

THE CHAIN LETTER

Newsletter of the CYCLE TOURING ASSOCIATION OF W.A. (INC.)

September/October

Issue 268/ ISSN:2206-9585

PRESIDENT'S REPORT

They are coming! Won't they think of the children!

Yes, fellow members. E-bikes are here.

Your club has in the last few months received several requests to allow electrically-assisted bicycles to join club rides. To help formulate a club policy on e-bikes we have tried to learn from the experience of other cycling groups and have experimented by allowing trusted club members on e-bikes to join us on some rides.

The e-bikes matched the normal pedaled bikes (hereafter known as analogue-bikes or a-bikes) in speed, braking and maneuverability while the batteries have lasted the required distance. More generally, e-bikes are becoming commonplace (try riding on the freeway bike paths in the morning rush hour)

and enable less physically able, often older, members to keep enjoying the social and physical benefits of riding with the CTAWA.

Accordingly, the CTAWA has adopted an official policy welcoming e-bikes on club outings, where suitable, e.g. social half-day rides where battery longevity is adequate or the physical effort of the ride is not the point as on an Achievement Ride. The policy has the safety and enjoyment of all riders as its most important objective.

The e-bike policy is now/will soon be on the club website to view. The committee welcomes members thoughts on having e-bikes on our rides and are happy to discuss the reasoning behind its development.

In other news, nearly 50 members learnt

about the history of bicycle gear systems and saw slides of the Victorian and Bali tours at the social night. Well done again Teresa.

Christmas is coming to, even as Xmas in July has just passed. The final Social Night in September will be followed by On Your Bike and Retiree's Run tours and the Long Table Christmas Lunch in early December to see the year out.

See you around like a wheel folks.

Regards Stuart

Events & Information

Social

Social Night

Thursday, 26 September, The Rise, 28 Eighth Avenue, Maylands

All members are welcome to come along to our next social night, topic will be notified closer to the time.

Xmas Long Table Lunch—Sunday, 8 December

The Long Table Lunch will be held in December this year—add this date to your diary

Tours

2019 Retirees Run 24-29 November - only camping places now available.

**2019 OYB - "Southern Ranges Tour
26 October—3 November 2019**

The 31st On Your Bike tour invites you to join us to explore the wonders and delights of the "Southern Ranges". This circular tour, starting and finishing in the small township of Kendenup, will provide participants with the experience of riding through a wide range of scenery. The tour passes through the Mount Lindesay National Park to Denmark. We then follow the unspoilt coastline and beautiful beaches to Albany. Before heading north to the majestic Porongurup National Park and then on to the Stirling Range National Park before returning east to the start. **Places are still available for the tour.**



Join Us Now!

Photo Gallery

Main Events



The CTAWA Facebook page is now up and running! Go to our website and click on Facebook link

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DEADLINES: Contributions for the next issue (November/December) should be sent to the Editor (editor@ctawa.asn.au) no later than **6 October 2019**

DISCLAIMER: Opinions or comments from contributors and members do not necessarily reflect those of the Club, its committee, the Editors, or its membership as a whole.

The Chain Letter

The Chain Letter is published by the Cycle Touring Association of WA (Inc.) every two months.

We welcome articles and photos on:

- Rides you have done, in WA or elsewhere in Australia or the world
- Articles on bicycles, cycling gear, maintenance or safety
- News of members—whether related to rides or not
- Health, physiology, exercise programs or anything else related to the rider
- Riding tips or techniques
- Cycling trivia or quizzes
- Letters to the Editor...

The Editor will be grateful!! Copy and photos (at least 500kB) should be sent to: editor@ctawa.asn.au.

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Achievement Ride Successes

According to our records, the following people have completed Achievement Rides. Please contact Achievement Rides Coordinator, John Farrelly, by email achievementrides@ctawa.asn.au if any details shown seem to be wrong.

160k AR (Brevet)

Christine Liddiard

John Farrelly

50K AR (Brevet)

Bruce Robinson

Stuart Crombie

200k AR 17/8/19

John Farrelly

Christine Liddiard

Bruce Robinson

200 AR 18/8/19 (Brevet)

Stuart Crombie

Achievement Ride Dates for 2019

300K Brevet, Saturday, 14 September

Update : Achievement ride descriptions and individual routes for each AR series is on the website page, go to: (Rides->The Achievement Ride Series <http://ctawa.asn.au/ride/the-cta-achievement-ride-series> .

Welcome to our New members

Will and Jenny Colquhoun

Carl Sputore

Graham and Sandra Miller

Richard Jolly

Piers Marmoy

Peter Bolton

Eric Tocock

Peter Easton

Social Night—Touring and History of Bicycle Gears

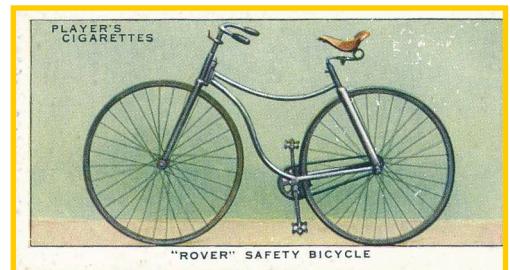
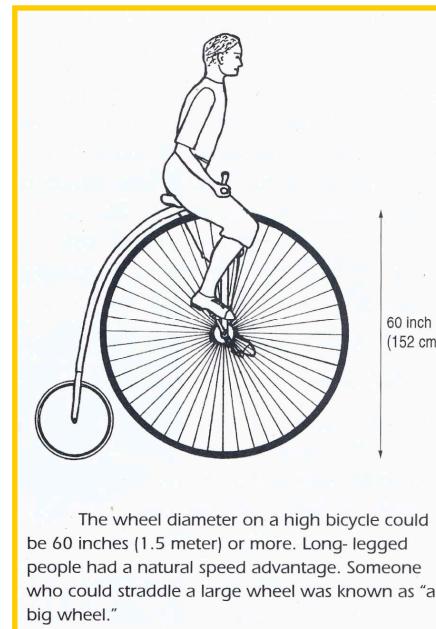
Thursday, 25 July 2019

There was a great attendance at the Social Night held on Thursday, 25 July.

Touring and the History of Bicycle Gears

The audience were treated to a fascinating presentation by Alan Naber from the WA Historical Cycle Club on the history of bicycles and gearing. He explained how and why the bicycle was first invented rudimentary “pedestrian – hobby horse” style was invented around the 1850’s, where users propelled the machine along, reaching with legs to the ground. The hobby horse had a fairly short burst of fame, however did lead towards the many modifications and refinements over the years towards our now modern day bicycle.

Alan also told us that the Penny Farthing was invented in 1871 and had a fairly simple relationship between the pedals and the wheels, involving a small rear wheel and large front wheel, tubular frame and tires made of rubber. The diameter of the front large wheel was around 60”, with the idea that it could go faster, it could hurtle up to 70 km/hr downhill. They were obviously hard to mount, tricky to ride and resulted in many injuries, often only the daring rode the bike! The Penny Farthing was popular amongst the ‘well to do’ because of their speed, riders were sometime assaulted by people throwing stones at them (sounds a bit familiar!), as

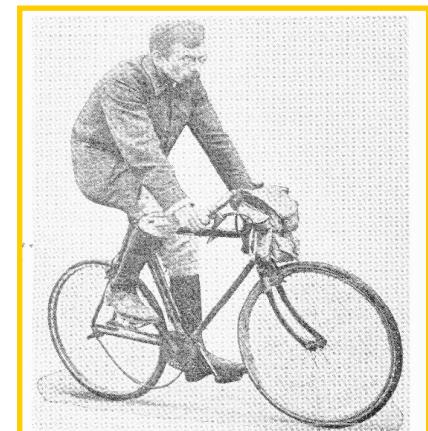


Frenchman, Paul de Vivie (writer under the name of Velocio), invented a two speed rear derailleur in 1905 which he used on forays into the Alps. Earlier on, bikes were single speed and in the best cases had a sprocket on each side of the back wheel (big one and small one for different terrains). Cyclists had to stop and reverse the wheel to change sprockets, another technique was to lean down and move the chain between sprockets, using fingers while riding along (unsafe options).

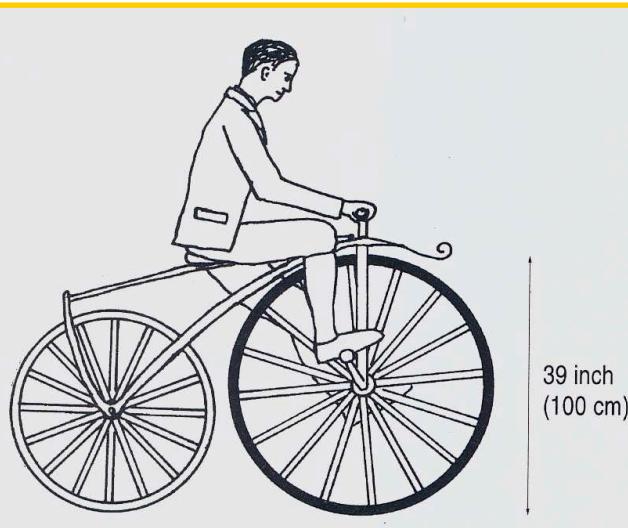
they flew past.

The advent of the 1880’s saw the invention of the Rover safety bicycle, this was in response for the need to have a ‘safer’ type of bicycle. It is interesting to note that the elements in the Rover bicycle are all still part of the modern bicycle. With recognised features, such as diamond shaped frame, pedals below saddle that power the back wheel through a chain, handle bars to the front wheel, and forks supporting the front wheel.

Alan gave a brief explanation on when and how the bike derailleur appeared.



Vernon Blake on a bike with floating chain in 1919. Blake made several modifications to the floating chain, and continued to use it for the rest of his life. Although most other touring cyclists, including Velocio, switched over to the improved derailleurs that became available, Blake was agile and acrobatic. For example, he could stand on the saddle and steer with his foot. He saw no problem in bending down to shift the chain with his thumb and finger. “The work of a moment,” he called it.





Alan on his original 1955 bike.

perfecting derailleurs and levers.

Check out, WA Historical Cycle Club for more information.

<https://historicalcycleclub.com.au/>

(Thanks to Alan for providing such an interesting presentation and also the photos for the newsletter)

Mount Bike Tour in Bali – 16-23 June 2019

Steve Napier gave an entertaining presentation on his recent mountain bike trip in Bali, which he enjoyed along with other members, Liz and Richard. The group were provided with soft tailed mountain bikes for the ride. He said that there were some fairly hairy descents (brakes were sizzling), while all rides started from high points and the route had



Liz leading the way down through on the ride in Bali

some minor technical parts through some forest tracks and narrow irrigation lanes. The route taken was mainly on the northern side of the island with beautiful views of the lush green tropical countryside as well as the high volcanic type mountains. They rode through many paddy type fields and on the first day all had some sort of fall, poor Liz plunged into an irrigation ditch on her fall! Apart from the bike ride, the group enjoyed a snorkeling adventure on a Japanese shipwreck in Amed, visited a temple during their ride and got up very early one morning to trek to the summit of Mount Batur to view a stunning sunrise over Bali. Steve said the accommodation and meals were first class and guides (two for the group) and transport vehicles were very good. Steve's photo's showed the stunning

countryside of Bali.

Victorian Goldfields Tour – 11 March to 24 March 2019

Trevor Knox gave a summary of the successful tour he led through the goldfields regions of Victoria in March. Trevor outlined how he planned for the tour route, which was loosely based on some of his Bike Victoria rides and experience and through his membership of the Melbourne Bicycle Touring Club. His planning looked at following mainly minor roads, while also utilising some rail trails and other bike trails. The group consisted of 40 riders (initially around 45 riders registered), the majority camped at caravan parks, with some utilising cabin accommodation. Rest days were factored in at the larger places such as Bendigo and Ballarat for riders to have a closer look at these places. Prior tour management by Trevor involved keeping all participants up to date with information such as GPS routes, accommodation details, information on each town that we were staying at and he even managed to see some cheaper flights that a few people took advantage of for their trip to Melbourne. Trevor's contacts through the Cycling Club of Victoria also meant that he could arrange to have transportation from the airport for our bike boxes to the caravan park on our arrival at the airport.

Photos of the tour were also displayed during Trevor's presentation.



Liz, Richard and Steve learning about growing rice in Bali

Xmas in July at Waroona

Saturday, 13 July—Sunday, 14 July 2019

By Randall Holland

The Cycle Touring Association of Western Australia's 'Christmas in July' ride was organised by Trevor and was a pleasant, flat ride around the Peel Estuary with an overnight stop in Waroona. Christmas in Perth is usually celebrated in the summer heat, around a pool or at a BBQ in a park so the Waroona Hotel put on a traditional Christmas winter meal in the colder temperatures for 32 hungry CTAWA cyclists.

Our cycling group met up at the Mandurah Train Station and then headed off to Pinjarra with local Mal directing us through the suburbia, then along the Forrest Hwy cycleway where we saw camels and kangaroos along the way.

Avoiding the busy Pinjarra Road we turned left onto quiet roads with green paddocks to Jarra-Infusion Café where we rendezvoused with the tough guys who had started in Armadale. A very delicate Noel in civilian clothes who had cracked some ribs in a mountain biking accident greeted us, we parked our bikes out the back and ordered lunch. The Jarra-



Riders approaching Port Bouvard bridge

Infusion cafe is very atmospheric, but I couldn't believe the price for a muffin (\$8-00), maybe it was placed under a powerful crystal and blessed by the Dalia Lama. Confusion reigned when upon delivery of

orders, someone mistakenly ate someone else's potato salad, the poor food moocher received much stirring. Then it was back on the bikes to South Western Hwy and then on quiet roads where the cyclists spread out into groups of similar speeds.

It was cycling heaven with green fields, cows and tree lined roads, it could have been central Ireland. Alas reality arrived in the form of 'Irate Motorist No. 1' who drove along-side for a while and gave us a good telling off for riding 2 abreast. The Road rule is 'Cyclists can ride two side-by-side on the road, with up to 1.5m between riders' but of course the motorist is always right when you're on a bike, because in this country cars rule and there's no IQ test required to get a drivers licence.

We arrived at Waroona Hotel, locked the bikes out the back and unpacked. Ken and I had a walk around town to stretch the legs and got back just in time for happy hour and a couple of beers. Soon the bar was full of cyclists and we moved into the dining room for our Christmas meal. First course was roast meat and vegetables with mashed potato and eggnog. Then for dessert was apple pie and raspberry



Gathering together for the return to Perth from Waroona

(Continued on page 8)

Lift out Rides Calendar for September/October 2019

Ride Guidelines

All riders are responsible for showing up with a well-maintained bike. You must wear a helmet, and we recommend you bring a spare tube, puncture repair kit, tyre levers, pump and, if your bike is not fitted with quick release hubs, a spanner that fits your axle nuts. Most importantly, bring water!

Rides are described using the guidelines below. *If you are unsure of your*

suitability for a ride, or if you feel it may be too long for you, don't be put off. Please contact the leader before the day to discuss your suitability, or to see if you can do part of the route.

Terrain refers to the hilliness of the ride, and can be 'Mostly Flat', 'Rolling', 'Some Hills' or 'Hilly'.

Mountain bike rides (on tracks or unsealed roads) are described as 'MTB'.

Pace refers to the average speed on the flat without breaks. Downhills may be faster, uphills slower. For rides with 'Hilly' terrain, consider choosing a pace one grade below your usual comfort level.

Social	Under 15 km/hr
Leisurely	15 – 20 km/hr
Moderate	20 – 25 km/hr
Brisk	25 – 30 km/hr
Strenuous	30 – 35 km/hr
Super Strenuous	35 km/hr or more

LIABILITY DISCLAIMER: While every effort is made by CTA ride leaders to ensure the safety of all participants on our rides, individual cyclists (whether they are members or not) are **not** covered by the club for injuries if an accident occurs. We recommend that you obtain personal accident insurance before taking part.

IMPORTANT: We do what we can to ensure the ride details are correct when going to print. However sometimes unforeseen circumstances can occur after publication of newsletter. **Therefore please check the website before going on a planned ride for full ride details. The Rides Calendar below is only a brief summary of the ride, for full ride details you will need to check the website.** Departure time is normally 15 minutes after advertised event time.

South of River Father's Day Outing Sunday, 1 September @ 8:30 am

40 km, moderate, flat ride

Meet near Raffles head South via Esplanade, to PSP on Leach Hwy, on to Karel Avenue which takes us to Roe Hwy towards Canning River Reserve Path to Canning River Café. After refreshments we head back to Raffles.

Leader: Udeni, Phone: 0439 933 968

The Earthworks Tour

Wednesday, 4 September @ 8:30 am

~67 km: Moderate, flat

Meet at Burswood Park Playground rotunda. This is rolling ride to see where some dirt has been moved. After warming up riding to the Narrows south end we'll top the tour in Kings Park before heading through Nedlands and along the new Curtin Ave bike path to the gun emplacements at Leighton Beach. Then it is down through Fremantle past the Roundhouse Tunnel to Coogee Beach for coffee, before returning via the mess around the Roe Highway intersection and through East Victoria Park to Burswood.

Leader: Stuart 0409 882931

Tackling the Tonkin

Sunday, 8 September @ 8:30am

65 km: Moderate, Flat ride

Meet at Bayswater Train Station. According to some inside information from Mains Road engineer Terry Bailey, we should be able to ride on the Tonkin Highway PSP all the way to Ellenbrook. This will be a trial run for the proposed ride to Muchea on the Tonkin Highway PSP, hopefully by the end of the year.

Leader: Kleber 9354 7877 or kleberc@bigpond.com;

Leederville-Hillarys Loop

Wednesday, 11 September @ 8:00am

~44 km: Leisurely, some hills

Meet at Britannia Reserve Leederville in the car park at corner of Britannia Road and Kalgoorlie St. Coffee stop at White Salt in Sorrento. Coastal path north, railway path home.

Leader: Charlie 0447 263 706

The Last Indiana

Sunday, 15 September @ 8:15 am

~40km: Leisurely to Moderate, flat

Meeting at Yagan Square Perth. The last of the original Indiana Tea House building on Cottesloe foreshore. An iconic construction of Perth and featured in films and promotions, well now somebody has decided to replace it with a glass and concrete version of nihilism. Something akin to (fairy floss), oh I mean sculptures by the sea. Built in 1910 and refurbished in 1996 to a beautiful Art Deco style it has hosted many parties both during and after the war years. So a coffee cake, camera and icecream and a walk around to remember this icon. (yes bike gear allowed inside but no cleats)

Leader: Chris O, 0434720620

Around the river

Wednesday, 18 Sept. @ 8 :30 am

44 km: Moderate, some hills

Meet at Narrows Bridge South side, coffee at Keane's Point.

Leader: Brian, 0438 110 571

Sunday, 22 September—CHECK THE WEBSITE

Swanning to the Farm Cafe

Wednesday, 25 Sept. @ 8:30 am

48 km: Moderate, some hills

Meet at Midland Train Station. Starting with small undulations before it becomes a mainly flat ride through the wine and horse country. Coffee at the Farm Cafe in Baskerville.

Leader: Liz 0423 207 258; 9293 0398 or elsbethmarshall@gmail.com;

Social Night:

Thursday, 26 September @ 7:00pm

Meeting at The Rise, 28 Eighth Avenue, Maylands. All members are welcome to come along to our next social night, topic will be notified closer to the time.

Leader: Teresa social@ctawa.asn.au;

Swanning the Swan

Sunday, 29 September @ 8:30am

40 km: Leisurely, flat ride

Meet at Narrows Bridge, (South side near the toilet block). We will cycle all the way to Point Walter on shared paths with the beautiful Swan River in view, passing through Appletree and Attadale. Returning via the Dome at Deep Water Point for coffee and cake will be on quite back roads. Returning back along the Freeway.

Leader: Kleber 9354 7877 or kleberc@bigpond.com

September/October 2019

Spring around the river

Wednesday, 2 October @ 8:00am

55 km: Moderate , some hills

Meet at Narrows bridge (near toilet block). With warmer temps let's check out that familiar scenic route around the river including some new cycle paths that have come on stream during winter months.

Leader: Rita 9385 2562, 0423 056 595;

River, Lakes and Ocean

Sunday, 6 October @ 8:30am

54 km: Moderate, some hills

Meet: Point Walter in front of Café Ride east along the river bike path then head South at Tompkins Park towards Piney Lakes Reserve, through Murdoch, then along the linked-lake system from North Lake to Yangebup Lake. Then head west towards the ocean to Woodman Point Reserve where we turn northwards along the ocean cycleway towards Coogee, Fremantle and return back.

Leader: Linda 0419933998

North and South of the river

Wednesday, 9 October @ 8:00am

50 km: Moderate, flat

Meet at the Burswood western carpark near the toilets. This ride takes us along

the northern and southern sides of the Swan river. Coffee will be at Bolt in Hazelmere.

Leader: Connie 0407 640 012

OYB Prologue

Sunday, 13 October @ 8:15 am

~45 km: Moderate, flat

Meet at Bullcreek Station for a chance to meet some of your fellow OYB tourers before the big event. Those not coming on the OYB tour are still welcome. We will ride through some of Perth's southern suburbs meandering past parklands and new housing estates on our way to a café in Riverton for morning tea and coffee before returning to the start.

Leader: Terry 0439 922 765

Wednesday, 16 October—CHECK THE WEBSITE

Wildflowers and mountain bikes

Sunday, 20 October @ 8:30 am

45 km: Moderate, hilly

Meet at Midland Train Station. Reserve Rail Trail is always a favourite. Coffee at Mundaring Bakery from there its all downhill to the start.

Leaders: Rita & Cliff 0423 056 595 or 0401 951 919;

Let's do some Hills

Wednesday, 23 October @ 8:30am

45 km: Moderate, hilly

Meet at Midland Train Station. It's not as bad as it sounds. From there up through Darlington and the John Forrest National Park to Mundaring for coffee at MO-JO. After the break it's mainly downhill!

Leader: Liz 0423 207 258; 9293 0398 or elsbethmarshall@gmail.com;

2019 On Your Bike - Southern Ranges

Saturday, 26 October - Sunday, 3 November

The 31st On Your Bike tour invites you to join us to explore the wonders and delights of the "Southern Ranges". We have visited this area on a few past tours and now it is time to visit this region again. This circular tour, starts and finishing in the small township of Kendenup. Tour Brochure , Entry Form etc are on the website.

Leader: Tony 0408 955 908 or oyb@ctawa.asn.au

PRESENTATION OF COMMEMORATIVE JERSEYS

At the Mundaring Bakery, on a CTA ride up the heritage rail trail, Bruce Robinson presented commemorative jerseys to the other Cairns-Darwin unsupported ride participants, Brian McAuliffe, Christine Liddiard and Stu Crombie. *All pictured below.*

(Christine did not think fluoro-orange was her colour so hers was fluoro yellow) .

Stu Crombie suggested and organised the Cairns-Darwin ride, which was a once-in-a-lifetime opportunity for the riders. His leadership, route choice and planning offered a challenging and enjoyable glimpse of Qld and the NT along the Savannah Way. Thanks Stu.

The jerseys were embroidered with a list of locations on the route of each, and Bruce and Stu had also done another unsupported tour to Karijini last year as well. Stu's travels are shown below. (*photos and article supplied by Bruce Robinson*)



cheesecake. Much good conversation and food was enjoyed then after a few games of pool it was off to bed.

Sunday: Waroona to Mandurah via Dawesville—68 km

After a breakfast of cereal at the hotel we assembled out the front at 9 am and headed to Mandurah. It was cycling perfection with a nice tailwind, the sun at our backs and no traffic. Irate Motorist No 2 pulled alongside to give us some more miss-informed advice about cycling 2 abreast, must be a 'Waroona backroads thing'.^{*} I really wish our motorists could be more enlightened like they are in northern Europe.

We crossed Forrest Hwy and saw our first decent hill ahead. (Liz from Switzerland would be happy) however we then turned right to follow the Peel Estuary and the flatness continued. After passing many small hobby farms and riding some steep, short hills we joined the busy Old Coast Road and could safely ride single file on the wide shoulder. We then turned right onto a quiet road that clung close to the water and stopped for lunch at

The Leprechaun General Store. Outside a large group of guys with British accents gathered, it was some kind of scooter club from Rockingham. Their bikes looked pretty cool, maybe I might join them one day when my joints are too old for cycling.

After lunch we encountered our hardest climb of the weekend following a zig zag path up to the bridge at the Dawesville channel. It's sharp, steep bends meant Kleber and Mark on the tandem had to push the bike. The Dawesville Channel was completed in 1994. Here's some info

<https://en.wikipedia.org/wiki/>

CTAWA is now listed on the Bicycles Network Australia website under 'Australian Cycling Directory' menu.

If you click onto the link below you will also see some interesting cycling topics eg latest cycling news, reviews and technical information and a cycling forum for cyclists.

<https://www.bicycles.net.au/>



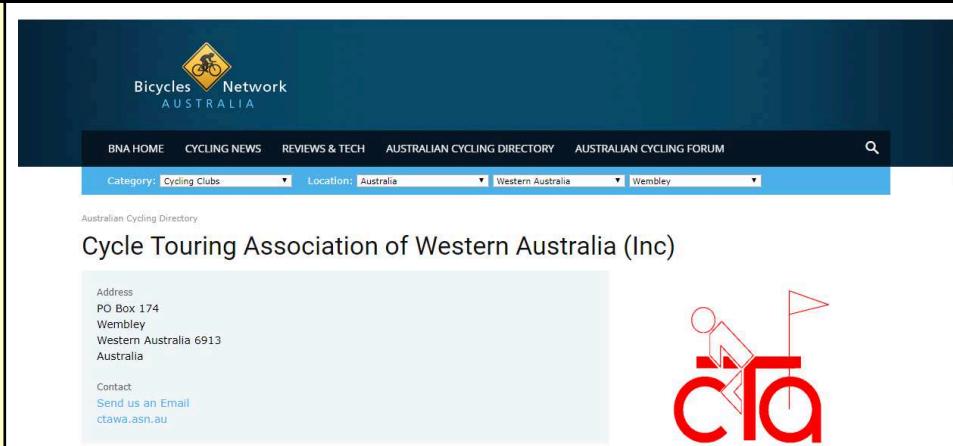
Group riding back to Perth in very pleasant conditions on Sunday morning

Dawesville Channel

Then it was a meandering route along the estuary through pathways along swamps, suburban roads then over another bridge into Mandurah. At the corner of Leslie Street and Coolabah Avenue we said goodbye to some local cyclists. Suddenly I heard a car skidding, revving then skidding again. In the general confusion one of our cyclists had pulled onto the road without looking. 'Really Irate Motorist No. 3' got out of the car, a hairy, knuckle dragging, Neanderthal who desperately wanted to punch one of us. We stuck together and didn't look him in the eye, after a while he got back in the car and sped off. OK it was the fault of the

cyclist but if it was a pedestrian I'm sure he wouldn't have been so aggressive. I'd just like to say that 99% of the motorists were careful around us, even if they were just obeying the law. The rest of the ride was drama free and we caught the train back to the city and home sweet home.

* So why is it law that cyclists can ride 2 abreast? To annoy motorists is the last thing we want to do (for our own safety). Well cyclists are easier to see in a group and it also prevents motorists from trying to squeeze between cyclists and cars coming the other way.



The screenshot shows the Bicycles Network Australia website. At the top, there's a logo for 'Bicycles Network AUSTRALIA'. Below the logo, a navigation bar includes links for 'BNA HOME', 'CYCLING NEWS', 'REVIEWS & TECH', 'AUSTRALIAN CYCLING DIRECTORY', 'AUSTRALIAN CYCLING FORUM', and a search icon. A dropdown menu for 'Category' is set to 'Cycling Clubs', and another dropdown for 'Location' is set to 'Australia' with 'Western Australia' and 'Wembley' selected. The main content area is titled 'Australian Cycling Directory' and features the 'Cycle Touring Association of Western Australia (Inc)' entry. This entry includes an address: 'PO Box 174 Wembley Western Australia 6913 Australia', contact information ('Send us an Email ctawa.asn.au'), and a logo for 'CTA' featuring a stylized cyclist icon.

The CTA Achievement Ride Series

The CTA conducts a series of 'Achievement Rides' (ARs) each year. These rides provide you with a graded set of challenges. Each ride must be completed within the set time limit, but is otherwise non-competitive. Each ride is supported by a volunteer and the series is coordinated by the Achievement Rides Coordinator. (**See website for details and conditions**)

Housekeeping

Please shoot us an update if your contact information changes (so we can keep our database up to speed).

Email: members@ctawa.asn.au

Safety Issues

If you have safety issues – email info@ctawa.asn.au

All riders are encouraged to report path and road hazards observed during their rides. You should email a clear summary, subject 'Hazard report', including details of the location and the problem (with a photo if you have a camera at the time) to: cycling@transport.wa.gov.au and/or enquiries@mainroads.wa.gov.au (send a copy to info@ctawa.asn.au).

You may also make hazard reports at : www.transport.wa.gov.au/activetransport/25460.asp

Former Green Senator Scott Ludham sponsored an iPhone app, Bike Blackspot, for reporting bike hazards in Perth. It seems to be a useful easy-to-use reporting tool. Information goes to both the Minister of Transport and the Greens. The CTA does not support any political party.

You wish to hire equipment? We have Rear Panniers, a small Rack Bag and a Trangia (camp stove). By hiring, you can sample cycling touring without investing in lots of equipment. And if you do decide to invest, you'll have a better idea of what you want for yourself. Cost is \$5 per 2 weeks, \$10 per month, plus a bond.

CTA Clothing Sale!

CTA clothing is available as follows:

CTA jerseys:

Short Sleeve Unisex (full zip)
Short Sleeve Womens (short zip)
Long Sleeve Unisex (short zip)
Long Sleeve Womens (short zip)
Long Sleeve Unisex (full zip)

CTA jerseys are available in a range of sizes, in both long and short sleeve and half and full zip.



Sizing is deliberately small to aid in moisture absorption, however it is **recommended you try on a sample before selecting. Also the prices are now reduced!**

Please note: our previous supplier (Sprint Design) has now ceased operating. However, we still have a current stock of jerseys.

CTA Orange Fluoro Shirts (sizing is very large)

Short sleeve unisex style. Limited stock in size 16 only.



CTA Socks

Orange/blue socks with CTA logo — \$10 a pair

CTA previous years OYB jerseys

2017 sleeveless windproof cycling vest (Loaves to Fishes tour)
sizes XS, M and 5XL.



2015 short sleeve jersey (Golden Heartlands tour)
sizes XS, S and L.

Safe-Zone Mirror The 57 mm diameter 'Safe-Zone' mirror gives an improved vision of vehicles or other riders approaching from behind. Normally only available from on-line suppliers at between

\$40 to \$55. CTA is able to offer these mirrors to members at **\$25** (you will need to contact the Clothing Coordinator to arrange a suitable time for pick up)..

These mirrors use two zip ties for mounting onto your helmet. If you are cycling overseas where traffic is left hand drive, these mirrors can be easily adjusted.

Contact : Jane, 0419 969763 or email clothing@ctawa.asn.au for any enquiries or orders.



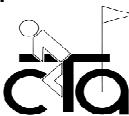
Sunday, 21 July ride— Jarrahdale to Balmoral POW camp

A great morning's ride under cloudy cool conditions. Jarrahdale to Balmoral POW camp. The brave group included, Jeremy, Noel, Liz, Richard, Eric, Udeni, Sylvie, John, Christine, Cliff, Rita.. A special welcome to our new member Peter. Lunch and chatter at the General Store. Thanks John and Christine for keeping us on "track" (Photo and information supplied by Rita)



Riding bikes can sometimes get difficult as the CTA riders found out on a recent ride in Whiteman Park. However spare a thought for the early female riders who had to try and ride in their cycling skirts! (This image was shown by Alan Naber at our recent Social Night on Touring and the History of Bicycle Gears)

Membership Details



CTA membership is from 1 January to 31 December. New members joining after 30 June may pay the half year membership price (1/2 of the prices shown below).

Membership

2019

Renewal Adult membership (If paid by 31 Jan)	\$40 \$35
New Adult membership	\$35
Concession:	
Full-time Students/Pensioners	\$25
Dependents under 18	No charge

New members can join by pressing the Join Us Now! button on our website <ctawa.asn.au>. Existing members can log into the website using their CTA username or email address to renew their membership. Payment can be made by bank transfer (see the membership page for details) or by cheque to the Cycle Touring Association, PO Box 174, Wembley WA 6913. A receipt of payment will be emailed to you. You can also apply by filling in a CTA Membership Application form and posting it to us.

The CTA is a non-Government organisation relying on membership fees, donations and volunteer labour to achieve our aims and objectives.

These monies help provide each member with a number of social evenings with suppers, weekend trips and tours at cost, to name a few of the material benefits.