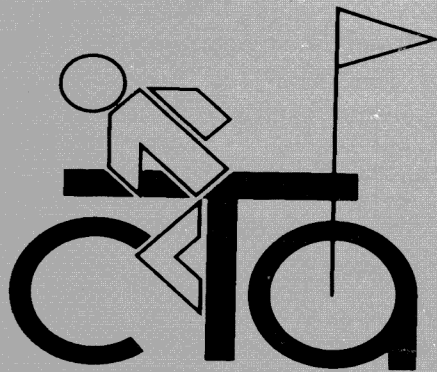


LEADER: SHARON VELEEF

ON YOUR BIKE W.A.



OCTOBER 21
TO
OCTOBER 29,
1995

10 BUSH

TOUR '95

ORGANISED BY THE CYCLE TOURING ASSOCIATION OF W.A.



DAY ONE

Saturday 21st October
Preston Beach to Yarloop. 55 km.

After lunch at Preston Beach we ride through the Yalgorup National Park to the highway and then east, almost to Waroona before turning south and winding through irrigation areas to Yarloop. We camp that night on the recreation ground of this old mill town and in the morning visit the workshop museum.

MOUNTAIN BIKE ALTERNATIVE

This will be a slow easy day as we leave the coast and head through the McLarty pine plantation reserve on our way to Yarloop. Approximately 30 km.



DAY TWO

Sunday 22nd October
Yarloop to Australind. 59 km.

We ride south through irrigation areas, call at Harvey and pass through the outskirts of Brunswick Junction, then we turn west, to stay the night at the Leschenault Recreation Park on the edge of Australind.

MOUNTAIN BIKE ALTERNATIVE

Today we leave the mill to Logues Brook Dam and along the Darling scarp and on to Australind. Approximately 80 km.



DAY THREE

Monday 23rd October
Australind to Collie. 61 km.

We head back east and follow the Collie River to Roelands, then climb the scarp, the effort being rewarded by fine views. The keen can divert to Wellington Dam. All then divert from the main road through the Lunenburgh Valley to Collie town which we cross to the Roach Park Recreation Centre - and camp there for two nights.

MOUNTAIN BIKE ALTERNATIVE

Once again we head for the Darling scarp, the beautiful Wellington Dam and the Collie River area on our way to Collie. Approximately 70 km.



DAY FOUR

Tuesday 24th October
A rest day.

You can visit a mine, open cut or power station. You can cycle through the Ferguson Valley. You can wander the forests. Or you can simply relax.

MOUNTAIN BIKE ALTERNATIVE

Rest day. Explore Collie, great back tracks and old mining areas at your leisure.



DAY FIVE

Wednesday 25th October
Collie to Boyup Brook. 81 km.

We ride to Throssel Street, near the Post Office, and turn south towards Muja and MacAlinden....but, as we go, we ignore diversions to mines and keep MacAlinden alone firmly in our sights. There, after much cut-over forest, we find grazing lands, turn towards a quiet main road, and follow it to Boyup Brook, where we camp near the old flax mill.

MOUNTAIN BIKE ALTERNATIVE

A leisurely ride today through the back tracks and across the plains to Boyup Brook. Approximately 70 km.



DAY SIX

Thursday 26th October
Boyup Brook to Donnybrook. 84 km.

We take the Bridgetown Road out of town, cross tributaries of the Blackwood, and then turn south to curve into Greenbushes. After pausing near the mines, we then take the main road through Balingup and Kirup before finding a quieter road via the headwaters of the Capel River into Donnybrook, and its recreation ground. Here we can swim in the heated pool, eat Granny Smiths, or both.

MOUNTAIN BIKE ALTERNATIVE

Down the back roads we go again in search of some great tracks on our way to Donnybrook. Approximately 80 km.



DAY SEVEN

Friday 27th October
Donnybrook to Busselton. 77 km.

We go back to the headwaters of the Capel River, and after a while, follow that stream down over the flats to the outskirts of Capel. We then divert south and east through farmlands, to the reasonably quiet Vasse Highway. This we take until it reaches the busier Bussel Highway, and there we are, right by our campsite. We are back near the sea.

MOUNTAIN BIKE ALTERNATIVE

Today we follow our noses in search of wild flowers and a fresh sea breeze as we make our way back to the coast and Busselton. Approximately 60 km.



DAY EIGHT

Saturday 28th October
Busselton to Bunbury. 58 km.

We ride through the town centre towards the pier, and then follow the coast where good roads permit. We have to use the highway through the beautiful Tuart forests near Ludlow, and again beyond Capel. For the rest, we meander just behind the dunes for much of the way. Finally we turn into Hay Park, for a comfortable last night, enlivened by our concert.

MOUNTAIN BIKE ALTERNATIVE.

Last of the mountain biking today as we head for Bunbury and the Big Gig. Approximately 50 km.



DAY NINE

Sunday 29th October
Bunbury to Binningup. 38 km.

Again we follow the shoreline of the ocean, Koombana Bay, and then the Leschenault Inlet. There is one short stretch of highway at the end of the scenic drive, and then we turn into Binningup. Here we lunch, collect cars, or board the bus - and sadly, it's all over.

WE PROVIDE

A real cyclists breakfast of porridge, cereals, toast with a variety of toppings, and coffee, tea or milo. Plenty of everything, and the Farmer's porridge is famous.

Morning teas by the roadside. The chuck wagon appears when needed.

A hearty three course meal in the evenings, laid on by a local community group. There are meat and fish dishes with vegetables and salads, and vegetarians are well looked after.

Back up vehicles to transport luggage between campsites.

Signposting where warranted.

Bike mechanics.

Medical support.

Identification tags for your luggage, bike and you - in case you forget yourself.

Instruction booklets with maps and descriptions of the journey.

A tour of the Yarloop Mill Workshops.

Shoulders to cry on and/or pats on the back when you achieve your cycling aims.

Commemorative shirt with appropriate design.

Memories of nine special days.

Automatic six months membership of the CTA. This offer only applies to non members of the CTA who have not taken part in a previous On Your Bike WA Tour.

WHAT YOU PROVIDE

A bicycle - preferably with a wide range of gears, and not too narrow tyres, as there are short stretches of gravel along our route - in good mechanical condition with water bottle, pump, tools, spare tube and a lock.

A cycle helmet and a good rain jacket.

An unbreakable plate, bowl, mug, eating irons, tea towel, and torch.

A small water resistant tent, self inflating mattress, sleeping bag.

A bag to hold all this - preferably a duffel or kit bag - not exceeding 1 metre in length, and a waterproof liner for the clothing and sleeping bag.

TRAINING

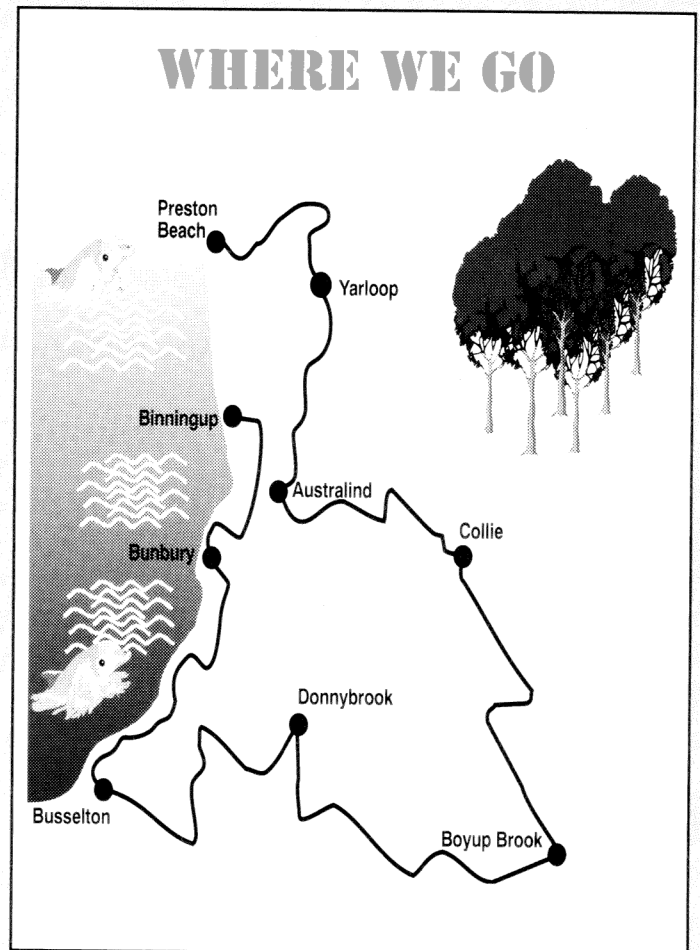
Cycle regularly on quiet roads before the tour. Try to use the bike and clothing you anticipate using on the trip to ensure you solve any problems before the ride.

During the six weeks prior to the event you should ride for at least 50km each weekend and try to complete one or two rides of at least 80km.

There will be some opportunity to ride with some of your fellow tourists on the 8th October. Further details can be obtained from the CTA Newsletter or the contacts given below.

MORE 

WHERE WE GO



TRAINING MTB

Regular mountain biking on gravel & single track will provide sufficient training, also try to train with a small back pack or bum bag containing the provisions you will require for a days ride. Average length of a days ride will be 70 to 80 kilometres.

LUNCHES

These you may buy yourself at local shops. Despite encouraging you to over-eat at other times we do not provide lunches, with the exception of the first and last days.

THOSE INTENDING MOUNTAINEERS

Mountain bike riders will be contacted separately detailing requirements. Enquiries AH (097) 258 148

SAFETY

Approved cycle helmets must be worn when cycling.

Headphones or thongs must not be worn when cycling.

Alcohol not to be consumed during the organised ride.

Rowdy behaviour in the camp site will not be tolerated.

Third party insurance has been arranged.

You are encouraged to make your own arrangements for personal insurance.

Private support vehicles may not follow rides, as they can be a hazard to cyclists. There will be sufficient official vehicles to meet needs.

CAMPING

We will camp in recreation reserves of sports centres, and we must comply with such rules as they have.

TRANSPORT

Special bus transport has been arranged from Perth to Preston Beach, in conjunction with transport of bicycles. Similar transport has been arranged back from Binningup to Perth.

OR

You may join the tour at Preston Beach. Those driving to Preston Beach, with bikes and luggage, will then take their cars to a parking place near where the tour ends. A bus has been arranged to ferry them back from there to Preston Beach. On the tour, official support vehicles will meet day-to-day needs. No private support vehicles are permitted (see SAFETY).

AGE CONDITIONS

Persons under the age of 16 on the 8th of October 1995 may not - we are sorry to say - take part in the tour. Those over 16 but under the age of 18 on that date must have their parents or guardians consent before they can take part.

PAYMENT

All payments must be received before 23rd September 1995. Cheques should be made payable to CTA - On Your Bike WA and forwarded with your completed entry form to

On Your Bike WA
P.O. Box 282
INGLEWOOD 6052

CANCELLATIONS

Written cancellations received by the 23rd September 1995 will receive a refund of 80% of the payment. Written cancellations received after 23rd September but before 8th October 1995 will receive a refund of 20%.

ENQUIRIES

For general enquiries telephone:- (09) 271 9409
(09) 381 8548
(097) 971 883

Or write to: On Your Bike WA

PO Box 282
INGLEWOOD 6052

Supported by

