



## **Sustainable Cycle Tours**

**presents**

# **Making Tracks**

**2 May – 9 May 2009**



**Mandurah – Australind – Collie – Williams – Pingelly – York – Midland – 558kms**

## Welcome!

*Welcome to the first of what we hope will be many cycle touring adventures in WA. Sustainable Cycle Tours is a subcommittee of the Cycle Touring Association (CTA) and was formed to offer a cycle touring alternative in light of the very successful 'On Your Bike' tour filling up in a very short space of time.*

*Sustainable Cycle Tours comprises of Erica Larke, Mark Ewing, Roy Messom, Sue Piesse, Mark Corbett and me with additional assistance from my wife Connie. To the committee – 'thank you!' I could not have done it with out them.*

*The tour philosophy is "keep it as simple as possible". This included minimising the use of support vehicles and to minimise what is supplied to the touring group. At the same time we wanted to give people choices; choices of where to stay and where to eat. This tour offers the chance to spoil yourself in comfortable accommodation.*

*You are welcome to have your partner join you on the rest day in Collie or for the last night in York. You book and pay for your own accommodation. You may choose to eat out every night at a restaurant or buy provisions and cook up your own delicacy.*

*Lastly, although we have given you turn by turn instructions, it is suggested you Purchase RAC 'Perth Region' & 'Lower South West'.*

*We hope you enjoy this style of cycle touring!*

Noel Eddington (on behalf of the organising committee)

## Preparing for the tour

*Please ensure that your luggage is clearly identified with a luggage tag containing your name and emergency contact details.*

### **Luggage weights**

Your luggage allowance is 2 bags for each person. The total weight may not exceed a maximum of 20kg and no one bag can be more than 12kg. The weight limits have been stipulated as bags any heavier are too heavy for volunteer luggage loaders to safely and efficiently handle.

Do not pack the cycling gear that you will be riding in on the first day. After your luggage has been loaded onto the truck it will not be accessible until Waroona.

Sometimes bags may get wet, so we recommend that clothes, sleeping bags, etc are packed in plastic bags before placing in your bag.

### **Identifying your luggage for your accommodation choice**

We will supply you with a selection of orange, blue and yellow ribbon on the first morning of the tour. Please check the booklet each day to see what colour corresponds to your accommodation choice. There will only ever be three choices of accommodation and orange ribbon will always represent camping.

If you would like to keep a bag on the truck simply do not attach a ribbon to it. For example, you may wish to keep your camping gear on the truck whilst you spend the night in a Hotel. However make sure all your luggage is clearly identified with your name and contact phone number (mobile if possible).

### **Accommodation - camping**

Group bookings at camping grounds and backpackers have been organised where possible. This has been noted on the Accommodation Options for each town. Where a group booking has been organised, you do not need to make any bookings or advance payments. Just see Noel to organise payment on arrival at the campsite.

### **Accommodation – Hotels and B&Bs**

If you are staying at a Hotel or B&B, you will need to book your own accommodation. Note that if you choose to stay at accommodation other than the ones listed in this booklet, you will need to make your own arrangements to transport your luggage.

### **Support vehicle**

The truck will be the only supplied vehicle on tour with two passenger seats available. There will be no bike mechanic vehicle to assist for on the road break downs on this tour. If you have unique tool requirements you should bring these with you. Private support vehicles may not accompany the tour.

There will be a 100 litre esky to keep milk in, but this is not intended to be used for keeping your beer cold. There will be some tools carried on the truck but it is your responsibility to keep your bike in good running order. The only bike shop along the way is in Collie.

*It is important that your bike and you are in good condition at the start of the tour – you will be travelling approximately 558 km over seven riding days of riding.*

*Please ensure you bring adequate bicycle locks and take care in securing your bikes each evening.*

## **The first day**

- You can meet us at the Loftus Recreation Centre or Mandurah train station on the first day – it's up to you.
- Please also note that no secure parking for vehicles has been organised at either the Loftus Recreation Centre or Mandurah.
- Please bring your completed accommodation options form along today.

### **Leederville Station**

Drop off your luggage, complete with name tag, at the western end of the Loftus Recreation Centre car park, Richmond St, Leederville (opposite Fleet St), between 7.30am and 8.30am. Any later than this and you will not catch a train to Mandurah in time to depart with the tour.

A committee member will supply you with your tour payment receipt as well as enough ribbon to identify your accommodation options for the whole tour. Please tie the correctly

coloured ribbon to your luggage and give the volunteers a hand to load your belongings onto the truck.

Once your luggage is loaded, head straight down Richmond St to join the freeway bike path, which will lead you to the Leederville train station. Catch the first available train to Mandurah. There will be a committee member waiting to meet you at Mandurah.

Check the Transperth website for train times to Mandurah beforehand. Approximate travel time is 56 minutes, with a change at Perth train station. [www.transperth.wa.gov.au](http://www.transperth.wa.gov.au)

### **Mandurah station**

Meet us between 9.30-10am at Mandurah station in the Park and Display area (second car park) with your luggage and name tags attached. Note that the truck's arrival in Mandurah will depend on how the loading went at the Loftus Centre as well as traffic conditions, so please be patient if there are any delays.

A committee member will supply you with your tour payment receipt as well as enough ribbon to identify your accommodation options for the whole tour. Please tie the correctly coloured ribbon to your luggage and give the volunteers a hand to load your belongings onto the truck. The truck will leave Mandurah Station and head to Lake Navarino / Waroona between 10am and 10.15am.

*Once you are in Mandurah, with your luggage loaded, you are free to set off. First stop Pinjarra Bakery!*

## **Other things you should know**

### **Luggage pick-up / drop off during the tour**

Luggage must be ready for collection by 8.30am each morning. Please ensure that you have the correct coloured ribbon attached to your luggage for the next day's accommodation before loading your luggage onto the truck. Luggage will be dropped off at the designated three accommodation options only.

Your luggage will reach your accommodation by approximately 2pm each afternoon and may not be accessible prior to this time.

### **Evening information sessions**

Evening information sessions will be held in the camp ground each evening around 5.45pm. These sessions will provide you with tips and suggestions on the next day's riding, suggested stops, road conditions, and weather warnings and of course, lost and found.

### **Dinner in York**

A dinner has been organised at the newly renovated York Hotel on our final night in York. You are welcome to have partners join us for this dinner. The cost is \$40 per head. We already have an indication from your registration forms as to who is interested in attending; however we will confirm numbers on the second last night in Pingelly.

### **The only bike shop on this tour**

Collie is the only town on this tour that has a Bike Shop; Bikes 'R' Us 37 Steere Street, Collie phone 08 9734 1471.

### **Safe cycling rules**

- Ride single file where there are double lines and on highways.
- Do not ride more than two abreast at all other times.
- Do not stop on crests or bends.
- Move completely off the road if you need to stop.
- Warn other nearby riders if intending to stop, ie shout out 'stopping'.
- Warn other nearby riders of any hazards on the road eg debris, potholes, etc.
- Do not wear headphones or use mobile phone whilst riding.
- Keep alert – most accidents happen when concentration lapses.

### **Insurance**

Provide your own insurance to cover personal belongings and health insurance. You are covered by the CTA's public liability insurance.

### **Queries**

If you have any queries, please contact Noel Eddington on 08 9378 3687 email [connie\\_noel@westnet.com.au](mailto:connie_noel@westnet.com.au) or Erica Larke on 08 9467 5114 email: [ericalarke@yahoo.com.au](mailto:ericalarke@yahoo.com.au)

### **Don't forget:**

*Start training today*

*Supply your own luggage ID tags*

*Be prepared - there is no bike maintenance support*

*Attach the accommodation ribbon to your luggage daily*

*Fill in the accommodation form and bring it on the first day*

*Call Noel or Erica if you have any questions*

***Most importantly, enjoy yourself!***



## Day 1 – Mandurah Train Station to Waroona

**Saturday 2 May. Total distance: 68.1 km.**

By now you are on your way, on your bike, leaving Mandurah Train Station. Page 2 'Preparing for the Tour' explains how you get to this stage. For those of you who choose to camp tonight at Lake Navarino, the restaurant will be open especially for our group. Let us know if you'd like to RSVP for dinner tonight on the Accommodation form.

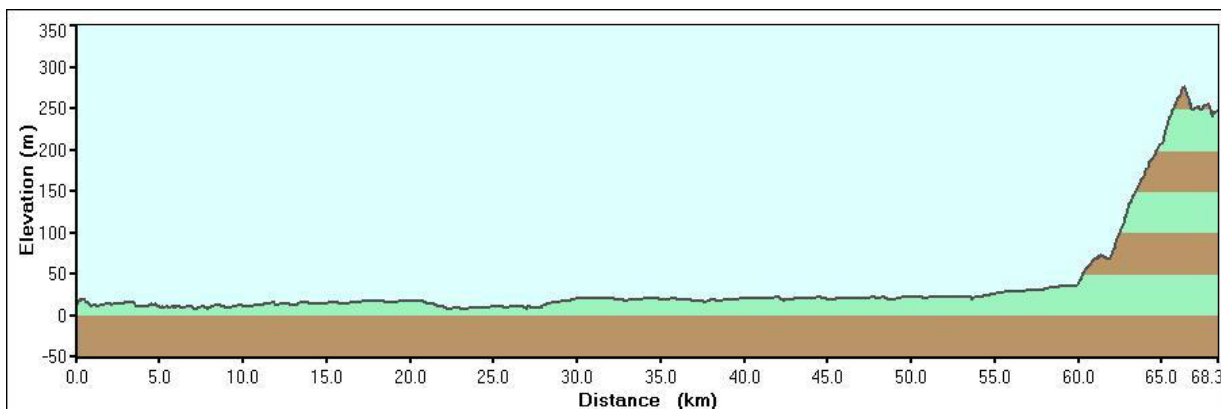
**Lunch suggestion:** The infamous Pinjarra Bakery – a favourite amongst many CTA members! Shop 6, 2 Peel Street, Pinjarra. Phone: 08 9531 1413.

### Accommodation options for Waroona

|            |  |
|------------|--|
| ORANGE TAG | Lake Navarino Forest Resort (camping and chalets)<br>Website: <a href="http://www.navarino.com.au">www.navarino.com.au</a><br>Email: <a href="mailto:info@navarino.com.au">info@navarino.com.au</a><br>Address: Invarell Road. Waroona (refer mud map on their website)<br>Phone: 08 9733 3000                               |
| BLUE TAG   | Drakesbrook Hotel Motel<br>Website: <a href="http://www.drakesbrookhotel.com.au/">http://www.drakesbrookhotel.com.au/</a><br>Email: <a href="mailto:reservations@drakesbrookhotel.com.au">reservations@drakesbrookhotel.com.au</a><br>Address: Corner of South Western Highway & McDowell St, Waroona<br>Phone: 08 9733 1566 |
| YELLOW TAG | Drakesbrook Guesthouse<br>Email: <a href="mailto:helenmckay@bigpond.com.au">helenmckay@bigpond.com.au</a><br>Address: 111 Southwest Highway Waroona 6215<br>Phone: 08 9733 1245  |

*Remember!* Please ensure that you have the correct colour tag attached to your luggage for your accommodation in Australind before loading your luggage on the truck. Luggage will be dropped off at the three accommodation options only.

**Evening information session** and lost and found will be held outside the restaurant at Lake Navarino, 5.45pm.



## Bike route day 1 - Mandurah station to Waroona

| TURN       | LEG           | COMMENT   | TOTAL DIST     |
|------------|---------------|---|----------------|
| 1.         | 0 m           | <b>START</b> at Mandurah Train Station  | 0 m            |
| 2.         | 0.2 km        | Turn <b>LEFT</b> onto Galgoyl Rd  | 0.2 km         |
| 3.         | 0.1 km        | Turn <b>LEFT</b> onto Allnutt St  | 0.3 km         |
| 4.         | 1.9 km        | Turn <b>LEFT</b> onto Lakes Rd  | 2.3 km         |
| 5.         | 2.9 km        | Turn <b>LEFT</b> onto Gordon Rd   | 5.2 km         |
| 6.         | 0.2 km        | Turn <b>RIGHT</b> onto Mulga Dr   | 5.4 km         |
| 7.         | 0.3 km        | Turn <b>RIGHT</b> onto Red Rd   | 5.7 km         |
| 8.         | 1.6 km        | Turn <b>RIGHT</b> onto Stock Rd   | 7.3 km         |
| 9.         | 0.7 km        | Turn <b>LEFT</b> onto Lakes Rd  | 8.0 km         |
| 10.        | 3.8 km        | Turn <b>RIGHT</b> onto Paterson Rd  | 11.8 km        |
| 11.        | 15.2 km       | Turn <b>RIGHT</b> onto South Western Hwy  | 27.0 km        |
| 12.        | 0.8 km        | Turn <b>RIGHT</b> onto Peel St  | 27.8 km        |
| <b>13.</b> | <b>0.1 km</b> | <b>ARRIVE</b> at Pinjarra Bakery  | <b>27.9 km</b> |
| 14.        | 0.1 km        | Turn <b>RIGHT</b> onto South Western Hwy  | 28.0km         |
| 15.        | 5.0 km        | Turn <b>RIGHT</b> onto Old Bunbury Rd   | 33.0 km        |
| 16.        | 5.4 km        | Turn <b>LEFT</b> onto Browne Rd   | 38.4 km        |
| 17.        | 4.1 km        | Turn <b>RIGHT</b> onto Fishermans Rd  | 42.5 km        |
| 18.        | 0.2 km        | Turn <b>LEFT</b> onto Mayfield Rd   | 42.7 km        |
| 19.        | 8.3 km        | Turn <b>RIGHT</b> onto Somers Rd  | 51.0 km        |
| 20.        | 2.7 km        | Turn <b>LEFT</b> onto Coronation Rd   | 53.7 km        |
| 21.        | 6.4 km        | <b>CONTINUE</b> straight across Sth Wst Hwy into Thatcher st, <b>ARRIVE</b> Waroona | 60.1 km        |
| 22.        | 1.1 km        | Turn <b>RIGHT</b> onto McDowell St  | 61.2 km        |
| 23.        | 3.9 km        | Turn <b>RIGHT</b> onto Scarp Rd   | 65.1 km        |
| 24.        | 1.7 km        | Turn <b>RIGHT</b> at Lake Navarino turnoff  | 66.8 km        |
| 25.        | 1.3 km        | <b>ARRIVE</b> at Lake Navarino Bush Camp  | 68.1 km        |

## Day 2 - Waroona to Australind

Sunday 3rd May. Total distance: 89.6km.

Today is a longer ride than yesterday so hopefully you had a good dinner at Lake Navarino/Waroona and a restful night's sleep. There is a bit of riding on gravel today (around 3kms) so take it easy.

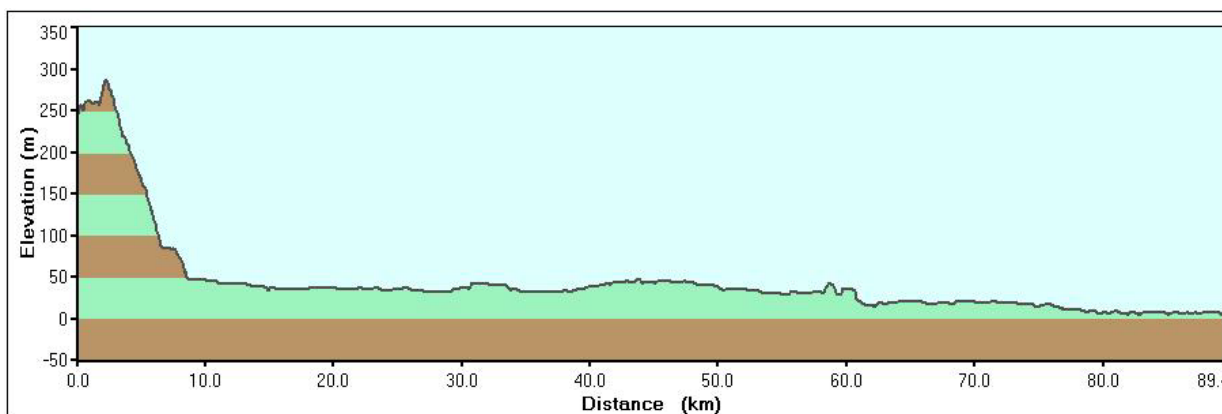
**Lunch suggestion:** Harvey is the best place to pick up a bite to eat today.

### Accommodation options for Australind

|            |  |
|------------|--|
| ORANGE TAG | Australind Tourist Park camping<br>Website: <a href="http://www.australindtouristpark.com.au">www.australindtouristpark.com.au</a><br>Address: Lot 9 Old Coast Road Australind<br>Phone: 08 9725 1206<br><b>*Booking has been organised – pay Noel on arrival.</b> |
| BLUE TAG   | Australind Tourist Park (motel rooms)<br>Website: <a href="http://www.australindtouristpark.com.au">www.australindtouristpark.com.au</a><br>Address: Lot 9 Old Coast Road Australind<br>Phone: 08 9725 1206  |
| YELLOW TAG | Cooks Park B&B<br>Address: 474 Cathedral Ave, Leschenault<br>Phone: 08 9796 0505 mob: 0438 914 843<br>Email: <a href="mailto:cookspark@cookspark.com">cookspark@cookspark.com</a>  |

**Remember!** Please ensure that you have the correct colour tag attached to your luggage for your accommodation in Collie before loading your luggage on the truck. Luggage will be dropped off at the three accommodation options only.

**Evening information session** and lost and found will be held at the Australind Tourist Park at 5.45pm.





## Bike route day 2 - Waroona to Australind

| <b>TURN</b> | <b>LEG</b> | <b>COMMENT</b>   | <b>TOTAL DIST</b> |
|-------------|------------|--|-------------------|
| 1.          | 0.0 km     | <b>START</b> from Lake Navarino Bush Camp                              | 0.0 km            |
| 2.          | 1.1 km     | Turn <b>LEFT</b> onto Scarp Rd   | 1.1 km            |
| 3.          | 1.7 km     | Turn <b>LEFT</b> onto Nanga Brook Rd                                   | 2.8 km            |
| 4.          | 3.9 km     | Turn <b>LEFT</b> onto Thatcher St                                      | 6.7 km            |
| 5.          | 1.1 km     | <b>CONTINUE</b> across Sth Wst Hwy onto Coronation Rd                  | 7.8 km            |
| 6.          | 6.6 km     | Turn <b>LEFT</b> onto Somers Rd  | 14.4 km           |
| 7.          | 11.3 km    | Turn <b>RIGHT</b> onto Brockman Rd ( <b>3.3 km UNSEALED</b> )          | 25.7 km           |
| 8.          | 7.8 km     | Turn <b>RIGHT</b> onto Riverdale Rd                                    | 33.5 km           |
| 9.          | 1.0 km     | Turn <b>LEFT</b> onto Eckersley Rd                                     | 34.5 km           |
| 10.         | 3.0 km     | Turn <b>RIGHT</b> onto Goverment Rd                                    | 37.5 km           |
| 11.         | 0.6 km     | Turn <b>LEFT</b> onto Road <b><i>DO NOT CROSS THE RIVER</i></b>        | 38.1 km           |
| 12.         | 5.0 km     | Turn <b>RIGHT</b> onto Third St (unmarked – near big Orange monument!) | 43.1 km           |
| 13.         | 2.0 km     | Turn <b>LEFT</b> onto Uduc Rd  | 45.1 km           |
| 14.         | 0.6 km     | <b>ARRIVE</b> in Harvey  | 45.7 km           |
| 15.         | 0.0 km     | <b>HEAD WEST</b> back along Uduc Rd                                    | 46.3 km           |
| 16.         | 4.2 km     | Turn <b>RIGHT</b> onto Goverment Rd (unmarked)                         | 50.5 km           |
| 17.         | 0.1 km     | Turn <b>LEFT</b> onto Forestry Rd                                      | 50.6 km           |
| 18.         | 11.7 km    | Turn <b>LEFT</b> onto Old Coast Rd                                     | 62.3 km           |
| 19.         | 14.6 km    | Turn <b>RIGHT</b> onto Buffalo Rd                                      | 76.9 km           |
| 20.         | 0.1 km     | Turn <b>LEFT</b> onto Cathedral Av                                     | 77.0 km           |
| 21.         | 8.4 km     | Turn <b>RIGHT</b> onto Old Coast Rd                                    | 85.4 km           |
| 22.         | 4.2 km     | <b>ARRIVE</b> at Australind Caravan Park                               | 89.6 km           |

## Day 3 – Australind to Collie

Monday 4<sup>th</sup> May. Total distance: 54.4 km.

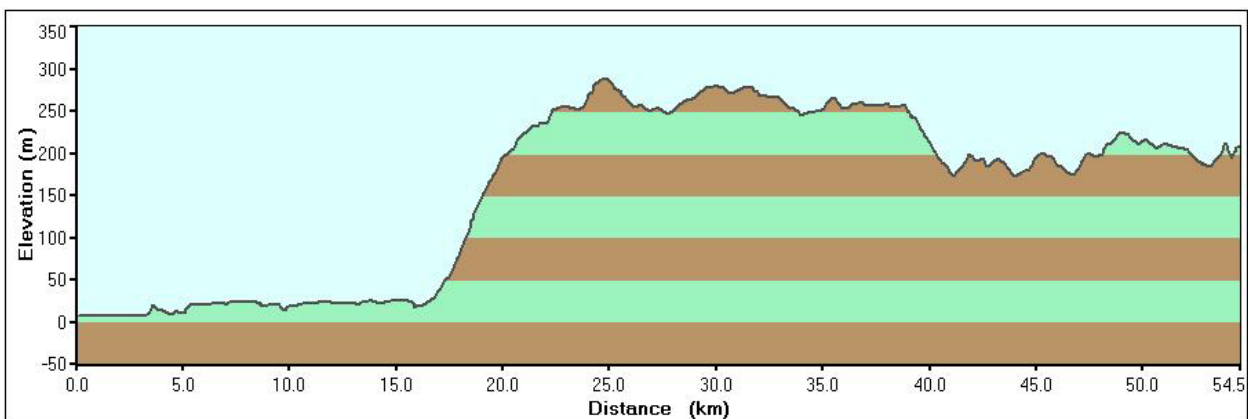
**Lunch suggestion:** There's no opportunity to buy your lunch along the way today so make sure you get something in Australind as you go through town.

### Accommodation options for Collie\*

|            |  |
|------------|--|
| ORANGE TAG | Collie River Valley Caravan Park<br>Website: <a href="http://www.colliecaravanpark.com.au">www.colliecaravanpark.com.au</a><br>Address: 1 Porter Street, Collie 6225<br><b>*Booking has been organised – pay Noel on arrival.</b>  |
| BLUE TAG   | Collie Ridge Motel<br>Website: <a href="http://www.collieridgemotel.com.au">www.collieridgemotel.com.au</a><br>Email: <a href="mailto:admin@collieridgemotel.com.au">admin@collieridgemotel.com.au</a><br>Address: Coalfield Highway Collie, 6225<br>Phone: 08 9734 6666 or 0448 973 466 |
| YELLOW TAG | Premier Hotel<br>Email: <a href="mailto:info@premierhotelcollie.com">info@premierhotelcollie.com</a><br>Address: 86 Forrest Street Collie 6225<br>Phone: 08 9734 1899  |

\*Remember you will be staying in Collie for two nights.

**Evening information session** and lost and found will be held at Collie River Valley Caravan Park at 5.45pm.

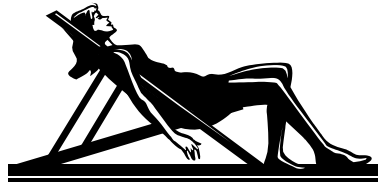


## Bike route day 3 – Australind to Collie

| TURN | LEG     | COMMENT   | TOTAL DIST |
|------|---------|---|------------|
| 1.   | 0 m     | <b>Head North</b> on Old Coast Rd                 | 0 m        |
| 2.   | 3.1 km  | Turn <b>RIGHT</b> onto Paris Rd                   | 3.1 km     |
| 3.   | 4.0 km  | Turn <b>RIGHT</b> onto Australind Bps             | 7.1 km     |
| 4.   | 1.6 km  | Turn <b>LEFT</b> onto Raymond Rd                  | 8.7 km     |
| 5.   | 1.1 km  | Turn <b>RIGHT</b> onto Treendale Rd               | 9.8 km     |
| 6.   | 4.4 km  | Turn <b>RIGHT</b> onto Coalfields Rd              | 14.2 km    |
| 7.   | 1.7 km  | Turn <b>LEFT</b> into South Western Hwy           | 15.9km     |
| 8.   | 0.1 km  | Turn <b>RIGHT</b> into Coalfields Rd              | 16.0 km    |
| 9.   | 30.7 km | Turn <b>LEFT</b> into Allanson Rd                 | 46.7 km    |
| 10.  | 6.0 km  | Turn <b>RIGHT</b> onto Atkinson St N              | 52.7 km    |
| 11.  | 0.2 km  | Turn <b>LEFT</b> onto Forrest St                  | 52.9 km    |
| 12.  | 0.2 km  | Turn <b>RIGHT</b> onto Prinsep St                 | 53.1 km    |
| 13.  | 0.2 km  | Turn <b>RIGHT</b> onto Throssell St               | 53.3 km    |
| 14.  | 0.2 km  | Turn <b>LEFT</b> onto Atkinson St                 | 53.5 km    |
| 15.  | 0.6 km  | Turn <b>RIGHT</b> onto Moore St                   | 54.1 km    |
| 16.  | 0.03 km | Turn <b>RIGHT</b> onto Watson St                  | 54.1 km    |
| 17.  | 0.3 km  | <b>ARRIVE</b> at Collie River Valley Tourist Park | 54.4 km    |

## Day 4 – Rest day in Collie

Tuesday 5<sup>th</sup> May. Total distance: minimal!



Collie is the only town on this tour that has a bike shop so now is the time to check your tires, spokes and crank to see if everything is faring well. You can get your necessities from Bikes 'R' Us 37 Steere Street, Collie phone 08 9734 1471.

Looking for something to do today? Pop into the Visitors Information Centre at 156 Throssell Street, Collie. Phone 08 9734 2051 website: [www.collierivervalley.org.au](http://www.collierivervalley.org.au)

**Dinner:** An Australiana dinner and sing-along has been organised for tonight at the Collie River Valley Caravan Park. For \$16 this includes a simple meal of local takeaway delicacies such as Chicken Treat and pizza. For those yearning for an evening of 'Click Go the Shears' and 'Tie me Kangaroo Down, Sport', please let us know on the Accommodation form.



## Day 5 – Collie to Williams

**Wednesday 6<sup>th</sup> May. Total distance: 86.5.**

The Williams Wool Shed has offered to accommodate the Making Tracks tour for dinner this evening. They generally only do lunch time service so this is very kind of them. The Woolshed is at 191 Albany Highway in Williams. Please let us know on the Accommodation form if you are interested in attending the dinner.

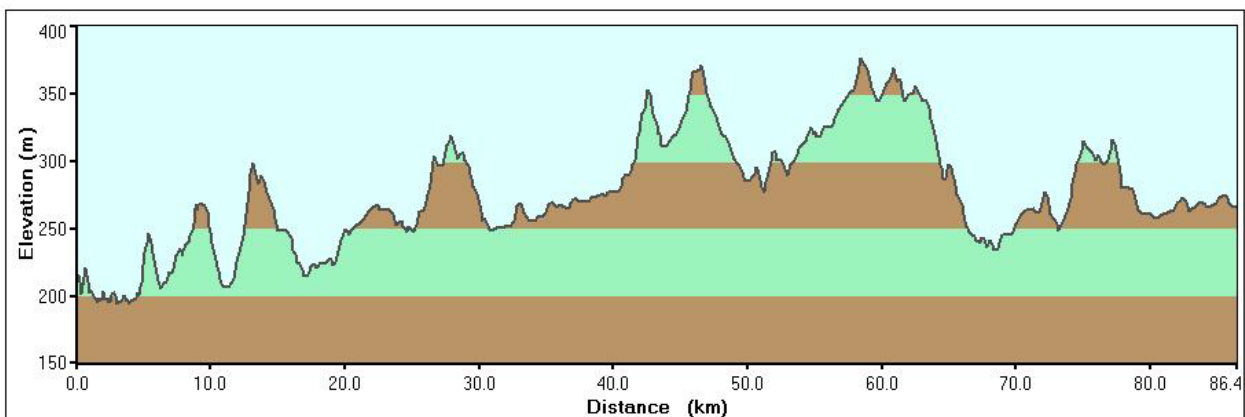
**Lunch suggestion:** There are no shops or cafes between Collie and Williams so we suggest you pick something up in Collie for lunch today. The truck will do a water stop at 30.3km at 10.30am till 12 noon.

### Accommodation options for Williams

|            |  |
|------------|--|
| ORANGE TAG | Shady Acre Caravan Park<br>5 Williams Road, Williams<br>Phone: 9885 1192<br><b><i>*Booking has been organised – pay Noel on arrival.</i></b> |
| BLUE TAG   | Williams Motel*<br>5 Williams Road, Williams<br>Phone: 9885 1192   |
| YELLOW TAG | Williams Hotel and Country Units<br>Albany Highway Williams 6391<br>Phone: 08 9882 1016  |

\*The Williams Motel and Shady Acre Caravan Park are run by the same family.

**Evening information session** and lost and found will be held at the Williams Wool Shed at 5.45pm, followed by a group dinner.



## Bike route day 5 – Collie to Williams

| <b>TURN</b> | <b>LEG</b>     | <b>COMMENT</b>  | <b>TOTAL DIST</b> |
|-------------|----------------|---|-------------------|
| 1.          | 0.0 km         | <b>START</b> from Collie River Valley Tourist Park        | 0.0 km            |
| 2.          | 0.1 km         | Turn <b>LEFT</b> onto Watson St                           | 0.1 km            |
| 3.          | 0.2 km         | Turn <b>LEFT</b> onto Moore St                            | 0.3 km            |
| 4.          | 0.03 km        | Turn <b>LEFT</b> onto Atkinson St                         | 0.3 km            |
| 5.          | 0.6 km         | Turn <b>RIGHT</b> onto Throssell St                       | 0.9 km            |
| 6.          | 1.3 km         | Keep <b>LEFT</b> onto Cameron Rd (@ sign 'Williams 86km') | 2.2 km            |
| 7.          | 0.8 km         | Turn <b>LEFT</b> onto Paul St                             | 3.0 km            |
| <b>8.</b>   | <b>27.3 km</b> | <b>Morning Tea/Water</b>                                  | <b>30.3 km</b>    |
| 9.          | 37.6 km        | Turn <b>RIGHT</b> onto Pinjarra Williams Rd               | 67.9 km           |
| 10.         | 18.6 km        | <b>ARRIVE</b> in Williams                                 | 86.5 km           |

## Day 6 – Williams to Pingelly

Thursday 7<sup>th</sup> May. Total distance: 86.1 km.

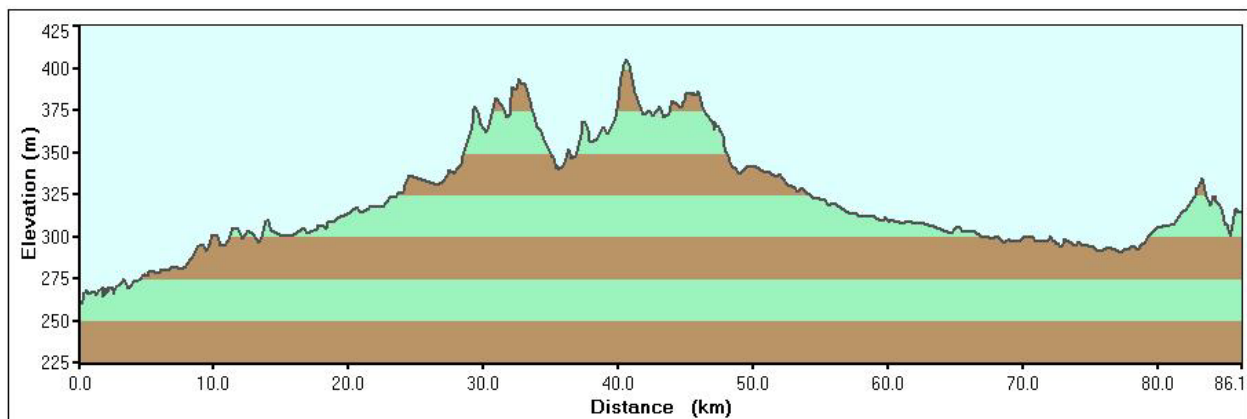
**Lunch suggestion:** Lunch wherever you like in Narrogin or Cuballing.

### Accommodation options for Pingelly

Accommodation and dining out in Pingelly is very limited and we suggest that if you are varying between camping and hotels on this tour, tonight would be a good night to camp (and eat in).

|            |  |
|------------|--|
| ORANGE TAG | Camping is at the Pingelly Football Grounds.<br><b><i>*Booking has been organised – pay Noel on arrival.</i></b> |
| BLUE TAG   | Exchange Tavern<br>Address: 1 Pasture Street, Pingelly 6308<br>Phone: (08) 9887 0180                             |
| YELLOW TAG | Pingelly Roadhouse and Motel<br>Address: 8 Quadrant Street, Pingelly 6308<br>Phone: (08) 9887 1015               |

**Evening information session** and lost and found will be held at the Football Oval at 5.45pm.



## Bike route day 6: Williams to Pingelly

| TURN | LEG     | COMMENT  | TOTAL DIST |
|------|---------|--|------------|
| 1.   | 0.0 km  | <b>START</b> on Williams St and head west                  | 0.0 km     |
| 2.   | 0.1 km  | Turn <b>LEFT</b> onto Albany Hwy                           | 0.1 km     |
| 3.   | 0.3 km  | Turn <b>LEFT</b> onto Williams-Narrogin Hwy                | 0.4 km     |
| 4.   | 1.3 km  | Turn <b>LEFT</b> onto Brooking St                          | 1.7 km     |
| 5.   | 0.1 km  | Turn <b>RIGHT</b> onto Richmond St                         | 1.8 km     |
| 6.   | 1.7 km  | Turn <b>LEFT</b> onto Clayton Rd (unsigned T junction)     | 3.5 km     |
| 7.   | 32.2 km | Narrogin. <b>CONTINUE</b> through roundabout to Gt Sth Hwy | 35.7 km    |
| 8.   | 0.4 km  | Turn <b>LEFT</b> onto Great Southern Hwy                   | 36.1 km    |
| 9.   | 12.8 km | <b>PASS THROUGH</b> Cuballing                              | 48.9 km    |
| 10.  | 0.0 km  | <b>CONTINUE</b> north on Great Southern Hwy                | 48.9 km    |
| 11.  | 36.4 km | Turn <b>RIGHT</b> onto Pasture St which becomes Brown St   | 85.3 km    |
| 12.  | 0.6 km  | Turn <b>LEFT</b> onto Somerset St                          | 85.9 km    |
| 13.  | 0.2 km  | <b>ARRIVE</b> at Pingelly Agricultural Showgrounds         | 86.1 km    |



## Day 7 - Pingelly to York

Friday 8<sup>th</sup> May. Total distance: 85kms.

As this is our last night, we would like celebrate with a group dinner at the recently renovated York Hotel at 6.30pm. This will cost \$40 per person to attend and can be paid on the night – thanks to all of you who indicated on the registration forms your interest in attending.

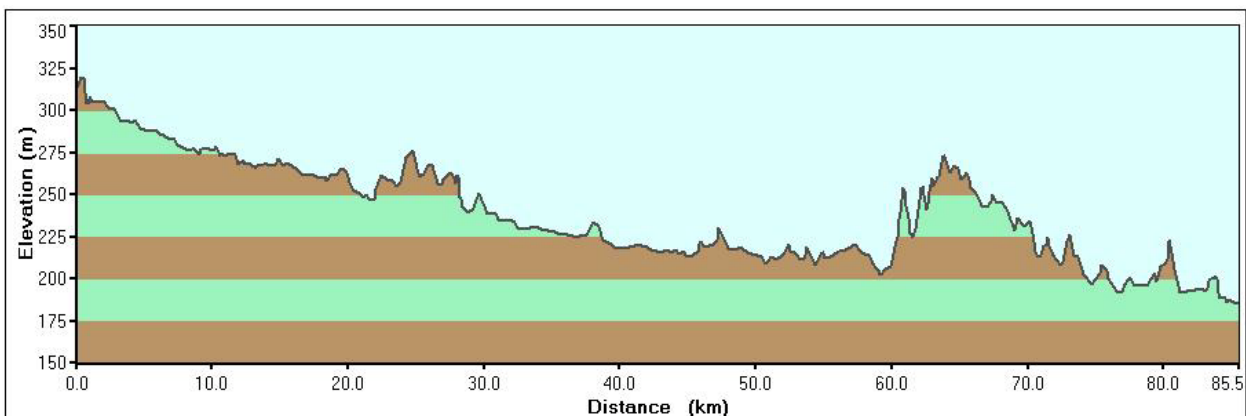
**Attention campers!** The caravan park / camping facilities at York are approximately 4km (ie 8km return trip) from the town of York. If you'd like to attend the dinner and don't want to ride the extra kms that day, consider staying at the accommodation in York. For those of you who are enthusiastic cyclists and are happy to cover the 84kms ride that day plus an additional 8 km, be our guest, (but don't say we didn't warn you!).

**Lunch suggestion:** Either Brookton or Beverly.

### Accommodation options for York

|            |  |
|------------|--|
| ORANGE TAG | York Caravan Park & Camping Grounds<br>Address: Eighth Road, York WA 6302<br>Phone: (08) 9641 1421   |
| BLUE TAG   | The York Hotel<br>145 Avon Tce, York WA 6302<br>Phone: 9641 2188<br><a href="http://www.theyork.com.au">www.theyork.com.au</a> <a href="mailto:theyork@westnet.com.au">theyork@westnet.com.au</a>  |
| YELLOW TAG | Kookaburra Backpackers<br>Website: <a href="http://www.kookaburradream.com.au">www.kookaburradream.com.au</a><br>Email: <a href="mailto:info@kookaburradream.com.au">info@kookaburradream.com.au</a><br>Address: 152 Avon Terrace, York WA 6302<br><b>*Booking has been organised – pay Noel on arrival.</b> |

**Evening information session** and lost and found will be held at the York Hotel at 5.45pm.



## Bike route day 7: Pingelly to York

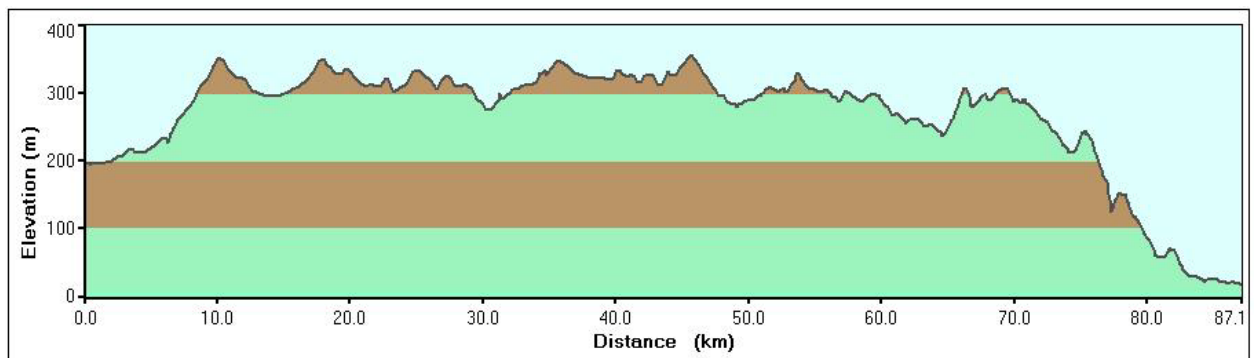
| TURN | LEG     | COMMENT  | TOTAL DIST |
|------|---------|--|------------|
| 1.   | 0 m     | <b>START</b> from Pingelly show grounds                                  | 0 m        |
| 2.   | 0.1 km  | Turn <b>LEFT</b> onto Somerset St  | 0.1 km     |
| 3.   | 0.2 km  | Turn <b>RIGHT</b> onto Brown St  | 0.3 km     |
| 4.   | 0.7 km  | Turn <b>RIGHT</b> onto Great Southern Hwy                                | 1.0 km     |
| 5.   | 19.3 km | Turn <b>RIGHT</b> onto Robinson  | 20.3 km    |
| 6.   | 0.7 km  | Turn <b>RIGHT</b> onto Brookton Hwy                                      | 21.0 km    |
| 7.   | 1.9 km  | Turn <b>LEFT</b> onto Great Southern Hwy                                 | 22.9 km    |
| 8.   | 36.0 km | Turn <b>RIGHT</b> onto Top Beverley York Rd                              | 58.9 km    |
| 9.   | 0.0 km  | <b>CONTINUE</b> north on Top Beverley York Rd<br>(which becomes York Rd) | 68.1 km    |
| 10.  | 15.6 km | Turn <b>LEFT</b> onto Balladong St                                       | 83.7 km    |
| 11.  | 0.9 km  | Turn <b>RIGHT</b> onto Avon Tce  | 84.6 km    |
| 12.  | 0.4 km  | <b>ARRIVE</b> at York  | 85.0 km    |

## Day 8 – York to Midland train station

Saturday 9<sup>th</sup> May. Total distance: 87.7 km.

This is the last day of the tour and definitely not an easy one. By the end of the day you will have completed 558kms over seven days of riding - congratulations! Hopefully you've had a fantastic time and are looking forward to your own bed and some well deserved rest. Take care on Highways.

**Lunch suggestion:** 'The Lakes', Chidlow, Mt Helena or Mundaring.



## Bike Route day 8: York to Midland train station

| TURN      | LEG            | COMMENT  | TOTAL DIST     |
|-----------|----------------|--|----------------|
| 1.        | 0 m            | <b>HEAD SOUTH</b> on Avon Tce                            | 0 m            |
| 2.        | 1.4 km         | Turn <b>RIGHT</b> onto Knotts Rd                         | 1.4 km         |
| 3.        | 4.7 km         | Turn <b>RIGHT</b> onto Cut Hill Rd                       | 6.1 km         |
| 4.        | 2.3 km         | Turn <b>LEFT</b> onto Great Southern Hwy                 | 8.4 km         |
| <b>5.</b> | <b>40.8 km</b> | <b>ARRIVE at The Lakes Road House</b>                    | <b>49.2 km</b> |
| 6.        | 0.0 km         | Turn <b>RIGHT</b> onto Great Eastern Hwy                 | 49.2 km        |
| 7.        | 0.2 km         | Turn <b>LEFT</b> onto Ash Rd                             | 49.4 km        |
| 8.        | 1.7 km         | Turn <b>LEFT</b> staying on Ash Rd                       | 51.1 km        |
| 9.        | 3.7 km         | <b>CONTINUE</b> through Chidlow onto Thomas St           | 54.8 km        |
| 10.       | 5.4 km         | Turn <b>RIGHT</b> onto Lion St                           | 60.2 km        |
| 11.       | 0.2 km         | Turn <b>LEFT</b> onto Keane St E                         | 60.4 km        |
| 12.       | 0.7 km         | <b>CONTINUE</b> through roundabout into McVicar Pl       | 61.1 km        |
| 13.       | 0.3 km         | Turn <b>RIGHT</b> onto Keane St                          | 61.4 km        |
| 14.       | 0.9 km         | Turn <b>LEFT</b> onto Sexton St                          | 62.3 km        |
| 15.       | 0.1 km         | Turn <b>RIGHT</b> onto Riley Rd                          | 62.4 km        |
| 16.       | 2.7 km         | Turn <b>LEFT</b> onto Stoneville Rd                      | 65.1 km        |
| 17.       | 2.7 km         | Turn <b>RIGHT</b> onto Great Eastern Hwy                 | 67.8 km        |
| 18.       | 0.2 km         | Turn <b>LEFT</b> onto Nichol St                          | 68.0 km        |
| 19.       | 0.3 km         | Turn <b>RIGHT</b> onto Jacoby St                         | 68.3 km        |
| 20.       | 2.9 km         | Turn <b>LEFT</b> onto Charles Rd                         | 71.2 km        |
| 21.       | 0.1 km         | Turn <b>RIGHT</b> onto Thomas Rd                         | 71.3 km        |
| 22.       | 3.4 km         | Turn <b>LEFT</b> onto Hardey Rd                          | 74.7 km        |
| 23.       | 0.2 km         | Turn <b>RIGHT</b> onto Glen Forrest Dr                   | 74.9 km        |
| 24.       | 0.8 km         | Turn <b>RIGHT</b> onto Ryecroft Rd                       | 75.7 km        |
| 25.       | 2.0 km         | Turn <b>RIGHT</b> onto Leithdale Rd                      | 77.7 km        |
| 26.       | 0.7 km         | Turn <b>LEFT</b> onto Darlington Rd                      | 78.4 km        |
| 27.       | 0.6 km         | Turn <b>LEFT</b> onto Coulston Rd                        | 79.0 km        |
| 28.       | 2.3 km         | Turn <b>RIGHT</b> at roundabout remaining on Coulston Rd | 81.3 km        |
| 29.       | 1.2 km         | Turn <b>LEFT</b> onto Scott St                           | 82.5 km        |
| 30.       | 0.2 km         | Turn <b>RIGHT</b> onto Jinda Rd                          | 82.7 km        |
| 31.       | 0.7 km         | Turn <b>RIGHT</b> onto Clayton St                        | 83.4 km        |
| 32.       | 3.5 km         | Turn <b>RIGHT</b> at roundabout onto Centennial Pl       | 86.9 km        |
| 33.       | 0.5 km         | Turn <b>RIGHT</b> onto Helena St                         | 87.4 km        |
| 34.       | 0.2 km         | Turn <b>LEFT</b> onto Victoria St                        | 87.6 km        |
| 35.       | 0.1 km         | <b>ARRIVE</b> at Midland Train Station                   | 87.7 km        |