



CTA - YHA ALBANY to PERTH TOUR

A feature cycling event of
BIKEWEEK '88 and the BiCentennial Year

Think about-

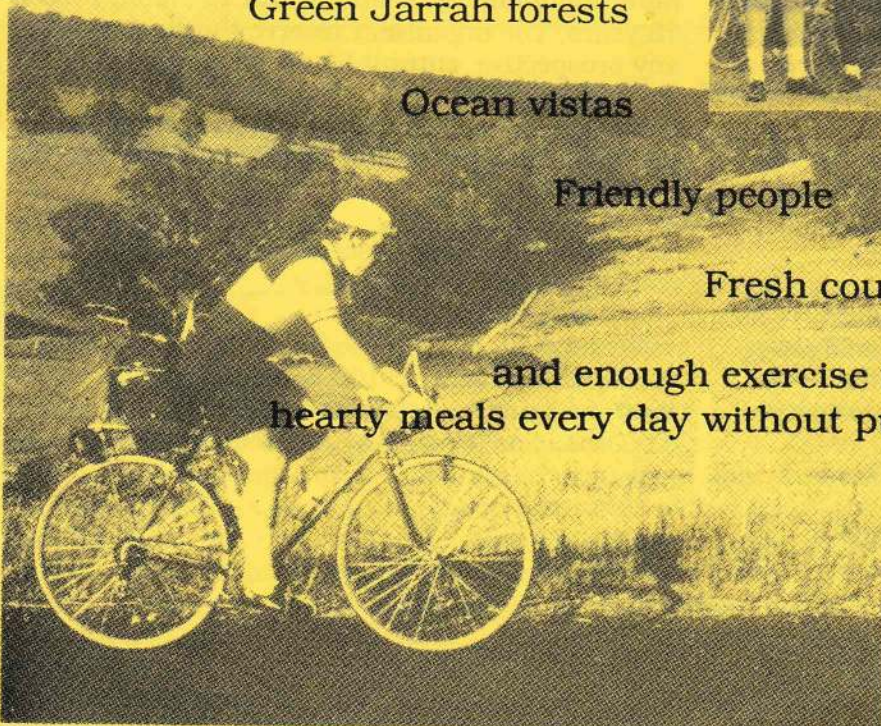
Green Jarrah forests

Ocean vistas

Friendly people

Fresh country air

and enough exercise to justify
hearty meals every day without putting on a kilogram.



This is the '88 ALBANY to PERTH TOUR being conducted by the Cycle Touring Association of W.A. with the co-operation and assistance of the Youth Hostels Association of W.A. - an 800km jaunt over 10 riding days between 12 March and 26 March 1988. Here is the chance to see the scenic and historic south and west of our State in the relatively quiet period between a hectic Christmas and the busy highway time around Easter.

You will participate in the group challenge of successfully completing an Albany to Perth Ride in this historically significant year whilst, like the pioneers, being independent of outside assistance. You will gain a real sense of achievement in providing for yourself and covering 800km by bicycle without "sag waggons" thru the most picturesque countryside W.A. has to offer. Prospective Tour riders whose cycle touring capabilities are not known to the Organisers will be required to complete a qualifying ride of at least 110km with full touring equipment to the satisfaction of the Tour Leader.

THE COST

A deposit of \$60 for current financial C.T.A. members (or \$83 for non-C.T.A. people) is required with your completed Official Entry Form and a further \$100 is to be paid to the Leader by 31 December 1987. These two amounts are expected to cover most if not all of the cost of C.T.A. - provided transport and pre-booked accommodation for the entire tour.

All food and incidental costs are the responsibility of the participant. However the Tour is anticipated to cost each person no more than \$500 all-up including transport to Albany for you and your cycle, accommodation in hostels, hotels or motels and all meals.

A souvenir Tour Tee shirt will be supplied free of charge.

Closing date for entries is 31 December 1987
NO LATE ENTRIES ACCEPTED

WHAT YOU WILL NEED.

- * A reliable road bike with at least 10 speeds and fairly low bottom gearing, ('Mountain bikes' would probably not be able to keep up the pace on the longer days), rear pedal reflectors, rear reflector and wheel reflectors
- * securely mounted pannier rack(s) and pannier bags
- * at least 2 bidons (water bottles)
- * 3 spare tubes and puncture repair outfit

- * high pressure pump
- * tyre levers, screwdriver, 200mm (8") adjustable wrench
- * allen keys for any socket head bolts on your bike
- * 4 spare spokes each for front and rear wheel (tape them onto your pump)
- * spoke key
- * cluster removing tool for your particular rear gear cluster
- * mini first aid kit in a resealable container comprising :
 - antiseptic e.g. Savlon, Dettol, Mercurichrome or similar
 - Sofratule dressings or similar
 - gauze bandage
 - Band-aids or similar
 - needle and tweezers
 - sunburn and windburn cream
 - your special medications, if any
- * maps - suggest R.A.C.

A hard shell helmet MUST be worn; Bell, Guardian, MSR, Vetta or similar are suggested brands.

RECOMMENDED (but not mandatory) EQUIPMENT

- * handlebar bag (if not using front panniers)
- * lights (suggest generator type with halogen headlight and proper parabolic reflector taillight [Sanyo] but battery headlight could double as a torch)

You may also consider the following optional equipment

- * spare tyre - suggest a foldable type (eg. IRC HandiTour)
- * spare rear brake cable and rear derailleur cable
- * 8mm and 10mm open end spanners
- * sealed mini container of oil

Note : minimum age of entrants at 12 March 1988 is 16 years. The organisers reserve the right to reject any prospective entrant for whatever reason.

Send completed Entry Form and Deposit of \$83 for non-CTA members or \$60 for current financial CTA members to:

Cycle Touring Association of W.A. Inc.
P.O. Box 174 Wembley,
W.A. 6014.

Please note a further \$100 is required to be paid to the Tour Leader c/o the above address not later than 31 December 1987. Any subsequent costs to be advised.

THE ITINERARY-

Day "zero"-

Load bikes onto trailers at the Causeway Carpark at 6pm on Friday 11 March.

Day one -

Perth to Albany by bus - Saturday 12 March.

We meet at East Perth Rail Terminal at 8-30am with panniers and pumps but no bikes for 9-00am Westrail bus departure and arrive at the Albany Y.H.A. 49 Duke St at approximately 4-15pm.

Day two -

Around Albany. Sunday 13 March

Browse around Albany by bicycle visiting the old Whaling Station, Pioneer's Grave, the Gap, Mt. Clarence, or merely sit back and enjoy King George Sound whilst contemplating the ride ahead and getting to know your new touring companions.

Day three -

Albany to Denmark 55km. Monday 14 March

Resplendent in our Tour BiCentennial Tee shirts we receive a BiCentennial message from the Mayor of Albany to be carried to the Mayor of Fremantle and the ride starts in earnest. We take the scenic route via Grasmere and Torbay avoiding as much of the South Coast Highway as possible, skirting Wilson Inlet to our overnight stop at Denmark.

Day four -

Denmark to Walpole 66km. Tuesday 15 March

Depart at 9am to ride thru farmland to reach the tall timber at the Valley of the Giants by early afternoon then on to the overnight stop at Walpole.

Day five -

Walpole to Pemberton 136km. Wednesday 16 March
The longest riding day of the Tour takes us thru the jarrah and karri district of the Sir James Mitchell National Park, Shannon and into Pemberton, currently the "capital" of the timber milling industry. Overnight at the Y.H.A. approximately 8km out of Pemberton, a former timber village and still surrounded by quiet forest bush.

Day six - Rest Day -

You've earned it! Thursday 17 March

Stroll around picturesque Pemberton, visit and/or climb the famous Gloucester tree, see thru the large Bunnings Sawmill right in the main street, cycle the famous Rainbow Trail taking in the Arborium, the Trout Hatchery, new mini dam on the Warren River. If allowed on the day (under Bush Fire Regulations) try a lunchtime B-B-Q beside the Rainbow Trail and prepare for a St Patrick's Day Irish Dinner in the evening.

Day seven -

Pemberton to Nannup 72km. Friday 18 March

The day starts with a quiet stretch of secondary country road thru farm and forest to the Vasse Hwy and on thru the Beedelup National Park - probably the most breathtaking stands of Karri left adjacent to a sealed road in W.A. Stop at Karri Valley, the site of the former orange people's settlement by the old hop gardens, now about to become a significant holiday village right on the edge of the karri forest overlooking a 65ha lake, then on to Nannup. Lunch, carried from Pemberton, will be consumed on the banks of the Donnelly River. Our overnight stop is at one of the C.T.A.'s favourite country hostelries where food servings match cyclists appetites - the Nannup Hotel.

continued over.....

***** OFFICIAL ENTRY FORM *****

C.T.A. - Y.H.A. ALBANY to PERTH TOUR

Given name _____ Surname _____

Address _____ Phone _____ home _____ work _____

Age (approx !) ___ Sex ___ Tee shirt size ___ P/Code _____

I understand that participation in the Albany to Perth tour involves riding on public roads and I am aware of the hazards involved and that a Back-up Vehicle is not provided. In my own judgement I have/my child has sufficient competence and experience to participate safely in the Tour. I hereby release exempt and indemnify the organisers and all other persons involved in the organisation and conduct of the Tour from all actions, proceedings, demands, costs, expenses and claims whatsoever made or taken by any person arising out of my/my child's participation in the Tour. Conduct, which in the opinion of the organisers may threaten the safety of other cyclists or unsatisfactory or antisocial behaviour may result in exclusion or expulsion from the Tour without refund.

Signature of entrant. _____ Date _____
(or parent/guardian if entrant is under 18 years)

Day eight -

Nannup to Augusta 103km. Saturday 19 March

A solid but pleasant day's ride through undulating and mainly open farmland to Alexandra's Bridge and Karridale. Lunch will be carried from Nannup and taken "alfresco" by the roadside as there are no shops or towns before Karridale. Then on to Augusta, overnight at the associate Y.H.A.

Day nine -

Augusta to Margaret River 58km Sunday 20 March

The keener pedallers can make a short ride to Cape Leeuwin, its Lighthouse and the historic Waterwheel now 'petrified' by the salts in the water, before setting off for the day's modest ride up the Caves Hwy and thru some further magnificent stands of hardwood forest. Visit a marron farm. The caves are worth a visit for those who don't suffer from claustrophobia! Overnight at the Margaret River Lodge, recently constructed from rammed earth blocks but equipped with modern kitchen, common room and facilities.

Day ten -

Rest day at Margaret River. Monday 21 March

Explore the vineyards, beaches and hinterland of the rightfully famous Maggie R. district. Try soaking any sore bones in the surf at Prevelly Park, Cape Mentelle. Or just relax and eat at one of M.R.'s delightful restaurants.

Day eleven - Margaret River to Dunsborough

48km. Tuesday 22 March

Today's ride is a short one up the Caves Hwy with a side excursion to Yallingup Beach for the surfers then thru Dunsborough to the Y.H.A. hostel literally on the beach front of peaceful Geographe Bay. This hostel is currently undergoing a \$150,000 enlargement and re-furbishment and will be back in service by the time of our tour.

Day twelve -

Rest day at Dunsborough. Wednesday 23 March

Sit with your feet up and relax, swim in placid Geographe Bay for those who did not fancy yesterday's surf, or pedal out to Cape Naturaliste Lighthouse.

Day thirteen - Dunsborough to Bunbury

76km. Thursday 24 March

We take the main road to Busselton then the quiet alternative routes thru Wonnerup, Ludlow with the last stands of native tuart forest and the coast road to lunch at a delightful tearooms at Capel then on to our overnight stop at Bunbury.

Day fourteen -

Bunbury to Mandurah 99km. Friday 25 March

Today we take the coast road thru Australind, and the vegetable growing area between Harvey and the coast with a side excursion to Binningup Beach then on past Lake Preston and Lake Clifton to our last overnight stop at Mandurah.

Day fifteen -

Mandurah to Fremantle 76km. Saturday 26 March

Our last day and so soon! We head north from Mandurah to Rockingham and on to Fremantle where we hand over the BiCentennial message to the Mayor of Fremantle, retire briefly into Fremantle's "cappucino belt" then, to officially finish our tour, pedal the extra couple of kms on to Perth.

Well Done !!

You've Earned a rest.

TEAR OFF HERE

Post Completed form with deposit to:

Cycle Touring Association of W.A. (Inc.)
P.O. Box 174
Wembley 6014