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We are fast approaching Nov 30 – the start of the CTA Retirees Spoke Tour – located in Busselton @ the RAC Holiday Park 97 Caves Rd.

We have attached some information for you, so you can prepare for what is going to be a great week of cycling and socializing with other members of our CTA Club.

The Tour officially starts on Monday Nov 30 –The itinerary is attached; **this is not a boot camp** –please feel free to find activities and events in the area that interest you.

Our membership is involved in a variety of activities (not just cycling) such as Kayaking, Tennis and Bush walking/hiking.

Dave Oakley will bring down some extra kayaks if needed – but if you have room bring yours along. Dave is familiar with the area and will take a group out to kayak in one of the local bays.

**Please let me know if your interested so we can plan for the numbers.**

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Trevor Knox a keen tennis player, has mentioned that there a couple of clubs in the area that will allow “blow ins” –check out the links noted below. Park your bike for a few hours and have a “game/set/match”.

<https://dunsboroughcountryclub.org.au/tennis/> <https://busseltontennisclub.com.au/social-tennis/>

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Bush Walking – Cape Naturaliste to Sugar Loaf Rock (approx. 3.5 kms) – is on our doorstep. Beautiful views of our coastline. A must do even if you're a first timer. Don't forget those walking shoes.

Jeremy Knowles will lead a group of interested Mountain bike riders, on Wednesday morning. The MTB Tracks are around Margaret River- you really need to bring your MTB for this ride. A full briefing of this activity will be made when we arrive at Busselton. If you have any questions prior to leaving Jeremy will be happy to have you make contact with him.

### **General Information**

Members are expected to obey the **Road Traffic Code 2000**, as amended (see also, **Road Rules**).

All riders are responsible for arriving with a well-maintained bicycle. You will need to wear a helmet and we recommend you bring a spare tube, and or a puncture repair kit, tyre levers, pump and a spanner (to fit the axle nuts if your bike is not fitted with quick release hubs). Most importantly, bring a water bottle or 2. As we will be cycling predominately on roads shared with motor vehicles it is important that you are visible – wear bright colours and flashing lights are recommended.

Meals are **not** supplied with the tour. There will be a coffee stop on each of the daily rides for you to purchase refreshments. All other meals are your own arrangements. The Coles supermarket is in Vasse -under 3.5 kms from our Holiday Park. A Group BBQ will be held (BYO food and drink) on the Wed night, a pub meal is planned for the Friday night. More details in our Daily briefing, both events are optional.

A Daily Briefing at 5pm will be held on the grassed area in front of the HUB. (see map for location).

### **Routes – E-maps and Directional mapping**

PDF sheets are attached with directional instructions for you to follow if you do not use the e-maps on your phone or Garmin.

Gus King – our CTA Website guru has loaded all the routes onto the CTA website. See Gus's instructions below:

1. The tour will show in the Other Tour Routes (<http://ctawa.asn.au/other-tour-routes> ).
2. The daily routes page will show the 10 routes as 'Route n' rather than 'Day n' and there's a comment at the top of the page with your intention (<http://ctawa.asn.au/tour-daily-routes?tour=5213> ). In alphabetical order
3. The tour will be included in the Tours for Town list if you choose Busselton (<http://ctawa.asn.au/tours-for-town-list> )

If you require additional information or clarification call or email.

See you all on Nov 30