-24**

Friday March 15	Bike to Work Breakfast
Wednesday March 20	Bike Week Barbecue
Sunday March 24	Lake Leschenaultia Ride

If you are interested in leading a ride, or you have a suggestion for a ride that you would like to do, please contact the Rides Co-ordinator by February 15 on 9271 1540 or email: [mondo\\_zac@optusnet.com.au](mailto:mondo_zac@optusnet.com.au)



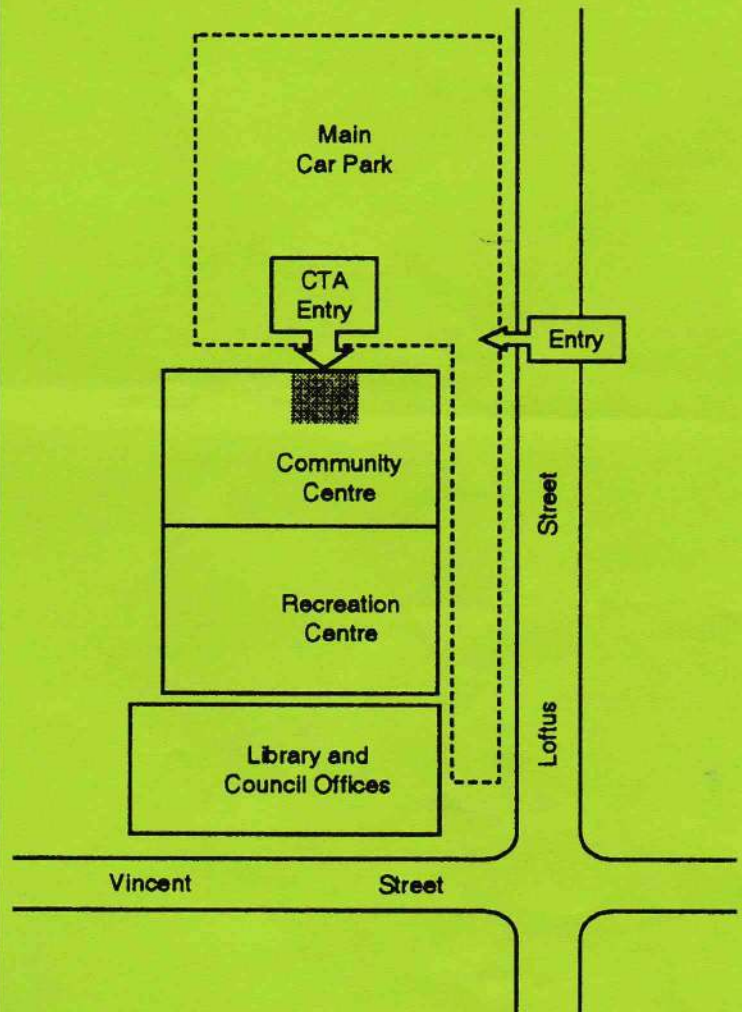
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# CTA Social Evenings

The Social Nights are usually (but not always) held at the Loftus Community Centre on the corner of Loftus Street and Vincent Street, Leederville. Enter from the main carpark on the north side of the complex (see map below). For further details contact Janet on 9319 9526 (H).



## Reporting Cycling Hazards

All riders are encouraged to make a note of hazards observed during rides on roads and paths, especially newly installed ones, and to submit a hazard report to Bikewest. Nearly all ride routes are likely to include hazards, even if minor ones, like centre-mounted grab rails on paths, lips on kerb ramps and drive entrances from roads, or drainage grates with gaps to trap skinny tyres. The aim is to get these fixed, and more importantly, to stop new hazards being installed.

About 80% of hospitalised cyclist crashes did not involve a motor vehicle. Most were "loss-of-control" crashes, and an unknown proportion of these were due to hazards on paths and roads.

The hazard reports should be submitted to Bikewest, either using the freepost cards provided by Bikewest or by e-mail. Sending an e-mail is an easy way of submitting a hazard report with HAZARD REPORT in the subject and a good description of the location and the hazard. The e-mail address is [bikewest@transport.wa.gov.au](mailto:bikewest@transport.wa.gov.au) with a copy to the BTA at [bta\\_wa@hotmail.com](mailto:bta_wa@hotmail.com) please.



## 2002 MEMBERSHIP FEES

The CTA Membership is from January 1 to December 31 each year. Membership fees for 2002 have been set as indicated below:

- |                                  |           |
|----------------------------------|-----------|
| 1. Adult membership              | \$40.00   |
| 2. New members                   | \$35.00   |
| 3. Full-time Students/Pensioners | \$23.00   |
| 4. Dependants under 18           | no charge |

Note that part year memberships apply after June 30 and the above fees should be halved.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives. These monies help to provide each member with six Newsletters per year, a social evening venue and tea and coffee making facilities, weekend trips and tours "at cost", a library, an indemnity to cover property to name a few of the obvious benefits.

## EQUIPMENT FOR HIRE

The CTA has some equipment (as listed below) which is available for members to hire for \$5 for 2 weeks or \$10 per month plus a bond. This is a great way to try out cycle touring without having to layout a large amount of money to equip yourself with the right gear.

- Rear Panniers (pair)
- Small Rack Bag (sits on top of pannier rack)
- Trangia

Please contact a committee member if you are interested in using this equipment.

## CTA CLOTHING

The CTA has its own clothing available in two colour schemes - yellow with red stripes, or turquoise with green stripes.

The design is available in short sleeved Coolmax tops and black lycra knicks with a coloured side panel.

Some stocks are available in a range of sizes from S, M, L, XL and XXL and costs \$65 for knicks and \$70 for tops.

Please contact Mark or Melanie on 9351 9260 if you require any further information.

Cheques should be made payable to "CTA Clothing".



## WHERE ARE YOU?

If you are lucky enough to move to a bright sparkling new place of abode, please share your good news with us. All members are asked to confirm their current address and phone numbers with Committee members.

## CTA LIBRARY

The CTA has a small library of books and magazines relating to all facets of cycling and cycle touring. These are available for all members to borrow or just read at each of the social evenings. The books may only be borrowed for 4 weeks by contacting a committee member on the night. Contributions to the library would be greatly appreciated, so do not dispose of any cycling literature which you feel may be relevant.

## POLICE BICYCLE REPORTS

The Police Bicycle Section would like to hear your reports of harassment, abuse or other serious incidents involving motor vehicles.

In order for the police to investigate an incident, you must be able to provide the registration number of the vehicle involved and the time and place of the incident. A description of the motor vehicle and the age and sex of the driver are also useful. You should always carry a pen and paper on your bike to record important details should you become involved in an incident. If the offense is serious, you should try to obtain the names of other witnesses who can verify your account. You can contact Officer in Charge at the Police Bicycle Section on 9384 7666 during working hours.

If undelivered please return to  
PO Box 174 Wembley 6913  
Western Australia

